



教育部职业教育与成人教育司推荐教材  
高等职业教育英语教学用书(五年制适用)

# 畅通英语 1

Pre-Intermediate 中级教程学生练习册

Workbook  
**Channel**

**your English**

H.Q.Mitchell-J.Scott  
《畅通英语》改编组



高等教育出版社  
Higher Education Press





教育部职业教育与成人教育司推荐教材  
高等职业教育英语教学用书(五年制适用)

# 畅通英语 1

Pre-Intermediate

中级教程学生练习册

Workbook

# Channel

## your English

H.Q.Mitchell-J.Scott

《畅通英语》改编组

江苏工业学院图书馆  
藏书章

  
mm publications



高等教育出版社  
Higher Education Press

图字:01-2005-1115

Copyright 2004 by MM Publications

Published by arrangement with MM Publications

2004 MM Publications 出版机构版权所有,由 MM Publications 出版机构授权出版。

Chinese Adaptation Copyright 2004, by Higher Education Press

中文改编版,2004 高等教育出版社版权所有。

本书仅限在中华人民共和国境内销售。

This edition is for sale only in the People's Republic of China.

### 图书在版编目(CIP)数据

畅通英语中级教程学生练习册.1:五年制引进版/  
《畅通英语》改编组. —北京:高等教育出版社,  
2005.4

ISBN 7-04-016194-X

I. 畅... II. 畅... III. 英语-高等学校:技术学  
校-习题 IV. H319.6

中国版本图书馆 CIP 数据核字(2005)第 005502 号

总 策 划	刘 援	策划编辑	周 龙 闵 闵	责任编辑	邓中杰	封面设计	刘晓翔
版式设计	李 芹	责任校对	邓中杰	责任印制	宋克学		

出版发行 高等教育出版社  
社 址 北京市西城区德外大街 4 号  
邮政编码 100011  
总 机 010-58581000  
  
经 销 北京蓝色畅想图书发行有限公司  
印 刷 北京凌奇印刷有限责任公司

购书热线 010-58581118  
免费咨询 800-810-0598  
网 址 <http://www.hep.edu.cn>  
<http://www.hep.com.cn>  
网上订购 <http://www.landaco.com>  
<http://www.landaco.com.cn>

开 本 889×1194 1/16  
印 张 8.25  
字 数 240 000

版 次 2005 年 4 月第 1 版  
印 次 2005 年 6 月第 2 次印刷  
定 价 17.60 元

本书如有缺页、倒页、脱页等质量问题,请到所购图书销售部门联系调换。

版权所有 侵权必究

物料号 16194-00

## 内容提要

《畅通英语》是教育部规划并推荐的五年制高职高专英语教材。本套教材是在英国 MM 出版公司 2003 年出版的 *Channel your English* 的基础上, 由国内英语教学专家和教师改编而成。本套教材也可供三年制高职高专院校使用。

本书为《中级教程学生练习册 1》, 共包括 16 个单元 (每 4 个单元后各有 1 个复习单元)。每单元围绕主教材相关单元的主题和语法要点设计了形式多样的练习, 而且还提供了一篇阅读文章。

针对中国人学习英语的特点和需要, 书后增加了补全对话、英译汉、汉译英等补充练习。

## 前言

为了深入贯彻《中共中央国务院关于深化教育改革全面推进素质教育的决定》，进一步落实教育部等7部门《关于进一步加强职业教育工作的若干意见》，全面实施《2003—2007年教育振兴行动计划》，推动职教教材多样化发展，教育部制定了《2004年—2007年职业教育教材开发编写计划》。计划内的教材出版后将向全国职业学校推荐选用。

《畅通英语》系列教材是上述教材开发编写计划中的一种，是在英国MM出版公司2003年出版的*Channel your English*的基础上改编而成的。本套教材既保留了原版教材新颖的教学设计模式和先进的教学理念，又结合中国高职高专英语教学的实际，增编了适量的辅教辅学内容和练习。本套教材可供五年制和三年制高职高专学生使用。

《畅通英语》以真实的交际型语言活动为基础，按照语言表达的难易程度分级编写，注重语言应用能力培养。从初级到中高级的英语学习全过程都有效地整合了听、说、读、写、译5种语言技能训练。该书布局系统全面、科学合理，将功能、语法、词汇、语音和跨文化交际技能尽收其中，利于教师按照语言学习和应用的规律有效地安排教学内容与进度，既提高学习者兴趣，又锻炼学习者能力，使所学内容与涉外交流、人际交往的真实话题和场景紧密结合，反复强化，达到学、练、用合一的理想效果。

本套教材的特点主要体现在如下几个方面：

**教材内容贴近日常生活，真实生动，丰富有趣。**学习者在生动的多元文化环境中，学习语言，掌握技能。教材中阅读文章题材广泛，例如，不同国家的节日介绍、中国属相介绍、心理测试、神秘的UFO等；其次，题材大多是学习者感兴趣的话题，如学习工作、休闲娱乐、求职指导、服饰打扮、饮食喜好、旅游探险、真诚友谊等。教材话题内容全面，覆盖诸多领域，如科技、网络、文化、社会、人物、经济、文摘、广告、说明等，使学习者在不同场合能够充分感知语言环境，掌握语言技能，加以强化操练，便可表达自如。

**图文并茂，新颖实用，词汇学习尤有特色。**教材配有大量与各种功能相关的富于启发性的图片，为语言学习者提供了形象的训练情景，有效地培养学习者对语言的领悟能力。以话题为中心归纳、学习、使用和积累词汇，有趣而实用。

**体现语言的人际、意念、语篇三大功能，实用性强。**各单元的对话包罗许多常用人际交往表达和意念功能，如介绍与陈述、赞同与反对、问题与解决方案、给予与获取、需求与允诺、推理与预测等。阅读与写文体多样实用，主要介绍应用文体，如广告、人物、景点、论文、信件等。

**注重综合能力培养。**教材采用基于话题任务的交际教学法，突出强调涉外交流活动中必需的英语交际会话能力培养。使学生能通过话题、情景，灵活运用英语完成交际任务，强调学以致用，真正将语言学习与使用结合起来，能听会说，读写并重，达到学好，用好，自然会考好的目的。

**教学体系完备，教学参考资料十分丰富。**本套教材由学生用书、教师用书、学生练习册、录音带、MP3、多媒体光盘等组成，形成完备、集成、个性化、立体化的英语教学体系。

本套教材结构科学合理，布局系统全面。主要包括以下内容：

《畅通英语》学生用书共5册，分为基础教程2册，中级教程2册和高级教程1册。基础教程1适合于初学者水平，基础教程2适合于初中水平，中级教程1适合于高中水平。学习者可以根据自己的实际水平，从不同的分册开始学习。每册包括15~16个单元，每单元包括3课内容：第一课以会话引入为主，包括情景对话、词语表达、语法结构和口语实践并结合语音语调训练；第二课重在以听读为主的接受型技能训练，包括阅读、词语表达、语法、听力和口语实践6个部分；第三课重在以说写为主的产出型技能训练，包括听说读写4种技能综合训练。在学生用书中每3~4个单元之后，还编有阶段复习题，供复习巩固所学语法结构和词语表达使用。学生用书之后还分别附有全书词表，中学英语基础词表及中英文释义，供学生使用此书时查阅参考。

该书各级均配有学生练习册，内含学生用书中各单元主题扩展阅读短文和各课的配套同步练习及课内外各种



活动设计安排,供师生结合各自的教学情况选用操练。第四、五册的学生练习册中,各单元还配有反映《高等学校英语应用能力考试大纲和样题》所规定的项目和要求的模拟试题。学完本套教材的第1~4册可以参加“高等学校英语应用能力考试”的B级考试,学完第5册可参加A级考试。

全套教材的对话、陈述、课文都配有录音带,并配有对话部分的多媒体光盘。

《畅通英语》的《教师参考书》提供了详细的英文原版“教材和教法说明”,还增编了“文化背景知识介绍”、“课文语言点注释”、“课文参考译文”、“听力文字材料”和“练习答案”等。

《畅通英语》是一套集中外英语教育工作者长期教学研究最新成果的引进改编系列教材,其新颖的教学理念、实用的教学模式和贯穿始终的培养学生语言应用能力的教学活动定会给中国英语学习者、教育者新的启迪与裨益。

本套教材由电子科技大学冯斗教授和北京联合大学杨亚军教授担任总主编。《畅通英语中级教程1》主编为何颖(电子科技大学),副主编为冯文坤(电子科技大学),编者为魏全凤(西南科技大学)、王凯凤(电子科技大学)、卢灶荣(电子科技大学)。

编 者

2004年12月

# Contents

Unit 01 • Window on the world .....	1
Unit 02 • How strange! .....	7
Unit 03 • Food for thought .....	13
Unit 04 • Time on your hands .....	18
Revision Units 01-04 .....	23
Unit 05 • Get the message .....	25
Unit 06 • Urban life .....	31
Unit 07 • Bon voyage! .....	37
Unit 08 • Down to earth .....	43
Revision Units 05-08 .....	49
Unit 09 • Cash in hand .....	51
Unit 10 • Oldies but goodies .....	57
Unit 11 • A good sport .....	63
Unit 12 • Working your way .....	69
Revision Units 09-12 .....	75
Unit 13 • Health matters .....	77
Unit 14 • In person .....	83
Unit 15 • Watch out! .....	89
Unit 16 • On holiday .....	95
Revision Units 13-16 .....	101
Supplementary exercises .....	103

## Lesson One

**A** Complete with the Present Simple or the Present Progressive of the verbs in brackets.

1. Kevin Hey, Steve. What \_\_\_\_\_ (you / do)?

Steve I \_\_\_\_\_ (cook).

Kevin But you \_\_\_\_\_ (never / cook). In fact, you \_\_\_\_\_ (hate) cooking.

Steve I \_\_\_\_\_ (know), but I \_\_\_\_\_ (not feel) very well and I \_\_\_\_\_ (want) something to eat.

Kevin Oh. What \_\_\_\_\_ (you / make)?

Steve Chicken soup. Here, taste some.

Kevin Mmm. It \_\_\_\_\_ (taste) great! You're an excellent cook!

2. Diane \_\_\_\_\_ (not have) a job right now and she \_\_\_\_\_ (try) to find a part-time job. You \_\_\_\_\_ (see) she \_\_\_\_\_ (usually / spend) a fortune on clothes every month and she \_\_\_\_\_ (not like) asking her parents for money all the time.

3. My friend, Macey, is single. She \_\_\_\_\_ (live) with her brother in a flat in the city centre. This week she \_\_\_\_\_ (stay) with me because her brother \_\_\_\_\_ (paint) their flat. We \_\_\_\_\_ (have) a great time together and I \_\_\_\_\_ (not want) her to leave!

**B** Use the prompts to make questions. Then, look at the pictures and answer.

1. Lisa / work / bookshop?

Does Lisa work in a bookshop?

No, she doesn't. She works in a shoe shop.

2. Brian / eat sandwich / now?

\_\_\_\_\_



3. Susan and Frank / wear / shorts / moment?

\_\_\_\_\_

4. people in the UK / drive / right?

\_\_\_\_\_



5. John / learn / Italian?

\_\_\_\_\_

6. Linda / play tennis / once a week?

\_\_\_\_\_





**C** Complete the dialogues with the words / phrases in the box.

great idea   opposite the bank   thank you very much   right   excuse me   by the way  
nice to meet you   you know what   if you like   at last   that way   how can you tell   very close



1. **A:** \_\_\_\_\_, where's Steinberg's Supermarket? Is it near here?  
**B:** Yes, it's on Miles Avenue, \_\_\_\_\_.  
**A:** Miles Avenue? How do I get there?  
**B:** \_\_\_\_\_, I'm heading \_\_\_\_\_.  
Let's go there together.  
**A:** OK. \_\_\_\_\_.
2. **Joanna** Kate, this is my best friend Sandy. Sandy, this is Kate.  
**Kate** \_\_\_\_\_, Sandy.  
**Sandy** Hi! \_\_\_\_\_ we meet. I've heard so much about you.  
**Kate** Well, I don't know much about you. You're from the USA, \_\_\_\_\_?  
**Sandy** Yes, \_\_\_\_\_?  
**Kate** From your accent. \_\_\_\_\_, do you live near Joanna?  
**Sandy** Yes, we live \_\_\_\_\_.  
**Kate** \_\_\_\_\_, we can meet at Joanna's house after class today.  
**Joanna** \_\_\_\_\_!  
**Sandy** OK. See you then.

**D** Imagine that you are visiting another city and that someone is interviewing you. Answer the interviewer's questions.

**Interviewer** Hello. We're doing a survey and I'd like to ask you some questions. Is that OK?

**You** \_\_\_\_\_

**Interviewer** Thank you. What's your name?

**You** \_\_\_\_\_

**Interviewer** How old are you?

**You** \_\_\_\_\_

**Interviewer** Are you married?

**You** \_\_\_\_\_

**Interviewer** What do you do?

**You** \_\_\_\_\_

**Interviewer** Where are you from?

**You** \_\_\_\_\_

**Interviewer** How do you like our city?

**You** \_\_\_\_\_

**Interviewer** Do you have a problem with the traffic or other drivers?

**You** \_\_\_\_\_

# Lesson Two

## A Complete the dialogue with the Past Simple of the verbs in brackets.

**Mark** Hey, Steve! \_\_\_\_\_ (you and Jane / go) to Paris last weekend?

**Steve** Well, I did, but Jane \_\_\_\_\_ (not come) with me.

**Mark** Why? \_\_\_\_\_ (she / be) ill?

**Steve** No, no, she \_\_\_\_\_ (have) a lot of work at the office, so she \_\_\_\_\_ (stay) behind.

**Mark** And who \_\_\_\_\_ (you / go) with then?

**Steve** My brother. You see, I \_\_\_\_\_ (not can) think of anyone else to ask. I \_\_\_\_\_ (ask) him on Thursday and he \_\_\_\_\_ (say) yes!

**Mark** Hmm... so \_\_\_\_\_ (you / enjoy) your holiday?

**Steve** Yes, everything \_\_\_\_\_ (be) fine and I \_\_\_\_\_ (laugh) a lot, too!

**Mark** What do you mean?

**Steve** Well, Jack \_\_\_\_\_ (want) to speak to everyone in French. He \_\_\_\_\_ (greet) people in French and also...

**Mark** Can he speak French?

**Steve** Only a little. Anyway, on Sunday we \_\_\_\_\_ (go) to a restaurant and he \_\_\_\_\_ (speak) to the waiter in French. We \_\_\_\_\_ (want) chicken, but in the end the waiter \_\_\_\_\_ (bring) us fish!

**Mark** And \_\_\_\_\_ (be) that a problem?

**Steve** Yes. Jack \_\_\_\_\_ (not eat) anything. You see, he's allergic to fish.



## B Complete the sentences with the Present Simple, the Present Progressive or the Past Simple of the verbs given.

- study**
1. I \_\_\_\_\_ Spanish for three hours yesterday.
  2. Frank usually \_\_\_\_\_ in the evening when it's quiet.
  3. I \_\_\_\_\_ for my exams these days.

- travel**
1. My manager often \_\_\_\_\_ abroad on business.
  2. My parents \_\_\_\_\_ around Europe this month.
  3. Uncle Joe \_\_\_\_\_ to the USA by ship last year.

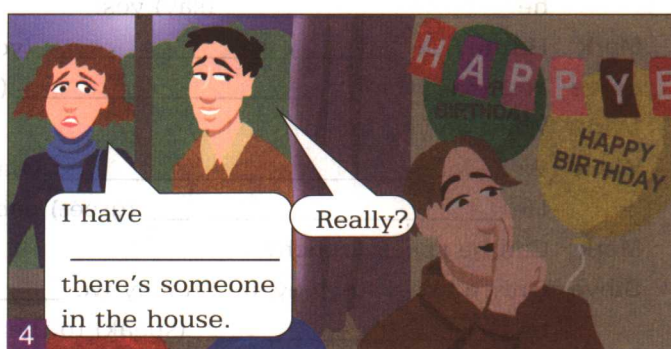
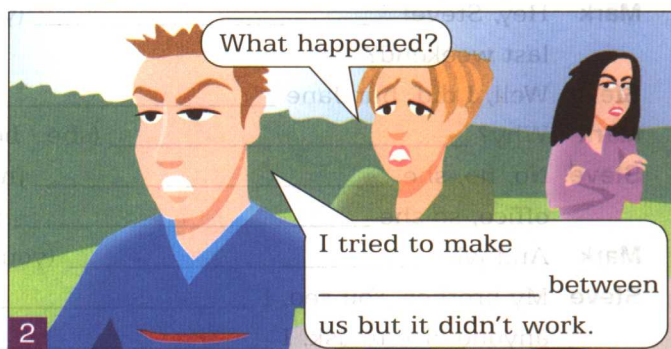
- call**
1. Don't talk so loudly! I \_\_\_\_\_ the doctor at the moment.
  2. My mother is on holiday in Mexico and she \_\_\_\_\_ us every day.
  3. Lucy \_\_\_\_\_ five minutes ago. She wanted to talk to you.

- go**
1. My friends \_\_\_\_\_ clubbing last night.
  2. Lots of people \_\_\_\_\_ to work by bus.
  3. Good night, Mum! I \_\_\_\_\_ to bed.



**C** Complete the sentences with the phrases in the box.

a good idea      things better      a feeling  
very rude      a good impression      a fool of myself



**D** Put the dialogue in the correct order.

- Why? What happened? Were you late?
- 1 How was your first day at work, Jerry?
- Yes, I was and, of course, my manager wasn't very pleased with me.
- No, I also called him Mr McCalahan.
- What's his name?
- Is that all?
- Horrible. Everything went wrong!
- Mr McHalagan and I made the same mistake twice. Can you imagine that?





# Lesson Three

## A Complete the sentences with the words in the box.

unfriendly cold pockets quiet weather snow noisy lasts dangerous presents

1. I didn't do much last night. I stayed at home and watched TV. Just another \_\_\_\_\_ evening.
2. When I opened the front door this morning, there was \_\_\_\_\_ everywhere. Everything was white and it was very \_\_\_\_\_. I went to work by bus because I thought it was too \_\_\_\_\_ to drive.
3. Mike and I didn't enjoy the party very much. The people were \_\_\_\_\_ and didn't talk to us at all. Also, the music was really loud. Too \_\_\_\_\_ for us! I guess we're getting old!
4. My uncle from Canada visited us two weeks ago and brought \_\_\_\_\_ for everyone. He gave me a jacket with ten \_\_\_\_\_!
5. The film \_\_\_\_\_ three hours! Let's get something to eat before we go to the cinema.
6. What's the \_\_\_\_\_ like in your country? Is it hot?

## B Complete the letter below with the Present Simple, the Present Progressive or the Past Simple of the verbs in brackets.

Dear Rebecca,

How are things? I \_\_\_\_\_ (be) so pleased when I \_\_\_\_\_ (get) your letter. Congratulations on your new job! I'm sure you'll do great. Now, here's my news.

I've been in London for two weeks and it's a different world. I \_\_\_\_\_ (stay) in a flat with four other girls. Marisa and Maria \_\_\_\_\_ (be) Spanish, Dana \_\_\_\_\_ (be) from New Zealand and Kim \_\_\_\_\_ (be) from China. They all \_\_\_\_\_ (speak) English very well, but sometimes I \_\_\_\_\_ (not understand) Kim. She \_\_\_\_\_ (speak) too fast! Anyway, they \_\_\_\_\_ (be) very friendly and we \_\_\_\_\_ (spend) lots of time together. We usually \_\_\_\_\_ (walk) around London. It \_\_\_\_\_ (be) a wonderful city but a bit crowded.

My classes \_\_\_\_\_ (start) last week and I \_\_\_\_\_ (try) to study every day. Today, I \_\_\_\_\_ (study) History of Art. By the way, I \_\_\_\_\_ (see) Janice at the university yesterday! \_\_\_\_\_ (you / remember) her? She \_\_\_\_\_ (study) Business and she's in her third year.

The weather here \_\_\_\_\_ (be) still warm, but yesterday it \_\_\_\_\_ (rain) all day. This morning the girls and I \_\_\_\_\_ (go) shopping and we \_\_\_\_\_ (buy) umbrellas!

That's all for now. How \_\_\_\_\_ (be) your first day at work? Write back soon.

Love,  
Pam





**C** Read the paragraphs a-f and match them with the pictures 1-6 below.

# NATIONAL EMBLEMS

It is common for countries to have a national emblem. It can be a flower or an animal or even both. Read all about the national emblems of these countries.

## SCOTLAND **a**

The national emblem of Scotland is the thistle. This purple flower is a symbol of defence.

## CANADA **b**

The Canadian national emblem is the leaf of the maple tree. There are a lot of maple trees in Canada and Canada produces 75% of the world's maple syrup.

## POLAND **c**

The Crowned White Eagle is Poland's national emblem. It is the king of all birds and it is a symbol of power and victory.

## KOREA **d**

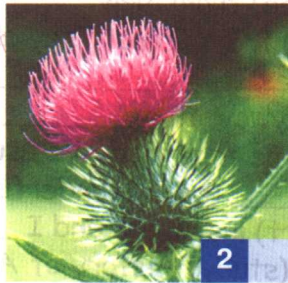
There are a lot of beautiful roses in Korea. However, the Rose of Sharon, Korea's national emblem, isn't in fact a rose at all.

## PERU **e**

Rupicola Peruviana or Cock-of-the-rock, a small red bird, is the Peruvian national emblem.

## NEW ZEALAND **f**

The national emblem of New Zealand is the kiwi, a bird that can't fly and which is the size of a chicken. The people of New Zealand are commonly known as 'kiwis'.





## Lesson One

**A** Complete the sentences with the words given.

1. **frightened** **frightening**

Don't watch that film. It's really \_\_\_\_\_! My wife was so \_\_\_\_\_ she couldn't sleep all night.

2. **tired** **tiring**

I never get \_\_\_\_\_ when I go shopping. Tim, however, thinks it's very \_\_\_\_\_, so he doesn't usually come with me.

3. **surprised** **surprising**

A \_\_\_\_\_ number of children spend a lot of money on clothes. I was really \_\_\_\_\_ to read about that in the newspaper.

4. **excited** **exciting**

Frank is very \_\_\_\_\_ about going to Thailand on holiday, but I don't think there's anything \_\_\_\_\_ about it.

5. **interested** **interesting**

Alison Meyer's book is very \_\_\_\_\_. Are you \_\_\_\_\_ in buying it?

**B** What were the people doing when it started raining? Look at the picture and write sentences.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_



**C** Write questions using the prompts. Then, look at the pictures and answer.



1. Lisa / watch TV / 10 pm / last night?

*Was Lisa watching TV at 10 pm last night?*

*No, she wasn't. She was sleeping.*

2. Peter / read / book / 11 am / yesterday morning?



3. Tina and Josh / make lunch / 1 pm / yesterday?

4. Beth / wear / trousers / last Thursday?



5. it / rain / two days ago?

**D** Complete the dialogue with the sentences a-e.

- What was she doing in your garden?
- And what happened next?
- I was working in the garden at the back of the house.
- I called you at around ten last night but you weren't home.
- It was Jane! She was playing a joke on you. Ha! Ha!

Ian \_\_\_\_\_

Tim Yes, I was, but I couldn't hear the phone. \_\_\_\_\_

Ian At 10 o'clock at night?

Tim Yes, and guess what. There was a strange woman at the other end of the garden.

Ian \_\_\_\_\_

Tim She was dancing. It looked like some kind of Indian dance.

Ian \_\_\_\_\_

Tim It started raining and I couldn't see her anymore. Do you think it was a ghost?

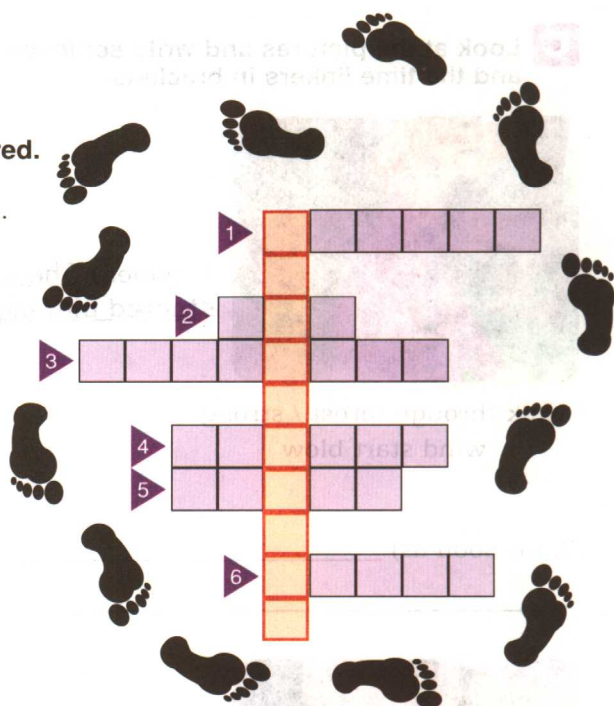
Ian \_\_\_\_\_

Tim What? You knew about this?

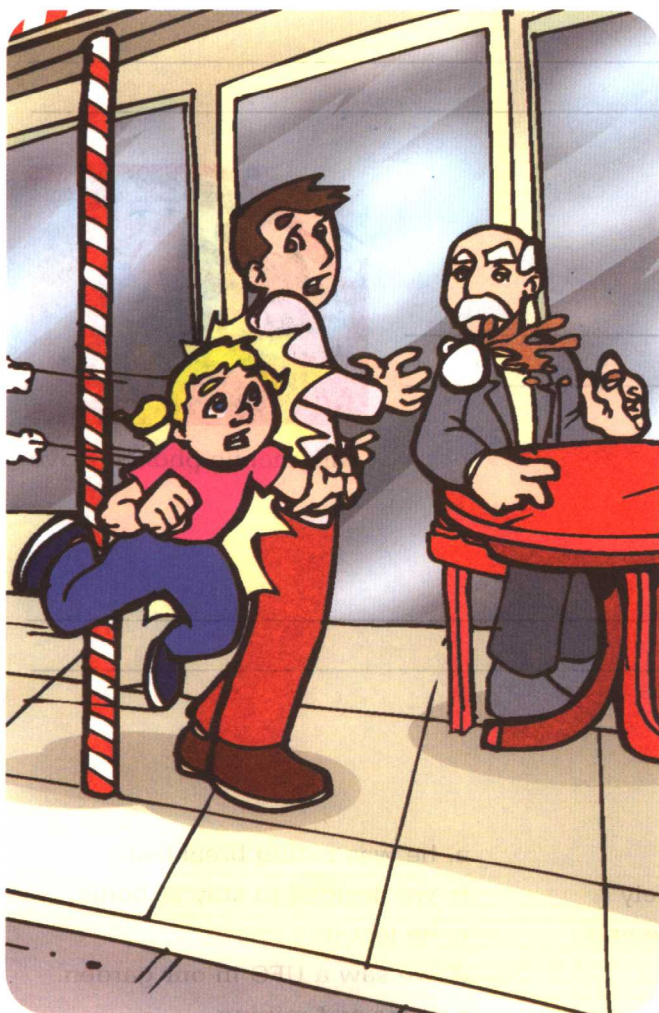
# Lesson Two

## A Complete the sentences and the grid and find the word in red.

1. There are lots of corn \_\_\_\_\_ near my village.
2. Unfortunately, the radio fell on my foot and I broke my little \_\_\_\_\_.
3. There's a lot of snow on the \_\_\_\_\_.  
Let's go skiing.
4. The children sat in a(n) \_\_\_\_\_ on the floor and played the game.
5. "E.T.- The Extra-Terrestrial" is a film about a(n) \_\_\_\_\_ that comes to Earth.
6. My father often goes on business \_\_\_\_\_.



## B Complete the story with the Past Simple or the Past Progressive of the verbs in brackets.



When I \_\_\_\_\_ (be) a student at university, I \_\_\_\_\_ (get) a job as a waiter at a café. On my second day on the job, one of my teachers, Mr Higgins, \_\_\_\_\_ (come) to have a cup of coffee. He \_\_\_\_\_ (sit) alone, so I \_\_\_\_\_ (go) to talk to him. He \_\_\_\_\_ (remember) my name and we \_\_\_\_\_ (talk) for some time. Then he \_\_\_\_\_ (order) a cup of coffee and I \_\_\_\_\_ (go) back to the kitchen to get it. I \_\_\_\_\_ (try) to make a really good impression on my teacher but in the end I \_\_\_\_\_ (make) a fool of myself. I \_\_\_\_\_ (stand) next to Mr Higgins with his cup of coffee in my hand ready to give it to him when something terrible \_\_\_\_\_ (happen). A little girl \_\_\_\_\_ (run) around the café and she \_\_\_\_\_ (run) into me and I \_\_\_\_\_ (fall) on Mr Higgins. There was coffee everywhere, especially on Mr Higgins's suit.



**C** Look at the pictures and write sentences. Use the prompts, the Past Simple or the Past Progressive and the time linkers in brackets.



1. (when) She was walking through the forest when a strong wind started blowing.

walk through forest / strong wind start blow

2. (as soon as) \_\_\_\_\_  
\_\_\_\_\_



climb tree / see dog



walk / find money

3. (when) \_\_\_\_\_  
\_\_\_\_\_

4. (while) \_\_\_\_\_  
\_\_\_\_\_



talk mobile phone / drive



dance / fall down

5. (as) \_\_\_\_\_  
\_\_\_\_\_

**D** Match the two halves of the sentences.

1. We were swimming in the sea when suddenly
2. Tony was wearing a hat at school today but unfortunately
3. We were talking for hours about where to go and in the end
4. John started cooking as soon as
5. We looked out of the window and to our surprise
6. Mr Dane was reading a newspaper while

- a. he was eating breakfast.
- b. we decided to stay at home.
- c. he lost it.
- d. we saw a UFO in our garden.
- e. it started raining.
- f. he arrived home.