

青海旅游英语教程

ENGLISH TEXTBOOK FOR QINGHAI TOURISM

主编 高庆选

青海旅游英语教程

主 编: 高庆选

副主编:马福

编 者: (按姓氏笔画)

马丽范 李永学 李增垠 徐宇 崔巍

英文校对:徐宇

青海人民出版社

2007 • 西宁

图书在版编目(CIP)数据

青海旅游英语教程/高庆选主编,一两宁:青海人民出 版社,2007.4

ISBN 978-7-225-02899-6

Ⅰ.青... Ⅰ.高... Ⅱ.青海省-概况-英语-专业学校-教材 N.H31

中国版本图书馆 CIP 数据核字(2007)第 050692 号

青海旅游英语教程

高庆选 主编

出版青海人民出版社(西宁市同仁路10号)

发 行: 邮政編码 810001 电话 6143426(总编室) 发行部:(0971)6143516 6123221

印 刷:青海新华印刷厂

经 销:新华书店

开 本: 650mm×960mm 1/16

印 张: 16.5

字 数: 180 千

版 次: 2007 年 4 月 第 1 版

印 次: 2007 年4月第1次印刷

印 数: 1-1000 册

书 号: ISBN 978-7-225-02899-6

定价: 32.00元

版权所有 翻印必究

(书中如有缺页、错页及倒装请与工厂联系)

前言

随着西部地区的经济和社会发展,我省的旅游事业已进入了快速发展的时期。为了更好地向国内外旅游者宣传青藏高原的自然环境和人文环境,规范青海旅游景点的英语名称,我们在参考了全国各地的地方旅游教材的基础上,结合我省省情及特色旅游资源,编写了《青海旅游英语教程》。

本书通过对青海省的自然风光、历史、文化、民俗等资料精心筛选、翻译,将我省绝大部分丰富的人文景观、富饶的矿产资源、稀有的动植物等编入了教程。本书力求适应我省旅游英语专业学生的知识结构和接受能力。《青海旅游英语教程》由 16 课组成,每课包括了 A、B 和补充课文,单词表,课文注释和综合练习。课文由浅入深,循序渐进。篇幅适当,便于讲授。对青海的景点名称、地名、人名采用了统一名称。教程的练习分为口语练习和综合练习,编排中更注重口语练习。

本书适用于英语旅游专业学生和导游人员使用,也是具有中级英语水平的英语学习者和各类涉外工作人员的参考用书。

由于编者的水平和其它客观原因,本书难免存在错误和不妥之处,敬请同行和读者批评指正。

编者

2007年2月于西宁

Contents

Lesson One	
Text A: Qinghai Province	1
Text B: Natural Resources in Qinghai	4
Exercise A	8
Exercise B	9
Supplementary Reading	
Characteristics of Qinghai Province.	13
Lesson Two	•
Text A: Brief Introduction to Xining (1)	15
Text B: Brief Introduction to Xining (2)	19
Exercise A	23
Exercise B	24
Supplementary Reading	
Food in Xining	27
Lesson Three	
Text A: Qinghai Lake	30
Text B: The Sacred Lake and Fairy Cave	32
Exercise A	35
Exercise B	35
Supplementary Reading	
Kanbula Scenic Spot	38
Lesson Four	
Text A: Tibetan	41
Text B: Sala Ethnic Minority	43
Exercise A	45
Exercise B	45
Supplementary Reading	
Tu Ethnic Minority	48
Lesson Five	
Text A: Ta'er Lamasery—Qinghai's Prime Tourist Attraction	51
Text B: Some Grand Constructions of Ta'er Lamasery	
Exercise A	60
	1

Exercise B	61
Supplementary Reading	
Chinese Buddhism and its Development	64
Lesson Six	
Text A: The Three Artistic Uniques —The Wonder of Ta'er Lamasery	67
Text B: Buddhism and Chinese Culture	72
Exercise A	75
Exercise B	76
Supplementary Reading	
What is Tourism?	79
Lesson Seven	
Text A: Keluke Lake and Tuosu Lake — the Love Lakes	82
Text B: Riyue Mountain	86
Exercise A	89
Exercise B	90
Supplementary Reading	
Haixinshan Island	93
Lesson Eight	
Text A: The Camel Spring and Jiezi Mosque	
—the Most Precious Cultural Relics of Sala	96
Text B: Laoye Mountain and Niangniang Mountain	100
Exercise A	103
Exercise B	104
Supplementary Reading	
Mass Tourism	107
Lesson Nine	
Text A: The Land of Regong Art	110
Text B: The 10 th Panchen and His Former Residence	114
Exercise A	116
Exercise B	117
Supplementary Reading	
A: Wutun Temple	120
B: Some English used in restaurants	121

Lesson Ten Supplementary Reading Lesson Eleven Text A: Liuwan Cemetery Supplementary Reading Lesson Twelve Text A: Fairy God-Mother's Ancient Kingdom Supplementary Reading Lesson Thirteen Supplementary Reading

Lesson Fourteen	
Text A: Tubo Ancient Graves	174
Text B: Unique Folk Custom	177
Exercise A	180
Exercise B	182
Supplementary Reading	
A: Dulan International Hunting Field	184
B: Greece	186
Lesson Fifteen	
Text A: Bird Island	187
Text B: E-ling and Zha-ling Lake	192
Exercise A	194
Exercise B	196
Supplementary Reading	
A: Gold and Silver Grassland	199
B: Mexico	200
Lesson Sixteen	
Text A: Three Rivers' Fountainheads Nature Reserve	201
Text B: The Tanggula Mountains	204
Exercise A	206
Exercise B	208
Supplementary Reading	
A: The Longyang Gorge Hydropower Station	210
B: Egypt	
Appendix I Glossary	213
Annandiy II Kay to Evaroises	230

en de la companya de la co

Lesson One

Text A

Qinghai Province

Qinghai is located on the north-east of the Tibetan-Qinghai Plateau with an average elevation in excess of 3,000 meters above sea level. The province is named after Lake Qinghai, China's biggest inland sea, and hosts the sources of three major rivers: the Yellow River, the Chang [Yangtze] and the Lancang River which becomes the Mekong. The province has three major geographical regions: the Qaidam Basin, west of Lake Qinghai and north of the Kunlun Mountains, which is an extremely arid area of salt marshes and desert, with the new (extraction industry-baseD. urban centre of Golmud; the sparsely inhabited mountainous plateau of Yushu and Guoluo (at an average in excess of 4,000 meters above sea level); and the north-east corner around Xining, and between Xining and Gansu province to the east, centering on the valleys of the Huangshui and Yellow Rivers.

The climate in Qinghai is a typical plateau continent one. The low temperature, long sunshine with strong **radiation**, and lower level oxygen are the main **characteristics** of the climate of the province.⁴ The winter is not too cold, but it is longer than any other province, while summer is cool and short from July to September. The average temperature of the year round from-5.6 to 8.5 °C. The climate varies in different part of the province. Xining is the warmest area with an annual average temperature of 1.6 to 8.5 °C. Qaidam Basin is about 1.4 to 5.2 °C. The area of Qilian Mountains and Kunlun Mountains are the coldest areas with an **annual** average temperature of -5.6-1.4 °C. The frost-free period is about 100-190 days, which is very short, with only 30-40 days in some of the mountainous areas, and even no **frost**-free period in Kekexili areas. The annual average **precipitation** is very low in the whole province.⁵

Elevation and climate mean that agriculture is largely confined to Qinghai's north-east corner, where 67.2 percent of the provincial population lives on 2.84 percent of the land area. Moreover, even here, at an average elevation of just over 2,000 meters above sea level, the growing season is only about three months a year. While Xunhua county (on the Huang River and border with Gansu) is able to achieve annual yields of 800 jin per mu, 200 or 300 jin per mu each year at best is more usual in other counties. The capacity of the north-east corner, let alone the whole province, to support a large population has always been severely limited. Farming elsewhere is mainly livestock-based, concentrating on sheep, yaks and horses, and is often nomadic.

The history of Qinghai can be traced back to about 121 B.C., which is the Western Han

Dynasty. The general Qubing Hu established a military fortress in this area called Xiping. From that time on more and more people came into this land. At the end of the Western Han Dynasty, this land expanded into a prefecture and was named Xihai prefecture. During the Sui Dynasty (518-618 A.D.), this area extended into two prefectures, the second being named Heyuan. During the Song Dynasty (960-1279 A.D., this land was renamed Xining, and this name still used today. In 1929, Qinghai was established as an administrative province with its capital in Xining. The Qinghai People's Government was formally established on January 1st 1950 after the liberation of Qinghai on Sept.5, 1949.

Qinghai boasts rich natural resources such as vast pastures, virgin forests, wild animals, various minerals and attractive historic spots. Large and small lakes scatter all over the province. Stone mountains, snow-capped mountains, glaciers, desert, Gobi and salt lakes amount to 51.8 percent of its land.

Qinghai also impresses you a fascinating melting pot of 33 ethnic groups. Tibetan, Hui, Sala, Mongolian and Tu are native people. They are as warm and friendly as their ranches and gardens. The nomadic Tibetan and Mongols dwell in the green and follow their tradition grazing horse, yak, sheep, and camel aeons ago, the Hui, Tu, Sala and other migrations have been cultivating farmland in the eastern area of Qinghai for centuries.

Words and Expressions

plateau [plæ'tou]n.
average ['ævərid3] adj.
elevation [elə'vei]ən]n.
excess [ik'sɛs; ik'ses] n.
host [həust] v.
arid ['ærid] adj.
marsh [mar]; ma:]] n.
extraction [' ik'stræk]ən] v.
urban ['3:bən] adj.
sparse [spas; spa:s] adj.
radiation [redi'efən; reidi'ei]ən] n.
characteristics [kæriktə'ristiks] n.
annual ['ænjuəl] adj.
frost [frɔst] n.

高原, 稳定状态 平均的, 普通的 海拔, 提升 讨量. 讨分 主持, 主办; 干旱的,干燥的 沼泽(地带) 抽出, 拔出: 都市的, 城市的 数量有限的 稀疏的, 辐射, 放射线: 特性, 特征 每年的, 一年一次的 霜, 严寒

precipitation [pri_sipi`teilən] n.

confine [kən'fain] v.

capacity [kə`pæsiti] n.

severely [si'viəli] adv.

yak [jæk] n.

nomadic [nəu`mædik;] adj.

fortress [fo:tris] n.

prefecture [`pri:fektjuə, pri:fekt]ə] n.

administrative [əd`ministreitiv] adj.

boast [baust] v.

pasture['pæstsə; pa:stsə] n.

scatter ['skætə] v.

glacier ['gleisiə; 'glæsiə] n.

melting [meltin; meltin] adj.

ethnic ['e θ nik; $\epsilon\theta$ nik] adj.

ranch [rænt]; ra:nt]] n.

dwell [dwel; dwel] v.

aeon [iən] n.

livestock-based

降雨 (雪), 坠落

被限制的, 约束于

容量, 容积, 能力;

严厉地, 严重地;

牦牛

游牧的, 流浪的

城堡, 堡垒, 要塞

州

管理的, 行政的

吹牛, 自夸

牧场, 草原

散播, 分散

冰河, 冰川

熔化的, 熔解的

人种的,种族,民族的

大农场, 牧场

居住

永世

以家畜类为基础的

Notes

1. Qinghai is located on the north-east of the Tibetan-Qinghai Plateau with an average elevation in excess of 3,000 meters above sea level. 青海省位于青藏高原的东北部,平均海拔超过 3000 米。

be located 位于

例: The house is located next to the river. 这所房子位于河边。

2.and hosts the sources of three major rivers: the Yellow River, the Chang [Yangtze] and the Lancang River which becomes the Mekong. 是黄河、长江、澜沧江(东南亚为湄公河)三大河流的发源地。

host the sources 发源地

3.which is an extremely arid area of salt marshes and desert, with the new (extraction industry-based. urban centre of Golmud. 该地区多盐沼地和戈壁, 气候异常干燥, 其中心地带是新建的以加工业为主的格尔木城。

3

- 4. The low temperature, long sunshine with strong radiation, and lower level oxygen are the main characteristics of the climate of the province。青海省的主要气候特点是气温低,日照时间长,强辐射,空气含氧量低。
- 5. The annual average precipitation is very low in the whole province. 青海全省的年平均降水量很低。

Precipitation 降水量

- 例: When cloud particles become too heavy to remain suspended in the air, they fall to the earth as precipitation. 当云层中的颗粒变得太重,不能在空气中悬浮时,就降到地面上。
- 6. Elevation and climate mean that agriculture is largely confined to Qinghai's north-east corner, where 67.2 percent of the provincial population live on 2.84 percent of the land area. 海拔高,气温低,这就意味着青海的农业绝大部分限制在东北角。这儿的人口占全省人口的 67.2%,但靠占全省 2.84%的土地生活。

be confined to 把.....限制于......

- 例: The animal was confined to a very small cage. 那只动物被关在一个很小的笼子里。
- 7. The capacity of the north-east corner, let alone the whole province, to support a large population has always been severely limited 不用说养活全青海省人口, 就养活东北角地区人口的能力来说总是非常有限的。

capacity 能力,容量

例: The seating capacity of the auditorium is 2000 students. 该报告厅可容纳 2000 名学生。

Text B

Natural Resources in Qinghai

Qinghai has 589,000 hectares of cultivated land, of which 176,000 hectares are irrigated farm land. It is estimated that more than 600, 000 hectares of wasteland is waiting to be exploited. As one of the five largest pasture areas in China, more than 38.60 million hectares natural grassland are being used for animal husbandry, and more than 33.47 million hectares are waiting to be utilized. The grassland, with various types and high quality, is suitable for all kinds of animals. There are 250,000 hectares of forests, 1.60 million hectares of bush area and 120,000 hectares of sparse woods. The percentage of forest cover is 3.5 per thousand; the province's land utilization rate is lower than the country's average rate because 51.8 percent of its land is covered by stone mountains, snow-capped mountains, glaciers, desert, Gobi and salt lakes.

Qinghai raises more than 250 types of wild animals. Those animals under state first-class protection include wild camels, wild yaks, wild donkeys, Tibetan gazelle, white-lip deer, snow leopard, black neck crane, serow, and the black stork. There are 40 other kinds of rare animals and 40 types of fish, including naked carp in Qinghai Lake and piebald naked carp.

Qinghai is large in area and rich in natural resources. One hundred and twenty-three kinds of minerals have been discovered in the province. Qinghai is also one of the top ten sources for fifty proved minerals in China in terms of the preserved reserves.³ Moreover, it has the richest preserved reserves of eleven other proved minerals.

The resources of oil and natural gas are mainly **distributed** in the northwest of the Qaidam Basin. Up to now, more than 16 oil fields and 6 gas fields have been discovered. The oil reserves are more than 1.2 billion tons with 0.22 billion tons proved, and the reserves of natural gas are 0.2937 billion tons, with 0.1575 billion tons proved. The gas field is one of the nation's four major gas fields.

There are 36 minerals found in the province, of which five rank first in the country. They are asbestos, gypsum, quartz, limestone and graphite. The reserve of asbestos makes up 63% of the nation's total. Nonferrous metals are also rich in the province, lead metal, copper, and zinc are among those which proved in large quantities, while rock gold and sand gold are also widely distributed.

There are more than 440 kinds of **terrestrial vertebrates** in the province, of which more than 100 are beasts and 290 are birds, constituting 20.2% and 24.6% of the nation's totals respectively. Among the wild plants, more than a thousand kinds of economic plants and six hundred kinds of medicinal plants have been found, including more than fifty kinds of rare medicinal **herbs**.

Qinghai is one of the five largest pasture areas in China. It is also an important base pastures. The usable pastures cover an area of more than 33.45 million hectares. The pasture in the province can be classified into five categories; meadow pasture, grassland pasture, swamp pasture, desert pasture and forest pasture. The main areas for stock-raising are in the prefectures in west and south of the province. Horses, yaks, sheep and some other domestic animals are raised in the pasture areas.

The Qaidam Basin in the province is one of the main natural resource areas, which has more than 30 salt lakes. It has been **preliminarily** proved that their reserves of **sodium chloride** are 326.3 billion tons, **potassium chloride** 0.44 billion tons, magnesia salt 4.82 billion tons, **lithium chloride** 13.92 million tons, **strontium** 159.2 billion tons, and mirabilis 6.86 billion tons. The above mentioned resources are the richest among all the provinces and

autonomous regions in the country, among which the reserves of magnesium chloride, potassium chloride and lithium chloride take up 90% of the proved national reserves.⁷

Words and Expressions

hectare [hektə]n.

irrigated ['iri,geitid] adj.

exploit [ik`splJit] v.

husbandry [`h^zbəndri] n.

utilize ['jutilaiz; 'ju:tilaiz] v.

donkey ['dɔŋki] n.

gazelle [gə'zel; gə'zel] n.

leopard ['lepəd] n.

crane [kren; krein]n.

serow ['sirəu] n.

stork [st⊃:k]n.

carp [karp; ka:p] n.

piebald ['paibJ:d] adj.

reserve [ri'z3:v] n.

distributed [di'stribju:tid] adj.

asbestos [æz 'best⊃s] n.

gypsum ['d3ipsəm] n.

limestone ['laimstəun] n.

graphite ['græfait] n.

terrestrial vertebrate [tə'restriəl 'vstə, bret] n.

herb [hə:b] n.

meadow ['medou] n.

swamp [sw>mp] n.

preliminarily [pri'limi_nərili] adv.

sodium chloride ['sɔdiəm 'klɔraid] n.

potassium chloride [pɔ`tæsiəm `klɔraid] n.

magnesia [mæg`ni:siə] n.

lithium ['liθiəm] n.

strontium ['strontiem] n.

公顷,

灌溉的;

开发,利用

农牧业

利用,使用

驴

暗羚

豹子

鹤,起重机,吊车

鬣羚, 羚羊

鹳

鲤鱼

黑白斑的,花斑的

埋藏量

分布的,分布式的,周延的

石棉

生石膏,石膏

石灰, 石灰石

石墨

陆地脊椎动物

草本植物

草地,草甸

湿地, 沼泽, 沼泽地

初级地,初步地

氯化钠

氯化钾

氧化镁

锂

锶

Notes

1. It is estimated that more than 600, 000 hectares of wasteland is waiting to be exploited. 据估计,这有600,000公顷多的荒地等待开发。

exploit 开发,剥削

例: We are now stepping forward to exploit the resources in Northwestern China. 中国正在大踏步地开发西部资源。

2. The grassland, with various types and high quality, is suitable for all kinds of animals. 草 地类型多,质量好,适合喂养各种动物。

be suitable for 适合

例: It's an apartment suitable for a large family. 这是套适合一个大家庭居住的公寓。

3. Qinghai is also one of the top ten sources for fifty proved minerals in China in terms of the preserved reserves。 就储藏的矿藏而言,青海已探明的 50 个矿种储量居全国前十位。 in terms of 就…而言……: 从…观点看

例: In terms of sales, the dictionary hasn't been successful. 从销售的观点看,该字典并不成功。

4. There are 36 minerals found in the province, of which five rank first in the country. 青海 省内探明有36个矿种,其中,居全国首位的有5种。

rank v. 把...分等级;给.....评定等级

例: Lanzhou used to rank as one of the most polluted in the country. 兰州市曾被列为我国污染最严重的城市。

5. There are more than 440 kinds of terrestrial vertebrates in the province, of which more than 100 are beasts and 290 are birds, constituting 20.2% and 24.6% of the nation's totals respectively. 青海省内有 440 多种陆地脊椎动物,其中,100 多种为兽类,290 种为鸟类,他们分别占全国总量的 20.2%和 24.6%。

constitute v. 组成;构成

例: The statistics shows that investment of domestic-funded enterprises constitutes 41.9% of overall social fixed assets investment in 2000 and increased annually. 统计表明, 2000 年国内企业投资占总社会固定资产投资的 41.9%。

6. The pasture in the province can be classified into five categories. 青海省内的草原可分成 5 类。

be classified into 分成; 分类

- 例: All modern telescopes are generally classified into two main categories, optical telescopes and radio telescopes. 现代望远镜一般分成两类,即光电学望远镜和射电望远镜。
- 7.among which the reserves of magnesium chloride, potassium chloride and lithium chloride take up 90% of the proved national reserves. 其中镁氯化物,钾氯化物和锂氯化物的储藏占已探明全国储藏量的 90%。

take up 占有

例: She took up her position behind the tree. 她把树后的位置给占了。

Exercise A

1. Dialogue

At the supermarket

(S: Sales assistant C1: Customer1 and C2: Customer2)

S: G'day

C1: Hello.

S: Oh, you won't buy a single one of these, love.

C1: Pardon?

S: You can't buy a single packet of this one, love. ---- it comes in twos.

C1: I just want one.

S: Yeah, I know, but see, it says 'to be sold as a twin pack only'. If you want one, you'll have to get another flavour or go and get another brand, OK?

C1: OK.

S: Oh, can you put that in the fridge for me? I can't leave it here---- it'll go off.

Next.

C2: How are you?

S: Good.

C1: I was here before, I just went back to change the yoghurt.

C2: I'm sorry, mate, I'm here now. You'll just have to wait.

2. Make up an itinerary

Directions: Suppose you are a traveling guide. You will be the leader of a tour team from the America. Now you are required to make up an itinerary from Xining tothe Bird Island. In two days you must assure that seventeen team members will have a pleasant journey to Qinghai Lake.

Exercise B

I. Comprehension questions on the texts

1	P4	Α,
Ų	ext	А

- 1. How does the name of Qinghai come from?
- 2. How is the geography of Qinghai?
- 3. How is the climate of Xining?
- 4. Where is the most populous area in Qinghai?
- 5. Can the province support itself in food supply? What is their main farming?
- 6. Tell something about the Qinghai's history?
- 7. When did the name of Xining originate?
- 8. When was the Qinghai People's government founded?
- 9. What kind of resources are there in Qinghai?
- 10. How many native peoples are there in Qinghai?

(Text B)

- 1. What are the large space of grasslands used for ?
- 2. Why is the average rate of land utilization in Qinghai lower than that of the country?
- 3. How many species of wild animals live in the large area of Qinghai?
- 4. Tell something about the minerals in Qinghai?
- 5. Qinghai is famous for the creatures. How many kinds of birds live in the province?
- 6. What about the beast all over Qinghai?
- 7. Besides the creatures, what is also famous in Qinghai?
- 8. How many kinds of pastures are there all over Qinghai?
- 9. It is said that Qaidam Basin is full of treasures. How many kinds of important treasures are there?
- 10. In what aspects does the text tell us about the general introduction to natural resources in Qinghai?

II. Multiple Choice

1. If it rain tome	orrow, we'll have the	picnic in the valle	ey.	
A. wouldn't	B. doesn't	C. didn't	D. won't	
2. Mr. Zhang w	ith the government f	or thirty-seven yea	ars by the time he retires.	
A. will work	B. wil	l have worked		
C. will be working	D. will	have been working	3	
3. There were cakes,	buns, sandwiches, to	ea and coffee, all	free; but if you wanted	
water you had to	pay for it.		•	