

THE RETURN TO RELIGION

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The Return to Religion

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Chapter One

MY RETURN TO RELIGION

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MY RETURN TO RELIGION

ALTHOUGH in a sense autobiographical, this book is really a condensation of the biographies of thousands of people who have come under my observation. It is the story of many individuals who, in these chaotic times, are groping for the verities of life, for some sure foundation upon which they might rear the structure of their happiness. My own return to religion is unimportant; but my interpretation of their struggles, despairs, and successes may be of major importance, since it is based on discoveries of scientific psychology, many of which have never before been presented to the public in this form.

My return to religion was not due to the depression, although that trying period served to project certain facts into bolder relief. It was not due to old age and approaching senility which often play strange tricks with the mind; as I write, I have just turned forty-five and might therefore be considered in the prime of life. It was not due to ill-health and physical suffering which so frequently turn the attention hopefully to the comforts of a more perfect life hereafter; I am still robust enough to chin myself ten times in succession, to swim a mile, and to eat what pleases me without fear of consequences. My return to religion was not due to misfortune or to disappointments with the affairs of life; on the whole I have been singularly fortunate in worldly