

方笑君 主编

英语专业四级考试

多项训练 + 全真模拟

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英语专业四级考试多项训练 + 全真模拟

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本书依据国家教育部最新修订的《高校英语专业四级考试大纲》的具体要求编写而成。全书由三大部分构成：(1)“单项热身练习”部分根据专业四级考试大纲中各个项目先后排列的顺序，针对考生在这一时段的学习心理特征和具体学习状况，对每个考试项目进行密集式高强度的反复演练，从而强化巩固所学的英语基本技能和基础知识，做好临考前的心理准备。(2)“全真模拟”部分，在对各个考试项目内容熟练掌握的基础上，按“考纲”的要求，进行大量的、难度与真题相当的，并且排列形式相同的综合模拟训练，进而达到及时正确反馈，最后大幅提高考试成绩的目的。(3)“录音材料”部分给出本书听力部分的语音资料，并在网上提供免费 MP3 格式下载，提高读者视听相结合的能力。

本书的读者对象是英语专业二年级学生和报考国家英语六级的非英语专业学生。

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前 言

由国家教育部组织实施的英语专业四级和八级考试每年各定期举行一次，同其他各类英语考试相比，具有相当高的权威性。其中八级证书的考试代表了我国英语技能教育的最高水平。另一方面，随着我国英语专业教育规模的不断扩大，教学质量的不断提高，测试规范化水平的不断完善，四、八级英语专业证书的含金量受到社会各界愈来愈多的重视。学生在校期间能否顺利通过这些考试并获得相应的证书，已成为学校和社会认可的客观标准。因此，努力争取通过四、八级考试，获得证书，就成了所有考生趋之若鹜的追求目标。

为适应当前新形势的要求，国家教育部依据《高等学校英语专业教学大纲》和《高等学校英语专业考试大纲》，在原先制定的“四、八级考试大纲”的基础上，于2004年3月重新修订并颁布了最新的考试大纲。这对于英语专业四、八级考试，对于检验高等学校英语专业教学大纲的执行情况，无疑具有重大的指导意义。

新的考试大纲对英语专业四、八级考试的要求和内容均作了调整和修改，具体说来，主要有以下几个方面：

首先，大纲更加重视听、说、读、写、译等基本技能和词汇、句法、语篇等层次的基本知识，适当增加了考题的难度。

其次，专业特征突出，在试题中增加了人文知识一项内容，以反映英语专业本科教育对英语知识之外的社会文化知识的要求。

第三，为反映综合应用能力，简化了部分考试项目，如将快速阅读部分合并到阅读理解之中，不再单独测试。

第四，为缩短考试时间，减少了试题的篇幅，简化了试题的编排，削减了听力理解部分的长度，减少了阅读量，缩短了听力、阅读和写作的时间。这些变化在八级试题中尤其突出，使该级考试的时间由原来的215分钟，减少至现在的185分钟。

第五，对试题各部分的顺序作了局部调整。以英语专业四级考试为例，从2005年开始，其考试的形式和内容将有所变化。如考试时间由原来的140分钟缩短至130分钟（听力理解和阅读理解各缩短5分钟）；写作由第一部分改为第五部分，且分数比重增加了5分，作文的字数要求由原来的150个词增至200个词左右；而其他项目，如听力理解和完形填空，还有语法与词汇的题数各增加了5道，但分值未变；听力理解则由单人陈述、两人对话、新闻广播三部分修改为对话、短文、新闻，每道题由间隔10秒钟缩短为5秒钟；阅读理解的快速阅读部分被摒弃，阅读文章的长度由1500个单词增加至1800个。英语专业八级考试亦有类似的变化。

总的看来，尽管英语专业四、八级考试在形式上较前有所简化，但在其内容的难度上，则比过去略有加大。其考试效应保证了应有的含金量，足以引起考生的极大关注。

为帮助广大考生通过英语专业四、八级考试，我们依据2004年新修订的“大纲”要求，组织具有丰富教学经验的一线教师，严格选材，结合对过去历年四、八级考试的研究分析





结果，并广泛听取了历届考生们的意见和建议，考虑到他们在专业学习中的心理特征及其阶段性学习成果，借鉴了很多用于指导此类考试的辅助读物，本着复习时间集约化的原则，精心编写了这套专门用于帮助考生顺利获得四、八级证书的应试丛书。

该丛书由三大部分组成：单项热身练习、全真模拟和录音材料。所谓单项热身练习，就是按照四、八级真题考试项目排列的先后顺序，对每个项目进行数量较大的，并且具有相当难度的习题集中反复演练的过程。这种大面积、高强度的练习方式，有助于考生对英语的基本技能和基础知识进行巩固强化的积极作用，既符合有意义语言学习的经典理论，又是快速提高考试成绩的“催化剂”。而所谓的全真模拟，即仿真模拟考试训练，则是在全面熟悉考试的各个项目，并且逐步熟练的前提之下，进行适应性全面训练的自我检测过程。这种带有实战性质的持续训练，可使考生处于一种适度的“焦虑”状态之中，随时对所学知识和技能作出及时正确的反馈。其结果自然是考试成绩的大幅提高。此外，在“录音材料”部分给出听力部分的语音资料，并特别提供网上免费 MP3 格式下载，下载网址：<http://www.cmpbook.com/download/16773.rar>，以提高读者视听相结合的能力。应该说，本丛书的编排形式，无论是其内涵，还是其外延，都完全符合两个不同时段中考生们的学习心理特征及其认知水平，可谓独具一格。

英语学习是一个不断勤学苦练的过程，坚实的英语基础源于不断的积累。笔者相信，处于两个不同时段的考生如果真正具备了相应的英语水平，这套丛书肯定会成为他们的良师益友，帮助他们尽快通过英语专业四、八级考试。在同等水平条件下的学习，虽然学习内容相同，但其编排形式不同，往往会导致不同的学习结果。但愿此书能够给考生带来事半功倍的奇效。

本书由下列老师编写：方笑君、李应洪、陈锵明、肖旭华、庾莉、熊一娣、廖丽琼。其具体分工如下：方笑君负责完形填空部分；陈锵明负责语法与词汇部分；李应洪负责听写部分；熊一娣和方笑君负责阅读理解部分；李应洪、肖旭华和廖丽琼负责听力理解部分；庾莉负责写作部分。方笑君则对全书做了反复的校对和最后的统稿。

由于编写时间紧迫，加之编者水平有限，书中难免存在疏漏之处，敬请读者指正。

方笑君

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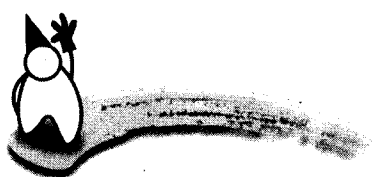
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第一部分

单项热身练习

(**Warming-up Practice**)

第一单元 听写 (Dictation)

Listen to the following passage. Altogether the passage will be read to you four times. During the first reading, which will be read at normal speed, listen and try to understand the meaning. For the second and third readings, the passage will be read sentence by sentence, or phrase by phrase, with intervals of 15 seconds. The last reading will be read at normal speed again and during this time you should check your work. You will then be given 2 minutes to check through your work once more.

Please write the whole passage on ANSWER SHEET ONE.

Now listen to the passage.

The second and third readings. You should begin writing now.

The last reading. Now, you have two minutes to check through your work.

(a 2-minute interval)

This is the end of the Dictation.

第二单元 听力理解 (Listening Comprehension)

PRACTICE ONE

[15 min.]

In Sections A, B, and C you will hear everything once only. Listen carefully and then answer the questions that follow. Mark the correct answer to each question on your answer sheet.

SECTION A CONVERSATIONS

In this section you will hear several conversations. Listen to the conversations carefully and then answer the questions that follow.



Questions 1 to 3 are based on the following conversation. At the end of the conversation, you will be given 15 seconds to answer the questions.

Now listen to the conversation.

1. Maradona's condition can be best described as _____.
A. serious
B. improving slightly
C. nothing serious
D. can not be determined from the conversation
2. The speakers seem to agree on _____.
A. Maradona as a role model
B. Maradona's dazzling performance in 1986
C. Maradona's damaging drug abuse
D. Maradona as a human being
3. What is true toward the conversation?
A. Gray has weakened his argument.
B. Jeff has been persuaded by Gray.
C. Gary has come around to Jeff's point of view.
D. Jeff sticks to his views about Maradona.

Questions 4 to 7 are based on the following conversation. At the end of the conversation, you will be given 20 seconds to answer the questions.

Now listen to the conversation.

4. What conclusion can we draw about Mike before he went to the camping school?
- A. Mike was eager to do the course. B. Mike had done outdoor activities.
C. Mike enjoyed life in the open. D. Mike was reluctant and timid.
5. According to the conversation, Mike was taking about the camping school experiences because _____.
- A. he enjoyed what he had done B. he still felt the horror of it
C. persuaded people not to go D. he felt good about the result
6. Mike participated in all of the following activities **EXCEPT** _____.
- A. hiking. B. canoeing. C. swimming. D. camping.
7. Which of the following words is most appropriate to describe Mike after the camping school?
- A. Independent. B. Strong. C. Determined. D. Persistent.

Questions 8 to 10 are based on the following conversation. At the end of the conversation, you will be given 15 seconds to answer the questions.

Now listen to the conversation.

8. Which of the following is true of the speaker?
A. Both speakers are objective about city or country life.



- B. Jenny is biased against country life while Cathy is not.
 - C. Cathy is biased against country life while Jenny is not.
 - D. Both speakers are biased against city life.
9. Which of the following is true of country life?
- A. The costs of transportation are more affordable than in the city.
 - B. There is a measured pace of life.
 - C. Friendliness is more important than one's own business.
 - D. Crimes are often committed by strangers.
10. What is true of the law in the country?
- A. There are a few laws written.
 - B. The laws are easy to enforce.
 - C. The laws mainly target school kids.
 - D. Many laws are not applied.

SECTION B PASSAGES

In this section, you will hear several passages. Listen to the conversations carefully and then answer the questions that follow.

Questions 11 to 13 are based on the following passage. At the end of the passage, you will be given 15 seconds to answer the questions.

Now listen to the passage.

11. What is the author's main purpose in the passage?
- A. To prove that football is the world's most important sport.
 - B. To show that Argentina is better than others.
 - C. To compare Scotland with Argentina.
 - D. To explain the role of sport.
12. Why is Argentina world-famous according to the passage?
- A. Because of its large number of sports fans and supporters.
 - B. Because of its successes in the Football World Cup.
 - C. Because of its obvious position on the map.
 - D. Because of its excellence at most important sports.
13. If a sportsman only thinks about winning, what will he be?
- A. He will fail to succeed.
 - B. He will be successful.
 - C. He will lose enjoyment.
 - D. He will be irrational.

Questions 14 to 16 are based on the following passage. At the end of the passage, you will



Now listen to the passage.

14. How old are senior citizens?
 - A. People of 65 years old.
 - B. People over 65 years of age.
 - C. People between 60 and 65 years old.
 - D. Retired people.
15. How do many senior citizens feel?
 - A. Feel enjoyable.
 - B. Feel safe in big cities.
 - C. Feel unproductive, and lonely.
 - D. Feel free.
16. Why are senior citizens gaining social influence?
 - A. Because the number of senior citizens is growing and because senior citizens are more active.
 - B. Because senior citizens have experience.
 - C. Because their average life span is longer.
 - D. Because they do more work now.

Now listen to the passage.

17. Where can people take adult education courses?
 - A. In a private college or university.
 - B. At home.
 - C. At his/her working place.
 - D. In a community college or university.
18. Why has adult education become popular?
 - A. Because many old people are changing their professions.
 - B. Because some people are looking for better jobs.
 - C. Because they have high costs for repairs and advanced technology.
 - D. All of the above.
19. Which of the following courses is not offered in evening adult education programs?
 - A. Plumbing and electrical repair.
 - B. Engineering.
 - C. Foreign languages.
 - D. Accounting and communication.
20. Which of the following statements is not true according to the selection?
 - A. People go to attend the evening adult classes for more money.
 - B. They go there for they want to enrich their lives.



- C. They have to study more because of the advanced technology.
D. They do so for the reason that they want to do jobs better.

SECTION C NEWS BROADCAST

Questions 21 and 22 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions.

Now listen to the news.

21. Since earlier this year, China has announced cuts to its military in the number of _____.
A. 200,000
B. 500,000
C. 700,000
D. 2,000,000
22. All of the following are true **EXCEPT** _____.
A. China will begin its cuts to the military in the year 2005
B. China now has more than two million troops
C. China is to make its military more efficient
D. People's Liberation Army will get most of the cuts

Questions 23 and 24 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions.

Now listen to the news.

23. Kobe was injured _____.
A. by a foul
B. in the final quarter of he game
C. 90 minutes into the game
D. by one of his teammates
24. We learn from the news that _____.
A. Kobe Bryant will need a surgery
B. O'Neal has almost recovered from his injury
C. More Lakers' layers will go on the injured list
D. Karl Malone will not return until the end of the season

Questions 25 and 26 are based on the following news. At the end of the news item, you will be given 10 seconds to answer the questions.

Now listen to the news.

25. The health of Australia's indigenous people _____.
A. is improving
B. is horrible



C. is better than that of people in poor countries

D. is not as bad as people think

26. Which of the following is **LEAST** likely to improve aboriginal health?

A. Better housing.

B. More nutritious food.

C. More health care.

D. More education.

Question 27 is based on the following news. At the end of the news item, you will be given 5 seconds to answer the question.

Now listen to the news.

27. The news is about the _____ of the Olympics in Athens.

A. participants

B. accommodations

C. sightseeing

D. reporting

Questions 28 to 30 are based on the following news. At the end of the news item, you will be given 15 seconds to answer the questions.

Now listen to the news.

28. About _____ percent of foreign-owned companies avoided federal taxes altogether.

A. 10

B. 35

C. 60

D. 70

29. The federal tax rate on corporations is _____ percent.

A. 25

B. 35

C. 45

D. not mentioned in the news

30. Evading taxes by corporations in America is _____.

A. not as serious as people think

B. a thing of the past

C. an established practice

D. approved by the general public

PRACTICE TWO

[15 min.]

In Sections A, B, and C you will hear everything once only. Listen carefully and then answer the questions that follow. Mark the correct answer to each question on your answer sheet.

SECTION A CONVERSATIONS

In this section you will hear several conversations. Listen to the conversations carefully and then answer the questions that follow.



Questions 1 to 3 are based on the following conversation. At the end of the conversation, you will be given 15 seconds to answer the questions.

Now listen to the conversation.

1. What did the International Center send out to students?
 - A. A diagram of their facilities.
 - B. A schedule of their activities
 - C. Maps of the city.
 - D. Samples of coffee from other countries.
2. What does the man feel about the local customs?
 - A. Indifferent.
 - B. Disinterested.
 - C. Confused.
 - D. Unaccustomed.
3. Where will the speakers meet each other?
 - A. At the snack bar.
 - B. In front of the library.
 - C. At the international center.
 - D. In front of the campus mailbox.

Questions 4 to 7 are based on the following conversation. At the end of the conversation, you will be given 20 seconds to answer the questions.

Now listen to the conversation.

4. According to the woman, what governs the cloth we wear?
 - A. A desire to express oneself and display one's wealth.
 - B. Individual taste and love for beauty.
 - C. Love for beauty and a desire to impress other people.
 - D. Individual taste and a desire to express oneself.
5. Judging by the extraordinary warm clothes some people wear, what might we learn about them?
 - A. They may be homesick and feel insecure.
 - B. They are either cold or very sick.
 - C. They may try to attract other people's attention.
 - D. They want to protect themselves from physical injuries.
6. So far as clothes are concerned, what color might shy people prefer according to the woman?
 - A. White.
 - B. Yellow.
 - C. Red.
 - D. Gray.
7. What is the relationship between the man and the woman in the dialogue?
 - A. Reporter and fashion designer.
 - B. Husband and wife.
 - C. Shop assistant and customer.
 - D. Teacher and student.

Questions 8 to 10 are based on the following conversation. At the end of the conversation, you will be given 15 seconds to answer the questions.

Now listen to the conversation.



8. The man and woman are discussing _____.
A. information in a news article
B. a weather forecast
C. a friend's experience of how to avoid being attacked by lightning?
D. details from a recent lecture
9. What's the man's opinion of taking a bath during a thunderstorm?
A. He doesn't think it's a good idea.
B. He thinks a shower would be better.
C. He believes that lightening strikes clean surface.
D. He thinks it would be a waste of water.
10. What does the woman say about the effects of lightening in the U.S.?
A. They receive more publicity than they should.
B. They are drastic enough to justify any precautions.
C. They are less severe than in other countries.
D. They can be eliminated by using the proper equipment.

SECTION B PASSAGES

In this section, you will hear several passages. Listen to the conversations carefully and then answer the questions that follow.

Questions 11 to 13 are based on the following passage. At the end of the passage, you will be given 15 seconds to answer the questions.

Now listen to the passage.

11. What was Chinese paper made from?
A. The wood of trees.
B. The hair-like plants of certain plants.
C. The grass-like plants which grows near water.
D. The skin of certain animals.
12. When did paper begin to be made in Europe?
A. About the year 1400. B. About the year 1500.
C. About the year 1100. D. About the year 1900.
13. Which country makes the best paper in the world?
A. Sweden. B. Canada.
C. America. D. Finland.

Questions 14 to 17 are based on the following passage. At the end of the passage, you will



be given 20 seconds to answer the questions.

Now listen to the passage.

14. Which of the following is not mentioned in the passage?
 - A. Dogs are also valuable in hunting games.
 - B. Horses can help guarding herds.
 - C. Man made use of homing pigeons long ago.
 - D. Animals could entertain people.
15. Which of the following can be inferred from the passage?
 - A. Dogs are kept mostly as companions for old people.
 - B. Dogs have a natural instinct to return home.
 - C. A seeing-eye dog sometimes may not obey its master.
 - D. Guarding dogs are always good at running.
16. What is necessary for horse trainers?
 - A. They are not frightened by wild horses.
 - B. They are not disturbed by other noises.
 - C. They understand the horse's special language.
 - D. They need to be patient and understanding.
17. Which of the following is true according to the passage?
 - A. Homing pigeons need to fly faster than other birds.
 - B. The message paper is carried usually under the pigeon's wings.
 - C. 75 kilometers per hour was the pigeon, record in wartime.
 - D. Hardships and danger cannot block pigeon, instinct to return home.

Questions 18 to 20 are based on the following passage. At the end of the passage, you will be given 15 seconds to answer the questions.

Now listen to the passage.

18. What is meant by language without words?
 - A. It refers to facial expressions and gestures.
 - B. It refers to movements of the body.
 - C. It means the non-verbal language or body language.
 - D. It refers to the nodding or shaking of one's head.
19. According to the passage, why is it difficult to speak a foreign language sometimes?
 - A. Because some sounds are hard to pronounce.
 - B. Because there are differences in cultures.
 - C. Because there is no good language environment.
 - D. Because we may not understand non-verbal signals of culture.