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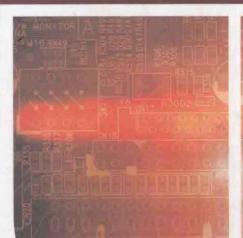
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Covers emerging topics such as IMS, VoIP, SIP, and MPLS

Includes new implementation techniques for wireless and wireline security

REGIS J. "BUD" BATES
WITH

**DONALD W. GREGORY** 







# VOICE & DATA COMMUNICATION HANDBOOK

Fifth Edition

Regis (Bud) Bates Donald Gregory



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#### Voice & Data Communication Handbook, Fifth Edition

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# VOICE & DATA COMMUNICATION HANDBOOK

Fifth Edition

## **About the Author**



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Mr. Bates is a systems expert who specializes in network operations and planning for telecommunications and management information systems. As president of TCIC, he performs strategic planning, business continuity planning, and technology innovation for his client companies. Mr. Bates has helped Fortune 100–500 companies design, setup, and manage wireless LANs, LANs, and WANs using SONET, ATM, MPLS, VoIP, and VPN architectures.

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Much of his time lately has been devoted to VoIP, IP telephony, wireless LANs, securing WLANs, and WiMAX. Bud continues to develop courseware and write about the topics that fascinate him.

**Donald W. Gregory** is a partner with Computer Sciences Corporation's Consulting Group (CSC). Prior to joining CSC, he spent several years at Arthur Andersen, International Harvester/Navistar, and Digital Equipment Corp. During most of that time he has specialized in the design and implementation of data and voice communications networks.

## **Acknowledgments**

Well, here I am again, finalizing the latest update for McGraw-Hill. This one is extra special because it is the fifth edition of the *Voice and Data Communications Handbook!* Things have really changed so we decided to change the structure and the content considerably. We certainly hope that this one meets your needs as we think it will!

This update deals with the issues surrounding the convergence of voice and data. As always, I chose to write the way I think, that is, in a nontechnical fashion. I hope that this is consistent with you the reader, because there is little published geared for the novice and business professional. Besides restructuring the flow of the chapters, we eliminated much of the "old stuff" and added something new this time. We have added more on the "how to do it" with screen shots and some detail lists.

To be fair about this production we owe a lot of credit to many people. Some of the people interacted with us regularly, others only occasionally. First, we must thank Jane Brownlow, McGraw-Hill's executive editor on this book. Jane had a real task of trying to keep after us to get this book completed, even though every deadline was missed. In addition to Jane, is Jennifer Housh who e-mailed weekly looking for the week's submission of new chapters to keep the project on schedule. I know that I frustrated Jennifer many times when delays kept slipping into the production. Numerous other people aided in the editing and production of the book—far too many to name. They know who they are and can give themselves a pat on the back for their efforts. Then there are the vendors and manufacturers we talk to daily regarding products, services, and opportunities. All add to the knowledge in this book.

This team of people all pulled together to make this fifth edition of the *Voice and Data Communications Handbook* a reality. They deserve the credit.

Finally, as always, I want to thank you the reader for giving up your time to read this book. I receive many calls and e-mails from readers who just want to let me know that they enjoyed my opinion or the way I present an idea. I hope I can continue to win your support. My best wishes to you all!

Thank you all Regis J. (Bud) Bates Jr.

### Introduction

Welcome to the world of converged telecommunications! We are about to embark on a descriptive and narrative overview of the telecommunications industry. This book is designed to help "clear the air" for you.

Because this is the fifth edition, it is possible that you have ventured down this trail before. Have no fear; we have changed this book considerably, with every attempt to give you more current information. You will still get something out of this book.

No magic exists here, merely an understanding of what converged telecommunications is all about: the principles of voice and data as they converge into a VoIP and IP telephony architecture. Moreover, we use discussions on standards and protocols only as needed to get you up to speed on the technologies. We intend to make things as simple as possible as we cover the various techniques and terminology used throughout this book. Be aware, however, that no matter how simple we attempted to make this information and no matter how smoothly we attempt to steer you through the guides outlined, this is a technical subject.

Therefore, from time to time, we may start sounding a little "techie." This is not done to impress or confuse you—we just cannot think of a way to make our explanation any more basic without destroying the flow. At any rate, this book is designed to give you a fundamental understanding of the overall concepts used in the telecommunications arena, using voice, data, LAN technologies, and now wireless technologies too. Changes have been occurring at an escalating pace, so we must continue to look back at the history in order to see the future.

### **Format**

The format of this book is arranged to walk you right through the evolution of the industry. We have changed some of the older format by putting a bit more of a "how to" and installation screens shots of the various techniques. We certainly hope you like these changes, as we attempt to satisfy the needs of many customers who have asked for these changes.

We approach the historical deployment of a network throughout the country on the basis of the original Bell System, and we look at the regulatory scene and the various legal issues that arose. Early on, we discuss the impact of the Telecommunications Act of 1996 and what has changed since the initial decisions. This one act opened the door to competition in the areas of telephony, long distance, cable services, and many other technologies. Many skeletons still lie on the side of the road to competition. Many organizations have been bankrupted; still others are barely surviving.

Next, we touch on the fundamentals of the voice evolution from the telephone company and end-user perspective. We look at the basic characteristics of the human voice and how the telephone network was developed. The discussion of network evolution encompasses the distinct dialing plans and how things have changed to accommodate phenomenal growth. We look at how the telephones have changed over the years. The discussion also shows how the telephone set converts a sound wave into an electrical wave and prepares the electricity for transmission across the network.

We enjoyed coming up with the best way to present certain models. The open system interconnection (OSI) section gets a little comical in the discussion of the standards that we use in just about all aspects of the industry. We think you'll really enjoy the way we present this very complex model, and how we can try to make all things simple if we take them one step at a time. So, draw your own conclusions and see whether this doesn't make more sense after you get through this chapter.

We discuss the explosion of the Internet around the world and how it works. This should be rewarding to read and will help you understand why things happen so slowly when you dial into the World Wide Wait!

We next consider the changes following the introduction of digital standards. The old network was built as an analog system. It served us well. We hope that you will understand the differences between digital and analog after reading this. We explore the use of a digital network instead of an analog network, attempting to make this discussion simple, but again, there are some parts that get a bit complicated. Read this one in earnest; it is your future.

Many of our chapters look to moving data across a communications system called a local area network (LAN). The LAN evolves into a campus area network (CAN), a metropolitan area network (MAN), a wide area network (WAN), and a foreign area network (FAN). Is your head still spinning? An area that will probably be of deep concern is the LAN and now the wireless LAN (WLAN) technologies. These have become so commonplace that most of us take them for granted. We also show you how you might use some of the TCP/IP tools to determine if you are connected. Read this one with the knowledge that when it breaks, we can help!

ATM (not the automated teller machines) and frame relay are fast packet systems. They mimic packet switching on steroids. But if you read this section and don't scream, "I want it now," you missed something. You'll see!

Following the discussions of these networking concepts, we discuss the newer competitive way to access the high-speed communications services through xDSL and CATV company services. Using this springboard, we will look at the speeds and capacities of these wired services.

Our discussion leads to some of the finer points of networks, such as the SS7 evolution for call setup and teardown. However, this is only one part of what SS7 brings to the networking strategies, because we can use SS7 for all the features and functions that bring new capabilities.

The speed of fiber brings us closer to the terabit throughput. With all the emphasis on SONET and dense wave-division multiplexing (DWDM), we get the higher multiplexed rates and the benefits of different colors of light (so to speak).

We discuss a subject that normally causes even the strong of heart to shudder: the use of an analog telephone line to transmit critical data. How can we make digital data look like a voice call? What are the tools that will enable us to get the information in a usable and understandable form? This section gets quite lengthy and, from time to time, a bit technical; however, you need to understand this concept.

We also look at the demand rising for Voice over IP protocols and Voice over the Internet. Our intent is to get you talking and thinking about the services; then do more individualized research on your own.

Also the convergence of voice and data paves the way for the VoIP PBX and Voice over the LAN. See how we have attempted to simplify this form of connection. If all else fails, there is always a VoIP provider who promises the world of savings and instant connectivity. All you have to do is install their box.

Sounds lake a new form of monopoly, doesn't it? But wait for the sixth edition of this book, we are sure that the telephone companies (remember the old monopolies) still have a few tricks up their sleeves to attract you back to their services. The words are triple and quadruple play (voice, data, video, and IM) as the carriers offer you the old network in a new way!

After all this discussion of the wired network solutions, we then take a different approach. This is a discussion of connectivity without wires. We look at cellular communications and personal communications. The world is heading for an unconnected mode. Wireless voice and data are the rave of the industry (well almost!). Enjoy learning how the wired and wireless future will share the same trail. Discussions will also look at the third generation (3G) of wireless communications.

We hope that you are intrigued and will read on.

**CAUTION** This is not a novel; it is not intended to be read from cover to cover. So, allot some time each day and take a chapter or a group of chapters together to gain an appreciation for the overall world of telecommunications. There is no reason this book cannot give you the tools necessary to deal with the novice or pro alike. Take some time to familiarize yourself with the ideas of the book; use the examples and analogies. Enjoy the stories and heed their message.

**ONE CLOSING THOUGHT** Many of our readers have sent us messages (e-mail, voice mail, letters) stating that we were technically incorrect with some of our concepts. Upon discussing this with them, we find that we are not incorrect, but we did not provide sufficient technical or engineering specific detail for their needs or their liking. Wonderful! That is exactly what we were trying to do. Our philosophy with this book is the KISS method (keep it silly and simple). If you are looking for techno-babble as designed by propeller heads, there are many other books on the market.

If you want to learn the basics without having a degree in engineering or in techspeak, you came to the right place. Let's have some fun!

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