



# 说英语高手

Talk! Talk! Talk! English

刘毅 编著

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## 编者的话

真是觉得渐愧，到了现在才发现学习英语的秘诀。学英语，应先从“说”开始，而且要训练自己，每次说英语，要说三句以上。

会“说英语”自然会听，也自然容易学会写。“会说英语”是很快乐、很美妙的事，会增加学习英语的乐趣。

出版了那么多的书，大多是以一段对话，不是完全以自己做主角，背起来很辛苦。本书全部是以自己为主角，把你想说的话，用英语一句接一句地说出来，一口气说三句。

去年，和一位美籍老师在夏威夷海滩上散步，他很快乐，突然说出：It's not too hot. It's not too cold. It's just right. 这三句话，说起来多顺！背起来多容易！

这使我发现，学“说英语”，要先从背一些容易记、不容易忘，讲起来很顺的句子开始。预先练习后，说起话来才有信心。有了信心后，就会举一反三。

本书编排，每一单元原则上是以三句为一组，这三句英语相互关连，有时一种情况有多种说法，若每种说法你都会，就不容易混淆。譬如你看见朋友买了好东西，你问他花了多少钱，除了用 How much was it? 以外，你还可以说：

How much did it cost?

How much did you pay for it?

How much did you spend on it?

背了上面四句以后，你就知道了 cost, pay, spend 的用法。

人类的短暂记忆是有限的,如这个数字“562158329”很难背下来,但是如果分开来背“562-158-329”就很容易。英语一句一句背,容易忘记;但是一次背三句,就不容易忘记。

能够一次说三句以上英语,别人会觉得你讲得很流利,你自己也会觉得很舒服。每次见到朋友,你就说很多句英语,很快你就会成为说英语高手了。

这本书我们特别制作了一套录音带,以三句为一组,第一次用慢速,你可跟着念,第二次用正常速度念一组三句,最后一次则用正常速度念完整个单元。经过实验,这种效果很好。你可以利用随身听,走到哪里听到哪里。过不久,你就自然会说流利的英语。你的朋友见到你会说:

Your English is improving.

Your English is progressing.

Your English is getting better.

这种新的学习英语的发明能顺利完成,要感谢美籍老师 Edward McGuire, Thomas Branigan 以及 Andy Swarzman 长时间的辛劳,更要感谢谢静芳老师及高玮谦老师全力地配合编辑。

这本书虽经过多次的谨慎编校,但仍恐有疏漏之处,诚盼各界先进不吝批评指正。

刘毅

## ■ ..... *FOREWORD* ..... ■

This book would not have been possible without the help of the many contributors, teachers and students, who brought it into existence. The material has been revised, and tested many times, until its acceptance was agreeable to all those involved. No expense or effort was spared in the development of this book. The combined teaching experience involved in the completion of this book stretches well over fifty years.

The material and format of this book are new. The new approach we've taken has proven to work, and will no doubt be helpful to anyone who wants to learn to speak American English, as it is spoken in America. Everything in this book comes from actual conversations by native American English speakers. This book will help to close the gap between students' knowledge of English, and their ability to use it in everyday conversation.

*Talk! Talk! Talk! English*, is the first in a series of ten books. It was especially designed with the everyday Chinese student of English in mind. The benefit of this book is that the material is easy to remember, hard to forget, and fun to learn.

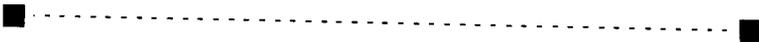
English is a rich and dynamic language which uses many different ways to express the same idea. *Talk! Talk! Talk!* *English* offers you related sentences that can be used in different ways, to express similar ideas. The sentences in each set can be said together, or separately, with equal effectiveness.

To help you in your quest to master spoken English, it is recommended that you use the following method when studying the material.

Read each sentence out loud, at three different speeds. The first time slowly, the second time moderately, and the third time as quickly as you naturally can. You should use this method with each sentence, and then with each set of sentences. This method of studying the material is designed to help not only your memory, but also your speech, and listening comprehension as well.

Special thanks go out to Edward McGuire, Thomas Branigan, and Andy Swarzman. Without their assistance and perseverance, the completion of this book would not have been possible.

*The Compiler*



## ◆《说英语高手》使用方法◆

传统实况会话,如去邮局、在机场、看医生等,即使背下来,不使用,就会忘掉。《说英语高手》能够记住不忘的原因之一,说是因为它每天都可以使用。先练习一口气说三句,可和外国人说、可和中国人说,也可以自言自语说。

例如:你每天一定要吃饭,吃饭前就要说着玩:

I'm hungry.(我很饿了。)

I'm hungry as hell.(我饿坏了。)

I'm hungry as a wolf.(我非常饿。)

快要吃饭的时候,不要忘记说:

Let's eat.(吃吧。)

Let's dig in.(我们开动。)

Let's pig out.(我们大吃一顿吧。)

一面吃饭,一面要说:

It's delicious.(真好吃。)

It tastes great.(真可口。)

It's out of this world.(真棒。)

吃饱饭后,也要说这三句:

I'm full.(我饱了。)

I'm stuffed.(我饱了。)

I can't eat another bite.(我一口也吃不下了。)

如你要请客时,你就说:

It's on me.(我请客。)

It's my treat.(我请客。)

Be my guest.(我请客。)

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当你习惯一次说三句,说到你厌倦的时候,就要开始一次说六句或六句以上,尽量多说。如吃饭前你可连续说:

I'm hungry.(我很饿了。)

I'm hungry as hell.(我饿坏了。)

I'm hungry as a wolf.(我非常饿。)

I'm starving.(我很饿。)

I'm starved.(我很饿。)

I feel like I'm starving to death.(我觉得快饿死了。)

My stomach is empty.(我肚子饿了。)

My stomach is growling.(我肚子饿得咕咕叫。)

I could eat like a horse.(我非常饿。)

在餐桌上,快吃饭时,可一次说六句:

Let's eat.(吃吧。)

Let's dig in.(我们开动。)

Let's pig out.(我们大吃一顿吧。)

Let's munch out.(让我们大吃一顿吧。)

Let's chow down.(吃吧。)

Let's indulge ourselves.(让我们大吃一顿。)

以三句为一组,光吃饭前、吃饭后,就可以练习到四十句以上。其他还有很多每天要讲的话,都要不断地自我练习。准备好随身听,利用任何有空的时间,不断地听,不断地跟着说,一天至少说四小时以上英语,一个月后必然会有意想不到的效果。

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☆ / ☆

What's up?  
 What's happening?  
 What's going on?

见到朋友,或打电话,都可打招呼说:

What's up? (有什么事?)

What's happening? (发生什么事?)

What's going on? (发生什么事?)

中国人过去很穷,所以一般见了面,都习惯说“吃过饭没有?”、“吃饱了没有?”来打招呼。不是真正在问你吃了没有。

美国人一向担心发生事情,所以见了面会说 What's up? What's happening? What's going on? 来打招呼。回答说“Nothing much.”(没什么事。)其实不一定是真正在问“有什么事?”,只是在打招呼,和 How are you doing? (你好吗?)一样,普遍地被使用。

和朋友打招呼,可再说:

How's it going? (情况如何?)

How's everything? (情况如何?)

How's everything going with you? (你一切情况如何?)

go [gəu] *v.* 进展

见面打招呼,要会说 What's up? What's happening? 等,而且,一口气要说三句以上,才算是说英语高手。