DRUG DELIVERY

An Integrated Clinical and Engineering Approach

Edited by
YITZHAK ROSEN
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Integrating the clinical and engineering aspects of drug delivery, this book offers a much needed comprehensive overview and patient-oriented approach for enhanced drug delivery optimization and advancement. Starting with an introduction to the subject and pharmacokinetics, it explores advances for such topics as oral, gastroretentive, intravitreal, and intrathecal drug delivery, as well as insulin delivery, gene delivery, and biomaterials-based delivery systems. It also describes drug delivery in cancer, cardiac, infectious diseases, airway diseases, and obstetrics and gynecology applications. Examining special clinical states requiring innovative drug delivery modifications, such as hypercoagulability often seen in pregnancy, cancer, and autoimmune diseases, the book also discusses methods for improved drug delivery in clinical settings using clinical end points, clinical trials, simulations, and other venues. It also describes the latest drug delivery advances involving nanomaterials, NEMS and MEMS devices, hydrogels, microencapsulation, lipids, stem cells, patches, and ultrasound. The book is rounded out by a chapter on the FDA regulatory and bioethical challenges involved in advancing drug delivery.

- Emphasizes an integrated clinical and engineering approach.
- Covers oral, gastroretentive, intravitreal, and intrathecal drug delivery, as well as insulin delivery, gene delivery, and biomaterials-based delivery systems.
- Describes the latest in drug delivery for cancer, cardiac, infectious diseases, airway diseases, and obstetrics and gynecology applications.
- Explores micro- and nanotechnology for drug delivery, including microneedle-mediated vaccines, microsponges, and nanoparticles as tracking systems.
- Examines special clinical states requiring innovative drug delivery modifications.
- Discusses methods for improved drug delivery in clinical settings.
- Discusses FDA regulation of drug delivery systems and bioethical challenges involved in advancing drug delivery.



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Foreword

This book is a comprehensive overview in the much needed area of drug delivery. It addresses a critical unmet need, the approach of integrating the clinical and engineering disciplines for drug delivery optimization and advancement. This integration is a must, requires a patient-oriented approach, and is a key foundation in drug delivery development.

Furthermore, the book focuses on important advances and discusses how an integrated approach was used for these advances. It consists of 21 chapters, starting with a thorough introduction to drug delivery and pharmacokinetics, followed by diverse clinical examples of this integration. The book discusses the following areas and their advances: oral and intrathecal drug delivery; insulin delivery and artificial pancreas; micro- and nanotechnology for drug delivery, including applications of micro- and nanotechnology in vaccines; inflammatory diseases; airway diseases and the use of nanoparticles as tracking systems; biomaterial-based delivery systems, including chitosan and microsponges; gene delivery, cancer drug delivery with a focus on stem cells; cardiac drug delivery; intravitreal drug delivery; and drug delivery in obstetrics and gynecology as well as an important chapter on FDA regulation of drug delivery systems.

As an experienced clinician and discoverer of a new autoimmune syndrome (ASIA Syndrome), developer of novel therapeutics, publisher of numerous papers and books, and editor in chief of two journals on autoimmunity (*Autoimmunity Reviews* IF-7.95 and *Journal of Autoimmunity* IF 8.4), it is my hope that all clinicians and engineers involved in advancing drug delivery will find in this book a useful resource. Therefore, I give this book the highest recommendation.

Yehuda Shoenfeld, MD, FRCP, MaACR

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Editors



Yitzhak Rosen, MD, is a graduate of the Tel Aviv University of Medicine. He completed an internal medicine residency at Coney Island Hospital and is currently a fellow at the Cardiovascular Division of SUNY Downstate Medical Center in Brooklyn, New York. He has worked as a research scientist at the Institute for Soldier Nanotechnologies, Massachusetts Institute of Technology (MIT). He is also the president and CEO of Superior NanoBioSystems LLC, a biomedical com-

pany. He has served in the Israel Defense Forces (IDF) as a medical officer and physician in militarily active areas. He completed a medical internship at the Rabin Medical Center and has worked at the Oncology Institutes of both the Rabin and the Sheba Medical Centers in Israel. He has invented a microfluidic chip platform, funded by the Defense Advanced Research Projects Agency (DARPA), for effecting extremely rapid blood typing and cross-matching for mass casualties in collaboration with the MEMS and Nanotechnology Exchange. In addition, he is the inventor of several medical ultrasound technologies.



Pablo Gurman, MD, earned his MD degree from Buenos Aires University School of Medicine in 2002, where he worked at the Pharmacology Department for 10 years. He is currently the chief medical officer at GearJump Technologies, a biotechnology company dedicated to developing innovative solutions to public health problems. Prior to this appointment, he was a research scientist at the Materials Science and Engineering Department at the University of Texas-Dallas, as well as a research collaborator at Dr. Elman's group at the Institute for Soldiers Nanotechnologies at the Massachusetts Institute of Technology (MIT). Dr. Gurman was a visiting scientist at

Argonne National Laboratory, where he worked under the artificial retina program.

Gurman's primary research interests involve micro- and nanotechnology for medical diagnostics and therapeutics, controlled release technologies, and biomaterials.



Noel M. Elman, PhD, is the CEO and founder of GearJump Technologies, LLC, a company dedicated to development of biotechnological solutions for public health applications. Dr. Elman is also a lecturer in technology and innovation at the Buenos Aires Institute of Technology. He worked at Draper Laboratory, an MIT-affiliated DoD-supported R&D center, where he was an appointed distinguished member of the technical staff. Prior to this appointment, he was a research scientist and principal investigator at the Institute

for Soldier Nanotechnologies at MIT, leading a translational research group

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focused on developing technologies for biotech, biomed, and public health applications. In addition, he was appointed an Innovation Fellow at Massachusetts General Hospital. Dr. Elman's research focus is on rapid translation from idea conceptualization to experimental realization. He earned his bachelor's and master's degrees in electrical engineering at Cornell University, and his PhD degree in electrical engineering at Tel Aviv University. He performed postdoctoral studies at MIT, investigating several micro- and nanodevices for therapeutics and diagnostics.

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