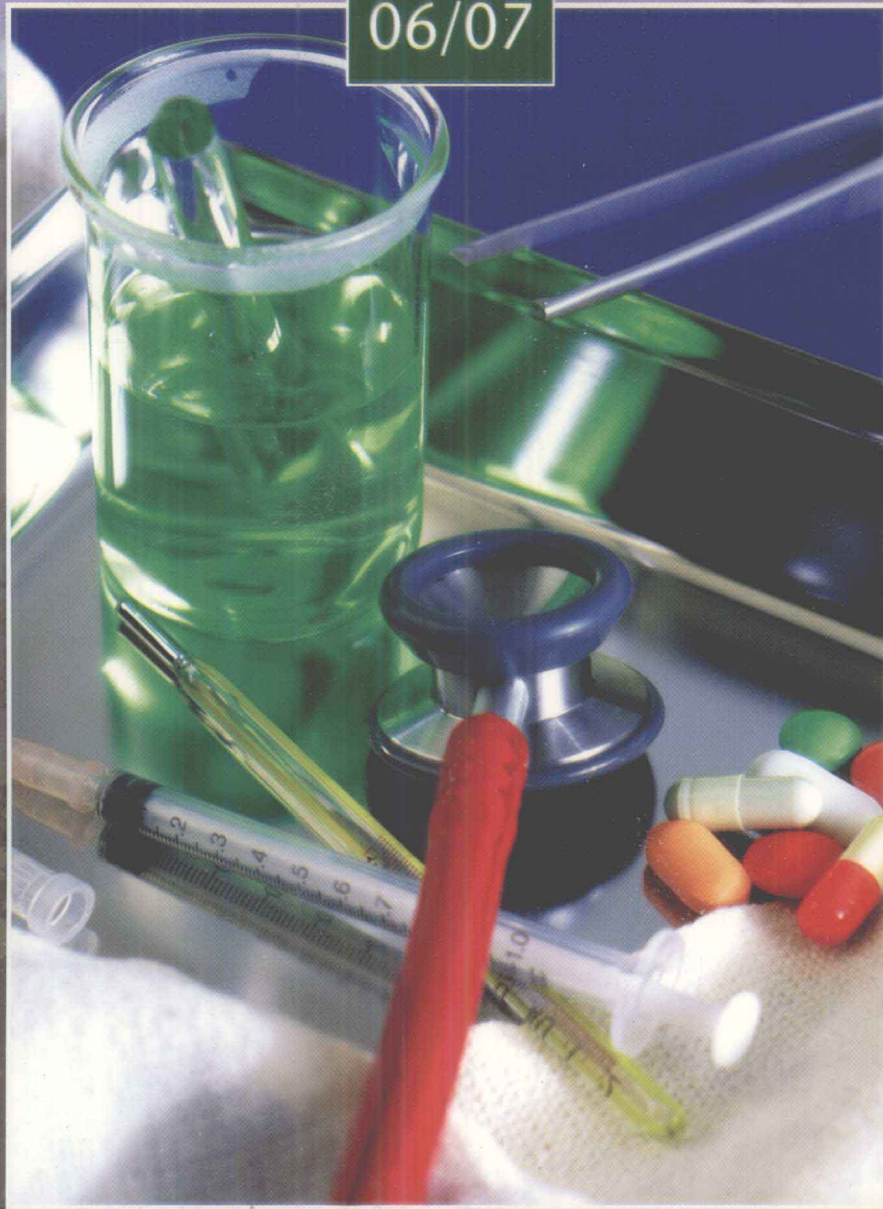


ANNUAL EDITIONS

Drugs, Society, and Behavior

06/07



A·N·N·U·A·L E·D·I·T·I·O·N·S

Drugs, Society, and Behavior

06/07

Twenty-first Edition

EDITOR

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Hugh Wilson received his Bachelor of Arts degree from California State University, Sacramento, and a Master of Arts degree in Justice Administration and a Doctorate in Public Administration from Golden Gate University in San Francisco. Dr. Wilson is currently a professor of criminal justice at California State University, Sacramento. He has taught drug abuse recognition, enforcement, and policy to police officers and students of criminal justice for more than 20 years.



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Credits

1. Living With Drugs

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2. Understanding How Drugs Work—Use, Dependency, and Addiction

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3. The Major Drugs of Use and Abuse

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4. Other Trends in Drug Use

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5. Measuring the Social Costs of Drugs

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6. Creating and Sustaining Effective Drug Control Policy

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7. Prevention, Treatment, and Education

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Twenty-first Edition

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Members of the Advisory Board are instrumental in the final selection of articles for each edition of ANNUAL EDITIONS. Their review of articles for content, level, currentness, and appropriateness provides critical direction to the editor and staff. We think that you will find their careful consideration well reflected in this volume.

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Preface

In publishing ANNUAL EDITIONS we recognize the enormous role played by the magazines, newspapers, and journals of the public press in providing current, first-rate educational information in a broad spectrum of interest areas. Many of these articles are appropriate for students, researchers, and professionals seeking accurate, current material to help bridge the gap between principles and theories and the real world. These articles, however, become more useful for study when those of lasting value are carefully collected, organized, indexed, and reproduced in a low-cost format, which provides easy and permanent access when the material is needed. That is the role played by ANNUAL EDITIONS.

It is difficult to define the framework by which Americans make decisions and develop perspectives on the use of drugs. There is no predictable expression of ideology. A wide range of individual and collective experience defines our national will toward drugs.

Despite drug prevention efforts, millions of Americans use illegal drugs on a monthly basis and over 22 million are estimated to need drug treatment. Social costs from drugs are measured in the billions. Drugs impact almost every aspect of public and private life. Drugs are the subjects of presidential elections, congressional appointments, military interventions, and athletic performance, including Major League Baseball and the Tour de France. Financial transactions from smuggling help sustain terrorist organizations. Drugs impact families, schools, health care systems, and governments in more places and in more ways than many believe imaginable.

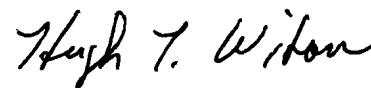
Although it takes little effort to expose evil manifested by the abuse of drugs, there are tiny victories through which harm from drug abuse can be reduced. Scientific discovery relative to creating a new understanding of the processes of addiction is one. New treatment modalities, the successful use of drug courts, and the political support to expand these concepts have reduced drug-related impacts. In 2004 the Federal Government launched a \$100 million grant program to assist individuals in obtaining treatment and recovery services, and in 2006 added another \$150.8 million. Although good evidence suggests that many of the most egregious forms of drug abuse have leveled off or been reduced, other disturbing trends, such as the non-medical use of prescription drugs and the manufacture, abuse, and trafficking of methamphetamine have emerged. Drug abuse is a multifaceted problem requiring a multifaceted response. Complacency, encouraged by positive trends, has finally been recognized as a fatal mistake.

The articles contained in *Annual Editions: Drugs, Society, and Behavior 06/07* are a collection of facts, issues, and perspectives designed to provide the reader with a framework for examining current drug-related issues. The book is designed to offer students something to think about and something with which to think. It is a unique collection of materials of interest to the casual as well as the serious student of drug-related social phenomena. Unit 1 addresses the significance that drugs have in affecting diverse aspects of American life. It emphasizes the often-overlooked reality that drugs—legal and illegal—have remained a pervasive dimension of past as well as present American history. The unit begins with an emphasis on the continuing ways that so many lives are affected by illegal drugs, crime, and violence and

continues through diverse discussions about drugs and ordinary life. Unit 2 examines the ways that drugs affect the mind and body that result in dependence and addiction. Unit 3 examines the major drugs of use and abuse, along with issues relative to understanding the individual impacts of these drugs on society. It addresses the impacts produced by the use of legal and illegal drugs and emphasizes the alarming nature of widespread methamphetamine abuse and prescription drug abuse. Unit 4 reviews the dynamic nature of drugs as it relates to changing patterns and trends of use. It gives special attention this year to drug trends among youth, including discussions of kids, drugs, and depression, and it discusses the growing number of elderly Americans who are drug dependent. Unit 5 focuses on the social costs of drug abuse and why the costs overwhelm many American institutions. It examines through personal accounts the problems of drug abuse, victimization, and chaos that disproportionately exist in the lives and families of Native American women. Unit 6 illustrates the complexity in creating and implementing drug policy such as addressing marijuana use in the United States and Canada. Unit 7 concludes the book with discussions of current strategies for preventing and treating drug abuse. Can we deter people from harming themselves with drugs, and can we cure people addicted to drugs? What does work and what does not? Special attention is given to programs that address at risk youth and programs that increase criminal offender rehabilitation and reduce recidivism.

Annual Editions: Drugs, Society, and Behavior 06/07 contains a number of features that are designed to make the volume "user friendly." These include a *table of contents* with abstracts that summarize each article and key concepts in boldface, a *topic guide* to help locate articles on specific individuals or subjects, *World Wide Web links* that can be used to further explore the topics, and a comprehensive *Index*.

We encourage your comments and criticisms on the articles provided and kindly ask for your review on the postage-paid rating form at the end of the book.



Hugh T. Wilson
Editor

Topic Guide

This topic guide suggests how the selections in this book relate to the subjects covered in your course. You may want to use the topics listed on these pages to search the Web more easily.

On the following pages a number of Web sites have been gathered specifically for this book. They are arranged to reflect the units of this *Annual Edition*. You can link to these sites by going to the student online support site at <http://www.mhcls.com/online/>.

ALL THE ARTICLES THAT RELATE TO EACH TOPIC ARE LISTED BELOW THE BOLD-FACED TERM.

Addiction

1. America's Most Dangerous Drug
8. Could You Get Hooked on These Pills?
10. Methamphetamine Across America: Misconceptions, Realities and Solutions
11. Predicting Addiction
12. Building Better Medicines
13. The DEVIL Gives You the First Time for Free
14. An Addict's Confession
15. Can Alcoholism be Treated?
16. The Surprising Truth About Addiction
17. Toxic Breaths
18. Sloshed!
24. Helping Students Stay Clean and Sober
35. Facing the Uncertain Twilight
38. My Spirit Lives
52. Alcohol and Other Drug Addictions Among Native Americans: The Movement Toward Tribal-Centric Treatment Programs
53. New Hope for Addicts?

Alcohol

13. The DEVIL Gives You the First Time for Free
15. Can Alcoholism be Treated?
18. Sloshed!
24. Helping Students Stay Clean and Sober
25. Alcohol and Public Health
31. Lots of Kids Drink...
38. My Spirit Lives
53. New Hope for Addicts?

Amphetamines

1. America's Most Dangerous Drug
9. Ritalin in Schools: A Tool to Compensate for Insufficient Educational Resources?
10. Methamphetamine Across America: Misconceptions, Realities and Solutions
22. Party, Play- and Pay
28. Homing in on Drug Use
37. Police Urge Speedy Action to Clean Up Home Drug Factories
39. Drug-Endangered Children

Cocaine

2. The Killers Next Door
3. The Numbers Game: Let's All Guess the Size of the Illegal Drug Industry!
20. Drug Trafficking: The Price of Powder

College

4. The Rat
13. The DEVIL Gives You the First Time for Free
24. Helping Students Stay Clean and Sober
28. Homing in on Drug Use
34. Letter to the Editor: 3, 4-Methylenedioxymethamphetamine (Ecstasy) and Symptoms of Depression in the Collegiate Population

Depression

7. Altered States
13. The DEVIL Gives You the First Time for Free
29. The Pill Paradox
30. Teens, Drugs, and Sadness

Designer drugs

17. Toxic Breaths
32. Toxic Strength
34. Letter to the Editor: 3, 4-Methylenedioxymethamphetamine (Ecstasy) and Symptoms of Depression in the Collegiate Population

Drug economy

1. America's Most Dangerous Drug
2. The Killers Next Door
4. The Rat
6. Good Pill, Bad Pill: Science Makes it Hard to Decipher
20. Drug Trafficking: The Price of Powder
26. Smoke Gets in Your Eyes
42. Cigarette Trafficking: Expanding Criminal Activity Attracts Law Enforcement Attention

Epidemiology

1. America's Most Dangerous Drug
2. The Killers Next Door

3. The Numbers Game: Let's All Guess the Size of the Illegal Drug Industry!
8. Could You Get Hooked on These Pills?
9. Ritalin in Schools: A Tool to Compensate for Insufficient Educational Resources?
10. Methamphetamine Across America: Misconceptions, Realities and Solutions
11. Predicting Addiction
15. Can Alcoholism be Treated?
16. The Surprising Truth About Addiction
17. Toxic Breaths
20. Drug Trafficking: The Price of Powder
22. Party, Play- and Pay
26. Smoke Gets in Your Eyes
28. Homing in on Drug Use
30. Teens, Drugs, and Sadness
31. Lots of Kids Drink...
35. Facing the Uncertain Twilight
38. My Spirit Lives
39. Drug-Endangered Children
47. Flying Blind on Drug Control Policy
49. How One School System Took on Steroids

Etiology

3. The Numbers Game: Let's All Guess the Size of the Illegal Drug Industry!
5. Protect Yourself from Drug Dangers
6. Good Pill, Bad Pill: Science Makes it Hard to Decipher
7. Altered States
8. Could You Get Hooked on These Pills?
9. Ritalin in Schools: A Tool to Compensate for Insufficient Educational Resources?
10. Methamphetamine Across America: Misconceptions, Realities and Solutions
11. Predicting Addiction
12. Building Better Medicines
17. Toxic Breaths
22. Party, Play- and Pay
30. Teens, Drugs, and Sadness
31. Lots of Kids Drink...
38. My Spirit Lives

Gender

1. America's Most Dangerous Drug
8. Could You Get Hooked on These Pills?

Heroin

13. The DEVIL Gives You the First Time for Free

Law enforcement

1. America's Most Dangerous Drug

2. The Killers Next Door
3. The Numbers Game: Let's All Guess the Size of the Illegal Drug Industry!
4. The Rat
20. Drug Trafficking: The Price of Powder
36. Prescription for Crime
37. Police Urge Speedy Action to Clean Up Home Drug Factories
42. Cigarette Trafficking: Expanding Criminal Activity Attracts Law Enforcement Attention
45. Is Pot Really to Blame?

Legalization

23. This Bud's for the U.S.
43. Marijuana Laws
44. State's Evidence
45. Is Pot Really to Blame?
51. No Surrender

Marijuana

23. This Bud's for the U.S.
43. Marijuana Laws
44. State's Evidence
45. Is Pot Really to Blame?

Nicotine

26. Smoke Gets in Your Eyes
42. Cigarette Trafficking: Expanding Criminal Activity Attracts Law Enforcement Attention
55. Snuffing the Desire: Natural Ways to Curb Smoking

Over-the-counter drugs

5. Protect Yourself from Drug Dangers
6. Good Pill, Bad Pill: Science Makes it Hard to Decipher

Policy

1. America's Most Dangerous Drug
8. Could You Get Hooked on These Pills?
10. Methamphetamine Across America: Misconceptions, Realities and Solutions
19. A New Battlefield in the War on Drugs
23. This Bud's for the U.S.
39. Drug-Endangered Children
43. Marijuana Laws
44. State's Evidence
45. Is Pot Really to Blame?
47. Flying Blind on Drug Control Policy
48. Are Drug Sweeps in Public Schools Legal?
49. How One School System Took on Steroids
50. Street Smarts
51. No Surrender

56. Just Say No Again: The Old Failures of New and Improved Anti-Drug Education

Prescription drugs

5. Protect Yourself from Drug Dangers
6. Good Pill, Bad Pill: Science Makes it Hard to Decipher
7. Altered States
8. Could You Get Hooked on These Pills?
9. Ritalin in Schools: A Tool to Compensate for Insufficient Educational Resources?
16. The Surprising Truth About Addiction
19. A New Battlefield in the War on Drugs
28. Homing in on Drug Use
29. The Pill Paradox
33. The Other Performance-Enhancing Drugs
35. Facing the Uncertain Twilight
36. Prescription for Crime

Prevention

5. Protect Yourself from Drug Dangers
8. Could You Get Hooked on These Pills?
9. Ritalin in Schools: A Tool to Compensate for Insufficient Educational Resources?
17. Toxic Breaths
18. Sloshed!
28. Homing in on Drug Use
30. Teens, Drugs, and Sadness
54. What Works With At-Risk Youths
55. Snuffing the Desire: Natural Ways to Curb Smoking
56. Just Say No Again: The Old Failures of New and Improved Anti-Drug Education

Prison

1. America's Most Dangerous Drug
4. The Rat
54. What Works With At-Risk Youths
57. No Longer Theory: Correctional Practices That Work
58. Exercise and Drug Detoxification

Race

1. America's Most Dangerous Drug

Research

5. Protect Yourself from Drug Dangers
6. Good Pill, Bad Pill: Science Makes it Hard to Decipher
11. Predicting Addiction
12. Building Better Medicines
34. Letter to the Editor: 3, 4-Methylenedioxymethamphetamine (Ecstasy) and Symptoms of Depression in the Collegiate Population
35. Facing the Uncertain Twilight
47. Flying Blind on Drug Control Policy
57. No Longer Theory: Correctional Practices That Work

Treatment

1. America's Most Dangerous Drug
13. The DEVIL Gives You the First Time for Free
14. An Addict's Confession
15. Can Alcoholism be Treated?
16. The Surprising Truth About Addiction
52. Alcohol and Other Drug Addictions Among Native Americans: The Movement Toward Tribal-Centric Treatment Programs
53. New Hope for Addicts?
58. Exercise and Drug Detoxification

Internet References

The following internet sites have been carefully researched and selected to support the articles found in this reader. The easiest way to access these selected sites is to go to our student online support site at <http://www.mhcls.com/online/>.

AE: Drugs, Society, and Behavior 06/07

The following sites were available at the time of publication. Visit our Web site—we update our student online support site regularly to reflect any changes.

General Sources

Alcohol and Drug Links

<http://www.realsolutions.org/druglink.htm>

This set of Internet links provides information on Alcohol and Drug Use and Abuse. These links have been gathered by Real Solutions, a nonprofit organization dedicated to the needs of family and community.

Higher Education Center for Alcohol and Other Drug Prevention

<http://www.edc.org/hec/>

The U.S. Department of Education established the Higher Education Center for Alcohol and Other Drug Prevention to provide nationwide support for campus alcohol and other drug prevention efforts. The Center is working with colleges, universities, and preparatory schools throughout the country to develop strategies for changing campus culture, to foster environments that promote healthy lifestyles, and to prevent illegal alcohol and other drug use among students.

Narconon

<http://www.youthaddiction.com/>

This site contains drug information, information on addiction, rehab information, online consultations, and other related resources.

National Clearinghouse for Alcohol and Drug Information

<http://www.health.org>

This site provides information to teens about the problems and ramifications of drug use and abuse. There are numerous links to drug-related informational sites.

NSW Office of Drug Policy Home Page

<http://www.druginfo.nsw.gov.au/>

This is an Australia government based website with a great deal of drug related information. The site includes information about: illicit drugs (Amphetamines, Pseudoephedrine, GHB, Heroin, Ketamine, Rohypnol, Marijuana, Paramethoxyamphetamines [PMA], Steroids, Cocaine, Hallucinogens, Inhalants, Ecstasy, Ritalin, and Psychostimulants), Information and resources, Treatment services, Law and Justice, Illicit Drug Diversion, and Medical Cannabis. It also includes statistics on drug use in Australia.

ONDCP (National of Drug control policy)

<http://www.whitehousedrugpolicy.gov/>

This Site contains a vast amount of drug related information, resources and links. Included is information about drug policy, drug facts, publications, related links, prevention, treatment, science and technology, enforcement, state and local along with international facts, and policies, and programs. The site is easy to use and understand.

US Department of Health and Human Services

<http://www.health.org/research/>

This site contains links, and resources on various topics that include, but are not limited to: Substance Abuse and Mental Health Data Archive, OAS Short Reports (on such drugs as marijuana, crack cocaine, inhalants, club drugs, heroin, alcohol, and tobacco). Also included are government studies and an online library and databases.

UNIT 1: Living with Drugs

Freevibe Drug Facts

http://www.freevibe.com/Drug_Facts/why_drugs.asp#1

This website contains information on Drug Facts with links on: drug information, why people take drugs, the physical effects and drug related behavior, drug recognition, and discussions of addiction. The site also includes personal accounts by addicts.

National Council on Alcoholism and Drug Dependence, Inc.

<http://www.ncadd.org>

According to its Web site, The National Council on Alcoholism and Drug Dependence provides education, information, help, and hope in the fight against the chronic, and sometimes fatal, disease of alcoholism and other drug addictions.

UNIT 2: Understanding How Drugs Work—Use, Dependency, and Addiction

APA Help Center from the American Psychological Association

<http://www.apahelpcenter.org/articles/article.php?id=45>

This site is a good resource with several articles and information mostly on alcohol.

British Broadcasting Company Understanding Drugs

http://www.bbc.co.uk/health/conditions/mental_health/drugs_use.shtml

This is a good reference for information about drug use, addiction, and dependence. Includes links.

Centre for Addiction and Mental Health (CAMH)

<http://www.camh.net>

One of the largest addictions facilities in Canada, CAMH advances an understanding of addiction and translates this knowledge into resources that can be used to prevent problems and to provide effective treatments.

Dealing with Addictions

http://kidshealth.org/teen/your_mind/problems/addictions.html

This site contains information on addictions, and includes a quiz on substance abuse. There are categories for: Your Mind, Your Body, Sexual Health, Food and Fitness, Drugs and Alcohol, Diseases and Conditions, Infections, School and Jobs, Staying Safe, and questions and answers. Much of this site is available in Spanish.

Drugs and the Body: How Drugs Work

<http://www.doitnow.org/pdfs/223.pdf>

This site pinpoints some basic but critical points in a straightforward manner. It explains how drugs can be administered, the

www.mhcls.com/online/

processes through the body, effects, changes over time. Included are drug related information resources and links.

The National Center on Addiction and Substance Abuse at Columbia University

<http://www.casacolumbia.org>

The National Center on Addiction and Substance Abuse at Columbia University is a unique think/action tank that brings together all of the professional disciplines (health policy, medicine and nursing, communications, economics, sociology and anthropology, law and law enforcement, business, religion, and education) needed to study and combat all forms of substance abuse—illegal drugs, pills, alcohol, and tobacco—as they affect all aspects of society.

National Institute on Drug Abuse (NIDA)

<http://www.nida.nih.gov>

NIDA's mission is to lead the nation in bringing the power of science to bear on drug abuse and addiction.

Public Agenda

http://www.publicagenda.org/issues/frontdoor.cfm?issue_type=illegal_drugs

A guide on illegal drugs has links that include: understanding the issues, public opinions, and additional resources. Includes several links for each of these groups.

Understanding Addiction- Regret, Addiction and Death

<http://teenadvice.about.com/library/weekly/aa011501a.htm>

This site has several resources and articles related to drug use by young persons.

UNIT 3: The Major Drugs of Use and Abuse

University of Rochester

<http://www.rochester.edu/uhs/healthpromotion/Alcohol/abuse.html>

This gives an overview of Alcohol use and abuse. This site focuses on alcohol.

The American Journal of Psychiatry

<http://ajp.psychiatryonline.org/cgi/content/abstract/155/8/1016>

This site contains a study on female twins and cannabis.

QuitNet

<http://www.quitnet.org>

The QuitNet helps smokers control their nicotine addiction. This site operates in association with the Boston University School of Public Health.

UNIT 4: Other Trends in Drug Use

Drug Story.org

http://www.drugstory.org/drug_stats/druguse_stats.asp

This site contains lots of information - "Hard Facts, Real Stories, Informed Experts"; information on drugs and their effects. Also covered are prevention and treatment, drugs and crime, drug trafficking, drug use statistics, costs of drugs, and subtopics including: healthcare costs, loss of productivity in the workplace, and crime statistics.

Marijuana as a Medicine

<http://mojo.calyx.net/~olsen/>

This site promotes the concept of marijuana as medicine. This is a controversial issue that has been in the news quite a bit over the past few years. At this site, you will find numerous links to other sites that support this idea, as well as information developed specifically for this site.

Medical Use of Cannabis

http://www.drugscience.org/pfa/pfa_use_abuse.htm

Focuses on use and abuse of marijuana, and includes other related material. Resources on medical marijuana. Is a pro-medical marijuana site.

Prescriptions Drug Use and Abuse

http://www.fda.gov/fdac/features/2001/501_drug.html

This site contains lots of resources and links related to prescription drug use and abuse.

SAMHSA

<http://www.drugabusestatistics.samhsa.gov/trends.htm>

This link is to the office of applied studies, where you can link to numerous drug related resources. It includes the latest and most comprehensive drug survey information in the U.S.

UNIT 5: Measuring the Social Costs of Drugs

BMJ.com a publishing group

<http://bmj.bmjournals.com/cgi/content/abridged/326/7383/242/a>

This is an intriguing report related to the social costs of smoking. It includes numerous links.

Drug Enforcement Administration

<http://www.usdoj.gov/dea/>

The mission of the Drug Enforcement Administration is to enforce the controlled substances laws and regulations of the United States.

National Drug Control Policy

http://www.ncjrs.org/ondcppubs/publications/policy/ndcs00/chap2_10.html

This site contains information about the consequences of illegal drug use including: economic loss, drug related death, drug related medical emergencies, spreading of infectious diseases, homelessness, and drug use in the workplace.

The November Coalition

<http://www.november.org>

The November Coalition is a growing body of citizens whose lives have been gravely affected by the present drug policy. This group represents convicted prisoners, their loved ones, and others who believe that U.S. drug policies are unfair and unjust.

TRAC DEA Site

<http://trac.syr.edu/tracdea/index.html>

The Transactional Records Access Clearinghouse (TRAC) is a data gathering, data research, and data distribution organization associated with Syracuse University. According to its Web site, the purpose of TRAC is to provide the American people—and institutions of oversight such as Congress, news organizations, public interest groups, businesses, scholars, and lawyers—with comprehensive information about the activities of federal enforcement and regulatory agencies and the communities in which they take place.

United Nations Chronicle - online edition

<http://www.un.org/Pubs/chronicle/1998/issue2/0298p7.html>

This site contains information about the global nature of drugs.

UNIT 6: Creating and Sustaining Effective Drug Control Policy

DrugText

<http://www.drugtext.org>

The DrugText library consists of individual drug-related libraries with independent search capabilities.

Effective Drug Policy: Why journey's end is legalisations

<http://www.drugscope.org.uk/wip/23/pdfs/journey.pdf>

This site contains the Drug scope policy and public affairs in the United Kingdom.

The Higher Education Center for Alcohol and Other Drug Prevention

<http://www.edc.org/hec/pubs/policy.htm>

"Setting and Improving Policies for Reducing Alcohol and Other Drug Problems on Campus: A Guide for School Administrators."

The National Organization on Fetal Alcohol Syndrome (NOFAS)

<http://www.nofas.org>

NOFAS is a nonprofit organization founded in 1990 dedicated to eliminating birth defects caused by alcohol consumption during pregnancy and improving the quality of life for those individuals and families affected. NOFAS is the only national organization focusing solely on fetal alcohol syndrome (FAS), the leading known cause of mental retardation.

National NORML Homepage

<http://www.norml.org/>

This is the home page for the National Organization for the Reform of Marijuana Laws.

UNIT 7: Prevention, Treatment, and Education

The Drug Reform Coordination Network (DRC)

<http://www.drcnet.org>

According to its home page, the DRC Network is committed to reforming current drug laws in the United States.

Drug Watch International

<http://www.drugwatch.org>

Drug Watch International is a volunteer nonprofit information network and advocacy organization that promotes the creation of healthy drug-free cultures in the world and opposes the legalization of drugs. The organization upholds a comprehensive approach to drug issues involving prevention, education, intervention/treatment, and law enforcement/interdiction.

United Nations International Drug Control Program (UNDCP)

<http://www.undcp.org>

The mission of UNDCP is to work with the nations and the people of the world to tackle the global drug problem and its consequences.

Marijuana Policy Project

<http://www.mpp.org>

The purpose of the Marijuana Policy Project is to develop and promote policies to minimize the harm associated with marijuana.

Office of National Drug Control Policy (ONDCP)

<http://www.whitehousedrugpolicy.gov>

The principal purpose of ONDCP is to establish policies, priorities, and objectives for the nation's drug control program, the goals of which are to reduce illicit drug use, manufacturing, and trafficking; drug-related crime and violence; and drug-related health consequences.

D.A.R.E.

<http://www.dare-america.com>

This year 33 million schoolchildren around the world—25 million in the United States—will benefit from D.A.R.E. (Drug Abuse Resistance Education), the highly acclaimed program that gives kids the skills they need to avoid involvement in drugs, gangs, or violence. D.A.R.E. was founded in 1983 in Los Angeles.

Hazelden

<http://www.hazelden.org>

Hazelden is a nonprofit organization providing high quality, affordable rehabilitation, education, prevention, and professional services and publications in chemical dependency and related disorders.

KCI (Koch Crime Institute) The Anit-Meth Site

http://www.kci.org/meth_info/faq_meth.htm

This site contains Frequently Asked Questions on Methamphetamine. Very interesting.

We highly recommend that you review our Web site for expanded information and our other product lines. We are continually updating and adding links to our Web site in order to offer you the most usable and useful information that will support and expand the value of your Annual Editions. You can reach us at: <http://www.mhcls.com/annualeditions/>.

UNIT 1

Living with Drugs

Unit Selections

1. **America's Most Dangerous Drug**, David J. Jefferson
2. **The Killers Next Door**, Tim Padgett
3. **The Numbers Game: Let's All Guess the Size of the Illegal Drug Industry!**, Francisco E. Thoumi
4. **The Rat**, Peter Wilkinson
5. **Protect Yourself from Drug Dangers**, Consumer Reports on Health
6. **Good Pill, Bad Pill: Science Makes it Hard to Decipher**, Gina Kolata
7. **Altered States**, Gordon Marino
8. **Could You Get Hooked on These Pills?**, Lynn Harris
9. **Ritalin in Schools: A Tool to Compensate for Insufficient Educational Resources?**, Wendy Roberts
10. **Methamphetamine Across America: Misconceptions, Realities and Solutions**, Carol L. Falkowski

Key Points to Consider

- Why is history important when attempting to understand contemporary drug-related events?
- How does the American response to drug-related issues compare to that which occurs in other countries?
- What role do the media play in American society's perception of drug-related events?
- How have national crises such as the war in Iraq and hurricanes Katrina and Rita influenced thinking about drugs?
- What important drug-related issues do you believe the American public to be uninformed about?

Student Website

www.mhcls.com/online

Internet References

Further information regarding these websites may be found in this book's preface or online.

Freevibe Drug Facts

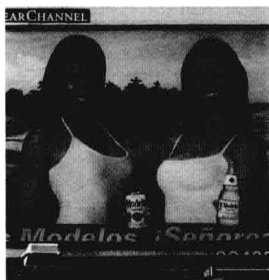
http://www.freevibe.com/Drug_Facts/why_drugs.asp#1

National Council on Alcoholism and Drug Dependence, Inc.

<http://www.ncadd.org>

Contents

Preface	iv
Topic Guide	xii
Internet References	xv



UNIT 1 Living with Drugs

Unit Overview	xvlii
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- 1. America's Most Dangerous Drug**, David J. Jefferson, *Newsweek*, August 8, 2005
It creates a potent, long-lasting high—until the user crashes and, too often, literally burns. Discussed in the article is ***how meth quietly marched across the country*** and up the socioeconomic ladder—and the wreckage it leaves in its wake. Are the Feds doing all they can to contain this epidemic?

3
- 2. The Killers Next Door**, Tim Padgett, *Time*, April 18, 2005
Violent urban legends have always surrounded Mexican drug traffickers, but few have acquired such a reputation for viciousness as Heriberto Lazcano. For residents of Mexican and American border towns, ***living with drugs means almost daily reports of brutal violence.***

8
- 3. The Numbers Game: Let's All Guess the Size of the Illegal Drug Industry!**, Francisco E. Thoumi, *Journal of Drug Issues*, Winter 2005
Drugs provide Colombia's biggest source of foreign income, nearly 36 percent of its gross national product. ***Narco-trafficking moves between 20 and 30 percent of the world economy.*** The biggest buyer of this product is still the U.S. as we remain inextricably connected to the illegal drug trade.

10
- 4. The Rat**, Peter Wilkinson, *Rolling Stone*, February 10, 2005
Joe Clarke lived undercover for two decades as the top snitch in the government's war on drugs. Now the Feds won't touch him, and the Hell's Angels want him dead. One man's story of ***the reality of living with drugs.***

18
- 5. Protect Yourself from Drug Dangers**, *Consumer Reports on Health*, March 2005
Even after extensive research, sometimes drug approval occurs before all possible risks have been determined. Post-approval monitoring is often minimal. All drugs carry risks that must be evaluated against the expected benefits. This article provides some guidelines to help ***protect you from drug dangers.***

23
- 6. Good Pill, Bad Pill: Science Makes it Hard to Decipher**, Gina Kolata, *The New York Times*, December 22, 2004
In one of the great examples of the mixed messages of science, the same study that killed the blockbuster arthritis drug Vioxx, also determined that the drug prevented pre-cancerous colon polyps in some patients. ***Is it possible to safely calculate the realities of a drug's risks and benefits?***

26
- 7. Altered States**, Gordon Marino, *Commonweal*, May 21, 2004
Some argue that in psychological healing today, patients are no longer attached to their therapists but to their medications. ***Can pills alone cure the blues?***

29
- 8. Could You Get Hooked on These Pills?**, Lynn Harris, *Glamour*, May 2005
Lynn Harris reports on the 'New Girl-Next-Door Addicts' and asks whether doctors are to blame for the disproportionate rates of ***women addicted to prescription drugs.*** This article discusses what women need to know about the drugs they use.

32

The concepts in bold italics are developed in the article. For further expansion, please refer to the Topic Guide and the Index.

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The debate about using stimulant medications such as *Ritalin to manage a child's difficult behavior* has been raging across North America for 30 years. Is it because increased class sizes cause inevitable distractions, or is it because children find it difficult to adapt to classroom routines because of their constant connection to fast moving computer games and television?

37

10. **Methamphetamine Across America: Misconceptions, Realities and Solutions**, Carol L. Falkowski, *Spectrum: The Journal of State Government*, Fall 2004

As the abuse of methamphetamine increases across the U.S., the strain on public and private resources worsens. Author Carol Falkowski suggests some solutions.

39



UNIT 2

Understanding How Drugs Work—Use, Dependency, and Addiction

Unit Overview

42

11. **Predicting Addiction**, Lisa N. Legrand, William G. Iacono, and Matt McGue, *American Scientist*, March–April 2005

The science of behavioral genetics has used twins and time to decipher the *origins of addiction* to help learn who is most vulnerable. Some markers of risk are analyzed.

45

12. **Building Better Medicines**, David Golan, M.D., *Newsweek Special Issue*, Summer 2005

With the human genome mapped, a new era in medicine is underway. Fast and powerful ways are transforming how drugs are discovered and developed. Some believe that this new science may initiate a golden age of drug discovery. What are the implications of these *discoveries for understanding addiction*?

50

13. **The DEVIL Gives You the First Time for Free**, Mike Sager, *Esquire*, April 2005

Over the last decade, Scott Weiland established himself as the quintessential junkie rock star. Now 37, he has to his credit several platinum albums, five drug arrests, six months in jail, and uncountable attempts at rehab—think Kurt Cobain minus the shotgun. The *biography of an addict*.

53

14. **An Addict's Confession**, Bob Ramsay, *Maclean's*, July 12, 2004

Bob Ramsay, a Toronto communications specialist, was beyond treating his own addiction when friends stepped in. This article provides some *good advice for helping dependent friends* who can't help themselves.

59

15. **Can Alcoholism be Treated?**, Catherine Arnst, *BusinessWeek*, April 11, 2005

Dr. Oliver Ameisen, a 51-year old cardiologist, is an alcoholic. After numerous hospitalizations, years of failed rehabs, and thousands of AA meetings, Dr. Ameisen began a scientific search he hoped would save his life. New research confirms *how difficult recovery is and how medications may help addicts*.

61

16. **The Surprising Truth About Addiction**, Stanton Peele, *Psychology Today*, May/June 2004

More people quit addictions than maintain them, and they do so on their own. This article discusses *what it takes to overcome bitter addictions*.

63



UNIT 3

The Major Drugs of Use and Abuse

Unit Overview

- | | |
|--|-----|
| | 66 |
| 17. Toxic Breaths , Shankar Vedantam, <i>The Washington Post</i> , January 31–February 6, 2005
Data shows that inhalant abuse among children is growing in all parts of the country. Experts warn that a hidden epidemic is gaining momentum across America. | 69 |
| 18. Sloshed! , Bob Drury, <i>Men's Health</i> , January/February 2005
Drinking is a buy-now, pay-later proposition. Here's how to cut your interest rate. | 71 |
| 19. A New Battlefield in the War on Drugs , Giancarlo Barolat, <i>USA Today</i> , March 2005
Some lawmakers are waging a drug war against abusers of prescription painkillers ; but are they fighting for an unjust cause? For those with chronic pain, prescription painkillers may provide the only opportunity to lead a normal life. | 74 |
| 20. Drug Trafficking: The Price of Powder , <i>The Economist</i> , November 27, 2004
The cheapness of illegal drugs isn't just a sign of police failure. It's also evidence that the drug business has become more competitive. Is the cocaine market opening up again? | 76 |
| 21. What You Need to Know About Club Drugs: Rave On , Keri Wachter, <i>Family Practice News</i> , November 15, 2003
In this article family practioners discuss basic observations associated with the use of popular club drugs such as Ecstasy and GHB . | 78 |
| 22. Party, Play- and Pay , David J. Jefferson, <i>Newsweek</i> , February 28, 2005
Crystal meth, multiple partners, and unprotected sex: it's a deadly mix that is stirring new fears about the spread of HIV . | 80 |
| 23. This Bud's for the U.S. , Anita Hamilton, <i>Time</i> , August 23, 2004
Are Canada's relaxed drug laws fueling a boom on marijuana exports to the United States? John Walters, White House Drug Czar, refers to it as the crack of marijuana . | 82 |
| 24. Helping Students Stay Clean and Sober , Joshua Karlin-Resnick, <i>The Chronicle of Higher Education</i> , August 13, 2004
More colleges are creating programs for students who are recovering alcoholics and drug addicts . Does 'social norm' strategy reduce drinking at colleges? | 84 |
| 25. Alcohol and Public Health , Robin Room, Thomas Babor, and Jürgen Rehm, <i>The Lancet</i> , February 5, 2005
Alcoholic beverages and the problems they produce have been recorded in societies since the beginning of human history. This article discusses alcohol in terms of three important topics. | 87 |
| 26. Smoke Gets in Your Eyes , Dinyar Godrej, <i>New Internationalist</i> , July 2004
Smoking is a no-brainer, right? Everyone knows it's a bad thing. It's just a matter of education and will-power. This article describes the dark side of a deadly industry determined to stay alive. | 99 |
| 27. Heroin Hits Small-Town America , Tim Jones, <i>Chicago Tribune</i> , May 4, 2003
This account of how the drug trade and drug addiction can destroy family life in a small Ohio town is just one snapshot of the rising tide of heroin abuse in small towns in the Midwest. Police in a 10-county area of northern Ohio blame it on proximity to larger cities. | 103 |

The concepts in bold italics are developed in the article. For further expansion, please refer to the Topic Guide and the Index.



UNIT 4

Other Trends in Drug Use

Unit Overview

106

28. **Homing in on Drug Use**, Jamie Talan, *Newsday*, April 22, 2005

Substance abuse experts are reporting the results of a new survey that one in five teenagers have misused the painkiller Vicodin, and an alarmingly high number of others have tapped the **family medicine cabinet**.

109

29. **The Pill Paradox**, Paul Raeburn, *Psychology Today*, September/October 2004

Are antidepressants killing teens or saving their lives? A father searches for answers.

111

30. **Teens, Drugs, and Sadness**, Nancy Shute, *U.S. News & World Report*, August 30, 2004

Five hundred thousand teens attempted suicide in the United States last year. Is a combination of pills and talking the best **remedy for depression**?

114

31. **Lots of Kids Drink...**, Jan Goehring, *State Legislatures*, March 2004

Is **teenage drinking** just a rite of passage in a culture where alcohol use is the norm among adults? Or is it a serious problem demanding attention? Is keeping teens away from alcohol possible?

116

32. **Toxic Strength**, Jerry Adler, *Newsweek*, December 20, 2004

The headlines about **illegal steroids** have focused on professional and Olympic athletes. The most vulnerable users, however, may be the **kids** in your neighborhood.

118

33. **The Other Performance-Enhancing Drugs**, Kendra Nichols, *The Chronicle of Higher Education*, December 17, 2004

More **college students are taking prescription drugs** like Adderall to help them study. How are colleges and universities addressing this? Several important issues are discussed.

121

34. **Letter to the Editor: 3, 4-Methylenedioxymethamphetamine (Ecstasy) and Symptoms of Depression in the Collegiate Population**, Jeremy G. Blowers, *Journal of Alcohol and Drug Education*, June 2004

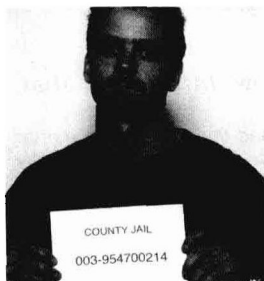
Ecstasy remains one of the most prominently used drugs by college students and young adults. This letter discusses one recent study comparing the relationship of **Ecstasy use and depression** within a collegiate population.

123

35. **Facing the Uncertain Twilight**, Michelle Boorstein, *The Washington Post National Weekly Edition*, January 31–February 6, 2005

Addicts of all ages have similar problems, but seniors have some distinguishing ones. This article discusses a growing concern about **older addicts**.

126



UNIT 5

Measuring the Social Costs of Drugs

Unit Overview

128

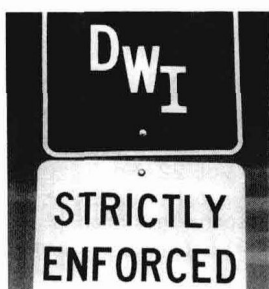
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Illegal pills have sparked a wave of thefts and criminality that rural towns just can't handle. In Tazewell County, Virginia, **oxycontin reigns as public enemy number one**.

131

The concepts in bold italics are developed in the article. For further expansion, please refer to the Topic Guide and the Index.

37. **Police Urge Speedy Action to Clean Up Home Drug Factories**, Emma Marris, *Nature*, March 10, 2005
Manufactured in homes, motels, cars, and boats, **meth and its toxic precursors** are leaving a trail of toxic waste sites across the United States. What started as a police problem is now an issue for the Environmental Protection Agency. 133
38. **My Spirit Lives**, Roxanne Chinook, *Social Justice*, Vol. 31, No. 4, 2004
This personal narrative reflects the reality of life for many contemporary Native American women: **violence, addiction, and fear**. 134
39. **Drug-Endangered Children**, Jerry Harris, *The FBI Law Enforcement Bulletin*, February 2004
The number of children in the U.S. exposed to the inherently dangerous process of manufacturing methamphetamine has increased alarmingly. This article discusses the growing problem of **children forced into association with methamphetamine**. 139
40. **FDA Was Urged to Limit Kids' Antidepressants**, Rob Waters, *The San Francisco Chronicle*, April 16, 2004
Dr. Andrew Mosholder, an epidemiologist in the Office of Drug Safety, reported that **some antidepressants doubled the risk of suicide in children**. Do physicians have the necessary information to adequately consider the risk to children when prescribing antidepressants. 142
41. **18 Months. 362 People. 3,869 Ambulance Trips. \$11.6 Million. S.F. Confronts the Human and Financial Costs of Repeatedly Sending Paramedics to Help Homeless Alcoholics**, Ilene Leichuk, *SF-GATE.com*,
This article gives an indepth look at the relationship of **substance abuse** and demographics. The costs are staggering. 144
42. **Cigarette Trafficking: Expanding Criminal Activity Attracts Law Enforcement Attention**, Jack Holleran, *Women Police*, Spring 2005
Criminals and terrorist organizations are profiting from **illegal trade in contraband cigarettes** at a great cost to society. 146



UNIT 6

Creating and Sustaining Effective Drug Control Policy

- Unit Overview 150
43. **Marijuana Laws**, Patrick Marshall, *CQ Researcher*, February 11, 2005
Angel Raich, who has a brain tumor, and Diane Monson, who suffers from chronic back pain, sued to prevent the federal government from blocking their use of marijuana. This article describes some of the issues that surround the **medical use of marijuana**. 153
44. **State's Evidence**, Will Baude, *The New Republic Online*, June 7, 2005
In response to California's **medical use of marijuana**, the Supreme Court lays down the law relative to **federal authority** over state marijuana laws. 163
45. **Is Pot Really to Blame?**, Steve Maich and Charlie Gillis, *Ma-clean's*, Vol. 118, No. 11
When four young Royal Canadian Mounties were cut down while guarding a crime scene containing a marijuana growing operation, many Canadians began to question Canada's liberal attitudes toward marijuana. **Is pot really to blame?** 165

The concepts in bold italics are developed in the article. For further expansion, please refer to the Topic Guide and the Index.