

Second International Congress of Group Psychotherapy
Zweiter internationaler Kongreß für Gruppenpsychotherapie
Deuxième Congrès International de Psychothérapie de Groupe

ZURICH, August 29th-31st, 1957

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Introduction

A few years only have elapsed between the first and the second Congress of Group Psychotherapy.

A survey of the activity of the many research workers dealing with the problems which present themselves in that field makes it abundantly clear that group psychotherapy has, in the meantime, gained considerably in importance in clinical practice and that it has become an essential complement of individual psychotherapy.

The Second International Congress in Zurich represents an important event in the life of that young branch of therapeutical practice. The papers read by well-known representatives of the various therapeutical orientations have shown to what extent group psychotherapy has found a place in the practice of almost all "schools", a development which has provided new evidence of the wide scope of its range of application and of its general viability.

We believe therefore that by publishing the report of the activities of that Congress we shall stimulate the general interest taken in group psychotherapy.

We wish to conclude by expressing our sincere thanks to the Chairman of the International Society for Group Psychotherapy, Dr. W. J. Warner for the help he has kindly given us.

Leyden, 28th October, 1958.

B. Stokvis

Geleitwort

Nur wenige Jahre liegen zwischen dem ersten und dem zweiten Kongreß für Gruppenpsychotherapie.

Eine Übersicht der Tätigkeit der vielen auf diesem Gebiete arbeitenden Forscher bestätigt, daß die Gruppenpsychotherapie inzwischen in der klinischen Praxis zusehends an Bedeutung gewonnen hat und dort als Ergänzung und Unterstützung der individuellen Therapie kaum mehr wegzudenken ist.

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Der zweite internationale Kongreß in Zürich bedeutet für diesen jungen Zweig der therapeutischen Praxis ein wichtiges Ereignis. Die von hervorragenden Vertretern der verschiedenen therapeutischen Richtungen gehaltenen Vorträge haben gezeigt, wie sehr die Gruppenpsychotherapie bei fast allen den verschiedenen «Schulen» Eingang gefunden hat; eine Entwicklung, die die Weite ihres Anwendungsgebiets und ihre allgemeine Lebensfähigkeit aufs neue erwiesen hat.

Wir meinen darum, auch durch die Drucklegung dieses Kongreßberichtes das allgemeine Interesse der Gruppenpsychotherapie zu fördern.

Zuletzt möchte der Herausgeber nicht verfehlen, an dieser Stelle dem Präsidenten der Internationalen Gesellschaft für Gruppenpsychotherapie, Herrn Dr. W. J. Warner, seinen herzlichen Dank für dessen geschätzte Mitwirkung auszusprechen.

Leiden, den 28. Oktober 1958.

B. Stokvis

Avant-propos

Peu d'années séparent le premier, du second congrès de psychothérapie de groupe.

Une vue d'ensemble de l'activité des nombreux chercheurs dans ce domaine, confirme que la psychothérapie de groupe a gagné, entre temps, en importance dans la pratique clinique, étant indispensable en tant que complément de la thérapie individuelle.

Le deuxième congrès international de Zurich constitue, pour cette jeune discipline de la pratique thérapeutique, un événement d'importance. Les rapports présentés par les représentants des diverses orientations thérapeutiques, ont montré combien la psychothérapie de groupe s'impose à toutes les «écoles»; une évolution qui confirme à la fois la portée de son domaine d'application et sa vitalité propre.

Nous estimons que pour promouvoir l'intérêt général qui s'attache à la psychothérapie de groupe, il importe de publier ces rapports du congrès.

Nous désirons, enfin, exprimer nos remerciements cordiaux au président de la Société Internationale de Psychothérapie de Groupe, Monsieur le Dr W. J. Warner, pour sa précieuse collaboration.

Leyde, le 28 octobre 1958.

B. Stokvis

The First International Congress of Group Psychotherapy

The First International Congress of Group Psychotherapy was held in Toronto, Canada, August 12-20, 1954, in association with the Fifth International Congress of Mental Health. Registration numbered over three hundred with representatives from Europe, South and Central America, and Asia. Six panel sessions provided for twenty papers, in addition to two forum sessions. At the close of the Congress a capacity banquet was attended not only by the registrants of the Congress of Group Psychotherapy but also officers and members of the Fifth International Congress of Mental Health and the International Institute of Child Psychiatry as guests. The leadership of the Congress of Group Psychotherapy was greatly heartened by this cooperation and the expression of confidence and support by the other two international congresses.

The program of the Toronto Congress follows:

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Panel Sessions

General Area: the Family

Coordinator: Dr. Wellman J. Warner, New York, N. Y.

Panel I: Parents and Children

Chairman: Dr. Mary Northway, Toronto, Ontario.

The use of group psychotherapy in the treatment of parents of emotionally disturbed children – Dr. *Serge Lebovici*, Paris, France.

Problems common to children and their parents, as detected in a health clinic
Dr. *Anibal Silveira*, São Paulo, Brazil.

Group therapy for parents of behavior problem children in public schools – Dr. *Margaret C. L. Gildea* and Mr. *A. D. Buchmueller*, St. Louis, Missouri.

Transference and countertransference in group psychotherapy with parents and children – Dr. *Charles B. Thompson*, New York, N. Y.

Open discussion.

Panel II: Adolescents

Chairman: Dr. *S. H. Foulkes*, London, England.

Sociodramatic action analysis and sociometric choice expressions; behavioral meanings for group psychotherapy – Dr. *Helen Jennings*, New York, N. Y.

Rationality of group psychotherapy in juvenile criminology (Summary read in absentia) – Dr. *Gilbert de Macedo*, Alagoas, Brazil.

Open discussion.

Panel III: The Aged

Chairman: Dr. *L. J. Hut*, Utrecht, Holland.

The rationale for group psychotherapy in the treatment of the aging and the elderly – Dr. *Maurice E. Linden*, Norristown, Pennsylvania.

The Psychodramatic treatment of old age groups in a mental hospital – Mr. *James Enneis*, Washington, D. C.

An experiment in group psychotherapy: the university psychiatric hospital (Summary read in absentia) – Dr. *Aime Perret*, and others, Toulouse, France.

Open discussion.

General Area: the Local Community

Coordinator: Dr. *Wilfred C. Hulse*, New York, N. Y.

Chairman: Dr. *E. J. Rosen*, Toronto, Canada.

Panel I: Education

Contagion to psychodramatic ideas in a metropolitan community – Dr. *Robert B. Haas*, Los Angeles, California.

Group Discussion methods in teacher training with chinese students – Prof. *K. E. Priestley* and Miss *Marie Clements*, Hongkong.

The use of therapy groups in medical education – Dr. *Samuel B. Hadden*, Philadelphia, Pennsylvania.

Open discussion.

Panel II: Social Deviates

Chairman: Dr. *J. Bierer*, London, England.

The value of group psychotherapy in the treatment of alcoholism – Dr. *Oluf Martensen-Larsen*, Copenhagen, Denmark.

In-patient and out-patient treatment of drug addicts – Dr. *James J. Thorpe*, Falls Church, Virginia.

The delinquent in the community – Dr. *Rudolf Dreikurs*, Chicago, Illinois.

Significance of the day hospital for the treatment of deviates – Dr. *J. Bierer*, London, England.

Open discussion.

Panel III: Industrial Problems

Chairman: Dr. *Nic Waal*, Oslo, Norway.

Application of methods developed in group psychotherapy to controlled research in a system of work organization – Dr. *Robert Boguslaw*, Santa Monica, California.

Problems in hierarchic order in their significance for group psychotherapy (Summary read in absentia) – Dr. *H. R. Teirich*, Freiburg, Germany.

Group and role-playing methods in industrial relations – Dr. *Robert Blake*, Austin, Texas.

Open discussion.

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Forum Session

General Area: the International Community

Chairman: Dr. H. C. Rumke, Utrecht, Holland.

Forum I: Governmental Problems

The resources of the group method in governmental operations – Dr. Mottram Torre, Washington, D. C.

Discussant: Dr. H. Ezriel, London, England.

Open discussion.

Forum II: Ethnic Group Problems

Ethnodrama applied to problems of the united nations – Dr. Robert Drews, Detroit, Michigan.

Discussants: Capt. William S. Davis, New York, N. Y.

Professor K. E. Priestley, Hongkong.

Open discussion.

Plenary Dinner Session

The Group Psychotherapy Congress was concluded by a dinner session. The formal part of this session consisted of a series of speakers who reported briefly on the progress of Group Psychotherapy in the country which each represented.

Honorary Chairman: Dr. Georges Heuyer, Paris, France.

Chairman: Dr. Winfred Overholser, Washington, D. C.

Theme: The development of Group psychotherapy in National areas.

Speakers: Dr. Henry V. Dicks, London, England; Dr. E. Eduardo Krapf, Buenos Aires, Argentina; Dr. Frank Fremont-Smith, New York, N. Y., USA; Dr. H. C. Rümke, Utrecht, Holland and others.

Following the close of the Congress, representatives from eleven countries met to consider organizational needs in the field for international collaboration. The decision was made to set up an international committee as an interim organization to perform the following tasks: (1) to consider the permanent need for and more adequate representation in an international organization; (2) to serve as a means of more effective communication between workers in the field in the different parts of the world; and (3) to plan for the Second International Congress of Group Psychotherapy. The following were named to constitute the membership and officers of that Committee:

- * Joshua Bierer, M. D., United Kingdom
- S. H. Foulkes, M. D., United Kingdom
- H. Ezriel, M. D., United Kingdom
- G. Heuyer, M. F., France
- Hans Hoff, M. D., Austria
- * Wilfred C. Hulse, M. D., USA
- L. J. Hut, M. D., Netherlands
- E. E. Krapf, M. D., Argentina
- Serge Lebovici, M. D., France
- K. R. Masani, M. D., India

- * Jacob L. Moreno, M. D., USA
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- E. J. Rosen, M. D., Canada
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- * S. R. Slavson, USA
- Armand Sunier, M. D., Netherlands
- Nic Waal, M. D., Norway
- * Wellman J. Warner, Ph. D., USA
- * Member of Executive Committee

The Second International Congress of Group Psychotherapy

Zurich, August 29th to 31st, 1957

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Opening Address

By WELLMAN J. WARNER, New York, N.Y.

Ladies and Gentlemen,

There is more than passing significance in this brief ceremony designed to open a series of meetings. It is only three years since, in 1954, a few leaders ventured to think that the time had arrived to recognize a set of new ideas. They were really old ideas which in the competition of the market place and the priorities of the classroom had been overlooked. The urgencies of the moment and the historical accidents of origins were to tie psychotherapy to the organism when the group forces of behavior had made few claims for a legitimate domain.

By 1954, the picture had begun to change. Of course, from time immemorial men had used forces of the group in practices which were therapeutic. But only for a generation had the formal pioneers experimented with what was implicit but unlabeled in individual psychotherapy. Developments led rapidly both to better understanding and the formulation of procedures. This was no isolated phenomenon. In many countries exploration was going forward. Even so, the men who set up in Toronto the First International Congress of Group Psychotherapy could not be sure that the time was ripe for the movement to crystallize on an international level.

But the result was a confirmation that the time for extended communication and international organization was ripe. The number of persons who traveled from all over the world to Toronto exceeded expectations. As a result of that Congress, there was organized an International Committee for Group Psychotherapy, composed of twenty-one persons from ten countries. They were charged with the responsibility of nurturing the collaboration of workers in this field across national lines, to plan for the next international congress, and to prepare the way for the formation of an international organization.

This the International Committee has done. From the first of its meetings in Toronto, the Committee has followed two principles in approaching its task. First, it has recognized the wide variety of practice and ideas represented in the work of men and women in many places and situations in the different countries. It has sought to avoid any rigid limits of theory which would discourage collaboration or set up prematurely any dogmatic standards by which orthodoxy was to be measured. Second, in a development of such crucial importance, it has recognized that the field needs and should encourage the participation of all competent professional interests, including not only those who are engaged in the practice but also those who are concerned with the scientific study of the problems of group psychotherapy.

The long-range agency which the International Committee envisages, is a permanent organization in which both the national organizations of group psychotherapy and individual workers in the area will participate in the development of methods and the accumulation of knowledge which will give added substance to our field of action.

It is in that commitment that my colleagues of the Executive Committee and the International Committee of Group Psychotherapy have commissioned me to welcome you and to hereby declare open the Second International Congress of Group Psychotherapy.

Allocution

Par S. LEBOVICI, Paris

Mesdames, Mesdemoiselles, Messieurs, mes chers Collègues,

C'est en tant que président du Comité Scientifique du Programme du II^e Congrès International de Psychothérapie de Groupe, que j'ai le plaisir et l'honneur de prendre maintenant la parole. Je me bornerai, après vous avoir remerciés de votre collaboration, à vous dire très brièvement quelques mots sur l'organisation scientifique et matérielle de ce congrès. Comme vous le savez, le travail aura lieu en séances plénières, en sections de travail et en séminaires.

Les séances plénières seront consacrées à des exposés qui ne seront pas suivis de discussion. Après que nous aurons eu le plaisir d'entendre