

# 精粹英语 ESSENTIAL ENGLISH

2

C.E. 艾克斯利 著

J.M. 艾克斯利 修订 / 周成刚 缪华伦 编译



译林出版社

YILIN PRESS

凤凰出版传媒集团



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江苏工业学院图书馆

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藏书章

插图

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以及选自《笨拙周报》和《幽默家》

供外国学生使用

2

## 图书在版编目(CIP)数据

精粹英语. 2 / (英)艾克斯利 (Eckersley, C. E.) 著; 周成刚, 缪华伦编译. —南京: 译林出版社, 2006. 1

ISBN 7-80657-785-8

I. 精… II. ①艾…②周…③缪… III. 英语—自学参考资料 IV.H31

中国版本图书馆CIP数据核字 (2004) 第045306号

© Longman Group Ltd 1970

This edition of ESSENTIAL ENGLISH FOR FOREIGN STUDENTS (Book Two) is published by arrangement with Pearson Education Ltd.

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登记号 图字: 10-2004-142号

- |      |   |
|------|---|
| 书 名  | 精粹英语 (第二册)  |
| 主 编  | [英国] C. E. 艾克斯利   |
| 修 订  | [英国] J. M. 艾克斯利   |
| 编 译  | 周成刚 缪华伦   |
| 责任编辑 | 姚 焱   |
| 封面设计 | 马术明   |
| 插 图  | A. E. 比尔德      D. 吉尔切克<br>A. S. 格雷厄姆      大卫·奈特<br>以及选自《笨拙周报》和《幽默家》 |
| 出版发行 | 凤凰出版传媒集团<br>译林出版社 (南京市湖南路47号 210009)                                |
| 电子信箱 | yilin@yilin.com   |
| 网 址  | http://www.yilin.com  |
| 集团网址 | 凤凰出版传媒网 http://www.ppm.cn   |
| 印 刷  | 南京人民印刷厂   |
| 开 本  | 787 × 1092 毫米 1/16  |
| 印 张  | 22.5  |
| 版 次  | 2006年1月第1版 2006年1月第1次印刷   |
| 标准书号 | ISBN 7-80657-785-8/G·162  |
| 定 价  | 48.00 元(含MP3光盘一盘)   |

译林版图书若有印装错误可与出版社联系

# 前 言

《精粹英语》是教授外国学生英语的教程。它的主要对象是成人，不过年轻学生也可使用。学生认认真真学完这四册书——本书为第二册——应该能扎实地掌握英语的基本结构和句型，掌握一定数量然而非常实用的词汇，能够既熟悉日常口语，又熟悉较为文学性的英语。

本教程对其中的语法材料进行了循序渐进并且有系统的介绍，每课含有大量训练材料和练习。词汇——每册大约五百个单词——随着课文的展开而自然地引出，每册书后附有总词汇表及其国际音标。

《精粹英语》长年获得成功并深受众望，原因之一无疑是人们对本书中的“人物”——普里斯特利先生、他的家人以及他的一群学生——怀有兴趣。这为本课程提供了一个框架，学生几乎是不知不觉就被卢雪儿、皮德罗、欧拉夫、贾恩、付莉达——当然还有霍白——的个性和日常生活吸引住了。通过他们的眼睛，我们不仅碰到了英语学习方面的问题，而且也碰到了在异国他乡生活方面的问题。

虽然父亲的这套新版教程“面目一新”，但它与以前的历次版本的内容基本一致，我相信一直在使用这套教程的老师很快就会运用自如的。有些材料——尤其是关于英国日常生活方面的——迫切需要更新，这项工作已在新版本中完成。我也改写并扩充了许多语法说明，我希望师生们将会发觉这些部分更加清晰、更加有用。许多练习已作了修订，有些是重新写的，许多插图也是重画的。

我的父亲始终非常乐于接收来自教程使用者的评论与建议，并能够在准备修订时采纳。我也发现这些评论乃是无价之宝，我将非常高兴地听取师生们的批评和改进意见。

J. M. 艾克斯利

## Preface

*Essential English* is a course for the teaching of English to foreign students. It is intended principally for adults, although it can also be used with younger learners. After working thoroughly through the four books, of which this is the second, the student should have a sound mastery of the basic structures and sentence patterns of the language, a limited but very practical vocabulary, and a familiarity both with everyday colloquial speech and with more literary forms of the language.

The grammatical material is introduced progressively and systematically and each lesson contains copious drill material and exercises. The vocabulary—about 500 words in each book—is introduced naturally as the lessons unfold, and a complete word list, together with phonetic transcriptions, will be found at the end of each book.

One reason for the success and popularity which *Essential English* has enjoyed for many years is surely the interest in the “characters”—Mr. Prisetley, his family and his group of students. This provides the framework for the course, and almost without realising it the learner becomes absorbed in the personalities and everyday lives of Lucille, Pedro, Olaf, Jan, Frieda—and, of course Hob. Through their eyes we encounter not only the problems of learning English but also those of living in an unfamiliar country.

In spite of the “new look” of this new edition of my father’s course, it remains fundamentally the same as previous editions, and I believe that teachers who have been using them will quickly feel completely at home with it. Some of the material—particularly that dealing with everyday life in Britain—urgently needed bringing up to date, and this has been done. I have also re-written and expanded much of the grammatical explanation, and I hope that teachers and students will find these sections clearer and more useful. A number of exercises have been revised, and in some cases re-written, and many of the illustrations have been re-drawn.

My father was always very glad to receive comments and suggestions from users of the course, and was able to make use of these when preparing revisions. I too have found such comments invaluable and shall be very glad to hear from teachers and students who have criticisms or can suggest improvements.

J.M.E.

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# Lesson 1

## (First Lesson)

### The Priestley's House

You have heard (in Book I) about Mr. Priestley and his students. I want, now, to tell you something about his house. He is an old friend of mine, and I went to visit him about a fortnight ago and stayed at his house for the week-end.

He lives in a very nice house. It is called "The Pines" and is about ten miles from London. There is a big garden all round it, and I went in at the garden gate and walked along the path to the front door. There is a smooth lawn in front of the house with beds of roses in it. I knocked at the front door. Mr. Priestley opened it



and, with a smile and some words of welcome, shook hands with me, and we went into the hall. Then Mrs. Priestley came to greet me.

I said, "How do you do?" and gave her the flowers that I had bought for her.

She said, "Oh, thank you. What beautiful roses! How kind of you to bring them! I love roses, and ours haven't been good this year. These are lovely."

She took them away to put them in water, and Mr. Priestley and I went into the sitting-room and sat down in armchairs in front of the fire, for it was a rather cold day and I was very pleased to see the bright fire burning in the fireplace.



Their sitting-room is quite a big room, about 25 feet long by 15 feet wide. There was a thick carpet on the floor. One or two good water-colours hung on the walls, and there was a large and very interesting oil-painting that I hadn't seen before. There was a piano on one side of the room (both Mr. and Mrs. Priestley are fond of music, and Mrs. Priestley plays the piano beautifully). There were three or four comfortable armchairs, a radio, and three or four bookcases filled with books. On a small table near the window there were copies of *The Times*, *Punch* and some foreign newspapers and magazines. Mrs. Priestley returned with the roses in a bowl, which she put on the table, and a few minutes later Susan<sup>1</sup> came in with tea and a very nice cake.

I had expected to see John Priestley and Margaret. I had brought a box of chocolates for her; I knew she liked chocolates, but they told me John was up at Oxford and Margaret had gone to a birthday party at the house of a friend of hers. After we had chatted for a little time, Mrs. Priestley said, "Will you excuse me, please? I want to see about the dinner. Did you know that Lizzie<sup>1</sup> had left us?"

"No, I didn't," I said.

"Yes," continued Mrs. Priestley, "she got a letter about a month ago to say that her sister-in-law had died, and so Lizzie has gone to keep house for her brother. That cake that we had at tea was hers; she sent it to me yesterday. Since she left, I have done the cooking and baked the cakes, but mine are never as good as hers."

"Nonsense, my dear; I don't think Lizzie's cakes were any better than yours," said Mr. Priestley, loyally.

"Take no notice of Charles," said Mrs. Priestley with a smile. "They say love is blind; it seems to me he can't taste, either. My husband's ideas about grammar are, I am sure, better than mine, but when it's a question of ideas about cakes, mine are far better than his."

She went out, and Mr. Priestley said, "It's bad luck about Lizzie, isn't it? I'm afraid

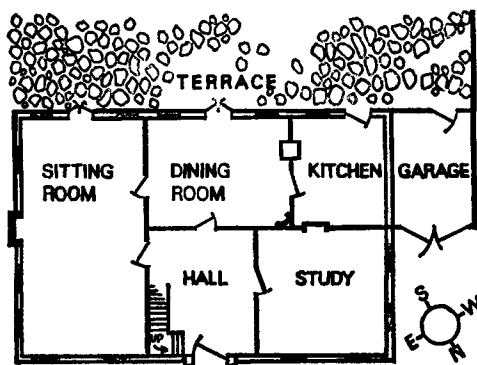
<sup>1</sup> You met Susan, the maid, and Lizzie, the cook, in Book I.

Susan will go, too, before long. A young fellow near here, Joe Marsden, has asked her to marry him. He is trying to buy a café in the High Street. The café is not his yet, but I think he'll get it, and, when it is his, I'm pretty sure Susan will marry him and go to help him to run the café. It will make things difficult for my wife. Ours is quite a big house for one woman to run, and it's almost impossible, nowadays, to get help in the house."

After a little time Mrs. Priestley joined us again and said, "Dinner is ready," so we went to the dining-room, a pleasant-looking room with a Persian carpet on the floor, a dark oak dining-table, six chairs and a sideboard. A red lampshade gave a warm colour to the room, and an electric fire kept it comfortable while we had dinner. Susan drew the brown velvet curtains across the windows as it was now quite dark outside, and we sat down to dinner, a very English one—roast beef and Yorkshire pudding, roast potatoes, and cabbage grown in their own garden, followed by apple-pie with thick cream and sugar.

When we had finished dinner, Susan took the dishes from the dining-room to the kitchen, and Mrs. Priestley went with her to make coffee. Mr. Priestley took me to his study to show me some of his books.

After a quarter of an hour or so, Mrs. Priestley came to tell us she had made the coffee and it was in the sitting-room. So we went there to take coffee and talk together and listen to the news on the radio. Then Mrs. Priestley played some Chopin, my favourite composer for the piano. It was now eleven o'clock and I was feeling rather tired. Mr. Priestley saw this and said, "You have had a tiring day and you look sleepy; come along upstairs to your bedroom."



Plan of the house.

Upstairs there are five bedrooms, a bathroom and a lavatory. We went to my room and he said, "Here you are. There is running water in your room and you can wash

there or go to the bathroom, whichever you prefer. You will find soap in the soup-dish, and here are your towels. Put on the electric fire and warm your pyjamas before putting them on. There are sheets and three blankets on your bed, and my wife has put a hot-water bottle in it, but if you are not warm enough there is an eiderdown here. Now, do you want anything else?"

I said, "Oh, no, thank you. I shall be very comfortable." He added, "We have breakfast rather early—about a quarter past eight—but you can, of course, come down later if you like and have breakfast then."

I said, "I will come down and have breakfast with you."

"All right," he said, "I'll bring you a cup of tea at half past seven; that will give you time to get properly awake, shave and have a bath before breakfast if you feel like it. It will be all right if you take a bath about a quarter to eight. I have mine at seven, and my wife and Margaret take theirs in the evening."

"Splendid," I said; "thank you very much. Good night."

## NEW WORDS 生词

**mine** /maɪn/ *pron.* (I 的物主代词绝对形式)

我的

**week-end** /'wi:k'end/ *n.* 周末

**pine** /paɪn/ *n.* 松树

**smooth** /smu:ð/ *a.* 平整的, 平坦的

**lawn** /lɔ:n/ *n.* 草地, 草坪

**rose** /rəʊz/ *n.* 玫瑰

**knock** /nɒk/ *vi.* 敲, 敲打

**smile** /smaɪl/ *n.* 微笑

**welcome** /'welkəm/ *n.* 欢迎

**shake** /ʃeɪk/ *vt.* 握手

**greet** /gri:t/ *vt.* 迎接

**ours** /'aʊəz/ *pron.* (we的物主代词绝对形式) 我们的

**carpet** /'kɑ:pɪt/ *n.* 地毯

**water-colour** /'wɔ:tə'kɒlə/ *n.* 水彩画

**hang** /hæŋ/ *vi.* 悬挂

**oil-painting** /'ɔɪl'peɪntɪŋ/ *n.* 油画

**bookcase** /'bʊkkeɪs/ *n.* 书架, 书柜

**fill** /fɪl/ *vt.* 装满

**the Times** (英国)《泰晤士报》

**Punch** /pʌntʃ/ *n.* 《笨拙周报》(一种适合中产阶级趣味的伦敦幽默刊物)

**return** /rɪ'tʃɪn/ *vi.* 回返, 归还

**bowl** /bəʊl/ *n.* 碗, 钵

**Susan** /'su:zən/ *n.* 苏珊(女子名)

**Priestley** /'pri:stli/ 普里斯特利(姓)

**John** /dʒɒn/ *n.* 约翰(男子名)

**Margaret** /'mɑ:gərit/ *n.* 玛格丽特(女子名)

**Oxford** /'ɒksfəd/ *n.* 牛津

**hers** /hɜ:z/ *pron.* (she的物主代词绝对形式) 她的

**chat** /tʃæt/ *vi. & n.* 聊天

**excuse** /ɪks'kju:z/ *vt.* 请求原谅

**Lizzie** /'lɪzi/ *n.* 莉齐(女子名)

**continue** /kən'tɪnju:/ *vt.* 继续说

**sister-in-law** /'sɪstəɪnlɔ:/ *n.* 嫂子, 弟媳

**keep** /ki:p/ *vt.* 管理

**bake** /beɪk/ *vt.* 烘; 焙, 烤  
**nonsense** /'nɒnsəns/ *int. & n.* 胡说, 废话  
**loyally** /'lɔɪəli/ *ad.* 忠诚地  
**blind** /blaɪnd/ *a.* 瞎的, 盲目的  
**luck** /lʌk/ *n.* 运气, 命运  
**afraid** /ə'freɪd/ *a.* (作表语) 害怕的, 遗憾的  
**Joe Marsden** /dʒəʊ'mɑ:sden/ 乔·马斯顿  
**café** /'kæfeɪ/ *n.* 咖啡馆  
**impossible** /ɪm'pɒsəbl/ *a.* 不可能的, 办不到的  
**nowadays** /'naʊədeɪz/ *ad.* 现今, 现在  
**join** /dʒɔɪn/ *vt.* 参与, 加入  
**Persian** /'pɜ:ʃən/ *a.* 波斯的  
**oak** /əʊk/ *n.* 橡木  
**sideboard** /'saɪdbɔ:d/ *n.* 餐具柜  
**lampshade** /'læmpʃeɪd/ *n.* 灯罩  
**electric** /ɪ'lektrɪk/ *a.* 电的, 电动的, 电气  
**velvet** /'velvɪt/ *a.* 天鹅绒制的  
**curtain** /'kɜ:tən/ *n.* 帘  
**pudding** /'pu:dɪŋ/ *n.* 布丁, 甜点心  
**Yorkshire** /'jɔ:kʃɪə/ *n.* 约克郡  
**grow** /grəʊ/ *vt.* 种植, 栽培, 培育

**pie** /paɪ/ *n.* 馅饼  
**Chopin** /'ʃəʊpən/ *n.* 肖邦 (1810-1849 波兰作曲家、钢琴家)  
**favorite** /'feɪvərɪt/ *a.* 特别喜爱的  
**composer** /kəm'pəʊzə/ *n.* 作曲家  
**terrace** /'terəs/ *n.* 大阳台  
**garage** /'gærɑ:dʒ/ *n.* 车库  
**plan** /plæn/ *n.* 平面图  
**kitchen** /'kɪtʃɪn/ *n.* 厨房  
**upstairs** /'ʌp'steəz/ *ad.* 向楼上, 在楼上  
**bathroom** /'bɑ:θru:m/ *n.* 浴室  
**lavatory** /'lævətəri/ *n.* 厕所  
**prefer** /prɪ'fɜ:/ *vt.* 更喜欢  
**soap** /səʊp/ *n.* 肥皂  
**dish** /dɪʃ/ *n.* 盘, 碟; (就餐时用过的) 所有餐具  
**pyjamas** /pə'dʒɑ:məz/ *n.* 睡衣裤  
**sheet** /ʃi:t/ *n.* 被单  
**blanket** /'blæŋkɪt/ *n.* 床毯  
**eiderdown** /'aɪdədaʊn/ *n.* 鸭绒被, 鸭绒垫  
**awake** /ə'weɪk/ *a.* 醒的  
**shave** /ʃeɪv/ *vi.* 修面, 刮脸  
**splendid** /'splendɪd/ *a.* 极好的

## 参考译文

### 普里斯特利夫妇之家

你们已经听说了普里斯特利先生及其学生的情况 (在第一册里), 现在我想给你们讲讲他的家。他是我的一位老朋友; 大约两周之前, 我曾去拜访他, 并在他家度过了周末。

他住在一栋非常好的屋子里。屋子名叫“松宅”, 离伦敦大约十英里。它周围是一个大花园; 我从花园大门进入, 沿着一条小径直到前门。屋子前面是一片平整的草坪, 里面点缀着一些玫瑰花坛。我敲了敲前门, 普里斯特利先生将门打开, 面带微笑地说着欢迎的话, 并与我握手, 我们一起进入大厅。接着, 普里斯特利夫人出来迎接我。

我说: “你好!” 并把我为她买的鲜花送给她。

她说: “啊, 谢谢你! 多漂亮的玫瑰花! 你真好, 给我带花来! 我就是喜欢玫瑰花; 今年我们的玫瑰花长得不好。这些花多么令人喜爱。”

她将花拿去放在水里，我和普里斯特利先生则进入会客室，坐到炉火前的扶手椅上，因为那天天气相当冷，我很愉快地看到火在壁炉里熊熊燃烧。

他们的会客室相当大，大约长二十五英尺，宽十五英尺。地板上铺着厚厚的地毯。墙上挂着一两幅优美的水彩画，还有一幅我以前从未见过的大而有趣的油画。房间一侧放着一架钢琴（普里斯特利夫妇均能弹一手好钢琴）。有三四张舒适的扶手椅，一台收音机，三四个放满了书的书柜。在窗子附近的一张小台子上，有几份《泰晤士报》和《笨拙周报》及一些外国的报章杂志。普里斯特利夫人端着盛放玫瑰花的钵盂回来了，她把花钵放在台子上；几分钟后，苏珊<sup>①</sup>端来茶水和一只很好的蛋糕。

我曾期望见到约翰·普里斯特利和玛格丽特。我给她带来了一盒巧克力，我知道她喜欢吃巧克力，可是他们告诉我，约翰已经去牛津大学了，玛格丽特则到她一个朋友家去参加生日聚会。

我们聊了一会儿之后，普里斯特利夫人说：“对不起，我要去料理晚饭了。你知道不知道，莉齐<sup>②</sup>已经离开我们了？”

“不知道。”我说。

“是呀，”普里斯特利夫人继续说，“大约一个月之前，她收到了一封信，说她的嫂子去世了，因此莉齐必须去帮她哥哥料理家务。刚刚我们喝茶时吃的那只蛋糕是她的，是她昨天送来给我的。自从她离开后，烧菜做饭以及焙蛋糕就由我来做了。不过我做的蛋糕从来就没有她的好。”

“瞎说，亲爱的，我认为莉齐的蛋糕并不比你的好到哪里去。”普里斯特利先生忠心耿耿地说。

“别听查尔斯的，”普里斯特利夫人微笑着说，“人家说爱情是盲目的，在我看来，他连味觉也丧失了。我确信，我丈夫的语法概念比我的好，但是当涉及到有关蛋糕概念时，我的就远远胜过他的了。”

她出去了；普里斯特利先生说：“莉齐真倒霉，是不是？恐怕苏珊要不了多久也要走了。这儿附近有一个名叫乔·马斯顿的小伙子要她嫁给他。他正在设法买下大街的一家咖啡馆。现在咖啡馆还不是他的，但是我认为他会买下它，一旦成为他的，我颇相信苏珊就会嫁给他，去帮助他经营咖啡馆。这一来我太太的日子就难过了。我们的房子由一个女子来管理是够大的，而现在要请人帮助理家几乎是不可能的。”

隔了一会儿，普里斯特利夫人又加入了我们，说道：“晚饭准备好了。”于是我们来到餐室，那是一个很雅观的房间，地板上铺着一条波斯地毯，有一张深色的橡木餐桌，六张椅子和一只餐具柜。一只红色的灯罩使餐室带上一层暖色，在我们用餐的时候，一只电热炉使房间里非常舒适宜人。苏珊拉上褐色的天鹅绒窗帘，因为外面天色已相当黑了。我们坐下来用餐，那是非常英国式的正餐——烤牛肉和约克郡布丁，烤土豆，他们自家院子里种的卷心菜，接着是一只有厚厚一层奶油和糖的苹果饼。

我们吃完晚餐后，苏珊将所有餐具从餐室拿到厨房间去，普里斯特利夫人跟着她去煮咖啡。普里斯特利先生把我带去他的书房，给我看他的一些书。

大约一刻钟后，普里斯特利夫人来告诉我们，她已经把咖啡煮好了，放在会客室里。于是我们来到会客室喝咖啡，一边聊天，一边收听无线电里的新闻。接下来，普里斯特

① 你们在第一册已经遇见女佣苏珊和厨娘莉齐。

利夫人弹了几首我偏爱的作曲家肖邦的钢琴曲。现在已经是十一点钟了，我感到相当疲劳。普里斯特利先生发觉了这一点，说：“今天够你累的了，你已经显得睡意朦胧；跟我上楼去你的卧室吧。”

楼上有五个卧室、一个浴室和一个卫生间。我们来到我的房间，他说：“就睡在这里。你的房间里有自来水，你可以在那里洗澡，也可以去浴室，随你喜欢。你在肥皂盘里可以找到肥皂，这里是你的毛巾。打开电热炉，烘暖睡衣后再穿上。你床上有床单和三条毯子，我的妻子已经在床上放了一只热水袋了。但是如果你仍不够暖的话，这里还有一条鸭绒被。嗯，你还需要其他什么东西吗？”

我说：“哦，不要了，谢谢你。我会感到很舒服了。”他补充道：“我们早餐吃的相当早——八点一刻——但是如果你喜欢，你当然可以迟些下楼，然后吃早饭。”

我说：“我会下来与你们共进早餐。”

“行，”他说，“我会在七点半给你送杯茶上来，让你有时间醒醒透，刮刮胡子，并且如果你想在早餐之前洗个澡的话就洗个澡。你在七点三刻洗澡不碍事，我七点钟洗澡，我妻子和玛格丽特在晚上洗。”

“好极了，”我说，“非常感谢。晚安。”

## PRONUNCIATION DRILL 发音训练

/i:/	/ɪ/			/æ/
greet	continue	blanket	reply	blanket
keep	excuse	coffee	favourite	chat
magazine	prefer	velvet	visit	lamp
sheet	pyjamas	carpet	splendid	magazine

/ɑ:/	/ɒ/	/ɔ:/	/ʊ/	/u:/
bath	bottle	floor	room <sup>1</sup>	smooth
carpet	copy	lawn	book	continue <sup>2</sup>
path	knock	board	shook	excuse <sup>2</sup>
pyjamas	nonsense	yours	pudding	

1 or /ru:m/

2 The sound here is /ju:/

/ɜ:/	/əʊ/	/ə/		
curtain	soap	afraid	continue	magazine
furniture	bowl	along	favourite	nonsense
	oak	awake	furniture	nowadays
	grow	composer	loyal	pyjamas

/aɪ/		/eə/
blind	mine	chair
die	reply	theirs
eiderdown	pie	upstairs
side	smile	



## Exercises

## 练习

1

Use in sentences of your own the following words:

用下列单词造句:

- |                |              |                 |
|----------------|--------------|-----------------|
| 1. comfortable | 2. lampshade | 3. path         |
| 4. carpet      | 5. velvet    | 6. lawn         |
| 7. bowl        | 8. pyjamas   | 9. welcome      |
| 10. sideboard  | 11. nowadays | 12. followed by |

2

Answer the following questions fully:

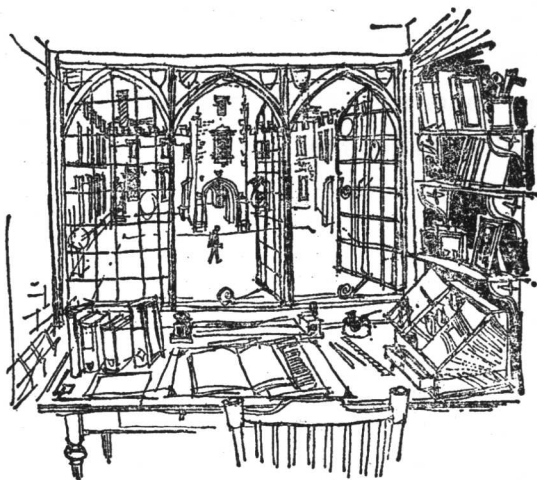
完整地回答下列问题:

1. Where is Mr. Priestley's house and what is it called?
2. What is there in front of the house?
3. What did Mrs. Priestley say about the roses?
4. Where were (a) John, (b) Margaret Priestley?
5. Describe (a) the sitting-room, (b) the dining-room.
6. What did they have for dinner?
7. Why had Lizzie left the Priestleys?
8. Why does Mr. Priestley think Susan will leave them?
9. What did Mr. Priestley say about his wife's cakes?
10. What was her reply?



## Dictation 听写

John Priestley is a student at Oxford University. He has a pleasant room in the oldest part of his college, and he can look through his window at the smooth green lawns and old grey walls of the buildings. There is a dark red carpet on the floor, and John has hung some bright-coloured modern pictures on the walls. Near the door there is a bookcase filled with books, and there are some more books on a shelf above his bed. When John is studying he sits at the table by the window. On the table there are some books and papers and also a few university newspapers



and magazines. Now John is making coffee; he is expecting a friend to come for a chat. On a plate there are some cakes that Mrs. Priestley has baked. It is getting dark, so John draws the curtains and puts on the light; it has a red lampshade. Then there is a knock at the door. His friend has come.

## Composition 作文

1. Describe the pictures on pages 1 and 2.
2. Describe the furniture etc., in (a) your sitting-room, (b) your dining-room, (c) your bedroom, (d) your kitchen.
3. Describe the house you would like to live in.