



北欧
的
灿烂阳光

撰文 / 贾云峰 王 晟
摄影 / 袁银昌 周艳梅



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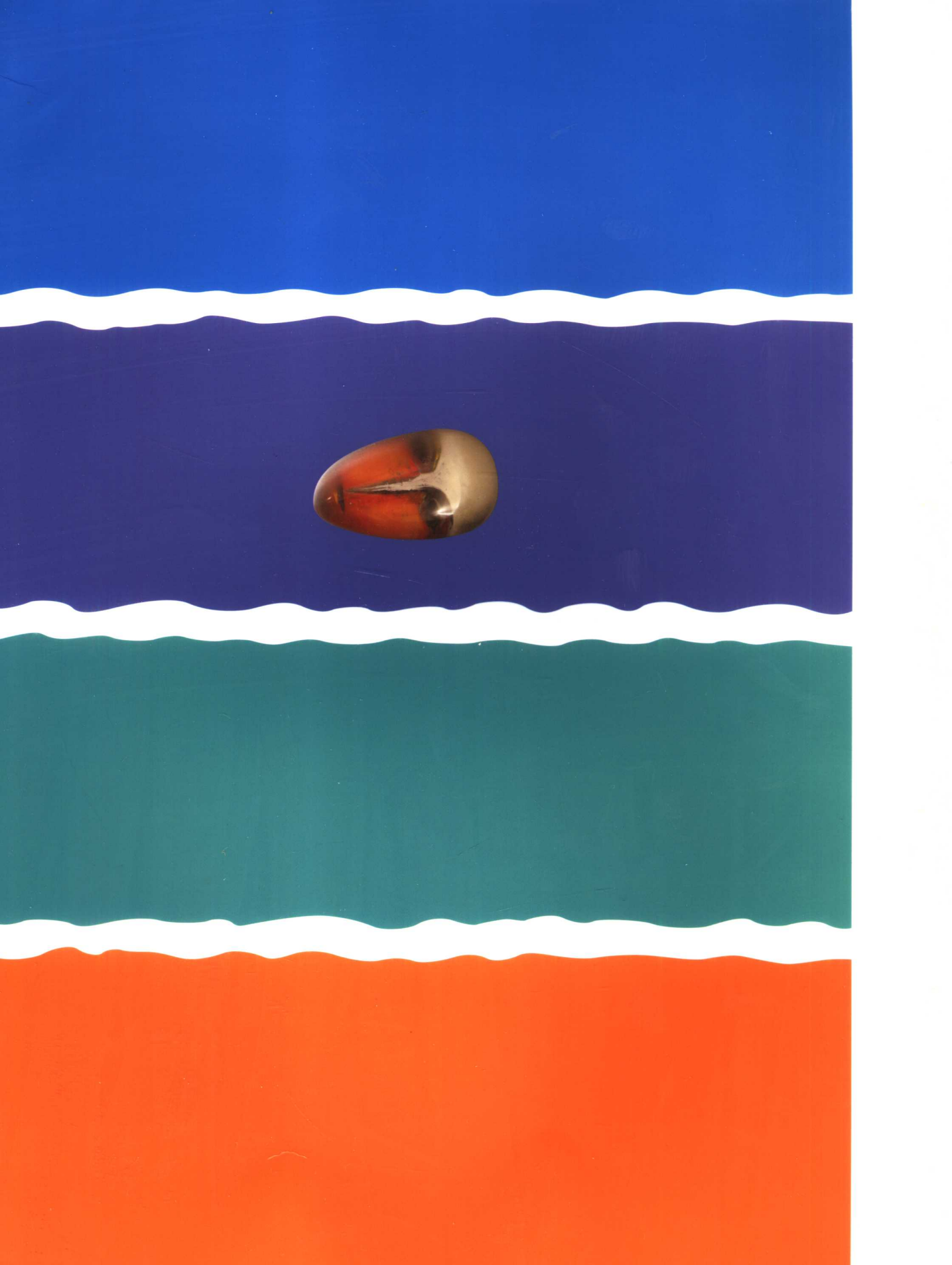
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Northern Europe

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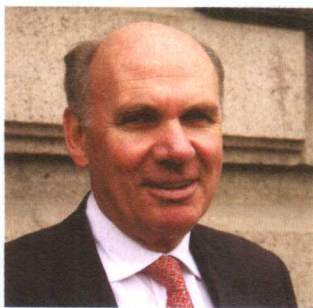
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序



亲爱的读者：

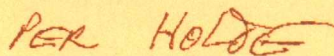
* 北欧，由四个国家组成，芬兰、瑞典、挪威、丹麦。许多人从世界各个角落慕名来到这里，只为亲身体验欧洲最神奇的自然风光和这里截然不同的文化景观。* 也许很多人觉得，因为北欧偏僻在世界的北方，她一定冰冷而遥远。但是尽管我们的确拥有酷冷的严冬，却并不是你所想象那般严寒。在挪威，北部城市 Tromsø 离北极点只有 2000 公里，她的一月份平均气温只是零下 3.5℃，而在哈尔滨，这时的温度却往往在零下 19℃！* 从北京到上海，都有直达航班通往哥本哈根这个北欧的入口。从北京出发，航程只需 9 个小时，所以，北欧也并不是你所想象的那般遥远，不是吗？* 东方卫视“激情穿越”剧组，驾车穿越世界各地，这一次，他们的车轮刻在了北欧的土地。制片人贾云峰先生和策划王晟小姐，在拍摄的间隙，用笔记录了这次盛夏的北欧之行，用不同于电视语言的另一个角度，捕捉关于北欧的另一种形态。

为此，我感谢他们和整个穿越摄制组——这更多的，是一种对朋友的感谢——“激情穿越北欧”让我跟两位作者成了朋友，“激情穿越”努力严谨的工作态度，给我留下深刻的印象。而拍摄途中带子的失而复得，更是这次合作一个奇妙的插曲，让一切如此难忘，作者会在书中向你娓娓道来。* 我相信，随着本书的出版，节目的播放，北欧一定会带给你丰富多彩的独特感受，这些感受，亦会永留你的心中。当然，旅行北欧的最好季节一定是夏天，那时白天会很长，温度也十分宜人。倘若你敢于冒险，走进北极圈，就会看到在整个 6 月和 7 月，太阳永远都不会沉落——这时，也是体验北欧午夜太阳的最佳时刻。* 你也可以一探四国首都的魅力，体验北欧的另一种风情。* 赫尔辛基是欧洲最现代和最敢于文化革新的城市之一，但与此同时，她也保存着一抹历史的余韵，一直可追溯到 450 年前。城市里到处是熙攘热闹的街头市集和精美礼堂，而在城市的中心，名胜古迹鳞次栉比，彼此错落相连。* 斯德哥尔摩有着“水美人”的称号。城市建立在 17 座小岛之上，被认为是世界上最美的

首都。在这里，你会亲眼看到中世纪瑞典如何与现代瑞典设计完美融合。2007年，是瑞典科学家卡尔·林奈（Carl Linneus）诞辰300周年，这位生物大师是系统分类植物与动物的第一人。* 奥斯陆，是挪威的首都，城市不大，却充满动感与活力。在奥斯陆，你会发现大大小小的博物馆林立城市的各个角落，带你走进挪威历史的各个时期，从遥远的维京海盗时代，一直到伟大画家爱德华·蒙克（Edvard Munch）笔下的挪威。奥斯陆又得天独厚，被挪威雄伟瑰丽的大自然所包围。在夏天，你可以登山，在冬天，你可以滑雪，而这一切，不用走出奥斯陆市区，就可轻松实现。* 哥本哈根常被叫做“童话王国的首都”。丹麦是汉斯·克里斯蒂安·安徒生的故乡，而漫步哥本哈根古老的街巷，徜徉在城堡和中世纪建筑之间，你一定会在不知不觉间，飘落进安徒生童话书的纸页间，走进他的那些美妙故事里。

* 然而，旅行北欧，那颗王冠上的宝石，永远都会是挪威西部的峡湾之行。我们有种说法，如果你来北欧却没有到过峡湾，就像你去中国却没有登上长城！在峡湾，巍峨的山川被冰河时代的冰川雕刻出深深的纹理，海水由此喷薄灌涌而入。松恩峡湾是世界上最长最深的峡湾，她从海岸入口，一直切入内陆足足200公里。而陡峭高耸的悬崖，有时高达千米，直落海面。* 在峡湾，壮丽宏伟的自然奇观一定会让你难以忘怀；然而，这里一千多年以前就已经成为人类的家园，即便在今天，挪威的峡湾深处，还残留着小小的农场和渔村，世界仅此一处。峡湾地区有着专属于自己的独特文化，希望你也能在此感受。2007年，是世界著名作曲家爱德华·格里格诞辰100周年，他的作品，就深受峡湾风光的影响。在游览峡湾地区的时候，听着格里格的音乐，相信一定也会带给你丰富的灵感。* 北欧也欢迎你来冬日旅行，那时昼短夜长，如果你有幸去了北极圈，就一定会看到极光在高空的夜空中绽放舞动。* 北欧欢迎越来越多的中国游客。北欧国家是最早跟新中国建交的国家之一，我们也为这段长久的友谊深感骄傲。

欢迎来北欧！



（贺德培）

（斯堪的纳维亚旅游局 全球主席）

Dear Reader,

* Northern Europe consists of the four countries of Denmark, Finland, Norway and Sweden. Many people from around the world visit our countries to experience some of Europe's most dramatic nature and our distinct culture. * Many people think that because Northern Europe lies so far north, it is then cold and far away. Although we do have cold winters, it is not as cold as you may think. The average temperature in January of the city of Tromsø in Norway, which is only 2,000 kilometers south of the North Pole, is only minus 3.5 degrees, while it is minus 19 in Harbin! * From Beijing and Shanghai, there are non-stop flights to Copenhagen, the gateway to Northern Europe. The flying time is only about 9 hours from Beijing to Copenhagen, so Northern Europe is much, much closer than perceived. * The Driving Across crew from Shanghai Dragon TV has driven across many parts of the world, and this time, their car tracks pressed into the Scandinavian earth. The program's chief producer Mr. Jia Yunfeng and planner Miss Wang Sheng, recorded between busy shooting this summer visit to Scandinavia. Through a new language other than television, they achieved to capture a new look at Scandinavia, for

which I thank them deeply, as a friend. I became friend with the two authors soon after the TV program Driving Across Scandinavia started, as well as impressed by the crew's hardworking and enterprising attitude. What's more, the lost and found of the videotapes during program filming made the whole trip even more colorful and unforgettable. The authors will tell you more in the book. * I am sure that with the book publication and TV program debut, Northern Europe offers a variety of experiences that will remain etched in your hearts and minds. The most popular season to visit Northern Europe is in the summer, when the days are long and the temperature is comfortable. If you venture into the Arctic region, the sun never sets during the months of June and July - the perfect time to experience the Midnight Sun. * Experience Northern Europe by visit the four capitals of Copenhagen, Helsinki, Oslo and Stockholm. * Helsinki is one of Europe's most modern and culturally progressive cities, yet remains in touch with an intriguing history stretching back over 450 years. It is a city of bustling, colorful market squares and halls. It is also a pleasantly compact city, with many of the attractions in the central districts, within easy reach of one another. * Stockholm is sometimes called "Beauty on

Water". The city is built on 17 islands and is often referred to as the most beautiful capital in the world. Here you will see how medieval Sweden blends perfectly with modern Swedish design. 2007 marks the 300th anniversary of the birth of Carl Linneus, the Swedish scientist that first systemized how to classify flora and fauna. * Oslo, the capital of Norway, is small but full of vibrant life. Here the traveler will find many museums that tell of Norway's history from its Viking times to works by the great painter, Edvard Munch. Oslo is also surrounded by Norway's abundant nature, allowing for hiking in the summer and skiing in the winter, all within Oslo's city boundaries. * Copenhagen is sometimes called the Capital of the Fairytale Kingdom. Denmark is the home of Hans Christian Andersen, and wandering through the old streets of Copenhagen, seeing the castles and medieval buildings, you are sure to feel that you have been whisked away into one of the pages of Andersen's stories. * The crown jewel of any trip to Northern Europe, of course is a trip through the fjords of Western Norway. We like to say that if you do not visit the fjords while in Northern Europe, it is the same as a tourist not visiting the Great Wall when coming to

China! Here, the mountains were carved out by glaciers from the last Ice Age and the sea came rushing in. Sognefjord is the world's longest and deepest fjord. It stretched more than 200 kilometers inland from the ocean. Steep mountain faces, sometimes 1,000 meters high, drop down into the sea. * The imposing and grand-scale of nature in the fjord region will surely impress; however, the region has also been home to people for over a millennium, where small farms and fishing villages exist even today. The fjord region has its own culture, and our hope is that you will experience this as well. 2007 marks the 100th anniversary of the death of Edvard Grieg, the world famous composer. Grieg was deeply influenced by the fjord landscape of Western Norway. Listening to his music while traveling through the fjords will surely inspire you as well. * Finally, Northern Europe also welcomes travelers in the winter months. The days are short and the nights long, but if you venture to the Arctic region, you will be rewarded by the dance of the aurora borealis, or the northern lights, high above in the skies. * Northern Europe wants to welcome as many Chinese travelers as possible. Our countries were one of the first in the world to start bilateral relations with New China and we are proud to been friends for such a long time.

Welcome to Northern Europe!

PER HOLDE

President of Scandinavia Tourist Board

前言

是我，还是南来北往的风？* 经历了加拿大、澳大利亚和中国台湾地区的穿越，北欧是我们“激情穿越之旅”的第四站。* 总是恍惚记得那个夏日的夜晚，和加拿大驻上海总领事馆宋毅军领事的灯下畅谈，夜寂星稀，思维却异常活跃，正是那个特别的日子，出现了我们穿越世界的创意，也正是他全力的支持，才有了我们非常成功的第一次加拿大穿越。* 今天，我们又像飘飞的花絮，被四面八方的风吹着，来到了斯堪的纳维亚。* 中世纪流传这样的神话。上帝完成了伟大的创世工程，魔鬼撒旦前来窥探。看到这个世界繁华秀丽，活泼清新，魔鬼盛怒。于是，他狂暴地投下一块巨石，像个赌气的孩童一般。* 巨石落在北冰洋，化作今天的北欧斯堪的纳维亚半岛。* 因为巨石太过贫瘠荒芜，即便上帝想起造大陆时剩下的沃土，附着其上，终究不够。没有人愿意在这片荒凉的土地上谋生。* 房龙有过这样一个比喻：整个半岛就像一只猎犬舔过的盘子。* 遥远的北欧，神秘的北欧，印象的北欧。* 清朗的8月，我们飞往那个目的地。从舷窗俯瞰波罗的海，北欧就像睡在碧蓝海水和葱绿森林

搭成的摇篮里。* 比起其他地方，北欧少了一分冷漠，多了三分热情，处处是童话王国和纯真山水，安徒生、易卜生、斯特林堡在这里写下感人的童话、戏剧，西贝柳斯、格里格在这里谱出自然的乐章，即使是阴天的微光里，被铜覆盖的旧城堡和教堂的塔尖也带来梦一般的气息。* 芬兰、瑞典、挪威、丹麦，绚丽的国度，激发我们的兴奋；赫尔辛基、图尔库、斯德哥尔摩、哥德堡、奥斯陆、卑尔根、哥本哈根……漫长的旅程，背着沉重的摄影器材，我们甘苦自知。* 我们仿佛一路打开心灵的窗子，迎面闪亮的文化光缕，带着优美的意境和深刻的寓意，让我们一次次惊喜和震撼。* 北欧的行旅，其实是对理想生活的召唤，那是一种温暖快乐的人生，内心平静丰富，外表低调沉稳，别出心裁而又魅力四射，宛如梦中的情人。* “春连着夏，秋连着冬。一年四季，刮的是那八面的风。”我总在冥想，催促我行走的，到底是我自己，还是南来北往的风？同样在冥想中，我仿佛化做汉代王充笔下一树繁花，随风吹散，忽而飘到佛像上，忽而落在尘土里，但无论身在何处，我们心中激情不变，我们的自省不变，或许这就是我们选择的生活，漂泊而丰富，辗转却充盈。





芬兰

F I N L A N D