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主编



审读

Michel Praetere (英) Jan Kschell(美)

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刘守君





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WEEKLY PLAN FOR



八年级上

甲读 Michel Praetere (英) 细者 刘守君 左利平 知an Kschell(美)

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——伴你一生的英语阅读情结

听到阅读,我晕……

想到阅读,题海无边……
开始阅读,书山无路……

阅读,是什么?

是剪不断理还乱的成长烦恼! 是英语老师 N 个"NO"之后的绝望!

一个声音在回荡:绝望的旁边就是希望! 绝处可以逢生!

生机在哪里???

在这里……

在这里,我仿佛闻到了异域文化醉人的芬芳;在这里,我聆听到孩提时的串串欢笑;在这里,我叱咤风云,过关斩将,一路领先……

在这里,我找到了幸运的天使……

从此,我有了方向……

阅读,最关键的是要把好方向。方向错了,努力越多,离成功也就越远。她为我指明了阅读的课改导向、阅读命题趋向、阅读的积累方向!今天喜闻乐见的东西可能就是明天命题范畴,今天的练习可能就是我们走向社会的演习!

从此,我胸中有丘壑……

她为我讲述好词佳句,为我 描绘欧美趣闻,带我走进英语 的天堂…… 从此,

我找到了感觉……

老师说,阅读,最重要的是找到感觉。她与我分享快乐,讲的都是我爱听的事,说的都是我喜欢的人,让快乐之光照亮我的每一周。她把烦恼分解,道出了我的心里话。她催我奋进,让我的惰性无处可藏。

从此,我有了一个好习惯…… 她告诉我考场上的永久法则:时间。并把这种法则变成了我的一种永久习惯……

从此,我知道了我需要什么……

我需要阅读,需要有计划的阅读,需要高效率的阅读,需要有活力的阅读。这就是她,一套最完美、最高效的计划——英语阅读周计划。

也许你听过她,因为她已成经典; 也许你见过她,因为这是一种缘分;





如果你读过她,也许从此情结难舍;

如果你错过了她,她还依然在为你守候; 不为什么,只为你那不经意的回眸.....



一位有缘人

Week 1 教育与学习	Thu
The state of the s	A. B.
Monday (1)	1
A. 原来如此	Fric
B. 午餐后你通常做什么?	. A.
Tuesday (2)	В.
A. 如何帮助孩子完成家庭作业?	轻松
B. 加拿大国际中学招生信息	周
Wednesday(4)	开
A. 一份学校通知书	美
B. 上课的第一天	
Thursday (6)	(38)
A. 知识从哪里来?	
B. Molly 的一天 yaban M	
Friday (7)	Mor
A. 一个坏印象 《人图美华一年资源》目	Α.
B. 变成月亮的人	В.
轻松周末(9)	Tues
周末盘点(9)	A.
开心一刻(10)	B.
美文赏析:You Are a Marvel	Wed
你是一个奇迹(11)	A.
(63) VshemdT	B.
Week <u>2</u> <u>医生与健康</u>	Thui
Monday (12)	B.
A. 我是吉尔伯特本人 ####################################	Frid
B. 咖啡因《录》 一本作文的本义 8	A.
Tuesday (14)	B.
A. 鸡汤	轻松
B. 我们需要多少睡眠?	周
Wednesday(15)	开
A. 深刻的教训 · · · · · · · · · · · · · · · · · · ·	美
A. 体刻的教训 P. 套柱	

Thursday	(17)
A. 多大才算老?	
B. 流感	
Friday	(18)
A. 用药说明	
B. 美味派餐馆	
轻松周末	(20)
周末盘点	(20)
开心一刻	(21)
美文赏析:Let Go Love	
将爱放飞	
Wast 2 ##F	
Week 3 <u>旅游与风景</u>	
Monday	(23)
A. 米老鼠	
B. 如何携带旅行费用?	
Tuesday	
A. 如何到机场?	
B. 一位外国参观者的问题	
Wednesday	(26)
A. 澳大利亚的美丽风景	
B. 旅游信息三则	
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B. 南极洲	
Friday	(30)
A. 自然风景——雪	
B. 英国的四季	
轻松周末	
周末盘点	
开心一刻	(32)
美文赏析:The Joy of Living	
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		•
Week 4 交通与警察	mdT A	
Monday	(33)	I
A. 有惊无险的乘机经历	Frid	
B. 我认为现在我们该等警察来了	A	
Tuesday	(35)	4
A. 第一次飞行	轻松	
B. 警察巡逻	個	
Wednesday	(36)	
A. 英国的交通 evoded in land 文	美	
B. 国际航空时间表		
Thursday	(38)	
A. 两次飞行		
А. М. С. П В. 交通规则		I
Friday	(39)	(
A. 机长致言	Ā	
B. 老人和警察 () 图 图 图 图 图 图 图 图 图 图 图 图 图 图 图 图 图 图	ai	,
轻松周末	(41)	-
周末盘点	(41)	
开心一刻	(42)	,
美文赏析:Youth	Wed	
青春		
	8	,
Week 5 聚会与音乐	Thou A	
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A. 有谁想要干净的盘子吗?	Frid	
B. 歌坛明星——陶喆		
Tuesday	(45)	2
A. "超级明星"是如何学习的?	排棄	
B. 明信片一张	[8]	
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A. 流行音乐 gelvid to volverT. 可数文	美	
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B. 休闲活动	
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B. 牛顿忘我工作的精神	
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Thursday	(59)
A. 拿破仓病了	
B. 卓别林	
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彼岸无尽头,知足才常乐	A B
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8. 減減器 156.0	Thu
	A.
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B. 巴西首都——巴西利亚	B.
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THEER TO LINE A	Friday (121
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A. 仆人与两个年轻人的恶作剧	B. 天气预报 ····································
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WEEK





题材:成长路程 难度:★★

建议时间:4分钟 词数:148





Jimmy started painting when he was three years old; and when he was five, he was already very good at it. He painted many beautiful and interesting pictures, and people paid a lot of money for them. They said, "This boy's going to be famous when he's little older, and then we're going to sell these pictures for a lot more money."

Jimmy's pictures were different from other people's because he never painted on all of the paper. He painted on half of it, and the other half was always empty.

"That's very clever," everyone said, "Nobody else does that!"

One day somebody bought one of Jimmy's pictures and then said to him, "Please tell me this, Jimmy. Why do you paint on the bottom half of your pictures, but not on the top half?"

"Because I'm small," Jimmy said, "and my brushes(刷子) don't reach very high."

• Why did Jimmy never paint on all of the paper?

- A. Because his brushes were shorter than the other's brushes.
- B. Because he wasn't tall enough.
- C. Because he was different from other people.
- D. Because his teacher asked him to do that.

2 Which of the following statements is TRUE?

- A. Jimmy was good at painting when he was five.
- B. Jimmy never sold his pictures.
- C. Jimmy began to painting when he was five.
- D. Jimmy was good at painting when he was three.

3 Jimmy	painted	his pictures.	
A. never; o	on the bottom of		B. sometimes; on the middle of
C. always;	on the bottom half	of	D. always: on the top half of

This passage is mainly about

A. why he always paints on half of the paper.

- B. Jimmy's study skill.
- C. beautiful painting.
- D. a famous artist.



题材:校园幽默 难度:★★ 建议时间:4分钟 词数:124



One day, we had an English class. The teacher noticed a boy reading a picture-book and said, "Tom, what do you usually do after lunch?"

Tom nervously(紧张地) got up from his seat, but he did not know how to answer. He thought for some time and then said, "Wait for supper."

The teacher was displeased and just at that moment, he saw another boy sleeping. The teacher was getting a little angry now, but he was trying not to show it. Then he asked, "And you, Joke?"

As Joke was asleep, of course, he could not hear what the teacher had said. His desk-mate(同 桌) woke him up. Joke stood up quickly and replied in loud voice, "So do I."

0	This story happe	ened		
	A. in the teacher		B. after lunch	
	C. in class		D. in the afterno	oon
0	Tom's answer m			
	A. cry	B. unhappy	C. afraid	D. laugh
0	The teacher ask	ed Joke		
	A. what he war	nted to do after class	B. what he did	in class
	C. the same qu	estion as he asked Tom	D. to help Tom	
8	Joke's answer m	neant that		

- A. he knew what to do or what not to do after lunch
- B. he did the same thing as others did
- C. he was reading a picture-book, too
- D. he did many things after lunch



题材:幽默小品 难度:★★★ 建议时间:5分钟 词数:172



We want our children to do their homework, but are we going enough to help?

"Parents shouldn't just tell kids to do homework," says William Corey, headmaster of the Brent International School in Subic Bay(苏比克湾) Philippines(菲律宾). "They should also provide the right atmosphere(气氛)."

Some ways to help your kids get their schoolwork done:

- Set up a quiet comfortable study area away from the television, loud music and telephones.
- Pay attention to what your children are doing. Even if they don't need help with homework,

1



★ do homework

they will appreciate knowing that you are interested in. Praise them for a job well done.

- Never use homework as punishment(惩罚), or refer to it in negative terms. Make it one of the most interesting parts of the day.
- If your child has a heavy workload, break it up into smaller tasks, giving praise and rest time between each assignment.
- Keep in contact with teachers to make sure that all homework is being brought home and done properly.
- According to the passage, which of the following is wrong?
 - A. Although children don't need help with homework, they are pleasant if parents praise them.
 - B. The parents should pay attention to what the children are doing.
 - C. When kids do something wrong, you'd better ask them to do more homework.
 - D. Parents should keep in touch with teachers properly.
- The underlined phrase "away from" means "____"in Chinese,

A. 远离

B. 靠近

C. 搬走

D. 关闭

- - A. should ask his child to finish it without rest
 - B. should reduce the workload
 - C. should encourage their child
 - D. A and B
- The author's purpose of writing this text is to ____
 - A. tell children how to do homework
 - B. tell teachers how to teach little kids
 - C. tell parents how to help their kids get their schoolwork done
 - D. tell parents how to punish their kids



题材:招生广告 难度:★★★ 建议时间:4分钟 词数:134



Dear Students (and Parents),

There are great benefits to studying in Canada for a year of high school.

You will learn English. Make new friends. Learn Canadian culture. And gain experiences that will last you a lifetime. It is a great adventure. But going half-way across the world is a big step. And choosing the right school is an important decision.

Let us send you free informations on studying in Vernon, British Columbia, Canada.

Once per day for 5 days we will email you important information to help you decide if our program is right for you. This is the first small step on what could be an exciting new adventure! Please fill out

3	英语阅读 周 计划 WEEKLY PLAN FOR ENGLISH READIN
	the registration and we'll get you started.
	Sincerely,
	Dave Lee Principal, and a figure an american as showement each nevel
	BC School District 22, part to among mitracent from sett to see it said
	Vernon, British Columbia, Canada.
	(Note: This program is for students aged 13 - 17.)
	⑤ If you study abroad in Canada, you will
	D. make new friends

- · A. learn Canadian culture
- B. make new friends

C. learn English

- D. all the above
- Who is the schoolmaster of Vernon, British Columbia, Canada?
 - A. An Englishman
- B. Mrs. Vernon
- C. Dave Lee D. Mr. Vernon
- The underlined phrase "fill out" can be replaced by "______". Head of conditions although the
 - A. fill with

B. fill in men "men' wave " away from " men'ni llift .

C. write off

- D. write for
- According to this passage, which of the following is not right?
 - A. This program is for students aged 13 17.
 - B. This program is the best choice to employees.
 - C. Choosing the right school is an important decision.
 - D. Studying abroad is a great adventure.



题材:函电公文 难度:★★★ 建议时间:4分钟 词数:125



A SCHOOL REPORT

Name: Edward	Scott School: Kevin Grove State High School
Grade:7	Term ending:6, May
Subjects:	记:成时 "特代中,即很对致 實實實: 进联 占(土台: 1989)
Mathematics	Dear Students (and Parents)
He is little wea	k in this, but he has tried his best to catch up with others.
Science	Lector Andrews
He can work ou	ut many difficulties. Well done!
	And gain experiences that will lost you a lifetime. It is a i
He is the best	in the class. Keep it up.
French	echool is an important decision.
His reading is	very good, and he can remember many words.
History	Carada Service Control of the Contro
He is not so as	and at this but has done better than before

Geography			Inue (T) or False (F)?
He is familiar(熟	悉的) with the names of i	many places in the world	The name of the cours.b
Music			On average, the class will
He doesn't like po	op songs, though he sing	s very well.	Tre class meets on We
Conduct: fair	No. in class:9 Abse	ences:8	
Remarks(评语):	Edward has the ability to	do a lot better. More w	vork is needed next term.
Class teacher: Ivy	1		
Principal: M. L. N	Martin		
School reopens: 1	1, September		An Australian Boy
• After reading th	is passage, we know this	is	。
A. a studying p	lan of Edward Scott	B. a teaching plan	n of Ivy
C. a school repo	ort of Edward Scott	D. a working plan	of M. L. Martin
Which of the fol	llowing in NOT mentione	ed in the form?	
A. P. E.	B. Music.	C. Mathematics.	D. History.
6 Edward's best su	bject is		
A. science	B. English	C. geography	D. French
• Edward is not so	good at		
A. science and	geography	B. mathematics a	nd history
of the must be become	and white at word words but	lyays more impered to	6.2 1



题材:学校生活 难度:★★★★ 建议时间:6分钟 词数:185



Hello, everyone. My name is Karl Roberts, and I'll be your teacher for this class, Intercultural Communication 311.

Uh, to begin with, please take a look at the syllabus(课程提纲) in front of you. As you all should know by now, this class meets on Tuesdays and Thursdays from 3:15 to 4:50. We will be meeting in this room for the first half of the course, but we will be using the research

lab every other week on Thursday in room 405 during the last two months of the class.

Uh, this is the text for the class, Beyond Language. Unfortunately, the books haven't come in yet, but I was told that you should be able to purchase(购买) them at the bookstores the day after tomorrow. Again, as you see on your course outline, grading is determined by your performance(成绩) on midterm and final tests, periodic quizzes(阶段性测验), a research project, and classroom participation.

My office hours are from 1:00 PM to 2:00 PM on Wednesdays, and you can set up an appointment to meet with me at other time as well.

True (T) or False (F)?

- ♠ The name of the course is International Commerce.
- On average, the class will meet in the research lab twice a month during the last part of the course.
- The class meets on Wednesday from 1:00 PM to 2:00 PM.
- () If today is Tuesday, the textbook be available in the bookstore on Wednesday.
 -) A research project is a part of determining a student's final grade in the class.



题材:学校生活 难度:★★★★ 建议时间:5分钟 词数:235





Many people go to school for a good education (教育). They learn languages, history, maths and other subjects. School education is very important and useful, yet no one can learn everything from school. No matter how much a teacher knows, he can't teach his students everything they want to know. His work is to show his students how to learn. He teaches them how to read and how to think. So, much more is to be learned outside school by the students themselves.

It is always more important to know how to study by oneself. It is quite easy to learn something in languages or formulas in maths, but it is difficult to use a formula(公式) to find the answer to a maths problem. Great inventors do not get everything from school, but they can invent many things and change the world a lot. Though Thomas Edison invented many things, he didn't have much school education. How do they do all this?

A lot of things are not taught in the classroom. They get knowledge from books outside school. They work hard all their lives, and the most important thing is that they know how to use their heads.

- Why do many people go to school?
 - A. To get good education.

B. To buy some books.

C. To make friends.

- D. To meet different teachers.
- What should a student do since he cannot learn everything from school?
 - A. Try to remember more knowledge and formulas.
 - B. Try to remember what the teachers teach.
 - C. Try to learn how to read and how to think.
 - D. Try to read a lot of books.
- 6 How can an inventor invent things? The most important thing is how to
 - A. get knowledge
 - B. use his head well
 - C. teach everything
 - D. learn more knowledge from his teacher
- Which of the following is true?
 - A. School education is not important for a person.

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- B. A student should learn how to study.
- C. A student can learn everything from school.
- D. A good teacher can teach everything.



题材:学校生活 难度:★★★ 建议时间:5分钟 词数:166



It's a typical(典型的) day for Molly. The 6th-grader gets home from a middle school in San Francisco, California. She does not break(休息) for cookies. She doesn't phone a friend. She even walks right past the TV. Molly heads straight for the computer in her living room and starts writing a page-long book-report.

After half an hour of work and some helpful suggestions(建议) from her mother for improving the report, Molly has a quick snack(小吃,快餐) and starts doing more than 100 math problems. She moves on to social studies

in labeling(标注) all the countries on a map of the Middle East. Then she practices the piano, has dinner and goes to bed.

Today American students spend as much time on homework as we do. "I am at school for eight hours a day. That's enough," said Molly. "After school is my personal time. I want to be active outside. I want to hang out(闲荡) with my friends and have fun."

6 Molly after she got home.

A. watched TV B. fixed dinner

C. gave a call to her friend D. wrote her book-report

6 Who gave her some suggestions?

A. Her friends. B. Her husband.

C. Her mother. D. Her father.

Molly after the quick snack.

A. watched TV B. wrote her report

C. did more than 100 math problems D. did exercise

3 How long do those students stay at school in a day?

A. 8 hours.

C.7 hours. D. 10 hours.

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题材:社会生活 难度:★★★ 建议时间:5分钟 词数:148

星期五个月旬日

Six people were traveling in a compartment(车厢) on a train. Five of them were quiet and well behaved(举止), but the sixth was a rude(粗鲁的) young man who was causing a lot of trouble to