



大学英语四、六级考试必备

**快速突破**

# 英语短语

◆ 主 编 文 闻

突破  
**3600**

全新超值

2003版

中国国际广播出版社

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# 快速突破

# 英语短语

# English Idioms Fast Break

主编：文 闻

按照本书学习,定会使你收到立竿见影的神奇效果,并使你在最短的时间内,轻松突破英语短语难关,迅速提高英语水平。

中国国际广播出版社

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## 前 言

英语短语是英语学习的重要部分,但其数量之大,用途之广,给英语学习者带来了很大困难。怎样才能牢固掌握、准确理解及灵活运用英语短语,是广大学习英语者长期以来碰到的主要障碍之一。为此,我们特编写了《快速突破英语短语》一书。书中包括动词短语(1-8单元)及非动词短语(9-20单元)两部分,其中以动词短语和介词短语为主,适当收入名词短语、形容词短语及副词短语。全书着重于使读者深入认识、真正理解和灵活运用等方面,旨在帮助其尽快消除障碍,从而迅速提高英语水平。

### 本书有以下突出特点:

一、根据教育部颁布的最新大学英语教学大纲四、六级的有关要求,经过筛选,收集了英语惯用短语三千余条,在编写时,我们主要参阅了英美词典及我国新近出版的“英汉大词典”,力求做到所精选的短语是当前应用频率最高、最实用的短语。对于一些难以理解、较难掌握的用法以及前后搭配关系,则分别作出提示和注释。有些意义相近或相等的短语,则标以“△”符号,另行排出,以示区别。

二、短语的释义力求准确、常用。每一释义都配有多个例句。例句语言规范、地道、实用;译文准确、简练。所有例句可以帮助读者加深对短语的进一步理解,并根据自己的判断进行运用。不少例句常用于口语,可以随时练习。还有一些句子富于哲理,可重点掌握、重点记忆、重点运用。

三、动词短语和介词短语是英语短语中的重要组成部分,也是英语学习中必须很好掌握的部分。本书对这两部分的编写作了一些重大突破。对某些常用而又较难掌握的动词短语和介词短语,广泛举例,通过例句,举一反三,使读者加深印象、理解,以便于在特定的情况下准确灵活使用该短语。

四、按照语言学习的基本规律,书中每个单元之后都配有50个题目的练习,让读者边学习边演练,做到理解与运用相结合。在书的最后附有练习答案,可以查对。这样,把学用融于一炉,以达到事半功倍的目的。

## 使用说明

1. 本书所收录的短语 1-8 单元为常用动词短语, 9-20 单元为其他类型短语; 均按字母顺序排列。
2. 每一短语的不同释义分别列出。如:

get at                      hard on/upon, be

① 到达; 找到      ① 对...过分严厉; 使难受

② 暗指, 意指      ② 将近; 紧接...后

③ 弄清, 了解

语义较近的用逗号分开, 语义稍远的用分号分开。如:

give in 让步, 妥协; 交上

all along 一直, 始终; 沿路

3. 短语起首的冠词 a(an)、the 和动词 be, 如必须列入短语的, 则排在词条后面, 用逗号分开。如:

man of his word, a

best word, the

in luck, be

4. 对短语在语法或用法上的特点, 则用提示或注, 以简妥的文字加以说明。

5. 本书所用的几个符号

### 1) 斜线号“/”

① 用于词条或句子中的替换词。如:

act on/upon; on/to the tick

The medicine acts on/upon the heart. 这种药对心脏起作用。

He always comes on/to the tick. 他总是准时来到。

② 用于不同例句的分隔。如:

That dictionary belongs to me. 那本词典是我的。/ These reference books belong to the library. 这些参考书是图书馆的。

## 2) 圆括号 ( )

① 用于括去可以省略的词语。如:

in a (bad) temper

as a (general) rule

look through 对…(故意)视而不见

② 用于注解及释义方面的补充说明。如:

in the same boat 处境相同(常指不利)

month/week of Sundays, a 很久(约30个星期)

much more 更加;何况(用于肯定句)

③ 用以区分意义相反的词语。如:

in / out of tune 合(走)调;与…(不)一致

in the (no) mood for 想(不想),有(无)意

④ 用于相同类型短语的分隔。如:

day after day(year after year, …)天天(年年, …)

for hours(days, …)一连几个钟头(天, …)

## 3) 三角形符号 △

用以区分某些意义相近或相等的短语。

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## Unit 1

## abandon oneself to

听任;陷入;沉溺于

Don't abandon yourself to pleasure. 不可一味享乐。/ He abandoned himself to despair. 他陷于绝望而不能自拔。/ The sailors abandoned themselves to drinking. 水手们恣意酗酒。/ She abandoned herself to grief. 她陷入悲痛之中。

## abide by

## 恪守,遵守;坚持

The rules were fixed, and we must abide by them. 规章定出来,我们就得遵守。/ Both sides should trustworthily abide by the contract. 双方均应恪守本合同。/ He will abide by his promise. 他会遵守诺言的。

## 承担…的后果

You must abide by the results of your mistakes. 你必须承担由于你的错误所造成的后果。/ You'll have to abide by the consequences. 你将不得不承担后果。

## 提示

1. 本短语中 *abide* 的过去式和过去分词通常是 *abided*, 而不是 *abode*。
2. *abide by* 不能用被动语态。

## abound in/with

有大量的,富于,充满

Some languages abound in idioms. 有些语言成语丰富。/ The book abounds in printing mistakes. 这本书里有许多印刷错误。/ The park abounds in wild animals. 公园里有许许多多野生动物。/ Our garden abounds with roses. 我们的花园里到处是玫瑰。/ This country used to abound with snakes. 这个国家过去常常有许多蛇。/ This river abounds with salmon. 这条河里有许多鲑鱼。/ English is a language abounding with idiomatic turns of expression. 英语是一种习惯表达方法丰富的语言。

## 提示

1. 主语是人时, *abound in* 只能用来说明某人具有某种品质。  
*He abounds in courage.* 他浑身是胆。
2. *abound with* 有时可与 *abound in* 通用,但不能以人做主语。
3. *abound in / with* 不能用于被动语态。

**abstain from**

戒除,避开;弃权

The doctor ordered him to abstain from smoking. 医生嘱他戒烟。/ If you abstain from eating candy and rich food, you will not be so fat. 如果你不吃糖果和油腻食物, 你就不会这么胖。/ At the last election he abstained from voting. 在最后选举时,他弃权。/ A teetotaler abstains from drink. 绝对禁酒者滴酒不沾。

**accord with**

与...相符合,与...一致

What you have just said does not accord with what you told us yesterday. 你刚才说的同你昨天告诉我们的不一样。/ It does not accord with my wishes. 它不符合我的心愿。/ My information does not accord with what this report states. 我了解的情况和这个报告中所讲的不一致。/ His behaviour does not accord with what he has said. 他做的与他说的不一致。

**提示**

1. *accord with* 不用于被动语态。
2. 通常多用于疑问句和否定句,见上例。

**account for****解释,说明(开支、花费情况)**

He was unable to account for the deficit in the firm's bank balance. 他无法解释这家公司在银行结帐为什么会超支。/ He has to account to the chairman for how he spends the company's money. 他一定要向主席说明他是怎么花去公司的钱的。/ I want you to account for every cent you spent. 我要你说明你花掉的每一分钱的用途。

**是...产生的原因,说明...的原因**

He could not account for his foolish mistake. 他说不清他怎么会犯这样的愚蠢的错误。/ He is ill, that accounts for his absence. 他病了,这就是他缺席的原因。/ How do you account for losing five games in a row? 你如何解释一连输了5场比赛呢?/ Two things account for its occurrence. 发生这件事原因有两个。

**干掉,消灭,打死**

I think I accounted for 3 of the attackers. 我想我打死了3个入侵者。/ The old hunter accounted for two wolves that night. 那天晚上老猎人猎获两只狼。/ The gunman accounted for five terrorists at the airport. 枪手在机场打死了5名恐怖分子。

**提示**

*account for* 有时表示“占”(指数量)。

*These account for two-thirds of her total exports.* 这些占它出口总额的三分之二。

## act as

## 担任, 充当

Sometimes they acted as referees. 有时他们担任裁判员。/ A trained dog can act as a guide to a blind person. 经过训练的狗能当盲人的向导。/ Who acted as chairman in his absence? 他不在时谁做主席?

## 起...的作用, 扮演...角色

Bonus acts as a stimulus to industry and commerce. 奖金对工商业起促进作用。/ An oar often acts as rudder. 桨常常可起舵的作用。/ The chemical acted as a catalyst. 这种化学药品可做催化剂。

## act for

## 代理(某人职务), 代表(某人)办事

She acted for Smith while he was ill. 史密斯生病时她代理他的职务。/ Mr. Jones will act for you on this case. 琼斯先生将在本案中担任你的律师。/ As the chairman was very busy, he asked me to act for him at the meeting. 因为主席很忙, 他要我代表他出席会议。/ My solicitor will act for me in this matter. 我的律师将代我办理这件事。

## act on/upon

## 按照...行事, 根据...行动

He was acting on our advice. 他是按我们的劝告办的。/ The police are acting on information received. 警察正根据得到的情报采取行动。/ I have acted on the square to them. 我对他们以诚相待。

## 对...起作用, 有影响

The medicine acts on/upon the heart. 这种药对心脏起作用。/ Acids act on metals. 酸对金属起腐蚀作用。/ By gravitation the sun and the planets act and react upon one another. 由于万有引力, 太阳和行星相互发生作用及反作用。

## 提示

act on sb.'s behalf of 代表某人行事, 行使...的职权

A Standing Committee, elected by the Congress, acts on its behalf when it is not in session. 在代表大会闭会期间, 将由它选出的常委会行使职权。

## act up to

## 按...行事(办)

But you did not act up to your principle. 但你并没有按你的原则办。/ He tried to act up to his reputation. 他尽量使行动符合他的声

望。/ The boy acted up to his mother's advice. 这男孩按照他母亲的意见办事。/ What you say means very little unless you act up to it. 你要光说不做,你的话就没有多大意思了。

**add in**

包括,加进去

Don't forget to add me in. 别忘了把我也算上。/ Please add in these items. 请加进这几项。/ Would you add in these items, please, in order to complete the list? 劳驾把这几项加进去,这样单子就完整了。/ We'd better add in some lemon juice before mixing the flour with sugar. 在面粉里放糖之前,我们最好加进一些柠檬汁。

**add to**

增加,增进,加到...上

The rise in electricity costs has added to our difficulties. 电费上涨增加了我们的困难。/ I didn't want to add to Mother's misery. 我不愿意增加母亲的痛苦。/ He added the wood to the fire. 他给火添加木柴。/ The newly-published book has added to his reputation. 这部新出版的书使他的名气更大了。/ The palace had been added to from time to time. 这座宫殿曾一再扩建。

**add up****加起来,合计**

Take care to add the bill up correctly. 注意把帐单加准确。/ Now try and add up these figures. 现在想法把这些数字加起来。/ Every time I add these figures up I get a different answer. 我每次把这些数加起来得到的答数都不同。

**有意义,说得通,(似乎)有道理**

The facts don't add up. 这些事实简直不合情理。/ What he said simply didn't add up. 他说的话简直无法理解。/ His excuse just doesn't add up. 他的借口似乎没有道理。

**提示**


1. add up 不用进行式。

2. 用于第2释义时,一般用于否定句,见上例。

**add up to****总计达,加起来是...**

The figures add up to 270. 这些数字加起来是270。/ The bill added up

to \$12. 这个帐单总计达 12 美元。/ The costs added up to 10 million American dollars. 费用总计达 1,000 万美元。

 意味着, 所有这一切说明, 意思是

It all adds up to this —— he is a selfish man. 所有这些说明一点, 他是一个自私自利的人。/ The evidence all adds up to a case of murder. 所有证据都说明这是一起谋杀案。/ Your actions added up to deliberate flouting of the rules. 你们的行为意味着对这些规章的故意藐视。

**提示**

1. 这一短语不用进行式。
2. add up to 不能用被动语态。

**admit of**

容许, 有...的可能

The matter admits of no delay. 这事不能耽搁。/ The facts admit of no other explanation. 这些事实不容许有别的解释。/ This case did not admit of being discussed in public. 这一案件不能公开谈论。/ The sentence admits of several interpretations. 这个句子可以有多种解释。/ His conduct admits of no complaint. 他的行为无可指摘。/ His problems did not really admit of any solution. 他的问题真是没有解决的可能。

**admit to**

承认

He admitted to having taken the money. 他承认拿了那笔钱。/ I must admit to being ashamed for what has happened. 发生这样的事情我得承认我感到惭愧。/ The prisoner admitted his guilt to the police. 囚犯向警方承认有罪。/ Do you admit to taking these books without telling anybody? 你承认没有告诉任何人就拿走了这些书吗? / Did he admit to breaking the window? 他承认窗子是他打破的吗? / She admitted to having done wrong. 她承认自己做错了。

**agree on**

对...取得一致(相同)意见

I'm sorry we can't agree on this. 很遗憾, 在这一点上我们意见不一致。/ We agreed on a price for the car. 我们就车价达成了一致意见。/ We have agreed on Spain for our holiday next year. 我们已商定明年去西班牙度假。/ They agreed on a date for the next meeting. 他们就下次会议的日程达成了协议。/ The price for the house has been agreed on. 房屋的价格已达成协议。

提示

agree upon = agree on

They finally agreed upon the terms of the contract. 他们最后就共同的条文达成了协议。/ Finally a detailed plan of work was agreed upon. 最后就详细的工作计划取得了一致意见。

agree to

赞同,同意(某一建议,安排等)

We'll never get him to agree to it. 我们永远也无法使他赞同这一点。/ They agreed to our proposal. 他们同意了我们的建议。/ The committee has agreed to your request. 委员会已同意你的请求。/ Do you agree to our going through this room? 你允许我们穿过这个房间吗? / I don't agree to this. 这事我不同意。/ They were ready to agree to a peaceful settlement of the dispute. 他们准备同意和平解决这一争端。

提示

1. 当 agree to 用于 suggestion, proposal, plan 等词之前时, 和 accept 意思相同。Do you think he will agree to / accept my suggestion? 你认为他会接受我的建议吗?
2. agree to 意思接近 consent to: I cannot consent to what you ask. 我不能答应你的请求。

agree with

同意...的意见等,赞同

They agreed with this idea. 他们同意这个想法。/ I agree with you on this point. 在这一点上我同意你的意见。/ I don't agree with giving children expensive presents. 我不赞成给孩子们昂贵的礼物。/ Most of us don't agree with your opinions. 我们多数人都不同意你的意见。

与...相一致,与...符合

The verb agrees with its subject in number and person. 动词的数和人称与其主语一致。/ What you have heard does not quite agree with the fact. 你所听到的与事实不尽相符。/ This bill does not agree with your original estimate. 这个帐单与你原来估计的不符合。

适合于(健康,性格,胃口,性情等)

Sour-sweet fish agreed very well with him. 糖醋鱼很合他的胃口。/ The climate doesn't agree with me. 这气候对我不相宜。/ Late hours do not agree with her. 她不适宜熬夜。/ I love prawns, but unfortunately they don't agree with me. 我喜欢吃对虾,但遗憾的是吃了会不舒服。/ Does the climate agree with the patient? 气候对病人适合吗?

提示

1. agree with 的反义词: disagree with 对...不适宜  
Chocolate always disagrees with me. 我吃了巧克力总感到不舒服。
2. agree with 无被动语态

aim at

瞄准, 对准

He aimed at the boar and fired. 他瞄准野猪开了枪。/ He picked up a stone and aimed it at the dog. 他捡起一块石头朝狗扔去。/ When shooting an arrow, one must aim at the target. 射箭要对准靶。/ I didn't mean to hit the cat, I was aiming at the tree. 我并没想打这只猫, 我是瞄准那棵树的。

以...为目标, 旨在, 立志, 一心想

I wonder what he was aiming at. 我不知道他当时的目的何在。/ He aims at being a doctor. 他立志要做个医生。/ My remarks were not aimed at you. 我的话不是针对你的。/ When the teacher said that there was a lazy boy in the class he was aiming at John. 当老师说班上有一个不用功的学生时, 他指的是约翰。

aim for

目的是, 旨在

We should aim for the best results. 我们应争取最好的效果。/ The factory must aim for an increase in production. 工厂必须把增加产量作为自己的目标。/ We aim for the completion of the task by the end of the year. 我们的最终目的是至迟年底完成这项工作。



1. aim for 和 aim at 均有“以...为目的”之意, 但 aim for 更强调最终目的。
2. aim at 可以用被动语态: His criticism was obviously aimed at us. 他的批评显然是针对我们的。
3. aim for 不能用被动语态。

allow for

把...考虑进来, 准备会有(某种情况)

We should allow for unexpected difficulty. 我们应考虑到意想不到的困难。/ We must start early, to allow for finding their house. 我们必须早点出发, 因为还得花时间去找他们的房子。/ We must allow for the train being late—it always is. 我们必须考虑到火车晚点——那是经常发生的。/ He missed the target because the wind hadn't been allowed for. 他没有考虑风力, 结果未能打中靶子。

allow of

容许; 有...的可能, 有...的余地

The question allows of no dispute. 这问题没有争论的余地。/ This

matter allows of no delay. 这事不容耽搁。/ The facts allow of no other explanation. 这些事实不可能有其他解释。/ The task is so urgent that it allows of no hesitation. 任务很紧, 不容迟疑。/ Mr. Pearson's income allows of no extravagance in his way of living. 皮尔逊先生的收入不允许他生活奢侈。

**amount to**

合计: 等于; 相当于

The cost amounted to £250. 费用共计 250 英镑。/ It all amounts to a lot of hard work. 这一切就相当于很多繁重的工作。/ Her failure to reply amounts to refusal. 她不回答等于拒绝。/ What you say amounts to a direct accusation. 他所说的话等于直接指责。/ This amounts to doing the whole thing over again. 这等于要把整个事重做一遍。/ Not punishing these hooligans amounts to condoning their behaviour. 不惩处这些无赖就意味着宽恕他们的行为。/ It amounts to this: Things are getting better. 这就是说, 形势越来越好。

**answer back**

顶嘴, 回嘴; 为自己辩护

When your mother scolds you, you shouldn't answer(her) back. 母亲责备你时, 你不应该和她顶嘴。/ The child would answer back to all she said. 她说什么这孩子都要回嘴。/ Don't answer back like that! 不许这样回嘴! / I didn't mean to answer you back. 我并不要跟你顶嘴。/ It's unfair to attack a person in the newspaper when he can't answer back. 在报上攻击一个人, 而他又不能为自己辩护, 这是不公平的。/ They spared no efforts to attack him in the newspaper when he couldn't answer (them) back. 在他无法为自己申辩时, 他们不遗余力地在报上攻击他。

**answer for****负责, 为...担保, 保证**

We can't answer for his actions. 我们不能对他的行为负责。/ You'll have to answer for the consequences. 你必须对引起的后果负责。/ I will answer for it that he will accomplish the task. 我保证他能完成这项任务。/ We will answer for it that all the products will be up to the mark. 我们保证产品将全部合格。/ You must answer for her safety. 你必须对她的安全负责。

**因...受责备(吃苦头)**

You will have to answer for your wrong-doing one day. 总有一天你要为你

做的错事吃苦头。/ Someday you will answer for your foolish behaviour. 总有一天你要为你的愚蠢行为而受到责备。/ He's got a lot to answer for! 他在许多事情上应受到谴责!

**answer to**

适合, 符合, 对...有反应

That answers precisely to our needs. 这正符合我们的需要。/ The dog answers to his name. 那条狗听到叫自己的名字就有反应。/ The person answered to the special demand of the company. 这个人符合公司的特殊要求。/ Does the result answer to your expectation? 结果符合你们的期望吗? / The horse answers to the slightest pull on the rein. 只要缰绳稍稍一拉, 这马就有反应。

**appeal to****△ 请求, 呼吁**

The government is appealing to everyone to save water. 政府呼吁人人节约用水。/ They appealed to us for help. 他们向我们请求援助。/ He will never appeal to them for mercy. 他决不会向他们乞求怜悯。/ He earnestly appealed to his friends for support. 他恳切地向朋友们请求支持。

**△ 投合...心意(兴趣)**

Your argument appeals to us. 你的论点使我们很感兴趣。/ The job rather appeals to me. 我相当喜欢这个工作。/ Do these paintings appeal to you? 你喜欢这些油画吗? / The book will appeal only to a very limited public. 这本书只会受到少数读者的欢迎。/ The idea appealed to him. 这想法很投合他的心意。

**apply oneself to**

致力于, 专心于, 刻苦努力

You must apply yourself to the job. 你必须刻苦努力做这件事。/ He applied himself closely to the study of foreign languages. 他刻苦学习外语。/ We must apply ourselves to economic work. 我们要刻苦钻研经济工作。/ If you apply yourself to the job, you'll soon finish it. 如果你加紧干, 不要多久就能完成这一工作。/ She applied herself to learning French. 她努力学习法语。



apply one's mind / one's energies to = apply oneself to

He applied his mind to the difficulty. 他用心解决这个难题。

/ We must apply our energies to finding a solution. 我们必须努力想出一个解决办法来。

## apply to

△向…询问,向…申请(要求)

For particulars apply to the office. 详情请问办事处。/ He has applied to the American consul for a visa. 他已向美国领事申请签证。/ We also applied to other medical institutions for assistance. 我们也向其他医疗机构求援。

△适用于,适合于,与…有关

The rule does not apply to this case. 这条规则不适用于这种场合。/ What I am saying does not apply to you. 我的话与你无关。/ The comment applies equally here. 这个意见在这里也同样适用。/ The questions in the second half of the form apply only to married men. 表格下半部的问题只适用于已婚男士。

## approach to

接近于,几乎等于

The reply approaches to an absolute denial. 这个答复差不多等于完全否认。/ The cat approaches to the tiger. 猫类似虎。/ The number of new students this term approaches to two thousand. 本学期新生近两千人。

## approve of

赞成,认同

They have read and approved of the articles. 他们读了这几篇文章,认为写得不错。/ I don't approve of your way of looking at things. 我不赞成你看事情的方法。/ Justice will not approve of it. 此事为正义所不容。/ His uncle doesn't exactly approve of him. 他叔叔并不怎么喜欢他。/ I do not approve of your going with him. 我不赞成你和他一起出去。

提示

approve of 作“赞成”解时,有时可与及物动词 approve(同意,批准等)相互替换。

He told them of his plan. They approved / approved of it. 他把计划给他们讲了,他们都很赞成。

## approximate to

近于,接近

His statement approximated to the government's intentions. 他的谈话和政府的意图大体接近。/ Her description of the event roughly approximated to the truth but there were a few inaccuracies. 她对于这一事件的叙述大体符合事实,但仍有几个不确切之处。/ Your story only approximates to the real facts. 他所说的仅仅是接近事实真相。/ The cost will approximate to £5,000,000. 这笔费用将近五百万英镑。

English

短语