ovum transport and fertility regulation



WHO symposium san antonio, texas 1975

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Ovum Transport and Fertility Regulation

Proceedings of a Meeting of the Task Force on Methods for the Regulation of Ovum Transport organized by

> the World Health Organization and held at the Lutcher Conference Center of the University of Texas, San Antonio on 23–27 June 1975



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PUBLISHED BY

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A limited number of copies of this publication are available for distribution from The Human Reproduction Unit, World Health Organization, 1211 Geneva 27, Switzerland.

Printed in Denmark by Bogtrykkeriet Forum Copenhagen

ISBN 87-87473-07-0

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SYMPOSIUM ON OVUM TRANSPORT AND FERTILITY REGULATION

San Antonio, Texas, 23-27 June 1975

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SYMPOSIUM ON OVUM TRANSPORT AND FERTILITY REGULATION

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THE QUEST FOR A CONTRACEPTIVE METHOD FOR THE REGULATION OF OVUM TRANSPORT

In 1972, the World Health Organization launched a major research programme directed toward development of safe, acceptable, and effective methods for the regulation of human fertility.

Although presently available methods are considerably advanced over past methods, they remain relatively crude, and fail to meet the varied requirements of consumers and services in different countries, particularly developing ones. For these reasons, what has become known as the WHO Expanded Programme of Research, Development, and Research Training in Human Reproduction aims at improvement of existing methods of fertility regulation, assessment of their suitability in different populations, and development of new technology.

A major portion of the research effort is conducted by multidisciplinary, multinational collaborative Task Forces working in priority areas identified by the Advisory Group to the Expanded Programme. Initially, a review of the state of knowledge current in the particular field is made, and various approaches to the development of new methods of fertility control are discussed: a strategic plan is then developed that includes definition of short-term, intermediate, and long-term objectives. The steps by which the objectives can be achieved and initial estimates of the time and costs involved are identified. After approval by WHO, scientists who can make contributions to the research are invited to participate. All research projects are assessed on technical and ethical grounds by the Task Force and by an independent Review Group; those that are approved are supported by WHO.

The Advisory Group made the following statement at a meeting in January, 1972:

"It has been repeatedly shown, mainly in animal studies, that post-ovulatory fertility control can be achieved by interference with ovum transport in the Fallopian tube, and by altering implantation mechanisms in the uterus by non-steroidal and steroidal compounds. Accordingly a Task Force which included research on the reproductive processes involved, on pharmacological models, on contraceptive screening, and on clinical work where feasible in this area, could accelerate the development of post-ovulatory anti-fertility agents for human use. More specifically, such a Task Force would concern itself with components such as: (a) tubal events, e. g. ovum transport and development, and the hormonal, metabolic and pharmacodynamic milieu in which these events occur; (b) the uterine events, particularly around the time following implantation; e. g. development and differentiation of the blastocyst and the hormonal, metabolic (enzymatic, osmotic and ionic) and haemodynamic changes in the endometrium related to the implantation of the blastocyst; (c) compound synthesis based on research on tubal and uterine events and systematic "structure" activity relationship studies, for animal screening of potential post-ovulatory fertility regulating agents; and (d) clinical pharmacological studies where possible."

As a result the first meeting of a Task Force on Methods to Regulate Ovum Transport and Implantation was held in March, 1972, in Geneva. At this meeting, 11 scientists from 7 countries, and 4 members of WHO secretariat met to prepare a plan of action for the Task Force.

The group emphasized goal-oriented clinical problems, and recognized that chances of obtaining applicable results from existing animal models were remote. However, pertinent animal studies, especially in cases where human experimentation was not possible, were considered profitable.

Priority research areas were identified under three broad headings: (1) regulation of implantation, (2) regulation of events in the oviduct, and (3) intravaginal delivery systems for release of microdose progestins and other agents. This last area was considered a priority area by the participants in this meeting, although it was recognized that the mode of action of such a system could be not only on ovum transport and implantation, but also on sperm transport in the female reproductive tract.

With specific respect to the regulation of events in the oviduct, the following recommendations were made:

"The objective of this Task Force group is to develop a variety of fertility regulating agents and methods which interfere with fertilization and/or transport of the fertilized ovum.

Fertility regulation may be achieved by interference with the transport and metabolism of the fertilized ovum in the oviduct. However, there is insufficient knowledge concerning the factors that control normal oviductal motility and ovum transport. It is proposed to obtain information on such factors in untreated women and in women using various drugs for post-coital contraception. It is also proposed to recover the fertilized human ovum from the uterine cavity and to estimate the time required for this transport under normal cir-