

English



[北斗星英语阅读系列丛书]

英语纵横阅读

主编/石 飞

高中三年级

适合各版本教材

拓宽阅读视野
提升阅读能力
智慧来自点滴积累
才能来源于千锤百炼



东北师范大学出版社

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双色印刷，版式灵活机动，栏目清新明了，阅读知能点一目了然。

英语阅读能力的提高以英语基础知识的掌握和阅读范围的拓展为核心。本书以词汇训练作为切入点，系统、全面地解析了高三阶段考生应掌握的重点词汇，阅读篇章内容丰富，素材新颖，每篇文章都辅以阅读总结训练或延伸训练，夯实基础，强化训练，为考生提供了最全新的阅读视角。

Vocabulary Preview

Match the letter of the Chinese version with the number of the underlined word.

A. 联合体 B. 磁铁 C. 工厂 D. 加工，处理

- () 1. A sports complex is a set of buildings or facilities for sports.
- () 2. A plant is a place where an industrial or a manufacturing process takes place.
- () 3. To process is to put a raw material through an industrial operation in order to change it.
- () 4. Magnet is a piece of iron which can attract iron.

Reading

The Recycling of Waste

With fifteen years Britain and other nations should be well on with the building of huge industrial complexes for the recycling of waste. The word rubbish could lose its meaning for everything which goes into the dumps would be made into something useful. Even the most dangerous and unpleasant wastes would provide energy if nothing else.

The latest project is to take a city of around half a million inhabitants to discover exactly what raw materials go into it and what go out. The aim is to find out how much of these raw materials could be provided if a plant for recycling waste is built just outside the city. This plant would recycle not only metal such as steel, lead and copper, but also paper and rubber as well.

Another new project is being set up to discover the best ways of sorting and separating the rubbish. When this project is complete, the rubbish will be processed like this: First, it will pass through sharp metal bars that will tear open the plastic bags in which rubbish is usually packed; then it will pass through a powerful fan to separate the lightest elements from the heavy solids; after that foundries and rollers will break up everything that can be broken. Finally, the rubbish will pass under magnets, which will remove the bits of iron and steel; the rubber and plastic will then be sorted out in the final stage.

The first full-scale giant recycling plants are perhaps fifteen years away. Indeed, with the growing cost of transporting rubbish to more distant dumps, some big cities will be forced to build their own recycling plants before long.

Choose the best answer.

1. The phrase "should be well on with..." (Para.1) most probably means _____.
A. get ready to start B. have completed what was started
C. have achieved a great deal in D. put an end to
2. What is NOT mentioned as a part of the recycling process described in Paragraph 3?



横向拓展, 纵向深化, 全面提升阅读能力



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- ☑ 全新体例, 重点讲授解题方法
- ☑ 题型全面, 涵盖所有阅读题型
- ☑ 最新设计, 阅读考点一目了然

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从命题趋向、阅读习惯、解题步骤、题型的命题规律等方面全面解析了阅读理解题的阅读方法和阅读技巧。



Reading

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➤ Extension: fill in the blanks with the correct words.

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Harcourt is a (1) _____ education company serving students and teachers through grade 12, (2) _____ learners, and readers of all ages. Harcourt companies provide a (3) _____ of books, print, and electronic learning (4) _____, assessments, and professional development (5) _____.



Suggested answers

➤ Choose the best answer.

1. C 细节理解题。从文章第二段 "Harcourt Learning Direct offers you a way to get a Specialized Associate Degree in 11 of today's growing fields—without having to go to college full time. With Harcourt, you study at home, in your spare time so you don't have to give up your present job while you train for a better one" 得出结论。
2. A 细节理解题。文章第二段提到学费问题, 但没有明确提到具体数目。



怎样培养语感

所谓语感是指人们对语言中词语搭配及句型结构的熟练程度。语感好的人, 理解能力就强, 视读的速度就快。阅读时要留心词语的搭配 (即惯用法), 必要时可用笔画一画或记下来。读完每一篇文章, 都应总结和归纳一下: 自己积累了多少单词、惯用法和句型? 这样语感自然就会好起来。

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Vocabulary Preview

➤ Match the letter of the Chinese version with the number of the underlined word.

A. 联合体 B. 磁铁 C. 工厂 D. 加工, 处理

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Reading

The Recycling of Waste

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The first full-scale giant recycling plants are perhaps fifteen years away. Indeed, with the growing cost of transporting rubbish to more distant dumps, some big cities will be forced to build their own recycling plants before long.

➤ Choose the best answer.

1. The phrase "should be well on with..." (Para.1) most probably means _____.
 A. get ready to start B. have completed what was started
 C. have achieved a great deal in D. put an end to
 2. What is NOT mentioned as a part of the recycling process described in Paragraph 3?



- A. Separating light elements from the heavy ones.
 B. Sharpening metal bars.
 C. Breaking up whatever is breakable.
 D. Sorting out small pieces of metal.
3. The first full-scale huge recycling plants _____.
 A. will be built fifteen years later
 B. will probably take less than fifteen years to build
 C. began to operate fifteen years ago
 D. will probably be in operation in fifteen years
4. The passage is mainly about _____.
 A. the location of recycling plants
 B. a cheap way to get energy
 C. new ways of recycling wastes
 D. the probability of city environment

➤ **Extension: fill in the blanks with the correct words.**

recycle reusable consumers participating maintaining

Environmentally aware (1) _____ are producing less waste by practicing the “3Rs”: Reduce, Reuse, (2) _____. They are buying products that are less toxic or contain less packaging, using (3) _____ containers and other reusable items, (4) _____ and repairing products, (5) _____ in recycling programs, and buying products made from recycled materials.



Suggested answers

➤ **Vocabulary Preview.**

1. A 2. C 3. D 4. B

➤ **Choose the best answers.**

1. C 句意理解题。根据文章第一自然段的内容可以推断画线部分意为“取得很大进步”。
 2. B 细节理解题。文章第三自然段提供废物如何再利用的整个过程，A, C, D项都有所提到。
 3. D 细节理解题。文章最后一段提供的信息是“The first full-scale giant recycling plants are perhaps fifteen years away”。
 4. C 主旨大意题。文章主要是讲述各国在竭力探寻循环利用废物垃圾的新渠道。

➤ **Extension: fill in the blanks with the correct words.**

(1) consumers (2) Recycle (3) reusable (4) maintaining (5) participating

2



Vocabulary Preview

➤ **Match the letter of the Chinese version with the number of the underlined word.**

A. 除去, 淘汰 B. 消化 C. 干涉 D. 营养 E. 冲淡

- () 1. This food is easy to digest.
- () 2. Plants draw minerals and other nutrients from the soil.
- () 3. She has been eliminated from the swimming race because she did not win any of the practice races.
- () 4. The quality of the wine is diluted by water.
- () 5. Don't interfere with him. He's preparing for the final exams.



Reading

The Importance of Water

Some doctors suggest that you should drink a glass of water each morning. You should drink this water first thing before doing anything else. The temperature of the water should be similar to body temperature; not hot, not cold. Why should you drink this water? Water helps your body in many ways. It helps to clean out your kidneys (肾). It prepares your stomach for digestion. Water can also help your intestines (肠) work better. After drinking water, the intestines can more easily take out nutrients from our food. And water helps us to go to the bathroom more easily.

Scientists suggest that people take in 1 600 milliliters of water each day. But don't drink all of that water in one sitting. If you do, your kidneys will have to work much harder to eliminate it. It's better to drink some in the morning and some in the afternoon. Some people think it's better to drink between meals and not during meals. They think water dilutes the juices produced in our stomachs. This can *interfere* with normal digestion.

Are you drinking enough water every day? Check the colour of your urine (尿). If it is light yellow, you are probably drinking enough. If your urine is very dark yellow, you probably need to drink more water. A little more water each day could make you much healthier!

► Choose the best answer.

- What could be another title for this reading?
 - Drink Before Meals
 - Drink Enough Water
 - No Soft Drinks!
 - Drink During Meals
- Why is drinking water in the morning helpful?
 - Your urine will be pale yellow.
 - Your intestines will work well.
 - Your juices will be diluted (冲淡).
 - Your kidneys will work harder.
- Which of the following is NOT a reason to drink water?
 - To dilute your stomach juices.
 - To get more nutrients.
 - To clean out your kidneys.
 - So your intestines will work well.
- Why is it better to drink between meals?
 - You don't dilute stomach juices.
 - You eat enough food.
 - Your urine will not smell bad.
 - You don't overwork your kidneys.
- Why is dark-coloured urine a sign to drink more water?
 - Because less water makes the colour darker.
 - Because it means our kidneys are working too hard.
 - Because it shows our body is unhealthy.
 - Because it is the same colour as our digestive juices.



➤ **Summary: fill in the blanks with the correct words.**

digestion kidneys nutrients in one sitting

Drinking water is good for our health. It helps with our (1) _____. It cleans out our (2) _____. In addition, our intestines can take out more (3) _____ from the food we eat. But don't drink it all (4) _____! Your kidneys would have to work too hard to eliminate it.



Suggested answers



Vocabulary Preview.

1. B 2. D 3. A 4. E 5. C



Choose the best answer.

1. B 语篇主旨题。通过全文可以得知，本文主要介绍饮水的好处。
2. B 细节理解题。文章第一自然段提供的信息是“Water can also help your intestines (肠) work better”。
3. A 分析判断题。文章第一自然段提供的信息，B，C，D项都涉及到了。
4. D 细节理解题。文章第二自然段提供的信息是“Some people think it's better to drink between meals and not during meals. They think water dilutes the juices produced in our stomachs. This can interfere with normal digestion”。故选择D。
5. A 细节分析题。文章最后自然段提供的信息是“If your urine is very dark yellow, you probably need to drink more water”。



Summary: fill in the blanks with the correct words.

(1) digestion (2) kidneys (3) nutrients (4) in one sitting

3



Vocabulary Preview



Match the letter of the Chinese version with the number of the underlined word.

A. 磁铁 B. 显要人物 C. 可获利的 D. 激励

- () 1. This is a lucrative business which produces much money.
- () 2. A dignitary is a person with a high rank or position.
- () 3. Pride spurred the man to fight.
- () 4. Dalian is a magnet for tourists.



Reading

Disney opens its first theme park in China

Disney officially opened its newest theme park in Hong Kong on Monday, September

12, 2005, its first step into the lucrative China market. Some 2 500 dignitaries and guests were on hand, including Chinese Vice President Zeng Qinghong, Hong Kong leader Donald Tsang, Walt Disney Company CEO Michael Eisner and company president Robert Iger.

Disney characters and dragon dance performance are seen in front of the Sleeping Beauty Castle during the opening ceremony of Hong Kong Disneyland. The ceremony of opening the US \$3.5-billion park kicked off with a traditional Chinese lion dance in the forecourt of Sleeping Beauty Castle.



The Hong Kong government, which chipped in 1.8 billion Hong Kong dollars of the construction cost and owns a half-share of equity (资产净值) in the project, is hoping the park will spur local tourism and bring in more than 100 billion dollars over the next 40 years.

The attraction and its two resort hotels are surrounded by mountains on lush Lantau Island, just 30 minutes away by subway from central Hong Kong. It looks much like the first Disneyland in California, with a Space Mountain thrill ride, a classic Cinderella Carousel and a pink Sleeping Beauty Castle—which Disney predicts will be one of the most photographed buildings in Asia.

Hong Kong's government says the attraction will help turn this global financial capital into Asia's best family holiday spot.

Disney hopes the park—the 11st in its global empire—will be a magnet for increasingly wealthy Chinese tourists, who have a reputation for being big-spenders.

► Choose the best answer.

- The news story is mainly about _____.
A. the opening of Hong Kong Disneyland.
B. the cost of building Hong Kong Disneyland.
C. the reason of building Hong Kong Disneyland.
D. the development of Disney global empire.
- The underlined phrase “kicked off” in Paragraph 2 probably means _____.
A. started B. hit C. removed D. ended
- Which of the following statements is NOT true?
A. Building HK Disneyland has cost HK government 1.8 billion HK dollars.
B. HK Disneyland is expected to earn over 100 billion dollars over the next 40 years.
C. It takes half an hour to reach HK Disneyland from city center by subway.
D. So far twelve Disneyland theme parks have been built worldwide.

► Extension: fill in the blanks with the correct words.

theme leader experience warmly recognized

“In welcoming Disney to Hong Kong,” Hong Kong (1) _____ Donald Tsang observed on the ceremony. “The arrival of the world’s most widely (2) _____ and best-loved (3) _____ park in Hong Kong will allow us to provide visitors from all over the region with a fun-filled and diversified (4) _____. We (5) _____ and wholeheartedly

welcome the Disney family to Hong Kong.”



Suggested answers



Vocabulary Preview.

1. C 2. B 3. D 4. A



Choose the best answer.

1. A 语篇主旨题。从文章第一自然段就可以判断出这是一个介绍香港迪斯尼主题公园开幕的消息。
2. A 词义理解题。文章的语境是讲述开幕式以中国传统舞狮的形式开始的。
3. D 细节理解题。文章提供的信息是 “Disney hopes the park—the 11st in its global empire”, 香港的迪斯尼是第十一个而不是第十二个。



Extension: fill in the blanks with the correct words.

- (1) leader (2) recognized (3) theme (4) experience (5) warmly

4



Vocabulary Preview



Match the letter of the Chinese version with the number of the underlined word.

A. 纪念品 B. 入场费

- () 1. Every tourist will get a little gift as a memento of a visit.
 () 2. Admission to the concert costs £5.



Reading

Chartwell

Visit the family home where Churchill, Britain's wartime Prime Minister, lived for more than 40 years. See rooms as they were in Churchill's time. Visit the museum and exhibition rooms with Churchill's mementos. Enjoy the lovely garden and see Churchill's paintings in the garden studio where he worked.

Opening Hours:

House, garden and studio:

29 Mar–2 Nov, daily except Mon and Tue, 11:00–5:30. House only Mar and Nov, Sat, Sun and Wed 11:00–4:30. Entry to the house is by timed ticket for all visitors, including NT members. Or call at 01732 866388 for more information.

Restaurant:

29 Mar–2 Nov, same days as home, 11:30–5:00. Mar and Nov, 11:00–4:00. Also for Christmas.

Shop:

29 Mar–2 Nov, same days as home, 11:00–5:30. Mar and Nov, 11:00–4:00. Also for

Christmas.

Admission prices:

Adult £ 5; children £ 2.50; family £12.50; group 20% off, but call at least one day before 01732 868381. Garden and studio only: £2.50. Mar and Nov, house only: £3.

Free parking:

Free parking, 250yds. Year-round opening.

WCs: behind shop

Visitors with disabilities:

Please telephone 01732 868381 for special services.

Dogs: One leads in grounds only.

Events: 01892 891001

Address: Mapleton Road, Westerham, TN 16 1PS

Tel: 01732 866368

➤ Choose the best answer.

- In what months is Chartwell NOT open to the public?
A. January, February and March. B. December, January and February.
C. December, February and May. D. December-February and April-October.
- If you visit Chartwell in groups and want to save some money, you can call in advance at _____.
A. 01732 866368 B. 01732 868381
C. 01892 891001 D. 01732 866388
- If you visit Chartwell in a group of twelve adults, how much will pay for ten tickets?
A. £ 12 B. £30 C. £48 D. £60
- Which of the following is NOT true according to the text?
A. Churchill lived in the room for over 40 years.
B. Visitors can take their dog into the house.
C. Special services are given to disabled people.
D. Visitors can park their car free of charge.

➤ Extension: fill in the blanks with the correct words.

purchased opened death family

Chartwell was Winston and Clementine Churchill's (1) _____ home for over 40 years. They (2) _____ it in 1922, the year in which their fifth child was born. It was given to the National Trust in 1946 and (3) _____ to visitors in 1966 – the year after Churchill's (4) _____ at the age of 90.



Suggested answers

★ Vocabulary Preview.

1. A 2. B

➤ Choose the best answer.

- B 细节分析题。文章的信息是：所有的营业时间都是3月至11月。
- B 细节理解题。文章的信息是“group 20% off, but call at least one day before 01732 868381”。



3. C 计算推断题。文章提供的信息是“Adult £ 5; group 20% off”，因此通过计算 $12 \times 5 = 60 \times 80\% = 48$ 。

4. B 综合判断题。文章的信息是“Dogs: One leads in grounds only”，狗只能放在房屋四周的空地。



Extension: fill in the blanks with the correct words.

(1) family (2) purchased (3) opened (4) death



阅读理解题型特点分析

一、阅读理解题的特点

从近几年高考试题来看，阅读理解题考查的核心并不是衡量考生的英语语言知识，而是考查学生对文章的篇章结构和深层信息的处理能力。因而，考生应在掌握大量的词汇及语言基础知识的前提下，努力提高自己的语言运用能力。综观历年高考考题，其难度一般由三个因素来决定，即文章的选材、设题及阅读量。

二、阅读理解题的命题趋向

1. 阅读材料更趋向于真实性、实用性和教育性

关注实际生活的选材特点在近年的高考阅读理解试题中已经呈现出明显的增强趋势。这种趋势与当时基础教育的改革要求是一致的。中学生语言学习的根本目的是学会求知，学会做事，学会合作，学会做人。真实性和实用性选材是适应基础教育英语课程的改革目标，选材的教育性是基于考生不仅要懂得文章的意思，还要进行思考而设立的。

2. 由猜测词义到对整个句子意义的理解将是一个新的命题热点

词义猜测题一般是利用上下文，通过对应结构或平行结构中同义词或反义词来进行判断生词的意义。

3. 问题的创设将会更加灵活多样，尤以整体理解和推理为主

高考阅读理解设立的问题大多数不能按字面意思随手可得，需要阅读后归纳并概括中心，推测作者写作意图，挖掘深层含义。有些题目还要加以逻辑推理才可能选择出正确的答案。

4. 所选材料的结构复杂化，生疏但能读懂的短语和表达方式将达到一定的数量

在近来高考阅读理解中多次出现考生感到陌生的短语。这些短语的出现在一定程度上加大了难度，但是符合《考试说明》的要求，也体现了语言学习的适用性和灵活性。



Vocabulary Preview

✎ Match the letter of the Chinese version with the number of the underlined word.

A. 喜剧 B. 连续剧 C. 商业广告 D. 有线电视

- () 1. Our new romantic serial begins at 7:30 every evening.
 () 2. The aim of the repetitions of the same commercial on television is nothing but to persuade consumers into consumption (消费).
 () 3. I prefer comedy, an amusing play with a happy ending.
 () 4. Cable television is TV channels available through cable connections, not regular TV.



Reading

Television Terms

Do you ever wonder where television words come from? Many TV terms come from the combination of two words. Even the word television is made up of two words. These words are Greek and Latin words meaning “far” and “to see”.

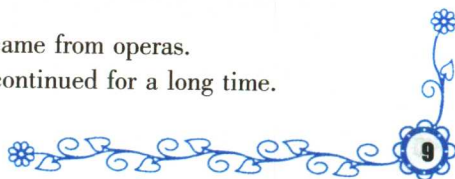
One kind of TV program is a soap opera. The first soap operas were stories on the radio. These stories are serials. They are continuous and can go on for many years. Soap companies first advertised their products during these shows on TV. The soap companies knew lots of wives and mothers watched these shows. And in fact, for some of the programs all of the commercials during the shows were for different kinds of soap. People then started calling these shows “soap operas”.

Serious TV programs are called dramas. Funny ones are called comedies. Some programs are both funny and serious. This kind of show is called a “Dramedy”, the combination of “drama” and “comedy”. In a similar way, sitcom is the combination of “situation” and “comedy”.

Infomercials are another kind of interesting program on TV. An infomercial is a very long commercial. One can last three or four hours. The word infomercial is the combination of “information” and “commercial”. Infomercials began in the 1980s. Now you can watch hours and hours of infomercials for all kinds of products, especially on cable television. Just be careful, you don't turn into a couch potato!

➤ Choose the best answer.

- What is the main idea of this reading?
 - How TV changed the meaning of words.
 - Different meanings of television words.
 - What kind of people watch on television.
 - Famous television programs.
- Why were some programs called serials?
 - They were on the radio.
 - They came from operas.
 - They tried to sell soap products.
 - They continued for a long time.



3. What is an “infomercial” ?

A. A show that is funny.

B. A long commercial.

C. A show with lots of commercials.

D. A program from the 1980s.

4. Which program would probably NOT include a funny story?

A. A sitcom.

B. A dramedy.

C. An infomercial.

D. A comedy.

5. Why did soap companies choose to advertise during soap operas?

A. Because their customers watched them.

B. Because the company liked the show.

C. Because the stories were continuous.

D. Because commercial were cheap.

➤ **Summary: fill in the blanks with the correct words.**

continue combination comedy program products

Many special words come from television. A soap opera is one kind of TV (1) _____. Soap companies used to advertise their (2) _____ on these shows. This kind of show can (3) _____ for many years. A dramedy is a show that is part drama and part (4) _____. The word infomercial is the (5) _____ of “information” and “commercial”.



Suggested answers

➤ **Vocabulary Preview.**

1. B 2. C 3. A 4. D

➤ **Choose the best answer.**

1. B 综合判断题。文章主要内容是介绍有关电视方面的术语。

2. D 细节理解题。文章第二自然段提供的信息是 “These stories are serials. They are continuous and can go on for many years”, 根据推理serials指的是 “连续剧”。

3. B 细节理解题。文章第四自然段提供的信息是infomercial, 是information和commercial的结合, 而且 “Now you can watch hours and hours of infomercials for all kinds of products”。

4. C 分析判断题。文章第三自然段提供的信息是sitcom和dramedy均属于comedy的范畴, 只有C项不是。

5. A 深层理解题。文章第二自然段提供的信息是: 肥皂公司知道看连续剧的观众大多数是家庭主妇, 故选择A。

➤ **Summary: fill in the blanks with the correct words.**

(1) program (2) products (3) continue (4) comedy (5) combination

6



Vocabulary Preview

➤ **Match the letter of the Chinese version with the number of the underlined word.**

A. 版本 B. 回答, 回应 C. 魅力

() 1. I've had no response to my letter.