】主编◎王正元 主审◎Iris Jumbe





# 生活口语在线

**Daily Life Communication** 



大连理工大学出版社

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主 审 Iris Jumbe

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#### ⑥ 白春昭 2003

#### 图书在版编目(CIP)数据

生活口语在线/白春昭编著.—大连:大连理工大学出版社, 2003.1

(5W 接触"老外"说英语) ISBN 7-5611-2203-9

I.生… II.白… II.英语—口语 IV.H319.9

中国版本图书馆 CIP 数据核字(2002)第 059626 号

#### 大连理工大学出版社出版

地址:大连市凌水河 邮政编码:116024

电话:0411-4708842 传真:0411-4701466 邮购:0411-4707955

E-mail:dutp@mail.dlptt.ln.cn

URL:http://www.dutp.com.cn

大连海事大学印刷厂印刷

大连理工大学出版社发行

印数:1~10 000

幅面尺寸:170mm×227mm

印张:11 字数:203 千字

附件:磁带 2 盒 2003 年 1 月第 1 版

·---

2003年1月第1次印刷

责任编辑:张 威

责任校对:陈桂萍

封面设计:孙宝福

定价:13.80元

# A series of English Dialogues with Foreigners 5 以接触"老外"说英语

主编 王正元



# 前言

随着中国成功地加入WTO,英语也正在成为人们生活、工作、沟通、发展、竞争不可缺少的工具。如何尽快地掌握各种英语口语技能;如何与"老外"进行感情交流,彼此成为挚友;如何同"老外"接触时如鱼得水,成为了我们学习英语口语的目标。

本书是《5W接触"老外"说英语》丛书中的《生活口语在线》,共分十四章。内容涉及广泛的生活领域,包括:餐饮、居住、交通、购物、医疗、习俗、娱乐、爱情、影视、体育、求助、情感、安全和天气。它以会话的形式介绍了中美人民在生活中的相互交往,重点突出了五"W"功能.即 Who, When, Where, What, Why, 帮助您解除在口语会话中的障碍。

本书适合想与外国朋友交往的各类人士,无论您是上班族、学生,还是教师,此书对您提高跨文化交往的质量都会有所帮助。

本书在编写过程中得到了美籍英语语言学专家 Iris Jumbe 的悉心指导并审阅,在此我们表示最衷心的感谢。由于时间仓促和水平有限,书中如有错误,望广大读者指下。

编者 2002.12

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# Chapter 1

## Food and Drinks

# 餐饮篇

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I 在餐馆
At a Restaurant
II 节食
Talking about Being on a Diet
III 谈烹饪
Talking about Cooking
IV 结账
Settling the Bill
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V 谈中餐

Talking about Chinese Food

## a Restauran, I在餐馆



#### **Conversational Background**

Who: Huang Tao Tobby (Waiter)

人物:黄涛 托比(服务员)

Where: At a restaurant

地点:餐馆

When: At noon

时间:中午

What: Ordering food

话题:点菜



#### Situational Dialogue

Huang: This place looks good. A little expensive,

though.

Tobby: Oh, come on. It's our last day in America. I'm getting fed up of self-service restaurants.

Huang: All right. Let's eat here. Since you

know English better, you can order the meal.

Tobby: As long as you pay for it.

Waiter: Good evening.

Tobby: We'd like a table for two, please.

Waiter: Certainly. This way, please. Can I take

your order?

Tobby: Yes. We'd like some soup to begin with. And we'll have a large steak each.

Waiter: How would you like your steak, rare,

medium or well-done?

Tobby: Medium, please.

Waiter: Would you like your steak with a baked

potato or French fries?

Tobby: I would prefer a baked potato, please.

Waitet: Would you care for a salad, sir?

黄: 这地方看起来不错,不过有点贵。

托比: 啊,来吧。这是我们在美国的最后

一天,我对自助餐厅已感到厌烦了。

黄: 好吧,我们就在这里吃吧。你的英语

比较好,就由你点菜吧。

托比: 只要你付钱就行。

服务员:晚上好。

托比: 请给我们找两个人的座位。

服务员:好的。请往这边来。现在能点菜吗?

托比: 给我们先上汤菜,然后上两个牛排,

要大一点的。

服务员:做到什么火候?嫩些、适中还是老

肝の

托比: 中等火候。

服务员:配些烤土豆还是法式油炸土豆条?

托比: 烤土豆。

服务员:要份色拉吗?

Tobby: Yes. What kinds of salads do you have? 托比: 好的。你们有些什么色拉?

Waiter: We have a mixed salad and tomato 服务员:混合色拉和番茄色拉。.

salad.

Tobby: A mixed salad would be fine. 托比: 要份混合色拉。

Waiter: And what would you like to drink with 服务员:要喝点什么吗?

your meal?

Tobby: 1'd like some wine. 托比: 来些葡萄酒吧。

Waiter: The wine list is on the last page of 服务员:先生,葡萄酒列在菜单的最后一页。

the menu, sir.

Tobby: Ah, here it is. 托比: 啊,在这里。 Waiter: Take your time. 服务员:慢慢看。

Tobby: A Marseilles, please. 托比: 来一杯马塞酒吧。

Waiter: Shall I serve the wine before the 服务员:酒是在上汤前还是以后上?

soup or after?

Tobby: Straight away, please. 托比: 请马上拿来。 Waiter: OK, I'll be back with you soon. 服务员:好,马上就来。



#### **Confusion and Problems**

be fed up of

对……厌烦 eq. I'm fed up of this wet weather. 对这种潮湿天气我已经厌烦了。

begin with

首先 eq. We can't go. To begin with, it's too cold. Also, we have no money. 我们不能 去。首先天气太冷,而且我们又没有钱。

take one's time

慢慢做 eg. You can take your time to pay the debt you owe me. 你欠我的债可以慢慢还。

as long as

只要 eq. As long as you are happy, I am happy. 只要你高兴,我就高兴。





#### **Key Sentence Patterns**

#### 下列句型用来表示点菜:

1, 1' || like... / |' || have... / |' m going to have.../ Could I have... / Would you bring me...

我想要……/我可以点……/给我上……

2. Do you have any...?

你这儿有……吗?

3. Could I have the menu, please? 我可以看一下菜单吗?

4. What's today's special? 今天的特价菜是什么? 5. I think I'll have the New York steak. 我想要一份纽约牛排。 4

6. I'd like a hamburger, French fries, and a milk shake.

我想要一个汉堡包、炸土豆条和一杯牛奶.

7. Can I have a short order?

8. I'd better leave the choice to you.

9. I'll have Chinese food for a change today.

10. I'll start with an hors d'oeuvre followed by the sole.

我点一份快餐可以吗?

我还是让你来点菜。

我今天要换一下口味、吃一道中国菜。

先上一份冷盘,再上一份鱼。

### Talking about Being on a Dier Ⅱ 谈节食



#### **Conversational Background**

Who: Yana Tao Saundra

人物:杨涛 桑德拉

Where: In the office

地点:在办公室

When: Lunch time

时间:午饭时

What: What to eat

话题:吃什么?



Yana:

Yang:

#### Situational Dialogue

I bought a nice big cake, Saundra. Come 杨: Yang:

over here and have some.

桑德拉,我买了一个好大的

蛋糕,过来吃一点吧。

Saundra: No. dear. I'm on a diet; I want to

lose weight.

Really? You're on a diet?

Saundra: Yes. I've put on about four pounds

recently. So I've decided to go on a diet.

But you look perfectly fine. I don't

think you're getting fat.

Saundra: You' re just being kind. I'm really

getting fat.

Er...tt's delicious. Don't you want to Yang:

taste it?

桑德拉: 不,亲爱的,我定食定量,因

为我想减轻体重。

真的? 你在节食? 杨:

桑德拉: 是的。我最近体重增加了四

磅,所以决定节食。

可我觉得你挺好的,并没有 杨:

发胖。

桑德拉: 你在安慰我。我真的长胖了。

呃……真好吃。你不想尝一尝 杨: 四?

Saundra: No, I'll just have a bowl of soup and some crackers.

Yana: That's not enough for me. I've been working hard this morning and I'm really hungry. I'll have the complete dinner: fried chicken with green beans and mashed potatoes and apple pie with ice cream for dessert. You see,

> it is not good for your health if you go on a diet. Can't you start your diet tomorrow?

Saundra: As a matter of fact, I like them too.

Then, you can put it off till tomorrow. Yang:

Saundra: Er...I guess I'll have to give in and start 桑德拉:呃……我想我得让步了。我明天开

it tomorrow.

桑德拉:不,我只要喝一碗汤和吃一些饼 Ŧ,

杨: 对我来说不够,今天上午我工作得 很辛苦,我确实饿了。我要吃个全 餐:油炸鸡拼青豆加土豆泥,甜食 有冰淇淋加苹果馅饼。节食对你的 身体不好。你可以明天开始节食吗?

桑德拉:事实上,我也喜欢吃这些东西。

那你就明天开始节食吧。 杨:

始节食吧。



#### **Confusion and Problems**

be on a diet

吃规定的饮食 eg. The patient was too fat so the doctor put him on a diet. 病人太胖了,医生 给他规定了饮食。

lose weight

减肥 eq. She did the morning exercises just to lose weight. 她晨练,只是为了减肥。

put on

增加:增添 eq. How much weight did you put on over the Spring Festival? 春节期间你体重增 加了多少?

find sth. to one's taste

喜欢某物 eq. I found the dish to my taste. 我喜欢这道菜。

put off sth.

推迟:延期 eg. The meeting has been put off till some time next week. 会议延迟到下星期某个 时候召开。





#### **Key Sentence Patterns**

#### 下列句型用来表示询问对方吃什么:

1. What do you intend to treat us to?

2. Would you like some French toast? Would you like a cucumber salad as an appetizer?

3. I'll cook some more eggs for you. How would

你打算请我们吃点什么?

你是不是要吃点面包片? 想要一份凉拌黄 瓜作为开胃菜吗?

我再给你做几个鸡蛋。你愿怎么吃呢?

you like them ——boiled, fried, scrambled or poached?

-带壳煮呢、煎呢、炒呢还是去壳煮呢?

- potato salad and a bottle of white wine?
- 4. What would you like to have, boiled fresh codfish, 你想吃什么,煮鲜鳕鱼,土豆色拉,外加一瓶 白葡萄酒?
- 5. What will yours be? What would you want as a 您要什么呀? 您第一道菜想吃什么?
- 6. How would you like your eggs? Would you like 鸡蛋您想怎么吃?要两面煎的吗? your eggs turned over?
- 7. What kind of food do you prefer/like, Chinese or 你想吃什么菜,中式的还是美式的? American?
- 8. What would you like to have/order for dinner?
- 晚饭您想吃什么?
- 9. How would you like your beefsteak, well-done or rare?
- 您想吃什么样的牛排,煎得老些还是嫩些?

10.Will you have rice or bread?

你是吃米饭呢还是吃面包?

#### Cooking Talking about 谈烹饪



#### **Conversational Background**

Who: Jones Wang Hong

人物:琼斯 王宏

Where: In a kitchen

地点:在厨房

When: At 6 p.m.

时间:晚六点钟

What How do you make that chicken dish 话题:如何烹饪鸡



#### Situational Dialogue

Jones: Miss Wang, that chicken was delicious. Please tell me how you make it.

Wang: Oh, it's very easy. You need about six pieces of chicken for two people. First, roll each piece of chicken in a little flour.

琼斯:小王,那只鸡(做得)真好吃。请你告 诉我你是怎么做的。

王: 噢,很好做。两个人吃大约需六块鸡 肉,首先,把鸡块放在少量的面粉上滚 一滚。



Jones: Just ordinary flour?

Wang: Well, I usually use seasoned flour just to aive it a little extra flavor.

Jones: All right. And then what do you do?

Wang: OK, heat a little oil in a frying pan. The oil is about half a cup.

Jones: L see

Wang: And then fry the chicken in the oil for a couple of minutes until it's nice and brown all over.

Jones: Just two or three minutes?

Wang: That's right. Now you take your vegetables, 王: 对。然后把菜拿来切碎,再把蔬菜加在 and chop them up. And after you've done that, you add the spices. Just a pinch of each will do.

Jones: Let me go through that again. After you brown the chicken, you chop up the vegetables, put them in the frying pan, and then add the spices.

Wang: Right, you cook the vegetables and the chicken for another five minutes. And then you're ready to add your wine, about half a bottle of dry white wine. Pour it over the chicken together with about a cup of water. Then cook it for another 30 to 40 minutes on a very low heat.

琼斯:是不是就用普通的面粉?

王: 嗯,我一般使用加了调料的面粉,为的 是提提味儿。

琼斯:明白了。那么下一步怎么办?

王: 下一步是在炒勺里热上少许的油, 油大约需要半杯的样子。

琼斯:我明白了。

王: 再把鸡块放在油里炸上两三分钟,直 到全炸成棕黄的。

琼斯: 只炸两三分钟?

鸡块里。加上调料,每样掐一小撮就 够了。

琼斯:我来照着说一遍看:鸡块炸成棕黄色 后,把菜剁碎了放进炒勺里,然后再加 上凋料。

王: 对。把鸡块和菜一起再烤五分钟,这时 你就可以往里加葡萄酒了。要用半瓶 不带甜味的白葡萄酒对上一杯水,一 起浇在鸡块上,然后用小火再焖上三 十到四十分钟。

Jones: Oh, it sounds easy. I'm going to try it later. 琼: 噢,好像很好做,我以后也要试试看。



#### **Confusion and Problems**

season...with

用佐料给…调味 eg. This is fish seasoned with vinegar and sugar. 这是一道糖醋鱼。

Chop sth up

把…切成碎块 eg. Chop up the meat and put it in the frying pan. 把肉切碎,放在煎锅里。

go through

全面考虑 eg. They went through the details of the plan to make sure there were no loop holes. 他们仔细审查计划的每一个细节,以保证没有任何漏洞。





#### 经典句型

#### **Key Sentence Patterns**

#### 下列句型可用来询问如何烹饪:

- 1. Please tell me how you make it.
- 2. Then what do I do?
- 3. And after that?
- 4. Could you tell me how to make dumplings...?
- 5. I wonder why...?
- 6. Would you like it well-done or underdone?
- 7. Shall I cook it rare, medium, or well-done?
- 8. Would you please tell me how to start the next step?
- 9. What dressing should I use, then?
- 10. How long should it be cooked?

请你告诉我你是怎么做的。

然后我怎么做?

这之后呢?

您能告诉我怎样做饺子吗?

我不知道为什么…?

该做得老些呢还是嫩些?

我把它做得生些、适中还是老些?

你能告诉我下一步该如何开始吗?

然后,我该用什么调料?

过道菜该烹饪多久?

# Settling the Bi,,



#### **Conversational Background**

Who: Yang Jie Carl

人物:杨杰 卡尔

Where: At a restaurant

地点:饭店

When: After dinner

时间:餐后

What: Who pays for the bill?

话题:谁付账?



#### **Situational Dialogue**

Yang: Would you like anything else, Carl?

Carl: No, thank you. I'm through.

Yang: Did you enjoy your dinner?

Carl: Excellent. Now I'm convinced that Chinese

food is indeed number one. .

杨: 卡尔,您再来点什么吗?

卡尔:不用了,谢谢。我已经吃完了。

杨: 吃得好吗?

卡尔:非常好。现在我信服了,中国菜确 实是天下第一。