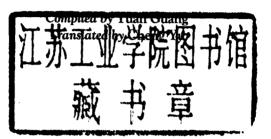


Foreign Languages Press Beijing

A Taoist Miscellany



Foreign Languages Press Beijing

图书在版编目(CIP)数据

中国道家故事选:英文/元光编. 一北京:

外文出版社,1999

ISBN 7-119-02163-X

Ⅰ.中… Ⅱ.元… Ⅲ.故事'-作品集-中国-当代-英文 Ⅳ.1247.8

中国版本图书馆 CIP 数据核字 (1999) 第 03589 号

青任编辑 吴灿飞

英文编辑 程 宇

封面设计 王 志

插图绘制 车士仮

外文出版社网页:

http://www.flp.com.cn

外文出版社电子邮件地址:

info@flp.com.cn

sales@flp.com.cn

中国道家故事选

元光 编

②外文出版社

外文出版社出版 (中国北京百万庄大街 24号)

邮政编码 100037

北京外文印刷厂印刷

中国国际图书贸易总公司发行

(中国北京车公庄西路 35 号)

北京邮政信箱第 399 号 邮政编号 100044

1999年(36开)第1版

2006 年第1版第2次印刷

(英)

ISBN 7-119-02163-X/I·497(外)

03500(平)

10 - E - 3258P

First Edition 1999

Managing Editor: Cheng Yu

Home Page: http://www.flp.com.cn

E-mail Addresses: info@flp.com.cn sales@flp.com.cn

ISBN 7-119-02163-X © Foreign Languages Press, Beijing, 1999

Published by Foreign Languages Press 24 Baiwanzhuang Road, Beijing 100037, China

Printed by Beijing Foreign Languages Printing House 19 Chegongzhuang Xilu, Beijing 100044, China

Distributed by China International Book Trading Corporation 35 Chegongzhuang Xilu, Beijing 100044, China P.O. Box 399, Beijing, China

Printed in the People's Republic of China

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INTRODUCTION

Taoism, Confucianism and Buddhism are regarded as the three intellectual pillars of traditional Chinese culture. Taoism, which emphasizes doing nothing (non-action) and letting things take their own course, has been especially influential in the history of Chinese culture and thought.

Taoism followed a unique process of development. During the Qin (221-206 B.C.) and Han (206 B.C.-A.D. 220) dynasties, it was known as the "study of Huang and Lao." Huang, or Huangdi, was the mythical ancestor of the Chinese nation, and Lao, or Lao Zi, was the purported author of the Tao Te Ching—also known as The Book of Lao Zi, the representative classic of Taoism. The Book of Lao Zi was written in the late Spring and Autumn Period (770-476 B.C.); some chapters of the book may have been written during the Warring States Period (475-221 B.C.).

Sima Tan, father of the Western Han Dynasty (206 B.C.-A.D. 24) historian Sima Qian, said, "Taoism helps one to concentrate the mind, act unobtrusively and care for all things on earth. As a way to self-cultivation, it follows the nature of Yin and Yang

(the ultimate positive and negative, and male and female essences in Nature), takes up the strong points of Confucianism and Mohism, absorbs the essentials of Logicianism and Legalism, adapts to the changes of the times, follows the nature of everything and can be used everywhere. It is easy to practice, as its precepts are simple, and it can help people accomplish much with little effort." As it absorbed the strong points of all the major schools of thought and stressed self-cultivation as the way to rule the world, Taoism received great attention from the imperial court in the early years of the Western Han, when the country was just recovering from long years of war.

Taoism embodies knowledge of Nature, social development, human relationships and other rich and subtle wisdom of the ancient Chinese people. Tao literally means "the way." It includes the way of Nature, the way of all things on earth, the way of social changes, the way of running a country, the way of self-cultivation and managing a family, even the way of "living a long life with good eyes and ears," which encapsulates the ideal of the ancestors of the Chinese people as regards their approach to life.

The ancient Chinese medical and healthpreservation techniques almost all drew their inspiration from Taoism, and works appeared expounding on ways of self-cultivation and long life based on Lao Zi's teachings. Eventually, Taoism was combined with religion, and Lao Zi was elevated to the status of an immortal.

Unlike Confucianism and Buddhism, the hallmark of the Taoist school of philosophy is its eclecticism; its adherents have included many learned thinkers, magicians, doctors, pharmacists and alchemists. And, as an indigenous way of thought, Taoism is uniquely Chinese in its contents and forms. Many stories from the treasure trove of Taoist lore have pure and fresh artistic concepts, focusing on the ideas of "governing by doing nothing" and "letting things take their own course."

The stories in this book reflect the vast range of Taoist thought, which at the same time contains ideas culled from virtually all the other schools of ancient Chinese philosophy and religion. Drawing on the rich corpus of classical Taoist literature, these pithy stories embody the mysterious wisdom of the "Way," which stimulates the reader's imagination while at the same time amusing and diverting him or her.

1. The Calabash and the Ointment for Chapped Hands

Hui Zi (Hui Tzu) (c. 370-310 B.C.), prime minister of King Hui of the State of Liang, once said to Zhuang Zi (Chuang Tzu): "My master, the king, sent me some calabash seeds. I planted them and they bore a fruit as big as a five-bushel measure. I tried to use it as a bowl for holding water, but it was not solid enough for the purpose. So I cut the calabash in two and tried to make two ladles out of it, but each of them was far too big for the purpose. Thereupon, because of their uselessness, I smashed them to pieces."

"Sir," said Zhuang Zi, "it is clear that you do not know how to make all things serve their proper purpose. Now, there was once a man of the State of Song who had a secret recipe for ointment for chapped hands. From generation to generation, his family had made the bleaching and dyeing of silk their occupation, and the ointment helped them to do this. A stranger heard of the ointment, and offered the man 100 ounces of gold for the recipe. The family gathered to consider this proposal. 'We have,' said they, 'been bleaching and dyeing silk for generations, and we

never earned more than a pittance. Now all at once we can earn 100 ounces of gold simply by disclosing the recipe for the ointment we have been using. Let us not hesitate to sell it.' And so the stranger obtained the recipe. At the time, the State of Wu was at war with the State of Yue, during which many Wu soldiers could not fight with weapons because they had chapped hands in the cold weather. Having heard of this, the man from Song went straight to the king of the State of Wu and made him a present of the recipe. Later, the king of Wu gave the stranger the command of his fleet. When the Wu fleet crashed that of Yue. the stranger was rewarded with a fief and a title. Thus, while the efficiency of the ointment to cure chapped hands was the same whether it was used by the silk workers or by the stranger, in the former case it only served to help them perform a menial task, while in the latter case it brought a man fame and wealth. This was because they used it differently.

Now you, sir, had a five-bushel calabash; why did you not make of it a large bottle gourd, by means of which you could float in rivers and lakes? Instead of this, you were piqued that it was useless for holding anything. It seems that your mind is rather woolly."

Hui Zi said to Zhuang Zi: "I have a large tree, which people call the ailanthus, outside my house. Its trunk is so irregular and knotty that a carpenter cannot apply his line to it. Its small branches are so twisted that the square and compasses cannot be used on them. It

stands by the roadside, but no carpenter takes cognizance of it. They all think, it seems, that the tree is useless despite its large size."

Zhuang Zi said, "Have you not seen a wild cat or a weasel? It lies, crouching down, in wait for its prey. East and west it leaps about, avoiding neither what is high nor what is low. At last it is caught in a trap or dies in a net. Again, there is the yak, which is as large as a cloud which crosses the sky. But it cannot catch mice. Now you have a large tree and fret about its uselessness. Why do you not plant it in the domain of nonexistence, in a wide and barren wilderness? By its side you may wander in non-action; under it you may sleep in happiness. Neither bill nor ax would shorten its term of existence. Though of no use to others, it would not cause worry to you either."

"Carefree Wanderings," The Inner Chapters of Zhuang Zi

Note: Hui Zi (c. 370-310 B.C.) and Zhuang Zi (c. 369-286 B.C.) were friends as well as adversaries in disputation. Hui Zi uses the analogy of the big calabash to criticize Zhuang Zi's ideas as wide-ranging and impractical. Zhuang Zi, on the other hand, uses the analogy of the ointment to explain that everything has its strong and weak points; whether something is big or small, it can be either useful or useless, depending upon the use it is put to.

2. Carving Up an Ox as Skillfully as a Master Butcher

The personal cook of King Hui of Liang (400-319 B.C., reigned 369-319 B.C.) had a marvelously skillful way of carving up an ox. Every blow of his hand, every heave of his shoulder, every tread of his foot, every thrust of his knee, every sound of the rending flesh, and every note of the strokes of the cleaver were as graceful as music and dance. In the twinkling of an eye, a whole ox would be perfectly dismembered.

"How admirable," the king once cried, upon seeing this, "your consummate art! How did you achieve it?"

The cook laid down his cleaver and replied, "What your servant follows is the Tao, which is beyond mere art. When I first began to cut up oxen, I saw them as huge, whole animals and didn't know how and where to begin. Three years later, I had come to know the exact location of every part of their bodies—their bones, flesh, sinews, viscera, etc. I saw them no longer as whole animals. Now, I work with my mind, and not with my eyes. The functions of my senses stop; my spirit dominates. Following the natural veins, my