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练习册 WORKBOOK



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朗文英语走遍世界

练习册



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● 吉林出版集团有限责任公司

一本者一個本界推進了一

图书在版编目(CIP)数据

朗文英语走遍世界练习册.1/捷进可一编委会编.

一 长春: 吉林出版集团有限责任公司,2009.1

ISBN 978-7-80762-328-1

I.朗... II. 捷... III. 英语 — 自学参考资料 IV. H31

中国版本图书馆 CIP 数据核字(2007)第 198282 号

吉·版权合同登记图字 07-2005-1484

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English Adaptation edition published by Pearson Education Asia Ltd. and Jilin Publishing Group

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朗文英语走遍世界

练习册 (1) 主 编: 王瑜伟

责任编辑:付卫艳

封面设计:十二月工作室

出 版:吉林出版集团有限责任公司

发 行:吉林出版集团捷进可一图书经营有限公司

地 址:长春市人民大街 4646 号,130021 地

址:长春市人民大街 4646 号,130021

本:889 毫米×1194 毫米 1/16

承 印:长春市博文印刷厂

中 数 210 壬字

开

印 张:7

版

字 数:318 千字

次:2009年1月第1版

定 价:18.00 元(含 1CD)

2009年1月第1次印刷

书 号: 978-7-80762-328-1

如有印刷、装订质量问题捷进可一公司负责调换。

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Listening Strategies

Here are 6 ways to improve your listening.

_		
O	☐ Find new sources	Date:
	What do you like to listen to or watch in English? Movies? Songs? News broadcasts? TV	Notes:
	shows? The radio? Interviews? Conversations?	
	Find some new sources for listening. You can use the radio, TV, CDs, DVDs, the Internet, your computer	
	lab, or visit some places where you can hear people speak English. Listen at least one hour a week.	
	Try this now:	
	What do you like to listen to in English? (songs, movies, etc.) Write two or three ideas.	
	What are your favorite sources for listening to English? (CDs, Internet, etc.) Write two or three sources.	
2	☐ Predict words and ideas	Date:
(What do you already know? Before you listen	Notes:
•	to something, think about the topic, the ideas, and the people speaking. Can you	
	predict some of the content? (Before you listen, say or write three words and two ideas you might hear.)	
	Try this now:	
	Look at the photograph on pages 2 and 3 of your	
	WorldView Student Book. What are the speakers talking about? What words will they use?	
	taking about. What words will they use.	
•		
J	Listen for a specific purpose	Date:
	When you listen, you don't need to understand everything. Listen for a specific	Notes:
A	purpose. What information do you want to	
	find out? Names, numbers, important events, key information, the speaker's feelings, or the main idea?	
	Try this now:	
	Think about some different listening situations. What	
	listening purpose would you have in each of these?	
	 You're at an airport. There's an announcement. You're driving in your car. There's a song on the radio. 	
	 You're at home. There's a news show on TV. 	

When we listen, we can often understand the main idea from key words and images. "Key words" are the important words. "Key images" are actions and emotions that the speakers use. When you listen, pick out a few key words and images. Try this now: Choose a scene from a movie or video. (Most scenes are about three minutes long.) Watch the scene and write down a few key words and images. Look at your list. What is the main idea of the scene?	Date: Notes:
Dictation can help you focus on grammar and vocabulary when you listen. Choose a short (30-second) conversation from a video or audio. Play it one time and just listen to get the meaning. Then listen again. Press "pause" after each sentence. Write exactly what you hear. Try this now: Here are some ideas to use for dictation. Which ones do you like? Write a plus (+) sign. write every word write in your own words write only the verbs (or nouns)	Date: Notes:
Write notes about your listening experiences. After you listen to a news broadcast or watch a movie, write for two minutes in your listening notebook. Write a summary or a reaction or some new vocabulary or expressions. Write in your notebook once or twice a week. Try this now: Think about some ideas for your listening notebook. Which might be helpful for you to write? Write a plus (+) sign. a summary new expressions other notes	Date: Notes:

Vocabulary Strategies

Here are 6 ways to improve your vocabulary.

0	Add "shared" words to your vocabulary What English words are similar in your language? For example optimist in English and optimista in Spanish are very similar. Think of "shared" words between English and your language. (Most languages have hundreds of shared words.) Try this now: How do you say these English words in your language? Which ones are shared words in English? Do they have	Date: Notes:
	the same meaning? color data favor information tourist What other shared words do you know?	
2	On a small card, write a new word or expression on one side. On the other side, draw a picture of the word, write a short definition of the word, or write a sentence with the word. For example, write <i>bride</i> on one side of the card and draw a picture on the other side. Make 3–5 new cards each day. Review these cards for a few minutes, once or twice a week.	Date: Notes:
	Try this now: Think about how you learn new vocabulary. How many new words or expressions can you learn well in one week? fewer than 5 between 5 and 10 between 11 and 20 more than 20	
3	Make word webs Make word webs to show how words are related. Each line is a new link for the word. Make one word web each week in a vocabulary notebook. Save your word webs. Review them and add new words to them. Try this now: Make a word web for two of these words. Add about	Date: Notes:
	5 links for each one. office cook department store beautiful	10 × 10 × 10 × 10 × 10 × 10 × 10 × 10 ×

4	☐ Narrate in English	
ÓB	Look around you or watch a video with no sound. As you look, say what you see in English. You can say the names of objects (for example, a tree, a red car, a man with a hat, a clear blue sky) or you can describe actions (for example, a child is talking to her mother). Say at least 10 things. Try this once a week for 5 minutes. Try this now: Look around you. Name at least 10 things you see, in English. Then say something about each thing. (Example: This is my book. It's on my desk.) Does this help you to "think in English?"	Notes:
5	☐ Use a memory technique	
	Use a memory technique to help you remember new words. One method is the "key word method." It is a way of mixing sounds and images. For a new word, think of an	Notes:
	image, using ideas from your language or from English. For example, executive is a businessperson who makes decisions for the business. The first part of the word sounds like eggs and the third part sounds like cute, so you might picture a businessman	
	at a desk with three "cute" eggs above his head. He is trying to decide which one to choose. This mixed image may help you remember the new word.	
	Try this now:	
	Think about memory techniques you use. Find the meaning of these English words and try to memorize them using the "key word method" or another memory technique.	
	relax Wednesday eclipse	
6	☐ Read for pleasure	Date:
	Use popular books or Penguin readers	Notes:
-	(available from Longman). Find a book that is comfortable for you to read. (Comfortable	Notes.
	means that you can understand about 90% of the	
	words.) Read every day for 20 minutes or more. Don't use a dictionary. Guess the meaning of new words	
	from the context.	
	Try this now:	
	Think about what you like to read. What topics are most interesting for you to read about? Put these topics in order of interest (1–9) for you: 1 = most interesting.	
	famous people mystery sport adventure romance politi history travel science	

Grammar Strategies

Here are 6 ways to improve your grammar.

_		
0	Get feedback from a conversation partner	Data
まる	Find a conversation partner. Meet at least once a week for 30 minutes. Speak English only. Does your partner understand you? Does your partner correct your grammar? Make a note of any grammar mistakes that your conversation partner (or your English teacher or classmates) notices.	Notes:
	Try this now:	
	Think about how you practice English outside of class. Do you have an English conversation partner? If "yes," how often do you meet to speak in English? If you don't have a partner, can you find one? Can you and a classmate be conversation partners?	
2	Look at a newspaper, magazine, or book. Find three sentences with difficult grammar. Say them or write them in different words.	Date:
W.		
	Try this now:	
	 Say or write each of these sentences in other words. 1. I'm taking a vacation to Florida this winter. (Hint: Use going and on vacation.) 2. The office has a lot of furniture. (Hint: Use there is.) 3. I need your cell phone. (Hint: Use can and borrow.) 	
ß	☐ Imagine the conversation	
9	Find a photograph (in a magazine or book) of	Date:
(**	two or more people talking. Imagine the conversation. What are they saying? Write down at least four lines of their conversation. A few	Notes:
	days later, go back and double-check your grammar.	
	Try this now:	
	Look at page 91, picture E in your <i>WorldView</i> Student Book. Imagine the conversation for the picture. Write down at least four lines.	
	precare. Write down at least roar mies.	

Do a grammar search	D
Choose a grammar point from the WorldView Student Book that you want to study, such as a verb tense (like the simple present) or a	Notes:
structure (like Wh– questions). Look through a newspaper (articles, comics, etc.), or a magazine (interviews, articles, etc.), or a book (a novel, a biography, etc.). Look for five examples of the grammar point you are studying. Circle the	
examples. Write the example phrases or sentences in your notebook.	
Try this now:	
Write three grammar points that you would you like to work on:	
☐ Play it back	Date:
Choose a topic to talk about in English, such	Notes:
as your job or a favorite movie. Plan for a few minutes: What will you say? Write notes (not	Notes:
sentences!) on a card. Now record your speech (look	
at your card). Talk for one minute. Play back your speech. Write down exactly what you said. Look at	
the transcript. What parts can you improve by	
changing the grammar?	
Try this now:	
Imagine you are giving a speech to your class. Here are some examples of topics for a short speech. Check (/) the one you want to talk about or add another.	
my favorite vacation place	
my best friend	
another topic:	
☐ Keep a journal	Date:
Write freely in English for five minutes about	
anything you want. Let your ideas flow and don't edit what you write—just write. Write	Notes:
two or three times a week for five minutes	
each time. Choose a new topic each time.	
Try this now:	
Here are some examples of topics you can write about. Check three topics that you want to write about in English.	
My typical day	·
My plans for the future	,
A true love story My favorite TV show	
The person in my family I am most like	

Pronunciation Strategies

Here are 6 ways to improve your pronunciation.

Make a list of target phrases. These are the phrases that have difficult words and sounds for you. Put these on notes and post them around your home. Practice saying your target phrases every day—loudly, clearly, and confidently. Try this now: Which of these phrases contain sounds that are difficult for you to pronounce? a few drops of olive oil six sticks of butter a chunk of cheese What other English sounds, names, words, or phrases are difficult for you to pronounce? Make a list.	Date:
Listen to a recorded conversation, such as a conversation on your WorldView CD. Use the pause button on the CD player. Pause after each turn in the conversation. Repeat exactly what the speaker says (shadow) or repeat the last part of what the speaker says (echo). You can also do this with an English TV program. Don't think too much; just try to keep shadowing. Do this for just two minutes a day. Try this now: Think of three specific sources you can use for	Date: Notes:
Shadowing	Date: Notes:

4	Choose a line from a conversation on your WorldView CD or from another audio or video recording. Close your eyes. Pay attention to the rhythm. The rhythm of English is the pattern of stressed (long and clear) and unstressed (short and weak) syllables and the chunking of words into groups. Write down the line of conversation and mark the text. Place a slash mark (/) at each pause—this is a "chunk." Underline or draw a circle over the strongest words in each chunk—this is the stress. Try this now: Say the sentence below to yourself. Stress the words that are bold and make the other words short and weak. What do you do / on the weekend?	Date: Notes:
5	When fluent speakers speak English, they connect words, and the sounds in the words often change. There are many phrases in English that have linked sounds, such as wanna for want to and gonna for going to. Try this now: The underlined spellings here show how the phrases are pronounced. First, rewrite the phrase with its normal spelling. Then pronounce it with the linked sounds. Howzit going? Howja like the movie? Whaddaya think? Whatser name? C'mon. Hurry up. I hafta go home. I wanna talk to you. I've gotta go. G'won. I'll be there in a minute. What other phrases with linked sounds do you know?	Date: Notes:
6	Choose a story, like a children's story or part of a novel. Record yourself on audio or video three times. Each time, set a goal to improve one specific area of your pronunciation: loudness and clarity, chunking (saying words in groups), prominence (stressing the most important word in each chunk), intonation (making your pitch rise and fall clearly), or individual sounds. Listen to your recording. Note where you have improved your pronunciation. Try this now: Think about some stories or books (or parts of them) in English that you can read aloud from. What are two you can use to make a recording?	Date: Notes:



Here's my card.

Listening •

- Play track 2. Listen to the conversation. Check (✓) the sentences you hear.
 - 1. Hello. I'm Grace Lee. ____
 - 3. It's nice to meet you. _____

 Nice to meet you. _____
 - 5. Here's my business card. ____

 Here is my business card. ____

 6. I'm with the Valdez Group. ____

 I am with the Valdez Group. ____

- 2. Hi. I'm Miguel Santos. ____
- 4. It's nice to meet you, too. _____

 Nice to meet you, too. ____
 - Thank you.
 - Goodbye.

Pronunciation

- Play track 3. Notice the rhythm of the sentences. The important words are longer and stronger. Underline the strong words.
 - 1. Here's my card.
 - 2. I'm with Hertz.
 - 3. Pleased to meet you.
 - 4. Nice to meet you, too.
 - 5. See you later.
- 3 Play track 3 again. Listen and repeat.

Grammar C

- 4 Complete each sentence with the correct form of be. Use contractions when possible.
 - 1. Hi. I 'm Susan.
 - 2. I ____ pleased to meet you.
 - 3. It ____ nice meeting you.
 - 4. Here ____ my card.
 - 5. I _____ with the ABC Corporation.
 - 6. That ____ right.
- Complete the conversation with the correct forms of *be*. Use contractions when possible. Add pronouns when necessary.





CORPORATION

Mark Luttrell, Engineer

Teri: Hi. <u>I'm</u> Teri Saenz.

Mark: Hello. ____ Mark Luttrell.

Teri: Nice to meet you.

Mark: Nice to meet you, too.

Teri: Here _____ my business card. _____ with Play and Work Computers.

Mark: Thank you. Here ____ my card. ____ with Lone Star Corporation.

Teri: Thanks. See you later.

Mark: Goodbye.

Vocabulary

- 6 Which two phrases match each photo? Write the letters of the phrases under each photo.
 - a. Goodbye.
- b. Here's my business card.
- c. I'm with the Valdez Group.

- d. Nice to meet you.
- e. Pleased to meet you.
- f. See you later.



- **1.** _a_ and ____
- 2. _ d_ and ____
- **3.** ____ and ____
- Rewrite these sentences in a different order to create a conversation. More than one correct conversation is possible.

	Conversation
Nice to meet you, too.	Hello. I'm Sheena Brown.
Hello. I'm Sheena Brown.	
Thank you.	***
Hi. I'm Mike Camp.	
Goodbye.	
Nice to meet you.	
See you later.	
Here's my business card. I'm with Education Plus.	

Meeting people

Vocabulary •

1 Complete the crossword puzzle.

1 W	² a i	t e	r	3			
6			4				5
			7				
8							
	9				10		

Across















Down









- What's the pattern? Write the next number in each series.
 - 1. two, four, six, eight
 - 2. six, nine, twelve, fifteen, _____
 - 3. one, five, nine, thirteen, _____
 - 4. eighteen, sixteen, fourteen, twelve, _____
 - **5.** one, two, four, eight, _____
 - 6. three, five, seven, nine, _____
 - 7. two, three, five, eight, _____

Grammar G

3 Complete the information about the four school friends. Use am, is, are, and a or an. Use contractions when possible.

WELCOME...

to the Class of 1990 Reunion!

1.		Hi! Remember me? I *** Joe Young. I in New York now. I doctor at Children's City Hospital.
2.		Hi! I Walter Lisboa. I in Texas now. I engineer with North Texas Engineering.
3.		Hello! Hi, everyone! I Kathy Smith. I married to Brad Johnson-remember him? We both teachers.
4.		Hi. How are you? I Aiko Ebisawa. Remember my old roommate Karls Bigham? She not here today, but we both architects for Buildings, Inc.
4		ation about each person in Exercise 3. Write two sentences using the correct be. Use contractions when possible. Add a subject pronoun in sentence b.
	1. a. Joe Young	g/New York <u>Joe Young is in New York.</u>
	b. doctor	He's a doctor.
	2. a. Walter Lis	boa / Texas
	b. engineer	
	3. a. Kathy and	Brad Johnson / married
	b. teachers	
	4. a. Aiko and	Karly / old roommates
	b. architects	
	5. a. Joe, Kath	y, Walter, Aiko / old classmates
	b. at a class	reunion