

# 中学英语



# 听力超越

**IMPROVE YOUR LISTENING**  
**For Junior High School Students**

## 八年级

主编 高分

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# 前言

## FOREWORD

在听、说、读、写四种能力中,听是最基础的,也是相当重要的。有研究表明,听力占整个语言交际活动的 45%。一开始学习英语就重视听力的训练,会给学生进一步学习带来极大的帮助和乐趣。重视听不仅能帮助学生在口头上与对方交流思想,而且还会促进他们读、写能力的提高。

新课程标准的实施对中学生英语听力水平提出了更高的要求,即:要能根据语调和重音理解对话的含义;能听懂对话,并从中获取信息和观点;能借助语境克服生词障碍,理清事件因果关系;在听的过程中能用适当的方式进行记忆。

但是目前,中学生的英语听力水平与新课标所规定的目标尚存一定的差距,许多学生对笔试得心应手,对听力测试却望而生畏。

要解决这一问题,提高同学们的英语听力水平,让听力在英语考试中由“拖分”变为“拉分”,唯一的办法是让同学们从初中一年级就开始听大量原汁原味的听力训练材料。我们这套书就是为适应这一要求,精心为同学们编写的。

本书的特点是:紧贴新课标、新考纲,选材广泛,能够全面训练同学们在不同生活情景下的语言接受能力;考查内容按中考要求,主要放在对文章的整体理解、对细节的把握和适当的推理上;题型具有一定的前瞻性,加入了江浙和上海等地中考已经出现、最能有效考查学生听力水平的多种形式的连线和填空补缺题型;趣味性和时代性强,语音纯正,由欧美教师录音。

我们这套书是按年级编写,作者均是经验丰富的一线中学教师,内容由浅入深,循序渐进,分别适合七、八、九年级师生使用,既可配合课堂学习,又可作为课外补充材料。

我们衷心希望这套书能对同学们的英语学习有所帮助!最后,祝购买此书的同学们英语听力有大的进步!

编者

2008 年 4 月



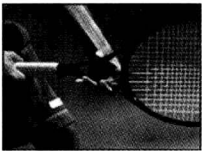


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## Test 1

I. Listen and fill in the chart. 请听对话, 根据对话内容完成表格。(对话读两遍)

Activities	Order (1—5)	How often
	A— _____	1. _____
	B— _____	2. _____
	C— _____	3. _____
	D— _____	4. _____
	E— _____	5. _____

II. Listen and judge. 请听短文, 根据短文内容判断正(T)误(F)。(短文读一遍)

- ( ) 6. The old saying tells us we should be healthy, rich and clever.
- ( ) 7. Children should sleep for 10 hours every night.
- ( ) 8. The writer says playing games is not an exercise.
- ( ) 9. Exercise helps the body get more blood and helps people to think better.

( ) 10. The passage mainly tells us the importance of exercising.

III. Listen and fill in the blanks. 请听对话, 根据对话内容填入所缺的单词, 一空一词。(对话读两遍)

Betty is talking to a 11. \_\_\_\_\_ about her lifestyle. She 12. \_\_\_\_\_ every day. She plays basketball 13. \_\_\_\_\_ a week and plays baseball 14. \_\_\_\_\_ a week. She tries to eat a lot of 15. \_\_\_\_\_ and fruit. She drinks 16. \_\_\_\_\_ every day, 17. \_\_\_\_\_ she doesn't like it. Her mother asks her to do it, because she says it is good for her 18. \_\_\_\_\_. She 19. \_\_\_\_\_ drinks coffee. Of course, she 20. \_\_\_\_\_ junk food, but she tries to eat it only once a 21. \_\_\_\_\_. She 22. \_\_\_\_\_ about 9 hours every night. Betty thinks she has a 23. \_\_\_\_\_ lifestyle and it helps her get good 24. \_\_\_\_\_.

IV. Listen and choose. 请听短文, 根据短文内容选择最佳答案。(短文读一遍)

( ) 25. What exercise doesn't Mr. Fang do?

- A. He runs every morning.
- B. He runs every evening.
- C. He goes to work on foot every day.
- D. He plays different games with his friends.

( ) 26. What does Mr. Fang possibly do?

- A. He's a middle school student.
- B. He's a driver.
- C. He's a teacher.
- D. He's a sports man.

( ) 27. How often did Mr. Fang exercise last year?

- A. Every day.
- B. Twice a week.
- C. Hardly ever.
- D. Sometimes.

( ) 28. From the passage, we know "a yoga class" is \_\_\_\_\_.

- A. a class that helps us to improve our study
- B. a class that helps us to keep healthy
- C. a class that teaches us how to drive a car
- D. a class that teaches us how to play games

( ) 29. Which of the following is NOT TRUE?

- A. Mr. and Mrs. Fang used to walk a lot.
- B. Mr. Fang must get to work at 7:00 am.

- C. There is a drugstore near Mr. Fang's house.
- ( ) 30. What's the main idea of the passage?
- A. It's important to keep healthy.
- B. Mr. and Mrs. Fang are very healthy.
- C. We should exercise often as the Fangs do to keep healthy.
- V. Listen and choose. 请听短文, 根据短文内容选择最佳答案。(短文读一遍)
- ( ) 31. The businessman couldn't fall asleep at night because \_\_\_\_\_.  
A. he was seriously ill  
B. he was worried about his business  
C. he had worked too much, and too tired to fall asleep
- ( ) 32. The businessman \_\_\_\_\_.  
A. slept less than two hours at night  
B. slept more than two hours at night  
C. worked at night and slept during the day
- ( ) 33. The doctor \_\_\_\_\_.  
A. told the man he wasn't seriously ill and would soon be better  
B. looked over the man carefully but didn't give him any medicine  
C. just gave the man some medicine but didn't give him any tests
- ( ) 34. The businessman visited the doctor again and again \_\_\_\_\_.  
A. because he wanted some more medicine  
B. because he felt better and went to thank the doctor  
C. because he still couldn't sleep at night
- ( ) 35. The businessman grew worse because \_\_\_\_\_.  
A. he didn't take any medicine at all  
B. the doctor gave him some wrong medicine  
C. his wife gave him the wrong medicine



# Test 2

I. Listen and number. 请听对话, 将下面的图片重新排序。(对话读一遍)



A



B



C



D



E

1. \_\_\_\_\_ → 2. \_\_\_\_\_ → 3. \_\_\_\_\_ → 4. \_\_\_\_\_ → 5. \_\_\_\_\_

II. Listen and fill in the chart. 请听对话, 根据对话内容完成表格。(对话读两遍)

Name	Problem	Should	Shouldn't
Tony	6.	7.	8.
Amy	9.	10.	11.
Cathy	12.	13.	14.

III. Listen and judge. 请听短文, 根据短文内容判断正(T)误(F)。(短文读一遍)

- ( ) 15. Henry is a little heavier than he wants to be.  
 ( ) 16. Susan is younger, thinner and healthier than Henry.  
 ( ) 17. Henry and Susan do exercise every day.  
 ( ) 18. Henry doesn't eat much sugar because he doesn't like it.  
 ( ) 19. Susan never eats meat, but eats a lot of fruit and vegetables.  
 ( ) 20. Susan swims very often and she runs about two kilometers every day.

IV. Listen and fill in the blanks. 请听短文, 根据短文内容填入所缺的单词, 一空一词。(短文读两遍)

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( )31. The writer likes \_\_\_\_\_ for his meals.

- ( )32. Who cooks meals for the family?

- ( )33. When do the family usually have fruits?

- ( )34. The writer likes \_\_\_\_\_ best.

- A. peas      B. potatoes      C. tomatoes      D. cabbages

( )35. The writer keeps \_\_\_\_\_.

- A. happy      B. healthy      C. ill      D. angry

( )36. Mr. Robinson \_\_\_\_\_ when his teeth began hurting a lot.

- A. didn't see the doctor  
B. was afraid to see the doctor  
C. went to see the doctor  
D. wanted to see the doctor

(     )37. \_\_\_\_\_ cost twenty-five pounds.

- A. The first day's work                      B. Half of the doctor's work  
C. One month's work                        D. All the doctor's work

( )38. When did Mr. Robinson give the doctor a call?

- A. A long time ago.                      B. After he paid him.

- C. About thirty days later.      D. About twenty days later.
- ( ) 39. The dentist said he never asked \_\_\_\_\_ first.
- A. a lady for money      B. the poor for money
- C. gentlemen for money      D. people for much money
- ( ) 40. Which of the following is NOT TRUE?
- A. It was the first time for Mr. Robinson to see a dentist.
- B. The dentist didn't ask Mr. Robinson for money on the last day.
- C. Mr. Robinson didn't want to pay the dentist.
- D. The dentist never asks his patient for money until two months later if the patient doesn't pay him quickly.

## Test 3

I. Listen and number. 请听对话, 将下面的图片重新排序。(对话读一遍)



A



B



C



D



E

1. \_\_\_\_\_ → 2. \_\_\_\_\_ → 3. \_\_\_\_\_ → 4. \_\_\_\_\_ → 5. \_\_\_\_\_

II. Listen and judge. 请听短文, 根据短文内容判断正(T)误(F)。(短文读一遍)

- ( ) 6. The Wilsons usually stay at the beach for a week.  
 ( ) 7. There are no swimming pools there.  
 ( ) 8. The Wilsons always stay at the same hotel but different rooms.  
 ( ) 9. The Wilsons can enjoy a good view of the ocean from their windows at the hotel.  
 ( ) 10. The children feel a little sad at the end of the vacation because they don't want to go to school.

III. Listen and fill in the chart. 请听对话, 根据对话内容完成表格。(对话读两遍)

Name	Vacation Plans
Mary	11.
Dave	12.
Tony	13.
Amy	14.
Mike	15.

IV. Listen and fill in the blanks. 请听对话, 根据对话内容填入所缺的单词。(对话读两遍)

Tom and Mary are talking about their 16. \_\_\_\_\_. Tom is going to Washington to visit his 17. \_\_\_\_\_ with his family. They are leaving next 18. \_\_\_\_\_. But his brother is staying at home. He is 19. \_\_\_\_\_. They are 20. \_\_\_\_\_ in Washington and seeing friends in Virginia. Mary's family are going to the 21. \_\_\_\_\_ and 22. \_\_\_\_\_ at home. She is 23. \_\_\_\_\_ with her father for a few days. Her mother and sister 24. \_\_\_\_\_ going with them because they 25. \_\_\_\_\_ it.

V. Listen and choose. 请听短文,根据短文内容选择最佳答案。(短文读一遍)

- ( ) 26. What does the passage tell us?  
 A. How the writer spent his summer vacation.  
 B. What the weather was like that summer.  
 C. How the writer learned to swim.  
 D. Where the writer took a walk.
- ( ) 27. How long did it take the writer to study?  
 A. Half an hour. B. Three hours or more.  
 C. Only one hour. D. Two hours and a half.
- ( ) 28. The writer spend most of the afternoon \_\_\_\_\_.  
 A. listening to music B. visiting his friends  
 C. walking in the garden D. swimming
- ( ) 29. The writer had a very good summer vacation because he \_\_\_\_\_.  
 A. worked hard at everything  
 B. learned to swim and did his work well  
 C. got up early and went home late  
 D. liked swimming better than studying
- ( ) 30. Which of the following is NOT TRUE?  
 A. The writer made progress in his lessons.  
 B. The writer took a walk for half an hour before breakfast.  
 C. The writer began studying as soon as he got up.  
 D. The writer spent more time swimming than listening to music.

VI. Listen and choose. 请听短文,根据短文内容选择最佳答案。(短文读一遍)

- ( ) 31. The three friends came to New York to \_\_\_\_\_.  
 A. sing songs B. tell jokes  
 C. spend their holiday D. live in a large hotel

- ( )32. They had to walk up to their room because \_\_\_\_\_.  
A. they came back very late  
B. the man of the hotel wanted them to  
C. they wanted to take exercise  
D. the lifts were broken and they didn't want to sleep in the hall
- ( )33. What did they NOT do on the way to their room?  
A. Tom told them many jokes.  
B. David sang them some songs.  
C. John told them a long interesting story with a sad ending.  
D. They had a rest on the 34th floor.
- ( )34. At last they would certainly feel sad because \_\_\_\_\_.  
A. they were tired  
B. the man of the hotel didn't make beds for them  
C. they lost their key in the cinema  
D. they didn't have the key to their room
- ( )35. The best title for this passage is \_\_\_\_\_.  
A. A sad story  
B. A long journey hotel  
C. A large hotel  
D. A bad lift

# Test 4

I. Listen and fill in the chart. 请听短文, 根据短文内容完成表格。(短文读两遍)

Name	How to go to work (school)
Kate	1.
Ann	2.
Tom	3.
Ann's father	4.
Ann's mother	5.

II. Listen and judge. 请听短文, 根据短文内容判断正(T)误(F)。(短文读一遍)

- ( ) 6. I took a taxi to the London Airport because I must catch the plane at 11:20.  
 ( ) 7. I found a bag on the seat. And the taxi driver didn't know whose it is.  
 ( ) 8. The driver drove the taxi to the police station soon.  
 ( ) 9. The owner (主人) of the bag was an old man with white hair.  
 ( ) 10. The owner didn't know he had lost his bag at all.  
 ( ) 11. The taxi driver looked for the owner all the way and found him at last.  
 ( ) 12. The owner followed the driver by taxi to get his bag.

III. Listen and answer. 请听对话, 根据对话内容回答问题。(对话读两遍)

13. What time does Emilio usually get up?

\_\_\_\_\_.

14. What time does Emilio usually leave home?

\_\_\_\_\_.

15. What time does Emilio usually get to school?

\_\_\_\_\_.

16—23. How does Emilio get to school? How long does it take?

How: 16. \_\_\_\_\_ → 17. \_\_\_\_\_ → 18. \_\_\_\_\_ → 19. \_\_\_\_\_.

How long: 20. \_\_\_\_\_ → 21. \_\_\_\_\_ → 22. \_\_\_\_\_ → 23. \_\_\_\_\_.

24. How far is it from the school to her house?

\_\_\_\_\_

25. Would Emilio follow Mr. Green's advice (建议)?

\_\_\_\_\_

IV. Listen and fill in the blanks. 请听短文, 根据短文内容填入所缺的单词。(短文读两遍)

From the passage, we know the writer thinks English is a 26. \_\_\_\_\_ in the form of language. He writes letters and e-mails in English to his 27. \_\_\_\_\_ in many cities and countries. In the letters and e-mails they talk about their 28. \_\_\_\_\_, schools, teachers and all kinds of 29. \_\_\_\_\_. He is learning English very hard because he hopes he can 30. \_\_\_\_\_ for 2008 Olympic Games.

V. Listen and choose. 请听短文, 根据短文内容选择最佳答案。(短文读一遍)

- ( ) 31. Which of the following is NOT the reason why the writer doesn't like to travel by plane?
- A. You have to wait for hours for the plane to take off.  
B. The plane is fast.  
C. You can't open the windows of the plane.  
D. It takes hours to go out of the airport and into the city.
- ( ) 32. Which is NOT the good thing about the train?
- A. It is safe.  
B. It takes a little more time.  
C. You can open the window.  
D. You can walk around in the train.
- ( ) 33. If you want to take a lot of things with you, what do you take to go out?
- A. A bus.      B. A car.      C. A train.      D. A bike.
- ( ) 34. What is bad thing about the car?
- A. You needn't go to a station.  
B. You can start your journey when you want to.  
C. There are too many cars on the road.  
D. You needn't go to a bus stop.
- ( ) 35. What does the writer think of the plane, train and car?
- A. He thinks it takes a lot of time to go to and get out of the airport.



- B. He likes to take a train because it takes a little more time.
- C. He likes to take a car because he has a car.
- D. He likes to take a plane because it's fast.

VI. Listen and choose. 请听短文, 根据短文内容选择最佳答案。(短文读一遍)

- ( ) 36. My brother is very excited because \_\_\_\_\_.
  - A. he has many friends in other countries
  - B. he has never traveled by plane
  - C. he wants to buy some books in Italy
  - D. he has never been overseas (出国)
- ( ) 37. We're coming back home by \_\_\_\_\_.
  - A. sea              B. air              C. bus              D. train
- ( ) 38. In Europe, we will \_\_\_\_\_.
  - A. go sightseeing at the seaside
  - B. go to different countries by ship
  - C. buy a lot of presents
  - D. go from place to place by train or by bus
- ( ) 39. My wife works in a \_\_\_\_\_.
  - A. hospital      B. factory      C. shop      D. school
- ( ) 40. My brother and my children would like to \_\_\_\_\_.
  - A. do some shopping in Europe
  - B. study the Italian language in Italy
  - C. enjoy a trip by ship
  - D. learn French in France