

Guidelines for drinking-water quality

SECOND EDITION

Volume 2

Health criteria and other supporting information



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Preface

In 1984 and 1985, the World Health Organization (WHO) published the first edition of *Guidelines for drinking-water quality* in three volumes. The development of these guidelines was organized and carried out jointly by WHO head-quarters and the WHO Regional Office for Europe (EURO).

In 1988, the decision was made within WHO to initiate the revision of the guidelines. The work was again shared between WHO headquarters and EURO. Within headquarters, both the unit for the Prevention of Environmental Pollution (PEP) and the ILO/UNEP/WHO International Programme on Chemical Safety (IPCS) were involved, IPCS providing a major input to the health risk assessments of chemicals in drinking-water.

The revised guidelines are being published in three volumes. Guideline values for various constituents of drinking-water are given in Volume 1, *Recommendations*, together with essential information required to understand the basis for the values. Volume 2, *Health criteria and other supporting information*, contains the criteria monographs prepared for each substance or contaminant; the guideline values are based on these. Volume 3, *Surveillance and control of community supplies*, is intended to serve a very different purpose; it contains recommendations and information concerning what needs to be done in small communities, particularly in developing countries, to safeguard their water supplies.

The preparation of the current edition of the *Guidelines for drinking-water quality* covered a period of four years and involved the participation of numerous institutions, over 200 experts from nearly 40 different developing and developed countries and 18 meetings of the various coordination and review groups. The work of these institutions and scientists, whose names appear in Annex 1, was central to the completion of the guidelines and is much appreciated.

For each contaminant or substance considered, a lead country prepared a draft document evaluating the risks for human health from exposure to the contaminant in drinking-water. The following countries prepared such evaluation documents: Canada, Denmark, Finland, Germany, Italy, Japan, Netherlands, Norway, Poland, Sweden, United Kingdom of Great Britain and Northern Ireland and United States of America.

Under the responsibility of a coordinator for each major aspect of the guidelines, these draft evaluation documents were reviewed by several scientific institutions and selected experts, and comments were incorporated by the coordinator and author prior to submission for final evaluation by a review group. The review group then took a decision as to the health risk assessment and proposed a guideline value.

During the preparation of draft evaluation documents and at the review group meetings, careful consideration was always given to previous risk assessments carried out by IPCS, in its Environmental Health Criteria monographs, the International Agency for Research on Cancer, the Joint FAO/WHO Meetings on Pesticide Residues, and the Joint FAO/WHO Expert Committee on Food Additives, which evaluates contaminants such as lead and cadmium in addition to food additives.

It is clear that not all the chemicals that may be found in drinking-water were evaluated in developing these guidelines. Chemicals of importance to Member States which have not been evaluated should be brought to the attention of WHO for inclusion in any future revision.

It is planned to establish a continuing process of revision of the *Guidelines for drinking-water quality* with a number of substances or agents subject to evaluation each year. Where appropriate, addenda will be issued, containing evaluations of new substances or substances already evaluated for which new scientific information has become available. Substances for which provisional guideline values have been established will receive high priority for re-evaluation.

Acknowledgements

The work of the following coordinators was crucial in the development of Volumes 1 and 2 of the *Guidelines*:

- J. K. Fawell, Water Research Centre, England (inorganic constituents)
- J. R. Hickman, Department of National Health and Welfare, Canada (radio-active materials)
- U. Lund, Water Quality Institute, Denmark (organic constituents and pesticides)
- B. Mintz, Environmental Protection Agency, United States of America (disinfectants and disinfectant by-products)
- E. B. Pike, Water Research Centre, England (microbiology)

The coordinator for Volume 3 of the *Guidelines* was J. Bartram of the Robens Institute of Health and Safety, England.

The WHO coordinators were as follows:

Headquarters: H. Galal-Gorchev, International Programme on Chemical Safety; R. Helmer, Division of Environmental Health.

Regional Office for Europe: X. Bonnefoy, Environment and Health; O. Espinoza, Environment and Health.

Ms Marla Sheffer of Ottawa, Canada, was responsible for the scientific editing of the guidelines.

The convening of the coordination and review group meetings was made possible by the financial support afforded to WHO by the Danish International Development Agency (DANIDA) and the following sponsoring countries: Belgium, Canada, France, Italy, Netherlands, United Kingdom of Great Britain and Northern Ireland and United States of America.

In addition, financial contributions for the convening of the final task group meeting were received from the Norwegian Agency for Development Cooperation (NORAD), the United Kingdom Overseas Development Administration (ODA) and the Water Services Association in the United Kingdom, the Swedish International Development Authority (SIDA), and the Government of Japan.

The efforts of all who helped in the preparations and finalization of the *Guidelines for drinking-water quality* are gratefully acknowledged.

Acronyms and abbreviations used in the text

AAS atomic absorption spectrometry

A/C asbestos-cement
ADA ampicillin-dextrin agar
ADI acceptable daily intake

a.i. active ingredient

AIDS acquired immunodeficiency syndrome ALAD aminolaevulinic acid dehydratase

ALAT alanine aminotransferase AOC assimilable organic carbon

APHA American Public Health Association

BOD biochemical oxygen demand

Bq Becquerel

BSP bromosulfophthalein BUN blood urea nitrogen

bw body weight

CAS Chemical Abstracts Service cfu colony-forming units CHO Chinese hamster ovary CMC carboxymethyl cellulose

DENA diethylnitrosamine
DMAA dimethylarsinic acid
DNA deoxyribonucleic acid
DOPA 3,4-dihydroxyphenylalanine

ECG electrocardiogram
EDTA edetic acid

EEG electroencephalogram
EIEC enteroinvasive *E. coli*EP erythrocyte protoporphyrin

EPA Environmental Protection Agency (USA)

ETEC enterotoxigenic E. coli

FAO Food and Agriculture Organization of the United Nations

FPD flame photometric detection

GC gas chromatography
GCI general cognitive index

GEMS Global Environment Monitoring System
GOT glutamic-oxaloacetic transaminase
GPT glutamic-pyruvic transaminase

h hour

HD Hodgkin disease

HDL high-density lipoprotein

HPLC high-performance liquid chromatography

IARC International Agency for Research on Cancer

ICRP International Commission on Radiological Protection

ID infective dose
Ig immunoglobulin
IgG immunoglobulin G
IgM immunoglobulin M

ILO International Labour Organisation

IPCS International Programme on Chemical Safety

IQ intelligence quotient

ISO International Organization for Standardization

JECFA Joint FAO/WHO Expert Committee on Food Additives

JMPR Joint FAO/WHO Meeting on Pesticide Residues

LC₅₀ lethal concentration, median

LD₅₀ lethal dose, median LH luteinizing hormone

LOAEL lowest-observed-adverse-effect level

LT heat-labile enterotoxin

MAC Mycobacterium avium complex

MAIS Mycobacterium avium, M. intracellulare, M. scrofulaceum complex

MDI mental development index
MFL million fibres per litre
MIB 2-methylisoborneol
MMAA monomethylarsonic acid

MNCV motor nerve conduction velocity

MS mass spectrometry

MSCA McCarthy Scales of Children's Abilities

MTD maximum tolerated dose

NADPH nicotinamide adenine dinucleotide phosphate (reduced)

NAG non-agglutinable

NCI National Cancer Institute (USA)

NCV non-cholera vibrios NEU nitrosoethylurea

NHANES US National Health and Nutrition Examination Survey

NHL non-Hodgkin lymphoma
NOAEL no-observed-adverse-effect level

NTA nitrilotriacetic acid

NTP National Toxicology Program (USA)

NTU nephelometric turbidity unit

Pa Pascal

PDI psychomotor development index pK_a log acid dissociation constant

PMTDI provisional maximum tolerable daily intake

PTWI provisional tolerable weekly intake

PVC polyvinyl chloride

RNA ribonucleic acid

SAED selected-area electron diffraction SAP serum alkaline phosphatase

SGOT serum glutamic-oxaloacetic transaminase SGPT serum glutamic-pyruvic transaminase

SMR standardized mortality ratio
ST heat-stable enterotoxin
STS soft tissue sarcoma

T₃ triiodothyronine

T₄ thyroxine

TCU true colour unit
TDI tolerable daily intake
TDS total dissolved solids

TEM transmission electron microscopy

TOC total organic carbon

TPA tetradecanoyl-phorbol-acetate

UNEP United Nations Environment Programme

UV ultraviolet

WHA World Health Assembly
WHO World Health Organization

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