

Cerney

Confidence and **POWER** *for Successful Living*

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Confidence

and Power

for

Successful

Living

J. V. Cerney

West Nyack, N.Y. * PARKER PUBLISHING COMPANY, INC.

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J. V. CERNEY

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CLUSION OF BRIEF QUOTATIONS IN A REVIEW

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What This Book Will Do for You

The following chapters bring you something intimately personal, something intimately vital in your desire to live longer and live happier, something that will bring you life the way you want to live it.

Each chapter is an "action," because it presents a pattern for altering specific activities. Through the looking-glass of words you will set prose into motion as you take those steps necessary to building a great new life.

There's nothing complicated about the process, no expensive consultants to see, no sales pitch. All it takes is your reading time, your understanding of what you read, and the sincere application of this understanding to make your life just that much better.

Act out each salient point. Be sensible about it. Don't go overboard in what you are attempting to do. Put these actions calmly into motion without prejudice or bias as you use them in the workshop of your daily life. Note how you begin to see yourself, as well as how you see others, by the dawning light of new understanding. Note that your destiny *is* in your hands, that the future *does* hold unending promise, that you *can* step over the horizon of today into a new way of life and find happiness tomorrow, happiness in the fact that *you* are a wonderful person after all, that life can be beautiful, that *it doesn't matter how deeply you are entrapped in today's problems or how much your personality*

has been influenced by the past. It does not matter whether some ugly experience has scarred the face of your yesterdays.

What *does* matter is that you have the ability to throw off the chains of mental bondage by learning the ABC's of building a great new life. You have the ability to cope with life's problems, so why not read the following text now with receptive mind? Read without bias, prejudice, or attitudes of holier-than-thou.

Unload the negative. Accentuate the positive. The moment you do, the pressure of the world will slip from your shoulders. That oppressively heavy weight on your chest will disappear and you will lose that awful feeling of being "trapped in."

You'll be free! You will have the happiness you desire. You will achieve success through understanding, as you begin the building of that great new life and let its anatomy reveal itself to you.

If you really have what it takes for success you will have success—by deliberately utilizing these "actions." If you want to be able to handle that "big break" when it comes, if you want happiness, prestige, or just plain peace-of-mind, read this book. Many of the answers for which you have been looking are in these pages.

Why not reach for a happier tomorrow guaranteed through self-control? Why not start achieving that great new life today. Let's start now! You can do it. You have but to try.

J. V. Cerney

Contents

- 1 The Blueprint for Destiny Is in Your Hands • 13**
The Reasons for a Plan of Action Are These: • 14
A Plan of Action
Answer the Following Questions Here and Now! • 15
How to Develop Your Plan of Action for the Future • 15
10 Commanding Steps to Self-Development
How to Face the Future with Your “Plan of Action” • 18
8 Vital Steps in Your “Plan of Action”
Vigilance Against Self-Hurt Is Forever • 19
Daily Do-It-Yourself Program for the Internal You • 20
(A) *Look at the Facts* • (B) *Use Your Head* • (C) *You’re Better Than You Think* • (D) *Permit Your Eyes to See*
Make Haste Slowly to Get What You Want • 23
Methods for Handling “Removable” Causes of Internal Stress • 23
Methods to Use on “Removable” Causes of Tension • 23
Use the Powerful Actions in This Book Today for That Happier Tomorrow • 25
Sweep to Success Through Planning! • 25
Let’s Go Back over the Chapter Now and the Points to Remember Are These: • 26
Plan of Action 1 • 26
- 2 Decisive Actions for Better Living • 29**
Decisive Actions for Better Living • 29
1. Set Up a Standard-of-Controls on Emotions • 2. Put the Damper on Emotions • 3. Eliminate Extremes • 4. Know What You Are Doing • 5. Refuse to Be Burdened by Details That Aggravate Emotion
Ways to Identify Personal Sensitivity • 31
Emotional “Happy Pills” You Can Prescribe for Yourself in “Working at Happiness” • 32
Ways to Administer Emotional “Happy Pills”
How to Let Yourself Go! • 33
Accept the Inevitable • 34

Decisive Actions for Better Living (cont.)

Methods for Getting Relief From Emotion • 34

Abnormal Methods of Emotion Release • 35

Artificial Sedation and Tranquilization

Practical Procedures for Emotion Release • 36

Method A • Method B

Tension Is Not All Bad • 38

Give Some of Yourself Away Each Day • 38

Successful Outlets for Giving Yourself Away Each Day • 39

How to Develop Social Cohesiveness • 41

Be a "Joiner," Not a "Loner"

Anger and the Role It Plays • 42

Questionnaire

How to Apply the "Count-Down" on Anger • 43

Plan of Action 2 • 43

*"Count-Down"—Methods for Handling Anger***3 How to Achieve That "Big Release" on the Road to Happiness • 47**

Conflicts Are Normal in the Hurdy-Gurdy of Life • 47

Conflicts and What They Mean to You • 48

Productive Conflicts • Non-Productive Conflicts

Peace of Mind and How to Get It • 50

How Do You Achieve Peace of Mind? • How to Meet the Changing Pattern Head-On

Help Others, to Help Yourself to Peace of Mind • 52

Questionnaire

Work at "We-ness" Constantly • 53

Acceptance, Companion-Piece to Love

Come Out, Come Out, Wherever You Are • 54

Practical Steps for Widening Your Horizon • 54

The 3 R's of Evading Responsibility • Learn to Say "Thank You" • Technique for Being Thankful • Train Yourself to Forget • Ways to Train Yourself to Forget • Let the Walls Come Tumbling Down • Self-Made Social Walls to Avoid • Here's How to Make the Walls Come Tumbling Down • 14 Rules for Demolishing Walls of Tension

Now Go Back over This Chapter. What Are Its Main Points? • 62

Plan of Action 3 • 62

4 How to Develop Energy and Eliminate Fatigue • 63*(1) Fatigue Syndrome • (2) Fatigue Complex • (3) Nervous Exhaustion*

How to Develop Energy and Eliminate Fatigue (cont.)

Tiredness Is Normal; Fatigue Is Not • 64

Fatigue from Tension Is Reversible • 64

Here's How to Break the Fatigue Barrier

Make the Big Break-Through! • 65

Suggested Procedures to Conquer Fatigue • Questionnaire

Special Reminders: • 67

Questionnaire • *Stop Being an Energy-Burner* • *Cliches to Use in Fatigue Therapy* • 3 *Significant Tension-Release Procedures in Relieving Fatigue*

Now Go Back over the Chapter for the Salient Points • 70

Plan of Action 4 • 71

5 How to Gain Vigor and Enjoyment of Life Through Compromise • 73

Polish the Brass Ring of Concessions • 73

Compromise Is a Two-Edged Sword • 74

How to Use the "Uplifter Technique" • *The "Big Build-Up" to Cut Down Tension*

Control Yourself Through Mental Imagery • 76

Hints to the Wise: • 76

Being Calm Is a Practiced Art • 77

Let's Look Back over the Chapter • Here It Is in a Nutshell • 78

Plan of Action 5 • 78

6 Controlled Relaxation, Your Key to Happier Living • 79*12 Rules by Which to Relax* • *Relaxation, the Secret of Tension-Release*

Techniques to Accomplish Relaxation • 82

(A) *The ABC's of Brainwashing* • (B) *Sleep, and How to Utilize It* • *24 Causes of Insomnia*

The Key to the Self-Treatment and Care of Insomniacs • 85

37 Ways to Prevent Insomnia • *5 Pertinent Factors About Sleeplessness* • *9 Deliberate Methods to Achieve Happier Living*

Now, Let's Scan the Chapter • What Are the Conclusions? • 90

Plan of Action 6

7 What to Do to Achieve "Self Control" on the Road to Happiness • 91

Self-Control, a Key to That Great New Life • 92

8 Hints on How to Channel Your Thinking • 92

Techniques-in-Brief to Channel Your Thinking

What to Do to Achieve "Self Control" on the Road to Happiness (cont.)

To Keep Your Overhead and Aggravations Down, Make-Up-Your-Mind! • 94

Methods for Making Up Your Mind • How to Make Personal Habits Pay Off • Key Questions to Ask Yourself About Personal Habits

Habit-Patterns Create Ruts • 96

5 Methods for Getting Rid of Old Bad Habits • Bad Habits to Avoid Memory, and What It Means to You • 98

How to Develop the Technique of Memory in Building That Great New Life • 98

Simple Memory-Improvement Procedures • The Dynamo of Motives and Rewards Can Skyrocket You to Fame

Motives and Rewards Impel us • 99

Punishment: a Cause of Internal Stress • 99

How to Make Punishment Pay Off

Now Go Back over the Chapter: • 100

Plan of Action 7 • 101

8 How to Develop "I-Won't-Power" As the Go-Power for Self-Control • 103

How Does "I-Won't-Power" Work? • 104

A. I Won't Be Dominated By: • B. I Won't Fail to Take Advantage of:

Hormones, and the Role They Play in "I-Won't-Power" • 105

"I-Won't-Power" Has No Boundaries • 105

Training Your "I-Won't-Ability" • 106

Make Decisions and Break the Roadblock of Procrastination • 106

Action Necessitates Decision • 107

The Fascinating Art of Pretending • 107

1. Practice at Being Happy Until Pretense Becomes Reality • 2. Play the Role of Success in Your Imagination

Set Up a Problem of Action in Daily Living • 108

To Cut Down Tensions Do! Don't Give • 110

Let's Glance Back; Points to Remember • 111

Plan of Action 8 • 111

9 For Women Only! A Proposal for Better Marriage • 113

6 Major Proposals for Making Marriage Wonderful • 113

Proposal One • Proposal Two • Proposal Three • Proposal Four • Proposal Five • Proposal Six

For Women Only! A Proposal for Better Marriage (cont.)

You're on an Equal Basis with Men Now so Share the Burden • 120

29 Ways to Manage Your Husband and Cut Down Tension • 120

Infidelity • 123

Methods for Preserving Fidelity in Marriage

Do Your Children Create Tensions or Relieve Them? • 124

Ways to Know When Children Are Causing Tensions

How You Create Tensions in Your Own Children • 125

Common Clues Suggesting Tensions in Children

Now Review This Chapter • These Are the Conclusions: • 127

Plan of Action 9 • 127

10 How to Hold a Man's Love and Make Marriage Live • 129

Treat Him Like a Lover; Not Like a Husband • 129

Personal Notes on Holding His Love

Sentiment Indeed Is an Expression of Beauty • 131

5 Ways to Express Your Sentiments

Expressway to Happiness for Women Who Want it • 132

Feminine Tensions Have Many Origins • 133

Love Is an Exciting Thing • 133

Sing the Song of Romance • 134

Women, as Preventives for Male "Heart Attacks" • 22 Ways to Help a Husband Live Longer and Happier • How Divorcees May Develop a Great New Life

Now Let's Recapture the Theme • Here Are the Points to Remember: • 139

Plan of Action 10 • 140

11 Blueprint for a More Wonderful Sex Life • 141

Get Off the Panic Button • 141

Sexual Tension, an American Hazard • 142

How Can the Sex Problem be Handled? • 142

Nothing in Marriage Lasts Without Love • 142

Sex Life Cannot be Confined to Habit-Patterns • 143

Sex Has a Beautiful Purpose • 143

Intimate Reminders for Wives • Intimate Reminders for Men • The Do's and Don'ts of Sex Tension in Marriage

For Women Only! • 146

Do's in Married Sex Life • Don'ts in Married Sex Life

Blueprint for a More Wonderful Sex Life (cont.)

For Men Only! • 149

Do's in Married Sex Life • Don'ts in Married Sex Life

Tension in the Unmarried Woman • 152

Suggested Methods to Relieve Tensions in Unmarried Women

Now Scan the Chapter; Review Its Main Points! • 153

Plan of Action 11 • 154

12 Enjoy More Gracious Living with the Advancing Years • 155*Illness-by-Design and the Role It Plays • 5 Ways to Face up to the False-Illness Syndrome*

Drugs Are of Little Value to the Neurotic • 157

The Side-Effect of Drugs • 158

Pill-Town Man and His Tensions • 158

How to Beat the Alcohol Rap • 159

How to Grow Old Gracefully • Re-Discover People and Places • "Do Nothings" for Older Folks to Make Their New Life Happier

Retirement Can be a Tension-Maker • 162

Keep These Retirement Factors in Mind! • 163

Diet and Vitamins • 163

Never Stop to Add Up Your Day • 164

Tips on Living Each Day to Its Fullest

Here Are the Highlights of This Chapter: • 164

Plan of Action 12 • 165

13 Your Voice, a Center of Charm for Winning at Love • 167

What Is Conversation? • 167

Speech Defects Create Personal Problems • 168

*12 Effective Conversational Don'ts • 8 Effective Conversational**Do's to Eliminate Tension • Conversation Can Betray You*

Cussing, and Its Place in Speech • 171

Don't Be a Word-Studier • 171

Tension Limits Many Conversations • 171

9 Methods to Relieve Tensions in Public Speaking • 15 Factors to Avoid in Conversation

Use Humor to Its Fullest Advantage • 173

Never Be a Conversational Bully • 174

Talk Is an Escape Valve • 174

Avoid the Boring Person • 174

Avoid Tactless Questions • 175

Your Voice, a Center of Charm for Winning at Love (cont.)

The Irritating Art of Interruption • 175

Show Interest in Others • 175

Conversation, a Safety Valve • 175

Provide Crying Towels for Those in Need • 176

Ride With the Conversational Punch • 176

Let Education Widen Your Horizons • 177

Places Where Your Opinion Counts

When You Praise Yourself, Smile • 177

21 Trouble-Makers to Avoid in Conversation • 178

12 Clean Conversational Methods to Win Friends • 179

You Are What You Think You Are • 179

Think Big, Be Big! But Don't Talk Big! • 180

Find the Common Ground in Conversation • 180

Do Not Be a Detractor • 180

To Be a Talk Artist • 181

How to Handle the Situation Where Argument Is Necessary • 181

19 Blue Ribbon Points for Winning Arguments

Why It's All Right to Talk to Yourself • 183

Your Voice Is a Tattletale • 184

Beware of Conversational Tattletales • 184

Conversational Don'ts for Women to Avoid Marital Tension • Conversational Don'ts for Men to Avoid Marital Tension

In Recapitulating the Chapter Here Are the Starlit Features • 189

Plan of Action 13 • 189

14 Erase the Clouds with Sunshine • 191

Learn How to Laugh • 192

To Conquer Your Internal Hurts Raise Your Humor-Threshold • 192

Where Do You Start? • 192

Laugh, Clown, Laugh • 193

Antidotes to the Lack of Humor • 193

The "Sense" of Humor • 193

You Only Live Once, so Have Fun • 194

Fun-Time Vacations, a Relief from Every Day • 196

Mental Playtime Is Humor-Release Time • 196

Develop a Sense of Values to Relieve Tension • 197

	Erase the Clouds with Sunshine (cont.)	
	Never Worry About Things That Don't Count	• 197
	Laugh at Yourself	• 197
	There's Something Funny in Every Situation	• 197
	Ways to Develop a Sense of Humor	• 198
	Self Admissions Work Magic	• 199
	<i>10 Ways to Put a Sense of Humor to Work</i>	
	Never Sit Beside a Stranger	• 201
	<i>8 Tips on Winning Friends</i>	
	Here Are the Chapter's Highlights:	• 202
	Plan of Action 14	• 202
15	This Great New Life Is Yours for the Making	• 203
	You Can Control Your Economic Stress	• 203
	Questionnaire	• 204
	<i>Personal Statement Questionnaire</i>	
	Money Is Not the Root of All Evil	• 205
	What Can You Do About Money-Tensions?	• 205
	How Do You Know You Are Tense About Money?	• 205
	Questionnaire	• 206
	<i>Money-Status Questionnaire</i>	
	Tolerance, and What It Means to You	• 206
	Questionnaire	• <i>Rules of Tolerance</i>
	Revenge, a Useless Protest	• 208
	<i>How to Handle Revenge</i>	
	Regrets	• 209
	<i>11 Methods to Cope with the Problem of Regrets</i>	
	Selfishness, a Daylight Nightmare	• 211
	<i>How to Learn to Compromise</i>	
	Don't be Afraid to Place Emotions on Exhibit	• 212
	<i>5 Vital Procedures for Putting Your Emotions on Exhibit</i>	• <i>Find Your</i>
	<i>Place in the Sun Through Adjustment</i>	• <i>29 Hot Tips for Social</i>
	<i>Adjustment</i>	
	Ideals, and the Role They Play in Adjustment	• 217
	<i>Being Adjusted Releases Tensions; Being Too Well Adjusted Empha-</i>	
	<i>sizes Them</i>	
	You Don't Have to Be Like Other People	• 218
	Stand Out From the Crowd!	• 219
	Don't Be a Nobody! Be a Somebody Every Day!	• 219
	This Book Will Become a Living Part of Your Life	• 220

action 1

The Blueprint for Destiny Is in Your Hands

What can you do to develop that great new life, that wonderful tomorrow-land where everything comes up roses? What can you do to reach for the sun? Can you take the great white way to happiness and accomplish your desires?

The answer to all this is unequivocally *yes*. You *can* reach for the sun of success, with tools already within your grasp. In your hands at this moment is your passport to the future; all you have to do is utilize the plan-of-action in this book to get what you desire. Use this blueprint for tomorrow and you *will* have your date with destiny. Your dreams will come true. Your hopes will become reality and the way to begin is like this:

- Know where you are going and how you are going to get there
- Know how to keep your gains when you get them
- Determine how you are going to face the future and develop those commanding steps vital to better living
- Maintain that Great New Life by eliminating tension and internal stress