

人教 版 R E N J I A O B A N

# English Reading 英语阅读

高中三年級 (全一册)

陈留记 主编

文心出版社



READING

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English

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READ ON



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## 前言

16世纪英国哲学家、思想家弗兰西斯·培根(Francis Bacon)说:“在读书的时候,我们是与智者交谈。”(In reading, we hold converse with the wise.)读一本好书,会把学生引入美好的境界,使他们获取大量信息、开拓视野、启迪心灵、陶冶情操。通过大量英语阅读,还可以培养学生英语语感与英语思维能力、创新能力和实践能力。

阅读是未来英语教学的一块基石。为此,教育部制订的《英语课程标准》对全日制义务教育、普通高级中学阶段的阅读教学提出了明确的量化要求:一级(小学三、四年级),能看图识字,能在图片帮助下读懂简单的小故事;二级(小学五、六年级),能正确朗读所学故事或短文;三级(初中一年级),课外阅读量应累计达到4万词以上;四级(初中二年级),课外阅读量应累计达到10万词以上;五级(初中三年级),课外阅读量应累计达到15万词以上;六级(高中一年级),课外阅读量应累计达到20万词以上;七级(高中二年级),课外阅读量应累计达到30万词以上;八级(高中三年级),课外阅读量应累计达到36万词以上。

根据这一精神和要求,我们组织了一批骨干教师和教研人员,编写这套《英语阅读》。该书是以人教版小学现行教材为依

据、以单元为基础来编写的。每个单元设计两个部分：第一部分为“同步篇”，精选与课文难度大致相当的文章2~3篇，内容贴近学生生活、生动有趣，文后安排有阅读训练，旨在帮助学生复习、巩固所学的知识与技能；第二部分为“拓展篇”，精选与课文难度相当或稍高于课文难度的文章2~3篇，文后安排有阅读训练，旨在提高学生的阅读能力与实践能力。除此之外，每本书的后面安排有一定篇数的“强化篇”，主要是着眼于学生的发展，提高学生的英语思维能力和综合能力。

在编写过程中，我们注意收集英语国家各种地道文章。小学阅读内容涉及有童心童趣、谜语竞猜、童话故事、七彩乐园、学海拾贝、人与自然等。中学阅读内容涉及有青春理想、正义公正、文明礼貌、理解宽容、书信往来、奋斗成功、电视广告、异域风情等。有些文章介绍文坛巨匠、政界伟人，有些文章介绍艺术大家、科学先驱，有些文章介绍教育名家、圣贤哲人，有些文章介绍体坛新秀、学界精英等。文章幽默隽永、妙趣横生。

参加本册编写的老师有：谭兴昌、胡庆恩、张道真、张祖耀、张秀清、吴保民、张东方、张国英、常玲、黄利军、武俊岭、裴云丽、盛书钢、常天华、袁进，由陈留记老师、何露霏娅老师统稿。希望本册书能够为广大小学生及水平相当的英语爱好者提供有益的帮助。

编者

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## Unit 1 That must be a record!



### 同步篇

Reading makes a well-read man.

读书使人博学。

(一)

Twenty-five Chinese records went into the Guinness Book of World Records in 2005, sources with China's submitting office said on January 16.

"These new entries reflect China's long history, modern achievements in science and technology, as well as the lives of ordinary Chinese," said Wu Xiaohong, a staff member of the Guinness submitting office of Liaoning Publishing Group, which is the only Guinness-authorized agency in China.

The Confucius family genealogy, one of the 25 records, is considered the longest of its kind in world records. Dating back 2,800 years, it clearly records the 86 generations of the Confucius family

tree.

“In addition, the records of unique feminine writing symbols discovered in Hunan Province and the oldest angiosperm fossils unearthed in Northeast China are both mirrors of China's long civilization,” said Wu.

Some modern wonders, including the “highest” railway, the Qinghai-Tibet Railway on the “roof of the world”, the longest rubber dam in East China which extends 1,135 meters, are all highly rated in the Guinness Book of World Records.

Hong Kong's 105-meter-high, 860,000-square-meter Kwai Chung container wharf is considered the largest industrial construction in the world.

Some group events were also recorded by Guinness, such as a flute performance attended by 5,600 Hong Kong children and a horse race in Inner Mongolia that involved 200 horses.

Individual Chinese also contributed to the Guinness Book. A Beijing resident, named Wang Jun, made a two-stringed traditional Chinese instrument, an erhu, which measures only 4.7 centimeters in length.

The Guinness Book of World Records registers more than 50,000 records of various kinds in the world. Last year, China submitted 500 entries and 5 percent of them made the records.

◆Notes:

①submitting 申报

②family genealogy 家谱

③feminine 女子的

④angiosperm fossils 被子植物化石

⑤container wharf 集装箱码头

④ Reading comprehension

Choose the right answer.

- ( ) 1. What can we know from the passage?
- A. Once submitted; one entry can be easily approved.  
 B. The Guinness Book of World Records doesn't accept group events.  
 C. A family genealogy records the relationship among the family members.  
 D. An entry must reflect the Chinese long history if it hopes to be recorded.
- ( ) 2. Which of the following statements is TRUE according to the passage?
- A. The oldest angiosperm fossils were discovered in deserts.  
 B. An erhu went into the Guinness Book of World Records in 2005 because of its size.  
 C. If a dam extends more than 1,135 meters, it will be recorded by the Guinness Book of World Records.  
 D. The Guinness submitting office of Liaoning Publishing Group is one of the Guinness-authorized agencies in China.
- ( ) 3. The Qinghai-Tibet Railway is recorded by the Guinness Book of World Records in 2005 because \_\_\_\_\_.
- A. it is the longest railway in the world  
 B. it reflects the most important achievement the Chinese

people have gained

C. it was built at very high altitudes

D. it was built in the coldest area

( )4. In the passage the writer mainly informs the readers of

A. the achievement China made in 2005

B. the steps of submitting an entry

C. China's long history, modern achievements in science and technology

D. Chinese wonders recorded in the Guinness Book of World Records in 2005



### Ice climb in London

The huge ice rink at Somerset House has been drawing crowds each winter for years, but last November an ice wall was added for the first time, bringing even more danger and excitement. Standing more than 26 feet high is a column of pure ice, featuring three climbing faces of varying difficulty which are scaled using crampons, ice picks and ropes. Using it costs about £40 (020 7845 4600; [www.somersetouseicerink.org.uk](http://www.somersetouseicerink.org.uk)). It is open from late November to the end of January.

### Hang-gliding in Rio De Janeiro

According to the hang-gliders of Rio, once you've swooped over the city's streets, gazing at the Sugar Loaf, Corcovado, Ipanema,

Leblon, Copacabana and the city of Niteroi on the other side of Guanabara Bay, you will understand why birds are peaceful animals. Embrace the romantic notion on a 30-minute cycling flight from the 525-meter Pedra Bonita in the Sao Conrado mountain down to the Sao Conrado beach. It costs around £55.

Contact Air Adventures (00 21 9843 9006; [www.riohanggliding.com](http://www.riohanggliding.com)).

### **Skywalk in Sydney**

This experience takes having a peek at a nice view to a whole other level, as you are suspended more than 850 feet (260m) above street level, harnessed to a glass viewing platform that hangs from the side of Sydney Tower. It's the city's highest building, as tall as the Eiffel Tower. After a thorough briefing and being fitted with protective sky suits, sky walkers make their way along two purposes—built walkways and platforms, which have transparent floors, while a guide points out landmarks. Night time skywalks are also available. It costs £46.

### **Mountain-boarding in Leeds**

Riders roll down hills and fly off jumps, doing tricks. A number of special mountain-board parks have opened around the country (see [www.ridethehill.com](http://www.ridethehill.com)). But the Leeds body of the Northern Off-road Boarding Society (or Nobs) practise at least twice a week in the city in locations that include Roundhay Park. Those with their own boards are welcomed to join them. Contact the society at [www.scuz.info](http://www.scuz.info). Alternatively, beginners can get lessons in Halifax at the Another World (01422 245196; [www.mountainboarding.co.uk](http://www.mountainboarding.co.uk)) mountain-board center for £8 an hour, with equipment.

◆Notes:

- ①crampon 尖铁钉
- ②swoop 猛扑
- ③notion 见解
- ④suspend 悬挂
- ⑤harness 挽上;套上

◆Reading comprehension

Choose the right answer.

- ( ) 5. The purpose of the above ads is to \_\_\_\_\_.
- A. offer some ways to experience extreme sports
  - B. help readers have different excitement during their holidays
  - C. introduce the most exciting sports around the world
  - D. introduce the latest sports popular in the world
- ( ) 6. Which of the following is open at night?
- A. Ice climb in London.
  - B. Hang-gliding in Rio De Janeiro.
  - C. Skywalk in Sydney.
  - D. Mountain-boarding in Leeds.
- ( ) 7. What kind of feeling would you have if you went Hang-gliding in Rio De Janeiro?
- A. Flying peacefully like a bird.
  - B. Jumping quickly like a sportsman.
  - C. Flying over the city like a pilot.
  - D. Flying like a romantic actor.
- ( ) 8. You have never tried dangerous sport, then you can get

on \_\_\_\_\_ to find some information.

A. [www.ridethehill.com](http://www.ridethehill.com)

B. [www.riohanggliding.com](http://www.riohanggliding.com)

C. [www.scuz.info](http://www.scuz.info)

D. [www.mountainboarding.co.uk](http://www.mountainboarding.co.uk)



## 拓展篇

Reading serves for ability.

读书使人长才。

(三)

On Friday the blind were the first to ski. I'd never seen such a race before. There was a skier named Kim Caulfield. She was about eighteen and blind. Now she was being led down the hill by her guide, a sighted person. Her guide behind her said, "Turn to the right! Now turn to the left. Straight ahead, Kim. Go for it!"

Kim was flying over the snow when she fell down. The poles flew out of her hands. She fell flat on her stomach. She knew she'd have to get her body across the finish line. She looked beaten, but she didn't

stop. She reached out for her poles. When she couldn't find them, she started swimming over the snow, straight ahead, until she crossed the finish line.

"Kim, you made it!" the judge called out. But she didn't hear him. She just kept swimming over the snow flat on her stomach for another five-ten-fifteen feet.

The judge kept shouting, "You made it, Kim; you can stop!" She still didn't hear. Finally a second voice, then another, then all of the people shouted, "You made it, Kim."

Kim stopped. Then she heard the applause. She jumped up to her feet and danced for joy.

### ⊗ Reading comprehension

Choose the right answer.

( ) 9. Kim was skiing against \_\_\_\_\_.

- A. some blind girls
- B. some sighted persons
- C. the blind
- D. the sighted

( ) 10. Kim's guide was a \_\_\_\_\_ person.

- A. near-sighted
- B. sighted
- C. blind
- D. week-sighted

( ) 11. When Kim fell down while skiing, she \_\_\_\_\_.

- A. was beaten
- B. was defeated



- C. looked very sad
- D. looked defeated
- ( ) 12. "You made it" means "You \_\_\_\_\_."
- A. made the finish line
- B. found the pole
- C. crossed the finish line
- D. made the pole
- ( ) 13. Only after \_\_\_\_\_ did Kim stop.
- A. the judge called out to her
- B. the judge kept shouting to her
- C. all of the people shouted
- D. she heard the applause



Jeanne Calment, a French woman, became a record breaker on 17 October of 1995. When at the age of 120 years and 238 days, she became the longest-lived human being on record. A Japanese man died in 1986 at the age of 120 years and 237 days.

Jeanne Calment lives in a small old people's home in the south of France; her husband, her only child and her grandson have all died. She is nearly blind and deaf and is always in a wheelchair, but her doctor describes her as being more like a 90-year-old in good health than someone of 120. She still has a lively sense of humor. When asked on her 120th birthday what she expected of the future, she replied; a very short one. She also remarked that she thought the good