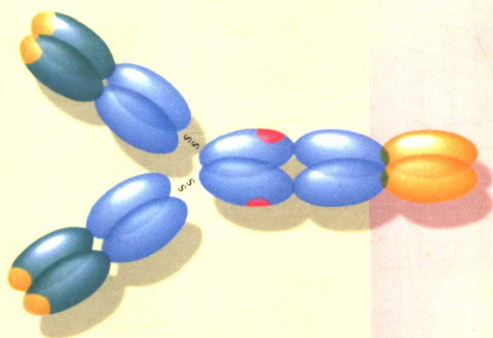


HIEME FLEXIBOOK

Gerd-Rüdiger Burmester
Antonio Pezzutto

With contributions by
Timo Ulrichs·Alexandra Aicher

Color Atlas of
Immunology
免疫学彩色图谱



Thieme



CHINA SCIENCE AND TECHNOLOGY PRESS
中国科学技术出版社

basic sciences

Color Atlas of Immunology

Gerd-Rüdiger Burmester, M.D.

Professor of Medicine
Charité University Hospital
Humboldt University of Berlin
Berlin, Germany

Antonio Pezzutto, M.D.

Professor of Hematology and Oncology
Charité University Hospital
Humboldt University of Berlin
Berlin, Germany

With contributions by
Timo Ulrichs and Alexandra Aichele



131 color plates by Jürgen Wirth
13 tables

This international edition is authorized
for sale and purchase only in:
South Asia, Southeast Asia, China,
and the Middle East & North Africa.

© 2006

Thieme
Stuttgart · New York

About the Authors



Gerd-Rüdiger Burmester



Antonio Pezzutto



Jürgen Wirth

Gerd-Rüdiger Burmester was born in Hanover, Germany in 1953. He studied medicine at the University of Hanover Medical School from 1972 to 1978 and did his doctoral research under the aegis of Professor Joachim R. Kalden in Hanover. His active interest in clinical immunology and rheumatology began during medical school and intensified after his studies as a Postdoctoral Fellow in the laboratories of Professors Henry Kunkel and Robert Winchester at the Rockefeller University in New York on a scholarship from the Deutsche Forschungsgemeinschaft. Dr. Burmester subsequently took up a teaching position at the University of Erlangen Medical School. He completed his additional research requirements for a *Habilitation* (German qualification for professorship) in 1989 and was appointed Associate Professor in 1990. He later accepted a chair at the Department of Rheumatology and Clinical Immunology, Charité Hospital, Humboldt University in Berlin. Professor Burmester is engaged in clinical and experimental rheumatology and clinical immunology. Other interests include medical didactics on both the undergraduate and postgraduate levels. Professor Burmester has a wife and two children.

This pocket atlas was made with substantial help from **Timo Ulrichs**, MD at the Department of Microbiology, Free University of Berlin, and lecturer at the Department of Rheumatology, Charité Hospital. Dr. Ulrichs studied in Marburg and did his doctoral research in immunology. He is currently engaged in studies of immunological infectology in tuberculosis and vaccine development.

Antonio Pezzutto was born in Mirano near Venice in 1953. He studied medicine at the University of Padua from 1972 to 1978 and did his doctoral research in tumor immunology and was subsequently licensed as a specialist for clinical hematology and laboratory hematology. In 1983 he transferred to the University of Heidelberg's Medical Clinic and Policlinic, where he was influenced for 10 years by the exceptional professional competence and personality of Professor Werner Hunstein. Dr. Pezzutto did his *Habilitation* in hematology and clinical immunology. He has served as a professor at the Department of Hematology, Oncology, and Tumor Immunology, Charité Hospital, Humboldt University in Berlin since 1994. He heads the Work Group "Molecular Immunotherapy" at the Max-Delbrück-Center for Molecular Medicine in the Berlin district of Buch. His work mainly focuses on tumor immunology. Professor Pezzutto's wife is a scientist from Great Britain; they have two children.

Alexandra Aicher was essential in compiling the illustrations and texts. She obtained her M.D. at the University of Ulm in 1995 and received post-doctoral training at the Max-Delbrück-Center/Robert-Rössle-Clinic, Berlin until 1997. After 2 years as post-doctoral fellow in immunology and microbiology at the University of Washington in Seattle, USA, she now works in molecular cardiology at the University of Frankfurt, Germany, focusing on dendritic cells and macrophages in atherosclerosis as well as on hematopoietic stem cells in neovascularization.

Jürgen Wirth began his studies in graphic design at the Offenbach School of Working Arts. He later transferred to the University of Graphic Arts in Berlin, where he majored in free graphics and illustration. He later completed his undergraduate

degree at the Offenbach College of Design. Jürgen Wirth developed innovative exhibition concepts as a member of the exhibition design team during the renovation of the Senckenberg Museum in Frankfurt/Main. By that time, he was also working as a freelance graphic designer for several publishing companies, designing the illustrations for a number of school textbooks, nonfiction books, and scientific publications. Jürgen Wirth has received several awards for outstanding book graphics and design. In 1978, he was appointed professor at the School of Design in Schwäbisch Gmünd. Professor Wirth has taught foundation studies, design, and visualization at the Faculty of Design at the University of Applied Sciences in Darmstadt since 1986.

Preface

Immunology is a dynamic discipline with rapid research developments unparalleled by those of any other field except, perhaps, the neurosciences. This research has provided valuable new data for medicine and biology. Immunology, including its fundamental principles and clinical applications, is a very exciting field in which to specialize.

Nowadays, we still live to a ripe old age despite hostile attacks by myriads of pathogenic organisms. Immunological mechanisms have become highly sensitive and specific in the process. This color atlas graphically depicts these mechanisms. Its main goal is to explain the diverse interactions between the fundamental principles and the laboratory and clinical applications of immunology so as to create a vivid mental picture. The book's main target group includes medical students, biology students, and students in other branches of the biosciences. However, it also targets physicians and biologists who are active in their respective fields.

By definition, an atlas must focus on the graphic presentation of subject matter, the explanation of which is limited to brief text segments. Especially in immunology, a graphic presentation of the subject matter must depict certain processes and their progression through time and different phases as well as the interactions between a number of different substances and elements. In order to present an unmistakable picture of these "protagonists," the graphic designers must create archetypal models and skillfully use colors to ensure a clear understanding of the subject matter. We have mainly concentrated on harmonization of the color plates for different topics. The goal was to ensure that the visual elements were not overloaded with internal structures and to have the individual pieces combine to form a mosaic whole. This was sometimes achieved at the expense of aesthetics, and there is inevitably a certain loss of anatomical detail.

Due to space limitations and the emphasis on human medicine, the book mainly focuses on human immunology; space does not permit us to present all areas of the immense field of immunology in their entirety. A number of excellent textbooks of immunology are already on the market. Some of our colleagues may prefer a more comprehensive presentation of the subject matter. We must also remember the enormous developments in immunological research, the constant discovery of new information and processes that are still unclear today, but will soon be well understood. A constant exchange of paradigms is taking place, especially on the subject of tolerance and autoimmunity. The current edition cannot provide full coverage of this new information. We naturally hope that there will be many future editions that will allow us to revise the contents of the book to keep abreast of the latest advances. We would greatly appreciate any suggestions, additions, and corrections proposed by the readers of this color atlas.

Spring 2003

*Gerd-Rüdiger Burmester, Berlin
Antonio Pezzutto, Berlin
Jürgen Wirth, Darmstadt*

Introduction

This book targets students of medicine and bio-sciences as well as physicians and bioscientists. As was mentioned in the preface, the book mainly focuses on human immunology. This information will be conveyed in 131 color plates accompanied by explanatory texts on the facing pages.

The atlas is broken down into three main segments. The fundamental principles of human immunology are presented in the opening segment, the essential laboratory tests used in immunology are described in the second section, and the clinical aspects of immunological diseases are presented in the final section. The appendix contains a glossary of important immunological terms and tables including CD nomenclature for immunologically relevant molecules, criteria for classification of rheumatic diseases, an overview of the most important cytokines and growth factors, and important reference values for immunology. Besides providing an introduction to all relevant aspects of modern immunology, this color atlas also serves as an important source of reference for important questions in clinical medicine and laboratory practice.

The **fundamental principles** section begins with the organs of the immune system, followed by a description of the relevant cells of the immune system and the mechanisms by which T and B lymphocytes acquire high levels of specificity. Surface molecules are described in detail in deference to the enormous emphasis placed on them in most immunological publications. A description of accessory cells and natural killer cells follows. Next, the human lymphocyte antigen system is analyzed, followed by the principles of antigen processing and hypersensitivity reactions. Autoimmunity and tolerance are described in the last part of the section.

The **laboratory applications** section describes the most important test systems in immunology. "Conventional" methods such as precipitation, agglutination, and complement-binding reactions are presented along with newer methods such as immunoblotting, molecular biology tests, and a number of test systems for the detection of expressed genes.

The **clinical immunology** section describes immunodeficiencies and the essential immunological features of a number of immune diseases. The main focus is on rheumatology and hematology.

Uniform symbols are used to represent the various cell systems as well as their receptors and products. The symbols are explained on the inside front and inside back covers.

Acknowledgments

The authors thank Professor Falk Hiepe, Dr. Susanne Priem, Dr. Bruno Stuhlmüller, and Dr. Bernhard Thiele, Department of Medicine, Rheumatology and Clinical Immunology, Charité Hospital, for their help in preparing the laboratory section. Our special thanks go to Professor Hans-Eberhard Völker and Professor Herrmann Krastel, Department of Ophthalmology, University of Heidelberg, for their helpful suggestions and for supplying slides on immunological diseases of the eye, and to Professor Wolfgang Schneider, Head of the Pathological Institute, Krankenhaus Berlin Buch, for his constructive comments and a number of photographs on immunological diseases of the kidney.

Valuable photographs and slides were also provided by Dr. Andreas Breitbart, Department of Hematology, University of Ulm, Dr. Uwe Pleyer, Department of Ophthalmology, Charité Hospital, Professor Heidrun Moll, Center for Infection Research, University of Würzburg, Professor Peter Möller, Director of the Institute of Pathology, University of Ulm, Professor Michael Hüfner, Medical Department and Policlinic, University of Göttingen, Professor Herwart Otto, Director of the Institute of Pathology, University of Heidelberg, Dr. Hans R. Gelderblom, Robert Koch Institute, Berlin, Professor Hans-Michael Meinck, Department of Neurology, University of Heidelberg, and Dr. Thomas Wolfensberger, Hôpital Jules Gonin, Lausanne.

List of Abbreviations

AA	amino acid	DT	diphtheria, tetanus (vaccination)
Ab	antibody	DTH	delayed-type hypersensitivity
ACE	angiotensin-converting enzyme	EAE	experimental autoimmune encephalitis
ACh	acetylcholine	EAU	experimental autoimmune uveoretinitis
ADCC	antibody-dependent cell-mediated cytotoxicity	EBV	Epstein-Barr virus
Ag	antigen	EC	endothelial cell
AIDS	acquired immunodeficiency syndrome	ECP	eosinophil cationic protein
AIHA	autoimmune hemolytic anemia	EGF	epithelial growth factor
AILD	angioimmunoblastic lymphadenopathy with dysproteinemia	ELISA	enzyme-linked immunosorbent assay
ALCL	anaplastic large-cell lymphoma	EMA	epithelial membrane antigen
ALL	acute lymphoblastic leukemia	ENA	extractable nuclear antigen
ALT	alanine aminotransferase	ER	endoplasmic reticulum
AMA	antimitochondrial antibody	ESR	erythrocyte sedimentation rate
AML	acute myeloid leukemia	FACS	fluorescence-activating cell sorter
ANA	antinuclear antibody	Fc(γ - ϵ)R	Fc receptors for γ , α , δ , μ , and ϵ immunoglobulins
ANCA	antineutrophil cytoplasmic antibody	FDC	follicular dendritic cell
AP	alkaline phosphatase	FGF	fibroblast growth factor
APC	antigen-presenting cell	FISH	fluorescence in situ hybridization
ARC	AIDS-related complex	FTIC	fluorescein isothiocyanate
AST	aspartate aminotransferase	GAD	glutamate decarboxylase
BAL	bronchoalveolar lavage	GALT	gut-associated lymphoid tissue
BALT	bronchus-associated lymphoid tissue	GBM	glomerular basal membrane
BCG	bacillus Calmette-Guérin	GCDC	germinal center dendritic cell
BCR	B-cell receptor	G-CSF	granulocyte colony-stimulating factor
C ₃	complement factor <i>n</i>	GM-CSF	granulocyte-macrophage colony-stimulating factor
CALLA	common acute lymphoblastic leukemia-associated antigen	GN	glomerulonephritis
CBR	complement-binding reaction	GPI	glycosylated phosphatidylinositol
CD	cluster of differentiation	GVHD	graft-versus-host disease
CDR	complementarity-determining region	GVL	graft-versus-leukemia (effect)
CFU	colony-forming unit	HAMA	human antimurine antibody
CLL	chronic lymphatic leukemia	HCV	hepatitis C virus
CMV	cytomegalovirus	HD	Hodgkin's disease
COX	cyclooxygenase	HEV	high endothelial venules
CR	complement receptor	HIV	human immunodeficiency virus
CRP	C-reactive protein	HLA	human leukocyte antigen
CSF	colony-stimulating factor	hsp	heat-shock protein
CTL	cytotoxic T lymphocyte	HSV	herpes simplex virus
CVID	common variable immune deficiency	HTLV	human T-lymphotropic virus
cyt	intracytoplasmic	IC	immune complex
Da	dalton	ICAM	intercellular adhesion molecule
DAF	decay-accelerating factor	ICE	interleukin-1 β -converting enzyme
DC	dendritic cell	IDC	interdigitating cell
del	chromosomal deletion	IDDM	insulin-dependent diabetes mellitus
DPT	diphtheria, pertussis, tetanus	IFN	interferon
		Ig	immunoglobulin

IL	<i>interleukin</i>	NPM-ALK	<i>nucleophosphamine anaplastic lymphoma kinase</i>
ILT	<i>lg-like transcript</i>	NSAID	<i>nonsteroidal anti-inflammatory drugs</i>
inv	<i>chromosomal inversion</i>	PAF	<i>platelet-activating factor</i>
IRAK	<i>IL-1 receptor-associated kinase</i>	PALS	<i>periarteriolar lymphocyte sheath</i>
IRBP	<i>interphotoreceptor retinoid-binding protein</i>	PAMP	<i>pathogen-associated molecular pattern</i>
ITAM	<i>immunoreceptor tyrosine-based activation motif</i>	PBC	<i>primary biliary cirrhosis</i>
ITIM	<i>immunoreceptor tyrosine-based inhibiting motif</i>	PCR	<i>polymerase chain reaction</i>
ITP	<i>idiopathic thrombocytopenic purpura</i>	PDGF	<i>platelet-derived growth factor</i>
IVIG	<i>intravenous immunoglobulin therapy</i>	PE	<i>phycoerythrin</i>
JCA	<i>juvenile chronic arthritis</i>	PEG	<i>polyethylene glycol</i>
JRA	<i>juvenile rheumatoid arthritis</i>	PFC	<i>plaque-forming cell</i>
kDa	<i>kilodalton</i>	PIBF	<i>progesterone-induced blocking factor</i>
KIR	<i>killer cell lg-like receptor</i>	PLP	<i>proteolipid protein</i>
L	<i>ligand</i>	PMN	<i>polymorphonuclear neutrophil granulocyte</i>
LAM	<i>lipoarabinomannane</i>	PMR	<i>polymyalgia rheumatica</i>
LBL	<i>lymphoblastic lymphoma</i>	poly-IgR	<i>polymeric immunoglobulin receptor</i>
LC	<i>Langerhans cell</i>	POX	<i>peroxidase</i>
LCF	<i>lymphocyte chemotactic factor</i>	PRR	<i>pattern recognition receptors</i>
LFA	<i>lymphocyte function-associated antigen</i>	PSC	<i>primary sclerosing cholangitis</i>
LGL	<i>large granular lymphocyte</i>	RA	<i>rheumatoid arthritis</i>
LIR	<i>leukocyte lg-like receptor</i>	REAL	<i>revised European-American lymphoma classification</i>
LKM	<i>liver-kidney microsomal antibody</i>	RF	<i>rheumatoid factor</i>
LPS	<i>lipopolysaccharide</i>	Rh	<i>rhesus</i>
LTR	<i>long terminal repeats</i>	RID	<i>radial immunodiffusion</i>
MAb	<i>monoclonal antibody</i>	RPGN	<i>rapidly progressive glomerulonephritis</i>
MAG	<i>myelin-associated glycoprotein</i>	RR	<i>relative risk</i>
MALT	<i>mucosa-associated lymphoid tissue</i>	RS	<i>Reed-Sternberg</i>
MASP	<i>mannan-binding lectin-associated serine protease</i>	S	<i>Svedberg unit</i>
MBP	<i>major basic protein</i>	SAA	<i>serum amyloid A</i>
MCP	<i>monocyte chemoattractant protein</i>	SAP	<i>serum amyloid P</i>
M-CSF	<i>monocyte colony-stimulating factor</i>	SCID	<i>severe combined immune deficiency</i>
MCTD	<i>mixed connective tissue disease</i>	SLE	<i>systemic lupus erythematosus</i>
MGUS	<i>monoclonal gammopathy of unknown significance</i>	t (n:n)	<i>chromosomal translocation from chromosome n to n</i>
MHC	<i>major histocompatibility complex</i>	TAP	<i>transporter associated with presentation</i>
MIF	<i>migration inhibition factor</i>	TBI	<i>TSH-binding inhibiting immunoglobulin</i>
MIRL	<i>membrane inhibitor of reactive lysis</i>	TCR	<i>T-cell receptor</i>
MOG	<i>myelin oligodendrocyte glycoprotein</i>	TdT	<i>terminal deoxynucleotidyltransferase</i>
MPGN	<i>membranoproliferative glomerulonephritis</i>	TG	<i>thyroglobulin</i>
MPO	<i>myeloperoxidase</i>	TGF	<i>transforming growth factor</i>
MPS	<i>mononuclear phagocytic system</i>	TIL	<i>tumor-infiltrating lymphocyte</i>
NF	<i>nuclear factor</i>	TNF	<i>tumor necrosis factor</i>
NFAT	<i>nuclear factor-activated T cell</i>	TPO	<i>thyroidal peroxidase</i>
NGF	<i>nerve growth factor</i>	TSBI	<i>thyroid stimulation-blocking immunoglobulin</i>
NHL	<i>non-Hodgkin's lymphoma</i>	TSH	<i>thyroid-stimulating hormone</i>
NK	<i>natural killer (cell)</i>	TSI	<i>thyroid-stimulating immunoglobulin</i>
		VCAM	<i>vascular cell adhesion molecule</i>

Contents

Fundamental Principles

The Immune System 1

Origin of Cells of the Immune System

Overview 2

Organs of the Lymphatic System

Overview 4

Thymus 6

Peripheral Organs 8

T-Lymphocyte Development and Differentiation

T Cell Development 10

T-Cell Selection 12

T-Cell Receptors 14

T-Cell Antigens 16

T-Cell Activation 18

T_H1 and T_H2 Cells 20

B-Lymphocyte Development and Differentiation

B-Cell Ontogenesis 22

Germinal Center Reaction 24

Immunoglobulins 26

Immunoglobulin Classes 28

Immunoglobulin Gene Organization 30

Immunoglobulin Gene Product Expression 32

Important B-Cell Antigens 34

Cell-Cell Interactions

Interactions between T Cells

and Antigen-presenting Cells 36

Nonspecific Defense Cells

Natural Killer Cells 38

Monocytes and Dendritic Cells

The Phagocyte System 40

Monocyte Function and Antigens 42

Dendritic Cell Populations 44

DC Maturation: Changes in Phenotype

and Function 46

HLA System (MHC System)

Genomic Organization of the HLA Complex 48

HLA Molecule Structure and Class I Alleles 50

HLA Molecules: Class II Alleles (II) 52

MHC Class II-dependent Antigen Presentation .. 54

MHC Class I-dependent Antigen Presentation .. 56

The Complement System

Activation and Effectors 58

Regulation and Effects 60

Innate Immunity

Pathogen-associated Molecular Patterns 62

Leukocyte Migration

Leukocyte Adhesion and Migration 64

Pathological Immune Mechanisms and Tolerance

Hypersensitivity Reactions 66

Induction and Preservation of Tolerance 68

Mechanisms of Autoimmunity (I) 70

Mechanisms of Autoimmunity (II) 72

Apoptosis

Apoptosis 74

Laboratory Applications

Antigen-Antibody Interactions

Definitions and Precipitation Techniques 76

Techniques of Electrophoresis 78

Agglutination Techniques/Complement-

binding Reaction 80

ELISA, RIA, and Immunoblotting 82

Immunofluorescence 84

Immunohistology 86

Cellular Immunity

Cell Isolation Techniques 88

Tests of T-Cell Function 90

Antigen-specific Tests 92

Assay Procedures for Characterizing

Antigen-specific T Cells 94

Humoral Immunity

Tests of B-Cell Function 96

Molecular Biological Methods

Analytical Techniques 98

Clinical Immunology

Immunodeficiencies

Humoral Immunodeficiencies	100
Cellular Immunodeficiencies	102
Granulocytic Deficiencies	104
Complement Deficiencies and Defects	106
HIV Structure and Replication	108
Course of HIV Infection	110
Diagnosis and Treatment of HIV Infection	112

Hemolytic Diseases and Cytopenias

ABO Blood Group System	114
Rhesus and Other Blood Group Systems	116
Mechanisms of Hemolysis and Antibody Detection	118
Autoimmune Hemolysis Due to Warm Antibodies	120
Autoimmune Hemolysis Due to Cold Antibodies	122
Drug-induced Hemolysis and Transfusion Reactions	124
Autoimmune Neutropenias and Other Cytopenias	126

Hematological Diseases

Acute Leukemias	128
Overview of Lymphoma Classifications	130
Hodgkin's Disease	132
T-Cell Lymphomas	134
B-Cell Lymphomas	138
Plasma Cell Dyscrasias	142
Multiple Myeloma	144
Cryoglobulinemia	146
Amyloidosis	148

Tumor Immunology

Detection and Identification of Tumor Antigens	150
Immune Escape Mechanisms of Tumor Antigens	152
Immunotherapeutic Strategies (I)	154
Immunotherapeutic Strategies (II)	156

Transplantation of Autologous

Bone Marrow/Hematopoietic Stem Cells	158
Transplantation of Allogenic Bone Marrow/Hematopoietic Stem Cells	160
Clinical Aspects of Organ Transplantation	162
Immunological Aspects of Organ Transplantation	164

Musculoskeletal Diseases

Clinical Features of Rheumatoid Arthritis	166
Synovial Changes in Rheumatoid Arthritis	168

Pathogenesis of Rheumatoid Arthritis (I)	170
Pathogenesis of Rheumatoid Arthritis (II)	172
Juvenile Chronic Arthritis	174
Clinical Features of Spondylarthritis	176
Pathogenesis of Spondylarthritis	178
Gout, Polychondritis and Behçet's Syndrome ..	180

Autoantibodies

Autoantibody Patterns	182
-----------------------------	-----

Connective Tissue Disease and Vasculitis

Clinical Features of SLE	184
Pathogenesis of SLE	186
Scleroderma and Mixed Connective Tissue Disease	188
Sjögren's Syndrome	190
Myositic Diseases	192
General Classification of Vasculitis	194
Immune Vasculitides and Polyarteritis Nodosa	196
Giant Cell Arteritis	198

Skin Diseases

Urticaria	200
Contact Allergies	202
Atopic Dermatitis and Leukocytoclastic Vasculitis	204
Psoriasis and Bullous Skin Diseases	206

Gastrointestinal Diseases

Atrophic Gastritis, Whipple's Disease and Sprue	208
Chronic Inflammatory Bowel Diseases	210
Autoimmune Liver Diseases	212

Respiratory Diseases

Bronchial Asthma and Allergic Rhinitis	214
Sarcoidosis and Idiopathic Pulmonary Fibrosis	216
Extrinsic Allergic Alveolitis	218
Tuberculosis	220

Renal Diseases

Immunological Mechanisms	222
Glomerulonephritis (I)	224
Glomerulonephritis (II) and Interstitial Nephritis	226

Metabolic Diseases

Autoimmune Thyroid Diseases	228
Diabetes Mellitus and Autoimmune Polyglandular Syndrome	230

Heart Disease

Rheumatic Fever, Myocarditis, and Postinfarction Syndrome	232
--	-----

Neurological Diseases

Multiple Sclerosis	234
Autoantibody-mediated Diseases	236
Myasthenia Gravis and Lambert-Eaton Syndrome	238

Ophthalmic Diseases

Anatomy and Pathogenesis	240
Extraocular Inflammations	242
Uveitis (I)	244
Uveitis (II) and Ocular Manifestations of Systemic Disease	246

Reproduction Immunology

Reproduction Immunology	248
-------------------------------	-----

Vaccinations

Overview	250
New Vaccines	252

Immune Pharmacology

Nonsteroidal Anti-inflammatory Drugs and Glucocorticoids	254
Antimetabolites, Cyclophosphamide, Sulfasalazine, and Gold	256
Cyclosporin A, Mycophenolate, and Leflunomide	258
Monoclonal and Polyclonal Antibodies	260

Appendix

Tables	262	Further Reading	306
Glossary	300	Index	308

The Immune System

It took more than 400 million years of evolution for our immune system to develop into the highly complex and adaptable defense mechanism that it is today. Its primary task is to protect us from foreign and harmful substances, microorganisms, toxins, and malignant cells. Only through the continuous development of the immune system was it possible to protect living organisms against constant attacks from both the external and internal environments. In the process, the immune system has learned to inactivate destructive responses to endogenous substances and to prevent irreparable damage to the surrounding tissue. Most immunological responses are of limited duration and are restricted by regulatory mechanisms to prevent overreactions.

An essential task of the immune system is to distinguish dangerous from harmless. Infiltration with microorganisms or bacterial toxins, for example, is a dangerous attack on an organism, whereas the inhalation of pollen or the infiltration of food antigens from the stomach into the blood system is harmless. The destruction of malignant cells or foreign cell material is desirable (e.g., in parasite infestation), but direct attacks against the host tissue are undesirable (e.g., in autoimmune disease). The processes by which the immune system avoids the development of destructive self-reactivity are collectively referred to as *tolerance*. The large majority of lymphocytes directed against self-antigens present throughout the primary lymphoid organs are destroyed in a process known as *central tolerance*. *Peripheral tolerance* is still another mechanism that occurs in less common endogenous structures or in those present only in certain regions of the body.

Nonspecific Immune System

The historically older congenital defense mechanisms are defined as nonspecific because they become active independently of the invading pathogen. They are also called *nonclonal defense mechanisms* because no individual cell clone is required for their specific development. Some examples include the acid layer of the skin, the intact epidermis, the complement system, antimicrobial enzyme systems, and nonspecific mediators such as interferons and interleukins. Examples on the cellular level include

granulocytes, the monocyte-macrophage system, and natural killer (NK) cells. The latter represent an interface between the specific and nonspecific immune systems.

The inflammatory response permits an on-the-site concentration of defensive forces via the complex interplay of soluble and cellular components; this is an important nonspecific defense mechanism. The first step in this process is the release of mediators that dilate the blood vessels and make the capillary walls more permeable. The site of infection is then penetrated by granulocytes, which are replaced by macrophages in the later course of the reaction. The granulocytes carry out the "first line of defense" in which the majority of invading pathogens are destroyed. The remaining pathogenic organisms and waste products of this first-line defense are phagocytosed by macrophages.

Specific Immune System

The process of such an immune response paves the way for the specific immune response. In a specific cytokine environment, the body can decide whether to proceed to a more humoral line of defense or a more cellular line of defense. The migration of antigen-presenting cells (APC) to the lymphoid organs first triggers a systemic immune response, then a *memory response*. The specific immune system consisting of T and B lymphocytes is responsible for this. These cell systems can produce highly specific reactions to their respective antigens and undergo clonal expansion, thus achieving a highly effective response to and memory for those antigens.

A. Origin of Cells of the Immune System

All components of the blood, including the cells of the immune system, originate from pluripotent hematopoietic stem cells of the bone marrow. With the aid of soluble mediators (cytokines) and contact signals emitted by stromal cells, these highly undifferentiated progenitor cells can give rise to the different blood cells (A). These cells are among the few body cells capable of self-renewal. Hence, they can divide without differentiating, thereby producing an unlimited supply of blood cells. The bone marrow produces 1.75×10^{11} erythrocytes (red blood cells) and 7×10^{10} leukocytes (white blood cells) each day and has the capacity to increase this production up to severalfold if needed. In vitro, these so-called progenitor cells can form colonies of differentiated cells. Myeloid progenitor cells can differentiate into the following types of cells: *megakaryocytes*, very large multinucleated cells that break up into small particles which constitute the platelets (thrombocytes) of the blood; *erythroblasts*, which further multiply and differentiate into circulating erythrocytes (red blood cells); *myeloblasts*, which can differentiate into neutrophils, eosinophils, and basophils (they all have a segmented nucleus and are therefore called polymorphonuclear leukocytes in order to distinguish them from the other mononuclear cells); *monoblasts* (monocyte precursors); and *dendritic cells*. Granulocytes, monocytes, and dendritic cells have the ability to ingest particles, microorganisms and fluids and are therefore called *phagocytes* (from the Greek word "phago" = "eat").

In response to soluble mediators called *chemokines*, the leukocytes migrate from the blood into the tissue, where they repair damaged tissue and remove bacteria, parasites, and dead cells that induce inflammation. After migration into the tissue, the blood monocytes differentiate into macrophages.

The most important cells of the immune system are the lymphocytes, which originate from a common progenitor cell in the bone marrow. Two types of lymphocytes can be distinguished: T lymphocytes, which are responsible for the cellular immune response, and B lymphocytes, which produce antibodies (humoral immune response). Cells of a third type, the natural killer cells, are also part of the lymphatic system. These cells are related to T lymphocytes, but their origin is still a matter of debate

since they also express some features of myeloid cells.

B. Defense Mechanisms against Infections

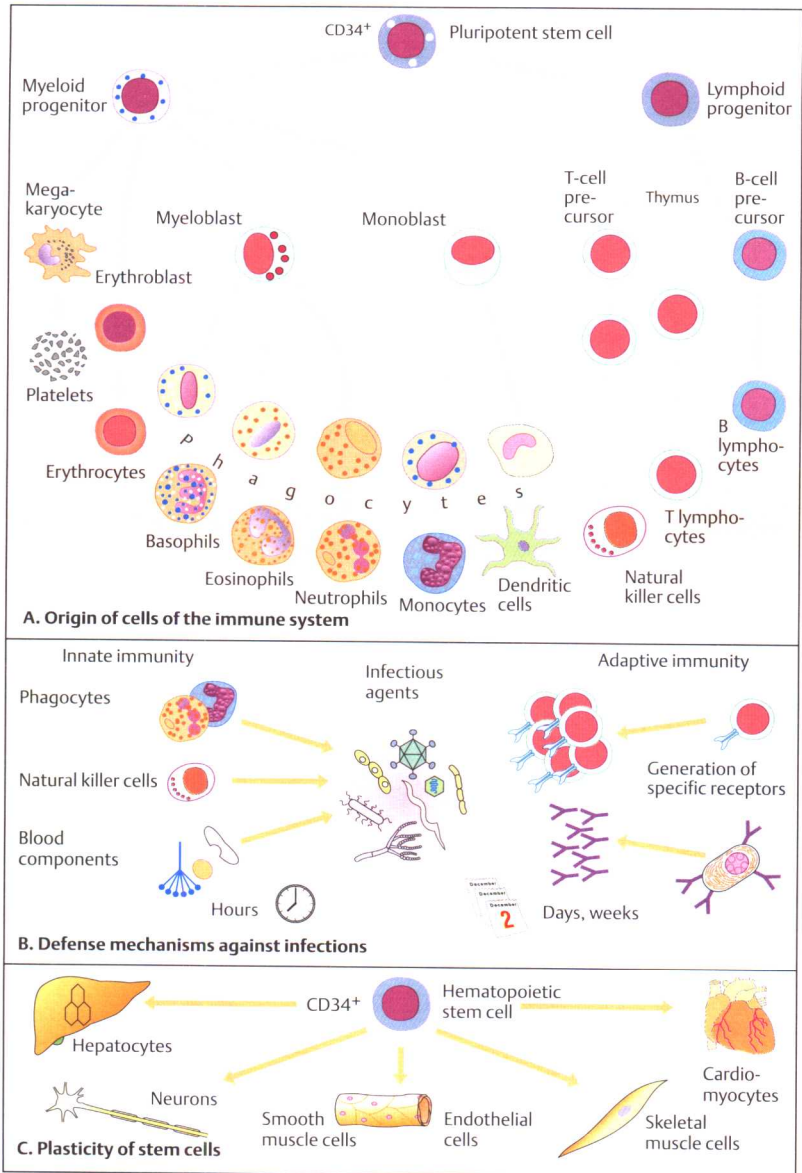
The primary function of the immune system is the protection of the organism against infection. *Innate immunity* is a more ancient line of defense, which is highly conserved between the different species. It consists mainly of phagocytic cells, blood proteins, and natural killer cells. All of its strategies are based on the recognition of typical molecular structures that are shared among different pathogens. The mechanisms of innate immunity are deployed shortly after the body has been invaded by a pathogen—usually within hours.

Phagocytosis is the main mechanism of innate immunity. In this process, the microorganism is coated with blood components such as complement, which induces lysis of the invader or the release of cytotoxic lytic enzymes from killer cells.

Adaptive immunity, the phylogenetically modern mechanism, is based on the presence of receptors that are highly specific for certain regions (epitopes) of the pathogens. These receptors are either cell-bound (T lymphocytes and some B lymphocytes) or secreted (antibodies produced by B lymphocytes). A single T or B lymphocyte proliferates and produces large quantities of identical daughter cells (clonal expansion). This specific response process takes days to weeks.

C. Plasticity of Stem Cells

When present in specialized tissue, hematopoietic progenitor cells can differentiate into various different blood cells or tissue-specific cells, such as hepatocytes, neurons, muscle cells, or endothelial cells. The signals that regulate their differentiation into specialized cells are still largely unknown. Hematopoietic stem cells circulate in small numbers in the peripheral blood. They are morphologically indistinguishable from small lymphocytes.



A. Structure of the Lymphatic System

All blood cells develop from common, pluripotent bone marrow stem cells. They can be detected in the fetal liver, which has hematopoietic properties, from the 8th week of gestation until shortly before birth. The stem cells give rise to the precursor cells of the lymphatic and myelopoietic systems. Erythrocytes, granulocytes, and thrombocytes have common precursor stages (progenitor cells), whereas lymphatic cells develop early into separate cell lines. Starting from the 13th week of gestation, some stem cells migrate to the thymus and bone marrow, which are referred to as the *primary lymphoid organs*. There, the cells continue to proliferate and differentiate. T lymphocytes require passage through the thymus to complete their maturation, whereas B lymphocytes complete their maturation in the bone marrow (equivalent to the bursa of Fabricius in birds).

Specialized receptors are located on the surface of T and B lymphocytes (antigen receptors made of two glycoprotein chains). The structure of the receptors varies from one cell to another. Each receptor recognizes and binds with only one specific antigen ("lock-and-key" principle). Unlike T lymphocytes, B lymphocytes can mature into plasma cells, produce large quantities of receptors in modified form, and enter the bloodstream as circulating antibodies.

Immature T lymphocytes make contact with specialized epithelial cells, dendritic cells, and macrophages in the thymus, which provides an opportunity for the selection and differentiation of T cells useful to the immune system. Cytokines (soluble regulatory factors or "messengers" for the immune system), such as interleukins 1, 2, 6, and 7, also play an important role. A large number of lymphocytes, especially those which recognize self-components of the body, are destroyed during this process of selection.

B lymphocytes start to develop from stem cells in the bone marrow around the 14th week of gestation. Contact with stromal cells of the bone marrow and cytokines is important for the differentiation of B cells. Interleukins 1, 6, and 7 are the most important cytokines in this process. The bone marrow is the lifetime production site of B lymphocytes.

Mature T and B lymphocytes leave their differentiation sites and migrate to peripheral or *secondary lymphoid organs* (e.g., spleen, lymph nodes, and mucosa-associated lymphoid tissue).

Mucosa-associated lymphoid tissue (MALT) is a collection of lymphatic cells in the submucosal tissue of the gastrointestinal (GI) tract, bronchial tract, urinary tract, and lacrimal glands. Organized lymphoid tissue (e.g., tonsils or Peyer's patches) and a large number of lymphatic cells loosely distributed throughout the pericapillary and periendothelial tissue can be found there.

B. Lymphatic Recirculation

The cells of the lymphatic system circulate continuously and reach all parts of the body with a few exceptions (e.g., vitreous body, brain, testicles). They reach the lymph nodes, skin, and intestine via a specialized endothelium of postcapillary venules, the so-called **high endothelial venules (HEV)**. The cells of this endothelium are much higher than normal endothelial cells. They express high levels of adhesion molecules that serve as homing receptors for lymphocytes. In response to certain chemotactic factors, lymphocytes migrate to the underlying tissue (diapedesis). The lymphatic cells reenter the circulation through efferent lymph vessels that merge into the thoracic duct. The lymphocytes enter the spleen via arterioles and sinusoids and exit the organ via the splenic vein.

