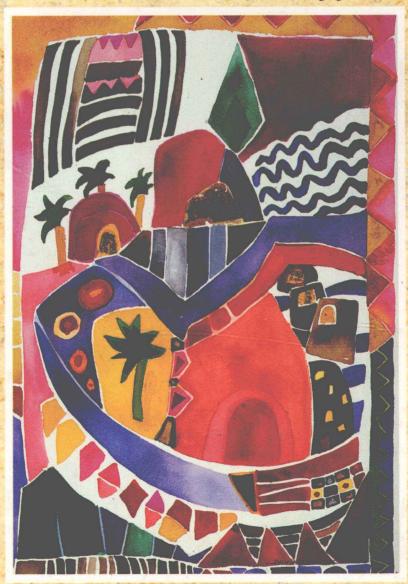


# SOCIOLOGY A Down-to-Earth Approach



James M. Henslin

# Sociology:

A Down-to-Earth Approach

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Printed in the United States of America 10 9 8 7 6 5 4 3 99 98 97 96 95 If you like to watch people and try to figure out why they do what they do, you will like sociology. Sociology pries open the doors of society, so you can see what goes on behind them.

In this book, you will especially see how social class sets us on different paths in life, how in one direction they lead to better health, more education, higher income, even better marriages—and in the other to more illness and disease, dropping out of school, low income, and higher chances of having your marriage fail. Those paths even affect your chances of making it to your first birthday, as well as of getting in trouble with the police—and of reading this book in the first place.

When I took my first course in sociology, I was "hooked." Seeing how marvelously my life had been affected by these larger group influences opened my eyes to a new world, one that has been fascinating to explore. I hope that this will be your experience also.

From how people become homeless to how they become presidents, from why women are treated as second-class citizens around the world to why people commit suicide—all are part of sociology. This breadth, in fact, is what makes sociology so intriguing. We can place the sociological lens on broad features of society, such as social class, gender, and race, and then immediately turn our focus on the small-scale level. If we look at two people interacting—whether quarreling or kissing—we see how these broad features of society are being played out in their lives.

We aren't born with instincts. We don't come into this world with preconceived notions of what life should be like. At birth, we have no ideas of race, gender, age, social class, of how people "ought" to be. Yet we all learn such things as part of growing up in our society. Uncovering the "hows" and the "whys" of this process is also part of sociology's fascination.

One of sociology's many pleasures is that as we study life in groups (which can be taken as a definition of sociology), whether those groups be in some far off part of the world (if there still are far-off places) or in some nearby corner of our own society, we constantly gain insights into our own selves. As we see how their customs affect them, effects of our own society on ourselves become more visible.

You can look forward to reading this book, then, for it can lead you to a new way of looking at the social world—and in the process, help you to better understand both society and yourself.

I have done my best to communicate the fascination of sociology in a down-to-earth manner. If there are sections of this text that you especially enjoy, or that you wish to comment on for whatever reason, don't hesitate to write me. I enjoy communicating with students.

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# ABOUT THE AUTHOR

JAMES M. HENSLIN, who was born in Minnesota, graduated from high school and junior college in California and from college in Indiana. He earned his Master's and doctorate in sociology at Washington University in St. Louis, Missouri. His primary interests in sociology are the sociology of everyday life, deviance, social psychology, and the homeless. Among his more than a dozen books is Down to Earth Sociology (Free Press), now in its eighth edition, a book of readings that reflects these sociological interests. He has also published widely in sociology journals, including *Social Problems* and *American Journal of Sociology*.

While a graduate student, James Henslin taught at the University of Missouri at St. Louis. After completing his doctorate, he joined the faculty at Southern Illinois University, Edwardsville, where he is Professor of Sociology. He requests the introductory course, teaching it several times each year. He says, "I've always found the introductory course enjoyable to teach. I love to see students' faces light up when they first glimpse the sociological perspective and begin to see how society has become an essential part of how they view the world."

Henslin enjoys spending time with his family, reading, and fishing. His two favorite activities are writing and traveling. He especially enjoys living in other cultures, for this brings him face to face with behaviors that he cannot take for granted, experiences that "make sociological principles come alive."

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# BRJEF CONTENTS

# Part I The Sociological Perspective

- 1 The Sociological Perspective 3
- 2 Culture 33
- 3 Socialization 59
- 4 Social Structure and Social Interaction: Macrosociology and Microsociology 89
- 5 How Sociologists Do Research 117

# Part II Social Groups and Social Control

- 6 Social Groups: Societies to Social Networks 143
- 7 Bureaucracy and Formal Organizations 169
- 8 Deviance and Social Control 193

# Part III Social Inequality

- 9 Stratification in Global Perspective 223
- 10 Social Class in American Society 251
- 11 Inequalities of Gender 279
- 12 Inequalities of Race and Ethnicity 309
- 13 Inequalities of Age 345

# Part IV Social Institutions

- 14 The Economy: Money and Work 373
- 15 Politics: Power and Auhtority 403
- 16 The Family: Our Introduction to Society 429
- 17 Education: Transferring Knowledge and Skills 461
- 18 Religion: Establishing Meaning 489
- 19 Medicine: Health and Illness 521

# Part V Social Change

- 20 Population and Urbanization 551
- 21 Collective Behavior and Social Movements 585
- 22 Social Change, Technology, and the Environment 611

# D. I. C. The Sected at all December 1

# Part One The Sociological Perspective

# 1 The Sociological Perspective 3

# The Sociological Perspective 4

Seeing the Broader Social Context

# Sociology and the Other Sciences 6

- The Natural Sciences The Social Sciences The Goals of Science
- **Down-to-Earth Sociology:** An Updated Version of the Old Elephant Story 8

The Development of Sociology 8

Down-to-Earth Sociology: Enjoying a Sociology
 Quiz—Sociological Findings Versus Common Sense 9
 Auguste Comte ● Herbert Spencer ● Karl Marx ●
 Harriet Martineau ● Emile Durkheim ● Max Weber

#### The Role of Values in Social Research 14

#### Verstehen and Social Facts 15

Weber and VerstehenDurkheim and Social FactsHow Social Facts and Verstehen Fit Together

# Sociology in North America 17

# Theoretical Perspectives in Sociology 18

Symbolic Interactionism • Functional Analysis • Conflict Theory • Levels of Analysis: Macro and Micro • Putting the Theoretical Perspectives Together

**Down-to-Earth Sociology:** Sociologists at Work: What Applied Sociologists Do 27

# Applied and Clinical Sociology 28

Sociology in Turmoil 29

Summary and Review 30

# 2 Culture 33

#### What Is Culture? 35

Culture and Taken-for-Granted Orientations to Life • Practicing Cultural Relativism

# Components of Culture 38

The Symbolic Basis of Culture • Gestures

- Down-to-Earth Sociology: Communicating Across Cultural Boundaries 39
   Language
- Perspectives: Cultural Diversity in U.S. Society:
   Miami—Language and a Changing City 43
   Values, Norms, and Sanctions

# Subcultures and Countercultures 43

Folkways and Mores

# Values in U.S. Society 45

- Perspectives: Cultural Diversity in U.S. Society: Why Do Native Americans Like Westerns? 47
   Value Clusters Value Contradictions and Social Change Emerging Values Reactions to Changes in Core Values Values as Blinders "Ideal" Versus "Real" Culture
- Perspectives: Cultural Diversity Around the World: The Government Says, "You Will Have Fun." 49

# Cultural Universals 49

Thinking Critically About Social Controversy: Are We Prisoners of Our Genes? Sociobiology 50

#### Animals and Culture 51

Do Animals Have Culture? • Do Animals Have Language?

Cultural Diffusion and Cultural Leveling 55

Summary and Review 57

# 3 Socialization 59

# What is Human Nature? 60

Feral Children • Isolated Children

▶ Down-to-Earth Sociology: Heredity or Environment?
 The Case of Oskar and Jack, Identical Twins 61
 Institutionalized Children • Deprived Animals • In Sum: Society Makes Us Human

# The Social Development of the Self, Mind, and Emotions 65

Cooley and the Looking-Glass Self • Mead and Role Taking • Piaget and the Development of Thinking • Freud and the Development of Personality • The Sequential Development of Emotions • Socialization into Emotions • The Self and Emotions as Social Constraints on Behavior

# Socialization into Gender 71

Gender, the Family, and Sex-Linked Behaviors • Peer Groups • Gender Images in the Mass Media • The School • Sports • The Mass Media

Perspectives: Cultural Diversity in U.S. Society:
 Caught Between Two Worlds 78
 The Work Place

**Down-to-Earth Sociology:** Of Boys and Sports 80

# Resocialization 80

The Case of Total Institutions

# Socialization Through the Life Course 82

The First Stage: Childhood • The Second Stage: Adolescence • The Third Stage: Young Adulthood • The Fourth Stage: The Middle Years • The Fifth Stage: The Older Years

▼ Down-to-Earth Sociology: Social Change and Your Life Course 85

• Are We Prisoners of Socialization? 86

Summary and Review 87

# 4 Social Structure and Social Interaction 89

# Levels of Sociological Analysis 90

Macrosociology and Microsociology

# The Macrosociological Perspective: Social Structure 91

Culture • Social Class

\*\*Down-to Earth Sociology: College Football as Social Structure 93

Social Status • Roles • Groups

# Social Institutions 97

Comparing Functionalist and Conflict Perspectives • Changes in Social Structure • What Holds Society Together?

# The Microsociological Perspective: Social Interaction in Everyday Life 103

Symbolic Interaction

Perspectives: Cultural Diversity in U.S. Society: The Amish—Gemeinschaft Communities in a Gesellschaft Society 104

Dramaturgy: The Presentation of Self in Everyday Life
• Ethnomethodology: Uncovering Background As-

sumptions • The Social Construction of Reality

# The Need for Both Macrosociology and Microsociology 113

Summary and Review 114

# 5 How Sociologists Do Research 117

What Is a Valid Sociological Topic? 118

Common Sense and the Need for Sociological Research 118

# A Research Model 119

1. Selecting a Topic • 2. Defining the Problem • 3. Reviewing the Literature • 4. Formulating a Hypothesis • 5. Choosing a Research Method • 6. Collecting the Data • 7. Analyzing the Results • 8. Sharing the Results

# Six Research Methods 124

Surveys

**Down-to-Earth Sociology:** Loading the Dice: How Not to Do Research 125

Participant Observation (Fieldwork) • Secondary Analysis • Documents • Unobtrusive Measures • Experiments

**Down-to-Earth Sociology:** The Hawthorne Experiments 131

▼ Down-to-Earth Sociology: Applied Sociology: Marketing Research as a Blend of Quantitative and Qualitative Methods 132

Deciding Which Method to Use

▼ Thinking Critically About Social Controversy: Doing Controversial Research—Counting the Homeless 134

# Ethics in Sociological Research 135

The Brajuha Research • The Scarce Research • The Humphreys Research

# How Research and Theory Work Together 137

The Real World: When the Ideal Meets the Real

▼ Thinking Critically About Social Controversy: Are Rapists Sick? A Closeup View of Research 138

Summary and Review 140

# Part Two Social Groups and Social Control

# 6 Societies to Social Networks 143

# Social Groups and Societies 144

#### The Transformation of Societies 145

Hunting and Gathering Societies • Pastoral and Horticultural Societies • Agricultural Societies • Indus-

Perspectives: Cultural Diversity in U.S. Society: A Tribal Mountain People Meets Postindustrial Society 151 Postindustrial Societies

# Groups Within Society 152

Primary Groups • Secondary Groups • In-Groups and Out-Groups • Reference Groups • Social Networks

# Group Dynamics 157

Group Size • Leadership • Conformity to Peer Pressure: The Asch Experiment

Thinking Critically About Social Controversy: If Hitler Asked You to Execute a Stranger, Would You? The Milgram Experiment 163 Group Think and Decision Making • Preventing Group Think

Summary and Review 165

# 7 Bureaucracy and Formal Organizations 169

#### The Rationalization of Society 170

The Contributions of Max Weber • Marx on Rationalization

# Formal Organizations and Bureaucracy 172

Formal Organizations • The Essential Characteristics of Bureaucracies

W Down-to-Earth Sociology: The McDonaldization of

"Ideal" Versus "Real" Bureaucracy • Dysfunctions of Bureaucracies

#### Voluntary Associations 179

Functions of Voluntary Associations • The Problem of Oligarchy

#### Careers in Bureaucracies 182

The Corporate Culture: Consequences of Hidden Val-

Down-to-Earth Sociology: Maneuvering the Hidden Culture—Women Surviving the Male-Dominated Business World 183

Thinking Critically About Social Controversy: Managing Diversity in the Workplace 184

# Humanizing the Corporate Culture 185

Quality Circles • Employee Stock Ownership • Small Work Groups • Corporate Day Care • Developing an Alternative: The Cooperative • The Conflict Perspective

# The Japanese Corporate Model 187

Hiring and Promotion • Lifetime Security • Almost Total Involvement • Broad Training • Decision Making by Consensus • Limitations of the Model

Perspectives: Cultural Diversity Around the World: Cracks in the Corporate Facade 190

Summary and Review 191

# 8 Deviance and Social Control 193

# Gaining a Sociological Perspective of Deviance 194 The Relativity of Deviance

Perspectives: Cultural Diversity Around the World: Deviance in Cross-Cultural Perspective 195 Who Defines Deviance? • How Norms Make Social Life Possible • Comparing Biological, Psychological, and Sociological Explanations

# The Symbolic Interactionist Perspective 200

Differential Association Theory

Perspectives: Cultural Diversity in U. S. Society: When Cultures Clash—Problems in Defining Deviance 201

Control Theory • Labeling Theory

# The Functionalist Perspective 203

How Deviance Is Functional for Society • Strain Theory: How Social Values Produce Crime • Illegitimate Opportunity Theory: Explaining Social Class and

**Down-to-Earth Sociology:** Islands in the Street: Urban Gangs in U. S. Society 207

# The Conflict Perspective 208

Class, Crime, and the Criminal Justice System

# Reactions to Deviants 209

Sanctions • Labeling: The Saints and the Roughnecks • The Trouble with Official Statistics • Degradation Ceremonies • Imprisonment

# Reactions by Deviants 214

Primary, Secondary, and Tertiary Deviance • Neutralizing Deviance • Embracing Deviance

# Part Three Social Inequality

# 9 Social Stratification in Global Perspective 223

# What Is Social Stratification? 224

# Systems of Social Stratification 225

Slavery • Caste: India and South Africa • Clan • Class • A Note on Gender and Social Stratification

# What Determines Social Class? 229

Karl Marx: The Means of Production • Max Weber: Property, Prestige, and Power

# Why Is Social Stratification Universal? 231

The Functionalist View of Davis and Moore: Motivating Qualified People • Tumin: A Critical Response • Mosca: A Forerunner of the Conflict View • The Conflict View: Class Conflict and Competition for Scarce Resources • Toward a Synthesis • How Do Elites Maintain Stratification? • Ideology Versus Force

#### Comparative Social Stratification 236

Social Stratification in Great Britain

Perspectives: Cultural Diversity Around the World:
 Social Stratification Among Polish Jews 237
 Social Stratification in the Former Soviet Union

# Global Stratification: The Three Worlds of Development 239

The First World • The Second World • The Third World

 Thinking Critically About Social Controversy: Open Season: Children of the Third World 242
 Imperfections in the Model

### How the World's Nations Became Stratified 244

Imperialism and Colonialism
World System Theory
Dependency Theory
Culture of Poverty
Evaluating the Theories

# Maintaining Global Stratification 246

Neocolonialism

Perspectives: Cultural Diversity Around the World:
 The Patriotic Prostitute 247
 Multinational Corporations

# Summary and Review 248

# 10 Social Class in Contemporary Society 251

# What Is Social Class? 252

Defining Social Class • Measures of Social Class

# The Components of Social Class 254

Wealth • Power • Prestige • Status Inconsistency

# Sociological Models of Social Class 261

Updating Marx: Wright's Model • Updating Weber: Gilbert's and Kahl's Model • Social Class in the Automobile Industry • Below the Ladder: The Homeless

# Consequences of Social Class 265

Life Chances • Physical and Mental Health • Family Life • Politics • Religion • Education • Crime and the Criminal Justice System

# Social Mobility 268

Intergenerational, Structural, and Exchange Mobility

Social Mobility in the United States

Thinking Critically About Social Controversy: Upward Mobility for U.S. Workers—A Vanishing Dream?
269

#### Costs of Social Mobility

Where Is Horatio Alger? The Social Functions of a Myth

#### Poverty 271

Drawing the Line: What Is Poverty? • Who Are the Poor? • The Rural Poor • Children of Poverty: A New Social Condition?

Thinking Critically About Social Controversy: Children in Poverty 274

Short-Term and Long-Term Poverty • Individual Versus Structural Explanations of Poverty

# Summary and Review 277

# 11 Inequalities of Gender 279

#### Issues of Sex and Gender 280

Biology or Culture? The Continuing Controversy • The Dominant Position in Sociology

- ▼ Thinking Critically About Social Controversy: Biology Versus Culture—Culture Is the Answer: 282
- Thinking Critically About Social Controversy: Biology Versus Culture—Biology Is the Answer 283
- Perspectives: Cultural Diversity Around the World:
   Manhood in the Making 284

# Gender Inequality in Global Perspective 285

Sex-Typing of Work • Prestige of Work • The Genesis of Female Minority Status

# Gender Inequality in the United States 288

Fighting Back: The Rise of Feminism • Gender Inequality in Education

**Down-to-Earth Sociology:** Making the Invisible Visible—The Deadly Effects of Sexism 290

# Gender Inequality in Everyday Life 292

# Gender Relations in the Workplace 294

Changes in the Work Force • Differences in What Males and Females Expect from a Job • The Pay Gap • The "Mommy Track"

- Down-to-Earth Sociology: Maintaining Dignity in the Midst of Stigma 298
   Sexual Harassment
- ▼ Perspectives: Cultural Diversity Around the World: Sexual Harassment in Japan 300

#### Gender and Violence 301

Violence Against Women

Perspectives: Cultural Diversity Around the World:
 Female Circumcision 302
 A Feminist Understanding of Gender Patterns in Violence
 Solutions

The Changing Face of Politics 303 Glimpsing the Future—with Hope 305

Summary and Review 307

# 12 Inequalities of Race and Ethnicity 309

Basic Concepts in Race and Ethnic Relations 310
Race: Myth and Reality • Ethnic Groups • Minority Groups

#### Prejudice and Discrimination 313

When Prejudice and Discrimination Don't Match

- Perspectives: Cultural Diversity Around the World: Clashing Cultures 315
- The Extent of Prejudice

Thinking Critically About Social Controversy:
Racism on College Campuses 316

# Theories of Prejudice 317

Psychological Perspectives • Sociological Perspectives: Functionalism, Conflict, and Symbolic Interactionism

Individual and Institutional Discrimination 321

Home Mortgages • Heart Surgery

# Patterns of Intergroup Relations 323

Genocide • Population Transfer • Internal Colonialism • Segregation • Assimilation • Pluralism

# Race and Ethnic Relations in the United States 326

Constructing Ethnic Identity • White Europeans • African Americans • Latinos (Hispanic Americans)

▼ Down-to-Earth Sociology: The Illegal Travel Guide 335

Asian Americans

Perspectives: Cultural Diversity in the United
 States: Implications of the Changing Racial/Ethnic
 Mix in the U.S. 336
 Native Americans

Thinking Critically About Social Controversy:
 Whose History? 341

Principles for Improving Racial and Ethnic Relations 342 Summary and Review 343

# 13 Inequalities of Age 345

# Social Factors in Aging 346

Aging Among Abkhasians • Aging in Industrialized Nations

**Down-to-Earth Sociology:** Applying Life Expectancy Figures 349

# The Symbolic Interactionist Perspective 352

Self, Society, and Aging • The Relativity of Aging: Cross-Cultural Comparisons • Ageism in U.S. Society • The Mass Media: Source of Powerful Symbols

# The Functionalist Perspective 356

Disengagement Theory • Activity Theory

#### The Conflict Perspective 357

Social Security Legislation • The Question of Intergenerational Conflict

- **Down-to-Earth Sociology:** Changing Sentiment About the Elderly 359
- Thinking Critically About Social Controversy: Social Security—Fraud of the Century? 359
   Fighting Back

### Problems of Dependency 362

Isolation and Gender • Nursing Homes

Perspectives: Cultural Diversity Around the World:
 Trouble in Paradise: Death-Hastening Behaviors in "Idyllic" Societies" 365
 Elder Abuse

# Regaining Rights: Elderly Empowerment

The Elderly Poor 366

# The Sociology of Death and Dying 367

Effects of Industrialization • Death as a Process • Hospices • Suicide and the Elderly

Summary and Review 371

# Part Four Social Institutions

# 14 The Economy: Money and Work 373

# The Transformation of Economic Systems 374 Hunting and Gathering Societies: Subsistence • Pastoral and Horticultural Societies: The Creation of Surplus • Agricultural Societies: The Growth of Trade • Industrial Societies: The Birth of the Machine • Postindustrial Societies: the Information Age

The Transformation of the Medium of Exchange 378

Earliest Mediums of Exchange • Medium of Exchange in Agricultural Societies • Medium of Exchange in Industrial Societies • Medium of Exchange in Postindustrial Societies

# World Economic Systems 379

Capitalism • Socialism • Ideologies of Capitalism and Socialism • Criticisms of Capitalism and Socialism

■ Down-to-Earth Sociology: Selling the American
 Dream—The Creation of Constant Discontent 383
 The Systems in Conflict and Competition • The Future: Convergence?

# The Inner Circle of Capitalism 386

Corporate Capitalism • Interlocking Directorates • Multinational Corporations

# Work in U.S. Society 388

Three Economic Sectors • Women and Work • The Underground Economy • Patterns of Work and Leisure

#### Applying Sociological Theories 393

The Functionalist Perspective • The Conflict Perspective • The Symbolic Interactionist Perspective

Perspectives: Cultural Diversity in the United States: Who Is Unemployed? 397

The Future of the U.S. Economy 398 Summary and Review 400

# 15 Politics: Power and Authority 403

# Micropolitics and Macropolitics 404

# Power, Authority, and Coercion 405

Authority and Legitimate Violence • Traditional Authority • Rational-Legal Authority • Charismatic Authority • Authority as Ideal Type • The Transfer of Authority

# Types of Government 410

Monarchies: The Rise of the State • Democracies: Citizenship as a Revolutionary Idea • Dictatorships: The Seizure of Power

# The U.S. Political System 412

Political Parties and Elections • Democratic Systems

- in Europe Voting Patterns The Depression as a Transforming Event
- Perspectives: Cultural Diversity in the United
   States: Immigrants—Ethnicity and Class as the Path to Political Participation 416
   Lobbyists and Special-Interest Groups PACs in U.S. Politics

# Who Rules the United States? 418

The Functionalist Perspective: Pluralism • The Conflict Perspective: Power Elite and Ruling Class • Which View Is Right?

War: A Means to Implement Political Objectives 421
Is War Universal? • How Common Is War? • Why
Nations Go to War • Costs of War • Sowing the
Seeds of Future Wars • War and Dehumanization

# A New World Order? 424

Perspectives: Cultural Diversity Around the World:
 Nations Versus States—Implications for a New World
 Order 425

Summary and Review 426

# 16 The Family: Initiation into Society 429

Marriage and Family in Global Perspective 430
Defining Family • Common Cultural Themes

# Marriage and Family in Theoretical Perspective 433

The Functionalist Perspective: Functions and Dysfunctions

- Perspectives: Cultural Diversity Around the World: Family Life in Sweden 434
  The Conflict Perspective: Gender, Conflict, and Power
- Thinking Critically About Social Controversy: The Second Shift—Strains and Strategies 436
   The Symbolic Interactionist Perspective: Marital Communication

# The Family Life Cycle 438

Love and Courtship

Family in Later Life

Perspectives: Cultural Diversity Around the World:
 East Is East and West Is West. . . Love and Arranged
 Marriage in India 439
 Marriage • Childbirth • Child Rearing • The

# Diversity in U.S. Families 444

African-American Families • Latino Families • Asian-American Families • One-Parent Families • Families Without Children • Blended Families • Gay Families

# Trends in U.S. Families 448

Postponing Marriage • Cohabitation • Unmarried Mothers • Grandparenting • The Sandwich Generation and Elder Care • Commuter Marriages

# Divorce and Remarriage 451

Problems in Measuring Divorce • Children of
Divorce • The Absent Father and Serial Fatherhood
• The Ex-Spouses • Remarriage

# Two Sides of Family Life 454

Abuse: Battering, Marital Rape, and Incest • Successful Marriages

The Future of Marriage and Family 457 Summary and Review 458

# 17 Education: Transferring Knowledge and Skills 461

Today's Credential Society 462

# The Development of Modern Education 463

Education in Earlier Societies • Democracy, Industrialization, and Universal Education • Education in Global Perspective • Education in the First World: Japan • Education in the Second World: Post-Soviet Russia • Education in the Third World: Egypt

# The Functionalist Perspective: Providing Social Benefits 469

Teaching Knowledge and Skills • Cultural Transmission of Values • Social Integration • Gatekeeping • Promoting Personal Change • Promoting Social Change • Mainstreaming • Replacing Family Functions • Other Functions

# The Conflict Perspective: Maintaining Social Inequality 473

**Down-to-Earth Sociology:** Kindergarten as Boot Camp 476

The Hidden Curriculum • Stacking the Deck: Unequal Funding • Discrimination by IQ: Tilting the Tests • The Correspondence Principle • The Bottom Line: Reproducing the Social Class Structure

Thinking Critically About Social Controversy: The "Cooling-Out" Function of Higher Education 478

# The Symbolic Interactionist Perspective: Teacher Expectations and the Self-Fulfilling Prophecy 479

The Rist Research • The Rosenthal-Jacobson Experiment • How Do Teacher Expectations Work?

# Problems in U.S. Education and Their Solutions 482 Problems: SAT Scores, Grade Inflation, Social Promotion,

Functional Illiteracy, Violence, and Teen Pregnancy • Solutions: Safety, Standards, and Other Reforms

Thinking Critically About Social Controversy: High Schools and Teen Pregnancy: A Program That Works 484

Thinking Critically About Social Controversy: Break-

ing Through the Barriers: The Jaime Escalante Approach to Restructuring the Classroom

Summary and Review 487

# 18 Religion: Establishing Meaning 489

What Is Religion? 490

# The Functionalist Perspective 491

Functions of Religion • Functional Equivalents of Religion • Dysfunctions of Religion

# The Symbolic Interactionist Perspective 494

Religious Symbols • Rituals • Beliefs • Religious Experience • Community

# The Conflict Perspective 497

Opium of the People • A Reflection of Social Inequalities • A Legitimation of Social Inequalities

# Religion and the Spirit of Capitalism 498

# The World's Major Religions 499

Judaism • Christianity • Islam • Hinduism • Buddhism • Confucianism

# Types of Religious Organizations 504

Cult • Sect • Church • Ecclesia

Perspectives: Cultural Diversity Around the World: Religion and Culture in India 507

Variations in Patterns • Cults, Sects, and Culture Conflict

Thinking Critically About Social Controversy: How to Destroy a Cult: A Conflict Interpretation of the Branch Davidians 508

#### Secularization 510

The Secularization of Religion • The Secularization of Culture

Down-to-Earth Sociology: Bikers and Bibles 512

# The Characteristics of Religion in the United States 513

Diversity • Pluralism and Freedom • Competition • Commitment • Toleration • Fundamentalist Revival • The Electronic Church • Characteristics of Members

The Future of Religion 517

Summary and Review 518

# 19 Medicine: Health and Illness 521

The Sociological Perspective on Health and Illness 522

Defining Health and Illness • Effects of Cultural Beliefs on How People View Health and Illness • Effects of Social Location on People's Health • The Sick Role

# Historical Patterns of Health 527

Physical Health • Mental Health

# The Professionalization of Medicine 528

Setting Standards • The Monopoly of Medicine

- ▼ Down-to-Earth Sociology: To Establish a Monopoly, Eliminate Your Competition: How Physicians Dealt with Midwives 528
- Thinking Critically About Social Controversy: In the Care of Strangers—The Hospital in U.S. Society 531

# Issues in Health Care 532

Medical Care as a Costly Commodity • Social Inequality • Malpractice Suits and Defensive Medicine

- Depersonalization: The Cash Machine
- Down-to-Earth Sociology: The Doctor-Nurse Game 535
   Sexism in Medicine Medicalization of Society Medically Assisted Suicide
- ▼ Thinking Critically About Social Controversy:
  Euthanasia in Holland 538

Curbing Costs: Issues in Private and National Health Insurance

#### Threats to Health 539

Disease • Drugs: Alcohol and Nicotine • Disabling Environments • Misguided, Foolish, and Callous Experiments

#### The Search for Alternatives 545

Treatment or Prevention? • Health Care in Other Nations

W Perspectives: Cultural Diversity Around the World: Health Care in Three Worlds of Development 546

Summary and Review 548

# Part Five Social Change

# 20 Population and Urbanization 551

# The Specter of Overpopulation 552

Thomas Malthus: Sounding the Alarm • The New Malthusians • The Anti-Malthusians • Who Is Correct? • Why Is There Starvation?

# Population Growth 558

Why the Poor Nations Have So Many Children • Implications of Different Rates of Growth • Estimating Population Growth: The Three Demographic Variables

Perspectives: Cultural Diversity in the United States: Where the U.S. Population Is Headed—The Shifting Racial-Ethnic Mix 563

The Demographic Equation and Problems in Forecasting Population Growth

Perspectives: Cultural Diversity in the United States:
 Killing Little Girls: An Ancient and Thriving Practice 564

# The Challenge of the Twenty-First Century 565

Thinking Critically About Social Controversy: On the Doorstep of the Twenty-First Century 565

# The City in History 566

The Development of Cities • The Industrial Revolution and the Size of Cities • Urbanization,
Metropolises, and Megalopolises • Urbanization in the United States

# Models of Urban Growth 573

The Concentric-Zone Model • The Sector Model • The Multiple-Nuclei Model • Critique of the Models

Perspectives: Cultural Diversity Around the World:
 Urbanization in the Third World 575

# Experiencing the City 576

Alienation • Community • Types of Urban Dwellers • Urban Sentiment • Urban Networks • Urban Overload

 Down-to-Earth Sociology: Giving and Concealing Access Information—The Contrasting Perspectives of Females and Males 579
 Diffusion of Responsibility

# Decline of the City 580

Suburbanization • Disinvestment Deindustrialization and Globalization • Social Policy: Failure and Potential

Summary and Review 583

# 21 Collective Behavior and Social Movements 585

# Early Explanations: The Transformation of the Individual 586

Charles Mackay, Gustave LeBon, and Robert Park: How the Crowd Transforms the Individual • Herbert Blumer: The Acting Crowd

# The Contemporary View: The Rationality of the Crowd 589

Richard Berk: The Minimax Strategy • Ralph Turner and Lewis Killian: Emergent Norm Theory

#### Forms of Collective Behavior 590

Riots • Panics • Moral Panics • Rumors • Fads and Fashions • Urban Legends

# Social Movements 597

Types and Tactics of Social Movements

- Down-to-Earth Sociology: On Social Movements and Morality: Looking into the Face of Evil 601
   The Difficult Road to Success • Social Movements and the Mass Media
- **Down-to-Earth Sociology:** "Tricks of the Trade"—The Fine Art of Propaganda 603

# Why People Join Social Movements 603

Mass Society Theory • Deprivation Theory • Moral Issues and Ideological Commitment • A Special Case: The Agent Provocateur

# On the Success and Failure of Social Movements 606 The Life Course of Social Movements

Thinking Critically About Social Controversy:
 Which Side of the Barricades? Abortion as a Social Movement 607
 The Difficult Road to Success

Summary and Review 609

# 22 Social Change, Technology, and the Environment 611

# Social Change: An Overview 612

The Four Social Revolutions • From Gemeinschaft to Gesellschaft • Capitalism and Industrialization • Modernization • Globalization, Dependency, and Shifts in the Global Map • The Resurgence of Ethnic Conflicts • Social Movements

# Social Change and Technology 616

Ogburn's Theory of Social Change • Types of Technology • How Technology Transforms Society • An Extended Example: Effects of the Automobile • An Extended Example: Effects of the Computer • Power, Secrecy, and National Boundaries • The Shrinking World and Cultural Leveling • The Information Superhighway and Social Inequalities

Perspectives: Cultural Diversity Around the World:
 Lost Tribes, Lost Knowledge 627

# Other Theories of Social Change 628

Evolutionary Theories • Cyclical Theories • Conflict Theory

# Social Change and the Natural Environment 629

Environmental Problems in the First World • Environmental Problems in the Second World • Environmental Problems in the Third World • The Environmental Movement

Thinking Critically About Social Controversy:
 Ecosabotage 633
 Environmental Sociology • The Goal of Harmony
 Between Technology and the Environment

Summary and Review 635

Suggested Readings 637

References 647

Indexes 694