



GROUPS IN CONTEXT

*Leadership
and
Participation
in
Small
Groups*

Fourth Edition

Gerald L. Wilson

C912.2
14

GROUPS IN CONTEXT

Leadership and Participation in Small Groups

FOURTH EDITION

GERALD L. WILSON

University of South Alabama

McGraw-Hill, Inc.

New York St. Louis San Francisco Auckland Bogotá Caracas Lisbon London
Madrid Mexico City Milan Montreal New Delhi San Juan Singapore Sydney Tokyo Toronto

GROUPS IN CONTEXT: Leadership and Participation in Small Groups

Copyright © 1996, 1993, 1990, 1986, by McGraw-Hill, Inc. All rights reserved. Printed in the United States of America. Except as permitted under the United States Copyright Act of 1976, no part of this publication may be reproduced or distributed in any form or by any means, or stored in a data base or retrieval system, without the prior written permission of the publisher.

Permissions/Acknowledgments appear on pages 373–374, and on this page by reference.

This book is printed on acid-free paper.

5 6 7 8 9 0 FGR FGR 9 0 9 8 7

ISBN 0-07-071082-1

This book was set in Goudy Oldstyle by The Clarinda Company.
The editors were Hilary Jackson, Fran Marino, and James R. Belser;
the production supervisor was Denise L. Puryear.
The cover was designed by Karen K. Quigley.
The photo editor was Jennifer Beilin.
Quebecor Printing/Fairfield was printer and binder.

Cover photo: Bob Krist/Tony Stone Images.

Library of Congress Cataloging-in-Publication Data

Wilson, Gerald L., (date).
Groups in context: leadership and participation in small groups /
Gerald L. Wilson.— 4th ed.
p. cm.
Includes bibliographical references and indexes.
ISBN 0-07-071082-1
1. Small groups. 2. Decision-making, Group. 3. Leadership.

I. Title
HM133.w52 1996
302.3'4—dc20 95-22218

Chapter-Opening Photo Credits

Chapter 1 Richard Laird/FPG; Chapter 2 Joel Gordon; Chapter 3 Joel Gordon; Chapter 4 Fredrik D. Bodin/Stock, Boston; Chapter 5 Joel Gordon; Chapter 6 Michael Krasowitz/FPG; Chapter 7 Judy Gelles/Stock, Boston; Chapter 8 Loren Santow/Impact Visuals; Chapter 9 Ron Chapple/FPG; Chapter 10 Kathy McLaughlin/Image Works; Chapter 11 Joel Gordon; Chapter 12 Spencer Grant/Picture Cube; and Chapter 13 Bob Kalman/Image Works.

ABOUT THE AUTHOR

Gerald L. Wilson is Professor of Communication and Chair of the Communication Department at the University of South Alabama, where he teaches courses in organizational communication. He received his B.S. from Bowling Green State University, his M.A. from Miami University of Ohio, and his Ph.D. from the University of Wisconsin-Madison. Wilson has also taught and conducted research at Northern Illinois University and Indiana University-Indianapolis.

Professor Wilson has authored five books and numerous essays and articles on communication. He is also a consultant to business and industry. His latest project is a revision of his book *Interpersonal Growth through Communication* (Brown & Benchmark). Other books Wilson has co-authored are *Communicating in Business and Professional Settings* (McGraw-Hill), *Interviewing in Context* (McGraw-Hill), and *Organizational Communication* (Harper & Row).

*This book is lovingly dedicated
to my beautiful wife,
Linda Stewart Wilson*

PREFACE

Much of what we do in our lives involves interaction with others in small groups. We find ourselves interacting in family groups, work groups, social groups, church groups, and special-interest groups. Most of us will have two primary goals in these groups. One goal we will have, regardless of the context, is to be and be perceived as a productive, contributing member. A second important goal will be to enjoy our interactions with the members. These two goals can be summed up by the simple statement: We want to be effective. Helping the reader meet these goals leads to the central aim of this book—to provide an understanding of small-group processes that will enable readers to develop high levels of skill in participating in and leading groups.

This book is written for introductory courses in small group communication, group discussion, and group dynamics. It is appropriate for small group-oriented courses in communication, social psychology, education, business communication, and a variety of health-related fields.

APPROACH TO THE STUDY OF SMALL GROUPS

Groups in Context takes a balanced approach, blending current theory and research with practical skills and application. Clearly, there is a relationship between theory and practice. A book that is mostly theoretical does not fully meet the needs of most students. A book that is mostly a listing and discussion of prescribed behaviors does not fully meet the needs of students either. Understanding and skill go hand in hand. To this end, I have carefully presented clear explanations of theory, documented with both classic and current research. I also provide specific suggestions for enhancing individual and group effectiveness. I have worked diligently to richly illustrate important concepts with real-life examples from a broad range of contexts. I am convinced—on the basis of my teaching, research, consulting experience, and the extensive use of the three previous editions of this book—that such an approach is greatly appreciated.

The title *Groups in Context* was selected to reflect my belief that the study of small group communication is best understood when the concepts are presented within specific contexts. We all meet with others to make decision in the workplace, in neighborhoods, in churches, in social groups, and in civic organizations. Thus I have drawn examples and illustrations from these and similar contexts.

My use of context flows out of another concern. I want my students to communicate better in groups and to diagnose and act on decisions made about their group's process. To achieve this goal I believe it is necessary for the student to be able to make the connection between what he or she is studying and real-world groups. My use of contexts to provide illustrations and examples of important principles shows students how to make the transfer.

Group in Context focuses on task-oriented and decision-making groups. I selected this focus for three reasons. First, the decision-making process is one of the most difficult tasks a group might undertake. These groups require systematic analysis of the particular group situation, vigilance in the decision-making process, and well-developed communication and leadership skills. Second, decision making is one of the most prevalent of group activities. We deliberate to plan and set policies for groups in both our private and professional lives. The ability to carry out the group decision-making activity is vital to the life of an educated person. It is an activity that most adults cannot avoid. Third, the decision-making group provides an excellent framework for understanding the many interpersonal and group processes that operate in other task-oriented groups.

The coverage of material and the sequencing of chapters create a model of small groups as an information-processing system. This model is presented in Chapter 1 so that students can understand the perspective of the book. I believe that this sequence fits many courses in small group communication in many disciplines. Since individual teachers may vary in their approach to this course, I have written the chapters to be self-contained and thoroughly cross-referenced. Instructors can present them in any sequence that meets their particular course requirements.

I also carefully reviewed my experience as teacher and consultant to discover what has helped my students function more effectively in groups. The features of this book are designed to respond to student needs on the basis of this careful review.

SPECIAL FEATURES

Certain features of this book make it stand out from among others available for small group communication courses. I believe in a balanced approach that blends theory, research, and practice. I have made every effort to achieve an appropriate blend of *current theory and research with practical explanations, skills, and applications*.

I firmly believe that examples can make the difference between books that are truly useful to students and books that are not. So I have filled this book with *examples from group contexts* to allow the students to see how concepts actually work in real-world groups.

Each chapter encourages students to analyze their own communication behavior and to place that *behavior in a group context*. For example, this book includes exceptionally *thorough coverage of leadership and conflict*—and not merely from the view of a designated leader but from the view of all potential group participants.

I have been especially sensitive to the need to provide comprehensive coverage of *current “hot” topics* in group communication, such as culture, conflict management, gender, and group development.

Michael Hanna and I pioneered the *Troubleshooting Guide* when it appeared in the first edition of our business and professional communication book. Such a guide is included at the end of this book, set off for readers by the bar at the trimmed edge. This

guide is organized around the questions most commonly asked by students and clients. I think students ought to be able to find answers to questions that are couched in the language they use to talk about group problems. To use it, a reader need only identify a general category that a question falls into, turn to the questions in that category to find one close to their own question, then identify the page or pages on which the answer to it may be found. The positive feedback I have received about the Troubleshooting Guide suggests that students find it helpful.

ADDITIONS AND REVISIONS IN THE FOURTH EDITION

I have updated the coverage of theory, research, and practice in this fourth edition. I have also added new topics and clarified others based on my own judgment and that of those who teach small group communication courses. Here are some of the specific changes and additions you will find in this edition:

- Boxes that focus the reader's attention on ethics and responsibility in group communication have been added to each chapter.
- Boxes that focus the reader's attention on a research concern have been added to each chapter.
- New information about the advantages and disadvantages of group work is now part of Chapter 1.
- A section discussing ethical concerns of the group as a whole is included in Chapter 1.
- The model of communication found in Chapter 1 is revised to include information about groups operating within a culture and society.
- Material that helps one to analyze a new group if its members are preselected has been added to Chapter 2.
- The section about critical thinking and discussion in Chapter 2 has been expanded to include standard concerns regarding quality of information.
- A standard agenda for a business meeting has been added to Chapter 3.
- At the request of several reviewers the chapter about public group meetings has been moved to earlier in the book (Chapter 4.)
- A new section about gender differences in language use has been added to Chapter 5.
- Additional information about cultures and language has been added to Chapter 5.
- Additional information about cultures and nonverbal communication has been added to Chapter 6.

- A section about gender differences in listening has been added to Chapter 6.
- The discussion of role conflict in Chapter 8 has been expanded.
- Additional information related to gender and leadership has been added to Chapter 9.
- The relationship between member satisfaction and cohesiveness has been clarified in Chapter 10.
- Material about how gender relates to self-disclosure and empathy has been included in Chapter 11.

ORGANIZATION OF THE BOOK

Part I: Approaching Communication Group Contexts

This book is organized in deductive fashion. Part I, “Approaching Communication in Group Contexts,” clarifies what small group communication means and provides a conceptual foundation for the rest of the book.

Chapter 1: Introduction to Groups and Group Processes In this first chapter I explain what is meant by groups and describe the communication process. The focus is on how groups develop culture and norms as they seek to manage task and relationship concerns. Ethical responsibilities are important, too, if the group is to be effective.

Part II: Preparing for Group Meetings

The chapters in Part II help the reader understand what is involved in and how to prepare for group meetings.

Chapter 2: Preparing for Group Discussions Chapter 2 examines concerns about the need for structure, selecting participants, and securing, preparing, and critically analyzing information for use.

Chapter 3: Preparing for Small Group Meetings Chapter 3 highlights the importance of making choices about and planning for meetings. How should a business meeting be organized? If a decision is to be made, should an individual or group make it? How should the group organize its effort when its task is to make a decision? What special group techniques might facilitate the group’s effort?

Chapter 4: Preparing for Public Group Meetings Chapter 4 rounds out the presentation of preparing for meetings by addressing the public group setting. Formats for public discussion are presented, along with specific suggestions for leading groups in this unique setting. A special public setting is a conference, for which a step-by-step guide is provided to aid in planning.

Chapter 5: Communication Processes: Verbal Messages Chapter 5 examines the nature of verbal messages. Recurring problems with these kinds of messages are explored, along with suggestions for handling them.

Chapter 6: Communication Processes: Nonverbal Messages and Listening Chapter 6 addresses the use of nonverbal messages in groups. It also explores problems associated with nonverbal messages and provides suggestions for improving nonverbal communication. The chapter concludes with a discussion of the listening process and strategies for improving listening.

Part III: Participating in Group Meetings

The six chapters in Part III work together to form a thorough treatment of the theories, applications, and skills that help a member participate more effectively in group meetings.

Chapter 7: Encouraging Group Development and Evolution Chapter 7 focuses on the evolutionary processes of groups. It begins with a discussion of the motivations for joining a group. This is followed by an explanation of the development of phases, social tension, and ideas.

Chapter 8: Roles and Role Emergence Chapter 8 presents the concept of roles and how they emerge in small decision-making groups. Group task roles, maintenance roles, and self-centered roles are explained. Conclusions are drawn about critical role functions for groups.

Chapter 9: Leading Group Meetings Chapter 9 focuses specifically on the leadership function in groups. Perspectives on leader behavior are examined, and conclusions are drawn from these regarding effective leadership. Concrete suggestions are provided for improving leadership to meet specific group needs.

Chapter 10: Promoting Group Cohesiveness and Satisfaction Chapter 10 addresses cohesiveness as a central concern of group effectiveness. What can be done to enhance the cohesiveness of a group? How can cohesiveness be promoted? These two central issues are addressed in this chapter. Then, too, participants need to be aware of and guard against the effects of too much cohesiveness.

Chapter 11: Managing Relationships in Groups Chapter 11 takes up relational concerns of groups. Members have needs that must be understood and addressed. Beyond this a group must foster a relationship-building process. Members will want to understand and be able to facilitate appropriate relationships and climate.

Chapter 12: Managing Conflict in the Group Chapter 12 takes the perspective that conflict in groups can be managed so that it is functional. Whether the conflict is sub-

stantive or affective, understanding the source of the conflict and how to manage it effectively allows for a potential beneficial outcome.

Part IV: Analyzing Small Group Decision Making

Members can make greater contributions to their understanding of groups if they are able to analyze the process carefully. Part IV provides the understanding and tools to carry out analysis.

Chapter 13: Observing and Evaluating Groups Chapter 13 provides instructions in the process of observing and analyzing groups. Data-collecting instruments are provided to study interaction, roles, leadership, cohesiveness, and the decision-making process.

The Troubleshooting Guide

This guide is a reference tool designed for quick use by the reader. It covers a wide range of group communication problems discussed in the book and provides page numbers for easy location of solutions presented in the book.

LEARNING AIDS

Effort has been to make the intent of this book, chapter by chapter, as clear as possible to readers. Each chapter begins with a list of *objectives* that highlight the most important themes in the chapter. *Chapter summaries* at the end of each chapter recast the important ideas of the chapters into overview statements that should leave no doubt in the reader's mind about which are key ideas and which are not.

Over the years I have found that an understanding of the material is facilitated by experiences and *exercises*. The first of these for each chapter can be used in an ongoing *journal assignment*. Others may be selected to emphasize particular concepts.

Recommended readings are found at the end of each chapter. These have been carefully selected with the aim of identifying the best, and in some cases the most influential, works available. I think students should be encouraged to be familiar with the benchmark work in a discipline. I also think less well-known works, when they are especially relevant, should be brought to the reader's attention, and so I have mentioned some of them, too. I have also included a *glossary* of terms of small group communication at the end of the book.

Resources for Instructors

An *Instructor's Manual* has been prepared to aid instructors in their teaching. It provides sample syllabi and assignments and cases for problem solving, as well as other teaching

materials. *Videotaped discussions with written commentary* are available to provide a basis for discussion of the concepts and principles presented throughout the book. This tape also provides a common group experience for individual student analysis assignments.

ACKNOWLEDGMENTS

Thirty colleagues have helped me refine this book over its four editions. I greatly appreciate their excellent suggestions, which have helped make this book so popular with students and professors. I take this opportunity to express my sincere thanks. The fourth edition was ably reviewed by the following:

Patricia Comeaux, University of North Carolina

Dick Gehrs, Florida State University

Mary McComb, Marist College

Brian McGee, Ohio State University

Meredith Moore, Washburn University

Richard E. Soller, College of Lake County

Edwina Stoll, DeAnza College

Mike Wartman, Normandale Community College

Melinda Womack, Rancho Santiago College

Manuscripts that are turned into successful books are done so with the help of extraordinarily dedicated people. The people at McGraw-Hill are exceptional. I especially want to thank our editors, Fran Marino, Hilary Jackson, and Jim Belser, who contributed their fine expertise and knowledge to this book.

Finally, I thank my wife, Lin, and my children for their patience, understanding, and encouragement during the revision of this book.

GERALD L. WILSON

CONTENTS IN BRIEF

Preface xix

PART I

Approaching Communication in Group Contexts 1

Chapter 1 Introduction to Groups and Group Processes 2

PART II

Preparing for Group Meetings 31

Chapter 2 Preparing for Group Discussions 32

Chapter 3 Preparing for Small Group Meetings 54

Chapter 4 Preparing for Public Group Meetings 84

Chapter 5 Communication Processes: Verbal Messages 104

**Chapter 6 Communication Processes: Nonverbal Messages
and Listening 124**

PART III

Participating in Group Meetings 155

Chapter 7 Encouraging Group Development and Evolution 156

Chapter 8 Roles and Role Emergence 186

Chapter 9 Leading Group Meetings 206

Chapter 10 Promoting Group Cohesiveness and Satisfaction 240

Chapter 11 Interpersonal Relationships in Groups 268

Chapter 12 Managing Conflict in the Group 292

PART IV

Analyzing Small Group Decision Making 325

Chapter 13 Observing and Evaluating Groups 326

Glossary 349

Troubleshooting the Small Group 363

Permissions/Acknowledgments 373

Indexes 375

CONTENTS

Preface xix

PART I

Approaching Communication in Group Contexts 1

Chapter 1 Introduction to Groups and Group Processes 2

WHY STUDY GROUP COMMUNICATION? 4

ADVANTAGES AND DISADVANTAGES OF GROUP WORK 5

GROUPS DEFINED 6

Group 7

Group versus Collections 7

KINDS OF GROUP MEETINGS 8

Information-Sharing Meetings 9

Decision-Making Meetings 9

Special Kinds of Information-Sharing and Decision-Making Meetings 9

COMMUNICATION: THE BASIC IDEA 10

Exigency 11

Source/Encoder 11

Messages 12

Channels 12

Receiver/Decoder 13

Feedback 13

Noise 14

Context 15

Communication: A Dynamic Process 16

UNDERSTANDING SOME BASIC DYNAMICS OF GROUPS 16

Group Culture 17

Group Norms 18

Tasks and Relationships 21

THE SMALL GROUP AS AN INFORMATION-PROCESSING SYSTEM 23

ETHICAL RESPONSIBILITIES OF MEMBERS AND GROUPS 24

Ethical Responsibilities of Members 24

Determine to Do Your Best 24

Determine to Behave with the Group's Good in Mind 25

Make a Commitment to Fair Play 25

Determine to Listen Carefully and to Participate Fully 26

Take On a Participant-Analyst Role 26

Ethical Responsibilities of Groups 26

Summary	28
Exercises	29
Notes	30
Recommended Readings	30

PART II

Preparing for Group Meetings 31

***Chapter 2* Preparing for Group Discussions 32**

SELECTING THE PARTICIPANTS 34

<i>If You Select Participants</i>	34
<i>If Your Participants are Preselected</i>	35

CONSIDERING DISCUSSION ISSUES 36

<i>Kinds of Discussion Issues</i>	36
<i>Focusing the Discussion Issue</i>	37

DECIDING ABOUT STRUCTURE 38

<i>Need for Order</i>	38
<i>Time Considerations</i>	39
<i>Group Size Considerations</i>	39
<i>Group Members' Emotional Involvement</i>	39
<i>Nature of the Task</i>	40

CRITICAL THINKING AND DISCUSSION 42

<i>Securing Information</i>	43
<i>Critical Evaluation of the Information</i>	46
<i>Preparing the Material for Use</i>	50

Summary 50

Exercises 51

Notes 52

Recommended Readings 52

***Chapter 3* Preparing for Small Group Meetings 54**

INDIVIDUAL OR GROUP DECISION MAKING? 56

AGENDAS FOR GROUP MEETINGS 57

<i>An Agenda for a Business Meeting</i>	57
<i>Agendas Based on Reflective Thinking</i>	58
<i>Ideal Solution Sequence</i>	63
<i>Single Question Sequence</i>	65
<i>Adapting the Agenda to the Group's Needs</i>	66
<i>Using the Agenda Effectively</i>	67

DISCUSSION TECHNIQUES 68

<i>Brainstorming</i>	68
<i>Focus Groups</i>	69

Nominal Group Technique and Delphi	70
Buzz Groups	72
Quality Circles	73
Teleconferencing	75

METHODS OF DECIDING 76

Consensus	76
Compromise	77
Majority Vote	77
Decision by the Leader	77
Arbitration	78

Summary 78

Exercises 80

Notes 81

Recommended Readings 82

Chapter 4 Preparing for Public Group Meetings 84

FORMATS FOR PUBLIC DISCUSSION 86

Forum	86
Panel Discussion	87
Symposium	88
Colloquium	88
Selecting a Public Discussion Format	89

LEADING THE PUBLIC DISCUSSION 91

PLANNING THE CONFERENCE 92

Decide Your Purpose	92
Plan the Agenda	93
Identify the Other Participants	93
Select the Setting	94
Plan for Mechanical Details	96
Publish the Agenda with the Invitation	98
Plan the Arrangement of Participants	98
Arrange to Meet, Greet, Identify, and Introduce Participants	100
Begin and End on Time	100
Follow Through after the Meeting	100
A Conference-Planning Checklist	100

Summary 102

Exercises 102

Notes 102

Recommended Readings 103

CHAPTER 5 Communication Processes: Verbal Messages 104**UNDERSTANDING VERBAL MESSAGES 106**

- The Concept of Meaning* 106
- Frame of Reference* 108
- Overlap of Experience* 109
- Denotative and Connotative Meaning* 109

PROBLEMS WITH VERBAL COMMUNICATION 110

- Perceptual Difficulties* 111
- Abstraction in Language Use* 112
- Labels and Language* 113
- Too Much Information* 114
- Too Little Information* 115

GENDER AND VERBAL COMMUNICATION 117**CULTURE AND VERBAL COMMUNICATION 118****INCREASING VERBAL EFFECTIVENESS 119****Summary 121****Exercises 122****Notes 123****Recommended Readings 123****Chapter 6 Communication Processes: Nonverbal Messages and Listening 124****UNDERSTANDING NONVERBAL MESSAGES 126**

- The Functions of Nonverbal Messages* 127

USING NONVERBAL CODES 130

- Physical Environments* 130
- Appearance* 132
- Gesture, Posture, and Movement* 133
- Face and Eye Behavior* 135
- Vocalics* 136
- Use of Time* 137
- Problems in Using Nonverbal Messages* 137

INCREASING NONVERBAL EFFECTIVENESS 139**LISTENING 141**

- The Components of the Listening Process* 141
- Listening Problems* 142
- Gender Differences in Listening* 145
- Developing Listening Skills* 146
- The Complexity of Listening in Groups* 148