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心灵鸡汤

蓝色召唤

Chicken
Soup

for the

Ocean
Lover's
Soul

Jack Canfield
Mark Victor Hansen
Wyland
with Steve Creech

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CHICKEN SOUP FOR THE OCEAN LOVER'S SOUL

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Amazing Sea Stories and Wyland
Artwork to Open the Heart and
Rekindle the Spirit

Jack Canfield
Mark Victor Hansen
Wyland
with Steve Creech



安徽科学技术出版社



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就英语读物而言,引进版较本土版,其优越性是不言而喻的。在浩瀚的书海中,我们为何选中美国出版的《心灵鸡汤》系列读物?它是否具备成为品牌读物的若干因素呢?

极为适读的语言是打造品牌的基本元素

《心灵鸡汤》文中语言均是当今美国人日常生活中最常用、最流行、最地道的话语。词汇鲜活、句式灵动。

语言难度不大:既无生僻的字词,也无复杂的语法结构,行文质朴简约、优美流畅,口语化特征较为明显。

每篇文章短小精悍,不会令读者望而生畏。

有趣的故事和感人的内涵是品牌的催化剂

各书均由当代美国人所写,反映现今美国的世相百态,内容极富时代感。


作者用平实的语言讲述发生在自己身边的故事,诉说他们对大千世界的真切感受,内容极具真实性与亲和力。

内涵感人:通过平凡小事挖掘普通人的精神力量与人性之美,字里行间洋溢着爱心、希望、鼓励、信念以及对生活的深刻感悟。

高质量的文本是构筑品牌的坚固基石

各书的文章来自于全美各地的征稿。为确保质量,要求每本书的征稿不少于 5 000 篇,出版社从中挑出 200 篇优秀文章寄给社会各界人士阅读,最终精选出 101 篇顶尖文章,再经修改润色、精雕细琢后成书。可以说,每篇文章都是优中选优的上乘之作。

《心灵鸡汤》的这些特质,无疑揭示了其为何能成为发行 40 多个国家和地区,总销量 8 000 多万册的全球超级畅销书。作为英语读物中的闪亮品牌,我们相信广大读者既能在品尝原汁原味现代美语的同时,切实提高英语水平,又能从中感悟人生的真谛,重燃你搏击风雨、奋发向上的生命激情!





We dedicate this book
to ocean lovers everywhere...

To our parents who taught us lessons of life among
the beaches,tide pools and rolling waves...

To the scientists who have guided us...

And,finally,to the writers,poets and
artists who remind us that as much
as we know,the sea will always remain,
first and foremost,a place of
infinite beauty and mystery.



Warm Tropical Paradise

Original painting by Wyland ©2003.



Acknowledgments

This book would never have come to be without the input of thousands of ocean lovers from as far away as New Zealand, Ireland, Iceland, Mexico, Norway, Canada, England, South Africa, Germany and Australia. It seemed as we were developing this book that ocean lovers knew neither political nor geographic boundaries, not even in the heartland of America, and flooded us with marvelous stories of experiences with sea life and family seaside vacations.

But beyond those who submitted such incredible stories, there are many, many more people to be thanked, without whom the completion of *Chicken Soup for the Ocean Lover's Soul* would never have occurred.

To Jacques Cousteau, who inspired the career of Wyland and a whole generation of people to care about ocean conservation.

To ocean icons like Dr. Sylvia Earle, Dr. Bob Ballard, Dr. Roger Payne, Lloyd Bridges, Sir Peter Blake, Bob Hunter and many others who have dedicated their lives to preserving the world's oceans. They are certainly among the more visible advocates for ocean awareness, but many more conservation organizations support them. We hope you will lend your support by giving generously to their campaigns.

We would like to thank the Wyland Foundation for bridging the worlds of art and science, and working with the



Scripps Institution of Oceanography and the Birch Aquarium on a world-class, clean-water curriculum to be presented to 60 million students in the coming year. To the board of directors of the Wyland Foundation for ten great years and the many Wyland Foundation members who give unselfishly of their time and energy to help with its programs.

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and Gino Beltran. They deserve a special nod of appreciation for ensuring that the look and feel of this book met the high standards of Chicken Soup for the Soul Enterprises and HCI.

To Julie Guerrini, who read and read and read, providing valuable insight about many of the stories in this book while never complaining, even when yet another batch of stories was given to her "just to check out".

Thanks to all the people who evaluated, commented upon and helped us improve our story selection. The panel of readers included: Sheri Arnett, Suzanne Beukema, Marie Clark, Grace Compton, Janet Creech, Robin Davis, Terrie Druehl, Sherry Eaton, Tammy Eaton, Jeanice Glenn, Shannon Glenn, Dana and Jerry Gonzales, Gretchen Hausman, Debby Helm, Alice Jensen, Diane Johnson, Joan Kretchman, Kirstyn Molina, Shirley Morrison, David Norcross, Barbara O'Neill, Jennifer Paul, Sue Paul Sue Pinkham, Eartha M. Reed, Pam Richmond, Jennifer Scardino, Stan Stern, Lisa Trampe and Cathy Wood.

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We would also like to acknowledge and express our appreciation to the authors of the more than 3,000 stories that we received to make this book possible.

And, last but not least, we would like to thank you for purchasing *Chicken Soup for the Ocean Lover's Soul*. It has been a labor of love, more than six years in the making as we've searched the planet to find stories that touch the heart and ignite the ever-growing passion for preservation of our oceans and the wonderful life within. Best fishes!



Introduction

All of us, at one time or another, find ourselves drawn to the sea. For some, it's a place for reflection or romance. For others, it's the thrill of watching surf crash against a sandy white beach or studying the kaleidoscope of life among a tropical coral reef. This ability of the ocean to change our lives, to inspire and fascinate us, is what led us to create *Chicken Soup for the Ocean Lover's Soul*, a collection of stories from around the world that celebrate the magic of our ocean planet.

I first embraced the ocean on a family vacation to Southern California many years ago. I was only fourteen years old and experiencing the cool waters of the Pacific for the first time. Amazingly, as I looked out across the endless expanse, lost in its sheer size, two fifty-foot gray whales broke the surface and spouted right before my eyes.

After that encounter I dedicated myself to the preservation of these gentle giants and the oceans they needed for survival. I truly believe that when you see a whale you become a better human being. Over the years, I have talked with many people who have told me of encounters with marine mammals, and they all have experienced similar transformations.

I had the honor of meeting Mark Victor Hansen at one of my gallery shows in Kona on the big island of Hawaii. We



connected immediately as I felt Mark's commitment with Jack Canfield not only to create a fantastic book filled with wonderful stories of the ocean, but also their commitment to the conservation of this precious resource. As we continued to discuss the possibility of creating this unique book, it became clear to us that the oceans have been the source of many inspirational stories over the years.

Now, after diving with these two ocean lovers, we are ready to share these uplifting, engaging and, above all, true stories from people such as renowned wildlife expert and television personality Jack Hanna, ocean researcher Dr. Sylvia Earle, writer Clive Cussler and many others. This beautiful book and the series of marine life paintings it contains reflect the rare beauty of the sea for the ocean lover's soul.

A portion of all proceeds from *Chicken Soup for the Ocean Lover's Soul* will go to the Wyland Foundation, which has partnered with the Scripps Institution of Oceanography at the University of California, San Diego, to create a free, nationwide marine life art and science educational program for every school in the nation. This program is designed to teach children everywhere about the importance of our marine resources. Your purchase of this book will help make this program a great success.

*Best fishes and aloha,
Wyland*



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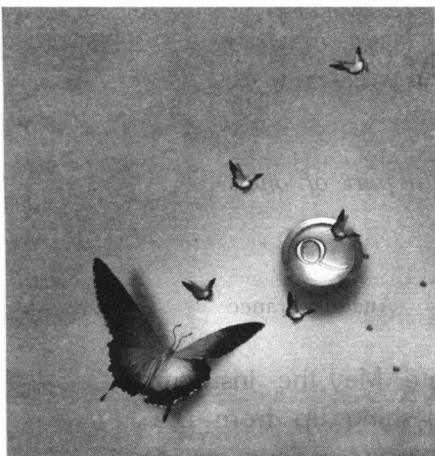
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1

LIVING IN HARMONY

All good things are wild and free.

Henry David Thoreau



Raising Cecily

Until one has loved an animal, a part of one's soul remains unawakened.

Anatole France

On a chilly, gray morning in late May, the insistent ringing of the phone brought me dashing up from the garden. It was Bob, my husband, who was working on a summer cottage near our home on Mount Desert Island, Maine.

"Nan, get the kids and come over here," he said. "There's something you should see."

Glad for the excuse to escape the blackflies, I loaded the kids into the car and drove the short distance to the cottage.

The "something" turned out to be a harbor seal pup—a forlorn and furry little bundle huddled against a large rock at the high-tide line. My first instinct was to offer immediate aid and comfort to the frightened creature, as one would any lost baby, but I knew better and resisted the urge.

Most seal pups that people find "abandoned" on reefs, rocks and beaches are not abandoned at all, they are merely waiting for their mothers to return from fishing. Although it is unusual for their mothers to leave them on a mainland beach, it isn't unheard-of.

Bob and I decided to call the Department of Wildlife to ask what we should do. The local game warden told us to wait for a complete tide change—about six hours—to see if