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北师大附属实验中学 隆重推出



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新感觉同步训练

高中英语阅读与技能测试



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随着目前教育改革的深入发展,中学在逐步实行新的课程标准,英语教学面临着量与质的重大变化。高考的命题思路也更加贴近时代的要求,更加注重考查学生实际运用语言知识的能力,因而高考题中阅读理解题所占的比重越来越大,题目涉及的的深度和广度以及词汇量都在逐年递增。因此广大的中学生在英语学习中也需不断地树立新的理念和思维方式,尽可能地多听、多看、多阅读。通过接触大量的英语文章来扩大知识面、扩充词汇量,才能真正学好英语,而绝不要在题海中痛苦地漫游,最后误入歧途。

正是在这样的思想指导下,我们编写了这套高中英语同步阅读训练。全套书分为三册,共一百二十几篇文章,内容涉及科技、人文、政治、历史、动植物、文学以及婚姻家庭等,充满了崭新的文化内涵和思想信息。文章后面精心编写的测试题,有助于学生提高阅读理解文章的能力以及扩大词汇量,掌握一些词语的正确用法,从而有利于今后更加顺利地进行英语的听、说、读和写。

我们衷心希望同学们能喜欢这套书,并能够在阅读后提高学习英语的兴趣,在未来的各项考试中取得更加优异的成绩。同时也希望广大读者能给我们的书提出宝贵的意见和建议。

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Unit 1

The Planets

行 星



We live on a planet, the planet Earth. Our planet is one of a group of nine planets which travel round the Sun. The planets, their moons and the Sun are called the Solar System ($$\pm$ 18.5$). When you look at the night sky, you can see thousands of stars. Stars are suns which shine brightly. You can also see planets. Planets don't shine themselves. They are **lit up** 1 by the Sun.

Mercury (水星) is the planet nearest to the Sun. In the daytime, the temperature is $427^{\circ}C$ — hot enough to melt lead (铅)! Because Mercury is so close to the Sun, it is difficult to see from the Earth.

Venus (全星) is the brightest object in the sky, after the Sun and the Moon. Venus spins (自转) in the opposite direction to all the other planets. It also spins so slowly that

1. 照亮

its day is longer than its year!

The planet Earth is a beautiful globe. covered by cloud. Our planet provides just the right conditions for many forms of life to exist. Earth has water, moderate temperatures and oxyen(氧气). Its closest neighbour in space is the Moon.

Mars(火星), the fourth planet from the Sun, is known as the Red Planet. Its surface is covered with red dust. For a long time people thought there could be a simple form of life on Mars.

Jupiter(木星) is the largest planet in the Solar System. But Jupiter is not solid. It is made up of 2 liquid gases, covered by clouds. Jupiter has a Red Spot on its surface.

Saturn(土星), the sixth planet in line³ 13. 成一直线 from the Sun, is a beautiful planet surrounded by thousands of rings. You could not land on Saturn. Saturn is a giant planet made up of gases. The material it is made of is not very densely packed. This means that if Saturn could be put in water, it would float!

Uranus(天王星) and Neptune(海王星) are dark worlds far away from the Sun. They are both large planets made of gas. The two planets were thought to be very alike until people discovered that Neptune is a much stormier planet.

Pluto(冥王星) is the most mysterious of

2. 由……组成

all the planets. It is a small, frozen planet, smaller than our Moon. It is so far from the Sun that it was only discovered in 1930. Some scientists think that there may be a tenth planet beyond Pluto.

Using What You've Learned

each s	T next to each sentence that is true and F next to entence that is false.
) Our planet Earth is one of a group of nine planets
	which travel round the Sun.
9	() Venus is the planet nearest to the Sun.
) Mars is known as the Red Planet.
	Saturn has water, moderate temperatures and oxyen.
	Venus spins in the opposite direction to all the other
	planets.
6) Pluto is smaller than our Moon.
	a line from the name of the planet to the words ell what the planet is like. is the planet nearest to the Sun.
	is a beautiful globe, covered by clouds.
Mercury	is a nealillill alone coacted of crodes.
Saturn	is made up of liquid gases, covered by clouds.
-	
Saturn Jupiter 3. Read tence	is made up of liquid gases, covered by clouds. is a beautiful planet surrounded by thousands of rings. each sentence below. Write an F next to each senthat tells a fact. Write an O next to each sentence
Saturn Jupiter 3. Read tence that te	is made up of liquid gases, covered by clouds. is a beautiful planet surrounded by thousands of rings. each sentence below. Write an F next to each sen-

forms of life to exist.	
2) There couldn't be a single form of life on Mer	cury
3) Jupiter, Saturn, Uranus and Neptune are not so	olid,
people could not land on them.	
4) Pluto is a planet very far from the Sun.	
5) If Saturn could be put in water, it would float.	

4. A table lists a group of facts. You can compare facts by reading tables. Look at the table below.

	CITY A	CITY B
Bank money	\$300,000,000	\$40,000,000
Number of factories and shops	120,000	23,000
Miles of railroad track	25,000	9,000

To learn facts about City A and City B, read the numbers listed beneath each heading. Read the chart from left to right to find out what the numbers in the table stand for. Then answer the questions.

1)	How much money did the City A have?			
2)	How	many	factories and shops did the City B have?	
3)	How	many	miles of railroad track did the City A have?	
1)	Whic	h city	had less money?	

5) Which city had more factories and shops?

4

Unit 2 What is Energy 能量是什么



Energy is the ability to do things. Without it we couldn't get up in the morning, or turn on the lights, or drive the car. Plants wouldn't grow, the rain wouldn't fall, the Sun wouldn't shine. Everything we do needs a supply of energy, which is used to make things work. Energy comes in many forms, which can be stored and used in different ways.

The energy we need comes from foods. Some foods, like sugar or fat, contain more energy than others. An active person needs more food than somebody who sits down all day.

Nearly all the energy we use comes originally from the Sun. It radiates (放射热量) through space and reaches Earth, causing plants to grow. These plants provide us with

food energy in the form of crops and feed | 1. 以……的形式 the animals which we eat as meat. Rainwater fills the rivers and provides hydroelectric(水力 发电的) power, while the wind is also produced by the Sun.

Different foods provide different amounts of energy. measured in kilocalories (千卡路 里) (or kcals). Each day we need 2,200-2,900 kcals from our food. A gram of fat contains nine calories (卡路里): a gram of flour or sugar just under four, a gram of fish between one and two. Just sitting still uses 1.1 kcals a minute, while walking uses 3-4 kcals a minute and running fast about 15 kcals a minute. Sports people have a special diet to give them enough energy to compete.

Electricity is the most convenient(方便的) form of energy, able to provide light, power and heat. It is generated (产生) mostly by huge machines. It is also produced by wind and water.

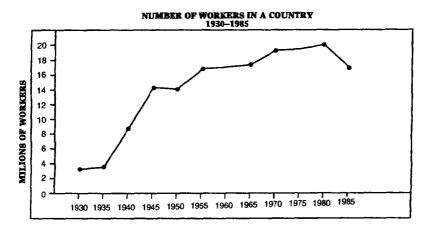
We use energy in the home for heating, lighting cooking cleaning listening to music, watching TV, shaving and making telephone calls. There is hardly a single thing we do that doesn't depend on² energy. Yet until a century ago none of these devices(装 置) existed. People got up with the sun, and went to bed when it set.

2. 依靠:依赖

Using What You've Learned

1.	Choose a word to finish each s	sentence. Write the word
	on the correct blank.	
. (provide convenient stored	
1)	Energy comes in many forms, which	ch can beand
	used in different ways.	
	Sugar and fat contain more	
3)	Different foodsdifferent	amounts of energy.
4)	A walking man uses 3-4	a minute and running
	fast about 15a minute.	
5)	Electricity is the mostfo	orm of energy, able to pro-
	vide light, power and heat.	
	Finish each sentence in column umn B. Write the letter of the blank line.	
	Column A	Column B
1)	An active person needs more	a. sits down
	food than somebody who	
	all day.	
2)	Nearly all the energy we use	b. contains
	comesfrom the Sun.	o. Contains
()		o. contains
• /	Rainwater fills the rivers and	c. originally
•)		
•)	Rainwater fills the rivers and providespower, while the wind is also produced by	

- 4) A gram of fat _____nine d. diet calories.
 5) Sports people have a spe cial _____to give them enough e. hydroelectric energy to compete.
 6) There is hardly a single thing we do that doesn't ____ en er gy.
- 3. Can you tell what energy is ? What's the use of energy in your daily life? Can you imagine what life would be if you use no energy at all? Tell about that.
- 4. A line graph is used to show change over time. Study the graph about workers in a country. Then circle the choice that best finishes each sentence.



1)	The gra	aph shows the	number of workers	from 1930 to
		·		
	1970	1975	1985	
2)	The nu	mbers on the lef	t stand for	of workers.
	millions	hundreds	thousands	
3)	The big	gest number of	workers was in	
	1960	1970	1980	
4)	Between	1 1950 and 19	80 the number of	workers went
		•		
	up	down	up and do	own