

ROBERT CROOKS
KARLA BAUR



Our Sexuality

Robert Crooks Karla Baur





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Paraninfo Calle Magallanes, 25 28015 Madrid, Spain For our loving spouses, Sami Tucker and Jim Hicks, and the dedicated staff of Act Now—a community-based organization implementing an HIV/AIDS intervention program for southeastern Kenya.



About the Authors

The integration of psychological, social, and biological components of human sexuality in this text is facilitated by the blending of the authors' academic and professional backgrounds. Robert Crooks has a Ph.D. in psychology. His graduate training stressed clinical and physiological psychology. In addition, he has considerable background in sociology, which served as his minor throughout his graduate training. His involvement with teaching human sexuality classes at the university, college, and medical school levels spans over two decades. Recently Bob has been involved in the establishment and implementation of an HIV/AIDS education and intervention program in Kenya. His work with this project includes designing a research strategy for assessing behavior change and a peer educator-based educational strategy as well as conducting training sessions for Kenyan peer educator staff. He spent several months in Africa during 2003 and 2004. His involvement will continue in future years as the program expands dramatically due, in large part, to a substantial grant recently provided by the European Union.

Karla Baur has a master's degree in social work; her advanced academic work stressed clinical training. She is a licensed clinical social worker in private practice, specializing in couples and sex therapy with adults. Karla is certified as a sex educator, therapist, and sex therapy supervisor by the American Association of Sex Educators, Counselors, and Therapists. She has instructed sexuality classes at several colleges and universities and provides training for other mental health professionals. Karla has also found a way to combine her clinical skills with her love of horses by providing performance enhancement training for equestrians. Further, Karla has become involved in the HIV/AIDS program in Kenya, and she spent several weeks in 2004 teaming up with Bob training peer educators.

The authors have a combined total of over 60 years of teaching, counseling, and research in the field of human sexuality. Together they taught sexuality courses at Portland Community College for a number of years. They present workshops and guest lectures to a wide variety of professional and community groups, and they counsel individuals, couples, and families on sexual concerns. Their combined teaching, clinical, and research experiences, together with their graduate training, have provided them with an appreciation and sensitive understanding of the highly complex and personal nature of human sexuality.

It is the authors' belief that a truly sensitive understanding of our sexuality must be grounded in both the female and the male perspectives and experiences. In this sense, their courses, their students, and this text have benefited from a well-balanced perception and a deep appreciation of human sexual behavior.

Preface

Our Sexuality, now in its ninth edition, provides students with an engaging, personally relevant, and academically sound introduction to human sexuality. The text's comprehensive integration of biological, psychological, behavioral, and cultural aspects of sexuality has been consistently well received in each previous edition.

New in This Edition

- More that **1,000 new citations**, reflecting the most recent research, have been added, many from studies reported in the last two years.
- A new, free *Our Sexuality* CD-ROM comes automatically bundled with every new copy of the text. The CD-ROM provides animations of difficult concepts, as well as video clips of people discussing various sexual issues. Topics include coming out in the workplace, a postsurgery transsexual, and a man with erectile dysfunction. The CD also has chapter quizzing and critical thinking questions, and students can easily print or e-mail their results. There is also a "Virtual Safer Sex Kit" that introduces major kinds of contraception.
- New Spotlight on Research boxes cover recent important research studies. Content topics include Media Reports on Hormone Therapy Research (Chapter 4), Monitoring Sexual Arousal in Women with Magnetic Resonance Imaging (Chapter 5), Sex Differences in Desire for Sexual Variety (Chapter 7), and the Impact of Prenatal Influences on the Brain (Chapter 10) as determinants of sexual orientation.
- Sexuality and Diversity discussions have been integrated directly into the flow of text, rather than separated out as boxes, emphasizing continuity of coverage.
- Several new **Sexuality and Diversity** discussions have been added throughout the text, dealing with topics such as American ethnic diversity in age of menarche and the HIV epidemic in Russia. Many other Sexuality and Diversity discussions have been revised, expanded, and updated for the ninth edition.
- New **At A Glance** tables are designed to present important information in summary form. Some examples of this new feature include tables that out-

- line Factors Involved in Typical Prenatal Differentiation; Factors to Consider when Choosing a Birth Control Method; Common STDs: Transmission, Symptoms, and Treatment; and The Impact of Attachment Styles on Intimate Relationships.
- A wealth of new and significantly updated information in every chapter, highlights of which are described below.

Chapter 1: Perspectives on Sexuality

- Findings from the "Global Study of Sexual Attitudes and Behaviors" that describe how people around the world answer the question "How important is sex to you?"
- Significantly expanded coverage of diversity around the world, with emphasis on Islam and sexuality.
- New and expanded coverage of current trends in the media and its impact on our sexuality.
- Expanded discussion of sexuality from the perspective of the personal as political.

Chapter 2: Sex Research: Methods and Problems

- New *Spotlight on Research* box describing techniques used to assess the impact of an HIV/AIDS program in Kenya.
- Coverage of the Youth Risk Behavior Survey.
- Sex research in cyberspace: expanded and updated coverage.

Chapter 3: Gender Issues

- New *At a Glance* table outlining biological factors involved in typical prenatal differentiation.
- Expanded discussion of sex differences in cognitive functioning.
- Revised and updated coverage of atypical prenatal differentiation.
- Expanded and updated discussion of agents of gender-role socialization.
- New coverage of an evolutionary perspective on the origin of sex-typed toy preferences.

Chapter 4: Female Sexual Anatomy and Physiology

- Expanded coverage of female genital cutting with emphasis on clitoridectomy.
- New information about the health risks associated with douching.
- Expanded coverage of attitudes pertaining to sexuality and menstruation.
- New discussion and analysis of media reports pertaining to research on hormone therapy.
- Discussion of difficulties associated with hormone therapy research.
- Coverage of alternatives to hormone therapy.
- New *At a Glance* table listing benefits and problems associated with hormone therapy.
- Discussion of the use of magnetic resonance imaging to detect breast implant rupture.
- Coverage of the new recommendations/outlines for monthly breast exams provided by the American Cancer Society.

Chapter 5: Male Sexual Anatomy and Physiology

- New *Sexuality and Diversity* discussion of koro (genital retraction syndrome).
- New *On the Edge* box on the topic of penile augmentation.
- Updated coverage of circumcision.
- Description of the use of saw palmetto in the prevention of benign prostatic hyperplasia.
- Significantly updated coverage of prostrate cancer and treatment options.
- New *Spotlight on Research* box discussing the pros and cons of the PSA test as a diagnostic tool for prostate cancer.

Chapter 6: Sexual Arousal and Response

- Updated and significantly revised discussion of the role of hormones in sexual behavior.
- New coverage of the role of oxytocin in male and female sexual behavior.
- Expanded discussion of the brain and its relationship to sexual arousal, including specific regions in the hypothalamus and the neurotransmitters dopamine and serotonin.
- Discussion of the impact of selective serotonin reuptake inhibitors (SSRIs) on sexual arousal and response.
- Updated information about pheromones as sexual attractants.
- New *Spotlight on Research* box that describes the use of magnetic resonance imaging to monitor sexual arousal in women.

Chapter 7: Love, Attraction, Attachment, and Intimate Relationships

- New section dealing with attachment styles and love with a detailed discussion of how attachment styles are formed and how they influence adult intimate relationships.
- New *At a Glance* table that outlines the impact of attachment styles on intimate relationships.
- Expanded coverage of the relationship between love and sex.
- New Spotlight on Research box that describes a major cross-cultural study of sex differences in desire for sexual variety.

Chapter 8: Communication in Sexual Behavior

- Significantly revised discussion of "Expressing and Receiving Complaints" with substitution of the term "complaint" for the term "criticism."
- New section on "Communication Patterns in Successful and Unsuccessful Relationships" with particular attention to John Gottman's research on constructive and destructive communication tactics.

Chapter 9: Sexual Behaviors

- Expanded and revised section on celibacy with new discussion of celibacy as freedom from limitations of women's roles.
- Expanded coverage of fantasies about coerced sexual encounters.
- Discussion of factors associated with the taste of ejaculate.
- Coverage of new data indicting increased rates of anal intercourse.

Chapter 10: Sexual Orientations

- Discussion of new developments in the media portrayals of gays and lesbians.
- New research on sexual orientation conversion treatment.
- Inclusion of current examples of attitudes of acceptance and condemnation of homosexuality.
- Description of the first public high school for gay and lesbian students.
- Discussion of the characteristics of same-sex couples as compared to heterosexual couples.
- Percentages of gays and lesbians involved in ongoing relationships.
- Expanded coverage of gay and lesbian parents.
- Discussion of trends toward decriminalization of private sexual behavior between adults.
- Discussion of the effects of discrimination based on sexual orientation that occurs in the U.S. military.

Chapter 11: Contraception

- New information about contraception issues within American Catholicism.
- Updated coverage of the practice of using birth control at first intercourse.
- Revised and updated table: "Choosing a Birth Control Method."
- Discussion of the widespread occurrence of incorrect use of oral contraceptives.
- Coverage of new contraceptive methods, including: 1) the vaginal ring (NuvaRing); 2) Seasonale birth control pill; 3) the skin patch (Ortho Evra); 4) FemCap cervical barrier; 5) Lea's Shield cervical barrier; 6) Mirena intrauterine device; and 7) the Standard Days Method of fertility awareness.
- Discussion of advances in condom design and errors in condom use.
- Updated information about emergency contraception.
- Discussion of transcervical sterilization.
- Updated information about future contraceptive options for men and women.

Chapter 12: Conceiving Children: Process and Choice

- New information about sperm damage due to chemicals and environmental pollution.
- Birth rates from artificial reproductive technologies are updated and discussed.
- A discussion of caffeine's contribution to miscarriage.
- The political controversy raging over late-term abortion is discussed.
- Coverage of Islamic law as it relates to abortion.
- Coverage of the various states' child welfare policies and abortion restrictions.
- U.S. maternal and infant mortality rates.
- Maternal and infant mortality rates in developing countries are described.
- Information is presented about the increasing incidence of birth rates among older women in the United States.
- Discussion of characteristics of women who breast feed.

Chapter 13: Sexuality During Childhood and Adolescence

- New *Sexuality and Diversity* coverage of American ethnic diversity in age of menarche.
- Updated and revised discussion of the sexual double standard.
- Retitled "Petting" section to "Noncoital Sexual Expression" and revised content.
- Revised and updated discussion of adolescent coitus.
- New information on pregnant teenagers' risk for contracting sexually transmitted diseases.

Chapter 14: Sexuality and the Adult Years

- New information pertaining to cohabitation among older couples.
- New data on cohabitation.
- Discussion of the marriage ideal in collectivist and individualist cultures.
- New information about the status and controversy pertaining to legal marriage for same-sex couples.
- Coverage of the increased incidence of interracial marriage.
- Comparison of married men and women in their respective degree of sexual satisfaction.
- New information about DINS couples (Dual Income, No Sex).
- Discussion of the Internet's role in infidelity.
- An examination of the negative impact on relationships of secrecy about infidelity.
- Latest divorce rates data and updated and revised discussion of the various causes of divorce.
- A discussion of global beliefs about the relationship between sexual activity and aging.
- Information about the increasing phenomenon of older women dating younger men.
- A discussion of safer sex for senior citizens.

Chapter 15: The Nature and Origin of Sexual Difficulties

- Discussion of the use of a subjective definition of sexual problems.
- Consideration of men's concern about penis size and how this concern effects sexual functioning.
- Coverage of subjective reports of the degree of experienced sexual pleasure reported by people in countries around the world.

Chapter 16: Sex Therapy and Enhancement

- Discussion of the expanding use of erection-enhancing drugs.
- Coverage of the use of herbal treatment to enhance arousal.
- Discussion of the impact and implications of the limited knowledge about female physiological arousal processes.
- Coverage of the ongoing search for medical treatments for female sexual dysfunctions.
- Discussion of research inconsistencies in female sexual research.

Chapter 17: Sexually Transmitted Diseases

- Major updating of content throughout chapter with latest research findings on incidence data and treatment guidelines for all included STDs.
- Revised *At a Glance* table on mode of transmission, symptoms, and treatment of STDs.

- Revised and updated Sexuality and Diversity discussion of STDs in China.
- The latest data pertaining to the CDC's plan to eliminate syphilis by 2005.
- Expanded coverage of the use of antiviral drugs to manage herpes with a new discussion of *suppressive* therapy versus *episodic treatment*.
- Expanded and revised discussion of viral hepatitis.
- The latest incidence figures on HIV/AIDS with attention to the recent escalation in newly diagnosed HIV infections.
- New Sexuality and Diversity discussion of the HIV epidemic in Russia.
- Significantly revised and updated Sexuality and Diversity discussion of AIDS in Africa, including discussion of author involvement in a HIV/AIDS intervention program in Kenya.
- The latest developments in HIV testing.
- Heavily revised and updated discussion of treatment for HIV/AIDS.
- New *At a Glance* table listing potential benefits and risks of early or delayed treatment of HIV infection.
- New information on drug strategies for preventing mother-to-child transmission of HIV.
- Updated information on efforts to develop a vaccine(s) effective against HIV.
- Discussion of new research assessing the effectiveness of persuasive communication in HIV prevention.
- Expanded and revised coverage of the role of condoms in preventing STDs.
- Discussion of research findings demonstrating ineffectiveness (and potential adverse effects) of using spermicides containing nonoxynol-9.
- Updated and expanded *On the Edge* box describing efforts to develop vaginal microbicides.
- New information on the benefits of partner notification in reducing the spread of STDs.

Chapter 18: Atypical Sexual Behavior

- Updated *On the Edge* Box about video voyeurism with new information about unauthorized and authorized occurrences of video displays on the Internet that appeal to voyeuristic inclinations.
- New information about the use of selective serotonin reuptake inhibitors (SSRIs) in the treatment of coercive paraphilias.
- New *On the Edge* boxed discussion of cybersex addiction/compulsivity.

Chapter 19: Sexual Coercion

- New discussion of the research evidence linking the personality trait of *narcissism* to the inclination to be sexually coercive.
- Expanded coverage of date rape drugs and of ways to avoid being victimized by perpetrators who use these drugs as aids to their coercive behaviors.

- New section on the "Sexual Assault of Males."
- New *On the Edge* boxed discussion of declining trends in child sexual abuse.
- Discussion of the recent Supreme Court decision pertaining to the legality of Internet images of children engaged in sexual activity.
- Expanded coverage of what happens when a child tells about sexual abuse including recent research findings about why sexually abused children often delay disclosure or do not tell at all.

Chapter 20: Sex for Sale

- Discussion of trends in X-rated video rental rates.
- Description and discussion of how mainstream corporations profit from pornography.
- Evaluation of pornography's role in sex education.
- A discussion of the implications of men's preference for depictions of female enjoyment in pornography.
- Discussion of the advantages and disadvantages of legalization of prostitution for sex workers.
- Coverage of the various legal approaches to prostitution that occur in nations other than the United States.
- Discussion of teen involvement in prostitution.

Continuing Features

- A **personal approach**. Users of the text have responded favorably to our attempts to make the subject human and personal, and in this ninth edition we have retained and strengthened the elements that contribute to this approach.
- Authors' files. One of the most popular features of Our Sexuality has been the incorporation of voices of real people woven into the text through the use of Authors' Files. These quotations are taken from the experiences and observations of students, clients, and colleagues and appear interwoven in the text but highlighted by a color screen. The Authors' Files have been given fresh infusion for this edition thanks to feedback from students enrolled in college courses in human sexuality. Each chapter opens with an Authors' Files quote, illustrating an important concept pertinent to that chapter.
- Nonjudgmental perspective. Consistent with our personal focus, we have avoided a prescriptive stance on most issues introduced in the text. We have attempted to provide information in a sensitive, nonsexist, inclusive, nonjudgmental manner that assumes the reader is best qualified to determine what is most valid and applicable in her or his life.
- Psychosocial orientation. We focus on the roles of psychological and social factors in human sexual expression, reflecting our belief that human sexuality is governed more by psychosocial factors than by biological factors. At the same time, we provide the reader with a solid basis in the anatomy and physiology of human sexuality and explore new research

pertaining to the interplay of biology, psychology, and social learning.

- Critical Thinking Questions, some of which are new to this edition, appear in the margin. These questions are designed to help students to apply their knowledge and experience while developing their own outlook. Each question encourages students to stop and think about what they are reading in an attempt to facilitate higher-order processing of information and learning.
- How About You? questions, some new to this edition, also appear in the margin. These questions ask readers to consider their own experiences and attitudes on relevant sexual issues.
- InfoTrac search terms are suggested several times in each chapter—called out by a margin icon. The InfoTrac® College Edition online searchable library (http://infotrac.thomsonlearning.com/) includes a multitude of journals, many which are specific to human sexuality. These journals include Archives of Sexual Behavior, Archives of Sexual Health Behavior, Canadian Journal of Human Sexuality, Hispanic Journal of the Behavioral Sciences, Journal of Cross-Cultural Psychology, Journal of Physical Education, Journal of Sex Research, and Sex Roles. A four-month subscription to InfoTrac College Edition is available free to purchasers of the ninth edition.
- Pedagogy. Individuals learn in different ways. We therefore provide a variety of pedagogical aids to be used as the student chooses. Each chapter opens with an outline of major topic headings, complete with chapter opening questions that focus attention on important topics. Key words are boldfaced within the text, and a pronunciation guide follows selected key words. A running glossary in the text margin provides a helpful learning tool. Each chapter concludes with a Summary in outline form for student reference, annotated Suggested Readings, and annotated Web Resources. A complete Glossary, as well as a complete Bibliography, is provided at the end of the book.

Organization

The organization of this book has been designed to reflect a logical progression of topics. We begin, in **Part One—Introduction**, with the social and cultural legacy of sexuality in our society. We then describe how sex research is conducted and discuss the difficulties of gathering information in this sensitive area of human behavior. We conclude the opening unit with a detailed exploration of a variety of gender issues.

The three chapters of **Part Two—Biological Basis** present the biological foundations of sexuality, with separate chapters on male and female sexual anatomy, followed by coverage of sexual arousal and sexual response patterns integrated into one chapter.

In **Part Three—Sexual Behavior**, a variety of relationship issues and sexual behaviors are discussed.

In **Part Four—Sexuality and the Life Cycle**, we discuss contraception, pregnancy, and issues pertaining to sexuality throughout the life cycle.

Sexual problems and their treatment and a detailed chapter on sexually transmitted diseases constitute the three chapters of **Part Five—Sexual Problems**.

The final section, **Part Six—Social Issues**, includes discussions of atypical sexuality, sexual coercion, pornography, and prostitution.

Integrated Teaching and Learning Aids

Our Sexuality is accompanied by a wide array of supplements prepared for both the instructor and student. Many are available free to professors or students. Others can be packaged with this text at a discount. For more information on any of the listed resources, please call the Thomson LearningTM Academic Resource Center at 800-423-0563.

For the Instructor

Instructor's Resource Manual (ISBN 0-534-63394-3) by Caroline Clements of the University of North Carolina at Wilmington. The Introduction includes sections on "Making the First Week Count," "Involving Students in Important Decisions," "The Science and Art of Teaching," "Teaching Techniques from A to Z," and a new section, "How to Secure and Manage your Guest Speakers and Panels." For each chapter of the text, the manual includes teaching ideas, handouts, discussion topics, guest speaker suggestions, suggested Web sites, video suggestions and questions, Opposing Viewpoints questions and activities, InfoTrac College Edition search terms, and suggested questions for the free student CD-ROM. The manual also includes a detailed Resource Integration Guide that details, chapter by chapter, how all of the supplements Wadsworth offers for this course tie together.

Multimedia Manager Instructor's Resource CD-ROM (ISBN 0-534-63384-6) by Caroline Clements of the University of North Carolina at Wilmington. The CD-ROM includes PowerPoint slides, as well as electronic (Word) files of the Instructor's Resource Manual and Test Bank. A PowerPoint presentation contains lecture outlines for every chapter, including art from the text that has been integrated into the slides. Many of the chapters include embedded video clips from our CNN library.

Test Bank (ISBN 0-534-63437-0) by Rod Fowers of Highline Community College. This useful test resource contains at least 125 multiple choice, 25 true/false, and 15 short essay questions (with page ref-

erences) per chapter with denotation as to whether each is a "knowledge" or "application" question.

ExamView (ISBN 0-534-63378-1). This supplement allows instructors to create, deliver, and customize tests and study guides (both print and online) in minutes. ExamView offers both a Quick Test Wizard and an Online Test Wizard that guides the instructor step-by-step through the process of creating tests, while its "what you see is what you get" interface allows instructors to see the test they are creating on the screen exactly as it will print or display online. Instructors can build tests of up to 250 questions using up to 12 question types. Using ExamView's complete word processing capabilities, instructors can enter an unlimited number of new questions or edit existing questions.

CNN Today: Human Sexuality Volume I (ISBN 0-534-57985-X). This video, free to our adopters, offers clips ranging from one to three minutes in length to stimulate interest in relevant topics related to sexuality. Topics include: China sex shops, sex in America survey, transsexual teacher, female and male circumcision, prostate cancer, arranged marriage, sodomy law, same-sex marriage, morning-after pill, birth defects, covenant marriages, sexual dysfunction, the chlamydia test, herpes increase, date rape drugs, and the crime of rape.

CNN Today: Human Sexuality Volume II (ISBN 0-534-51598-3). This video, free to our adopters, offers clips ranging from one to three minutes in length to stimulate interest in relevant topics related to sexuality. Some topics include breast cancer, menopause, early puberty, New York sex shops, polygamy, Japanese bathhouses, premature ejaculation, sex laws, and more.

CNN Today: Human Sexuality Volume III (ISBN 0-534-51604-1). This video, free to our adopters, offers clips ranging from one to three minutes in length to stimulate interest in relevant topics related to sexuality. Some topics include: family planning in China, multiracial people and identity, pros and cons of abstinence sex education, parents and organized child porn, pornography and peer-to-peer file sharing, and more.

WebTutor Advantage (Web CT ISBN 0-534-63013-8; Blackboard ISBN 0-534-43012-X). An online, text-specific teaching and learning resource rich with course content and tools for study/mastery, course management, and communication. WebTutor Advantage's course management tool gives you the ability to provide virtual office hours, post syllabi, set up threaded discussions, track student progress, and much more.

Transparency Acetates (ISBN 0-534-63377-3) (Figures chosen by Sue Frantz of Highline Community College). This is a collection of 125 acetates of four-color figures from the text and several additional figures not featured in the text.

Safer Sex Kit (ISBN 0-534-63376-5). This kit is intended for classroom demonstrations of various forms of con-

traceptives. It includes the new O-ring, the patch, the diaphragm, contraceptive jelly, birth control pills, and more.

For the Student

Our Sexuality CD-ROM. This interactive CD-ROM comes automatically bundled with every new copy of the text. The CD-ROM provides animations of difficult concepts as well as video clips of people discussing various sexual issues. Topics include coming out in the workplace, a postsurgery transsexual, and a man with erectile dysfunction. The CD also has chapter quizzing and critical thinking questions, and students can easily print or e-mail their results. There is also a "Virtual Safer Sex Kit" that introduces major kinds of contraception. The CD also serves as a portal link to the Our Sexuality companion Web site.

Study Guide (ISBN 0-534-63385-4) by Rod Fowers of Highline Community College. Each chapter includes practice tests (which include multiple choice, essay, and true/false questions), learning objectives, concept maps, key terms, concept checks with page references to the text, crossword puzzles, and anatomical art figures that allow students to fill in the correct labels.

InfoTrac Workbook (ISBN 0-534-63383-8) by Paz Galupo of Towson University. This free guide contains student homework assignments that make good use of InfoTrac College Edition, our free online database of over 4,000 journals. Journals include AIDS Weekly, Archives of Sexual Behavior, Sexuality & Culture, Gender Issues, Archives of Sexual Health Behavior, Canadian Journal of Human Sexuality, Hispanic Journal of the Behavioral Sciences, Journal of Cross-Cultural Psychology, Journal of Physical Education, Journal of Sex Research, and Sex Roles. Assignments include class debates that teachers can assign. Includes a "quick start" to InfoTrac College Edition that explains how to get started using the database.

Web site (http://psychology.wadsworth.com/crooksbaur9e/). This companion Web site, free for students and not pin-coded, contains learning objectives, practice quizzes, InfoTrac College Edition activities, an online glossary in flashcard format for self-testing, Web links, and chapter summaries and outlines.

Acknowledgments

The quality and longevity of *Our Sexuality* are due to talents and insights that extend beyond those of the authors. We are especially indebted to the staff of Wadsworth, the reviewers, and our students, who have added immeasurably to the merit of our book. We also wish to acknowledge the contribution of William Zangwill, who revised Chapter 19 in the previous edition.

We owe special gratitude to reviewers and contributors to the ninth edition. Professors who lent their expertise at various stages of the revision process of this and previous editions are listed on the following pages.

Of all the members of the highly professional, competent, and supportive staff of Wadsworth who contributed to this and previous editions, we are especially indebted to developmental editor Kate Barnes, who worked tirelessly to ensure that the ninth edition of Our Sexuality would be the best yet. Kate had the unenviable task of succeeding Jim Strandberg, who worked his special magic as development editor for the seventh and eighth editions. Kate was more than up to the task as she brought fresh insights and new perspectives to the ninth edition. Among her many accomplishments were insightful suggestions for new topical content, valued recommendations for ways to reorganize and streamline content, and an educated and sharp eye for detail. Our sponsoring editor, Marianne Taflinger, again demonstrated the benefits of knowledgeable oversight in a project of this magnitude. We especially appreciate her role in securing excellent reviewers for the ninth edition. Marianne's ability to successfully and creatively resolve issues proved invaluable as she guided the birth of this, our ninth baby, from beginning to end. Editorial assistants Justin Courts, Lucy Faridany, and Nicole Root competently took care of a myriad of details. Kirk Bomont, senior production editor, again demonstrated his consummate professionalism as he managed the often complicated and hectic production schedule. Vernon Boes, John Walker, Linda Beaupre, and Joyce Weston managed in exemplary fashion the demanding job of designing and implementing the new design elements of this edition. Jennifer Keever adeptly supervised the development of the excellent supplements package, and Darin Derstine oversaw the creation of the exciting new Our Sexuality CD-ROM and technology resources.

Several freelance professionals added their talents at various stages of this edition. Research assistant Sami Tucker again demonstrated how invaluable her services are to the authors and to the academic strength of this book. The extremely current nature of the ninth edition is due in large part to Sami's exhaustive search of the recent journal literature in a wide range of academic disciplines, including—but not limited to—sexology, psychology, sociology, anthropology, biology, health, and medicine. Margaret Pinette again provided editorial and production services in an accomplished and professional manner. We are also indebted to Mimi Braverman, who performed superlatively as copy editor on this edition. Her contributions ranged far beyond our expectations. Photo researcher Laurie Frankenthaler was very instrumental in providing the ninth edition with a muchimproved visual appeal. Laura Donahue performed the task of transcribing manuscript into electronic files in an exemplary fashion.

In addition, various field specialists added their expertise to the different aspects of this edition. Josephine Wilson at Wittenberg University provided her expertise on all aspects of biological psychology. Al Kielwasser and Michelle Wolf at San Francisco State helped us keep abreast of the latest media aspects related to human sexuality. Benjamin G. Rader at University of Nebraska, Lincoln, reviewed the historic aspects of the text, concentrating especially on Chapter 1. Jennifer Siciliani at the University of Missouri–St. Louis provided insights on the biological psychology of sexual arousal and response in Chapter 6.

An outstanding marketing team at Wadsworth was hard at work on promoting this revision long before the last words of the book were written. We offer special thanks to our marketing manager, Chris Caldeira, and Laurel Anderson, marketing assistant.

We would also like to extend our thanks to the many reviewers who provided guidance, support, and insight for the current edition: Malinde Althaus

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