



普通高校精品教材

云南省高校教材审定委员会审定

实用英语教程(听说·第一册)

Practical English Course:

Listening and Speaking (Vol. 1)

梁育全 主 编

王 新 副主编

吴军俐

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programs, people might
get more benefit from a
good book



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内 容 简 介

本书为《实用英语教程》系列中的听说第一册。全书设计成十五个单元，每五个单元后附一套测试题。每个单元由四个部分组成：Sound Discrimination：从辨音入手，使学生能够根据美籍、英籍专家的标准发音进行模仿训练，学会正确发音，并掌握简单的课堂用语；Mini Talk：在听的基础上，使学生掌握英语交际中的基本表达形式，为“说”打下基础；Short Passages：培养学生从所听到的语篇中获取主题、中心思想、人物、时间、地点或其他主要信息的能力；Topic Practice：着重训练说的能力，给出话题，让学生运用所学内容进行口语训练。

本书的配套磁带由美籍、英籍专家录音，以便让学生区别英、美英语发音的异同，学生可根据各自的喜好进行模仿训练。

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前 言

专科（高职高专）教育是我国高等教育的重要组成部分，是以培养适应生产、管理、服务领域劳动第一线的高等技术应用性人才为目标。其特点是：以素质教育为基础，以能力培养为中心，以岗位需求为依据；遵循“打好基础，强化能力，立足实用”的原则；强调知识的综合性，能力的应用性。

长期以来，传统的本、专科教材与我省的专科（高职高专）英语教学实际和要求不相适应。近年来，我省在探索专科英语教学方面取得了明显的进步，因此，编写、出版一部适合本省实际的英语基础教材是有必要的、可行的。

《实用英语教程》是根据教育部 2000 年关于《高职高专英语课程基本要求》（下称《基本要求》）的精神编写的。本套教材分为五册。一至三册为基础阶段的教材，第四册和第五册为提高阶段的教材。每册分“读写教程”和“听说教程”两种。基础阶段的一至三册重点参照《基本要求》的 B 级要求进行编写；提高阶段的第四册、第五册重点参照《基本要求》的 A 级要求进行编写。我省专科（高职高专）学生应以基础阶段的 B 级要求作为最低要求。编者希望能够通过本套教材的教学，使学生达到以下要求：

- (1) 巩固掌握基本的英语语法规则和不可缺少的基本词汇。
- (2) 能听懂小型的英语对话，并能用英语进行简单的口头交流。
- (3) 能阅读中等难度的简短的英文材料，并能撰写一般的英语应用文。
- (4) 能借助词典翻译中等难度的一般性英文材料。

此外在提高阶段中，应保证学生在校期间英语教学不断线，使学生较好地巩固和加强基础阶段所学的知识技能，力争达到《基本要求》的 A 级标准，为其毕业后的应用和继续学习打下良好的基础，学会继续自学的方法。

本着上述目的，本套教材在选材方面，力求做到题材广泛，内容新颖丰富，知识性和趣味性强，力图为学生提供一定的跨文化背景知识，使学生不仅从语言知识和技能层面，还能从文化素养层面具备英语交际的能力。

本套教材的“读写教程”每册设计 10 个单元，每单元三篇课文，均紧扣某一主题。每篇课文之后均编排了练习，练习具有较强的针对性，以利于学生复习巩固课堂知识。

“听说教程”从最基本的语音训练开始，循序渐进，涵盖日常生活各种主题。

本书是全套教材的第一册，定价 28.00 元。其中《实用英语教程》（读写·第一册）定价 21.00 元，《实用英语教程》（听说·第一册）定价 7.00 元。另外，《实用英语教程》（听说·第一册）配有 5 盒磁带，定价 35.00 元。

本套教材的编写是在云南省教育厅有关领导的直接指导和组织下进行的，目的是推动我省高校英语教学的改革和发展。我们对此表示衷心的感谢。但由于时间仓促，教材中错误在所难免，敬请各院校师生提出宝贵意见。

编 者

2003.6 于昆明

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Unit One

Greetings and Introductions

I. Sound Discrimination

1. Listen to the following words and repeat after the recording.

[i:] we / meal / reason / beat / need / peel / sheep / meet /

[i] lick / sit / it / stick / ill / film / river / miss / bill / give /

2. Underline the word that you hear in each sentence.

(1) sheep / ship

(2) least / list

(3) seat / sit

(4) reach / rich

(5) leave / live

(6) eat / it

(7) heat / hit

(8) feet / fit

(9) deed / did

(10) seek / sick

3. Listen to the following sentences twice and write them out.

(1) _____.

(2) _____.

(3) _____.

(4) _____.

(5) _____.

(6) _____.

(7) _____.

(8) _____.

(9) _____.

(10) _____.

II. Mini Talk

New Words

university / ,ju:ni'və:siti / n.

twice / twaɪs / ad.

engineer / ,endʒi'niə / n.

dangerous / 'deɪndʒərəs / a.

大学

两次, 两倍

工程师

危险的

Part A Listen to the following dialogues and repeat.

Dialogue 1

A: Hi, my name is Louisa. What is your name?

B: My name is Jerry.

A: Where do you come from?

B: I come from Shanghai, and you?

A: I am from Yunnan.

Dialogue 2

A: What is your name?

B: My name is Jerry.

A: Are you a student?

B: Yes, I am.

A: Which university do you study at?

B: I study at Fudan University.

Dialogue 3

A: Good morning, sir, my name is Zhang Zi yi.

B: Good morning. Anything I can do for you?

A: Well, I am a graduate from Beijing University. I have made an application to be a computer engineer in your company, and I am asked to have an interview here today.

B: Yes. Come in and seat yourself, please.

Part B. Listen to the dialogue and fill in the blanks.

Dialogue 4

Mary: Come in, Kyle. I'd like to _____ to my mum.

Kyle: Thank you.

Mary: Mum, this is my _____, Kyle. Kyle, this is my mother.

Kyle: Good evening, Mrs. Smith.

Mrs. Smith: Good evening, Kyle. _____?

Kyle: _____. Thank you.

Dialogue 5

(Doorbell is ringing)

Mrs. White: _____?

Mr. Smith: It is John Smith. I am _____.

Mrs. White: I see. (Opens the door) Come in please, Mr. Smith.

Mr. Smith: Thank you. I'm _____ from Kunming. Miss Lily asked me to pass you this package _____.

III. Short Passages

1. Listen to the passage and fill in the blanks.

Cathy is a _____ girl. Today Mr. and Mrs. Green are _____ her to the park. The park is _____ far from _____. So they are going there by bus. There are only a few people on the bus. They are all sitting _____ their seats. Cathy is happy. She is running on the bus. "Don't run. Come here and _____," Mr. Green says. "It's very dangerous to run on the bus." "I want to _____ the park quickly. I want this bus to _____ faster," Cathy says.

It's nine o'clock. The Greens are sitting _____ a table in the park. Cathy is having a drink _____ orange happily. She doesn't run any more.

2. Listen to the passage twice. After that you will hear five questions. Both the passage and the questions will be spoken twice. When you hear a question, you should decide on the correct answer from the 4 choices marked A, B, C and D given.

(1) What can be easily rented in America?

A. Horses B. Cats C. Cars D. Houses

(2) When you go to rent a car, what is required?

A. Credit cards
B. Traveler's checks
C. Cash

- D. Credit cards, traveler's checks or cash, as well as security payment
- (3) *Can the car rented be returned in a different city?*
- A. No. No car can be returned in a different city.
B. Yes. All cars can be returned in a different city.
C. Yes. In some agency, cars can be returned in a different city without any additional charge for this service.
D. Yes. In some agency, cars can be returned in a different city with an additional charge for this service.
- (4) *Usually, what is included in the rates mentioned in the passage?*
- A. maintenance B. insurance
C. petrol fee D. both A and B
- (5) *According to the passage, in what way are the rates charged?*
- A. according to mileage B. daily
C. weekly D. daily, weekly or monthly

IV. Topic Practice

1. 假设你到某公司应聘，请向公司人事经理做自我介绍。
2. 你带同学回家，向你的父亲或母亲介绍他 / 她的有关情况。

Unit Two

Numbers

I. Sound Discrimination

1. Listen to the following words and read after the tape.

[e] said / pen / men / beg / bed / well / rest / less / head / bread /

[æ] ax / pan / bat / map / man / black / hat / dad / math / hand /

2. Underline the word that you hear in each sentence.

(1) pen / pan

(2) set / sat

(3) men / man

(4) said / sad

(5) lend / land

(6) dead / dad

(7) beg / bag

(8) bed / bad

(9) head / had

(10) letter / latter

3. Listen to the following sentences twice and write them out.

(1) _____.

(2) _____.

(3) _____.

(4) _____.

(5) _____.

(6) _____.

(7) _____?

(8) _____?

(9) _____?

(10) _____.

II. Mini Talk

Part A Listen to the following dialogues and repeat.

Dialogue 1

A: Do you like your class?

B: Yes, I do.

A: How many students are there in your class?

B: There are 54 students in my class.

A: How many girls?

B: 28 girls.

Dialogue 2

A: How many lessons do you have for each week?

B: We have 30 lessons.

A: How many minutes for each lesson?

B: 45 minutes.

A: By the way, how many hours do you spend on your homework every day?

B: One and a half hours.

Dialogue 3

A: How many people are there in your family?

B: There are five people in my family.

A: Who are they?

B: My grandparents, my parents and I.

A: You have no sister or brother?

B: No, it is because of the one-child policy in China.

Part B Listen to the dialogue and fill in the blanks.

Dialogue 4

A: Would you give me your name, address and telephone number, please?

B: Yes, _____. My name's Zhang Min.

A: And your _____?

B: _____, Beijing Road.
 A: And what's your _____?
 B: _____.
 A: Thank you!

Dialogue 5

A: Good afternoon, _____?
 B: Yes, I need _____.
 A: Do you want airmail or regular?
 B: Airmail for overseas.
 A: How many do you want?
 B: _____ and _____ for postcards.
 A: Here you are.

III. Short Passages

New Words

loud / laud / a.	高声的
beat / bi:t / v.	揍, 打
shout /ʃaut / v.	高声叫喊
fellow / 'feləu / n.	小伙子
fight / fait / n.	打架, 战斗
chin / tʃin / n.	下巴
buck / bʌk / n.	(口语) 美元

Phrases and Expressions

jump into	跳下去
be decent of	体面的

1. Listen to the passage and fill in the blanks.

Bill Brown was walking down the street _____ when he heard loud cries for help. A big man was beating _____. "Here, you!" shouted Bill Brown. "Leave him alone." And Bill jumped into the fight, and pasted the big fellow on the chin.

"_____, " said the little man after he had pulled himself together, "That was decent of you. Look here, you _____ this twenty bucks _____."

2. Listen to the passage. You will hear five questions. Both the passage and the questions will be spoken twice. When you hear a question, you should decide on the correct answer from the 4 choices marked A, B, C and D.

(1) *What is eaten at the traditional Duan Wu Festival?*

- A. Biscuit B. Zong Zi C. Jiao Zi D. Bread

(2) *When did Ou Hui live?*

- A. During the East Han Dynasty
B. During the West Han Dynasty
C. During the Qin Dynasty
D. During the Tang Dynasty

(3) *What happened to the sacrifices offered by Ou Hui?*

- A. They were thrown into the river.
B. They were stolen by thieves,
C. They were stolen and devoured by the dragon in the river.
D. They were distributed to the poor.

(4) *What was Ou Hui asked to wrap the sacrifices in?*

- A. cloth B. paper C. chinaberry leaves D. plastics

(5) *What was the dragon afraid of?*

- A. tigers B. chinaberry leaves C. color threads D. B and C

IV. Topic Practice

1. 请向参观者介绍你所在的学校的规模，包括系、专业、人数。
2. 请同桌的同学互相介绍各自的家庭成员。

Unit Three

Sports

I. Sound Discrimination

1. Listen to the following words and read after the recording.

[a:] fast / pass / farm / mark / large / hard / chart / card / lark / dark /

[ʌ] come / couple / love / drug / trust / must / much / cut / sum / nut /

2. Underline the word that you hear in each sentence.

(1) march / much

(2) mast / must

(3) calm / come

(4) heart / hut

(5) cart / cut

(6) harsh / hush

(7) seat / sit

(8) peak / pick

(9) big / beg

(10) did / dead

3. Listen to the following sentences twice and write them out.

(1) _____.

(2) _____.

(3) _____?

(4) _____.

(5) _____?

(6) _____?

(7) _____?

- (8) _____
(9) _____
(10) _____

II. Mini Talk

Part A Listen to the following dialogues and repeat.

Dialogue 1.

- A: Do you like sports?
B: Yes, I do.
A: What kind of sports do you like?
B: I like playing basketball.
A: Do you like playing football, too?
B: No, I don't.

Dialogue 2.

- A: Can you play table tennis?
B: Yes, I can. How about you?
A: I can play it very well, too.
B: Do you like football games?
A: Not exactly, but I like watching it on TV.
B: So do I.

Dialogue 3

- Kate: So, John... What kind of exercises do you like to do?
John: Well, I love to lift weights, and use the exercise machines a lot.
Kate: So you want to be a muscleman?
John: No, not really. It makes me stronger, but the important thing is that weight training makes me feel good.
Kate: What else do you do?
John: I love swimming, and I try to run as often as I can.

Part B Listen to the dialogue and fill in the blanks with what you hear on the tape.

Dialogue 4

- A: _____ volleyball?
B: Yes, I can. But it is not my favorite.

A: _____ favorite sport?
 B: _____, of course. What about you?
 A: It's hard to say.

Dialogue 5

A: Where are you heading?
 B: I _____ the city stadium.
 A: What for?
 B: I want to _____ with my friends.
 A: May I go with you?
 B: _____, you like basketball?
 A: Yes, I like basketball very much.

III. Short Passages

New Words

foreign / 'fɔrɪn / a.	外国的
possible / 'pɒsəbl / a.	可能的
mistake / mi'steɪk / n.	错误

Phrases and Expressions

mix up	混合
sense of humor	幽默感
laugh at	嘲笑

1. Listen to the passage and fill in the blanks.

The best way of learning a _____ is by using it. The best way of using English is to talk in English as much as possible. Sometimes you will get your words mixed up and people will not understand you. Sometimes people will say _____ too quickly and you can't understand them. But if you keep your sense of humor, you can always have a good _____ at the _____ you make. Don't be unhappy if people seem to laugh at your mistakes. It's much better for people to laugh at your mistakes than to be angry because they don't understand what you are saying. The most _____ rule for _____ English is "Don't be afraid of making mistakes, everyone makes mistakes".

2. Listen to the passage. After that you will hear five questions. Both the passage and the questions will be spoken twice. When you hear a question, you should decide on the correct answer from the 4 choices marked A, B, C and D given.

(1) Who entered the barber's shop with the man?