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英语新课程标准教材系列

新理念英语

初中版①
能力训练手册



科学普及出版社

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现代教育

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使用说明

本套能力训练手册共五册，其内容与《现代新理念英语》(初中版)教材同步。每册课本配一本能力训练手册，供学生复习巩固之用。

本册供初中一年级学生第一学期使用。该能力训练手册紧扣教材内容，安排了听力、语音、词汇、语法、写作等专项练习，每课还配有一套学力水平评估试题，试题中包括选择填空、完成对话、完形填空、阅读理解等多方面的内容。通过这些练习，不但可以使学生在听、说、读、写等方面的能力有所提高，而且还可以培养学生对英语知识综合运用能力，并为以后的英语学习奠定基础。

本能力训练手册中的一部分练习可以在课堂上完成，其他练习可留作家庭作业或测试之用。



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LESSON 1

[重点词组和句型]

1. be from	从……来; 是……人	16. I'm Wei Gang.	我是魏刚。
2. ask questions	提问题	17. She is 12 years old.	她 12 岁。
3. like this	像这样	18. He is from Tian Jin.	他是天津人。
4. what colour	什么颜色	19. We are very tall.	我们很高。
5. tall or short	高的还是矮的	20. Nice to meet you.	见到你很高兴。
6. a picture of	……的照片; ……的图片	21. What about you?	你呢?
7. look at	看; 观看	22. How old are you?	你多大了?
8. in the same class	同班	23. Where are you from?	你是哪儿的人?
9. in a village	在村庄里	24. Excuse me.	对不起; 抱歉
10. old people/man	老年人	25. Can you spell it?	你能把它拼出来吗?
11. some of them	他们中的一些	26. I'm in Class Two.	我在 2 班。
12. get to	到达	27. They love me very much.	他们非常喜欢我。
13. have a look	看一下	28. This is Peter.	这是 Peter。
14. point to	指, 指向	29. Is he tall or short?	他高还是矮?
15. make sb. angry	使某人生气	30. Look at the small dog.	瞧这只小狗。

一、听力训练

A. 听录音, 选词填空

A: Hi, My name's 1. What's your name?

B: My name's 2.

A: How do you do?

B: How do you do?

A: Where are you from?

B: I'm from 3. I'm 4.




() 1. A. Peg B. Ben C. Buzz

() 2. A. Tim B. Ann C. Jane

() 3. A. England B. America C. China

() 4. A. English B. American C. Chinese

B. 听录音, 画出你所听到的词

			
Name	Maria / Mary	Tim / Tom	Sun Yu / Sun Li
Age	fourteen / twelve	fourteen / thirteen	thirteen / twelve
Country	England / Australia	America / England	Japan / China
Feature (特征)	tall / short	tall / short	fat / thin

C. 听录音, 选择正确答案

() 1. A. The girl is Mary. B. The girl is Grace.

() 2. A. Kate is from America.

B. Kate is from England.

() 3. A. Bill is fifteen. B. Bill is short.

二、语音训练

A. 朗读下面单词和短语，找出发音规律

pen	Ben	a big pig
pad	bad	a black cap
cap	cab	peas and beans
peach	beach	Betty and Peggy

B. 比较下面 /æ/, /e/, /i:/ 和 /ei/ 的发音

/æ/		/e/ — /æ/	
/bæd/	/flæg/	/bed/	/bæd/
/kæt/	/plæn/	/men/	/mæn/
/mæp/	/læmp/	/pen/	/pæn/
/bæg/	/blæk/	/lend/	/hænd/

/ei/		/i:/ — /ei/	
/geit/	/weik/	/si:l/	/seil/
/meik/	/peid/	/ri:l/	/reil/
/mei/	/plei/	/gri:t/	/greit/
/teil/	/rein/	/mi:n/	/mein/

三、词汇训练

A. 根据上下文填入适当的词，使句意完整正确

- Lin Xinru is from Taiwan. _____ is a film star.
- Liu Dehua is 44 years old. _____ is from Hong Kong.
- Li Tao's father and mother are not at home. _____ are in Guangzhou now.
- _____ am a teacher. My daughter is a student. _____ are in the same school.
- Mr Smith's wife has a dog. _____ is very small. _____ name is Tam.

B. 根据句意及首字母完成单词

- My grandpa lives in a small v_____. He is one hundred and two years old.
- A doctor and a n_____ work in a hospital.
- Mr Smith has two children. One is a s_____ and the other is a d_____.
- Li Tao often asks q_____ in class.
- My father's w_____ is my mother, and my father's father is my g_____.

四、词组应用与结构训练

A. 翻译下面词组并造句

- be from

- like this

- what colour

- tall or short

- look at

- a picture of

- in the same class

- ask questions

- old man

- in a village

B. 连词成句

- Grade Two, my, is, daughter, in

- you, where, from, are

- love, they, me, much, very

- black, shoes, his, are, blue, or

- eleven, is, years, she, old

C. 朗读句子, 重新排序, 组成一段流畅的对话

A: Hello! Wei Hua. Nice to meet you!

B: Hello, Wang Ping. Nice to meet you!

C: Hello, Li Lin.

D: How are you, Wei Hua?

E: I'm OK.

F: Hello, Wei Hua.

G: This is Wang Ping.

H: Fine, thank you. And you?

I: Wang Ping, this is Wei Hua.

正确顺序: _____

五、基础知识综合训练

A. 阅读短文, 完成句子

My name is Wang Dan. I have two friends. They are Kate and Mary. Mary is an English girl, but Kate isn't. Kate is an American girl. We are all twelve. We are in Class Three, Grade One. Kate is Number 2. Mary is Number 7. Miss Li is our English teacher. She is a nice teacher. We love her very much. We are all good friends.

1. Kate is my friend. Mary is my friend,

_____.

2. Mary is _____ girl. She is in Class Three.

3. Kate is _____. She is in _____.

4. _____ is our English teacher.

5. We are all _____.

B. 阅读对话, 判断句子正(T)误(F)

A: Hello!

B: Hello! What's your name?

A: My name is Wang Lin. What about you?

B: My name is Wei Hua. How are you?

A: I'm fine. Thank you. And you?

B: I'm fine, too. What grade are you in, Wang Lin?

A: I'm in Grade One. Are you in Grade One, too?

B: No, I'm in Grade Two. How old are you?

A: I'm eleven. What about you?

B: I'm one year older than (比你大一岁) you.

A: Oh! What is in your hand?

B: It's a picture.

A: Can you spell the word "picture"?

B: Yes, P-I-C-T-U-R-E, picture.

() 1. Wang Lin is in Grade Two.

() 2. Wei Hua is in Grade One.

() 3. Wang Lin is eleven.

() 4. Wei Hua is twelve.

() 5. There is a picture in Wang Lin's hand.

C. 把下列句子变成疑问句, 你发现了什么?

1. I am from America.

2. She is eleven years old.

3. The old man is one hundred and five years old.

4. We are middle school students.

5. My wife is tall and fat.

6. Amy and Dick are in the same school.

7. Her bike is new.

8. This is Shen Nan.

9. We are good friends.

10. The woman is a nurse in the hospital.

我发现了由 be 动词组成的句子, 变为一般疑问句有以下几个规律:

D. 小小翻译家。把下面句子翻译成英文

1. 见到你很高兴。

2. 我很喜欢这条狗。

3. 我会拼写我的名字。

4. 这是我女儿。

5. 你是医生还是护士?

6. Linda 在一年级。

7. 她是哪儿的人?

8. 你妹妹多大了?

9. 我们是好朋友。

10. 我非常喜欢英语。

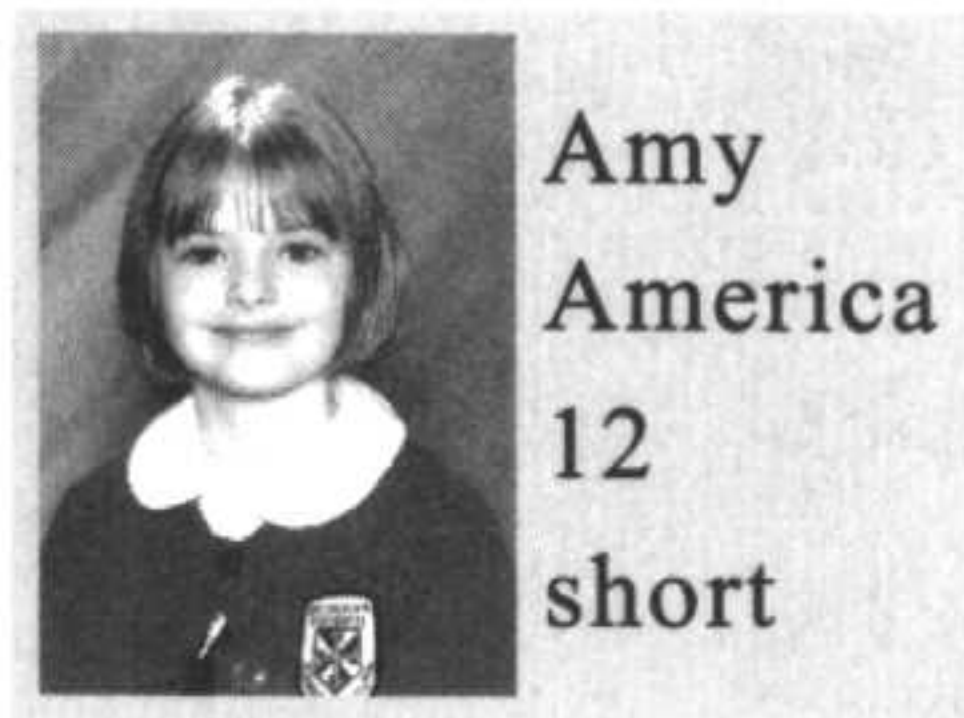
六、书面表达

A. 看图完成句子



Model: Hi, I'm Buzz. I'm from England.
I am fifteen years old. I am tall.

This is Buzz. He is from England.
He is fifteen years old. He is tall.



Hi, I'm _____. I'm _____ America.
I _____ years old. I _____ short.

This _____ Amy. She is _____.
She _____. She _____.

B. 看图写句子



Hi, I'm _____

This is _____



Hi, I'm _____

This is _____

C. 写几个句子来介绍一下你自己或你朋友

学力水平评估试题

时间：45 分钟 满分：100 分

Class _____ Name _____ Marks _____

语音与词汇(20 分)

A. 找出画线部分的读音与其他三个发音不同的

- () 1. A. age B. grade C. gate D. lamp
() 2. A. spell B. very C. let D. jeep
() 3. A. man B. make C. date D. name
() 4. A. catch B. class C. bag D. apple
() 5. A. bed B. get C. friend D. we
() 6. A. want B. what C. watch D. angry
() 7. A. she B. best C. clean D. be
() 8. A. face B. cat C. car D. cake
() 9. A. black B. ask C. bad D. can
() 10. A. day B. may C. again D. any

B. 根据文章内容填入适当的词

Kate is a new (11)_____. She is (12)_____ America. She is eleven (13)_____ old. She (14)_____ tall and beautiful. She (15)_____ in a middle school. Kate has a (16)_____. Her name is Linda. (17)_____ is only four. Are her eyes black or (18)_____? They are blue. Kate's father and mother (19)_____ doctors. They (20)_____ their children very much.

基础知识运用(30 分)

A. 单项选择

- () 21. I _____ in Class Two.
A. is B. am C. are
() 22. This _____ Jim.
A. am B. is C. are
() 23. Are you from _____?
A. America B. American C. English
() 24. What colour are his _____?
A. eyes B. shoe C. pen

- () 25. I have a dog. _____ name is Pipi.
A. It's B. Its C. It
() 26. Have you a long ruler?
This one is too _____.
A. long B. short C. good
() 27. I hit my son, that makes him _____.
A. happy B. angry C. fat
() 28. The _____ people in that village are all over hundred years old.
A. old B. young C. fat
() 29. Miss Li is young, _____ is only 20.
A. he B. she C. it
() 30. Look _____ the picture on the wall.
A. in B. at C. on

B. 完形填空

My name is Jingjing. I'm twelve. I'm a student 31 No. 3 Middle School. This is my school. I'm in Class Two, Grade One. Mr Shen is my English teacher. He is 32 and he is 33 old teacher. Meng Ying is my classmate (同班同学). He is in my class. Today he 34 here. He is ill (生病的). I think he is at 35.

I have another classmate, Jeff Green. He is English. He is now in Tianjin. His father and mother 36 there, too. They are both (两个都) English teachers. Every day 37 father takes him to school. Sometimes (有时) 38 goes to school on foot. 39 like China and Chinese food (食物). We 40 good friends.

- () 31. A. of B. to C. on D. at
() 32. A. China B. Japan C. England
D. American

- () 33. A. not B. an C. a D. very
 () 34. A. is B. isn't C. be D. am
 () 35. A. home B. shop C. school D. class
 () 36. A. is B. are C. lives D. be
 () 37. A. he B. his C. her D. my
 () 38. A. she B. they C. he D. we
 () 39. A. We B. They C. You D. He
 () 40. A. is B. am C. are D. be

C. 根据你的实际情况回答下列问题

41. What's your name?

42. What grade are you in?

43. How old are you?

44. Where are you from?

45. Are you a boy or a girl?

46. Are you tall or short?

47. What colour are your eyes?

48. Are you eleven or twelve?

49. Can you spell your name?

50. Are you happy?

阅读理解(35分)

A. 根据短文内容,判断正误

Hello, My name is Tina. This is a picture of my family. We are from Shanghai. This is my father. He is a doctor. This is my mother. She is a teacher. And this is me. I am a student. My father and my mother like me very much. They work hard (努力). I work hard, too.

- () 51. This is a picture of my family.
 () 52. My mother is a doctor.
 () 53. My father isn't a teacher.
 () 54. There are 3 people in my family.
 () 55. We all work hard.

B. 根据短文选择正确答案

I have two friends. They are Alice and Mike. Alice's hair(头发) isn't short. Her bag is orange. Her bike is green. She isn't a new student. Mike's trousers(裤子) are orange. His shoes are old. His bike is green, too. He is a new student. Their seats (座位) are over there.

- () 56. I have two _____.
 A. students B. friends C. brothers
 () 57. Alice's hair is _____.
 A. short B. long C. black
 () 58. Alice's bike is _____.
 A. orange B. green C. new
 () 59. Mike's trousers are _____.
 A. green B. orange C. old
 () 60. Mike's _____ are old.
 A. shoes B. trousers C. seat

C. 阅读综合填空

This is a p_____ (61) of my family. Look! T_____ (62) man is my father. And the woman is my m_____ (63). They a_____ (64) teachers. We are in the s_____ (65) school. Can you see the girl? It's my s_____ (66). She is five years o_____ (67). Oh, the boy is me. I'm twelve. I'm a s_____ (68). I'm in C_____ (69) Two, G_____ (70) One. I like my family very much.

61. _____ 62. _____
 63. _____ 64. _____
 65. _____ 66. _____
 67. _____ 68. _____
 69. _____ 70. _____

D. 阅读短文回答问题

Jack is four. He likes to look at the pictures in the family album (影集). In one of the old pho-

tos there is a man with his mother.

“Mum,” he asks, “Who is this man beside (在……旁边) you? He looks young and handsome (英俊)”.

“Oh,” his mother answers proudly (自豪地). “That’s your father, Jack.”

The little boy looks carefully (仔细地) at the picture again, and then asks his mother, “Since (既然) this is my father, what about the fat man living with us now?”

71. How old is Jack?

_____.

72. What can Jack see in one of the old photos?

He can see _____.

73. Where is the old photo?

It’s _____.

74. What does the man in the picture look like?

The man in the picture looks _____.

75. Who is the fat man?

_____.

E. 根据短文选择正确答案

Jim is an American boy. He has yellow hair. Li Lei is a Chinese boy. He has black hair. Their hair is not the same in colour, but they are in the same class. They are good friends. They have some nice pictures. They draw these pictures. They like drawing very much.

() 76. Jim is Li Lei’s _____.

- A. brother B. student
C. good friend

() 77. Their hair is _____.

- A. yellow B. different (不同的)
C. the same

() 78. Jim and Li Lei are in _____ class.

- A. the same B. different
C. the different

() 79. _____ draw those nice pictures.

- A. Li Lei B. Jim
C. Jim and Li Lei

() 80. They _____ very much.

- A. like pictures B. like drawing
C. don’t like drawing

F. 把画线部分翻译成汉语

Bob Pearson is an old man. He has two big houses and a new car. (81) He has no wife, but he is a father of four children. He has two sons and two daughters. One son is from England. His name is Bill. (82) The other (另外的) son is from America. His name is Mike. (83) One of his daughters is from China. Her name is Lanlan. The other one is from Japan. Her name is Mikou. Bob Pearson is not the children’s real (真正的) father, but he loves them very much. The children love their “father”, too. (84) Bob Pearson has many toys (玩具) for the children. He gives different toys to different children. (85) The boys play with toy cars. The girls play with dolls (洋娃娃) and toy animals. Bob Pearson is the children’s “father”, and he is their good friend, too.

81. _____

82. _____

83. _____

84. _____

85. _____

写作(15分)

A. 根据实际情况填写

Name: _____

Age: _____

Class: _____

Grade: _____

School: _____

Home: _____

B. 根据下面短文, 仿写一篇文章, 介绍你自己

I am a middle school student. My name is Wang Ling. I'm twelve now. I study(学习) in No.1 Middle School. I'm in Class Two, Grade One. I like red. Now you can see my dress is red. But my shoes are not red. They are black. My father and mother are teachers. They are good teachers. I like them very much and they love me very much, too.

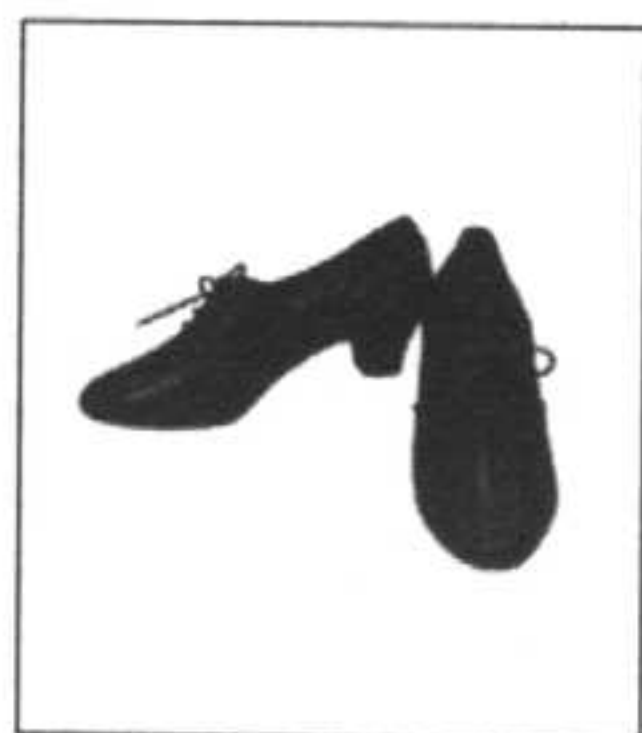
LESSON 2

[重点词组和句型]

1. in English	用英语	16. It's Sunday today.	今天是星期天。
2. white and blue	蓝白相间	17. Whose skirt is this?	这是谁的裙子?
3. light (dark) green	浅(深)绿色	18. Whose shoes are these?	这是谁的鞋?
4. school things	学习用品	19. These shoes are mine.	这鞋是我的。
5. pick up	捡起; 采摘	20. What's this in English?	这个用英语怎么说?
6. on the floor	在地板上	21. Is this yours?	这是你的吗?
7. give sth. to sb.	把某物给某人	22. This young man is John.	这个年轻人是 John。
8. find a purse	发现一个钱包	23. This is Mr Black.	这是 Black 先生。
9. in a shop	在商店里	24. Thank you.	谢谢!
10. a little girl	一个小姑娘	25. He has black hair.	他有一头黑发。
11. I think	我想; 我认为	26. I don't know.	我不知道。
12. short and fat	矮胖	27. I think he's thirty.	我想他 30 岁。
13. a young man	一位年轻人	28. Can you find him?	你能找到他吗?
14. go up	走上前去	29. What are those?	那些是什么?
15. whose shoes	谁的鞋	30. They are trousers.	它们是裤子。

一、听力训练

A. 听录音, 标序号


☐

☐

☐

☐

☐

☐

B. 听录音, 然后选择正确答案

- () 1. Whose coat is that? It's _____.
A. yours B. hers C. Bill's
- () 2. Whose shoes are these? They're _____.
A. Tom's B. mine C. hers
- () 3. What colour is Lily's skirt? It's _____.
A. blue B. black C. brown
- () 4. Whose dress is this? It's _____.
A. Sue's B. Linda's C. his
- () 5. Is that Bill's or Jack's T-shirt?
A. Yes, it is. B. It's Jack's. C. It's Bill's.

C. 听录音, 判断对错

- ☐ 1. That isn't Mike's sweater.
- ☐ 2. Mike's sweater is black.
- ☐ 3. Mike's sweater is in the bag.
- ☐ 4. Jack's sweater is blue.

二、语音训练

A. 朗读下面单词，找出发音规律

dog	pot
cop	hot
log	rock
stop	fog

see	zoo
sip	zip
cups	cars
maps	bags

B. 比较下面 /s/, /z/, /ai/, /i/, /e/ 和 /ei/ 的发音

/s/ - /z/	
/si:l/	/zi:l/
/sɪŋk/	/zɪŋk/
/si:l/	/zi:l/
/peis/	/peiz/
/reis/	/reiz/
/gais/	/gaiz/

/i/ - /e/	
/pit/	/pet/
/bit/	/bet/
/pin/	/pen/
/disk/	/desk/
/did/	/ded/
/list/	/lest/

/deit/	/teil/	/neim/
/teip/	/peil/	/keim/
/meik/	/meil/	/rein/
/peid/	/feil/	/plein/


/baik/	/nain/	/mail/
/paip/	/fain/	/pail/
/fait/	/haid/	/fail/
/rait/	/blaind/	/waild/

三、词汇训练

A. 把下列各名词变成复数形式

- boy _____
- book _____
- fox _____
- watch _____
- city _____
- wife _____
- country _____
- man _____
- woman _____
- child _____

B. 根据上下文填入适当的词，使句意完整正确

- What's this _____ English?
- The blue sweater is _____, I like blue best.
- Whose T-shirt is this?
— I think it's _____. Jim is over there now.
- What are those? 
— They are _____.
- _____ shoes are they?
— They are mine.

C. 根据句意及首字母完成单词

- When don't you go to school?
— We don't go to school on S _____.
- Who is from Beijing in your class?
— E _____ in our class is from Beijing.
- Is your English teacher tall?
— No, she is s _____.
- What colour are your trousers?
— They are b _____ and w _____.
- Whose dress is this?
— It's m _____.

四、词组应用与结构训练

A. 翻译下面词组并造句

- in English

- white and blue

- school things

- on the floor

- in a shop

- a little girl

- I think

- a young man

- short and fat

- whose shoes

B. 连词成句

1. purple, my, bag, is

2. is, this, whose, pink, T-shirt

3. John's, is, hair, grey, and, eyes, his, are, brown

4. mine, those, are, socks, green

5. colour, what, is, hair, your

C. 仔细观察下面句子结构, 你发现了什么

This is my shirt. Whose shirt is this?

That is his table. Whose table is that?

This is your jacket. Whose jacket is this?

Those are their rooms. Whose rooms are those?

This shirt is mine. Whose is this shirt?

That table is his. Whose is that table?

This jacket is yours. Whose is this jacket?

That room is theirs. Whose is that room?

我发现如果物主代词后面跟名词, 变特殊疑问句时

如果物主代词后面不跟名词, 变特殊疑问句时

D. 实战演练, 就画线部分提问

1. These are my socks.

2. That new bike is mine.

3. This jacket is your brother's.

4. The purple sweater is our teacher's.

5. Those are my sister's jeans.

6. My shoes are black and white.

7. His T-shirt is pink.

8. Her trousers are brown.

9. My friend's coat is yellow.

10. My mother's purse is red.

五、基础知识综合训练

A. 仔细阅读, 选择最佳答案

Look, this is a picture of a park. It is not black or white. It is red, yellow, blue and green. Is there a lake in the park? Yes. Are there any trees and flowers there? Yes, there are many. They are so beautiful. And we can see some people, too. They are sitting near the lake. They are looking at some gold fish.

() 1. How many colours are there in the picture?

A. One. B. Two. C. Three. D. Four.

() 2. Is there a lake in the picture?

A. Yes, there is. B. No, there isn't.
C. Yes, it is. D. No, it isn't.

() 3. There are some beautiful ____ in the park.

A. trees B. flowers
C. gold fish D. A, B and C

() 4. What are some people doing?

They are ____.

A. sitting near the tree
B. sitting near the lake
C. standing(站) under the tree
D. standing on the bridge(桥)

() 5. This is a picture of a ____.

A. school B. park
C. family D. lake

B. 阅读短文, 完成句子

Mark is a middle school student. His school isn't far(远的) from his home. He has two pets

(宠物). One is a cat. The other is a parrot(鹦鹉). The cat is very clever. It is black and white. It has a big head, two big eyes, two long ears(耳朵) and a small nose(鼻子). It can catch mice(鼠). The parrot is blue and green. It can speak like a man. Mark goes back home to look after them every noon(中午) after lunch. Today when Mark gets home, he can't see the cat. Where is it? It's in the tree and there is a mouse(鼠) in its mouth(嘴).

1. Who's Mark?

2. How many pets does he have?

3. What colour is the cat?

4. What colour is the parrot?

5. What's in the cat's mouth?

C. 将下列画线部分改为所有格形式

1. Li Hong is a girl. Her brother is a student.
_____ brother is a student.

2. Hi! Jim, is your teacher a man or a woman?
_____ teacher is a woman.

3. Wang Lili, your bag is under the desk.
_____ bag is under the desk.

4. They are students. Their classroom is over there.
_____ classroom is over there.

5. These are good rooms. Our teachers are in the rooms.
_____ rooms are very good.

D. 小小翻译家。把下面句子翻译成英文

1. 今天是星期天。

2. 这是谁的上衣?

3. 这是谁的裤子?

4. 我想他 12 岁。

5. 这个用英语怎么说?

6. 这是你的毛衣吗?

7. 这个小男孩是 John。

8. 这是 Black 先生。

9. 你能找到你的鞋子吗?

10. 他有一双黑眼睛。

六、书面表达

A. 根据所提供的信息写 3~4 个句子



Wei Gang

tall

black hair

red sweater

blue trousers

Model: Wei Gang is very tall. His hair is black. His sweater is red, and his trousers are blue.

Ann



Ann

short

yellow hair

orange dress

white socks

red shoes

He is



Jim

short

brown hair

white shirt

brown shorts

This is



Lucy

tall

red hair

yellow T-shirt

green skirt

B. 写一写你自己或你的朋友