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编者 洪钢 张珏 李淑敏

ROAD TO IMPROVED READING

英语阅读高级教程

浙江大学出版社

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前言

《英语阅读高级教程》是为贯彻国家教委“加强素质教育,重视培养运用语言进行交际的能力,使全国外语教学在 2000 年上个台阶”的方针,并结合阅读技能培养的新趋势而编写的;既可用作英语速读训练教材,也可作为参加大学英语六级统考的英语精读教材。由于本书设置的阅读理解练习与 TOEFL、TEM、WSK、BFT 等各类出国测试的习题格式相同,因此也可供学生考前强化训练之用。

全书共 18 个单元,36 篇文章,按文章的词数排序。每单元包括两篇文章——Text A 和 Text B。每单元的 A 篇采选近年来的科技文献和科技成果报告;B 篇采选有关文化、教育、历史、风俗习惯、心理、环境保护等不同体裁的热门话题,文章语言地道、流畅,多为 80 年代后期到 90 年代初期的新作。所选文章集趣味性、知识性、哲理性于一体,并在语文和体裁两方面,五谷杂粮、各种营养“齐备”——既有显示作家文才纵横的经典作品,也有富于时代气息的现代英语。丰富的内容给读者提供大量的语言共核(language core),使兴趣各异的理工科和文科学生既雅俗共赏,也可汲取各种不同的营养。

本书为每篇课文编排的练习包括:1)读前准备;2)在上下文情景中猜测课文生词词义;3)有关阅读技巧、修辞、写作方面的知识;4)阅读理解——共四部分,着眼于语篇水平教学,着手于句子水平训练,先见林后见树,既见林又见树。努力引导学生克服在阅读英文篇章时仍存在的一遇到难词就查字典的陋习和只停留在单句表层语意的理解和句子语法结构的积弊,有意识地训练学生按照每课的 Suggested Reading Time 在规定时间内读完全篇课文,归纳中心意思,以培养直接从英语报刊、书籍吸取专业所需最新信息所必备的语篇理解能力。

自 1996 年起,大学英语四、六级全国统一考试中阅读理解部分已进行改革,采用新题型,以减少自 70 年代以来流行于国内外标准化测试中答案封闭的多项选择题所显示的负面效应,加强学生智力、想象力、创造力三种能力的培养。为体现这一“新”精神,本书注意了配套习题形式的多样化,部分采用了浙江大学外语系 SAQ 课题组新设计的答案开放式的综合性练习形式:1)完成句子题(Sentence Completion);2)问答题(Question and Answer);3)摘要完形题(Summary Cloze);4)句子完形题(Gapped Text)。上述新颖的题型,使学生对课文中出现的单词、词组、习惯用语和句型自然吸收、消化,并将“读”与“写”的技能有机地结合起来。

《英语阅读高级教程》适用于高级英语学习爱好者。全书生词量为 2 000 词左

5312/1

右,覆盖非英语专业研究生(硕士生、博士生)英语教学大纲的基本词汇。全书总阅读量为 50 000 词左右,需 36 学时左右学完。书后附有练习答案及总词汇表,便于读者查阅。本书在浙江大学博士生英语教学中作为阅读课教材使用多年,收到良好的教学效果。

本书在编写过程中得到浙江大学研究生院及外语系领导的大力支持。外语系张振中教授和应惠兰教授对该书的体例设计、习题形式提出许多宝贵意见,并给予极大的关注。全书经美籍英语语言文学专家 Prof. William Aho 和英籍训练教师专家 Brian W. Tanner 审阅。我们在此谨向他们表示诚挚的感谢。

由于编者水平有限,谬误疏漏之处在所难免,敬请广大读者及同行专家不吝赐教。

编 者

1994 年 6 月初稿

1996 年 10 月二稿于求是园

I found the articles in this text interesting and informative with an appeal ranging from science to literature. The pre-reading helps were valuable and helpful to me as I read each article, shortening the time needed to grasp the meaning. The introductory questions, exercises, notes and reading helps also introduce valuable principles of analysis adaptable to any reading problem. Any student who masters these principles will have made a bold step toward mastering English.

William D. Aho

WILLIAM D. AHO

November 9, 1996

There is no simple easy road to the improvement of reading skills but this study book clearly provides a challenging and wide-ranging variety of texts. Motivated students will find plenty to stimulate their interest and curiosity, which in turn should encourage them to achieve a marked development of their reading skills.

The methodological approach adopted throughout can be expected, too, to contribute significantly to this end, and it is my belief that students will derive considerable benefit if they set out conscientiously along the road mapped out for them by this course.

Brian W. Tanner

BRIAN W. TANNER

British Teacher-training specialist

December 25, 1996

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Unit 1

Text A Contacts vs. Glasses

Pros and cons of contact lenses

Consumer Reports August 1993

Words: 600

Reading Time: 5m.

I . Pre-reading Questions

Think about the following questions before you read the text.

1. Contacts, or contact lenses, are small, plastic lenses that are fitted directly over the eyeball to improve eyesight. You may have heard a few brand names of such contact lenses, like the American-made Bausch & Lomb. What other producers do you know? Without looking at the text now, name a few advantages or disadvantages of wearing contact lenses. How do you compare them with ordinary glasses?
2. When you see the title of the selection, what do you anticipate will be the main idea of this essay? As you go over it, make a note of how each part of the essay relates to its thesis. If you were to develop it into an essay, how would you do it?
3. If you were shortsighted, would you rather have a pair of ordinary eye-glasses or contact lenses? Why? Is there any danger in wearing contacts? Can you make a prediction about the future of contact lenses? Will glasses lose out to contact lenses in the end?

II . Understanding Vocabulary in Context

Directions: Choose from the given choices the one closest in meaning to the underlined word(s) or phrase.

1. Contact lenses correct vision more effectively than eyeglasses; they move with the eyes, so the eyes always see through the lens's optical center.
A. visual B. cosmetic C. correct D. crystal
2. Contact lenses move with the eyes, . . . The result is visual acuity and excellent depth perception.
A. picture B. imagination C. sharpness D. sight
3. It's easy to spend hundreds of dollars a year on chemical cleaning systems. If you opt for disposable contacts to avoid the cleaning routine, the cost of weekly replacements can be even higher than the

- cost of cleaning.
- A. oppose B. choose C. have a liking for D. show concern for
4. Some kinds of contact lenses have been linked to eye infections and serious eye disease.
- A. failures B. visions C. diseases D. risks
5. Contact lenses have their risks. . . . The health risk stems from a basic problem of contact-lens design.
- A. exists as result of B. is related with
C. occurs in spite of D. is dependent on
6. Contacts also never steam up, get rain-splattered, or become dirty.
- A. move up B. get lost
C. become covered with mist D. get worn out
7. The lenses need to sit atop the clear outer layer of the eye, without choking off its oxygen supply. Oxygen-starved eyes are more vulnerable to disease.
- A. easily attacked by B. resistant to
C. difficult to get rid of D. reluctant to
8. One study found that the incidence of ulcerative keratitis, a potentially blinding eye infection, was 14 times higher among people who used disposable lenses.
- A. act of insistence B. frequency of occurrence
C. urgency D. increase
9. Given the problems with extended-wear and disposable lenses, it's not surprising that relatively few people use them.
- A. Regardless of B. Far from
C. If one takes into account D. If one is provided with
10. Many people use rigid gas-permeable lenses; these lenses are somewhat more difficult to adjust to than soft lenses, but they are easier to put into the eye and easier to care for.
- A. attach to B. get rid of C. provide for D. get used to

Text **Contacts vs. Glasses**

1 For people who are always losing their glasses, who find frames chronically uncomfortable, or who simply can't stand the way they look in eyeglasses, contact lenses offer an alternative. In addition to their cosmetic benefits, contact lenses correct vision more effectively than eyeglasses; contacts move with the eyes, so the eyes always see through the lens's optical center. The result is crisp visual acuity, excellent depth perception, and natural peripheral vision. Contacts also never steam up, get rain-splattered, or smudge and they don't bounce around your face or slip down your nose.

2 But contact lenses have their costs and risks. It's easy to spend hundreds of dollars a year on chemical cleaning systems for contact lenses. If you opt for disposable contacts to avoid the cleaning routine, the cost of weekly replacements can be even higher than the cost of cleaning.

3 Some kinds of contact lenses have been linked to eye infections and serious eye disease. The health risk stems from a basic problem of contact-lens design; The lenses need to sit atop the cornea, the clear