

# A GUIDE TO NEW CENTURY ENGLISH

## INTERMEDIATE LEVEL

### BOOK ONE

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# 新世纪英语教程自学指导

专升本·第1册

浙江大學出版社



● 专升本·第 1 册

新世纪

NEW CENTURY ENGLISH

# 英语教程

自学指导

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# 前

# Preface

# 言

《新世纪英语教程(专升本)》是一套为高等学校成人英语教学而编写的系列英语教材,可以作为高等学校夜大、函大、高等专科院校、高职高专院校等的教材,也可以用作学生英语水平起点略低的全日制本科的大学英语教材。

本系列教材的使用者应该已经有大约 1200 词的英语词汇量,具有一定的英语语法知识和初步的读、听、说英语的能力。本套教材的培养目标是:培养学生掌握扎实的英语基础知识、具有较强的英语听、说和阅读能力,能听懂具有一定难度的英语会话材料,可以进行日常的英语会话,具有一定的翻译和写作能力。

本系列教材由《新世纪英语教程(专升本)》四册和与各册教材配套的《新世纪英语教程自学指导(专升本)》四册,合计八册组成,供四个学期使用。每册含 10 课,进度基本上可以按每两周一课安排。本教材从全面提高学生的英语应用能力出发,在整体结构上突破了一般语言教材的模式。本教材每课由六个部分组成。第一部分为热身活动,旨在通过简单的课堂口语活动激发学生对本课有关话题的兴趣,为深入的学习做好准备。第二部分为口语练习,包括两个内容:一个是常用日常口语句型,每课就一个功能、意念或场景给出最常用的一些表达方式,并要求学生通过课堂对话活动能灵活运用这些表达方式;另一个练习是听一段与本课话题有关的对话并进行对话活动,再次加深学生对本课话题的了解。第三部分为听力活动,包括两篇与课文话题有关的短文或对话,为下一阶段的阅读进行进一步的引导。听力活动还安排了短句理解和小对话,目的是使学生从多角度提高听力理解能力。第四部分为阅读活动,包括两篇短文,第一篇用于课堂教学,第二篇供课外阅读。阅读部分的练习旨在提高阅读理解能力和词语运用能力。为了加深对课文的理解,我们设计了课前和课后两种问答题,这样更有利于提高学生的思考能力。第五部分为课后活动,一个用于课堂活动,一个用于课外练习。课外练习部分隔课分别安排汉译英和





写作,旨在提高学生这两个方面的能力。第六部分安排的是英语听、说、读、写、译的技巧介绍,每册书各不相同,其中第三册涉及两个项目。这一部分是我们的一个特别安排,主要是从学生的实际出发,同时也为教师提供一个参考的蓝本。我们在教学实践中,往往有学生提出希望老师介绍英语听、说、读、写、译的技能或推荐有关的书籍。这一部分的内容将使学生不必再另外买书就可以基本掌握英语的这些技能,教师也可以利用这一部分简要介绍英语的这些基本技能。

考虑到成年人的自学能力,我们在本套教材的自学指导中对每篇阅读材料都进行了相当详细的注释。这些注释涉及语法、词汇等语言难点,对常用句型结构和词汇均通过给出例句说明其用法,并对常用的同义词和近义词进行了辨析。这些详细的注释有利于使用本教材的读者加深对课文的理解。所有练习(包括课堂活动的练习)都附有参考答案,供学生和教师参考。

本系列教材中每课均涉及同一个主题,口语活动、听力材料和两篇阅读材料各有侧重。围绕这些与学生生活和社会活动息息相关的热门话题,学生可以在教师的指导下充分发挥其学习的主动性,通过大量的语言活动,提高其语言应用能力。由于话题相同,词汇复现率高,有助于学生提高单词记忆效果。鉴于自学指导中已有详细的课文注释和译文并附有练习答案,因此教师不必再花太多的宝贵课堂教学时间讲解课文,而可以将更多的课堂时间用在提高学生的语言应用能力上,从而使学生真正成为课堂教学的主角。前五个部分大量的口语练习为教师开展有效的课堂口语活动提供了多方面的选择。当然,由于教学时数的限制,教师完全可以自主决定,有针对性地选择其中一部分作为课堂教学活动,而让学生在课外进行其他练习。

本系列教材的练习相对来说不多,这与我们的教学理念不无关系。我们从多年的教学实践中深刻体会到,练习只是英语教学中的一个环节。大量的练习在一定情况下(如为了参加某种考试)是有效的,但要想真正提高语言应用能力,还是要把时间和精力花在语言本身,即大量地接触所学语言上。我们希望读者把更多的时间用在听英语(课文、广播、电视节目、VCD等)上,用在广泛地阅读原文上,并在可能的情况下,多说英语,多进行英语写作和翻译训练,从而提高英语应用能力。在学习本套教材时,读者应把更多的时间放在课文学习中,通过反复朗读,直至可以背诵课文来学习英语,以培养起良好的语感。持之以恒,必见成效。

为了保持英语语法体系的完整性,我们将语法单独编写成册,另配一册语法书,而不再分项编在每课中。但教师可根据学生的实际语法水平,每学期就3~5个语法专题进行专题讲座式的讲解,以加深学生对英语语法的掌握。

本系列教材的编者长期从事大学英语教学和教材研究,对中国学生,尤其是成人英语学习者的学习特点有多年的研究。本教材在结构上的独具匠心的精心编排就是我们在改革中国英语教材方面的一个大胆尝试,我们希望这样的编排能更好

地体现教材以人为本的原则,全方位满足读者的需求,从而为读者提供最大的方便,使读者通过较少的付出就能获得最大的收获。我们热切地期待着读者们对我们改革模式的认同,我们也真诚地希望我们的努力能为中国英语教学改革和教材建设开创一条新的思路。

本系列教材由黄建滨设计并总主编。第一册由盛跃东主编,徐莹副主编,编者为:冯文坤、宿玉村、杨建平、张琛、张昀(按姓氏汉语拼音为序)。教育部高等学校大学外语教学指导委员会委员、中国农业大学外语系系主任李建华教授担任主审。本套教材的编写得到了浙江大学成人教育学院的大力支持,他们将本教材列入“2001年浙江大学成人教育教材建设基金、教学建设基金立项项目”并给予了重点资助。浙江大学出版社为本书的尽早出版做了大量工作,责任编辑徐宝澍先生对本套教材的编写、版式、结构等提出了许多宝贵的意见,为本书增色不少。值此教材出版之际,谨向李建华教授、徐宝澍先生和浙江大学成人教育学院表示衷心的感谢。

囿于水平加之时间紧张,本套教材一定还有许多不尽如人意之处,我们恳请使用本套教材的读者提出宝贵的意见和建议,使之更能满足广大读者的需求。

黄建滨

2003年5月于求是园



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# Unit One Colors



1

## Part One

### Warm-Up Activities

#### I. Color Expressions

##### Step One

1. Green 2. red 3. Blue 4. white 5. red 6. red 7. black 8. black

##### Step Two

Among various colors, Chinese people's favorite colors are red, yellow and blue. In China, red is the color of good luck and is used as a holiday and wedding color. Chinese babies are given their names at a red-egg ceremony. And during the Spring Festival, children will receive money in a red envelope. In ancient China, yellow was taboo, because it was the color for emperors, for example, the color of the imperial



dragon was also yellow. Blue is also a favorite color in China, because it looks good against Chinese skin. White and black are eternal trendy colors for most young people, but the older generations feel these colors are not lucky, and not suitable for celebrations.

## II. Talking about Colors

1. Yes, I do. Once I felt rather gloomy, I went out shopping in order to cheer myself up. In the boutique(服装店) I frequently visited, a bright yellow dress struck my eyes. I tried it on, and immediately felt all the troubles were gone. Later I learned from a book that yellow could make one happier. Now if I am unhappy, I will put on a bright dress, then I will feel better.

2. My favorite color is blue, because it is the color of the ocean. I was born in a seaside village, and lived there for 18 years. So this is a familiar color to me and seeing this color always reminds me of my hometown. Besides, blue is relaxing and calming. When my eyes are tired, looking at the blue sky can always help me get rid of the fatigue.

## Part Two

### Oral Practice

#### I. Useful Expressions of Greetings

##### Role-Play

##### Exercise 1

A: Morning, John.

B: Morning, Jack. How are things going?

A: Fine, thanks. How about you?

B: Fine, thank you. It's a nice day for a walk, isn't it?

A: Yes, isn't it a great day? I thought I'd get some exercise. Would you like to join me?

B: Why, yes. I'd be glad to.

## Exercise 2

A: Hello!

B: Hello!

A: Are you from the north?

B: Yes. I'm from Beijing. Where are you from?

A: I'm from Hangzhou. May I have your name, please?

B: Sure, I'm Li Hong.

A: I'm Huang Lin. Nice to meet you, Miss Li.

B: Nice to meet you, too.

A: Do you know the teacher of this course?

B: Little. I only know that he is one of the best in his field and that's why I choose his class.

A: Oh, there goes the bell. Let's come in and get ready for the class.

B: Let's go.

## II. A Dialogue

### Tapescript

## Colors

A: Hello, Li Wei. Good to see you.

B: Hello, David. How's everything going?

A: Pretty good. Oh, Li Wei, may I ask you something?

B: Sure.

A: You know I've been planning to write a book about color meanings around the world.

And I read that Chinese people give red envelopes to children and young adults during the Spring Festival. What does that mean?

B: Well, it's actually money put inside red envelopes. Adults give them to children as New Year's gifts.

A: Why red envelopes? Does red have a special meaning in China?

B: Yes. In China red is associated with happiness and good luck. So people often use it to express good wishes.

A: That sounds like a good custom. And you also put on red couplets, is that true?

B: Yes. And children will burn red firecrackers.



A: I'm sure they are really excited at that time.

B: You bet. It's one of the most exciting time for all children.

A: Do you use red on some other occasions?

B: Well, it is also used for bridal gowns at the wedding ceremony.

A: Really? But I also see brides wearing white.

B: Traditionally, white is avoided at the Chinese wedding because it is the color of mourning.

Nowadays, this tradition is not strictly followed and young couples also wear white.

But a red costume is still necessary.

A: I see. Thank you.

B: You are welcome.

### Key

### Exercise 1

1. F 2. T 3. F 4. T 5. F

### Exercise 2

A: Hello, Cheng Fang, Nice to meet you.

B: Hello, Brown. How's everything going?

A: Fine. Oh, Cheng Fang, May I ask you something?

B: Certainly.

A: One of my Chinese friends has just got a baby. I want to go and visit him, but I don't know what to take for his baby.

B: Oh, There is not a special custom. You may take whatever you like for the baby.

A: Isn't it necessary to buy something red? I've read that Chinese often use red on happy occasions.

B: That's true. Traditionally, when a baby is one month old, there will usually be a celebration. That day, the baby will be dressed in red. Her grandmother may make a red pillow for her, and some red ribbons will be tied on the handle of the door.

A: Is there a special meaning for that custom?

B: Yes. It is considered that red can drive away the evil things and the baby will be blessed with a happy life.

A: Do Chinese people still follow that tradition?

B: In some places, especially in the rural areas, the tradition is kept. But in large cities the celebration is either simplified or takes on a different form.

A: Then I want to buy the baby a blue outfit as a gift. Is that suitable?

B: Yes. But why do you pick blue?

A: Because the baby is a boy. And in our country, blue is for boys and pink is for girls.

B: That's an interesting tradition.

## Part Three

### Listening Comprehension

#### I. Passages

##### Passage One

##### Tapescript

When an elementary school was planning to repaint the walls of its hospital, I suggested pale orange, or peach color. For sick children waiting in beds for their parents to pick them up, unclean white walls are likely to increase their uneasiness. While the peach color may remind them of their mothers' skin and reduce their uneasiness. Today, an increasing number of school children are absent themselves from school. Even when these children go to school, they prefer staying in school hospitals rather than in classrooms. I believe that changing the color of hospital walls can help these children brighten their moods.

Orange can be recognized even in the dark, or from a distance. Therefore, it is used for lifesaving equipment. Also, bright orange is often used for packages of health drinks.

Orange represents life and encourages happy, joyful, social gatherings. It is a great choice for dining rooms or family rooms. If you feel extremely tired, use orange, which heals your mind and recovers your strength, just as vitamins do.

##### Questions

1. Why did the speaker suggest pale orange for the school hospital?
2. What is true about the school children today?
3. What purpose is orange often used for?
4. What is true about the influence of orange on people?

