

THIRD EDITION

COMMUNITY HEALTH NURSING

Process and Practice for Promoting Health



STANHOPE
LANCASTER

THIRD EDITION

COMMUNITY HEALTH NURSING

Process and Practice for Promoting Health

MARCIA STANHOPE, RN, DSN, FAAN

Professor and Director,
Division of Community Health Nursing and Administration,
College of Nursing, University of Kentucky,
Lexington, Kentucky

JEANETTE LANCASTER, RN, PhD, FAAN

Dean and Sadie Heath Cabaniss Professor
School of Nursing
University of Virginia
Charlottesville, Virginia

with 239 illustrations

 **Mosby
Year Book**

St. Louis Baltimore Boston Chicago London Philadelphia Sydney Toronto

Executive Editor: Darlene Como
Developmental Editors: Laurie Sparks, Susan R. Epstein, Linda McKinley
Project Manager: Mark Spann
Production Editor: Daniel J. Johnson
Designer: Jeanne Wolfgeher

THIRD EDITION

Copyright © 1992 by Mosby-Year Book, Inc.

A Mosby imprint of Mosby-Year Book, Inc.

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission from the publisher.

Permission to photocopy or reproduce solely for internal or personal use is permitted for libraries or other users registered with the Copyright Clearance Center, provided that the base fee of \$4.00 per chapter plus \$.10 per page is paid directly to the Copyright Clearance Center, 27 Congress Street, Salem, MA 01970. This consent does not extend to other kinds of copying, such as copying for general distribution, for advertising or promotional purposes, for creating new collected works, or for resale.

Previous editions copyrighted 1984 and 1988

Printed in the United States of America

Mosby-Year Book, Inc.
11830 Westline Industrial Drive
St. Louis, MO 63146

Library of Congress Cataloging-in-Publication Data

Community health nursing : process and practice for promoting health /
[edited by] Marcia Stanhope, Jeanette Lancaster. — 3rd ed.

p. cm.

Includes bibliographical references and index.

ISBN 0-8016-4774-6

1. Community health nursing. I. Stanhope, Marcia.

II. Lancaster, Jeanette.

[DNLM: 1. Community Health Nursing—United States. WY 106 C7356]

RT98.C6562 1992

362.1'73—dc20

DNLM/DLC

for Library of Congress

91-29999
CIP

CONTRIBUTORS

Mary N. Albrecht, RN, PhD

Post-Doctoral Fellow
Community Health Nursing
University of Michigan
School of Nursing
Ann Arbor, Michigan

Associate Professor

Elmhurst College

Elmhurst, Illinois

Rena Alford, BSN, MN, PNP

State Director of Public Health Nursing
South Carolina Department of Health and Environment Control
Columbia, South Carolina

Sandra Anderson, RN, PhD

Nurse Scientist

World Health Organization Global Programme on AIDS
Geneva, Switzerland

Julia W. Balzer, RN, MN

Staff Educator

Baptist Medical Center

Jacksonville, Florida

Eleanor Bauwens, RN, PhD, FAAN

Professor

University of Arizona

College of Nursing

Tucson, Arizona

Marjorie Glaser Binder, RN, MA

Continuing Education Consultant and Artist
Kentucky Nurses' Association
Louisville, Kentucky

Kathleen Beckman Blomquist, RN, PhD

Post-Doctoral Scholar

Sanders Brown Center on Aging

University of Kentucky

Lexington, Kentucky

Diane E. Boyer, BSN, RN, MSN, CS

Clinician 2

Neonatal Intensive Care Unit,

University of Virginia Health Sciences Center

Charlottesville, Virginia

Jacquelyn Campbell, RN, PhD, FAAN

Associate Professor

College of Nursing

Wayne State University

Detroit, Michigan

Ann Cary, BSN, PhD, MPH

Professor and Associate Dean for Student and Alumni Affairs
Louisiana State University
Medical Center
School of Nursing
New Orleans, Louisiana

Carol J. Loveland-Cherry, RN, PhD

Assistant Professor

Community Health Nursing

The University of Michigan

School of Nursing

Ann Arbor, Michigan

Marcia Cowan, RN, C, MSN, PNP

Clinical Nurse Specialist

Vanderbilt University Medical Center

Nashville, Tennessee

Beverly C. Flynn, RN, PhD, FAAN

Professor, Community Health Nursing

Indiana University

School of Nursing

Director

Institute of Action Research for Community Health

Head, World Health Organization Collaborating Center on
Healthy Cities

Director, Healthy Cities Indiana

Indianapolis, Indiana

Sara T. Fry, RN, PhD, FAAN

Associate Professor

School of Nursing

University of Maryland at Baltimore

Baltimore, Maryland

Jean Goeppinger, RN, MS, PhD

Professor

University of Michigan

School of Nursing

Ann Arbor, Michigan

Phyllis Graves, RN, MPH, DSN

Professor (Retired)

College of Nursing

Northwestern State University

Shreveport, Louisiana

Patty J. Hale, RN, MSN

Assistant Professor

School of Nursing

University of Virginia

Charlottesville, Virginia

Nancy Dickenson-Hazard, RN, CPNP, MSN

Executive Director

The National Certification Board of Pediatric Nurse Practitioners
and Nurses

Rockville, Maryland

Irma Heppner, RN, MS, CS

Director of Emergency Services

Region 10 Community Services Board

Charlottesville, Virginia

Judith B. Igoe, MS, RN, FAAN

Associate Professor
Director, School Health Programs
University of Colorado
School of Nursing
Denver, Colorado

Rosemary Johnson, RN, MPH

Professor Emeritus
College of Nursing
Arizona State University
Tempe, Arizona

Karen T. Labuhn, RN, PhD

Senior Research Associate
Kaiser Permanente Center for Health Research
Portland, Oregon

Jeanette Lancaster, RN, PhD, FAAN

Sadie Heath Cabaniss Professor of Nursing
Dean, School of Nursing
University of Virginia
Charlottesville, Virginia

Wade Lancaster, PhD

Marketing Analyst
University of Virginia
Health Sciences Center
Charlottesville, Virginia

Peggye Guess Lassiter, RN, BSN, MSN

Assistant Professor
Howard University
College of Nursing
Washington, DC

Gwendolen Lee, RN, EdD

Associate Professor and Director
Division of Parent-Child Nursing
College of Nursing
University of Kentucky
Lexington, KY

Roberta K. Lee, RN, DrPH

Associate Professor
University of Texas Medical Branch at Galveston
College of Nursing
Galveston, Texas

Myra Lovvorn, RN, MSN

Clinic Coordinator
The 1917 Clinic (AIDS Outpatient Care)
University of Alabama at Birmingham
Birmingham, Alabama

Lois W. Lowry, RN, DNSc

Assistant Professor
College of Nursing
University of South Florida
Health Sciences Center
Tampa, Florida

Karen S. Martin, RN, MSN, FAAN

Director of Research
Visiting Nurses Association of Omaha
Omaha, Nebraska

Mary Lynn Mathre, RN, MSN, CARN

Clinician 4
Addiction Treatment Program
University of Virginia Health Sciences Center
Blue Ridge Hospital
Charlottesville, Virginia

Beverly McElmurry, RN, EdD, FAAN

Professor and Program Director
Primary Health Care in Urban Communities
Associate Dean
Office for International Studies
Director of Women's Studies
University of Illinois at Chicago
College of Nursing
Chicago, Illinois

Geneva W. Morris, RN, PhD

Assistant Professor
University of Texas
Health Science Center at Houston
School of Nursing
Houston, Texas

Cynthia E. Northrop, RN, MS, JD

Nurse Attorney
Member of Maryland Bar
New York, NY
(deceased)

Charlene C. Ossler, PhD, COHN

Executive Director
American Board for Occupational Health Nurses, Inc.
Mequon, Wisconsin

Juliann G. Sebastian, RN, MSN

Associate Professor
College of Nursing
University of Kentucky
Lexington, Kentucky

Nancy J. Scheet, RN, MSN

Director of Hospice
Visiting Nurses Association of Omaha
Omaha, Nebraska

Cynthia S. Selleck, RN, C, DSN, FNP

Assistant Professor
Chair, Family Health Nursing
College of Nursing
University of South Florida
Tampa, Florida

Linda Shortridge, RN, PhD

Assistant Professor
College of Nursing and Health
University of Cincinnati
Cincinnati, Ohio

George F. Shuster, III, RN, DNSc

Assistant Professor
College of Nursing
University of New Mexico
Albuquerque, New Mexico

Ann T. Sirles, RN, DSN, CFNP

Professor

Community Health Nursing

School of Nursing

University of Alabama at Birmingham

Birmingham, Alabama

Delois H. Skipwith, RN, DSN

Professor

School of Nursing

University of Alabama at Birmingham

Birmingham, Alabama

Rebecca H. Sloan, RN, MSN, CRNP

Family Nurse Practitioner

Geriatric Resource Center

Carraway Methodist Medical Center

Birmingham, Alabama

Sudie Elizabeth Speer, RN, BS, MS

Level III Staff Nurse, Home Care

The Children's Hospital

Denver, Colorado

Patricia L. Starck, RN, DSN

Dean and Professor

School of Nursing

University of Texas Health Science Center at Houston

Houston, Texas

Marcia Stanhope, RN, DSN, FAAN

Professor and Director

Community Health Nursing and Administration Division

College of Nursing

University of Kentucky

Lexington, Kentucky

Susan M. Swider, RN, PhD

Clinical Assistant Professor

University of Illinois at Chicago

Project Co-Director

Primary Health Care in Urban Communities

College of Nursing

Chicago, Illinois

Joan G. Turner, RN, DSN

Associate Professor

School of Nursing

University of Alabama at Birmingham

Birmingham, Alabama

Barbara Valanis, RN, DrPH

Senior Investigator

Kaiser Permanente Center for Health Research

Portland, Oregon

Prapin Watanakij, RN, MEd

Research Assistant

Primary Health Care in Urban Communities Project

University of Illinois at Chicago

College of Nursing

Chicago, Illinois

Deputy Director, Nursing Division

Ministry of Public Health

Bangkok, Thailand

Carolyn A. Williams, PhD, RN, FAAN

Dean and Professor

College of Nursing

University of Kentucky

Lexington, Kentucky

CONSULTANTS

Barbara K. Andersen, RN, EdD

Associate Professor
University of Tennessee at Chattanooga
Chattanooga, Tennessee

Arlene Gray Blix, RN, DrPh, CHES

Associate Professor
Department of Nursing
California State University, Fullerton
Fullerton, California

Mary Woods Byrne, RN, PhD

Associate Professor and Chairperson
Undergraduate Nursing Program
College of Mount Saint Vincent
Riverdale, New York

Patricia F. Conley, RN, MS

Assistant Professor of Nursing
University of Wisconsin at Oshkosh
College of Nursing
Oshkosh, Wisconsin

Barbara Crosson, RN, MSN

Case Manager
SPRANS (Special Project of Regional and National
Significance) Case Management Project
Children's Medical Services
District 8-1
Valdosta, Georgia

Elizabeth L. Foster, RN, MS

Assistant Professor of Nursing
Community Health Nursing
Husson College
Eastern Maine Medical Center Baccalaureate Nursing Program
Bangor, Maine

Nancy Bernice Jones, MSN, RN

Assistant Professor, Nursing in the Community
Kent State University
Henderson Hall, School of Nursing
Kent, Ohio

Shirley Stevenson, RN, PhD, CS

Professor of Nursing
Pittsburg State University
Pittsburg, Kansas

Patricia Torsella, RN, MSN, CS

Assistant Professor, Community Health Nursing Coordinator
Department of Nursing
Bloomsburg University
Bloomsburg, Pennsylvania

It is not often that one attains a measure of success in a career without the support and mentoring of others. I am fortunate to have been the recipient of such relationships. They are truly gifts that require special interest, time, and energy, and an understanding of when and how to help, when to push, and when to quit. This edition of the text is dedicated to those who helped shape my career and who were instrumental in my choice of community health nursing as my specialty area. It was the public health nurse who visited my home when I was a child who piqued my curiosity about the specialty, and my high school principal, Clyde T. Lassiter, who paved the road for my entrance into my first nursing program. Beyond that I have enjoyed the collegueship of many but it is that special few who are foremost in my thoughts: Paulina Sloan, Charlotte Denny, Mary Hall, Carolyn Williams, Norma Mobley, and Jeanette Lancaster. Each has contributed in her own way to my career development. I owe each a special thanks.

Marcia Stanhope

It is always hard to know where to start when I write a dedication to the people who were so supportive and who helped in so many ways to make this monumental project possible. Certainly, I will always be grateful to my parents, Howard and Glada Miller, who never thought anything was impossible for me to accomplish and who were so proud of the achievements I have had. My husband, Wade, and daughters, Melinda and Jennifer, have missed meals, talked to me when all I could think of were deadlines, and been supportive when my writing upset their plans and desires. In this edition I have been privileged to have a wonderful secretary, Agnes Toms, who has worked to help me meet deadlines and prepare materials. Marcia and I have been privileged to work with a great group of contributors who made considerable sacrifices of their time and energy to meet deadlines and to keep revising until we finally got this edition "right." With my dear friend, Marcia, I have enjoyed a special closeness that comes from trust, respect, caring, and 13 years of working together to meet a goal that we both cherish.

Jeanette Lancaster

A Tribute To Cynthia Ellen Northrop 1950-1989

Cynthia Northrop was an author that every editor dreamed of working with; she was consistent in the high quality of her work; efficient in meeting deadlines; and always professional in working to meet mutually agreed upon goals. When Cynthia died in 1989 at the age of 39, nursing lost a fine nursing law practitioner and a leader in both community health nursing and law.

Among the many roles in which she achieved success were nurse educator in community health nursing, practicing nurse attorney, author, and speaker. She acted upon the strength of her convictions and was a leader in many areas, including the founding in 1982 of the American Association of Nurse Attorneys. She subsequently served as president and board member of this organization whose members now number more than 600.

Cynthia will be remembered for her many contributions to nursing, particularly nursing law. Perhaps she will be more vividly remembered as a friend, colleague, member of a loving family, and person who had the courage to live each day to the fullest even though she knew for the last several months of her life that she would not be allowed the long life she so deserved.

We all miss Cynthia, friend and colleague to so many.



FOREWORD

The challenge of today's nursing educator is the preparation of the practitioners and leaders of the future. Rather than focus on giving lectures and providing "content," the model of the effective educator is increasingly being conceptualized as that of a "coach" whose expertise is directed to assessing the needs of students and identifying resources and opportunities that they can use in addressing their learning needs. Although a wide range of materials and experiences may be useful in assisting students to meet their goals, the need for a progressive, authoritative, and readable textbook persists. Stanhope and Lancaster's third edition of *Community Health Nursing: Process and Practice for Promoting Health* remains a compelling choice.

This latest edition of what has become a classic resource in the field of community health nursing maintains strengths of the two previous editions and incorporates new material to deal with current health problems and management strategies. In one single volume the user has access to guidance from acknowledged experts and leaders in community health nursing, who consider a wide range of topics from the history of the field and conceptual foundations to models for program planning and evaluation. In addition, contemporary epidemics and concerns such as AIDS, adolescent pregnancy, substance abuse, and homelessness are addressed as are the latest approaches to nursing diagnosis and case management in community-based services.

The provision of high quality, direct care nursing service to individuals is the heart of nursing, but for a profession

that aspires to make a difference, a focus that is limited to direct care clinical concerns at the individual level is not a sufficient response to the present and future health care needs of the nation. If nursing is to have a positive and significant impact, its practitioners must become seriously involved in structuring the political agenda and adopting strategies to deal with promoting health and providing health care services at the community level. With the aging of the population and the growing recognition that the ever increasing cost of medical care must be slowed, it has never been more important to focus attention on community-based, population-focused approaches to health promotion and disease prevention. And, with the recognition that current knowledge is sufficient to prevent many of the major health problems of these times and significantly reduce the negative sequelae of others, it has never been more timely to do so. For those who seek to understand the elements and strategies inherent in such practice, which is the essence of community health nursing, and for those who seek to prepare for the challenges and rewards that go with it, Stanhope and Lancaster's third edition is the resource of choice.

Carolyn A. Williams, RN, PhD, FAAN
Dean and Professor
College of Nursing
University of Kentucky
Lexington, Kentucky

PREFACE

The current critical state of the health care system is reflected in triple digit inflation, questionable quality of care, and inaccessible care for 27% of the population who are underinsured or uninsured. Though the health of the average American is said to be better today than ever before in the history of the nation, medical practices have not markedly influenced the overall decline in mortality in the United States since the early 1900s. In fact, despite the vast sums of money spent on health care and the increasing number of health providers, the United States still lags behind several industrialized nations when one compares mortality and morbidity statistics.

The improved health of the population and the slight decline in mortality related to the leading causes of death are primarily attributed to the many advances in public health across the decades, advances such as improved sanitation, food pasteurization, refrigeration, immunization, and emphasis on personal lifestyle and environmental changes.

Recent estimates indicate that 50% of disease, disability, and death is due to lifestyle influences and is preventable. Control of risk factors such as diet, exercise, use of tobacco, drugs and alcohol, sexual promiscuity, and seatbelt use could prevent between 40% to 70% of all premature death, 33% of all disability, and 66% of all chronic disability. Yet most health care dollars are spent to treat the ten percent of the population who may be ill at any one time.

These factors have led to the formation of a resolution to focus attention on the development of a healthy public policy for the nation. This policy is reflected in the Year 2000 National Health Objectives designed to reduce the overall need for institutional care for both acute and chronic illness and reduce the need for use of technologies while increasing the health of individuals.

Disease prevention and health promotion activities designed to change personal lifestyle are to be planned through the establishment of partnerships between government, business, voluntary organizations, consumers, and health providers. The purposes to be accomplished through these partnerships are to reduce health disparities among Americans by targeting care to children, minorities, elderly, and the uninsured; to increase the healthy lifespan of Americans and to achieve access to preventive services for all Americans. The overall goal is to develop healthy communities.

To develop healthy communities, commitment from the individual, family, community, and society is essential. People must understand the need for changes in personal health-related practices. Society, and especially health care providers, must provide support including education, alterations in health policy priorities, changes in financing, and research to demonstrate the benefits of health promotion.

What does this mean for nurses? Nursing as a caring and helping profession exists because people are not always

healthy and self-sufficient. Nursing's challenge is to become the central catalyst for change. Community health nursing is a practice that is continuous and comprehensive, is directed toward all age groups, takes place in a wide variety of settings, and includes health education, maintenance, coordination, and evaluation of care for individuals, families, groups, and communities.

To meet the demands of a constantly changing health care environment, nursing must become increasingly futuristic in developing roles and practice areas. To do this the nurse must know the importance of several key factors, including a knowledge of public health tradition and principles, the current and evolving characteristics of the health care system, a heightened awareness of the role and responsibilities of nurses, the importance of a health promotion orientation, and the necessity for consumer responsibility for health.

This text was written to provide nursing students and practitioners with a comprehensive source book that offers a foundation for designing community health nursing strategies for individuals, families, groups, and communities. The unifying *theme* for the book is the integration of health promotion concepts into the multifaceted role of the community health nurse. Such a preventive focus emphasizes traditional public health practice with increased attention to the effects of the internal and external environment and lifestyle on health.

To achieve this goal, the text is divided into seven sections: (1) introduction to the contemporary health care delivery system that describes the historical and current status of the health care system, including factors that influence community health nursing services; (2) discussion of the conceptual foundations for community health practice, including selected models from nursing and related sciences; (3) focus on the community as client, which describes the aggregate concept, the influence of groups in communities, and the extent to which environment affects the health of the community; (4) a review of common community health problems that affect the quality of life in society; (5) a developmental approach to describe risk factors and health problems of individuals and families; (6) health promotion strategies; and (7) a look at the diversity in the role of community health nurses that describes the changing roles, functions, and practice settings.

We wish to take this opportunity to express sincere appreciation to our families and friends who supported and encouraged us through this herculean task and to the administration and staff of the University of Kentucky College of Nursing and to the staff at the University of Virginia who generously contributed their time, effort, and support to this endeavor. In addition, we wish to thank Darlene Como, Laurie Sparks, Susan R. Epstein, and Linda McKinley, of Mosby-Year Book, Inc., and the reviewers for their time

and effort in assisting with the refinement of this text. The cooperation and commitment to quality by those who worked with us on this project are greatly appreciated.

A special thanks to past contributors to the first and second editions of this text. Their expertise and commitment to quality continue to be reflected in this edition of the text. Much appreciation to Nannette Worel, Vivienne Brown, David Kerschner, Denise Geolot, Doris Wagner Ferguson,

Margaret Millsap, Cora Withrow, Sharon Sheahan, Ellen Kent Bailey, Eileen Wiles, Paula Pointer, Marjorie Keller, and Jacquelyne Logue.

Marcia Stanhope

Jeanette Lancaster

CONTENTS

PART ONE *Contemporary Health Care Delivery and Community Health Nursing*

- 1** History of Community Health and Community Health Nursing, 2
 Jeannette Lancaster
- 2** Current Status of the Health Care System, 21
 Jeanette Lancaster and Wade Lancaster
- 3** Primary Health Care, 34
 Beverly McElmurry, Susan M. Swider, Prapin Watanakij
- 4** Economics of Health Care Delivery, 45
 Marcia Stanhope
- 5** Ethics in Community Health Nursing Practice, 69
 Sara T. Fry
- 6** Social and Cultural Influences on Health Care, 91
 Eleanor Bauwens and Sandra Anderson
- 7** Governmental, Political, and Legal Influences on the Practice of Community Health Nursing, 109
 Cynthia E. Northrop and Marcia Stanhope

PART TWO *Conceptual Foundations for Community Health Nursing Practice*

- 8** Conceptual Models for Community Health Nursing, 129
 Jeanette Lancaster, Lois Lowry, Gwendolen Lee
- 9** The Epidemiological Model Applied in Community Health Nursing, 151
 Linda Shortridge and Barbara Valanis
- 10** Research as a Guide to Community Health Nursing Practice, 171
 Beverly C. Flynn
- 11** Education Models and Principles Applied to Community Health Nursing, 180
 Jeanette Lancaster
- 12** Program Management, 201
 Marcia Stanhope and Gwendolen Lee
- 13** Promoting Quality in Community Health Nursing, 215
 Marcia Stanhope
- 14** Nursing Diagnoses Applied to Community Health Nursing, 229
 Karen S. Martin and Nancy J. Scheet

PART THREE *The Community as Client*

- 15** Community-based Population-focused Practice: The Foundation of Specialization in Public Health Nursing, 244
 Carolyn A. Williams
- 16** Community as Client: Using the Nursing Process to Promote Health, 253
 Jean Goeppinger and George F. Shuster, III
- 17** Working with Groups in the Community, 277
 Peggye Guess Lassiter
- 18** Environmental Health and Safety, 293
 Jeanette Lancaster

PART FOUR *Common Community Health Problems*

- 19** Communicable Diseases and Infection Control Practices, 312
Joan G. Turner and Myra Lovvorn
- 20** HIV and Other Sexually Transmitted Diseases, 333
Patty J. Hale
- 21** Community Mental Health, 351
Diane E. Boyer and Irma Heppner
- 22** Vulnerable Populations in the Community, 365
Juliann G. Sebastian
- 23** Substance Abuse in the Community, 391
Mary Lynn Mathre
- 24** Violence and Human Abuse, 411
Jacquelyn Campbell and Jeanette Lancaster

PART FIVE *The Individual and Family as Client: A Developmental Approach*

- 25** Family Development, 431
Rosemary Johnson
- 26** The Nursing Process Applied to Family Health Promotion, 453
Julia W. Balzer
- 27** Issues in Family Health Promotion, 470
Carol J. Loveland-Cherry
- 28** The First Through Sixth Years of Life, 485
Nancy Dickenson-Hazard
- 29** School-age Children and Adolescents, 513
Nancy Dickenson-Hazard
- 30** Young and Middle-age Adults, 531
Patricia L. Starck and Geneva W. Morris
- 31** The Older Adult, 545
Delois H. Skipwith
- 32** The Developmentally Disabled Population, 560
Marcia Cowan

PART SIX *Tools and Techniques for Health Promotion*

- 33** Self-health Care Through Risk Appraisal and Reduction, 578
Jean Goeppinger and Karen T. Labuhn
- 34** Health Promotion Through Nutrition, Exercise, and Sleep, 592
Kathleen Beckman Blomquist
- 35** Stress Management and Crisis Intervention, 612
Phyllis Graves and Jeanette Lancaster

PART SEVEN *Diversity in the Community Health Nursing Role*

- 36** The Community Health Nurse Clinician and Family Nurse Practitioner in Primary and Ambulatory Care, 634
Cynthia S. Selleck, Ann T. Sirles, and Rebecca H. Sloan
- 37** The Community Health Nurse Manager, 648
Robertta K. Lee
- 38** The Community Health Nurse Consultant, 662
Marcia Stanhope and Rena Alford

- 39** Promoting Continuity of Care: Advocacy, Discharge Planning, and Case Management, 681
Ann H. Cary
- 40** The Community Health Nurse in the Schools, 707
Judith Igoe and Sudie Elizabeth Speer
- 41** The Community Health Nurse in Occupational Health, 731
Charlene C. Ossler
- 42** The Community Health Nurse in Home Health and Hospice Care, 747
Mary N. Albrecht

APPENDICES* *(Detailed Table of Contents Appears Before Appendix A)*

- A** Individual Assessment Tools, 763
- B** Family Assessment Tools, 780
- C** Health Risk Appraisal, 795
- D** Drug and Immunization Information, 817
- E** Contracts and Forms: Samples, 824
- F** Criteria and Standards for Community Health Nursing Practice, 828
- G** Governmental Influence on Health Care Delivery, 830
- H** Community Resources, 833
- I** Sample Guides, 843
- J** Nursing Intervention Guidelines, 844
- K** Screening Tools, 892
- L** Planning Methods and Evaluating Models, 913
- M** Summary List of National Health Objectives, 918
- GLOSSARY, 929**

*A more detailed table of contents appears before Appendix A.

Contemporary Health Care Delivery and Community Health Nursing

Since the late 1800s, community health nurses have been leaders in improving the quality of health care for individuals, families, and communities. The importance of legal, economic, ethical, social, cultural, and political forces has been recognized. It has also become clear that community health nursing throughout the world has more similarities than differences from one country to another.

In recent years the U.S. health care system has been under attack because of rapidly rising health care costs, inconsistency in the level of services provided from one area to another, and a general inconsistency in the quality and accessibility of health services. With 37 million Americans uninsured and 18 million underinsured, it has been recognized that access to health care services is not a right for all. The public health system has eroded as a major force for promoting the health of all people. It is unable to protect and improve the health of the most needy individuals and families.

In September 1990 Secretary of Health and Human Services Louis Sullivan called together in Washington over 1500 leaders of 300 national organizations and governmental agencies to announce the Health Objectives for the Nation for the Year 2000. Based upon the success in achieving the 1990 objectives, there is every reason to believe that these latest objectives will improve the overall health of the nation.

If community health nurses are to be effective forces for promoting the health of Americans, it is necessary to understand the history of community health nursing and the current status of the public health system. The challenges currently facing community health nurses are similar to those facing nurses in earlier times. The approaches that have proved successful in the past often can be modified and implemented to deal with contemporary challenges. We can learn not only from the past but also from others. This edition includes content related to health care delivery in Canada because many people believe that Americans could learn how to improve services from the Canadian model of health care delivery.

Part One presents information about significant factors affecting health in the United States. Some contrasts and comparisons, especially in primary health care, are made with Canada and Thailand. The amount of money spent on health services is tremendous. An understanding of the political, legal, ethical, and cultural factors that affect decisions about health care priorities is imperative. It is said that "knowledge is power." To influence the national health care agenda and be instrumental in changing the level and quality of services and the priorities for funding, requires informed, courageous, and committed nurses. The chapters in Part One are designed to provide crucial information so that community health nurses can make a difference in health care.