



本书由VOA授权出版

[美] 范息涛 审
范咏涛 编

An Advanced Listening Course of Modern American English

— 现代美国英语 — 高级听力教程

千年历史
— 瞬间

为高等院校英语专业设计的听力教程

- 极其广阔的历史视野
- 异常丰富的人文知识
- 纯正标准的美国英语
- 精心设计的训练项目

四川出版集团 四川人民出版社

随书附赠录音光盘



[美] 范息涛 审
范咏涛 编

Millennium Moments

— 现代美国英语 — 高级听力教程

An Advanced Listening Course of Modern American English

千年历史
一瞬间

四川出版集团 四川人民出版社

图书在版编目 (CIP) 数据

现代美国英语高级听力教程: 千年历史一瞬间/范咏涛编. —成都:
四川人民出版社, 2007. 9

ISBN 978 - 7 - 220 - 07457 - 8

I. 现… II. 范… III. 英语—听说教学—美国—教材
IV. H319. 9

中国版本图书馆 CIP 数据核字 (2007) 第149078 号

Xiandai Meiguo Yingyu Gaoji Tingli Jiaocheng
现代美国英语高级听力教程: 千年历史一瞬间
范咏涛 编

责任编辑
封面设计
技术设计
责任印制

韩 波
魏晓舸
戴雨虹
李 剑 孔凌凌

出版发行
网 址

四川出版集团 (成都槐树街2号)
四川人民出版社
<http://www.scpph.com>
<http://www.booksss.com.cn>
E-mail: scrmcbf@mail.sc.cninfo.net

发行部业务电话
防盗版举报电话

(028) 86259459 86259455
(028) 86259524

制 版
印 刷
成品尺寸

成都勤慧彩色制版印务有限公司
成都金龙印务有限责任公司
185mm × 260mm

印 张
字 数
版 次
印 次
书 号
定 价

17.5
440 千
2007 年 10 月第 1 版
2007 年 10 月第 1 次印刷
ISBN 978 - 7 - 220 - 07457 - 8
32.00 元

■ 版权所有 · 侵权必究

本书若出现印装质量问题, 请与我社发行部联系调换
电话: (028) 86259624



前言

这是为我国大学英语专业高年级学生准备的高级听力教程，供三年级学生使用。同时，本书还可以作为高等院校其他专业研究生阶段学生以及已经具有良好听力基础的其他各类人员的英语听力培训教材。

编写本教程的目的

国家颁布的《高等学校英语专业英语教学大纲》指出：21 世纪我国高等学校英语专业人才应具有扎实的基本功、宽广的知识面、一定的相关专业知识、较强的能力和较高的素质；要在打好扎实的英语语言基本功和牢固掌握英语专业知识的前提下，拓宽人文学科知识和科技知识。这也是编写本教程的目的。

本教程的主要特点

一、广阔的历史视野与丰富的人文和科技知识。全书 150 个听力训练项目，为学习者介绍了在过去的一千年中曾经改变过世界历史进程，或者对人类社会产生过重大影响的人物、事件、文化成果与科技进步。对于进入高级阶段的学生来说，通过英语了解这些人类文明史上的里程碑，既是一个艰巨的挑战，也是一个培育人文精神和提高科学素养的重要机会。

二、听力与高级语言学习相结合。作为高级听力教程，语言训练材料一是应该体现比较高的思想性，二是其文体、结构和词汇要有相应的深度。本书在这两个方面都完全符合要求。我国传统的外语教学一般都把学习高级语言知识的重担放在阅读教学上，而通过“听”的方式掌握系统知识的做法比较少见。本书编写者认为，由于语言的本质是声音，学生通过“听”所掌握的语言往往比通过“看”所掌握的语言更加牢固。因此，本书把训练听力与掌握高级的语言和系统的知识结合起来应该是一种有意义的尝试。

三、注重过程的训练方法。听力的发展是我国学生全面掌握英语技能的难点，要真正做到听力过关，不经过长期艰苦细致的训练是不可能达到目标的。对多数学生来说，本书中的每篇听力材料从内容到词汇、从句型到语速等都有相当高的难度，要一蹴而就完全理解几乎是不可能的。但从另一方面看，教材的目的并不是要难倒学生，而是要帮助他们逾越高级听力材料这一道障碍。为此，本书对听力训练项目精心设计，巧妙安排，特别注重听的过程，

让学生在训练过程中一点一滴地积累经验，掌握知识，取得进步。

四、采用现代化的录音技术。语言材料的录音是听力训练的核心，录音的设计和声音的品质对于一本听力教材来说至关重要。本书放弃了传统的盒式磁带录音方式，全书录音内容均采用现代化的数码录音（MP3 音频格式）。这不仅符合电子计算机以及相关产品（如 MP3 播放机）普及化的潮流，更重要的是，还为教师的课堂教学和学生的课外训练提供了极大的方便。在录音方面，每个训练项目的设计与书上的文字指示完全一致。例如，当书中指示学生将某一段落听两遍时，录音也会播放两遍；当书中要求学生听写一个句子的细节时，录音就会播出该句子；当书中要求学生掌握一些专门词汇时，录音就会播出这些词汇。在声音品质方面，由于数码录音具有清晰度高、无损耗的特点，教师和学生从此不再担心因频繁使用录音而导致声音品质下降的问题。此外，数码技术的超大容量也给教师和学生带来很大的便利性和经济性：全书 20 个小时的录音仅存放在一张 CD 上。

对学生使用本教程的几点建议

一、掌握英语首先要打好扎实的基本功。听力不仅是英语基本功的重要方面，而且很可能是我们各项语言能力中发展最为缓慢的一项技能。但听力又能够在英语学习中扮演火车头的角色。具有良好听力的学习者不仅能通过“听”来规范自己的语音、语调和语法，而且还能够促进思维，扩大词汇量和知识面，提高学习的兴趣。因此，在听力技能上踏踏实实下工夫是一项回报很高的、十分值得的劳动。

二、每周完成一个单元。本书是一本高级听力教程，全书分为 15 个学习单元，每个单元又分为 3 个部分，其中前 5 个听力项目组成第一部分，随后的 4 个项目组成第二部分，最后是一个轻松的音乐听力项目，旨在让学生在紧张的训练过程中获得一点放松和愉悦。要达到预期的学习效果，学生应该每周完成一个单元。对于课堂教学未完成的训练项目，学生应该在课外完成。听力技能的培养和提高必须有“量”作为基础，从量变到质变是事物发展的基本规律，英语听力的发展也绝不会例外。

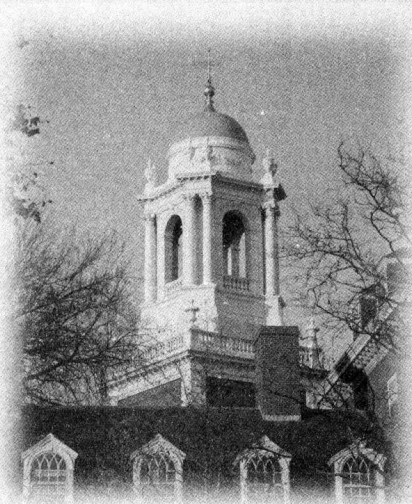
三、要进行课前预习。高年级阶段每周听力课时有限，课前预习就显得尤其重要。预习的重点是每个单元中的词汇（Vocabulary）和专有名词（Proper Names）两个部分。要通过查阅字典和其他工具书基本扫除学习中的主要障碍。

四、开展课外泛听。本书提供的训练属于精听范畴，但精听绝不能代表听力训练的全部。学生在课外还应该每天坚持泛听，直接从收音机、电视机或网络广播中收听最新的英语时事新闻等节目。编写者诚挚地希望本教程的出版能为我国高等院校英语专业的听力课程带来一些新的活力，为教师的课堂教学提供更多的选择，为学生知识的扩展和语言基本功的增强贡献一份微薄之力。

最后，编写者对“美国之音”为本书提供全部基础资料，以及美国弗吉尼亚大学教授、教育专家范息涛（Xitao Fan）在百忙中详细审订本书全部内容表示衷心的感谢。

范咏涛

2007 年 8 月于成都



CONTENTS

Millennium Moments

Unit 1

Part A Significant Events 1

1. Magna Carta • 2. China's First Agricultural Revolution • 3. The Renaissance
4. The Industrial Revolution • 5. Women Suffrage Movements

Part B Marvelous Inventions (1) 10

6. Clock and Timekeeping • 7. The Chronometer • 8. Invention of the Steam Locomotive
9. Invention of the Phonograph

Part C Delightful Moment 16

10. Minnie Had a Little Lamb

Unit 2

Part A Great Books 17

11. Dante's *Divine Comedy* • 12. Ibn Khaldun's *World History* • 13. *The Canterbury Tales* • 14. The King James Bible • 15. *Uncle Tom's Cabin*

Part B Epoch-Making Discoveries 27

16. Columbus Discovered America • 17. The Discovery of Blood Circulation
18. Oil! • 19. The Discovery of Penicillin

Part C Delightful Moment 33

20. Lonesome Valley

Unit 3

Part A Disasters and Calamities 35

21. Black Death • 22. Irish Potato Famine • 23. The Influenza Pandemic of 1918
24. The Great Depression • 25. Holocaust

Part B Scientific Giants (1) 45

26. Copernicus and Galileo • 27. Charles Darwin • 28. Mendeleev and the Periodic Table of Elements • 29. Robert Goddard: Rocket Pioneer

Part C Delightful Moment 51

30. Brother, Can You Spare a Dime?

Unit 4

Part A Music 53

31. The Piano • 32. Orchestra • 33. Mozart • 34. The Waltz King
35. Blues Music

Part B Scientific Giants (2) 62

36. Alfred Nobel: From Dynamite to Peace • 37. Gregor Mendel Discovers Plant Genetics
38. Edison: The Wizard of Menlo Park • 39. Einstein

Part C Delightful Moment 68

40. One Day When We Were Young

Unit 5

Part A Powerful Empires 70

41. Genghis Khan • 42. The End of the Roman Empire • 43. The Inca Empire
44. Ming Dynasty • 45. The Fall of the Ottoman Empire

Part B The French Influence 80

46. Voltaire • 47. Jean Jacques Rousseau • 48. French Revolution
49. Napoleonic Wars

Part C Delightful Moment 86

50. I Love Paris

Unit 6

Part A Titanic Explorations 88

51. Marco Polo • 52. European Explorers • 53. Lewis and Clark Expedition
54. North and South Poles • 55. Conquering Mt. Everest's Summit

Part B Milestones in Medicine (1) 98

56. Germ Theory of Disease • 57. Quinine • 58. Blood Transfusions
59. Polio Vaccination

Part C Delightful Moment 105

60. Climb Every Mountain

Unit 7

Part A Arts 106

61. Baroque • 62. Opera • 63. Romanticism • 64. Ballet • 65. Impressionism

Part B Marvelous Inventions (2) 115

66. Chinese Use of Explosives • 67. The Microscope • 68. Steamboat • 69. Marconi:
Wonders of Wireless

Part C Delightful Moment 122

70. Must the Winter Come So Soon?

Unit 8

Part A Religious Conflicts 123

71. Christian Church Schism of 1054 • 72. The Crusades • 73. The Inquisition
74. Spread of Islam • 75. Birth of the State of Israel

Part B Architectural Wonders 132

76. Gothic Cathedrals • 77. Taj Mahal • 78. The Library of Congress
79. The First Skyscraper

Part C Delightful Moment 139

80. A Heart in New York

Unit 9

Part A Wars 140

81. Battle of Trafalgar and Pax Britannica • 82. Opium Wars • 83. Spanish-American War
84. The First World War • 85. The Second World War

Part B Prominent Leaders 150

86. Peter the Great • 87. Bismarck and the Unification of Germany • 88. F. D. R.
89. Life and Work of Winston Churchill

Part C Delightful Moment 156

90. Pearl Harbor Blues

Unit 10

Part A Supreme Masters of Art 158

91. Michelangelo • 92. Shakespeare • 93. Goethe • 94. Picasso • 95. Brancusi

Part B The American Impact (1) 168

96. The Declaration of Independence • 97. Emancipation Proclamation • 98. Battle of
Gettysburg and Its Implications • 99. *Huckleberry Finn*

Part C Delightful Moment 175

100. Tell My Father

Unit 11

Part A Imperialism and Nationalism 177

101. Age of European Imperialism • 102. The Liberator: Simón Bolívar
103. Waning of European Imperialism • 104. Mohandas Gandhi • 105. Nationalism

Part B Milestones in Medicine (2) 187

106. Ether • 107. Antiseptic Surgery • 108. X-Rays • 109. Kidney Dialysis

Part C Delightful Moment 193

110. 55 Days at Peking

Unit 12

Part A World-Famous Writers 196

111. Jane Austen • 112. Charles Dickens • 113. Leo Tolstoy • 114. Ernest Hemingway
115. Jorge Luis Borges

Part B The British Heritage 206

116. William the Conqueror • 117. Henry VIII and the Church
118. Florence Nightingale • 119. The History of Soccer

Part C Delightful Moment 213

120. An Englishman in New York

Unit 13

Part A Historical Lessons 215

121. Closing China • 122. Expulsion of Jews from Iberia • 123. Perry Opens Japan
124. Slavery Comes to Colonial America • 125. Indian Pacification

Part B Environment Protection 225

126. Extinction of the Dodo Bird • 127. John Muir • 128. Silent Spring
129. Extinction Protection Laws in US

Part C Delightful Moment 231

130. Bye-bye, Dodo

Unit 14

Part A Advances in Science & Technology 233

131. Discovery of the DNA Molecule • 132. The Green Revolution • 133. Agricultural Biotechnology • 134. Laser Surgery • 135. Mapping of the Human Genome

Part B The American Impact (2) 243

136. New World Crops • 137. Henry Ford and Mass Production • 138. Motion Pictures
139. Broadway Musical

Part C Delightful Moment 250

140. America

Unit 15

Part A Miracles of the 20th Century 252

141. Television • 142. The First Electronic Computer • 143. Sputnik
144. Moon Landing • 145. Internet

Part B Education and Sports 262

146. Universities • 147. Harvard University • 148. Basketball
149. Modern Olympic Movement

Part C Delightful Moment 269

150. Twentieth Century

Unit

1

第一单元



Part A

Significant Events

1. Magna Carta

1

Predicting

From the title, discuss what you think the passage is about.

2

Vocabulary

Study the following words that will help you understand the passage.

vassals	barons	exiled	reinterpreted
exploited	granting	interference	judicial
despotically	preamble	nobles	impartiality
rebellious	deprived (of)	scarcely	

3

Task Listening 1

Listen to the passage and answer the following questions briefly.

1. When did King John of England sign an important document? _____
2. What is the other name for the Magna Carta? _____
3. How many articles does the Magna Carta consist of? Which article is considered the most important? _____

4

Listening for Details

You are now going to hear a few sentences from the passage. Fill in the missing words.

1. King John of England signed a document that is considered today the _____ of the

- _____ system in the English-speaking world.
- King John was not popular with his _____ vassals because he exploited them and _____ despotically.
 - The church was not _____ any better.
 - A group of rebellious barons met King John at Runnymede, a _____ outside London.
 - This document, known as the Magna Carta or _____, consists of a _____ and _____ articles.
 - No freeman can be arrested, imprisoned, deprived of _____, exiled or "in any way destroyed" except by the lawful judgment of his _____ or by the law of the land.
 - In later years, the articles of the Magna Carta were reinterpreted to _____ constitutional government and _____ impartiality for all.

5

Dictation

A few sentences from the passage will be dictated, with each sentence being read two times. Try to write down what you hear.

- _____
- _____
- _____
- Many countries, including the United States and Canada, used the Magna Carta

6

Proper Names

Listen and learn the following proper names used in the passage.

King John of England
Philip II of France

Runnymede
Magna Carta

Great Charter

7

Task Listening 2

Listen to the passage again and try to answer the following question in your own words.

Why has the signing of Magna Carta been considered a very important event in history?

2. China's First Agricultural Revolution

1

Predicting

From the title, discuss what you think the passage is about.

2

Vocabulary

Study the following words that will help you understand the passage.

replete (with)	misrule	to stock	cane
soybean	long-stagnant	rice paddies	reforestation
cultivation	staple food	cash crops	naval fleet
surpassed	rotation	indigo	

3

Task Listening 1

Listen to the passage and answer the following questions briefly.

1. When, according to the report, did China experience a revolution in agriculture that far surpassed its earlier progress? _____
2. How long was the period? _____
3. What was China's staple food then? _____
4. In what year was a massive reforestation program launched by the Chinese Emperor Hongwu? _____

4

Listening for Details

You are going to hear a few sentences from the passage. Fill in the missing words.

1. China's five thousand-year history is replete with _____ in agriculture, from fish farming to soybean _____.
2. The Ming Dynasty emperor, Hongwu, _____ to repair the damage done to China's economy by years of Mongol _____.
3. The Ming leader introduced a higher-yielding Southeast Asian rice _____.
4. He directed farmers to practice _____ rotation to make their fields more productive and _____.
5. Peasants were shown how to _____ their rice paddies with fish, to fertilize the rice

and provide a second food _____.

6. And farmers were _____ to plant cash crops—like cotton, indigo and cane—to satisfy a _____ export market.
7. They provided food and fuel for fast-growing cities and, _____, the timber for the country's new naval fleet.

5

Dictation

A few sentences from the passage will be dictated, with each sentence being read two times. Try to write down what you hear.

1. _____
2. _____
3. Emperor Hongwu's most ambitious effort was _____.
4. In all, the agricultural revolution of 1370 to 1400 laid the foundation for one of China's greatest economic expansions, _____.

6

Proper Names

Listen and learn the following proper names used in the passage.

the Ming Dynasty

Emperor Hongwu

7

Task Listening 2

Listen to the passage again and try to answer the following question in your own words.

What important steps were taken by the Ming leader to boost China's economy?

3. The Renaissance

1

Predicting

From the title, discuss what you think the passage is about.

2 Vocabulary

Study the following words that will help you understand the passage.

renewed	depicted	botany
motto	attest (to)	geology
excelled (at, in)	astronomy	sanitation
portraiture	anatomy	diverse

3 Task Listening 1

Listen to the passage and answer the following questions briefly.

1. When was the time of the Renaissance? _____
2. Where did it first start? _____
3. Who was the towering example of the Renaissance? _____
4. Who was considered the best modern example of "Renaissance man?" _____

4 Listening for Details

You are going to hear a few sentences from the passage. Fill in the missing words.

1. The people who lived in Italy and northern Europe during the _____ and _____ centuries were the first people to think of themselves as belonging to an _____.
2. Da Vinci excelled at portraiture, a new art _____ that depicted people as _____.
3. His painting of the Mona Lisa _____ the most famous portrait ever _____.
4. But Leonardo was also a skilled _____ and engineer, who designed a _____, helicopter and airplane, long before those inventions were ever built.
5. Hundreds of _____ and thousands of pages in his notebooks attest to his interest in astronomy, anatomy, botany, geology, and, _____, mathematics.
6. Since the Renaissance, the term "Renaissance man" has been _____ to others, who like Leonardo da Vinci, excelled in many _____ fields.
7. He, too, was a _____ musician and architect, as well as _____, philosopher, writer and third President of the United States.

5 Dictation

A few sentences from the passage will be dictated, with each sentence being read two times. Try to write down what you hear.

1. _____
- _____

2. _____

3. _____

4. _____

6

Proper Names

Listen and learn the following proper names used in the passage.

the Renaissance

Leonardo da Vinci

Thomas Jefferson

the Middle Ages

the Mona Lisa

Renaissance man

7

Task Listening 2

Listen to the passage again and try to answer the following question in your own words.

What is the meaning of the term "Renaissance man?"

4. The Industrial Revolution

1

Predicting

From the title, discuss what you think the passage is about.

2

Vocabulary

Study the following words that will help you understand the passage.

steam engines

groundwork

mobility

metallurgy

preceding

negative

textile

nutrition

hallmarks

be poised (for)

3

Task Listening 1

Listen to the passage and answer the following questions briefly.

1. When did the Industrial Revolution take place? Where? _____