

21世纪全国成人教育规划教材

# 实用英语教程 1

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总主编 毕兆年 凌双英

主编 凌双英

中国财政经济出版社

# 实用英语教程 1

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# 出版说明

《实用英语教程》是中国财政经济出版社严格按照教育部高等教育司颁布的《全国成人高等教育公共课教学基本要求》组织编写的一套全国成人高等学校使用的英语教材。它坚持“以应用为目的、实用为主、够用为度”的大方向，吸取国内各成人高等学校英语教材的长处，针对我国成人高等学校学生实际情况，既考虑到与高中英语教学的衔接，又注重学生参加“高等学校英语应用能力考试”（PRETCO）的实际需要。

《实用英语教程》共分4册，每册包括《综合教程》、《教学参考书》、《同步练习册》、磁带和光盘，从第1册到第4册内容循序渐进，语法由浅及深，交际技能要求逐步提高。《综合教程》、《教学参考书》和《同步练习册》每册8单元，《同步练习册》另附期中、期末考试试卷各1套和《高等学校英语应用能力考试全真试题》1套，教学负担适中，能在规定的学时内完成。

在《实用英语教程》策划过程中，编者在全国成人高等学校进行了广泛调研，综合目前主流英语教材的长处，并对英语教学中反映的问题作出针对性的改进，最终确定编写大纲。参加编写《实用英语教程》的作者都是来自全国十多所高等院校的资深教授和一线骨干教师，他们既有深厚的英语理论功底，又有丰富的教学经验，掌握学生的真实水平和能力，从而使教材切合成人高等教育英语教学实际。《实用英语教程》全部由加拿大 University College of the Fraser Valley 的英语教学专家审定，确保该教材体系符合现代英语规范。本教材具有如下特色：

- 紧扣《教学基本要求》——贯彻“听、说、读、写、译”并重及“边学边用、学用结合”的原则；
- 模块化设计——整个教材体系由听说、阅读、语法和写作3个模块构成，每位主编既负责其中一个模块的整体设计又负责某一分册的模块整合，从而在横向保证教材完整性，纵向保证连惯性；
- 主题循环法——每单元各模块内容基本围绕同一主题，练习题也主要选用课文语言材料或围绕单元主题；
- 中国与加拿大合作结晶——全套教材均由加拿大 University College of the Fraser Valley 的三位英语教学专家审定。

2006年5月



# 前 言

财经版《实用英语教程》按照教育部高等教育司《全国成人高等教育公共课教学基本要求》(以下简称《基本要求》)编写而成,是一套供全国成人高等学校非英语专业学生使用的英语教材。学生在学习本套教材之前一般应掌握基本的英语语音和语法知识,认知英语单词1000~1600个,在听、说、读、写、译等方面受过初步的训练。

## 一、本套教材的框架

- 本套教材共分四册,每册包括:
- 1.《实用英语教程》综合教材
  - 2.《实用英语教程》教学参考书
  - 3.《实用英语教程》同步练习册
  - 4.《实用英语教程》录音磁带
  - 5.《实用英语教程》助学光盘
  - 6.《实用英语教程》电子课件

## 二、本套教材的特色

本套教材贯彻《基本要求》的指导思想,坚持“以应用为目的,实用为主,够用为度”的大方向,把打好学生的语言基础作为本套教材的重要目标。同时,重视培养学生的语言应用能力。《实用英语教程》遵循语言学习的自然规律,把听、说、读、写、译等各种语言技能训练融为一体,以学生为本位,充分发挥教师和学生的双主体作用,提倡即学即用,巩固学生的语言基础,同时培养学生实际运用语言的技能,特别是运用英语处理日常和涉外业务活动的能力。

《实用英语教程》基本按照《基本要求》的交际范围表选择题材,语言材料涉及日常交际和业务交际的主要内容,涵括了成人高校学生在校期间应重点掌握的语言基础知识和语言交际能力。教材按照《基本要求》的词汇表裁剪语料,生词的级别都有明确的标注,生词量和超纲词均得到了有效的把握和控制。为了避免因阅读文章过长而造成课堂教学操作上的困难,或因文章过短而造成语言信息量不够、生词相对集中等因素而挫伤学生的阅读积极性,《实用英语教程》对阅读课文的长度均有适当的控制,第一册文章的长度在350~400个单词左右,第二册文章的长度在400~500个单词左右,第三册文章的长度在500~600个单词左右,第四册文章的长度在550~650

个单词左右。选材既重视语言材料的实用性和科学性，同时注意语言材料要新鲜有趣、难易适度。

### 3. 单元结构合理

《综合教程》每册共分 8 个单元，每个单元的教学课时建议为 8 课时，另外每 4 个单元安排复习各 4 课时，因此，每册的教学总课时为 72 课时，符合目前成人高等学校非英语专业英语课程的教学计划和课时安排。每单元内容基本围绕一个主题，采用主题引导和任务引导 (Topic-based & Task-based) 相结合的方法，着重培养学生运用语言的综合能力，突出成人教育实用英语教学的特点。其结构为：

**Focus on Talking:** 提供 3 个同一主题、不同场景的对话和 4 个形式各异的口语练习，根据主题提示和任务要求驱动课堂语言活动，让学生模拟和创编对话，以训练学生用语言解决实际问题的能力。

**Focus on Listening:** 提供听力单项技能训练、功能对话、和语篇整体听力训练，语言难度由第一册到第四册拾级而上，训练模式既考虑到学生的听音特点，又兼顾到高等学校英语应用能力考试中的听力题型设计。

**Reading:** 提供两篇同一主题的文章，其中 Text A 作为精读材料，Text B 作为泛读材料。阅读题型设计上，首先采用 Group-discussion 模式，讨论与课文主题相关的问题，以此导入课文内容的学习；改变教师传统的提问模式，设计了让学生就课文提问、小组讨论和教师总结的形式，鼓励学生积极思考、大胆发言，加强群体协作和师生互动。同时设计了针对课文中出现的常用单词、短语和句型的训练，以便对课文采取精讲多练，提高学生把握语言的准确性。

**Translation:** 在两篇阅读文章和练习之后设计了翻译技巧介绍和翻译练习，加强学生的翻译技能训练。

**Grammar:** 提供一种语法知识介绍，并设计语法练习，加强学生语言基本功训练，在提高英语实用性的基础上，提高学生运用语言的规范性。

**Writing:** 提供基础英语写作练习、应用文写作方法介绍、应用文范文、应用文模拟套写或套译练习。

**English Fun:** 提供脍炙人口的英文歌曲或趣味英语知识，主题尽可能接近单元主题，使学生在轻松愉快之中学习英语知识，提高学习英语的兴趣。

## 三、立体化教学资源

### 1. 《实用英语教程》教学参考书

《实用英语教程》教学参考书不仅提供了综合教程上的听力录音脚本、练习答案、文章（或应用文范文）翻译、还提供了与课文主题相关的背景知识、生词、短语、难句解释、生动有趣的例句。是教师备课、学生学习不可缺少的教学辅导书。

### 2. 《实用英语教程》同步练习册

《实用英语教程》同步练习册根据综合教程各单元的主题内容进行编写，每 4 单元编写一套复习测试题，旨在进一步拓展单元主题，巩固教学效果。该同步练习册与



综合教程配合使用，能使学生更全面、更系统地复习和巩固综合教程上的语言要点和知识体系，熟练掌握听、说、读、写、译各门技能，提高英语语言的综合能力。

### 3.《实用英语教程》录音磁带和多媒体课件

《实用英语教程》除配套的录音磁带外，为学生提供多媒体助学光盘、为教师提供多媒体教学课件，有利于利用现代化计算机辅助教学模式，充分调动学生自主学习的兴趣，提供个性化的学习空间；有助于更有效地在课堂上传授语言信息，使教师把更多精力放在课堂的组织上，加强课堂上师生之间的语言交流，促进教学模式的转变。

前  
言

## 四、本套教材的编写特色和编写队伍

本套教材在编写上采取模块分工的方式。在纵向上，全套教材的编写按以下三个模块分工：Focus on Talking 和 Focus on Listening, Reading, Grammar 和 Writing。这样的分工有利于编写内容的连续性和难易程度呈阶梯型循序渐进。在横向上，各分册、各单元都采取主编负责制，保证了每单元的各模块内容相互联系、相互交融，进而确保各单元、各分册之间内容的连续性和进阶性。各单元的最后一部分 English Fun 材料由各编写老师提供，最终由各分册主编根据单元主题和具体内容确定。

《实用英语教程》的总主编为毕兆年、凌双英。在纵向分工上，Focus on Talking 和 Focus on Listening 模块（全四册）主编为刘寅齐；Reading 模块主编为凌双英（第一、二册）和柳吉良（第三、四册）；Grammar 和 Writing 模块（全四册）主编为孙民霞。在横向分工上，第一册主编为凌双英，副主编为吴平安、甘永明，参加编写的人员有陈刚、李坚、吴平安、凌双英、王青、吴晓影、潘诚、甘永明、王晓霞、燕静君、周欣奕、毕玉红；第二册主编为孙民霞；第三册主编为柳吉良；第四册主编为刘寅齐。此外，刘建明、张卿、孟祥年为本书做了大量的指导工作，安娜、陈桃秀、张熹春、龙梅和戴云漫做了大量的审核工作，王琦、徐荣、赵舒为本书的编写做了大量的辅助工作。

《实用英语教程》由加拿大 University College of the Fraser Valley 的三位专家 Maria Bos-Chan, Marcela Jonas 和 Raymonde Tickner 审定。在此对她们辛勤而细致的工作表示衷心的感谢。

由于编者水平有限，疏漏和不妥之处在所难免，恳请专家和读者不吝指正。

编 者

2006 年 4 月



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### Translation

### Grammar

### Writing

### English Fun

Translation of Words

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Business Cards

An English Humor  
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Conversion

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The Agreement

Letters of Apology

An English Humor  
A Clever Doy



# *Unit 1*

1

## **Starting College Life**



### **Section I : Focus on Talking**



Do you know how to register for online courses?  
How do you show someone the way to a classroom building?



## 2

## Part A: Learn to Say

## Dialogue 1:



A: Good morning. You are a newcomer, aren't you?

B: Yes. My name is Alice Brown.

A: I'm John Smith from the United States. Where are you from, Alice?

B: I'm from Greece.

A: Which department are you in?

B: Business Management. How about you?

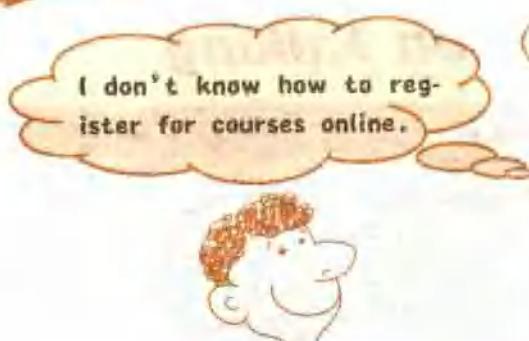
A: I'm in Chemical Engineering Department.

B: What year are you in?

A: I'm in my third year.

*Task: Try to introduce yourself to your classmates.*

## Dialogue 2:



# Unit 1



A: Mr. Davis, could you show me how to register for courses online?

B: Sure. Look, this is the website of the Teaching Affairs Office.

A: Yes. And what do I do next?

B: Put in your ID number here.

A: OK.

B: Click "Course Registration" and select courses from the list.

A: I see. But what courses should I take as a first year student?

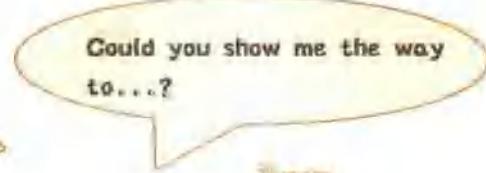
B: Generally speaking, you can choose any of the electives.

*Task: Ask your partner how to register for a course online.*

## Dialogue 3:



Where is...?



Could you show me the way  
to...?

A: Excuse me. Where is the Teaching Affairs Office?

B: Sorry, I'm new around here. You can ask the man over there.

A: Thanks. ... Excuse me, sir, could you show me the way to the Teaching Affairs Office?

C: Yes. First, go to the office building.

A: The office building?

C: Yes. Look, the highest building  
over there is the office building.

A: Oh, I see.

C: The Teaching Affairs Office is in  
Room 206 on the second floor.

A: Thank you very much.

*Task: Ask your schoolmate how to get  
to the library.*



**Part B:** Oral English Activities

**Activity 1:** Match the item on the left with the best reply on the right.

1. Hello. I'm David Chain. Just call me David.
2. Where are you from, Christina?
3. What's your major?
4. What year are you in?

- A. I'm in first year.
- B. I'm from Chengdu in Sichuan Province.
- C. I am majoring in Human Resources Management.
- D. Hi, David. My name is Christina Leo.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

**Activity 2:** Complete the following dialogue with the help of the Chinese in the brackets.

A: Have you finished 1. \_\_\_\_\_ (网上选课)?

B: Ah, yes.

A: 2. \_\_\_\_\_ (你选了多少门课程)?

B: 17 courses, about 39 credits together.

A: Oh, that will surely keep you busy this term.

B: A little. 3. \_\_\_\_\_ (我每天有7到8节课). How about you?

A: 4. \_\_\_\_\_ (我选了12门课).

B: You'd better 5. \_\_\_\_\_ (多选两门课), or you will be busy in the future.

**Activity 3:** Complete the following conversation with the information given in the box.

- A. I'll take you there
- B. Classroom Building No. 5
- C. I'm a newcomer
- D. aren't you
- E. the student dorm



# Unit 1



- A: Excuse me. How can I get to the student dorm?  
B: I'm sorry. I don't know. You can ask the woman over there.  
A: Thank you. ... Excuse me, young lady. Could you show me the way to Classroom Building No. 5?  
C: Sure. Go to Classroom Building No. 5 and turn right.  
A: But where is Classroom Building No. 5?  
C: You are a newcomer, aren't you?  
A: Yes.  
C: Please follow me. Follow me.

## Activity 4: Use the information given below to create a role-play.

Christina is a first year student. She asks David how to get to the student dorm. David offers to take her to the dorm. They introduce themselves to each other and then talk about their own departments, majors and other things on campus.

### TIPS

*Could you show me the way to...?*

*What program are you in?*

*Where are you from?*

*I am majoring in...*

## Section II: Focus on Listening

### Part A:

In this section you will hear ten words. Listen carefully and choose the word that you hear. Each word will be read two times.

/əf/ /ɪf/

1. A. when

B. win

/æf/ /eɪf/

2. A. sad

B. said

/ɪf/ /hɪf/

3. A. deed

B. dijd

/ʌf/ /o:f/

4. A. come

B. calm

/ɒf/ /ɔ:f/

5. A. not

B. nut

/ʌf/ /æf/

6. A. run

B. ran

/u:f/ /ʊf/

7. A. fool

B. full

/ɒf/ /ɔ:f/

8. A. pot

B. port

/ɔ:f/ /ɛf/

9. A. course

B. case

/ɪf/ /ɪf/

10. A. week

B. wake

## 6

**Part B:**

*Listen to the following three dialogues on the tape and complete the task after each dialogue. Each dialogue will be read two times.*

**Task 1: Listen to Dialogue 1 carefully and fill in the following blanks.**

1. Tina comes from \_\_\_\_\_.
2. Mike majors in \_\_\_\_\_.

**Task 2: Listen to Dialogue 2 carefully and complete the answer to each question.**

3. What is Tina going to do?  
She is going to \_\_\_\_\_.
4. Where do the two speakers plan to go?  
They plan to go to the \_\_\_\_\_.

**Task 3: Listen to Dialogue 3 carefully and choose the best answer.**

5. Where does the woman want to go?
 

A. The student dorm.	C. The computer center.
B. The classroom building.	D. The office building.
6. How many minutes will it take for the woman to get there?
 

A. Three.	B. Four.	C. Five.	D. Six.
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**Part C:**

*You'll hear a passage on the tape. Listen carefully and fill in the blanks with the exact words you have heard. The passage will be read two times.*

My first day in college was a 1. \_\_\_\_\_ and different experience for me. The experience changed my thoughts towards 2. \_\_\_\_\_. As soon as I stepped in the college my whole world 3. \_\_\_\_\_. Everything around me seemed so 4. \_\_\_\_\_. The buildings were so tall, and the people were so friendly. I was very excited the 5. \_\_\_\_\_. I came to the college. "Excited", "6. \_\_\_\_\_", and "curious" are the words to describe my first day in college.



## ► New Words and Expressions in Section I &amp; Section II

Greece /gri:s/	n.	希腊
department /də'pərtmənt/	n.	系, 部
introduce /intrə'dju:s/	v.	介绍
engineering /endʒi'njerɪŋ/	n.	工程学
* dorm /dɔ:m/	n.	宿舍
* credit /kredɪt/	n.	学分
* click /klik/	v.	点击
* website /'webl'sait/	n.	网站
* elective /l'ektɪv/	n.	选修课程
major /meɪdʒə/	n./v.	专业; 主修
excited /ik'saɪtɪd/	a.	激动的, 兴奋的
describe /dɪ'skraɪb/	v.	形容, 描述
register for a course online		网上选课
ID number		身份代码
the office building		办公楼
the Teaching Affairs Office		教务科, 教务处

**Section III: Reading****Part A: Text A**

## ► Pre-reading Task: Group-discussion

1. What's college life like in your eyes?
2. Do you think there are any differences between college and high school?
3. What's your plan for your college life?





## The College Experience

Going to college! How exciting! It's a trip that has everything great that you have heard about. To a great extent, you will be on your own. True, there are a lot of people ready to help you, but generally you must go for it by yourself.

Most of you have decided on a career. Even though many of you will change your minds later, the initial decision allows you to set class goals and pursue them step by step toward that, the final objective of graduation, such goals are essential for success. In advising students, I always tell them to discipline themselves and be prepared to study hard.

I hope that you have gathered by now that going to college means a lot more than earning a grade. To limit your college experience will be a waste to you and to all of the people, past and present, who have invested their pennies, dimes and dollars—often at great personal sacrifice—to make educational opportunities open for you. To speak frankly, college is a place to be greedy—take all you can get and then some more.

Also consider this—are you going to take a course to learn or are you going to take it only to have it on your record? I talk too far to many students going to school just to get the certificates to "get a job". Again, they are cheating themselves. Get into the subjects in great depth to gain a true understanding. Don't be content to just skim over courses with "only to pass" in mind. By taking the in-depth approach you will be exploring many of the disciplines you will enjoy the rest of your life.

Let me share with you a final observation. The person doing an honest piece of work, the work one can be proud of, is the truly happy person. This is true of the porter, secretary, teacher, whatever. The pain of just getting by will eventually tear one apart. The habit of honest work and pride in your work can be established to a great extent in college.

Thus, as you stand at the entrance of your college career, commit yourself and stand by that commitment. From the first day in class, discipline yourself to make learning fun, not an unpleasant task, and to get the most from the educational opportunities open to you.

### ► New Words

experience /ɪk'spiərɪəns/	n.	经历, 阅历; 经验, 体验
career /kə'reɪər/	n.	职业, 谋生之道
*initial /ɪ'nɪʃl/	a.	开始的, 最初的
allow /ə'lau/	v.	允许, 准许; 允许……进入
goal /gəʊl/	n.	目标, 目的