

MEAT HYGIENE

James A. Libby

Fourth Edition



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Fourth Edition



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Preface

On behalf of the many new contributors, it is my pleasure to present the fourth edition of this textbook. Since it is the only major text on meat hygiene printed in the United States, I felt this should cover the total field rather than concentrate on a few selected areas. At the same time, it should be in depth on the subjects commonly faced by the veterinarian and the meat inspector who apply the principles of meat hygiene on a day-to-day basis.

The first two editions were written and edited by Dr. A. R. Miller, former director of the Federal Meat Inspection Service. Over the past months, I have gained a tremendous respect for the monumental task Dr. Miller accomplished in assimilating a meat hygiene book for the first time in the U.S.

The third edition was published in 1966 and was edited by three of Dr. Miller's former students. These were Drs. George Migaki, Paul Brandly, and Kenneth Taylor. The tremendous job accomplished by these three in bringing new information together and expanding the book into new areas is an indication of how several contributors can be an added value. I strongly admire and want to give credit for the fine job done by Dr. Miller as well as the editors of the third edition.

In the fourth edition, the idea of multiple contributors was expanded. A total of eleven new people, including the editor, combined efforts to bring together the most modern meat hygiene information known today. Each contributor was allowed to use any of the still current information from previous editions. In some areas new in-

formation was minimal but in others it was substantial. Several chapters were completely rewritten and some are brand new. Each contributor was encouraged to keep the reader in mind. This was an attempt to present information in an applied sense whenever possible rather than being strictly academic. This resulted in the history section of each chapter being shortened significantly.

Since the third edition was published, the WMA of 1967 and the WPPA of 1968 have been passed and put into effect. The tremendous effect these laws have had on the meat industry and inspection agencies will be felt for a long time. Thousands of plants are now under inspection for the first time and inspectors are working in many plants owned, serviced and operated by one person.

Chapter 1—History—now includes the steps leading to passage and the significant aspects of these new acts. The Curtis Amendment to the WMA covering custom/exempt plants is also discussed.

Chapter 7—Trichinosis—is completely revised and evaluates the possible methods of control in some depth. Current prevalence studies in swine and wildlife reservoirs are also discussed.

Chapter 8—Comparative Anatomy of Meat Animals—and Chapter 9—Chemistry of Muscle and Major Organs—are completely new. This information should help the veterinarian and meat inspector in understanding new technology and processing techniques applied by industry. Chapter 13—Facilities and Procedures Relating to Sanitation in Plant Operation—now includes a discussion of

vi PREFACE

pollution control aspects of the meat industry as well as public health aspects of a water supply. The search for new sources of protein has led to the addition of items such as soy protein to meat. Chapter 15—Meat Additivies—covers the materials which are allowed to be added to meat and how they are controlled. The carcinogenic substances known as nitrosamines are discussed in relation to control of nitrites and nitrates added to meat products.

The increased sophistication of laboratory equipment has provided for the possible detection of chemicals in meat products when only present in extremely minute amounts. This has led to some feed additives, some insecticides and certain antibiotics no longer being allowed for use in food producing animals. Chapter 16—Toxic Residues That May Occur in Meat—goes into the legal aspect and significance of the control of these chemicals in regard to the public health.

Chapter 17—Exposure to Ionizing Radiation—has been completely rewritten to include a discussion of the effects of radiation on livestock and the approach to be used by the veterinary meat inspector in assuring consumer safety in case of radiation contamination of meat products. Chapter 19—Meat Grading—has been expanded to include a more comprehensive coverage of Federal meat grades for the various species.

Credit is deserved by many government agencies, meat packing companies, equipment companies, college faculty members and meat inspection personnel for the fine assistance given to the contributors and myself in putting the fourth edition together. Particular mention should go to many personnel of the U.S.D.A. who acted as resource people and were helpful in providing materials whenever asked.

St. Paul, Minnesota

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Contents

Chapter 1	History
	Poultry
	Improved Legislation Needed
	Steps Leading to New Legislation
	Major Provisions of the Wholesome Meat Act
	Wholesome Poultry Products Act of 1968
	Curtis Amendment
Chapter 2	Elements and Controls of Meat Hygiene
	Joseph L. Blair
	Sanitation
	Ante-Mortem Inspection
	Post-Mortem Inspection
	Reinspection
	Labeling
	Condemnation and Destruction of Unfit Materials
	General
Chapter 3	Humane Slaughter
	History
	Legislative Action
~ ! 4	
Chapter 4	Ante-Mortem Inspection
	James A. Libby and M. R. Humphreys
	Animals
	Pathology
	Poultry
Chapter 5	Carcass Dressing and Post-Mortem Inspection Procedures 6 James A. Libby
	Technique 6
	Cattle
	Calves
	Swine
	Sheep
Chanter /	
Chapter 6	James A. Libby and M. R. Humphreys
	Guidelines for Dispositions
	Poultry

CONTENTS

X

	Avian Leukosis Compl		. :	•	٠		•	•		•	•		٠	171
	Respiratory Disease C	omple	х.											175
Chapter 7	Trichinosis													187
	William J. Zimmerman	•		•	•	•	•	•	•	•	•	•	•	107
	Introduction													187
	History	•		•	•	•	•	•	•	•	•	•	•	187
	Biology	•		•	•		•	•	•	•	•	•	•	188
	~·· · · · · · · · · · · · · · · · · · ·					ex.	•	•	•	٠	٠.	•	•	189
		•						•	•	•	•	•	•	191
		•						•	٠.	•	•	•	•	194
	Proposed U.S. Trichin								•	•	•	•	•	202
	Legal Aspects								•	•	•	•	٠	202
									•	•	•	•	•	
Chapter 8	Comparative Anatomy of	f Mea	t An	ino,			•	.•		· • .				205
	Herbert W. Ockerman													
	Skeletal Structure .	٠.				. : .							:	205
	Muscle Tissue													208
	Digestive System .													214
Chapter 9	Chemistry of Muscle and	l Mai	or Or	gans				•						232
Chapter	Herbert W. Ockerman	1 111ug	<i>.</i> 0.	Sams		•	•	•	•	•	•	•	•	202
														232
	Lipids	•		•					•	٠.	•	•	•	232
	Water	•						•	•	,	•	•	•	240
		•						•	٠	٠	٠	•	•	240
	Minerals	•		•	•		•	•	٠	•		•	•	241
	Vitamins	•		•	•	•	•	•	•	•	-	•	•	243
	Vitaliillis	•	• •	•	•		•	•	•	•	•	•	•	
Chapter 10	Deteriorative Changes in	Mea	ι.				•			٠				244
	William E. Jennings													
	Durability Factors .													244
	Bacterial Action													246
	Molds													248
	Spoilage													248
	Factors Affecting Mea	t Colo	or .				۹.							249
	Discoloration of Hemo													250
	Chemical Tests for Inc	cipien	t Put	refac	tion	of M	eat							250
	Insect Infestation.													251
	Crystals of Amino Aci	ds												251
	"Freezerburn"													251
	Vinegar-Pickled Produ	ıct												252
	Deterioration of Fat .													253
	Canned Meats													257
Z1 1.1	Earl Dawn Illnow													261
Chapter 11	Food-Borne Illness William E. Jennings	•		•	•		•	•	•	•	•			261
•														
	Introduction	•			٠	• •	•		٠	•	•			261
	Classification	•		•			٠	•	•		٠	•		262
	Ecology				-				-	•		-		263
	Chemicals													264

CONTENTS	хi

Microbes Significance of Microbiological Findings 290		CONTENTS	хi
Significance of Microbiological Findings 290		Microhes	265
Chapter 12 Wholesomeness, Adulteration and Misrepresentation 296 J. D. Willis Wholesomeness and Adulteration 296 Factors Affecting Wholesomeness 296 Misrepresentation 305 Chapter 13 Sanitation, Facilities and Procedures in Plant Operation 312 Joseph L. Blair 312 Water Supply 312 Ice 317 Liquid Waste Disposal 317 Waste Water Treatment Processes 320 Outside Premises 324 Rodent Control 335 Insect Control 330 Plant Employees 339 Cleanup 241 Equipment 345 Slaughtering Department 348 Viscera Separating 371 Refrigerating Department 378 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Smokehouses 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas <td></td> <td></td> <td></td>			
J. D. Willis	Chaman 12	•	
Wholesomeness and Adulteration	Chapter 12	and a contract of the contract	296
Factors Affecting Wholesomeness		•	
Misrepresentation 305			
Chapter 13 Sanitation, Facilities and Procedures in Plant Operation 312 Joseph L. Blair 312 Ice 317 Liquid Waste Disposal 317 Waste Water Treatment Processes 320 Outside Premises 324 Rodent Control 335 Insect Control 330 Plant Employees 339 Cleanup 241 Equipment 345 Slaughtering Department 348 Viscera Separating 371 Refrigerating Departments 375 Carcase Cutting 377 Edible Rendering Department 38 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Guring Department 382 Sausage Department 385 Sausage Department 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation			
Joseph L. Blair		Misrepresentation	. 305
Water Supply	Chapter 13	Sanitation, Facilities and Procedures in Plant Operation	312
Ice		Joseph L. Blair	
Liquid Waste Disposal 317 Waste Water Treatment Processes 320 Outside Premises 324 Rodent Control 325 Insect Control 330 Plant Employees 339 Gleanup 241 Equipment 345 Slaughtering Department 348 Viscera Separating 371 Refrigerating Departments 375 Carcass Cutting 377 Edible Rendering Department 378 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Guring Department 382 Smokehouses 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 J. D. Willis Chilling 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Neat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		Water Supply	312
Waste Water Treatment Processes 320 Outside Premises 324 Rodent Control 325 Insect Control 330 Plant Employees 339 Cleanup 341 Equipment 348 Slaughtering Department 348 Viscera Separating 371 Refrigerating Departments 375 Carcass Cutting 377 Edible Rendering Department 378 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Sanokehouses 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 J. D. Willis 393 Cutting 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406		Ice	317
Outside Premises 324 Rodent Control 325 Insect Control 330 Plant Employees 339 Cleanup 241 Equipment 345 Slaughtering Department 348 Viscera Separating 371 Refrigerating Departments 375 Carcass Cutting 377 Edible Rendering Department 378 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Curing Department 382 Sanokehouses 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 J. D. Willis 7. D. Willis 7. Dehydrated Meat 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		Liquid Waste Disposal	317
Rodent Control 335 Insect Control 330 Plant Employees 339 Cleanup 241 Equipment 345 Slaughtering Department 348 Viscera Separating 371 Refrigerating Departments 375 Carcass Cutting 377 Edible Rendering Department 378 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Curing Department 382 Curing Department 382 Smokehouses 385 Sausage Department 385 Dry Storage 386 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 J. D. Willis Chilling 393 Cutting 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		Waste Water Treatment Processes	320
Insect Control 330 Plant Employees 339 Cleanup 241 Equipment 345 Slaughtering Department 348 Viscera Separating 371 Refrigerating Departments 375 Carcass Cutting 377 Edible Rendering Department 378 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Curing Department 382 Smokehouses 385 Sausage Department 385 Dry Storage 386 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 J. D. Willis 393 Cutting 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		Outside Premises	324
Plant Employees 339 Cleanup 241 Equipment 345 Slaughtering Department 348 Viscera Separating 371 Refrigerating Departments 375 Carcass Cutting 377 Edible Rendering Department 378 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Curing Department 382 Smokehouses 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 Cutting 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		Rodent Control	325
Cleanup		Insect Control	330
Equipment 345		Plant Employees	339
Slaughtering Department 348 Viscera Separating 371 Refrigerating Departments 375 Carcass Cutting 377 Edible Rendering Department 378 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Curing Department 382 Smokehouses 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 J. D. Willis Chilling 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		Cleanup	341
Viscera Separating 371 Refrigerating Departments 375 Carcass Cutting 377 Edible Rendering Department 378 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Curing Department 382 Smokehouses 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 7. D. Willis 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		Equipment	345
Refrigerating Departments 375 Carcass Cutting 377 Edible Rendering Department 378 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Curing Department 382 Smokehouses 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 J. D. Willis 393 Chilling 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		• • • • • • • • • • • • • • • • • • • •	
Carcass Cutting 377 Edible Rendering Department 378 Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Curing Department 382 Smokehouses 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 J. D. Willis 393 Cutting 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		Viscera Separating	- ·
Edible Rendering Department 378			
Equipment for Handling Edible Rendered Fat 381 The Residue Resulting from Rendering 382 Curing Department 382 Smokehouses 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 J. D. Willis 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416			
The Residue Resulting from Rendering 382			
Curing Department			
Smokehouses 385 Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389 Chapter 14 Preparation of Meat and Meat Food Products 393 J. D. Willis 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416			
Sausage Department 385 Dry Storage 388 Hide Handling Areas 389 Inedible Department 389		9 •	
Dry Storage			
Hide Handling Areas 389 Inedible Department 389			
Inedible Department		, 9	
Chapter 14 Preparation of Meat and Meat Food Products 393 J. D. Willis 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		· · · · · · · · · · · · · · · · · · ·	
J. D. Willis 393 Chilling 395 Gutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416			
Chilling 393 Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416	Chapter 14	•	393
Cutting 395 Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		J. D. Willis	
Freezing 400 Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		Chilling	393
Defrosting 402 Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		Cutting	395
Aging 404 Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416			
Meat Tenderizer 405 Dehydrated Meat 406 Cured and Smoked Meats 407 Curing Process 412 Pickle Formulation 413 Smoking and Cooking 414 Vinegar Pickled Meats 416		9	
Dehydrated Meat		0 0	
Cured and Smoked Meats			
Curing Process			
Pickle Formulation			
Smoking and Cooking			
Vinegar Pickled Meats			
,			
Sausage Room Products			
		Sausage Room Products	41/

	Classes of Sausage				•			419
	Other Products Prepared in Casings						•	425
•	Other Products							427
	Handling of Cooked Product							429
	Canning						•	429
	Rendering		-					443
Chapter 15	John Spaulding	•		•	•			451 454
	Natural Additives	•	•	•	•	•		-
Chapter 16	John Spaulding	•	•	•	•	•		470 472
	Pesticides *	٠.	•	•				477
	Environmental Contamination	•		٠	•		•	
Chapter 17	Exposure to Ionizing Radiation	•	•		٠			480
•	Nuclear Explosions							480
	Effects of Radiation on Livestock and Poultry				٠		٠	482
	Radiation Preservation of Food					•		492
	Disaster Preparedness		•					493
Chapter 18	Organized Meat Hygiene Control		•			• .		496
	Federal Food and Drug Administration Relations between the Food and Drug Administrat	ion	and	l the	e			505
	Meat and Poultry Inspection Program	٠	٠	•	•	٠	•	509
Chapter 19	Meat Grading	•		•				513
	Scope and Purpose							513
	Beef			•				513
	Veal and Calf					•		525
	Lamb		•		•		•	530
	Pork						٠	537
	Poultry				٠	•	•	542
Appendix	Meat Production and Per Capita Consumption in U.	S.,						
Appendix	Including Farm Production 1900–1972							548
	Proximate Composition, Mineral and Caloric Conter	nt o	f Fr	esh				
	Muscle Cuts							549
	Federal Food, Drug, and Cosmetic Act—General Re	gul	atio	ns f	or			
	Its Enforcement	٠.						551
	Meat Inspection Regulations—Part 318.10		٠.					566
	Talmadge-Aiken Act (P.L. 87-718) 1962							570
	Federal Meat Inspection Act—1967				•			572
	Poultry Products Inspection Act—1968							594
	Curtis Amendment							616
	Pooled Sample Technique for Detection of Trichinae	е.						616
Classon							•	619
Glossary		•	•	•	•	•		
Index						•		625

CHAPTER 1

History

James A. Libby

Since the time of the oldest records of antiquity, as various civilizations developed throughout the world, man has attached importance to the source and handling of his meat supply. From time to time, requirements, restrictions, and even taboos have been influenced by philosophies of diet, religious practices and their ritualistic ramifications. As civilization advances among groups of people, they make conscious efforts to separate themselves as far as possible from the practices of savagery. They no longer are satisfied with being scavengers. The Old Testament, in Exodus 22:31, reads "And ye shall be holy men unto me: neither shall ve eat any flesh that is torn of beasts in the field; ye shall cast it to the dogs."

Hebraic

The quotation from Exodus is the Biblical command from which the Hebrews developed their Laws of Terephah; these laws give the conditions that render animals unacceptable for food. As contained in the Talmud, they constitute a sort of codification of traditional oral law which developed over many centuries of early Hebrew culture. terephas (or trefas, as the word is used today) are considered by the Hebrew law to be defects which would make an animal affected by one or more of them subject to Biblical proscription. Originally, there were 18 kinds of trefas in the Mishnaic portion of the Talmud dated about 200 A.D. These were later grouped into 6 major categories. This

is an example of how detailed the interest of a people can become in the meat portion of its diet.

Alongside the negative law of trefa quite logically developed the positive law of kosher. Today the word kosher is used to mean ritually clean. It is significant that these laws of trefa and laws of kosher have become so firmly established and so interwoven with the culture of the Hebrews that they are still retained as part of the ritual of many Jews residing in this country today. Rabbinical representatives are present in many meat-packing plants for the purpose of determining whether meat which is intended to be sold to the Tewish trade meets their ritualistic requirements. That meat which is found to be acceptable is marked with the characters shown in Figure 1-1.



FIG. 1-1. Hebraic characters signifying kosher.

Medieval Florentine

The history of Florentine guilds, specifically, the Guild of Butchers, gives some information concerning controls exercised by Renaissance Florentines over their meat supply. Originally, the slaughtering and merchandising of meat in the city of Florence was monopolized by rich and powerful landholders who controlled large grazing lands.

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In spite of their continuing efforts to eliminate the middleman or local butcher from the meat merchandising field, butchers, as a class of artisans, came into being and eventually developed into a powerful guild.

As a result, it became necessary for the city of Florence to pass laws aimed at the correction of unsanitary and fraudulent practices employed by some members of this guild. It appears that the guild members were not only very capable meat merchandisers but, judging from the number of lawsuits, they must have developed a certain amount of ability to defend themselves successfully in the courts.

The laws enacted by the city of Florence during the thirteenth and fourteenth centuries had a fourfold effect. They required that all butchers annually renew their licenses and, at the same time, pledge themselves to observing the law of the land. These laws prohibited many kinds of fraudulent practices consisting principally of misrepresentations and substitutions. They prohibited unsanitary practices, such as carelessness in the disposal of offal and unclean premises, and fined unskilled and untidy workmen. They also provided for appointing expert inspectors whose duty it was to detect and bring to court instances of fraud or other irregular practices prohibited by law.

This pattern of meat control served as a forerunner of the science of meat hygiene. There only remained to fit into this scheme the science of veterinary medicine and to adapt to current needs the controls relating to sanitation, adulteration, and misrepresentation. It has been, in fact, effectively applied in some European countries for many generations.

American

While the present meat-inspection system dates back only to the early part of the twentieth century, the importance of animals' health in relation to a dependable meat supply has long been recognized. As a matter of fact, the first meat-inspection law on this

continent dates back to 1706. An act was passed in New France which required butchers to notify an officer known as the Procureur du Roi whenever meat animals were slaughtered, so that he could attend to inspect the quality of the meat. Farmers bringing meat to town for sale were also directed to present a certificate from their local judge, seigneur, or curé, certifying that it did not come from animals which had been sick, drowned, or poisoned.

In colonial times, the raising of livestock and the marketing of food animals was entirely a local enterprise. The slaughtering or, as it was then called, butchering of local animals supplied the meat bought by the housewives. These local butchers were closely identified with both the farmer who produced the food animals and the consumer of his meat products. This was particularly true of the relationship between the local butcher and his customers.

This close relationship between the local butcher and the consumer in these early times had a definite influence on the kind of butchering practices employed by the local forerunner of the present-day meat packer. The consumers' interest in a disease-free, clean, and wholesome meat supply made itself felt on the local butcher. If he were to have a successful business, it was necessary for him to have the confidence of his customers. This required him to run a clean plant and to merchandise only wholesome, unadulterated products.

As this nation developed in size and systems of transportation covered the country, the livestock and meat industry shifted from a local enterprise to a national one. Livestock raising moved away from meat-consuming areas. The local butchering establishments became retail shops which no longer slaughtered food animals but obtained their meats from large slaughtering plants located conveniently in the large livestock-raising areas. The small slaughtering butcher found himself unable to compete economically with the large slaughtering plant which had the ad-

vantages of location convenient to livestock supplies and of volume production.

As these large meat-packing plants changed the original pattern of local livestock and meat marketing, it became recognized that one of the changes was very closely identified with the consumer interests. By contrast with his success in influencing practices employed by the local butcher, the consumer had no opportunity to influence the large meat packer's practices of sanitation, wholesomeness of product, and freedom from adulteration. It took a little while for consumer interest to crystallize. Actually, the meat inspection law passed in 1890 was intended for the protection of foreign trade in meat and meat products.

In the early 1880s, American dressed beef and, later, American pork products became large factors in American export trade with certain foreign countries. For some years prior to 1890, there were rumors circulated in these foreign countries of the existence of diseases among our food-producing animals which, it was claimed, rendered the meat unfit for food. In 1889, the Secretary of Agriculture in his annual report urged the necessity of a national inspection of cattle at the time of slaughter which would secure the condemnation of carcasses unfit for food and guarantee the accepted product as untainted by disease.

In the first session of the 51st Congress, there was introduced in the Senate S.2594. This bill passed the Senate and was then considered by the House Committee on Agriculture. The committee recommended the passage of the bill on the ground that it was necessary to secure the removal of restrictions placed upon the importation of our meat by foreign countries. This bill, enacted into law by both Houses, was approved by the President on August 30, 1890. It did not provide for post-mortem inspection at time of slaughter. It provided only for an inspection of meats in the piece and then only when intended for exportation to countries whose governments required such inspection or whenever any buyer, seller, or exporter requested it.

The law failed its purpose, however, for in the next annual report of the Secretary of Agriculture, the Secretary again urged the enactment of a law to provide for a national inspection of cattle at the time of slaughter.

The Secretary pointed out that none of the restrictions against the sale of American meats abroad had been removed and that, indeed, there was a tendency to make these restrictions more strangent and irksome. The trend to restrict American beef was strengthened by the fact that many of these countries already had strong inspection programs being carried out on their slaughter for domestic use.

In the report of the Chief of the Bureau of Animal Industry for the year 1891, there occurs the following comment on the law of 1890: "The Act of Congress of August 30, 1890, provided for the inspection of salted pork and bacon. It was the intention of Congress in passing this measure to enact a law which would enable this government to so certify to the wholesomeness of our pork products that it would entitle them to enter into foreign countries. The provisions of this Act, however, referred more particularly to an inspection which would determine the character and manner in which these products were packed and their condition at time of shipment, and did not reach to the more important object of determining whether the animals from which they came were diseased or not at the time of slaughter." The consequence was that foreign governments refused to recognize such inspection or certificates issued thereunder as sufficient to warrant removal of the prohibition which they had for many years maintained against American pork.

In the reports of the Secretary of Agriculture and of the Chief of the Bureau of Animal Industry for the Fiscal Years 1891, 1893, 1894, and 1895 recommendations were made for amendments to the Meat Inspection Law aimed at strengthening its provisions. These recommendations resulted in the Acts of

5

March 3, 1891, and March 2, 1895. These laws and their administration fell far short of satisfying the demands of the American public for an adequate national system of meat inspection.

The assassination of President McKinley in 1901 brought Vice President Theodore Roosevelt into the White House. This was significant in that Roosevelt was personally involved in exposing the "embalmed beef" scandal of the Spanish-American War. He testified before a Senate Investigating Committee that he would just as soon have eaten his old hat as the canned food that, under a government contract, had been shipped to his troops in Cuba.

During 1906, while President Roosevelt was serving his second term of office, Upton Sinclair published his book *The Jungle*. The book was an instant success. Even though Sinclair wrote the book to describe social problems of the day, public attention was concentrated on about twelve of the 308 pages concerned with the gruesome details

of meat production. These described situations as the grinding up of poisoned rats, hogs dead of cholera used for a fancy grade of lard, the sale to food markets of the carcasses of steers condemned as tubercular by government inspectors, and, most dramatic of all, the folklore about men who served in the cooking rooms and occasionally fell into the boiling vats, finally ending up on the market as Durham's Pure Leaf Lard.

This book kindled rumors that packing houses were not operated in a sanitary manner and that inspection under the Act of 1891, as amended by the Act of 1895, was not conducted in a thoroughgoing, efficient way. The Secretary of Agriculture appointed a committee to investigate conditions at one of the large packing centers, and the President of the United States appointed a committee for the same purpose.

President Theodore Roosevelt on June 4, 1906, sent a message entitled "Conditions in Chicago Stockyards" to the Senate and House of Representatives. It read as follows:

59TH CONGRESS
1st Session.

HOUSE OF REPRESENTATIVES.

Document No. 873

CONDITIONS IN CHICAGO STOCK YARDS

MESSAGE

FROM THE

PRESIDENT

TRANSMITTING

THE REPORT OF MR. JAMES BRONSON REYNOLDS AND COMMISSIONER CHARLES P. NEILL, SPECIAL COMMITTEE APPOINTED TO INVESTIGATE-THE CONDITIONS IN THE STOCK YARDS OF CHICAGO.

June 4, 1906.—Read; referred to the Committee on Agriculture and ordered to be printed.

THE SENATE AND HOUSE OF REPRESENTATIVES:

I transmit herewith the report of Mr. James Bronson Reynolds and Commissioner Charles P. Neill, the special committee whom I appointed to investigate into the conditions in the stock yards of Chicago and report thereon to me. This report is of a preliminary nature. I submit it to you now because it shows the urgent need of immediate action by the Congress in the direction of providing a drastic and thoroughgoing inspection by the Federal Government of all stock yards and packing houses and of their products, so far as the latter enter into interstate or foreign commerce. The conditions shown by

even this short inspection to exist in the Chicago stock yards are revolting. It is imperatively necessary in the interest of health and of decency that they should be radically changed. Under the existing law it is wholly impossible to secure satisfactory results.

When my attention was first directed to this matter an investigation was made under the Bureau of Animal Industry of the Department of Agriculture. When the preliminary statements of this investigation were brought to my attention they showed such defects in the law and such wholly unexpected conditions that I deemed it best to have a further immediate investigation by men not connected with the Bureau, and accordingly appointed Messrs. Reynolds and Neill. It was impossible under the existing law that satisfactory work should be done by the Bureau of Animal Industry. I am now, however, examining the way in which the work actually was done.

Before I had received the report of Messrs. Reynolds and Neill I had directed that labels placed upon any package of meat food products should state only that the carcass of the animal from which the meat was taken had been inspected at the time of slaughter. If inspection of meat food products at all stages of preparation is not secured by the passage of the legislature recommended, I shall feel compelled to order that inspection labels and certificates on canned products shall not be used hereafter.

The report shows that the stock yards and packing houses are not kept even reasonably clean, and that the method of handling and preparing food products is uncleanly and dangerous to health. Under existing law the National Government has no power to enforce inspection of the many forms of prepared meat food product that are daily going from the packing houses into interstate commerce. Owing to inadequate appropriation the Department of Agriculture is not even able to place inspectors in all establishments desiring them. The present law prohibits the shipment of uninspected meat to foreign countries, but there is no provision forbidding the shipment of uninspected meats in interstate commerce, and thus the avenues of interstate commerce are left open to traffic in diseased or spoiled meats. If, as has been alleged on seemingly good authority, further evils exist, such as the improper use of chemicals and dyes, the Government lacks power to remedy them. A law is needed which will enable the inspectors of the General Government to inspect and supervise from the hoof to the can the preparation of the meat food product. The evil seems to be much less in the sale of dressed carcasses than in the sale of canned and other prepared products; and very much less as regards products sent abroad than as regards those used at home.

In my judgment the expense of the inspection should be paid by a fee levied on each animal slaughtered. If this is not done, the whole purpose of the law can at any time be defeated through an insufficient appropriation; and whenever there was no particular public interest in the subject it would not be only easy but natural to thus make the appropriation insufficient. If it were not for this consideration, I should favor the Government paying for the inspection.

The alarm expressed in certain quarters concerning this feature should be allayed by a realization of the fact that in no case, under such a law, will the cost of inspection exceed 8 cents per head.

I call special attention to the fact that this report is preliminary, and that the investigation is still unfinished. It is not yet possible to report on the alleged abuses in the use of deleterious chemical compounds in connection with canning and preserving meat products, nor on the alleged doctoring in this fashion of tainted meat and of products returned to the packers as having grown unsalable or unusable from age or from other reasons. Grave allegations are made in reference to abuses of this nature.

Let me repeat that under the present law there is practically no method of stopping these abuses if they should be discovered to exist. Legislation is needed in order to prevent the possibility of all abuses in the future. If no legislation is passed, then the excellent results accomplished by the work of this special committee will endure only so long as the memory of the committee's work is fresh, and a recrudescence of the abuses is absolutely certain.

I urge the immediate enactment into law of provisions which will enable the Department of Agriculture adequately to inspect the meat and meat food products entering into interstate commerce and to supervise the methods of preparing the same, and to prescribe the sanitary conditions under which the work shall be performed. I therefore commend to your favorable consideration and urge the enactment of substantially the provisions known as Senate amendment No. 29 to the act making appropriations for the Department of Agriculture for the fiscal year ending June 30, 1907, as passed by the Senate, this amendment being commonly known as the Beveridge amendment.

Following are excerpts from the report made to President Roosevelt by Commissioner Charles P. Neill and Mr. James Bronson Reynolds.

CONDITIONS OF THE YARDS.

The pavement is mostly of brick, the bricks laid with deep grooves between them, which inevitably fill with manure and refuse. Such pavement cannot be properly cleaned and is slimy and malodorous when wet, yielding clouds of ill-smelling dust when dry. Calves, sheep, and hogs, that have died en route are thrown out upon the platforms where cars are unloaded.

Buildings.

The interior mish of most of the buildings is of wood. In many of the rooms where water is used freely the floors are soaked and slimy. Many inside rooms where food is prepared are without windows, deprived of sunlight and without direct communication with the outside air. They may be best described as vaults in which the air rarely changes. In a few instances electric fans mitigate the stifling air, but usually the workers toil without relief in a humid atmosphere heavy with the odors of rotten wood, decayed meats, stinking offal, and entrails.

The work tables upon which the meat is handled, the floor carts on which it is carried about, and the tubs and other receptacles into which it is thrown are generally of wood. These wooden receptacles are frequently found water soaked, only half cleansed, and with meat scraps and grease accumulations adhering to their sides and collecting dirt.

Nothing shows more strikingly the general indifference to matters of cleanliness and sanitation than do the privies for both men and women. The prevailing type is made by cutting off a section of the workroom by a thin wooden partition rising to within a few feet of the ceiling. These privies usually ventilate into the workroom, though a few are found with a window opening into the outer air. Many are located in the inside corners of the workrooms, and thus have no outside opening whatever. They are furnished with a row of seats, generally without even side partitions. These rooms are sometimes used as cloakrooms by the employees. Washing sinks are either not furnished at all or are small and dirty. Neither are towels, soap, or toilet paper provided. Men and women return directly from these places to plunge their unwashed hands into the meat to be converted into such food products as sausage, dried beef, and other compounds. Some of the privies are situated at a long distance from the workrooms, and men relieve themselves on the killing floors or in a corner of the workrooms. Hence, in some cases the fumes of the urine swell the sum of nauseating odors arising from the dirty-blood-soaked, rotting wooden floors, fruitful culture beds for the disease germs of men and animals.

TREATMENT OF MEATS AND PREPARED FOOD PRODUCTS.

In some of the largest establishments sides that are sent to what is known as the boning room are thrown in a heap upon the floor. The workers climb over these heaps of meat, select the pieces they wish, and frequently throw them down upon the dirty floor beside their working bench. Even in cutting the meat upon the bench, the work is usually held pressed against their aprons, and these aprons were, as a rule, indescribably filthy. They were made in most cases of leather or of rough sacking and bore long accumulated grease and dirt. In only a few places were suitable oilcloth aprons worn. Moreover, men were seen to climb from the floor and stand, with shoes dirty with the refuse of the floors, on the tables upon which the meat was handled.

Meat scraps were also found being shoveled into receptacles from dirty floors where they were left to lie until again shoveled into barrels or into machines for chopping. These floors, it must be noted, were in most cases damp and soggy, in dark, ill-ventilated rooms, and the employees in utter ignorance of cleanliness or danger to health expectorated at will upon them. In a word, we saw meat shoveled from filthy wooden floors, piled on tables rarely washed, pushed from room to room in rotten box carts, in all of which processes it was in the way of gathering dirt, splinters, floor filth and the expectoration of tuberculous and other diseased workers. Where comment was made to floor superintendents about these matters, it was always the reply that this meat would afterwards be cooked, and that this sterilization would prevent any danger from its use. Even this, it may be pointed out in passing, is not wholly true. A very considerable portion of the meat so handled is sent out as smoked products and in the form of sausages, which are prepared to be eaten without being cooked.

As an extreme example of the entire disregard on the part of employees of any notion of cleanliness in handling dressed meat, we saw a hog that had just been killed, cleansed, washed, and started on its way to the cooling room fall from the sliding rail to a dirty wooden floor and slide part way into a filthy men's privy. It was picked up by two employees, placed upon a truck, carried into the cooling room and hung up with other carcasses, no effort being made to clean it. In another establishment, a long table was noted covered with several hundred pounds of cooked scraps of beef and other meats. Some of these meat scraps were dry, leathery, and unfit to be eaten; and in the heap were found pieces of pigskin, and even some bits of rope strands and other rubbish. Inquiry evoked the frank admission from the man in charge that this was to be ground up and used in making "potted ham." All of these canned products bear labels of which the following is a sample:

ABATTOIR No.-.

The contents of this package have been inspected according to the act of Congress of March 3, 1891.

QUALITY GUARANTEED

Another instance of abuse in the use of the labels came to our notice. In two different establishments great stocks of old canned goods were being put through a washing process to remove the old labels. They were then subjected to sufficient heat to "liven up" the contents—to use the phrase of the room superintendent. After this, fresh labels, with the Government name on them, were to be placed upon the cans, and they were to be sent out bearing all the evidence of being a freshly put up product. In one of these instances, by the admission of the superintendent, the stock thus being relabeled was over two years old. In the other case the superintendent evaded a statement of how old the goods were.

TREATMENT OF EMPLOYEES.

The insanitary conditions in which the laborers work and the feverish pace which they are forced to maintain inevitably affects their health. Physicians state that tuberculosis is disproportionately prevalent in the stock yards, and the victims of this disease expectorate on the spongy wooden floors of the dark workrooms, from which falling scraps of meat are later shoveled up to be converted into food products.

Even the ordinary decencies of life are completely ignored. In practically all cases the doors of the toilet rooms open directly into the working rooms, the privies of men and women frequently adjoin.

GOVERNMENT INSPECTION.

Inspection after slaughter appears to be carefully and conscientiously made. The Government veterinarians maintain that it is adequate, insisting that a passing examination of certain glands, of the viscera, and of the general conditions of the carcass is sufficient to enable an expert, engaged constantly on this work, to detect at once the presence of disease, or of abnormal conditions. On the slightest indication of disease or abnormal conditions the carcass is tagged and set aside for a later and more careful examination. There should, however, be more precautions taken to insure that the instruments used be kept antiseptically clean.

The microscopic examination of hogs to be exported to Germany appears to be made with great care, and it may fairly be asked why the same inspection is not made of hogs killed for the American market. We noted that some large establishments had an obviously insufficient force. A few small concerns had no inspectors at all, and may sell uninspected meat wherever they please in the United States.

LEGISLATION.

1. Examination before slaughter is of minor importance and should be permissive instead of mandatory. Examination after slaughter is of supreme importance and should be compulsory.