PSYCHIATRY:

A WORLD PERSPECTIVE.
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PSYCHIATRY: A WORLD PERSPECTIVE

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SOCIAL PSYCHIATRY; ETHICS AND LAW; HISTORY OF PSYCHIATRY; PSYCHIATRIC EDUCATION

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PREFACE

The VIII World Congress of Psychiatry, held in Athens on 12th to 19th October 1989, is by now a part of WPA's history, another landmark in the Association's strive to inspire the generation and promotion of the world-wide dissemination of new scientific knowledge among psychiatrists and mental health professionals. The Athens congress was a gigantic event. By all measures, it surpassed the previous seven World Congresses, from the first one in Paris in 1950 to the last one in Vienna in 1983. The Scientific Program was vast and multifaceted, covering all aspects of contemporary psychiatry. Over 6000 scientists contributed to the 3237 papers presented in nearly 500 sessions, including plenaries, WPA Section and Free Symposia, Workshops, Special and New Research sessions, Oral and Poster presentations.

All the papers were printed in abstract form in a 850 page volume titled "Psychiatry Today: Accomplishments and Promises" (Excerpta Medica ICS 899, Elsevier, Amsterdam 1989). Evidently such a memorable scientific event could not be recorded simply in an Abstract Book, thereby depriving, both the participants and the psychiatric community at large, the possibility of sharing, in full, the wealth of information presented at the VIII World Congress of Psychiatry. Due to the great number of papers, the alternative of publishing a complete proceedings volume would have been, in addition to being impractical and prohibitively costly, a self defeating enterprise. Any delays would have deprived this scientific publication of one of its crucial elements, up-to-datedness. Moreover, as past experience and current realities have shown, unselected, uneven, irregularly overlapping and highly repetitious contributions, break up cohesion and end up diluting the substantial information in unreadable and enormous in size publications.

The option which finally prevailed was to include all the papers of invited speakers, all the papers presented at the WPA Section Symposia, the great majority of Free Symposia papers and those of the New Research papers which reached the finals in the WPA Award

Competition. Hopefully, this decision will be met with due understanding and approval by the readers.

The contribution of the authors by preparing the manuscripts according to the guidelines and returning them in time was essential. We were happy to see that manuscript submission exceeded our most optimistic predictions. Nearly 90% of the papers, eligible for submission, reached the Editors in time. We were even more happy to see that the majority of the contributions were of such high quality, informative and well structured, thus, lessening the expected, especially in such a world scale operation, variability in style and content.

In reviewing the material collected, we were faced with the dilemma of whether to follow the formal and conventional way of sequencing the papers according to the type of presentation (plenaries, symposia, etc.) and their original placement in the scientific programme or to radically rearrange their sequence by sorting them all into thematically coherent chapters and then grouping the chapters together into larger thematic sections. We opted for the second editorial policy, which inevitably has led to dismantling a number of symposia modules, but made it possible to achieve both a thematic separation of each of the four volumes and a thematic cohesiveness of every part and section within an individual volume. This arrangement also made it possible to supplement each section with a list by title and authorship only of all pertinent presentations, either not available or not eligible for inclusion in the proceedings. Thus, the reader is granted with an opportunity to capture a panoramic view of the scientific events in their entirety as well as an additional source of information portraying the current trends in psychiatry world-wide. The rules of submission and the technical requirements of printing did not allow for editorial intervention to the texts. Only retyping texts in rare instances had to be done. Thus, the entire responsibility for the content and style of the papers rests with the respective authors.

The four volumes of the book "Psychiatry: A World Perspective" includes a large spectrum of papers. Authoritative overviews by renowned workers in specific areas of scientific interest; insightful presentation of ongoing work in the development of new instruments and new systems for diagnosis and classification; essay-like surveys of current conceptual issues; and foremost, and most importantly, new and in most instances quite original and stimulating empirical research findings; they all tie together in a comprehensive,

well integrated fashion to make these volumes usable, both as an updated reference textbook and as a fresh-from-the-print scientific journal.

We wish to thank the authors for their positive response to our call for timely submission of their papers. Particular thanks are due to authors who had to prepare their manuscripts under adverse conditions and in a language that was not their own. We are especially indebted to our colleagues, Drs E. Angelopoulos, J.D. Bergiannaki, V. Karydis and V. Mavreas, all from the Department of Psychiatry of Athens University Medical School, for their valuable contribution to accomplishing our editorial task. They spared no time and effort in assisting us and in inspiring innovative features of this publication. We are equally indebted to Ms Helen Kavadias for her secretarial and administrative support. It was around her devoted and skilful management that all our editorial activities developed. The secretarial assistance of Ms A. Vlachodimitropoulou is also greatly appreciated. Finally, we would like to thank Mr J. Arvanitis who, by his expertise in information processing and his readiness to resolve a variety of technical problems, greatly contributed to the completion of this publication.

The Editors

The proceedings of this congress have been published in four volumes. The abbreviated contents of volumes 1, 2 and 3 are as follows:

PSYCHIATRY: A WORLD PERSPECTIVE Volume 1 Classification and Psychopathology; Child Psychiatry; Substance Use isbn 0 444 81169 9

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- Delusional Disorders and Delusional Misidentification Syndrome (DMS)
- 3. Schizoaffective Disorders and Cycloid Psychoses
- 4. Mood (Affective) Disorders
- 5. Anxiety Disorders
- 6. Personality Disorders
- 7. Eating and Sleep Disorders
- 8. Psychopathology and Somatic Illness
- 9. Organic Mental Disorders
- 10. Suicidal Behaviour

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- 2. Mood and Eating Disorders
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- 5. Pharmacotherapy in Child and Adolescent Psychiatry
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- 6. Biological Correlates of Eating, Obsessive-Compulsive and other Disorders
- Application of New Investigative Methods in Biological Psychiatry

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Nootropics, SAM and other Psychotropic drugs

6. Electroconvulsive Treatment and other Biological Treatments

PART II: PSYCHOTHERAPIES

1. Psychoanalysis and other Psychodynamic Approaches

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