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21 世纪高校英语专业基础课系列教材

基础英语教程

(一) 学生用书

南开大学外国语学院英语系教材编写组 编

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21 世纪高校英语专业基础课系列教材

基础英语教程（一） （学生用书）

Comprehensive English for English Majors Book I

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前 言

我们谨将南开大学英语系集体智慧的结晶——《21 世纪高校英语专业基础课系列教材》奉献给广大的学生，奉献给崭新的 21 世纪。

这套教材是 2000 年教育部批准实施的《高等学校英语专业英语教学大纲》颁布后，国内出版的第一套英语专业基础课系列教材，共计 8 种，分两次出齐，包括：

1. 《英语口语教程》
2. 《英语阅读教程》（一、二）
3. 《英语听力教程》（一、二）（含学生用书与教师用书）
4. 《英语翻译教程》
5. 《英语口译教程》
6. 《英语写作教程》
7. 《基础英语教程》（一～四）（含学生用书与教师用书）
8. 《高级英语教程》（一、二）（含学生用书与教师用书）

新世纪的教材应该有新世纪的特点。我们在教材编写中努力做到：全面贯彻新《大纲》，立足培养具有扎实的英语语言基础和广博的文化知识的复合型英语人才；反映当代科技、文化的最新成就；反映教学内容和课程体系改革的最新成果；在教材内容和体系上有明显特色。

系列教材编写工作难度大，时间紧，要求高。参加编写工作的所有教师兢兢业业，一丝不苟，历冬寒夏暑，始成此书。

我们倾全系之力编写这套教材，因为我们知道，我们正在为新世纪奉献自己的微薄之力。我们倾全系之力编写这套教材，因为我们相信：新世纪需要这样的教材。

这套教材得到了南开大学各级领导，尤其是学校教材建设委员会的关心和支持，并被列为教材重点建设项目；这套教材还得到了南开大学出版社的大力支持和帮助。

我们真诚地感谢所有关心、支持、帮助我们的朋友，我们真诚地欢迎批评和建议。

编者
2001 年 9 月
于南开大学

本书特色

《基础英语教程》(一、二册)是按照教育部 2000 年 4 月颁布的《高等学校英语专业英语教学大纲》的要求,针对高等学校英语专业一、二年级学生的学习特点而编写的专业教材。本教材的主要特色有:

1. 突破传统英语阅读课“填鸭式”教学的弊病和局限,在教材编排上突出学生独立学习研究能力的培养。本教材的学生用书中没有一般教材课后常附的生词表,因为多年的教学经验告诉我们,学生只有通过主动地查阅字典,才能加深对所学词汇和内容的理解。为了帮助学生在学课文的过程中随时发现问题,解决问题,思考问题,我们将每课书的 Text A 分为左右栏,右栏是学生在自学和上课过程中的学习和课堂讨论要点,同时也为学生自学和做课堂笔记留有一定空间。这一编排思路充分体现了以学生为中心的最新教学理念,学生通过本教材可以培养独立的阅读、理解、学习和思考的能力。而在本教材配备的教师用书中我们则提供尽量详细的教学辅导内容,以减轻教师在备课过程中的负担,并扩充课堂的信息量。

2. 本教材选材广泛新颖。课文的 Text A 多选自名家名篇,Text B 则多为与 Text A 主题相关的具有时代气息的或文体或风格或观点有所不同的文章。这样学生既可以学习到经典的英语名篇,又可以接触到最新的时代气息;既可以学习到相关主题的有关观点和知识,又可以在不同风格和不同观点的比较中发展独立思考问题和分析问题的能力。

3. 本教材的课后练习采取课内和课外分开,这也是本书的创新之处。英语学习是听、说、读、写、译各项英语基础技能的综合提高过程。基础英语课是英语专业学生的重要基础课之一,学生除了练习与课文内容相关的新语言点之外,还需要复习巩固原有的语言基础,并尽量拓宽知识面。因此我们设计了 Text-based Exercises 和 After-class Assignment 两部分练习。Text-based Exercises 主要为与课文相关的语言练习,覆盖了听、说、读、写、译五项基本功的训练。After-class Assignment 主要为佳作赏析、语法巩固练习和技能训练。学生和教师可以根据实际的语言学习要求,灵活安排练习量的多少。

本教材在试用过程中及时吸取了任课教师和学生的反馈意见,在版面的编排设计上又进一步做了修改、美化。我们希望奉献给学生和老师一套全新风格的教材。

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Unit 1

Section A Text Study

I. Warm-up Activity

Role-play—College Talk

- Scene 1: It is time for a high school senior to apply for colleges. A family discussion is going on. The parents hold a different opinion from that of their child on what kind of college/university to enter. Both sides give their reasons in order to persuade each other.
- Scene 2: A student has just received a letter of acceptance from a college. He/she comes to visit his/her teacher. They talk about the college and the student's plan and expectation for college life.
- Scene 3: Two classmates are talking about their future. One has already been enrolled by a famous university; the other, however, has failed to be admitted to any college.

II. Text A

College Talk¹

Kimberly Kirberger

<p>1 It seemed to come on like the flu. Suddenly, out of nowhere, everyone was talking about college. Lunchtime discussions changed from who's dating whom into who's going to what college and who did or did not get accepted. And just like the flu leaves its victims feeling awful and helpless, such was the case for this new fascinating subject and me.</p>	<p>out of nowhere victim</p>
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<p>2 I don't clearly remember the actual conversations. I do, however, remember why I wasn't interested in all this "college talk." We didn't have enough money for me to go to a real college. I would begin my college years at a junior college². This was the final word and I had accepted it. I didn't even mind terribly. I just wished everyone would stop talking about this university and that Ivy League³ school.</p>	<p>What does the author mean by "mind terribly"? Is it true that she did not mind?</p>
<p>3 The truth is, I was jealous. I had worked so hard to get good grades in school and for what? Each time I found out someone else I knew had just been accepted to the college of their dreams I would turn a deeper shade of green. I didn't like feeling this way, but I couldn't help it. It felt like they were going to jump ahead of me. They were going to have the big life experiences that turn a teenager into an adult and I was going to get left behind.</p>	<p>What does the word "green" denote here? Look up in a dictionary for more meanings associated with the color "green".</p>
<p>4 My boyfriend was very sweet and barely mentioned it every time an envelope arrived for him with a "Congratulations, you've been accepted to yet another college of your choice!" I knew about them only because his parents lacked the sensitivity with which he was so blessed. He always shrugged it off and would tell me, "You would have had the same response. Watch, you'll get a full scholarship to the</p>	<p>be blessed with / shrug off</p> <p>Explain the words of the author's boyfriend.</p> <p>What is the meaning of "had a point"?</p>

college of your choice in two years and you can laugh at us all for foolishly killing ourselves to arrive at the same place.” He had a point. I just thought it was awfully sweet of him to make sure I saw it this way.

5 My friends and I kept in touch those first few months and, more often than not, I was the one offering words of support and understanding. They spoke of roommates from hell, classes they couldn’t get into, and the ones they did being so big they couldn’t even see their professor. Not only could I see mine, but one of my favorites invited us to his house on a lake. We would go there for class and stay hours afterwards talking and sharing our theories on human behavior. It was because of this class that I decided to major in psychology.

more often than not

Retell the author’s friends’ complaints in your own words.

6 Needless to say, my tortured thoughts of being left behind while they went out and gathered life experiences in huge doses changed to thoughts of counting my blessings. I was getting a fine serving of life experience. I was letting go of friends and my first true love. I was moving into a humble abode that for the first time in my life I could call my own and I was taking a full load of classes by choice, not requirement.

torture / in huge doses / blessing

humble abode / call my own

Paraphrase the first two sentences in this paragraph.

7 As time passed and I grew more and more comfortable

with my circumstances, I was also able to understand something I hadn't when I was angry and envious. Real life will be filled with moments of friends making more or loved ones being promoted first. When these things happen, I know I will be prepared. I have already had a taste of this experience and I passed the test quite nicely.	What do "a taste of this experience" and "the test" refer to respectively?
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Notes to Text A

1. The text is taken from *Chicken Soup for the College Soul*.
2. **junior college**: a college offering courses for two years beyond high school, either as a complete training or in preparation for completion at a senior college
3. **Ivy League**: a group of American colleges and universities generally regarded for their high scholastic achievements and social prestige. Ivy League institutions include: Harvard, Yale, Princeton, Columbia, Dartmouth, Cornell, University of Pennsylvania, Brown. The tuition at all of these universities is extremely expensive.

III. Text B

The Great Escape

Wendy Marston

1 I never felt like I could be myself in high school. I thought I had no choice: either I played cute, or boys wouldn't talk to me. So I hid my grades, kept my love for T. S. Eliot¹ to myself and spoke in short sentences ("Good game," for example), biding my time until I could get to a place where everything would be different.

2 College, I knew, would be just that—the great escape to a place where everyone would talk

fast, love books, stay up all night and not obsess about² football. A chance to throw off the cheerleading uniform³ and let the real, witty, sophisticated me break free from my fake self. So I moved two thousand miles away from my tiny coal-mining town in western Colorado to attend Columbia University in New York City—the capital of fast-talking, book-reading weirdos⁴.

3 But when I got to Columbia, the witty, sophisticated me, instead of bursting free, dove for cover. Everyone in New York seemed either insane or awesomely together. I couldn't imagine whom to hang out with or where I fit in. A girl in my hall raved about the rowing crew⁵, so I declared that I would join. But when it came time to get up at 5:30 A. M. for a swimming test, I bailed. Then I went to a sorority⁶ rush event and realized that pledging meant wearing pearls—so I split. Finally, I closed my eyes and jumped headlong into the hipster⁷ scene. I got a crew cut⁸, bleached it blond, bought black clothes and dated an actor who claimed to have once stolen Ethan Hawke's girlfriend.

4 But somehow nothing quite worked. There's not a lot you can do with a crew cut, and black clothes get gloomy after six months straight. Plus, the actor continued to steal other people's girlfriends—while he was dating me. I tried to throw myself into my schoolwork, but my classes were so huge and formal that I was afraid to open my mouth. So there I was—still the same confused person in spite of my new surroundings.

5 But when I least expected it, things turned around. I started waitressing at a local café and met my soon-to-be best friend. We spent all our spare time there, studying and hanging out even when we weren't hawking fat-free cranberry muffins⁹. Inside the café, I found a more casual atmosphere. A few of my professors came by regularly, and, perhaps because I was the one behind the espresso¹⁰ machine, we had the kind of relaxed, interesting conversations I'd imagined in high school. I found a close circle of friends. Another waitress and I started writing stories we called *The Adventures of Shark* and *Desperate Girl*, chronicling the paranoid behavior of two café regulars having a torrid, not-so-secret affair. I began to learn the fine art of flirting with the firemen who

came in for java¹¹ breaks and, finally, realized that I liked my life.

6 So college is the perfect place to find—or redo—yourself. Suddenly, without parents and high-school friends who remember when you tripped down the stairs at junior prom¹², it's a level playing field. The time is ripe to explore that long-concealed interest in pre-Cambrian fossils¹³ or to date a goateed poet type.

7 But once you have the chance to be anything you want, you face the really tough question: What do you want?

8 It's harder than it sounds. What you think you want when you're surrounded by familiar faces looks different in a new place. Things you thought were cool suddenly appear dorky¹⁴, irrelevant or simply wrong. In high school, I was sure I'd fall in love with the first man who wanted to talk about Hemingway; but when I met that person, I hated his guts. I thought I'd find my voice in a college classroom; but in the end I was much happier scribbling down my thoughts and discussing them in the relaxed atmosphere of a coffee shop.

9 In other words, if you yearn to be someone quite unlike your high-school self, be fearless. Try whatever you can imagine until you find something that really fits. But in the meantime, go easy on yourself and others who are shopping for a new identity. I remember cattily criticizing a very straightlaced¹⁵ friend who had bought herself a motorcycle jacket. "How tacky," I told someone. "She's trying to look so tough, and she's so premed¹⁶."

10 "You got a crew cut and dyed it blond," another friend pointed out.

11 *Yeah, I thought, I did. Maybe I should give her a break.*

12 After all, my friends and family gave me many breaks. They knew—even when I didn't—that somewhere amid all these shifting ambitions and new outfits, the same person still existed. And at graduation, as I was looking around the campus—my hair had almost grown out—it

finally became clear to me why I'd come all these miles. It wasn't to become a completely different person. It was simply to figure out how to be comfortable with the person I was—not only at a huge university in an edgy city¹⁷, but inside my own skin.

Notes to Text B

1. **T. S. Eliot:** Thomas Stearns Eliot, 1888-1965, American-English poet, dramatist, literary critic and editor. He was a leader of the modernist movement in poetry, and his masterpiece was *The Waste Land* (1922). T. S. Eliot exercised a strong influence on 20th century culture in the period between World Wars I and II, and won the 1948 Nobel Prize in Literature
2. **obsess about:** chiefly N. Amer. (mostly used in North America) (of a person) be preoccupied with something continually and to a troubling extent
3. **cheerleading uniform:** clothes worn when a team of girls perform organized cheering, chanting, and dancing in support of a sports team at matches in the US
4. **weirdo:** informal, a person whose dress or behavior seems strange or eccentric
5. **rowing crew:** 划船队
6. **sorority:** (美国大学的) 女生联谊会
7. **hipster:** informal, following the latest trends and fashions
8. **crew cut:** 平头
9. **even when we weren't hawking fat-free cranberry muffins:** hawk, to carry about and offer (goods) for sale, typically advertising them by shouting, 叫卖, 兜售; fat-free cranberry muffins, 脱脂(不含脂肪的)越橘松饼
10. **espresso:** 蒸馏咖啡
11. **java:** N. Amer. informal, coffee
12. **prom:** N. Amer. a formal dance, especially one held by a class in high school or college at the end of a year
13. **pre-Cambrian fossils:** 前寒武纪化石

14. **dorky**: N. Amer. slang, contemptible; not effective
15. **straightlaced**: also strait-laced, having or showing very strict moral attitudes
16. **premed**: short for pre-meditated, planned in advance and done on purpose
17. **edgy city**: or edge city, chiefly N. Amer. a relatively large urban area situated on the outskirts of a city, typically beside a major road

Comprehension Questions

1. Comment on the title “The Great Escape”.
2. How does the author reach the conclusion “college is the perfect place to find—or redo—yourself”?
3. What evidence does the author give to prove “What you think you want when you’re surrounded by familiar faces looks different in a new place”?
4. Summarize the major points the author puts forward in the text concerning college life.
5. In the text, a lot of informal or slang words and phrases are used. Find them and understand them properly.

Section B Text-based Exercises

I. Vocabulary

A. Complete each sentence with an appropriate word of color.

1. He was caught _____-handed.
2. She wishes to enter that famous company as a _____-collar worker after graduation.
3. I entered the room, and found that my grandpa was in a _____ study.
4. We are very excited at the government’s giving the _____ light for our project.
5. A player will be sent off the field if he is shown a _____ card by the referee.
6. According to the report, the _____ box of the plane that crashed yesterday has not yet

been found.

7. A _____-blooded person is the one of noble birth.
8. No agreement was reached. There were only some _____ faces in the conference room.
9. She must have fallen ill. She looks absolutely _____. I hope she will soon be in the _____ again.
10. Seriously affected by the economic crisis, the future of our company looks _____.
11. Being a doctor, he has to tell _____ lies quite often.
12. The gradual warming of the air surrounding the Earth, known as the _____-house effect, is caused by air pollution.
13. They will roll out the _____ carpet when the distinguished guests come.
14. Go into the haunted house. Show us that you're not _____-bellied.
15. The boy's mother immediately realized that he fought at school again as he was _____ and _____ all over.
16. The little girl's hands are _____ with cold.
17. Something that is big or expensive but useless and unwanted is said to be a _____ elephant.
18. The old man will not get a single _____ cent.
19. There are still a few _____ areas in this field.
20. His brother has been living in the US for more than a year, but has not got a _____ card yet.
21. Kimberly has been feeling _____ lately because her family cannot afford the tuition charged by a real college.
22. He was regarded as the _____ sheep of the family.

B. Use the following phrases containing *nowhere* to complete each sentence. Change the form when necessary.