EXPLAINING HUMAN BEHAVIOR

Consciousness, Human Action and Social Structure

PAUL F. SECORD

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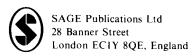
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Preface

This volume is part of a continuing effort by a group of philosophers and behavioral scientists to explore theoretical issues at the interface of philosophy and the behavioral sciences. The volume was planned by the editor in collaboration with several of the scholars regularly participating in this work. For each volume, participants worked for a year or more preparing their contributions, and then, after exchanging papers, convened for a three-day discussion of the ideas therein. The conference for the present volume was held at the University of Houston in December 1979. We are especially grateful for the support of Chancellor Barry Munitz and the Conference Center of the University.

The continuing interdisciplinary collaboration began in the 1960s under the energetic and wise leadership of the late Theodore Mischel. The initial meeting of philosophers and psychologists focused on issues relating to the philosophy of mind and the explanation of human behavior. A conference held in 1967 was followed by the publication in 1969 of the volume, Human Action. Subsequent volumes, all edited by Theodore Mischel, but each having a somewhat different topic and set of contributors, were Cognitive Development and Epistemology (1971), Understanding Other Persons (1974), and The Self: Psychological and Philosophical Issues (1977). The last volume was published shortly after Mischel's death in December 1976.

The topic of the present volume departs somewhat from earlier ones, in examining the interface between philosophy, psychology, and the social sciences with a view to conceptualizing adequate explanations of human consciousness and behavior. In addition to the contributors to this volume, Thomas Beidelman of New York University participated in the conference discussions.

Those of us who had the privilege of working with and knowing Ted Mischel greatly lament his untimely death, both in the loss to the world of ideas and in our loss of a warm and enjoyable colleague. This book is dedicated to his memory.

P. F. Secord

CHAPTER 1

Interfacing the Personal and the Social

PAUL F. SECORD

This book addresses what is perhaps the most difficult but also the most important question of the social and behavioral sciences: how we generate explanations of social behavior through articulating a mix of:

- 1. objective conditions in the physical and social world;
- actors' conciousness and understanding of themselves in the social world; and
- 3. background, social context, or social structures which are not part of the actor's consciousness or understandings.

The theme represented by these questions has many roots in the past. It relates the old arguments in social theory between *Naturwissenschaften* and *Geisteswissenschaften*, idealism and materialism, positivism and anti-positivism, naturalism and anti-naturalism, and methodological individualism and holism. During the past few decades, approaches taken by psychologists, sociologists, anthropologists, and others have often emphasized one or more of the thematic perspectives at the expense of others. As a result, their views of human nature and their explanations of social behavior are usually one-sided and make only limited contributions to our understanding. For example, behaviorism in its most extreme form has simply evaded the issue by ruling out the subjective side of the question. Other well-known approaches such as interpretive sociology, humanistic psychology, and symbolic interactionism have emphasized the subjective pole of the question while sacrificing the remaining perspectives. No single book could possibly provide a complete answer to

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the many ramifications of this theme, but hopefully partial progress can be accomplished by a varied series of efforts. The original contributions offered here take up some facet of this theme in the attempt to achieve a better articulation of the various approaches.

Among the many questions raised by this core theme are the following:

- (1) Are phenomenology, action-theory, notions of rule-governed behavior, ethnomethodology, ethogeny, and dramaturgy (granting differences between these) limited to a "clarification of what is thought about the social world by those living in it" (Giddens, 1976, pp. 17ff, 32)? Do these approaches confuse or assimilate description and "interpretation" with "explanation," assuming that we can get clear on these ideas?
- (2) If it be granted that social reality is constituted by the beliefs and acts of participants, and that "understanding" is "the very ontological condition of human life," how does one bring in the "objective conditions"? If we deny that there are any, aren't we into idealism with its problems? Are objective conditions determining conditions in some sense? In what sense? Are they mediated by consciousness? All of them? Do we appeal to Durkheimian "social facts"? To "structures" (whatever they are)? What is the role of "cause" in social science? How does it articulate with the various perspectives of our core theme?
- (3) Can actors be wrong about their own social reality? Can the ground of action be opaque to the actors? Can it be determined by conditions not mediated by consciousness? How do we negotiate differences in accounts provided by actors? Or differences between accounts and theoretical explanations? What of false consciousness?
- (4) What do we mean by the explanation of social behavior? What counts as an explanation? What are we trying to explain? Individual actions? Classes of actions? Forms of life? Institutions? Societies? Are these different *levels* of explanation (e.g., psychological, sociological, biological)? If so, how are they related to each other?
- (5) Is social psychology part of psychology, or really part of sociology? That is, if general psychology can be understood as an attempt to detail the "generative mechanisms" of behavior (perception, learning, and the like), perhaps all we need for it is a causal account (à la Australian materialism; Armstrong, 1968). But social psychology seems in stark contrast, in that it is *historical* in being concerned with social acts at specific times and places. And social acts have meanings to the actors and involve their understanding.
- (6) Is there a useful methodological division of labor between microand macro-sociology? What is the flaw, if any, in seeing Goffman- (1974) and Garfinkel- (1967) type inquiries as explanations of interpersonal

behavior? Is it the case that such inquiries are limited or mystifying unless institutions, power differentials, and so forth are part of the study? If so, how do we connect the explication of human action at the interpersonal level with the properties of social institutions and structures?

All of the contributors in this book address themselves directly to one or more of the questions. The following shows how each of the chapters bears upon the central theme, and indicates the tentative lines taken in order to advance our knowledge.

In Chapter 2, Charles Taylor raises one facet of our core theme: the inadequate treatment of consciousness in modern cognitive psychology and the question of its proper role in the explanation of behavior. He first notes that the modern functionalist form of cognitive psychology treats consciousness as marginal—it has only a peripheral role in explaining behavior. Underlying this marginal view is the notion that functions can ultimately be described in physicalist terms, including conscious action. This is not a crude, but a sophisticated reductionism. In this version, computer programs provide an analogue for the functions of behavior: a computer can be said to compute in the same way that humans compute, although the computational process of the human in the analogical sense is at least partially below awareness or outside of consciousness. The reductionism is more sophisticated because it recognizes that radically different forms of hardware could be programmed to represent the same process.

Taylor asks why this functionalist view has such a strong hold on many behavioral scientists. He suggests that the answer is rooted in absolutism—the idea that the world must be grasped entirely apart from observation of it; subject-related properties must be purged; the realm of body must be separate from that of mind. But the Cartesian-empiricist tradition did not achieve this; it retained an interactionism between mind and body—perception and desires entered into explanation. Functionalism rejects any form of interactionism because interactionism would require that nonphysical events trigger physical ones; hence Taylor notes that the choice between seeing consciousness as marginal or adopting an interactionist view of body and mind seems forced only if these two views are the only ones possible. He offers an alternative, called the significance feature, which is not always seen as a view of consciousness, but which actually emphasizes consciousness as a feature of human action. To understand this alternative, one must first see what is inadequate about assuming an essential identity between the functional processes of machines and those of humans.

A machine does something when it does what we have designed it to

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do. This, Taylor argues, is the flaw in the functionalist view, because in fact the attribution of such action terms to machines is relative to our interests and projects. But there is no answer to the question of what the machine is *really* doing. Clearly, this question is relevant to human action but not to machines. Actions are essentially constituted by their purposes, machines are not. This purposive quality of human action is its "significance feature."

This objection may not be decisive for the computative process—both human and machine—but Taylor considers it decisive in the case of human emotions. For some features of human behavior, such as calculating, the functionalist could still argue that awareness is peripheral and unnecessary; our behavior can be understood without it. But this becomes impossible for human emotions. The case of "shame," for example, seems conclusive. Shame requires a self-feeling, a sense of agency. Humans can feel ashamed of having made a mistake; computers cannot. Shame cannot be regarded as an inessential mental phenomenon; it is too heavily implicated in describing and understanding important human actions; it is inescapably involved in our functioning as human beings. To try to reduce it to physiology, moreover, is futile, because such a reduction would require a fundamentally different logic from that involved in human action.

Taylor concludes, then, that consciousness is at the core of our understanding of human action; it is an achievement of agents with the aid of language, and it is mistaken to view it as a representation of an independent reality. No boundary can be drawn between the mental and the physical, for this would exclude explanations in terms of their most significant feature. This breaks fundamentally with the view dominant today in much philosophy and cognitive psychology.

In Chapter 3, Stephen Toulmin continues the issue of how to understand consciousness and its place in the behavioral and social sciences. Like Taylor, he too rejects a dualistic view of mind and body, a view in which the scientist identifies consciousness with the inner and private, and thus dismisses it as inappropriate for inclusion in any scientific system. But though Toulmin's and Taylor's views are not incompatible, Toulmin's approach and use of argument is different from Taylor's.

Toulmin begins by asking why, for 350 years, the central problems of epistemology and the philosophy of mind have so often been formulated around the mind-body distinction, in terms of a contrast between the inward, private character of experience (consciousness) and the public, interpersonal language of thought. Quite possibly, he suggests, concrete practical terms like "deciding" and "intending," which have functional