

Water Resilience for Human Prosperity

Johan Rockström - Malin Falkenmark

Carl Folke - Mats Lannerstad

Jennie Barron - Elin Enfors

Line Gordon - Jens Heinke

Holger Hoff - Claudia Pahl-Wostl

Water Resilience for Human Prosperity

Johan Rockström

Stockholm Resilience Centre, Stockholm University

Malin Falkenmark

Stockholm Resilience Centre, Stockholm University and Stockholm International Water Institute

Carl Folke

Stockholm Resilience Centre, Stockholm University and the Beijer Institute of Ecological Economics of the Royal Swedish Academy of Sciences

Mats Lannerstad

Stockholm Environment Institute and International Livestock Research Institute

Jennie Barron

Stockholm Environment Institute

Elin Enfors

Stockholm Resilience Centre, Stockholm University

Line Gordon

Stockholm Resilience Centre, Stockholm University

Jens Heinke

Potsdam Institute for Climate Impact Research and International Livestock Research Institute

Holger Hoff

Stockholm Environment Institute and Potsdam Institute for Climate Impact Research

Claudia Pahl-Wostl

Institute for Environmental Systems Research at the University of Osnabrack



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Water Resilience for Human Prosperity

Humanity has entered a new geological era, the Anthropocene, where the world's human population now constitutes the largest driving force of changes to the biosphere. Emerging water challenges require new system thinking and ideas for governance and management of water resources in the context of rapid global change.

This book presents a new resilience-based approach to water resources, addressing their role for global sustainability. Topics covered include the risks of unexpected change; human impacts and dependence on global water; the prospects for feeding the world's population by 2050; and a pathway for the future. The book's innovative and integrated approach links green and blue freshwater (the rainfed soil moisture supporting plant growth and the liquid water in rivers and aquifers) with terrestrial and aquatic ecosystem functions and use. It also links changes arising from land-use alteration with the impacts of those changes on social–ecological systems and ecosystem services.

Based on recent scientific advancements on integrated water resources research, global environmental changes and ecosystem services, the key focus is on building social–ecological resilience – the ability to persist, adapt and transform – in a future where we can expect more frequent water-related shocks and stresses. This is an important, state-of-the-art resource for academic researchers and water resource professionals, and also a key reference for graduate students studying water resource governance and management.

Johan Rockström is a Professor in Water Systems and Global Sustainability at Stockholm University. He is the Director of the Stockholm Resilience Centre (SRC), former Executive Director of the Stockholm Environment Institute (SEI), and a leading international scientist on global sustainability. He has more than 15 years' experience of research on agriculture, water resources and ecosystem services, and over 100 research publications and several books, in the fields of global environmental change; resilience and sustainability; agricultural water management; global water resources; and food production. He serves as an advisor to several international organizations and governments, and sits on international committees including the EU Commission Resource Efficiency Platform (the leadership council of the United Nations Sustainable Development Solutions Network, SDSN). He co-chaired the design process of Future Earth, a new initiative by the International Council for Science (ICSU), and serves as the chair of the Water, Land and Ecosystems program of CGIAR.

Malin Falkenmark is currently with the SRC, Stockholm University, and the Stockholm International Water Institute (SIWI). She is a future-oriented scientist and a pioneer of interdisciplinary environmental and water research. Her deepest interests lie in the linkages between land/water/ecosystems, particularly as they relate to water scarcity, regional similarities and differences, and their policy implications. She has introduced three broadly used concepts: the water scarcity indicator, the concepts of green and blue water, and hydrosolidarity. Professor Falkenmark has held several high level posts on international boards and committees, and has received several international awards, including the Rachel Carson Prize and the Volvo Environmental Prize.

Carl Folke is Professor in Natural Resource Management, founder and Science Director of the SRC, and Director of the Beijer Institute of Ecological Economics of the Royal Swedish Academy of Sciences. He is a leading reseacher on social–ecological systems and resilience, sustainability science and ecological economics, and co-founder of the Resilience Alliance. Dr Folke's work focuses on the essential role of life-support ecosystems, ecosystem services and biodiversity and their governance, emphasising that people are part of and fundamentally dependent on the capacity of the biosphere to sustain development. He has published some 180 research papers, numerous book chapters and 12 books. He serves as scientific advisor to international research institutes, organisations and other actors in science, policy and practice.

Mats Lannerstad is a Research Fellow at the SEI and a Scientist at the International Livestock Research Institute (ILRI). His research is centred on natural resource use in the global food system, with particular focus on freshwater requirements for food security on multiple scales and pathways towards a sustainable intensification in food production. Two key areas are the dietary change towards more animal-source foods following rising affluence and urbanisation, and the linkages between livestock production and the use of different water sources. Dr Lannerstad has authored 15 peer-reviewed publications, three books/book chapters and numerous research reports.

Jennie Barron is a Research Leader at SEI and a researcher at the SRC. Her research applies a systems approach to farm and landscape agricultural development trajectories, to improve productivity, livelihoods, food security and ecosystems services, and to advise on opportunities for action and investment. She works in local, national and international partnerships in sub-Saharan Africa and South Asia. Dr Barron has written or co-authored more than 25 peer-reviewed publications, and developed various outreach communications and research for development and policy at local, national and international levels.

Elin Enfors is a Researcher at the SRC. Her main interest concerns pathways to transformation in agro-ecosystems, with a special focus on how ecosystem services generated in these systems can contribute to poverty alleviation. She has a background in systems ecology, with extensive experience of field research from Africa, and a keen interest in participatory research.

Line Gordon is an Associate Professor and Deputy Science Director at the SRC and leads the Landscape research theme. Her research centres on interactions among freshwater resources, ecosystem services and food production, with a focus on how resilience thinking can enable better management of these resources. Dr. Gordon has published over 20 peer-reviewed papers and book chapters in a wide range of journals. She has extensive international experience, and is conducting transdisciplinary research with a strong interest in the interface of science and society.

Jens Heinke is a Research Fellow and doctoral candidate at Potsdam Institute for Climate Impact Research (PIK), and a Scientist at the ILRI. He primarily works with the Lund-Potsdam-Jena dynamic global vegetation model (LPJ), as both a developer and analyst. His research is focussed on global change impacts on the water cycle with an emphasis on water resources, food production and livestock production. He also works on mapping and understanding the flows and linkages in the global food system, and is the author or co-author of more than 20 scientific papers and several research reports.

Holger Hoff is Senior Research Fellow at the SEI and PIK. His research focus is on climate impacts and adaptation in water, agriculture and ecosystems, and integrated water and natural resource management, across scales up to the global level. He works primarily in the Middle East and North Africa, sub-Saharan Africa and South Asia regions, and at PIK he currently works on sustainability boundaries of water and land use. Mr Hoff co-coordinates the Nexus Initiative at SEI, using WEAP and other nexus tools, and is the author of more than 30 peer-reviewed publications, several book chapters and numerous research reports and policy papers.

Claudia Pahl-Wostl is Professor for resources management and Director of the Institute for Environmental Systems Research at the University of Osnabrück, Germany. Her major research interests are adaptive governance and management of water resources, social and societal learning and their role in transformation processes towards sustainability, global water governance and multi-level governance systems and conceptual and methodological frameworks to analyse social–ecological systems. She has authored numerous papers in peer-reviewed journals, chapters in edited books, policy briefs and popular reports, and has also edited three books and twelve special issues in peer reviewed journals.

Contributors

These authors contributed the informative boxes on particular issues found throughout this volume.

Göran Berndes

Chalmers University of Technology

Petra Döll

University of Frankfurt

Ellen M. Douglas

University of Massachusetts, Boston

Ruud J. van der Ent

Delft University of Technology

Lance Gunderson

Emory University

Elke Herrfahrdt-Pähle

German Development Institute

Eloise Kendy

The Nature Conservancy

Yuanhong Li

Gansu Research Institute for Water Conservancy

(GRIWAC)

Michael E. McClain

UNESCO-IHE Institute for Water Education

Denis Mpairwe

Makerere University

Jay O'Keeffe

Rhodes University

Donald Peden

International Livestock Research Institute (ILRI)

Marcela Quintero

International Centre for Tropical Agriculture (CIAT)

Wilhelm Ripl

Technical University of Berlin (Professor Emeritus)

Hubert H.G. Savenije

Delft University of Technology

Bridget Scanlon

University of Texas at Austin

Maja Schlüter

Stockholm Resilience Centre

Jan Sendzimir

University of Natural Resources and Applied Life Science, Vienna (BOKU)

Will Steffen

The Australian National University and Climate Commissioner, Australia

Alain Vidal

CGIAR Challenge Program on Water and Food

Brian Walker

Commonwealth Scientific Industrial Research Organisation (CSIRO)

Qiang Zhu

Gansu Research Institute for Water Conservancy (GRIWAC)

Preface

Why yet another book on water? Partial thinking and sectoral approaches have dominated resource and environmental management for too long, and this is also true for freshwater. Perspectives are rapidly changing, however, expanding on the conventional perception of freshwater as 'blue water' - a natural resource to be extracted from rivers and groundwater for households, industry, irrigation and economic production. Integrated water resource management (IWRM), although still predominantly concerned with the blue water branch of the water cycle, has extended the focus to interacting sectors in catchments. More recently, water vapour or 'green water' has increased focus in the policy arena on issues such as rainfed agriculture. The role of freshwater in ecosystem services, both terrestrial and aquatic, is now on the agenda, as well as work on their water tradeoffs or in relation to water-related tipping points in dynamic landscapes. New approaches are emerging, such as adaptive water governance of landscapes and catchments.

The biosphere – the sphere of life – is the living part of the outermost layer of our rocky planet – the part of the Earth's crust, oceans and atmosphere where life dwells. It is the global life-support system that integrates all living beings and their relationships. Life on Earth interacts in myriad ways with the chemistry of the atmosphere, the circulation of the oceans and the water cycle, including solid water in polar and permafrost regions, to form favourable conditions for life on Earth. People and societies are integrated parts of the biosphere, dependent on its functioning and life support.

Water plays a key role in the operation of the biosphere, from the level of the cell to the dynamics of the atmosphere. The water cycle functions as the bloodstream of the biosphere. Like any organism, humans have evolved with water, benefitting from its many functions and the mineral salts it carries. Water is required for soil formation and is critical to

the production of the food we eat. Continents are connected by rainfall patterns, it provides climate-regulating services and plays a central role in extreme events such as floods, storms and droughts. On the blue planet, the water cycle is clearly essential to our existence and a precondition for our evolution.

It is now apparent that humanity has become a major force in the dynamics of the biosphere, shaping it not only locally and regionally but also globally, and leaving a significant imprint on the operation of the biosphere as a whole. Drivers of change such as rising human numbers, urbanisation, migration patterns, emerging markets, the diffusion of new technologies and social innovations can combine with sudden events such as floods, fires, pandemics, rapid shifts in fuel prices and volatile financial markets to trigger tipping points. The global social-ecological system is complex and dynamic, and subject to unexpected, often rapid, changes - not as exceptions but increasingly as the rule. Such changes play out in cascading fashion in a world where everyone is in everyone else's backyard. Thresholds and tipping points are now part of the furniture.

This new situation - the Anthropocene - calls for a fundamental shift in perspectives and world views, reconnecting development and progress to the capacity of the biosphere and its water cycle to sustain society and prosperity. This reconnection is linked to the insight that humanity has been prospering from a stability that is exceptional in the history of the Earth. The past 10 000 years, the Holocene geological epoch, was an era during which agriculture and human civilisations emerged and flourished. Many take the favourable Holocene conditions for granted. In our view, a greater appreciation is needed of water as part of biosphere dynamics and resilience. Hence the call for a broader water perspective that connects the local with the global. Resilience, in the way we approach it, is about persistence in the face of change, having the capacity to continually adapt to complex dynamics, and to develop in order to get out of traps and even transform and shift into new development pathways. The capacity of the biosphere and the water blood-stream sets the framework for such pathways – the planetary boundaries for prosperous societal development.

It is in this context that we have written this book—to take on the challenge of expanding mindsets towards water as the bloodstream of the biosphere of which people are an embedded part. In the globally interconnected world, humanity is critically dependent on the capacity of the biosphere to support our way of life, and the way we have organised societies, technologies and economies. The water bloodstream approach is not just an ethical stand. It is about prosperity and ultimately about survival. It is also about biosphere stewardship and innovation for sustainable development for humanity.

We have written this book in search of a deeper understanding of the new water dynamics in the globally integrated system of people and nature, to put forward new conceptual systems, perspectives, hypotheses and findings. We believe that science has a responsibility to search for a better understanding of the new challenges facing humanity, and to explore pathways for a sustainable world. We describe and analyse the role of water in the biosphere and how it relates to human actions and well-being from the global to the local levels, and we introduce new concepts such as water resilience and water stewardship in the new Anthropocene era. Striving for water stewardship and a resilient biosphere is not about preserving the status quo or circumventing change. It is about having the capacity to deal with change, turning crises into opportunities and shifting into sustainable pathways.

Resilience thinking encourages us to anticipate, experiment, adapt and transform. Water resilience and water stewardship are about strengthening the resilience of social–ecological systems to deal with changing conditions, and finding ways to live in prosperity in the Anthropocene era. This will require an appreciation of the critical role of water in the operation of the biosphere for human well-being. We hope this book will inspire people in this direction.

Carl Folke, Malin Falkenmark and Johan Rockström

Introduction to the book

Scope of the book

This book aims at synthesising our current state of knowledge and probing the key area of how recent insights from social-ecological systems and resilience research influence our understanding of water resource governance and management in a world subject to rapid global environmental change. It advances a proposed new framework on 'water resilience' as an integral part of sustainable water resource management. We have a focus on ecosystem services in productive landscapes, especially food production (and bioresources), seen from the perspective of land, water, ecosystem interactions and resilience building. Focus is on water resources from local to global scale, exploring dynamic interactions between sectors, components of the Earth system and scales. The book will therefore only briefly address water quality issues. The water resource focus of the book includes water flows from the local water balance to the global hydrological cycle - i.e. the governance and management of precipitation, vapour flows, as well as surface and sub-surface runoff flows and resources. It is, furthermore, global in scope, even though a particular focus is set on the regions of the world facing the most challenging future in terms of water resource scarcity and water resilience challenges related to current and future global environmental change. This means that a particular focus is given to the semiarid and dry sub-humid tropical savannah regions of the world.

The water and ecosystems focus of the book, places the emphasis on the relations between freshwater and the living systems in the biosphere. The book thus takes as a starting point the role of water resources in the generation of ecosystem functions and services from terrestrial and aquatic ecosystems, and how these define the resilience of ecosystems; how human interactions with water impact on

ecosystem and resilience; and how innovative water governance and management principles can be applied to human challenges in an era of rapid global changes. In essence we attempt to advance a social– ecological systems approach to water resilience for human prosperity in the Anthropocene.

The book thereby does not focus on water in marine ecosystems, and does not explore the important role of water for resource use (e.g. in mining) nor for domestic and urban water supply and water for industrial purposes. This said, the book obviously takes an integrated perspective on the trade-offs between water use for living systems and other resource and social uses. Our special focus on water and food in a changing world is justified by the fact that no human sector consumes so much freshwater as bioresources for food, energy and biomass, which raises, apart from trade-offs between different water needs, the challenge of how to build water resilient food production in the world.

Target audience

The book is targeted at graduate/post-graduate students, water resource professionals and senior water planners, and is therefore a book targeting higher education, which can also inform key water professionals in different sectors from agriculture and environment to industry and river basin planning.

We allow ourselves to be relatively detailed and in-depth, and quite technical where needed, while trying to reach a broader professional audience. We want to explain and give examples related to complex issues ranging from vapour shift, water-induced regime shifts, moisture feedback, water resilience, etc. The text is interspersed with a set of *boxes*, authored by invited water scientists looking deeper into a number of issues discussed or referred to in the main text.

Book sections

The book is divided into four parts.

Part I. A new perspective

Chapter 1 is an overview and framing chapter on the emerging challenge of water resilience in the Anthropocene. It explains the crucial roles played by water in the life-support systems on Earth in an era of rapid global and regional change. It discusses different disturbance regimes and the emerging threats and dilemmas, and highlights potential thresholds of critical concern. It explains the core roles of water in sustaining a desired 'Holocene-like' state on Planet Earth, and the risk for human-induced water thresholds. It also explains three core roles of water for resilience. The chapter furthermore highlights the central role of water partitioning changes, motivating special focus on foreseeable future land-use alterations, in particular future human use of bioresources, especially implications of feeding a growing humanity.

Part II. Living in a human-dominated world

Chapter 2 offers an overview of past human alterations to the Earth system and the main drivers of change. It highlights climate change in particular, as it interacts profoundly with the planet's global water cycle. It demonstrates the socially driven connectivity between different global regions, and humangenerated impacts on the Earth System. It stresses that humanity is now living in the new Anthropocene, a new geological epoch where humanity constitutes a quasi-geological force of planetary change, at risk of and approaching various water-related tipping points.

Chapter 3 analyses the options for safe global pathways towards sustainable water development and the dangers to be avoided in the form of water-related thresholds, rigidity and poverty traps. It addresses water's involvement in abrupt, unexpected regime shifts in social–ecological systems. Resilience is characterised by the existence of reinforcing processes and stabilising feedbacks. Water's many different roles in the life-support system mean that it is profoundly involved in the processes of and responses to regime shifts, as both a state variable and a control variable.

Chapter 4 examines human dependence on the global water system (GWS), and the role of water as the bloodstream of the biosphere. It highlights

human-generated changes in the system, including a number of remote water-related connections between regions (so-called teleconnections) such as trade-related virtual water flows. Resilience-related changes are summarised including land-use change and its implications for green-blue water partitioning; climate change, noting that aridification can reduce resilience to droughts; growing water demands; and groundwater overexploitation. It stresses that basin closure represents a critical threshold beyond which new processes and interactions are triggered.

Part III. Food production globally: in hotspot regions and in the landscape

Chapter 5 analyses the challenge of feeding a growing humanity from a water perspective. It describes the growing food demand up to 2050, considering population increase, average per capita food supply levels, and changed composition of animal and vegetal source foods in food supply. Country-level assessments of food water requirements are given for different scenarios, including climate change, irrigation development, water productivity improvements, alternative dietary options and reduced food losses. The chapter highlights the need for large-scale virtual water transfer through expanded food trade. Food supply is examined from a dynamic perspective in terms of the ability to cope with shocks and change, and the adaptability and social–ecological resilience required.

Chapter 6 analyses the large and rising social-ecological challenge in the water-poor savannah zone with rapidly increasing populations and demands for water. What are the implications of food supply efforts, and the implementation difficulties in these regional hotspot regions? The chapter clarifies that, contrary to popular beliefs, this zone has a substantial (and untapped) agro-hydrological potential. Rather than facing absolute lack in water, the challenge is the huge fluctuations in rainfall and the large amount of water lost to the farming system through evaporation, runoff and drainage. Water resilience strategies involve practices for dry-spell mitigation, using, e.g. water harvesting systems.

Chapter 7 focuses on basin-level challenges and the meso-scale perspective, which is where land-use changes can aggregate and affect ecosystem services, and consequently livelihood and development opportunities, and ecosystem sustainability. Agriculture, which is itself an ecosystem service provider, is

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primarily a way to manage particular benefits from ecosystems, but other ecosystem services may be affected. Three landscapes are analysed in terms of landscape multifunctionality, exemplifying common development trends and emerging upstreamdownstream conflicts of interest.

Part IV. Governance and pathways

Chapter 8 addresses the challenge of water governance of landscapes and basins for resilience, sustainability and human well-being. Integrated governance of land and water resources for the generation of ecosystem services, safeguarding development and avoiding crossing critical thresholds, is at the heart of this analysis, integrating global dynamics, the necessity of water governance that 'safeguards rainfall and wetness in landscapes'. We focus on the bluegreen water partitioning, the blue-green trade-off between upstream and downstream activities and strategies for stabilising moisture feedbacks (the source of future rainfall). The chapter highlights governance challenges and transformations needed.

Chapter 9 concludes by addressing insights and pathways for a world transition towards sustainability by adopting a social-ecological systems approach to IWRM. It describes the evolution of water governance and management from a largely blue water focused paradigm from the early 1970s until the early 1990s, which has served humanity quite well in a world of relative water abundance, but which, now, under pressures of growing human demands, water use and the recognition of shifts in water supply and risks of thresholds due to global environmental change, necessitates a new integrated green-blue water paradigm. It summarises the new insights in terms of what we have learnt on water and resilience, and highlights the grand global challenge of feeding a world population within a safe operating space of planetary boundaries. It also notes that the current water governance paradigm of managing for a stable and predictable supply of water is ill-prepared to deal with the new reality of having to adapt to unavoidable changes.

The four-step resilience chain

As is noted in the Preface, we have written this book in search of a deeper understanding of the new water dynamics in the globally integrated system of people and nature, and to put forward new conceptual systems, perspectives, hypotheses and findings. We believe that science has a responsibility to search for a better understanding of the new challenges facing humanity, and to explore pathways for a sustainable world. All the different chapters analyse the role of water in the biosphere, and how it relates human actions and well-being to the global to local levels. New concepts are introduced, such as water resilience and water stewardship.

Striving for sustainable water stewardship and a resilient biosphere is not about preserving the status quo or circumventing change. It is about having the capacity to deal with change, turning crises into opportunities and shifting on to sustainable pathways. Special emphasis is put on the world's most water-dependent sector – agriculture.

Governing and managing water for resilience encompasses a range of actions from mitigation to resilience building, adaptation and transformation. The figure below shows these actions in a schematic way, indicating the interconnected challenges facing global water resource management. The range of actions along this 'change continuum' includes mitigation to reduce human pressures on the Earth System, building the resilience of Earth System components, adaptation to materialised responses and transformation after regime shifts in social–ecological systems.

Every chapter opens with a short *resilience-oriented ingress*, clarifying how it relates to the above sequence of stages in resilience thinking. The reader

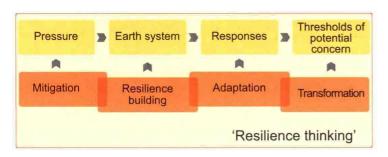


Figure 1.1 The challenges facing the world in the Anthropocene, from a range of pressures to impacts on the Earth System, influence responses from societies and the possibilities of passing thresholds that change social–ecological systems. The chain of actions to build resilience for global sustainability includes mitigation, local resilience building, adaptation and transformation.

will find key components of the different steps in the resilience chain exemplified in the different chapters.

Pressure Chapters 2, 4, 5, 6: drivers of

change, land-use change, feeding humanity, water supply, energy supply, industrial production, urbanisation, technological

development and international trade

Earth system Chapters 2 and 4: land productivity,

Holocene equilibrium, GWS, ecosystem functions, biodiversity

Responses Chapters 2, 5, 6: land degradation,

CO₂-enrichment, water stress, aquifer overexploitation, virtual water flows, megafires, traps,

migration, famine

Thresholds/ Chapters 1, 3, 4, 9: desertification, tipping points savannisation, salinisation,

savannisation, salinisation, monsoon weakening, basin closure,

aquifer depletion, thresholds of

potential concern

Regime shifts Chapters 1 and 3: Anthropocene

dynamics, ecosystem shifts, unproductive land, biodiversity loss, poverty traps, rigidity traps

Resilience building Chapters 1, 3, 6, 7, 8, 9: land stewardship, moisture feedback, balanced water uses, secured partitioning, environmental flow, planetary boundaries, vital ecosystem functions and services, upstream-downstream trade-offs

Authorship

This book is a result of a joint collaborative effort among all authors. The book was written by synthesising recent research, advancing new insights through a series of author workshops and a distributed responsibility for different chapters among co-authors. The lead authorship responsibility was shared as follows: Chapter 1, lead author Johan Rockström; Chapter 2, lead author Holger Hoff; Chapter 3, lead author Line Gordon; Chapter 4, lead author Holger Hoff; Chapter 5, co-lead authors Mats Lannerstad and Malin Falkenmark, data modelling and analysis Jens Heinke; Chapter 6, lead author Elin Enfors; Chapter 7, lead author Jennie Barron; Chapter 8, co-lead authors Carl Folke and Claudia Pahl-Wostl; Chapter 9, lead author Johan Rockström. Johan Rockström and Carl Folke led the effort together with Malin Falkenmark in distilling key messages and structuring the line of argument on water-related resilience thinking throughout the book.

Production staff

Mats Lannerstad

Book project manager

Jens Heinke

Modelling and data analysis

Hugo Ahlenius, Nordpil

Illustrations and production coordination

Andrew Mash

Language and sub-editing

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