# review of medical microbiology

13th

ERNEST JAWETZ, PhD MD

JOSEPH L. MELNICK, PhD

EDWARD A. ADELBERG, PhD

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#### ERNEST JAWETZ, PhD, MD

Professor of Microbiology and Medicine, Lecturer in Pediatrics University of California School of Medicine San Francisco

#### JOSEPH L. MELNICK, PhD

Distinguished Service Professor of Virology and Epidemiology Baylor College of Medicine Houston

#### EDWARD A. ADELBERG, PhD

Professor of Human Genetics Yale University School of Medicine New Haven



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### Preface

The authors' intention in preparing this *Review* has been to make available a reasonably comprehensive, accurate, up-to-date presentation of those aspects of medical microbiology which are of particular significance in the fields of clinical infections and chemotherapy. The book is directed primarily at the medical student, house officer, and practicing physician. However, because the necessity for a clear understanding of microbiologic principles has increased in recent years as a result of important developments in biochemistry, genetics, immunology, virology, chemotherapy, and other fields of direct medical significance, a considerable portion of this *Review* has been devoted to a discussion of the relevant basic science aspects. It is to be expected that the inclusion of these sections will extend the book's usefulness to students in introductory microbiology courses as well. In general, details of technic and procedure have been excluded.

With the appearance of the Thirteenth Edition the authors are pleased to report that Spanish, German, French, Italian, Portuguese, Turkish, Serbo-Croatian, Japanese, and Polish translations have proved successful.

The authors wish to reaffirm their gratitude to everyone who assisted them with the preparation of this edition and to all those whose comments and criticisms have helped to keep the biennial revisions of this *Review* accurate and up to date. We are especially grateful to the following for their help: Janet S. Butel, Stephen N. Cohen, John Conte, Margaret Ann Fraher, Moses Grossman, Carlyn Halde, Lavelle Hanna, F. Blaine Hollinger, Kenneth Powell, and Dorothy Purifoy.

Ernest Jawetz Joseph L. Melnick Edward A. Adelberg

San Francisco May, 1978

#### SI Units of Measurement in the Biologic Range

Prefix	Abbreviation	Magnitude
kilo-	k	10 <sup>3</sup>
deci-	d	10-1
centi-	C	$10^{-2}$
milli-	m	$10^{-3}$
micro-	μ	10-6
nano-	n	$10^{-9}$
pico-	p	10-12

These prefixes are applied to metric and other units. For example, a micrometer  $(\mu m)$  is  $10^{-6}$  meter (formerly micron,  $\mu$ ); a nanogram (ng) is  $10^{-9}$  gram (formerly millimicrogram,  $m\mu g$ ); and a picogram (pg) is  $10^{-1.2}$  gram (formerly micromicrogram,  $\mu\mu g$ ). Any of these prefixes may also be applied to seconds, units, mols, equivalents, osmols, etc. The Angstrom (A,  $10^{-7}$ ) is now expressed in nanometers (eg, 40 A = 4 nm).

## Table of Contents

Preface	xiii
SI Units of Measurement in the Biologic Range	xiv
1. The Microbial World	
0.000	
2. Cell Structure	
Optical Methods 5	Staining 26
Eukaryotic Cell Structure 5 Prokaryotic Cell Structure 6	Morphologic Changes During Growth 27
3. The Major Groups of Bacteria	
Principles of Classification 29	Descriptions of the Principal Groups of Bacteria 32
4. Microbial Genetics	
The Physical Basis of Heredity 36	Transformation 44
The Prokaryotic Chromosome 36 Mutation 39	Transduction by Bacteriophage 44 Plasmid-Mediated Conjugation 46
Intercellular Transfer & Genetic Recombination	Genes of Structure & Genes of Regulation 53
in Bacteria 43	Genetics of Drug Resistance 53
5. Microbial Metabolism	
A Table Table	
The Role of Metabolism in Biosynthesis & Growth 57 Metabolic Pathways Unique to Microorganisms 60 Patterns of Microbial Energy-Yielding Metabolism 63	The Regulation of Metabolic Pathways 68 The Regulation of RNA Synthesis 72 The Regulation of DNA Synthesis & Cell Division 72
6. Cultivation of Microorganisms	
Nutrition 74	Cultivation Methods 76
Environmental Factors Affecting Growth 75	
7. The Growth & Death of Microorganisms	
Definition & Measurement of Growth 79	Synchronous Growth 81
Exponential Growth 79	Growth Parameters 81
The Growth Curve 80	Definition & Measurement of Death 82
The Maintenance of Cells in Exponential Phase 81	Antimicrobial Agents 83
8. The Microbiology of Special Environments	
Water 88	Air 93
Milk 90	Soil 95
Foods 91	
9. Bacteriophage	
Life Cycles of Phage & Host 99	Replication of RNA Phages 102
Methods of Study 100	Phage Genetics 103
Properties of Phage 100	Lysogeny 104
Phage Reproduction 101	

10. Antii	microbial Chemotherapy		108
3	Markaniana of Assista of Clinically, Hand	Drug Parasita Palationshine 115	
1	Mechanisms of Action of Clinically Used	Drug-Parasite Relationships 115	
	Antimicrobial Drugs 108	Host-Parasite Relationships 115	
	Resistance to Antimicrobial Drugs 111	Clinical Use of Antibiotics 116	
	Origin of Drug Resistance 111	Combined Antibiotic Action 117	
	Drug Dependence 113	Chemoprophylaxis 117	
	Antimicrobial Activity in Vitro 113	Disinfectants 118	
	Antimicrobial Activity in Vivo 114	Antimicrobial Drugs for Systemic Administration 118	
11. Host	Parasite Relationships		134
	Infection 134	Some Mechanisms of Nonspecific Host Resistance 136	
	Attributes of Microorganisms That Enable	Resistance & Immunity 139	
	Them to Cause Disease 134	Natural Immunity 140	
	Attributes of the Host That Determine Re-	Acquired Immunity 141	
	sistance to Microorganisms 136	Genetic Influences 141	
12. Imm	unology: I. Antigens & Antibodies		143
	Definitions & Cellular Basis of Immune	Toxin-Antitoxin Reactions 156	
	Responses 143	Absorption Reactions 156	
	Definitions 143	Inhibition Reactions 156	
	The Cellular Basis of Immune Responses 143	In munofluorescence (Fluorescent Antibody	
	Antibodies: Structure & Formation 146	Tests, FA) 156	
	Structure of Immunoglobulins 146	Radioimmunoassay (RIA) 157	
	Antigen-Antibody Reactions 151	Other Types of Serologic Reactions 157	
	Serologic Reactions 153	The Complement System 157	
	Precipitation Reactions 154	Complement-Mediated Reactions 159	
	Agglutination Reactions 155	The Complement Fixation Test 159	
	The Antiglobulin (Coombs) Test 155	Recommended Immunization of Adults for Travel 160	
13. Imm	unology: II. Antibody-Mediated & Cell-Mediated	(Hypersensitivity & Immunity) Reactions	162
	Antibody-Mediated Hypersensitivity 162	"Allergy of Infection": Cell-Mediated Hypersensi-	
	Anaphylaxis 162	tivity Employed in Diagnosis of Infection 168	
	Arthus Reaction 164	Relationship of Cell-Mediated Reactions &	
	Serum Sickness 164	Immunity & Resistance to Infection 168	
	Immune Complex Disease 164		
		Contact Allergy to Drugs & Simple Chemicals 169	
	Drug Hypersensitivity 165	Role of Lipids, Waxes, & Adjuvants in the Develop-	
	Cell-Mediated Hypersensitivity & Immunity 165	ment of Cell-Mediated Reactions 169	
	Tuberculin Hypersensitivity 166	Extrinsic Allergic Alveolitis (Chronic Recurrent	
	Passive Transfer of Cell-Mediated Hyper-	Lung Disease) 169	
	sensitivity 166	Interference With Cell-Mediated or Antibody-	
	Induction of Cell-Mediated Hypersensi-	. Mediated Hypersensitivity or Immunity 169	
	tivity 166	Autoimmune Diseases 171	
	Tests to Evaluate Cell-Mediated Hypersensi-	Transplantation Immunity 172	
	tivity or Immunity 167	Tumor Immunity 174	
14. Pvog	enic Cocci		175
, ,			
	The Staphylococci 175	Neisseria meningitidis (Meningococcus) 187	
	The Streptococci 179	Neisseria gonorrhoeae (Gonococcus) 189	
	The Pneumococci 184	Other Neisseriae 190	
	The Neisseriae 187	7,000	
15. Gran	n-Positive Bacilli		191
	Acrobic Speciforming Project 101	Charles Late House 100	
	Aerobic Sporeforming Bacilli 191	Clostridium botulinum 193	
	Anthrax 191	Clostridium tetani 194	
	Anaerobic Sporeforming Bacilli 192	The Clostridia of Gas Gangrene 195	
-di	The Clostridia 192		
10	and the state of t		
16 Cam	nobactoria		100

17. Myco	bacteria		2
	Mycobacterium tuberculosis 202	M leprae 207	
	Other Mycobacteria 207		
18. Enter	ic Gram-Negative Microorganisms		9
	Endotoxins of Gram-Negative Bacteria 209	The Pseudomonas Group 215	
	Exotoxins Produced by Aerobic Gram-	The Salmonellae 215	
	Negative Bacteria 211	The Shigellae 218	
	The Coliform Bacteria 212	The Vibrios 219	
	The Proteus Group 214		
19. Small	Gram-Negative Rods		3
	The Brucellae 223	Haemophilus influenzae 228	
	The Pasteurellae 225	Bordetella (Haemophilus) pertussis 230	
	The Hemophilic Bacteria 228	Other Organisms of the Haemophilus Group 231	
20 5 .		22	2
20. Spiro	chetes & Other Spiral Microorganisms		3
	Treponema pallidum 233	Spirillum minus (Spirillum morsus muris) 239	
	Diseases Related to Syphilis 235	Spirochetes of the Normal Mouth & Mucous	
	Other Spirochetal Organisms 236	Membranes 239	
	Borrelia recurrentis 236 Leptospirae 237	Fusospirochetal Disease 239	
	and the second section of	and the second	_
21. Ricke	ettsial Diseases		1
22. Chlar	nydiae		6
	Psittacosis (Ornithosis) 248	Trachoma & Inclusion Conjunctivitis (TRIC	
	Lymphogranuloma Venereum (LGV) 250	Agents, Chlamydia trachomatis) 251	
fig.		Other Agents of the Group 253	
23. Misce	llaneous Pathogenic Microorganisms		4
	Mycoplasmas (PPLO) & Wall-Defective Microbial Variants 254	Acinetobacter (Mima, Herellea) 258 Bartonella bacilliformis 258	
	Legionnaires' Disease (Broad Street Pneumonia) 256	Bacteroides 258	
	Streptobacillus moniliformis 257	Pseudomonas (Actinobacillus) mallei & Pseudomonas	
	Listeria monocytogenes 257	pseudomallei 259	
	Erysipelothrix insidiosa (E rhusiopathiae) 257	Aeromonas hydrophila 259	
24 Name	al Microbial Flore of the Human Body	* 200	^
24. Norm	al Microbial Flora of the Human Body		U
	Role of the Resident Flora 260	Normal Flora of the Intestinal Tract 261	
	Normal Flora of the Skin 260	Normal Flora of the Urethra 262	
	Normal Flora of the Mouth & Upper Respiratory	Normal Flora of the Vagina 262	
	Tract 261	Normal Flora of the Eye (Conjunctiva) 262	
25. Medic	cal Mycology		4
	Structures of Fungi 264	Opportunistic Mycoses 276	
	Superficial Mycoses 266	1. Candida albicans 276	
	Other Superficial Mycoses 269	2. Cryptococcus neoformans 278	
	Subcutaneous Mycoses 269	3. Aspergillosis 279	
	1. Sporothrix schenckii 269	4. Zygomycosis (Mucormycosis, Phyco-	
	2. Chromomyeosis 270	mycosis) 279	
	3. Mycetoma 271	Actinomycetes 279	e.
	Systemic Mycoses 271	1. Actinomyces israelii 280	
	1. Coccidioides immitis 271	2. Nocardia asteroides & Related Species 281	
me I no	2. Histoplasma capsulatum 273	Hypersensitivity to Fungi 282	
	3. Blastomyces dermatitidis 274	Mycotoxins 282	
	4. Paracoccidioides brasiliensis	4	
	(Blastomyces brasiliensis) 275		

26. P	Principles of Diagnostic Medical Microbiology .		283
	Communication Between Physician &	Serologic Tests & the Demonstration of Specific	
	Laboratory 283	Antibody 291	
	Specimens 283	Skin Tests 293 Nonspecific Clinical Laboratory Tests 295	
	Selection of Laboratory Investigations 284		
	The Demonstration of an Infectious	Laboratory Aids in the Selection of Antimicrobial	
	Agent 284	Therapy 298	
	Anaerobic Infections 290	Gram & Acid-Fast Staining Methods 299	
27. 0	General Properties of Viruses	*	300
	(A detailed Table of Contents of this chapter is pres	ented on p 300.)	
28. I	solation of Viruses From Clinical Specimens .		336
	Considerations in the Diagnosis of Viral	Preparation of Inocula 338	10
	Diseases 336	Animal Inoculation 338	
	Direct Examination of Clinical Material 337	Cultivation in Cell Culture 340	
	Virus Isolation Technic 337	Embryonated Eggs 341	
	Specimens for Study 337	Examination of Embryos 341	
	Preservation of Viruses 338		
20.5	Savalagia Diagnosia & Immunologia Datastian of V	ime Infactions	343
27. 0	Serologic Diagnosis & Immunologic Detection of V	nus infections	343
	Neutralization (Nt) Tests 344	Other Tests 349	
	Quantitative Neutralization Tests 344	Mixed Hemadsorption Test 349	
	The Neutralization Test in Cell Culture 346	Immunofluorescence Test 350	
	Neutralization Tests in Eggs 346	Immunodiffusion Test 350	
	Complement Fixation (CF) Tests 347	Counterimmunoelectrophoresis Test 350	
	Soluble & Viral Antigens 347	Radioimmunoassay Method 351	
	Hemagglutination Inhibition (Hb) Tests 347	Immune Electron Microscopy 352	
	Standards & Titration 348	Diagnosis of Infectious Mononucleosis 352	
	The Diagnostic Agglutination Inhibition	Heterophil Agglutination Test 353	
	Test 348	Mononucleosis Spot Test 353	
	Passive Hemagglutination Test 349	Tests for Dermal Hypersensitivity (Skin Tests) 353	
	2 400,10 111111000	Total total potential try (order 1000)	
30. A	Arthropod-Borne (Arbo) Viral Diseases		358
	Togavirus Encephalitis (SLE, EEE, WEE) 360	Dengue (Breakbone Fever) 368	
	Venezuelan Equine Encephalitis 364	Hemorrhagic Fever 369	
	Bunyavirus Encephalitis (California Encepha-	Lassa Fever 370	
	litis) 365	Sandfly Fever (Pappataci Fever, Phlebotomus Fever) 371	
	West Nile Fever 365	Colorado Tick Fever (Mountain Fever, Tick Fever) 371	
	Yellow Fever 366	Rift Valley Fever (Enzootic Hepathtis) 372	
31. P	Picornavirus Family (Enterovirus & Rhinovirus Gro	oups)	373
	Enterovirus Group 373	New Enterovirus Types 382	
	Poliomyelitis 373	Rhinovirus Group 382	
	Coxsackieviruses 378	Foot-and-Mouth Disease (Aphthovirus of	
100	Echoviruses 381	Cattle) 383	
	2010/11/03/2 201	Carriery 505	
32. F	lepatitis Viruses	* * * * * * * * * * * * * * * * * * * *	385
33. F	Rabies & Other Viral Diseases of the Nervous Syste	m; Slow Viruses	397
	Rabies 297	Epidemic Neuromyasthenia (Benign Myalgic Encepha-	
	Aseptic Meningitis 402	litis) 403	
	Lymphocytic Choriomeningitis 402	Encephalomyocarditis Virus Infection (Mengo Fever) 403	
	Encephalitis Lethargica (von Economo's	Slow Virus Diseases: Chronic Viral Diseases of the CNS &	
	Disease) 403	Other Progressive Decemerative Disorders 403	

34. Orthon	nyxovirus (Influenza) & Coronavirus Families		408
	Orthomyxovirus Family 408 Influenza 408	Coronavirus Family 415	
35. Paramy	xovirus Family & Rubella Virus		418
1 1 1	Mumps (Epidemic Parotitis) 419 Parainfluenza Virus Infections 420 Newcastle Disease Conjunctivitis 421 Measles (Rubeola) 422 Respiratory Syncytial (RS) Virus 424	Rubella (German Measles) 425 1. Postnatal Rubella 425 2. Congenital Rubella Syndrome 425 3. Control of Rubella 427	
36. Poxviru	as Family	1. If it is a 1. If it is it is it is it is	429
5	Smallpox & Related Viral Infections of Humans 429 Variola & Vaccinia 429 Cowpox 437	Monkeypox 437 Yaba Monkey Virus 437 Molluscum Contagiosum 437	
37. Adeno	virus Family		439
38. Herpes	virus Family		445
,	Herpes Simplex (Herpes Labialis, Herpes Genitalis, & Many Other Syndromes) 445 Varicella-Zoster Virus 449 Varicella (Chickenpox) & Zoster (Herpes Zoster, Shingles, Zona) 449 Cytomegalovirus (Cytomegalic Inclusion Disease, Salivary Gland Virus Disease) 451	EB Herpesvirus (Infectious Mononucleosis, Burkitt's Lymphoma, Nasopharyngeal Carcinoma) 453 B Virus (Herpesvirus of Old World Monkeys) 454 Marmoset Herpesvirus (Herpesvirus of New World Monkeys) 455	**
39. Reovir	uses, Rotaviruses, & Other Human Viral Infection	ons	456
,	Reoviridae 456 Reoviruses 456 Orbiviruses 457 Rotaviruses (Infantile Gastroenteritis) 457 Epidemic Gastroenteritis Virus 458 Crohn's Disease, Ulcerative Colitis, & Other Chronic Diseases of the Gastrointestinal Tract 458	Exanthem Subitum (Roseola Infantum) 459 Fifth Disease (Erythema Infectiosum) 459 Marburg (Green Monkey) Virus Disease (African Hemorrhagic Fever) 460 Cat Scratch Fever (Benign Lymphoreticulosis) 460 Guillain-Barré Syndrome (Inflammatory Polyradiculopathy) 460 Diabetes Mellitus 461	
,	Warts (Verrucae, Human Papovavirus) 459	\$	
40. Oncoge	enic Viruses		462
	A detailed Table of Contents of this chapter is presente	d on p 462.)	
41. Medica	l Parasitology	onald Heyneman	493
	Classification 493 Giardia lamblia 494 Trichomonas 495 Other Intestinal Flagellates 496 The Hemoflagellates 496 1. Leishmania 496 2. Trypanosoma 498	The Plasmodia 504 Isospora 507 Sarcocystis lindemanni 508 Toxoplasma gondii 508 Balantidium coli 509 Pneumocystis carinii 510	
	Entamoeba histolytica 500 Other Intestinal Amebas 502	Helminths: Ova in Feces & Microfilariae in Blood & Tissues 511 Illustrations 515-525	
Index			527

## 1... The Microbial World

Before the discovery of microorganisms, all known living things were believed to be either plant or animal; no transitional types were thought to exist. During the 19th century, however, it became clear that the microorganisms combine plant and animal properties in all possible combinations. It is now generally accepted that they have evolved, with relatively little change, from the common ancestors of plants and animals.

The compulsion of biologists to categorize all organisms in one of the 2 "kingdoms," plant or animal, resulted in a number of absurdities. The fungi, for example, were elassified as plants because they are largely nonmotile, although they have few other plant-like properties and show strong phylogenic affinities with the protozoa.

In order to avoid the arbitrary assignment of transitional groups to one or the other kingdom, Haeckel proposed in 1866 that microorganisms be placed in a separate kingdom, the Protista. Members of the kingdom Protista are distinguished from true plants and animals by their simple organization: they are unicellular, or, if multicellular, their tissues show little differentiation. The Protista can be subdivided as follows, based on their fundamental type of cell structure, eukaryotic or prokaryotic. The eukaryotic type of cell structure, which is the more advanced, is shared with the cells of plants and animals; the prokaryotic type of cell structure is the more primitive. The 2 types of cell structure are described in Chapter 2.

- I. Higher protists: (Eukaryotic).
  - A. Algae (except blue-green)
  - B. Protozoa
  - C. Fungi
  - D. Slime molds
- II. Lower protists: (Prokaryotic).
  - A. Bacteria
  - B. Blue-green algae\*

\*In the latest edition of Bergey's Manual of Determinative Bacteriology (8th ed. Williams & Wilkins, 1974), the blue-green algae are renamed the Cyanobacteria and are placed with the other bacteria in a new kingdom, Procaryotae. This kingdom corresponds to the group which we call here the "lower protists."

The bacteria include 2 groups, the chlamydiae (bedsoniae) and the rickettsiae, which differ from other bacteria only in being somewhat smaller  $(0.2-0.5~\mu m$  in diameter) and in being obligate intracellular parasites. The reasons for the obligate nature of their parasitism are not clear; there is some evidence that they depend on their hosts for coenzymes and complex energy-rich metabolites such as ATP, to which their membranes may be permeable.

Viruses are also classed as microorganisms, but they are sharply differentiated from all cellular forms of life. A viral particle consists of a nucleic acid molecule, either DNA or RNA, enclosed in a protein coat, or capsid. The capsid serves only to protect the nucleic acid and to facilitate attachment and penetration of the virus into the host cell. Viral nucleic acid is the infectious principle; inside the host cell-it behaves like host genetic material in that it is replicated by the host's enzymatic machinery and also governs the formation of specific (viral) proteins. Maturation consists of assemblage of newly synthesized nucleic acid and protein subunits into mature viral particles; these are liberated into the extracellular environment.

A number of transmissible plant diseases are caused by viroids, small, single-stranded, covalently closed circular RNA molecules existing as highly base-paired rodlike structures; they do not possess capsids. Their molecular weights are estimated to fall in the range of 75,000–100,000. It is not known whether they are translated in the host into polypeptides or whether they interfere with host functions directly (as RNA); if the former is true, the largest viroid could only be translated into the equivalent of a single polypeptide containing about 55 amino acids.

The general properties of animal viruses pathogenic for humans are described in Chapter 27. Bacterial viruses are described in Chapter 9.

#### **Higher Protists**

The higher protists share with true plants and animals the type of cell construction called eukaryotic ("possessing a true nucleus"). In such cells the nucleus contains a set of chromosomes which are separated, following replication, by an elaborate mitotic apparatus. The nuclear membrane is continuous with the ramifying endoplasmic reticulum. The cytoplasm of the cell contains self-replicating organelles (mitochon-

dria and, in photosynthetic cells, chloroplasts), as well as microtubular elements. Motility organelles (cilia or flagella) are complex multistranded elements.

A. Algae: The term "algae" refers in general to chlorophyll-containing higher protists. The algae are divided into 6 phylogenetic groups, for descriptions of which the reader is referred to Smith GM: Cryptogamic Botany, 2nd ed. Vol 1: Algae and Fungi. McGraw-Hill, 1955.

B. Protozoa: In Smith's classification of algae, several types of photosynthetic, flagellated, unicellular forms are included which many textbooks class with the protozoa. These include members of Volvocales in Chlorophyta, members of Euglenophyta, the dinoflagellates in Pyrrophyta, and some of the golden browns in Chrysophyta. These have not been classified as algae arbitrarily but because definite phylogenetic series are recognized which link them to typical algal forms.

On the other hand, these photosynthetic flagellates probably represent transitional forms between algae and protozoa; according to this view, the protozoa have evolved from various algae by loss of chloroplasts. They thus have a polyphyletic origin (ancestors in many different groups). Indeed, mutations of flagellates from green to colorless have been observed in the laboratory. The resulting forms are indistinguishable from certain protozoa.

The most primitive protozoa are thus the flagellated forms. "Protozoa" are unicellular, nonphotosynthetic higher protists. From the flagellated forms appear to have evolved the ameboid and the ciliated types; intermediate types are known which have flagella at one stage in the life cycle and pseudopodia (characteristic of the ameba) at another stage. The simplest classification of protozoa would be the following (see also page 493):

Phylum: Protozoa

Class I: Mastigophora. The flagellate protozoa.

Class II: Sarcodina. The ameboid protozoa. (Some also form flagella.)

Class III: Sporozoa. Parasites with complex life cycles which include a resting or spore stage.

Class IV: Ciliata. The ciliate protozoa. High degree of internal organization.

C. Fungi: Those who argue that fungi have evolved from the algae point to similarities between the most primitive fungi (the phycomycetes) and members of the Chlorophyceae (in the Chlorophyta). However, the latter always store starch as their food reserve, and their motile cells are always multiflagellate; the most primitive fungi generally store glycogen (never starch), and the motile cells in the aquatic forms are usually uniflagellate. It thus appears more reasonable to trace their origin from the protozoa. (Note: The fungi show no evolutionary link with the mycelial bacteria called "actinomycetes.")

The fungi are nonphotosynthetic microorganisms

growing as a mass of branching, interlacing filaments ("hyphae") known as a mycelium. Although the hyphae exhibit cross-walls, the cross-walls are perforated and allow the free passage of nuclei and cytoplasm. The entire organism is thus a coenocyte (a multinucleate mass of continuous cytoplasm) confined within a series of branching tubes. These tubes, made of polysaccharides such as chitin, are homologous with cell walls. The mycelial forms are called molds; a few types, yeasts, do not form a mycelium but are easily recognized as fungi by the nature of their sexual reproductive processes and by the presence of transitional forms. The fungi differ from bacteria, including the filamentous actinomycetes, in being eukaryotic. They are subdivided as follows:

Class I: The phycomycetes. Mycelium usually nonseptate, asexual spores produced in indefinite numbers within a structure called a sporangium. Sexual fusion results in formation of a resting, thick-walled cell termed a zygote. Example: Rhizopus nigricans.

Class II: The ascomycetes. Sexual fusion results in formation of a sac or ascus containing the meiotic products as 4 or 8 spores (ascospores). Asexual spores (conidia) are borne externally at the tips of hyphae. Examples: Trichophyton, Microsporum, Blastomyces.

Class III: The basidiomycetes. Sexual fusion results in formation of a club-shaped organ called a basidium, on the surface of which are borne the 4 meiotic products (basidiospores). Asexual spores (conidia) are borne externally at the tips of hyphae. Example: Psalliota campestris (Agaricus campestris), the common mushroom.

Class IV: The imperfect fungi. This is not a true phylogenetic group but merely a "taxonomic dumpheap" onto which are thrown all forms in which the sexual process has not yet been observed. Most of them resemble ascomycetes morphologically. *Examples*: Epidermophyton, Sporothrix, Cryptococcus, Candida.

The evolution of the ascomycetes from the phycomycetes is seen in the transitional Protoascomycetae, members of which form a zygote but then transform this directly into an ascus. The basidiomycetes are believed to have evolved in turn from the ascomycetes.

Although the fungi are classified on the basis of their sexual processes, the sexual stages are difficult to induce and are rarely observed. Descriptions of species thus deal principally with various asexual structures, including the following: (See Figs 25-1 to 25-9 for drawings of some of these structures.)

 Sporangiospores—Asexual spores borne internally inside a sac known as a sporangium. The sporangium is borne at the tip of a filament called a sporangiophore. These structures are characteristic of the phycomycetes.

- 2. Conidia—Asexual spores borne externally (not enclosed in a sac). The hyphae which bear them are called conidiophores. Conidia are formed by abstriction of the conidiophore; some species of fungi produce 2 types of conidia of differing size, in which case they are designated microconidia and macroconidia.
- 3. Thallospores—This term denotes actively reproducing cells which are formed by segmentation of the mycelium. Once formed, thallospores may reproduce by fission, by budding, or by growth into a new mycelium. There are 2 types: (1) arthrospores (oidia), produced by disarticulation of a filament of a septate mycelium into separate cells, and (2) blastospores, produced by budding from the ends or sides of the mycelial filaments. Blastospores are also known as "yeastlike cells."
- 4. Chlamydospores—Thick-walled, enlarged, resting spores formed (like thallospores) by segmentation of the mycelium. The chlamydospores remain as part of the mycelium, surviving after the remainder of the mycelium has died and disintegrated.
- D. Slime Molds: These organisms are characterized by the presence, as a stage in the life cycle, of an ameboid multinucleate mass of cytoplasm called a plasmodium. The creeping plasmodium, which reaches macroscopic size, gives rise to walled spores which germinate to produce naked uniflagellate swarm spores or, in some cases, naked nonflagellated amebas ("myxamoebae"). These usually undergo sexual fusion before growing into typical plasmodia again.

The plasmodium of a slime mold is analogous to

the mycelium of a true fungus. Both are coencytes; but in the latter, cytoplasmic flow is confined to the branching network of chitinous tubes, whereas in the former the cytoplasm can flow (creep) in all directions.

#### Lower Protists (Bacteria & Blue-Green Algae)

The bacteria form a heterogeneous group of microorganisms distinguished from higher protists by the following criteria: size range  $(0.2-2 \mu m)$  for the smallest diameter); prokaryotic cell construction; and a unique system of genetic transfer (see Chapter 4).

The blue-green algae include a variety of prokaryotic forms which overlap bacteria and eukaryotic algae in their range of cellular sizes. They are photosynthetic, possessing the same chlorophylls as the eukaryotic algae and oxidizing H<sub>2</sub>O to gaseous oxygen in their photosynthesis. By these properties they differ from the photosynthetic bacteria, which have specialized chlorophylls and do not produce gaseous oxygen.

Both the blue-green algae and the photosynthetic bacteria contain their photosynthetic pigments in a series of lameilae just under the cell membrane. In some photosynthetic bacteria, these lamellae differentiate under certain environmental conditions into ovoid or spherical bodies called chromatophores. In contrast, the eukaryotic algae always contain their photosynthetic pigments in autonomous cytoplasmic organelles (chloroplasts). There is strong evidence to support the hypothesis that the chloroplasts of eukaryotic algae and plants evolved from endosymbiotic blue-green algae.

The blue-green algae exhibit a type of motility called "gliding" or "creeping," the mechanism of which is unknown. Many nonphotosynthetic bacteria

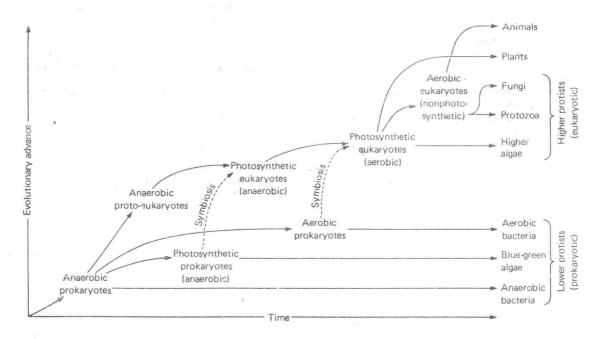


Figure 1-1. Evolutionary relationships of the major groups of microorganisms.

also possess gliding motility; some of these resemble certain blue-green algae so closely that they are believed to be "colorless blue-greens" that have lost their photosynthetic pigments in the course of evolution.

No further generalizations can be made about the lower protists. The reader is referred instead to the descriptions of the various bacterial groups in Chapter 3.

#### Summary

The concepts presented above are summarized in Fig 1-1. Listed at the right are the major groups of present-day microorganisms; the horizontal scale indicates time, and the vertical scale indicates relative evolutionary advance. Thus, the earliest cell type to emerge on earth was presumably anaerobic and prokaryotic. From this ancestral type, 3 parallel lines of evolution diverged, leading to (1) photosynthesis; (2) aerobic respiration; and (3) such eukaryotic structural features as microtubular systems and nuclear complexity ("proto-eukaryotes").

The contemporary eukaryotes are pictured as arising by a sequence of further events: (1) establishment of endosymbiosis between a blue-green alga and an anaerobic proto-eukaryotic cell, the chloroplast evolving from the endosymbiont; and (2) establishment of a second endosymbiont, an aerobic prokaryote, leading to the evolution of the mitochondrion. These 2 events would have produced an aerobic photosynthetic eukaryote comparable to present-day higher algae. Loss of the chloroplast would account for the appearance of protozoa and ultimately of fungi and slime molds.

Present-day bacteria and blue-green algae, according to this line of reasoning, represent forms which have evolved with relatively little change from the earliest prokaryotic groups. The evolutionary origin of present-day viruses, on the other hand, is obscure. A reasonable hypothesis is that they have evolved from their respective host cell genomes, escaping the normal control mechanisms of the cell and acquiring capsids.

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## 2... Cell Structure

#### OPTICAL METHODS

#### The Light Microscope

The resolving power of the light microscope under ideal conditions is about half the wavelength of the light being used. (Resolving power is the distance that must separate 2 point sources of light if they are to be seen as 2 distinct images.) With yellow light of a wavelength of 0.4 µm, the smallest separable diameters are thus about 0.2 µm. The useful magnification of a microscope is that magnification that makes visible the smallest resolvable particles. Microscopes used in bacteriology generally employ a 90-power objective lens with a 10-power ocular lens, thus magnifying the specimen 900 times. Particles 0.2 µm in diameter are therefore magnified to about 0.2 mm and so become clearly visible. Further magnification would give no greater resolution of detail and would reduce the visible area (field).

Further improvement in resolving power can be accomplished only by the use of light of shorter wavelengths. The ultraviolet microscope uses wavelengths of about 0.2  $\mu$ m, thus allowing resolution of particles with diameters of 0.1  $\mu$ m. Such microscopes, employing quartz lenses and photographic systems, are too expensive and complicated for general use.

#### The Electron Microscope

Using a beam of electrons focused by magnets, the electron microscope can resolve particles 0.001  $\mu$ m apart. Viruses, with diameters of 0.01–0.2  $\mu$ m, can be easily resolved.

An important advance in electron microscopy is the technic of "shadowing." This involves depositing a thin layer of metal (such as platinum) on the object by placing it in the path of a beam of metal ions in a vacuum. The beam is directed obliquely, so that the object acquires a "shadow" in the form of an uncoated area on the other side. When an electron beam is then passed through the coated preparation in the electron microscope and a positive print made from the "negative" image, a 3-dimensional effect is achieved (eg, Figs 2-24, 2-25, and 2-26).

Other important advances in electron microscopy include the use of ultrathin sections of embedded material and the method of freeze-drying specimens,

which prevents the distortion caused by conventional drying procedures. Another advance has been negative staining with an electron-dense material such as phosphotungstic acid (eg, Fig 27-35).

#### **Darkfield Illumination**

If the condenser lens system is arranged so that no light reaches the eye unless reflected from an object on the microscope stage, structures that provide insufficient contrast with the surrounding medium can be made visible. This technic is particularly valuable for observing organisms such as the spirochetes, which are difficult to observe by transmitted light.

#### Phase Microscopy

The phase microscope takes advantage of the fact that light waves passing through transparent objects, such as cells, emerge in different phases depending on the properties of the materials through which they pass. A special optical system converts difference in phase into difference in intensity, so that some structures appear darker than others. An important feature is that internal structures are thus differentiated in living cells; with ordinary microscopes, killed and stained preparations must be used.

#### Autoradiography

If cells which have incorporated radioactive atoms are fixed on a slide, covered with a photographic emulsion, and stored in the dark for a suitable period of time, tracks appear in the developed film emanating from the sites of radioactive disintegration. If the cells are labeled with a weak emitter such as tritium, the tracks are sufficiently short to reveal the position in the cell of the radioactive label. This procedure, called autoradiography, has been particularly useful in following the replication of DNA, using tritium-labeled thymidine as a specific tracer (Fig 4-1).

#### EUKARYOTIC CELL STRUCTURE

The principal features of the eukaryotic cell are shown in the electron micrograph in Fig 2-1. Note the following structures:

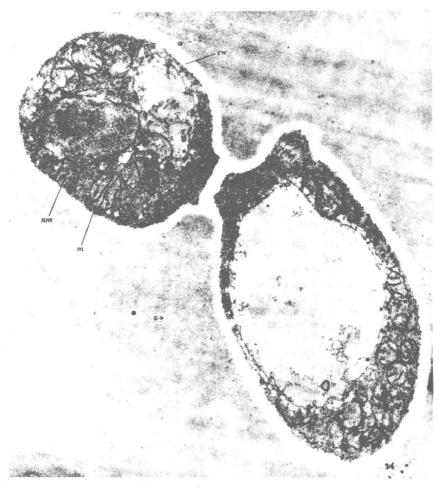


Figure 2–1. Thin section of a eukaryotic cell. A dividing cell of the unicellular yeast Lipomyces  $(17,500 \times)$ . n = nucleus; nm = nuclear membrane; v = vacuole; m = mitochondrion; cw = cell wall. Electron micrograph taken by Dr CF Robinow. (From Stanier RY, Doudoroff M, Adelberg EA: *The Microbial World*, 2nd ed. Copyright © 1963. By permission of Prentice-Hall, Inc, Englewood Cliffs, NJ.)

#### Nucleus

The nucleus is bounded by a membrane (nm) which is continuous with the endoplasmic reticulum. The chromosomes, embedded in the nuclear matrix, are not distinguishable. The mitotic apparatus is not present at this stage in the division cycle.

#### Cytoplasmic Structures

The cytoplasm of eukaryotic cells is characterized by the presence of an endoplasmic reticulum, vacuoles, and self-reproducing plastids. The plastids include the mitochondria, which contain the electron transport system of oxidative phosphorylation, and the chloroplasts (in photosynthetic organisms), which contain the chlorophylls and other photosynthetic components. The plastids contain their own DNA and multiply by binary fission.

#### Surface Layers

The cytoplasm is enclosed within a lipoprotein

cell membrane. Most animal cells have no other surface layers; many eukaryotic microorganisms, however, have an outer cell wall which may be composed of a polysaccharide such as cellulose or chitin, or may be inorganic, as in the silica wall of diatoms.

#### **Motility Organelles**

Many eukaryotic cells propel themselves through water by means of protein appendages called cilia or flagella (cilia are short; flagella are long). In every case the organelle consists of a bundle of 9 fibrils surrounding 2 central fibrils (Figs 2–2 and 2–3). The fibrils are assembled from small units called microtubules.

#### PROKARYOTIC CELL STRUCTURE

The prokaryotic cell is simpler than the eukaryotic cell at every level, with one exception: the cell



Figure 2–2. Eukaryotic flagella (3000 ×). *Left:* A zoospore of the fungus Allomyces, with a single flagellum. *Right:* A partially disintegrated flagellum of Allomyces, showing the 2 inner fibrils (if) and 9 outer fibrils (of). (Courtesy of Manton I & others: J Exp Bot 3:204, 1952.)

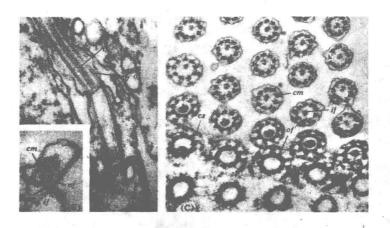


Figure 2-3. Fine structure of eukaryotic flagella and cilia (31,500  $\times$ ). (A) Longitudinal section of a flagellum of Bodo, a protozoon, showing kinetoplast (k) from which extend the outer fibrils (of). Note the origin of the inner fibrils (if) at the cell surface. (B) Cross section of same flagellum near the surface of the cell, showing outer fibrils (of), inner fibrils (if), and extension of cell membrane (cm). (C) Cross section through surface layer of the ciliate protozoon Glaucoma, which cuts across a field of cilia just within the cell membrane (lower half) as well as outside the cell membrane (upper half). cs = cell surface. Electron micrographs taken by Dr D Pitelka. (From Stanier RY, Doudoroff M, Adelberg EA: The Microbial World, 2nd ed. Copyright © 1963. By permission of Prentice-Hall, Inc, Englewood Cliffs, NJ.)