SUBCLINICAL HEPATOCELLULAR CARCINOMA

Edited by Tang Zhao-you

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To my Teachers To the Peoples of the World

Hepatocellular carcinoma is a relatively rare malignancy in the Western world, but one of the most frequent fatal tumors in the Far East and in sub-Saharan Africa, that means, in the areas where the majority of mankind lives. Until a few decades ago it was mainly detected at autopsy or, far less frequently, at operation. The improvement of imaging methods and the widespread use of liver biopsy have subsequently permitted earlier recognition. Still, it has only been detected when the process was far advanced and frequently only when a palpable mass or dramatic clinical symptoms encouraged thorough clinical investigation. This detection during life led to attempts at surgical removal. Nevertheless, these often far advanced tumors were usually associated with a bad prognosis and a relatively low rate of cure or prolonged survival after operation.

Several factors are responsible for the greater clinical interest in hepatocellular carcinoma in the past decade. The reproduction of the carcinoma in experimental animals has contributed greatly to the increasing interest in the understanding of carcinogenesis in general, although the extensive experimental investigations of these animal carcinomas have had relatively little impact on the clinical management of the tumor. Advancements in surgical techniques have improved the prognosis; transplantation of the liver, however, has so far proven to be of only limited therapeutic value. Chemotherapy of hepatocellular carcinoma with various drugs and various routes of administration has also resulted in some success, though it is so far barely convincing as a widely useful therapeutic modality. The interest in hepatocellular carcinoma has been conspicuously enhanced by the recognition of its relation to hepatitis B virus infection; carriers, of which there are 200 million worldwide, are at particular risk to develop the carcinoma. Cell lines established from hepatocellular carcinoma produce some specific viral antigens, particularly the surface antigen, and integration of hepatitis B viral DNA into the genome of the host has been demonstrated in the tumor, in the surrounding liver, and in carrier livers, but the oncogenicity of the hepatitis B virus is so far not established. Nevertheless, the hope exists that elimination of hepatitis B virus infection by administration of the vaccine and/or hyperimmune globulin may prevent the tumor, thus establishing the causal relation. The relation is

also supported by the observation of hepatitis and hepatocellular carcinoma in animals infected by a virus related to, but different from, the hepatitis B virus. This holds true for the woodchuck and especially in China - for the duck. However, factors other than hepatitis B virus infection are also incriminated in hepatocellular carcinoma. They include alcohol abuse - particularly in the Western world – and, worldwide aflatoxin, though at present it cannot be excluded that even in these instances, hepatitis B infection plays a contributory role. Other chemical agents that are potent hepatocarcinogens in animals or incriminated in tumors other than the liver seem not to cause hepatocellular carcinoma, whereas sex hormones. metabolic diseases, and the Budd-Chiari syndrome seem to be infrequent causes, and a carcinogenic role of hepatitis non-A, non-B is problematic. Hepatitis B virus infection is therefore the most common factor today in hepatocellular carcinoma, particularly in the Orient and in Africa.

Probably the most compelling reason for the rising clinical interest in hepatocellular carcinoma, however, is the discovery of more or less specific serum markers, some of them oncofetal proteins, with alpha-fetoprotein the most important in practical use today. Although moderate serum elevations may accompany unrelated diseases, for instance those referable to yolk sac disorders, otherwise conspicuous and sustained elevations have permitted screening for hepatocellular carcinoma in earlier stages even if it is not necessarily present in all cases and if some elevations are found in chronic hepatitis. While this screening takes place in many locations, the most extensive and successful such attempt has been made in China. Such screening, together with or supplemented by various imaging techniques (particularly angiography and sonography), has led to the clinical detection of hepatocellular carcinoma in an early stage, before any clinical or even other laboratory abnormalities are evident. This detection of the small tumors in the early stages in Japan, but particularly in China and predominantly in Shanghai, has been rewarded with excellent chances of survival and possibly cure by surgical removal of the carcinoma, at this stage often still single.

These observations and successes have completely altered the clinical outlook in hepatocellular carcinoma and have led to the concept of subclinical hepatocellular carcinoma by the authors of this monograph. This concept represents major progress in the understanding, and particularly the management, of hepatocellular carcinoma, permitting "secondary prevention" at a time when primary prevention by immunization techniques such as vaccine and hyperimmune globulin is still a goal of the future. However, it has not yet been established whether the experiences in the Far East hold true for other parts of the world; in Africa there seems to be a tendency for more rapid growth of the hepatocellular carcinoma with less development of cirrhosis. Sufficient observational data are

not yet available for us to know whether or not this geographical difference is real, or to determine the predominant pattern in Western countries, aside from that in Oriental immigrants.

Nevertheless, this monograph, based on the study of an unusually large amount of material and its thorough laboratory evaluation, and supplemented by Chinese experiences with the basic aspects of the disease, should be of major interest to clinicians as well as to basic science-oriented physicians and other scientists all over the world, including the Western countries. It should assist them in understanding the problem and encourage them to repeat these studies in their own countries. The scientific community is indebted to Dr. Tang for making this information widely available.

New York, November 1984

Hans Popper, MD, PhD

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Abbreviations

AFP Alpha fetoprotein AGD Agar gel diffusion

ALD Active-stage liver disease ALP Alkaline phosphatase ALT Alanine aminotransferase

anti-HBc Antibody to hepatitis B core antigen
anti-HBe Antibody to hepatitis B "e" antigen
anti-HBs Antibody to hepatitis B surface antigen
CHCC Clinical hepatocellular carcinoma
CIEP Countercurrent immunoelectrophoresis

CT Computed tomography

γ-GTP Gamma glutamyl transpeptidase

HA Hepatic angiography
HBcAg Hepatitis B core antigen
HBeAg Hepatitis B "e" antigen
HBsAg Hepatitis B surface antigen

HBV Hepatitis B virus

HCC Hepatocellular carcinoma LDH Lactate dehydrogenase

OT Skin delayed hypersensitivity reaction to old tuberculin

PLC Primary liver cancer
RIA Radioimmunoassay
RN Radionuclide imaging

RPHA Reverse passive hemagglutination
RREA Radiorocket electrophoresis autography
SCHCC Subclinical hepatocellular carcinoma

US Ultrasound, ultrasonography

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