

EDUCATIONAL PSYCHOLOGY

Reflection for Action

Angela M. O'Donnell
Rutgers, The State University of New Jersey

Johnmarshall Reeve The University of Iowa

Jeffrey K. Smith
Rutgers, The State University of New Jersey



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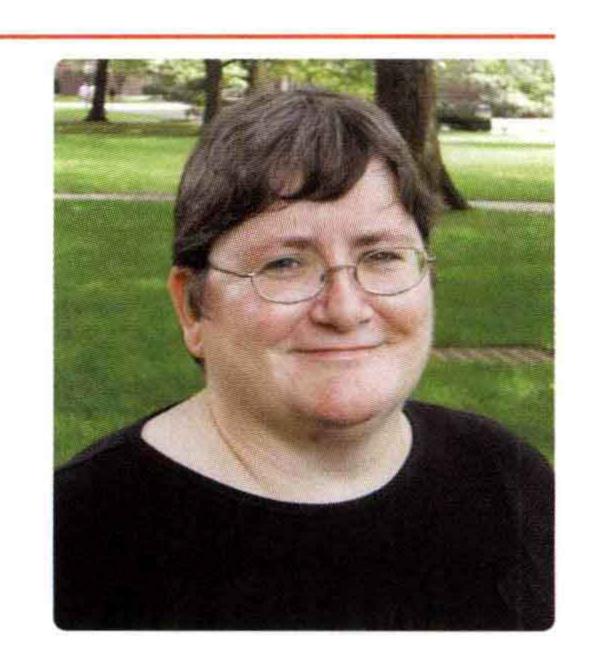
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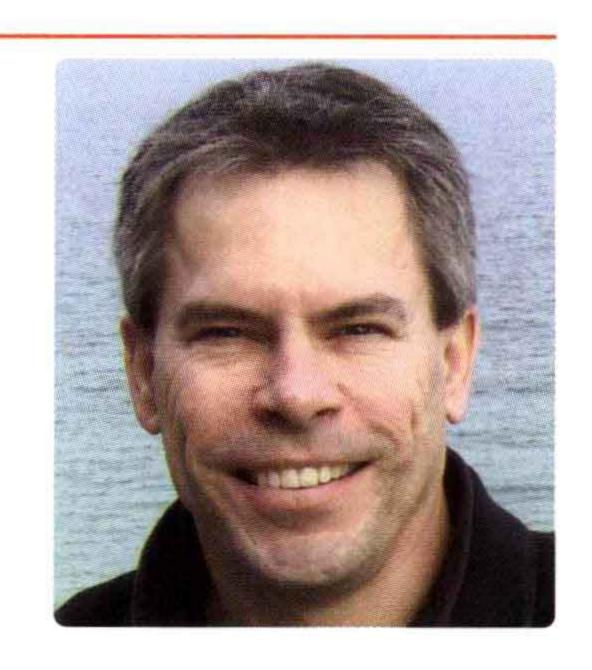
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About the Authors

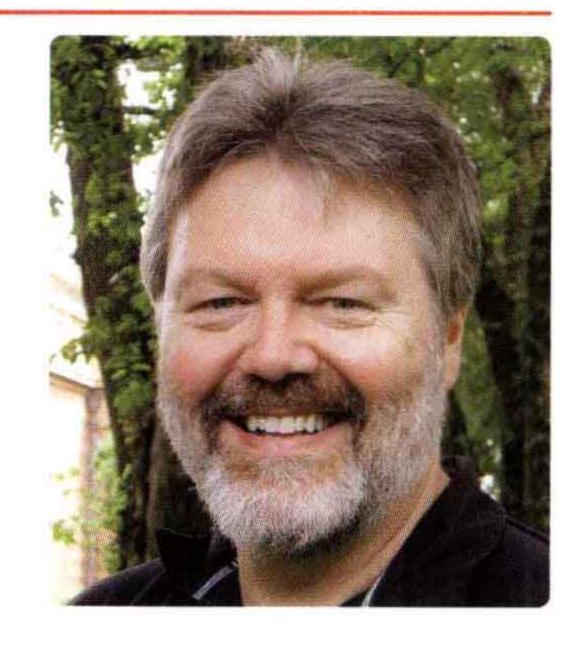
Angela M. O'Donnell is a Professor in the Department of Educational Psychology at Rutgers University. She received her PhD in Experimental Psychology from Texas Christian University and has master's degrees in both Experimental Psychology and Special Education. She is a Fellow of the American Psychological Association and is the President of Division 15 of APA. She received the Early Career Award of Division 15 in 1996 and the New Jersey Psychological Association's Distinguished Teacher Award in 2001. Professor O'Donnell serves on numerous editorial boards of journals in educational psychology. She was Secretary of Division C of the American Educational Research Association and served as Program Chair for Division C. Her research interests are in the areas of collaborative learning and learning strategies. She has published extensively on the cognitive processes involved in specific types of cooperative learning and the use of visual organizers to support cognitive processing.



Johnmarshall Reeve is a Professor in the Department of Psychological and Quantitative Foundations at the University of Iowa. He received his PhD from Texas Christian University and completed postdoctoral work at the University of Rochester. Professor Reeve's research interests center on the empirical study of all aspects of human motivation and emotion with a particular emphasis on the motivating styles teachers use in the classroom to support students' high-quality motivation and engagement. He has published two dozen articles on motivation in journals such as the Journal of Educational Psychology, Motivation and Emotion, and The Elementary School Journal. For this work, he received the Thomas N. Urban Research Award from the FINE Foundation. He has also published two books, including Understanding Motivation and Emotion and Motivating Others: Nurturing Inner Motivational Resources. He currently sits on two editorial boards and serves as the Associate Editor for Motivation and Emotion.



Jeffrey K. Smith is a Professor in the Department of Educational Psychology at Rutgers University. He received his bachelor's degree from Princeton University and his PhD from the University of Chicago. He has been a member of the faculty at Rutgers since 1976 and has served as Chair of the Department of Educational Psychology. In addition to his work at Rutgers, he served from 1988 to 2005 as Head of the Office of Research and Evaluation at The Metropolitan Museum of Art. Professor Smith's research interests include psychological factors involved in assessment, classroom assessment and grading, and the psychology of aesthetics. He has published over 50 articles and reviews in these areas and has written or edited five books. Professor Smith is the co-editor of the Bulletin of Psychology and the Arts and former editor of the journal Educational Measurement: Issues and Practice. He currently sits on the editorial board of four journals and is a former member of the National Advisory Board of Buros' Mental Measurement Yearbook. He has won awards for teaching, research, and public service.



Preface

The day-to-day work of teachers is not unlike that of researchers. Teachers ask questions that arise from experience. They frame the questions in such a way that they can gather information from research, peers, mentors, parents, and other professionals who will help them answer the question. They need to judge the *trustworthiness* of the information they gather and decide on the best answer to their questions, given the available information.

The Goal of Educational Psychology: Reflection for Action

This book will help preservice teachers develop the skills necessary to become *reflective practitioners* who can frame questions about their classrooms and use a "scientist-practitioner" approach to answer those questions. It does so by highlighting a set of guiding questions about important topics for the classroom, providing an example of a situation that provokes a question for the teacher and describing the theories and empirical findings that might be drawn on to respond to the situation. It links theories and research to practical issues in the classroom through illustrations of "what kids say or do" and through counterintuitive examples of how research contributes to answering classroom questions. Finally, the book models how theory, research findings, and other sources can be drawn upon to provide plausible answers to these questions. Students are guided through a process of reflection (summarized as the acronym RIDE) on classroom questions. This critical thinking process involves Reflection, Information Gathering, Decision Making, and Evaluation that enables students to make reflection an everyday practice.



Author Team

The three authors of this text are experts in learning, motivation, and assessment, respectively. Each of us is writing in our special area of substantial experience, providing an advantage over the typical text, in which chapters are written by a single author whose expertise most likely does not fully extend to the range of content needed in an educational psychology text.

Diversity

We have chosen to address issues of diversity as part of the various chapters and not to include a single stand-alone chapter that is typical of other texts. We believe that diversity is a consideration that runs throughout the topics that are under consideration and not a separate set of concerns. It must be valued and addressed in every aspect of the classroom teacher's activity. In addition, we believe this treatment reflects the day-to-day realities of classroom teachers, in which student diversity is increasingly common.

In Educational Psychology: Reflection for Action, we provide students with:

- 1. A clear description of the theoretical principles in psychology that have relevance for education, along with an analysis of their current research support.
- Practical guidance about how to link theory and practice in the context of classrooms.
 We illustrate the opportunities for and limits of application of theoretical principles to classroom practice.
- Learning tools to help preservice teachers develop skills they can build on throughout their teaching careers.

Content and Organization

The textbook consists of three major parts that address:

- Development and motivation
- Learning and teaching
- Assessment

These sections represent the essential content that students must know as they prepare to become teachers.

Part I: Development and Motivation

The first part of the text is concerned with how students develop and how and why they might be motivated to learn. We consider both developmental and motivational ideas here. This particular organization differs from most other texts in providing a theoretical rationale for the students' perspective in the teaching/learning process. Teachers working with children and adolescents need an understanding of both the developmental factors that underlie when students learn and the motivational issues that underlie why students learn. A chapter in this section addresses important concerns related to individual differences in learning that are particularly important because most teachers work in classrooms with students of dramatically differing ability.

Part II: Learning and Teaching

The second part is concerned with learning and teaching and the contexts in which these processes occur. Behavioral, cognitive, social constructivist, and sociocultural theories are addressed, and their implications for instruction and for learning are included. This section also includes a chapter that considers the conditions necessary in a classroom for effective learning and includes a specific chapter on using peer learning.

Part III: Assessment

The third part addresses the question, How do we know students have learned? As teachers experience an increased emphasis on statewide testing, the importance of this topic for them cannot be understated. The chapter on standardized assessment includes specific information on how to translate the results of such assessments into classroom practice.

Chapter 1: Introducing Educational Psychology and Reflective Practice

Educational psychology is the scientific study of psychology in education. Its goals are to understand learners and to promote their learning. The first part of Chapter 1 explains how a focus on these two goals helps teachers better understand all aspects of the teaching-learning process. To do so, we first identify the most pressing concerns that beginning teachers have and illustrate how beginning teachers quiet these concerns by developing teaching efficacy, teaching expertise, and reflective teaching. The second part of the chapter discusses issues of student diversity and students with special needs. The final part of the chapter addresses the role of theory and research in educational psychology.

Chapter 2: Cognitive Development

As infants grow into children and as children grow into adolescents, three interrelated developmental processes unfold: (a) brain development, (b) cognitive development, and (c) language development. Biology and maturation underlie all three developmental processes, but biology provides learners only with developmental potential. Chapter 2 identifies and discusses the school-related experiences that help learners realize their developmental potentials. Exposure to richly stimulating and complex classroom environments and exposure to teachers who guide students' learning provide the essential ingredients that enrich students' brain, cognitive, and language development.

Chapter 3: Social Development

Chapter 3 highlights the role that relationships play in students' social development, and it offers numerous illustrations as to how teachers can help students develop socially. Social development reflects the extent of a person's social competence, peer popularity, trust, initiative, competence, identity, moral development, prosocial orientation, and healthy self-concept. The extent to which students develop socially depends in part on the quality of the relationships in their lives, including the relationships they have with their teachers. The chapter identifies the aspects of a relationship that allow it to be a high-quality relationship. It also discusses specific social-developmental outcomes, aggression, and self-concept.

Chapter 4: Individual Differences among Learners

Chapter 4 is concerned with individual differences among students. The first part of the chapter focuses on intelligence or ability. It describes how the concept of intelligence evolved and introduces a number of theories of intelligence. The next part of the chapter discusses extremes of intelligence and how talent is developed. Some instructional strategies for managing variation in students' ability are then described. The second part of the chapter focuses on learners with special needs and the effects of socioeconomic status on children's success in school.

Chapter 5: Motivation to Learn

Chapter 5 defines motivation and explains how it works—where it comes from, how it changes, what it predicts, and why educators care so deeply about increasing it. This chapter explains self-efficacy, mastery motivational orientation, optimistic attributional style, hope, goal setting, achievement goals, and effective self-regulation. The chapter also explains self-doubt, helpless motivational orientation, pessimistic attributional style, lack of goals, and little capacity for self-regulation. The compound theme that runs throughout the chapter is, first, that student motivation reflects the quality of their thinking and, second, teachers can support students' motivation by helping them think in constructive ways.

Chapter 6: Engaging Students in Learning

Chapter 6 focuses on students' engagement during learning activities. We define engagement, explain why it is important, and identify sources of engagement and instructional strategies for promoting it. The chapter discusses intrinsic motivation, extrinsic rewards, and types of extrinsic motivation. We also discuss three psychological needs that create a desire to be engaged: (a) autonomy, (b) competence, and (c) relatedness. We also discuss curiosity, interest, and positive affect as ways to spark students' engagement. Finally, we explain the roots of disengagement by focusing on anxiety, self-worth protection, and self-handicapping, and we discuss ways to calm students' anxieties and fears.

Chapter 7: Behavioral Learning Theory

Chapter 7 focuses on students' behavior. We ask how students learn the behaviors, skills, and self-regulatory abilities they need to function well in school and in life. To understand how students learn such things, we first define learning and explain how it occurs. We then

introduce the basic principles of the behavioral approach to learning. These principles serve as a foundation for understanding and discussing the everyday problems that teachers face in trying to increase the frequency of desirable behaviors and decrease that of undesirable behaviors. We also describe the types of instruction that have been inspired by behavioral learning principles.

Chapter 8: Cognitive Theories of Learning

Chapter 8 focuses on the structures and processes of learning from a cognitive perspective, with special emphasis on information-processing theory. Throughout the chapter, we pay particular attention to how we can understand the needs of exceptional children from a cognitive perspective. We first describe the relationship between cognitive and constructivist theories of learning. Other sections describe the basic processes of encoding and retrieval and the limitations of various components of the information-processing system, such as working memory. Each section also includes the instructional implications of those components. The final section of the chapter addresses complex cognition.

Chapter 9: Effective Teachers and the Process of Teaching

The focus of Chapter 9 is on teachers and teaching, and on how thoughtful learning can be fostered by high-quality teaching. Teachers' knowledge of the subject matter they are teaching and their beliefs about themselves, their students, and the processes of learning and teaching have important influences on classroom practices and problems. This chapter illustrates these differences and tracks the instructional process from beginning to end, discussing planning as a key factor in good teaching, examining teacher-centered approaches to instruction, exploring particular teaching tactics to enhance students' learning, and examining the effective use of homework.

Chapter 10: Social Constructivism and Learning in Community

Chapter 10 focuses on social learning, social constructivism, and learning in community. The ability to learn from observing others is a key element of theories that emphasize the importance of the social context in which learning occurs. The chapter provides examples of instructional use of scaffolding, including the use of technology to scaffold students' learning. Examples of instruction that are influenced by social constructivist or sociocultural theories of learning are also described. The chapter describes how learning can go beyond the classroom and how teachers can take advantage of cultural institutions and other available resources.

Chapter 11: Managing Learning in Classrooms

Chapter 11 looks at the opportunities, problems, and concerns associated with creating and managing successful learning communities in classrooms. We begin with the skeleton, discussing concerns that teachers face in designing the physical environment of classrooms. Then we move into the areas that bring the bare bones to life: creating a learning community, establishing and enforcing norms and rules for behavior, and managing the multidimensional aspects of day-to-day classroom life. Teachers differ in how they answer the questions of classroom management, based on their needs and the needs of their students.

Chapter 12: Learning from Peers

Chapter 12 explains the mechanisms and processes through which peer learning can lead to the acquisition of skills and knowledge in widely differing classroom situations. Peer learning techniques are discussed in the context of both one-on-one tutoring and larger, hetero-

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geneous groups. We also consider key issues in the use of peer learning in the classroom, including the quality of students' discourse, the kinds of tasks that teachers may choose, the role of the teacher in using peer learning, peer mediation, and assessing the outcomes of peer learning.

Chapter 13: Classroom Assessment

Chapter 13 examines the critical issues of classroom assessment: purposes, assessment options, evaluation of results, and the relationship between assessment and instruction. Classroom assessments can let students understand what the teacher thinks is of value in the class and how they are progressing. They let teachers learn how well students are doing in the class. They can also let teachers learn about the efficacy of their teaching. Carefully considered and well-constructed assessments promote the notion that classroom assessment is not just assessment *of* learning; it is assessment *for* learning.

Chapter 14: Standardized and Standards-Based Assessments

In Chapter 14, standardized and standards-based assessments are described. We examine what these tests are, what they are used for, and how they are developed. A variety of different types of standardized tests are described. We also explore the history of such tests and how to understand and interpret the scores, as well as issues related to interpreting scores for students with limited English proficiency or students with special needs. Finally, we consider controversies associated with standardized testing, such as bias in testing and high-stakes testing.

Learning Tools: A Look inside the Chapters

To help meet the needs of preservice teachers taking this course, we have included the following pedagogical features in each chapter.

Understanding the Context

Reflection for Action B I D E

The opening of each chapter contains an example of a teaching and learning setting, either in the form of actual work or a description of a classroom situation (see the next page for an example). It provides the basis for the students to engage in Reflection for Action that helps students develop the ability to reflect critically on their work, removed from the immediacy of the particular situation.

The sample of classroom life presented in the opening is referred to throughout the chapter, encouraging students to use what appears in that section of the chapter to think about the opening segment.

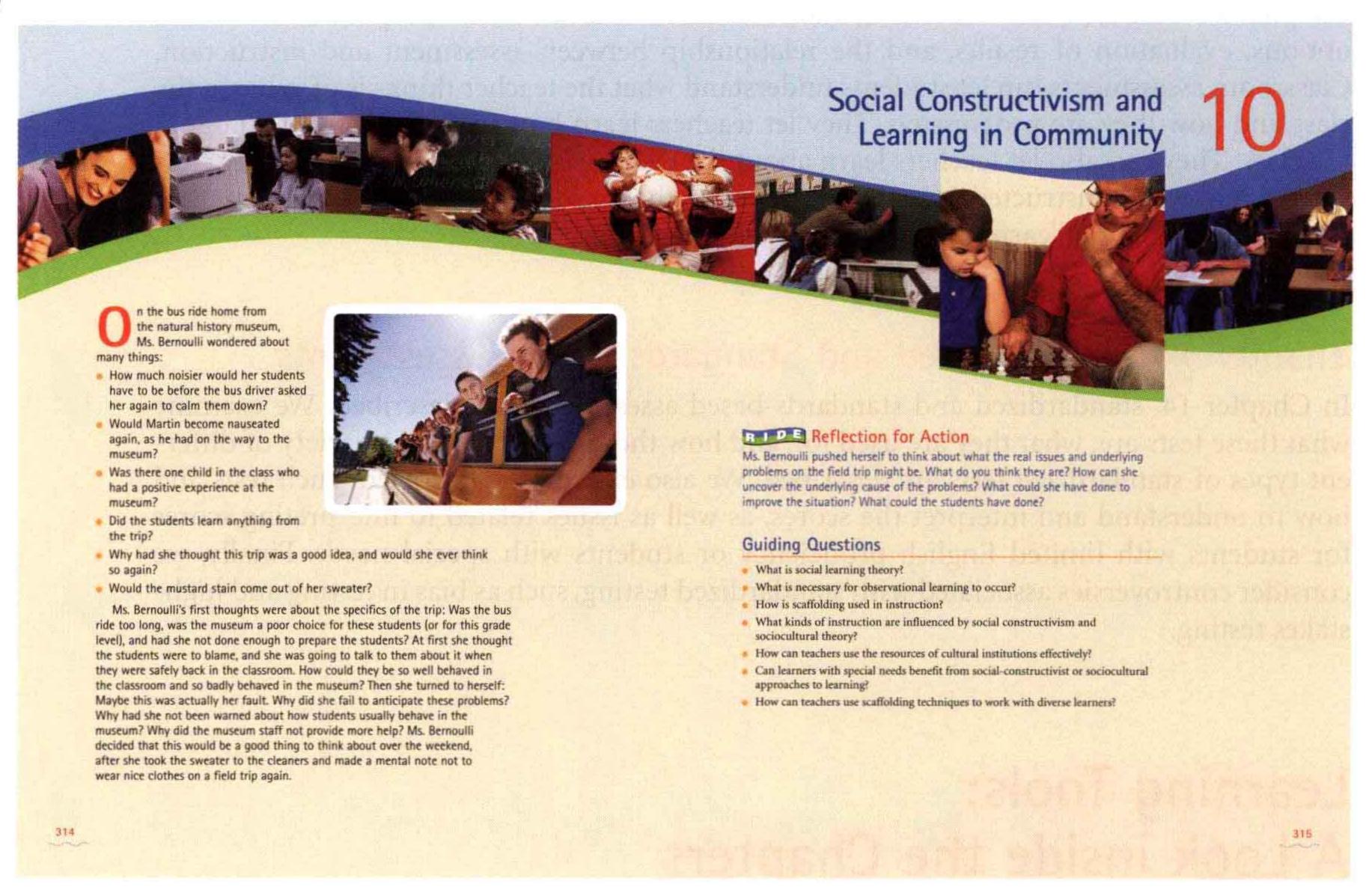
At the end of each chapter, a more structured and fully realized analysis is presented to students to think through the problem in a systematic and scholarly fashion (see below for description).

Each invitation for students to engage in reflection for action is denoted in the text with the icon shown here:

Guiding Questions

Following the Reflection for Action piece, we present a set of guiding questions. These questions form the utility basis for what is to be presented in the chapter, because they tie important classroom issues that will resonate with students to the theories and empirical findings presented in the chapter.

Example: Chapter 10



Learning the Material

What Kids Say and Do

Samples of children's work or conversation serve as a watershed between theory and practice and a venue for their integration. Teachers depend on students' work to reason about students' achievement and progress, and the availability of such work can be an important contribution to preservice teacher development.

Example: Chapter 3

What Kids Say and Do

Three Students' Answers to "Who Am I?" Mark: Julie: Latisha: 6-year-old 9-year-old 16-year-old first grader fourth grader high school student My name is Mark. I am a human being. My name is Julie. I have brown eyes. I am a girl. I am a girl. I have brown hair. I am ambitious. I am friendly. I am a truthful person. am liberal. am 6. I am tall. I am a Libra. I am always nervous. am a very good pianist. I am sometimes shy. I am a boy. I am a student. am Methodist. I have some problems but can handle them. I am a fast runner. I am friendly. I am moody.

Uncommon Sense

Situations and/or conclusions that are frequently believed by preservice teachers but that are not supported by research are presented for discussion. As an example, students believe that positive reinforcement is always a good practice but are surprised to find that incidents of poor behavior increase in classrooms in which positive reinforcement is provided for good behavior and bad behavior is always ignored. This feature attempts to make students aware of their own misconceptions about predicting and explaining behavior.

Uncommon Sense Mistakes Are Bad—Or Are They?

The British comedian and comic actor John Cleese of *Monty Python* fame has also starred in a film used in management courses about making mistakes. In the film, Cleese argues that mistakes are wonderful things because they let us know that we are off course in a certain endeavor and need to get back on course. Students' mistakes on assessments can be viewed in the same fashion. An incorrect solution to a mathematics problem is a message from a student. It says, "I'm not really sure how to work these problems, and here is the nature of the difficulty I'm having." This is a golden opportunity to intervene and provide the kind of feedback that will move the student from not knowing to knowing.

Sometimes all the teacher needs to do is let the student know an answer is wrong; the student may not have realized it. In other situations, a simple corrective suggestion is appropriate. This is particularly true in marking essays. Teachers are not the editors of student work; teachers provide feedback to make students better writers. The best comment on an essay may be something such as, "There are four grammatical errors on this page; find them and correct them." In still other situations, the teacher can point out that the student's solution leads to a logical inconsistency or is an unreasonable possibility (e.g., "But if Ed is 6 times as old as Mary, and according to your answer Mary is 34, how old would that make Ed?").

Wrong answers are a window into the student's cognitive processes. Take a look in.

Example: Chapter 13

Taking It to the Classroom

Guidelines for practical issues in classrooms appear throughout each chapter. The vast majority of students who take educational psychology plan to be teachers. How-to guidelines will help preservice teachers link the theoretical principles they read about in the text to appropriate solutions to classroom problems they will soon face in the classroom. These guidelines will also function as a useful reference when readers engage in their student teaching experiences.

Taking It to the Classroom Marking Student Papers: Being Objective, Specific, and Growth-Oriented Less desirable comments More desirable comments A lot of errors in this area. See whether you can find four grammatical errors in this section and correct them. This paragraph is poorly worded and unclear. think this paragraph makes the reader work too hard. See whether you can tighten it. This is hardly your best work. This looks a little hurried. It doesn't show the care I saw in your last paper. You're off target somewhat here. This is not what we discussed in class. You can't reach the right answer if you are You've got the idea, but check your work. sloppy in your calculations. Awkward construction. Reread this sentence and see whether it says what you want it to. Redo this. Try this again. Excellent job here. Your use of metaphor here is strong. Great, I love this. Think of how much more effective this argument is than in the paper you did last week.

Example: Chapter 13

Integrated Primary and Secondary Applications

Integrated into each chapter is content specific to both primary education and secondary education, including the middle school level. It is difficult in a single textbook to provide adequate treatment of content across all age groups. We believe, however, that it is important to deliberately include discussion of the applicability of theories and research to both primary and secondary age groups.



Integrated Content on Diversity

Content related to issues of diversity is distributed among all chapters and not confined to a single chapter. In texts with separate chapters on diversity, the content is often separated from the issues of instruction/assessment and motivation. However, K-12 classrooms are significantly more diverse than even a decade ago. We believe that by integrating the content on diversity into those chapters, preservice teachers may have a better grasp of what diversity among their students will mean for their teaching.



Integrated Content on Students with Special Needs

Frequently, content about individual differences is separated into a single chapter in a text. As with issues of diversity, the content related to individual differences is often separated from the issues of instruction/assessment and motivation. By integrating the content on individual differences into those chapters, preservice teachers may have a more realistic expectation of what differences among their students will mean for their teaching on a dayto-day basis.



Integrated Content on Technology

Technology has become an increasingly important component of many classrooms at both the elementary and secondary levels. Whether it is the use of simulations to present biology or physics labs, computer-generated manipulables for elementary math instruction, or architectural layouts of classrooms for arranging furniture in a kindergarten class, teachers need to know about technology. Consistent with our overall approach to instruction, we have chosen to integrate this material across chapters, showing its importance in the particular area under consideration.

Margin Notes

Students are given many access points to understanding the theory and applications in the chapter.

What Does This Mean to Me?

An SAT verbal score of 650 is a z-score of roughly +1.5 (1.5 standard deviations above the mean). Check that against the figure of the normal curve in Figure 14.4, and you can see that this is higher than roughly 93% of the scores.

How Can I Use This?

Check out an electronic book (e-book) from your library and ask yourself what instructional uses it affords that a traditional printed book does not.

Look at Ms. Baldwin's debate assessment at the beginning of the chapter. What skills and knowledge would lead to the highest marks on this

assessment? Are they closely related to how you would have taught this material?

Appendix

PRAXIS™ exam, INTASC Principles

Special margin notes refer students to the Appendix, where they can see the how the contents of the chapter corresponds to the Principles of Learning and Teaching (PLT) of the PRAXIS II™ exam and the INTASC principles.

Appendix

Learning from Others

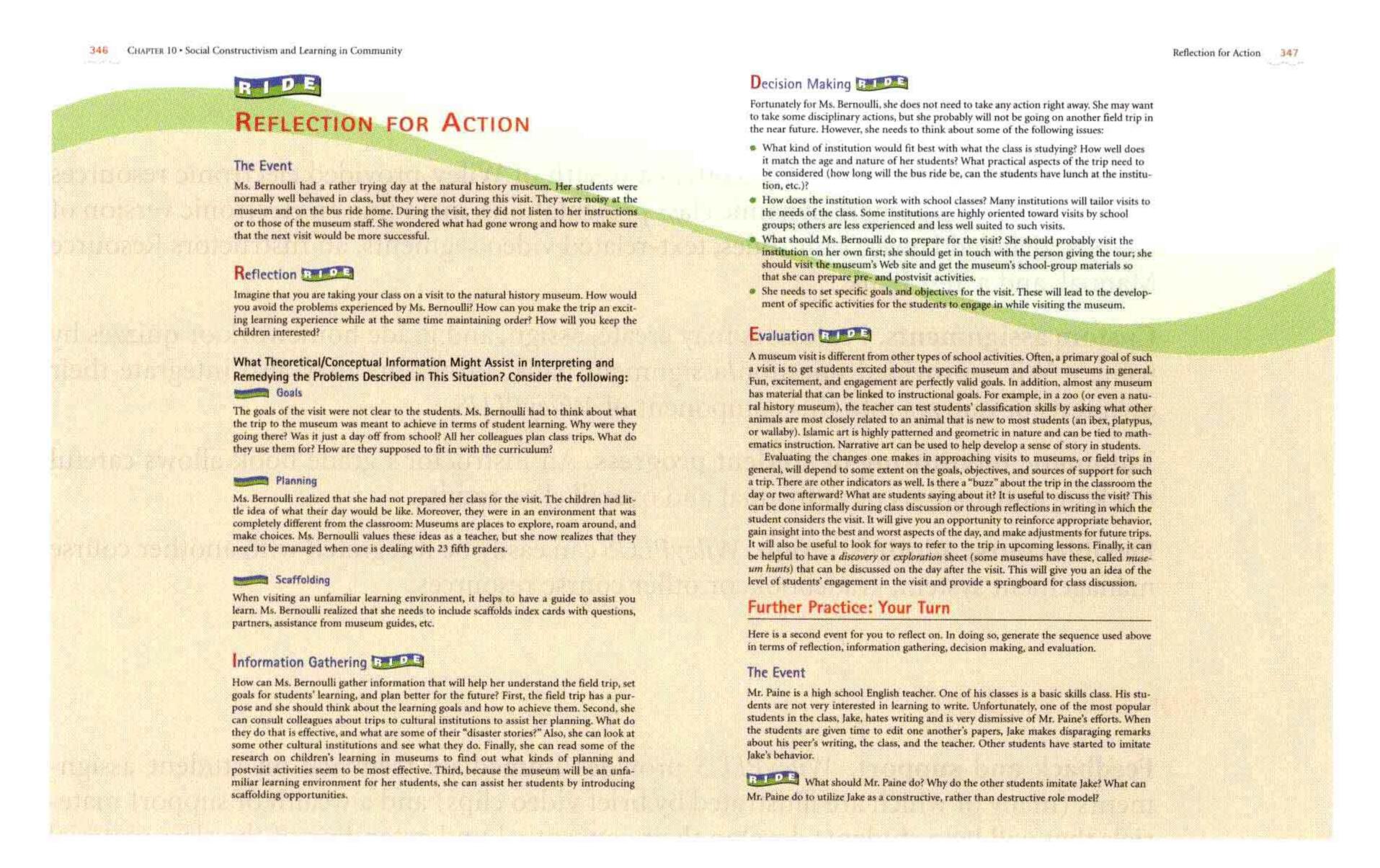
Students can learn from others through observation learning, and vicarious experience (*PRAXIS*™, I. A. 1, *INTASC*, Principle 2).

Putting It Together

Reflection for Action End-of-Chapter Activity

A Reflection for Action activity consolidates the concepts of each chapter as it models how theory, research findings, and other sources can be drawn upon to provide plausible answers to the question. Students practice *reflecting* on the situation before them, *gathering information* to help them interpret it, *making decisions* on how to handle the situation, and *evaluating* their decisions.

Example: Chapter 10



End-of-Chapter Review and Expansion

Each chapter ends with a **Summary**, list of **Key Terms**, and several **Exercises** for thought, discussion, and research.

Supplements: The Teaching and Learning Package

Educational Psychology: Reflection for Action and WileyPLUS

To support diverse teaching and learning, *Educational Psychology: Refection for Action* is available with *WileyPLUS*, a powerful online tool animated by the principles of the textbook that provides instructors and students with a suite of teaching and learning resources in one easy-to-use Web site.

For the Instructor

Prepare and present. WileyPLUS offers a wealth of Wiley-provided electronic resources to help professors prepare dynamic class presentations, including an electronic version of the text, detailed PowerPoint slides, text-related video segments, an Instructors Resource Manual, and a Test Bank.

Custom assignments. Professors may create, assign, and grade homework or quizzes by using a Wiley-provided question/assignment bank. Professors may also integrate their own tests or quizzes into this component of *WileyPLUS*.

Automatic monitoring of student progress. An instructor's grade book allows careful tracking and analysis of individual and overall class results.

Flexible course administration. WileyPLUS can easily be integrated with another course management system, gradebook, or other course resources.

For the Student

Feedback and support. WileyPLUS provides immediate feedback on student assignments (many of which are illustrated by brief video clips) and a wealth of support materials that will help students develop their conceptual understanding of the class material and increase their ability to solve problems.

Study and practice. This feature links directly to text content, allowing students to review the text immediately while studying and completing homework assignments. Preand postchapter quizzes integrated in the e-book help students target topics or concepts that require additional work.

Assignment locator. This area allows students to store all tasks and assignments for this course in one convenient location, making it easy for them to stay on task.

Student gradebook. Grades are automatically recorded, and students can access these results at any time.

Reflection, Information Gathering, Decision Making, and Evaluation. Students have the opportunity to work collaboratively on a variety of text-related assignments in order to internalize the process of moving from reflection to action.

- Video Case Studies. Produced by CaseNEX, these video clips help students to connect the concepts introduced in class to the complex "real world" school environment. By encouraging students to reflect on what works and collaborate on the design of solutions to instructional challenges, they prepare for decision making and action.
- Classroom Challenges. In each chapter, practicing teachers and administrators discuss common classroom dilemmas. Using the tools provided by the text, students are asked to devise and support appropriate solutions.
- Gather Information Online. A wealth of author-selected, chapter-specific web sites offer the student the opportunity to dig deeper into important teaching issues.
- Evaluation and Assessment Practice. Students interact with samples of children's actual work, taken from elementary and secondary schools around the country, making an initial evaluation of a child's work and then comparing it to the teacher's assessment. In this way, students see best practices modeled and also gain a more sophisticated understanding of the assessment process.

For more information, please view our online demo at www.wiley.com/college/wiley-plus. You will find additional information about the features and benefits of *Wiley PLUS*, how to request a "test drive" of *WileyPLUS* for *Educational Psychology: Refection for Action*, and how to adopt it for class use.

Additional Instructor Resources

Instructor's Manual

Designed to help instructors maximize student learning, the Instructor's Manual presents the authors' teaching philosophy, offers teaching suggestions for each chapter of the text, provides several sample syllabi, suggests ways to organize course materials, and offers ideas for teaching each chapter.

Test Bank

The Test Bank is a comprehensive testing package that allows instructors to tailor examinations according to chapter objectives, learning skills, and content. It includes traditional types of questions (i.e., true-false, multiple-choice, matching, computational, and short-answer), as well as open-ended problems. All questions are cross-referenced to chapter objectives and to level of difficulty.

Computerized Test Bank

The Computerized Test Bank allows instructors to create and print multiple versions of the same test by scrambling the order of all different types of questions found in the Test Bank. Instructors can modify and customize test questions by changing existing problems or adding their own.

PowerPoint Slides

The electronic lecture aids professors in visually presenting the key concepts found in each chapter of the text. Intended as a lecture guide, the PowerPoint slides present material in concise, "bulleted" format that enables easy note taking.

The Wiley Faculty Network

The Wiley Faculty Network is a faculty-to-faculty network promoting the effective use of technology to enrich the teaching experience. The Wiley Faculty Network facilitates the exchange of best practices, connects teachers with technology, and helps to enhance instructional efficiency and effectiveness. The network provides technology training and tutorials, including *Wiley PLUS* training, online seminars, peer-to-peer exchanges of experiences and ideas, personalized consulting, and sharing of resources. For more information about the Wiley Faculty Network, please contact your Wiley representative, go to www.WhereFacultyConnect.com, or call 1-866-4FACULTY.

Additional Student Resources

Educational Psychology: Reflection for Action Tutorial Web Site www.wiley.com/college/odonnell

The *Educational Psychology: Reflection for Action* **Web site** provides a wealth of support materials that will help students develop an understanding of course concepts and increase their ability to solve problems. On this Web site students will find Web Quizzing and other resources. This site is *free* to students.

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ANCILLARY AUTHORS

Jim O'Kelly, Rutgers, the State University of New Jersey: Instructor's Resource Manual

James Persinger, Emporia State University:

Instructor's Test Bank

Mary Tallent Runnels, *Texas Tech University:* Instructor's PowerPoint Slides

Anna Lowe, Loyola University-Chicago:

Student Study Guide

FOCUS GROUP PARTICIPANTS

Mary Frances Agnello Texas Tech University

Larry Alferink

Illinois State University

James Allen

College of Saint Rose
Woan-Jue Jane Benjamin
Mansfield University

Sandra Bonura Chapman University

Scott Brown

University of Connecticut

Li Cao

State University of West Georgia

Felicia A. Dixon

Ball State University

Terri Edwards

Northeastern State University

Janet Ferguson
Canisius College
Terry Fogg

Minnesota State University-Mankato

Linda Garavalia

University of Missouri-Kansas City

Robert Hagstrom

Northern Arizona University

Michael Heikkinen Boise State University Barbara Hofer

Middlebury College

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