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EDITORS:

SHAUN RUDDY EDWARD D. HARRIS, JR CLEMENT B. SLEDGE

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Editors -

Shaun Ruddy, M.D.

Elam C. Toone Professor Emeritus of Internal Medicine, Microbiology, and Immunology Chairman Emeritus, Division of Rheumatology, Allergy, and Immunology Department of Internal Medicine Virginia Commonwealth University School of Medicine Richmond, Virginia



Edward D. Harris, Jr., M.D.

George DeForest Barnett Professor Department of Medicine Stanford University School of Medicine Stanford, California

Clement B. Sledge, M.D.

John B. and Buckminster Brown Professor Emeritus of Orthopedic Surgery Harvard Medical School Chairman Emeritus, Department of Orthopedic Surgery Brigham and Women's Hospital Boston, Massachusetts

Associate Editors

Ralph C. Budd, M.D.

Professor of Medicine Director, Immunobiology Program University of Vermont College of Medicine Burlington, Vermont

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John S. Sergent, M.D.

Professor of Medicine Vanderbilt University School of Medicine Chief Medical Officer Vanderbilt University Medical Center Nashville, Tennessee

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Kelley's — Textbook of RHEUMATOLOGY

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Lenore Budd, Graham Budd, and Laura Budd

Carole Sergent, Ellen Sergent Rickert, and Kathryn Sergent Cour

Contributors

STEVEN B. ABRAMSON, M.D.

Professor of Medicine and Pathology, New York University School of Medicine; Chairman of Medicine and Rheumatology, Hospital for Joint Diseases Orthopedic Institute, New York, New York Neutrophils and Eosinophils

LEENA ALA-KOKKO, M.D., Ph.D.

Associate Professor, MCP Hahnemann University of the Health Sciences, Philadelphia, Pennsylvania Collagen and Elastin

ROY D. ALTMAN, M.D.

Professor of Medicine and Chief, Rheumatology and Immunology, University of Miami School of Medicine; Clinical Director, Geriatric Research and Education Clinical Center, and Chief, Arthritis, Miami Veterans Affairs Medical Center, Miami, Florida Hypertrophic Osteoarthropathy

WILLIAM J. ARNOLD, M.D.

Executive Vice President and Chief Medical Officer, Advanced Bio-Surfaces, Minnetonka, Minnesota Alternative Care for Arthritis and Related Musculoskeletal Diseases

STANLEY P. BALLOU, M.D.

Associate Professor of Medicine, Case Western Reserve University School of Medicine; Director of Rheumatology, MetroHealth Medical Center, Cleveland, Ohio

Laboratory Evaluation of Inflammation

N. NICHOLE BARRY, M.D.

Clinical Fellow, Department of Immunology/ Rheumatology, Stanford University Medical Center, Palo Alto, California Hip and Knee Pain

NICHOLAS BELLAMY, M.B.Ch.B., M.D., M.Sc.

Professor and Director, Centre of National Research on Disability and Rehabilitation Medicine, University of Queensland, Brisbane, Australia Health Outcome Assessment

ROBERT M. BENNETT, M.D., F.R.C.P.

Professor of Medicine and Chairman, Division of Arthritis and Rheumatic Diseases, Oregon Health Sciences University, Portland, Oregon Mixed Connective Tissue Disease and Other Overlap Syndromes

JOSEPH J. BIUNDO, Jr., M.D.

Professor of Medicine and Program Director, Section of Physical Medicine and Rehabilitation, Louisiana State University Medical Center, New Orleans, Louisiana Rehabilitation of Patients with Rheumatic Diseases

DAVID R. BLAKE, M.B., Ch.B., F.R.C.P.

Professor of Bone and Joint Medicine, Department of Medical Science and Department of Pharmacy and Pharmacology, University of Bath; Professor of Bone and Joint Medicine, Royal National Hospital for Rheumatic Diseases, Bath, England Biology of the Normal Joint

MAARTEN BOERS, M.D., Ph.D., M.Sc.

Professor of Clinical Epidemiology, Department of Clinical Epidemiology and Biostatistics, Free University Hospital, Amsterdam, The Netherlands Evidence-Based Rheumatology

ARTHUR L. BOLAND, M.D.

Assistant Clinical Professor of Orthopaedic Surgery, Harvard Medical School; Visiting Orthopaedic Surgeon, Massachusetts General Hospital, Boston, Massachusetts Sports Medicine

KENNETH D. BRANDT, M.D.

Professor of Medicine and Head, Rheumatology Division, Indiana University School of Medicine; Director, Multipurpose Arthritis and Musculoskeletal Diseases Center, Indiana University, Indianapolis, Indiana

Management of Osteoarthritis; Pathogenesis of Osteoarthritis

DOREEN B. BRETTLER, M.D.

Professor of Medicine, University of Massachusetts Medical School; Chief, Department of Hematology, Memorial Hospital, Worcester, Massachusetts Hemophilic Arthropathy

LENORE M. BUCKLEY, M.D., M.P.H.

Professor of Internal Medicine and Pediatrics, Virginia Commonwealth University School of Medicine, Richmond, Virginia Developing a Clinical Trial Design

RALPH C. BUDD, M.D.

Professor of Medicine and Director, Immunobiology Program, University of Vermont College of Medicine; Attending Physician, Fletcher Allen Health Care, Burlington, Vermont T Lymphocytes

LEONARD H. CALABRESE, D.O.

R. J. Fasenmyer Chair of Clinical Immunology and Head, Section of Clinical Immunology, Cleveland Clinic Foundation, Cleveland, Ohio Vasculitis Associated with Antineutrophil Cytoplasmic Antibody

EVAN CALKINS, M.D.

Emeritus Professor, State University of New York at Buffalo; Rheumatologist and Geriatrician, Promedicus Health Group, and Member, Active Staff, Kaleida Health/Buffalo General Hospital, Buffalo, New York Geriatrics and the Rheumatic Diseases

ALISON J. CARR, M.Sc., Ph.D.

Senior Lecturer in Musculoskeletal Epidemiology, University of Nottingham, Nottingham, England Health Outcome Assessment

MARCUS E. CARR, Jr., M.D., Ph.D.

Professor of Internal Medicine, Pathology, and Biomedical Engineering, Virginia Commonwealth University School of Medicine; Director, Central Virginia Center for Coagulation Disorders, Richmond, Virginia Platelets

DENNIS A. CARSON, M.D.

Professor, University of California, San Diego, School of Medicine, La Jolla, California Rheumatoid Factor

PATRICK J. CASEY, M.D.

Orthopedic Resident, Emory University School of Medicine, Atlanta, Georgia Low Back Pain

JAMES T. CASSIDY, M.D.

Professor of Child Health and Chief, Pediatric Rheumatology, University of Missouri Health Sciences Center, Columbia, Missouri Juvenile Rheumatoid Arthritis; Systemic Lupus Erythematosus, Juvenile Dermatomyositis, Scleroderma, and Vasculitis

W. WINN CHATHAM, M.D.

Associate Professor of Medicine, University of Alabama School of Medicine, University of Alabama at Birmingham; Clinical Director, University of Alabama at Birmingham Arthritis and Musculoskeletal Center, Birmingham, Alabama Sarcoidosis

DANIEL J. CLAUW, M.D.

Associate Professor of Medicine and Orthopaedics, Georgetown University School of Medicine; Chief, Division of Rheumatology, Immunology, and Allergy, and Scientific Director, Georgetown Chronic Pain and Fatigue Research Center, Georgetown University Medical Center, Washington, D.C. Fibromyalgia

DOYT L. CONN, M.D.

Professor of Medicine, Emory University School of Medicine; Director, Allergy, Immunology, and Rheumatology, Emory Hospital and Emory Clinic, and Chief of Rheumatology, Grady Health System, Atlanta, Georgia

Alternative Care for Arthritis and Related Musculoskeletal Diseases; Hypersensitivity Vasculitis (Small-Vessel Cutaneous Vasculitis)

SHELDON M. COOPER, M.D.

Professor of Medicine and Director, Rheumatology and Clinical Immunology Unit, University of Vermont College of Medicine; Attending Physician, Fletcher Allen Health Care, Burlington, Vermont Tetracyclines

RAMZI S. COTRAN, M.D.

Frank Burr Mallory Professor of Pathology, Harvard Medical School; Chairman, Department of Pathology, Brigham and Women's Hospital and Children's Hospital, Boston, Massachusetts Endothelial Cells and Nitric Oxide

JOE CRAFT, M.D.

Professor of Medicine and Chief, Section of Rheumatology, Yale University School of Medicine; Attending Physician, Yale-New Haven Hospital, New Haven, Connecticut Antinuclear Antibodies

ANN CRANNEY, M.D., M.Sc.

Assistant Professor, University of Ottawa Faculty of Medicine; Division of Rheumatology, Ottawa Hospital, Ottawa, Oftario, Canada Evidence-Based Rheumatology

MYRON I. CYBULSKY, M.D.

Associate Professor, Department of Laboratory Medicine and Pathobiology. University of Toronto Faculty of Medicine; Staff Pathologist, Toronto General Hospital, and Staff Scientist, Toronto General Research Institute, University Health Network, Toronto, Ontario,

Endothelial Cells and Nitric Oxide

JODY A. DANTZIG, Ph.D.

Research Associate, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania Skeletal Muscle

RICHARD O. DAY, M.B., M.D.

Professor of Clinical Pharmacology, School of Physiology and Pharmacology, Faculty of Medicine, University of New South Wales; Director, Clinical Pharmacology and Toxicology, St. Vincents Hospital, Sydney, Australia Sulfasalazine

MIRIAM F. DELANEY, M.B., B.Ch., B.A.O., M.R.C.P.I.

Clinical Instructor, Harvard Medical School; Associate Physician, Brigham and Women's Hospital, Boston, Massachusetts Metabolic Bone Disease

BETTY DIAMOND, M.D.

Professor of Microbiology and Immunology and Medicine, Albert Einstein College of Medicine of Yeshiva University, Bronx, New York B Cells

MICHAEL F. DILLINGHAM, M.D.

Clinical Professor, Department of Functional Restoration, Stanford University Medical Center; Executive Director, Stanford University Sports Medicine Program, Stanford; Team Physician and Orthopedic Surgeon, San Francisco Forty-Niners, San Francisco; Team Physician and Orthopedic Surgeon, Santa Clara University, Santa Clara, California Hip and Knee Pain

GEORGE DUNA, M.D.

Clinical Assistant Professor, Baylor College of Medicine; Chief of Rheumatology, Kelsey-Seybold Clinic, St. Luke's Episcopal Hospital, Houston, Texas Vasculitis Associated with Antineutrophil Cytoplasmic Antibody

MICHAEL J. DUVAL, M.D.

Orthopedic Surgeon, Our Lady of Lourdes Regional Medical Center, Lafavette General Medical Center, Park Place Surgery Center, Women's and Children's Hospital, and Medical Center of Southwest Louisiana. Lafavette, Louisiana Arthroscopy and Synovectomy

STEVEN M. EDWORTHY, M.D.

Associate Professor of Medicine and Community Health Sciences, University of Calgary, Faculty of Medicine, Calgary, Alberta, Canada Clinical Manifestations of Systemic Lupus Erythematosus

KEITH B. ELKON, M.D.

Professor of Medicine, Cornell University Joan and Sanford I. Weill Medical College and Graduate School of Medical Sciences; Hospital for Special Surgery, New York, New York **Apoptosis**

PENG THIM FAN, M.D.

Clinical Professor of Medicine, University of California, Los Angeles, UCLA School of Medicine, Los Angeles, California

Reiter's Syndrome and Undifferentiated Spondyloarthropathy

JOHN A. FEAGIN, Jr., M.D.

Professor Emeritus, Duke University School of Medicine, Durham, North Carolina; Clinical Professor, Uniformed Services University of the Health Sciences, Bethesda, Maryland Sports Medicine

BARBARA FINCK, M.D.

Medical Director, Immunex Corporation, Seattle, Washington Developing a Clinical Trial Design

GARY S. FIRESTEIN, M.D.

Professor of Medicine and Chief, Division of Rheumatology, Allergy, and Immunology, University of California, San Diego, School of Medicine, La Jolla,

Etiology and Pathogenesis of Rheumatoid Arthritis

KAREN A. FORTNER, Ph.D.

Research Associate, Immunobiology Program, University of Vermont College of Medicine, Burlington, Vermont T Lymphocytes

ROBERT I. FOX, M.D., Ph.D.

Associate Member, Department of Immunology, Scripps Clinic and Research Foundation, La Jolla, California

Approaches to the Treatment of Sjögren's Syndrome

E. SCOTT FRANKEL, M.D.

Chief Resident, Duke University Medical Center, Durham, North Carolina Osteonecrosis

ANDREW G. FRANKS, Jr., M.D.

Clinical Associate Professor of Dermatology, New York University School of Medicine; Associate in Dermatology, Tisch Hospital, and Associate in Rheumatology, Hospital for Joint Diseases, New York, New York

The Skin

SHERINE E. GABRIEL, M.D.

Department of Health Sciences Research, Mayo Clinic Rochester, Rochester, Minnesota Epidemiology of the Rheumatic Diseases

MARK C. GENOVESE, M.D.

Assistant Professor of Medicine and Chief of Clinical Services, Division of Immunology and Rheumatology, Stanford University School of Medicine, Stanford, California

Musculoskeletal Syndromes in Malignancy

JAYASHRI V. GHATE, M.D.

Resident in Dermatology, Wake Forest University School of Medicine, Winston-Salem, North Carolina Behçet's Disease

DAFNA D. GLADMAN, M.D.

Professor of Medicine, Division of Rheumatology, University of Toronto Faculty of Medicine; Active Staff, University Health Network, and Deputy Director, Centre for Prognosis Studies in the Rheumatic Studies, University Health Network, Toronto, Ontario, Canada Psoriatic Arthritis

JOSEPH GOLBUS, M.D.

Associate Professor of Medicine, Section of Arthritis-Connective Tissue Diseases, Northwestern University Medical School, Chicago; Head, Division of Rheumatology, Evanston Northwestern Healthcare, Evanston, Illinois Monarticular Arthritis

DON L. GOLDENBERG, M.D.

Professor of Medicine, Tufts University School of Medicine, Boston; Chief of Rheumatology, Newton-Wellesley Hospital, Newton, Massachusetts Bacterial Arthritis; Chronic Pain Management

YALE E. GOLDMAN, M.D., Ph.D.

Professor, Department of Physiology, University of Pennsylvania School of Medicine; Director, Pennsylvania Muscle Institute, Philadelphia, Pennsylvania Skeletal Muscle

EMILIO B. GONZALEZ, M.D.

Clinical Associate Professor, Emory University School of Medicine; Chief, Rheumatology Section, Atlanta Medical Center, Atlanta, Georgia Hypersensitivity Vasculitis (Small-Vessel Cutaneous Vasculitis)

DUNCAN A. GORDON, M.D.

Professor of Medicine, University of Toronto Faculty of Medicine; Senior Rheumatologist, University Health Network, Toronto Western Hospital, Toronto, Ontario, Canada

Gold and Penicillamine

PETER K. GREGERSEN, M.D.

Professor of Medicine and Pathology, New York University School of Medicine, New York; Chief, Division of Biology and Human Genetics, North Shore University Hospital, Manhasset, New York Genetics of Rheumatic Diseases

CHRISTINE GRIMALDI, Ph.D.

Research Fellow, Albert Einstein College of Medicine of Yeshiva University, Bronx, New York B Cells

BEVRA HANNAHS HAHN, M.D.

Professor of Medicine, University of California, Los Angeles, UCLA School of Medicine, Los Angeles, California

Management of Systemic Lupus Erythematosus; Pathogenesis of Systemic Lupus Erythematosus

J. TIMOTHY HARRINGTON, M.D.

Associate Professor, Department of Medicine, University of Wisconsin Medical School, Madison, Wisconsin

Mycobacterial and Fungal Infections

EDWARD D. HARRIS, Jr., M.D.

George DeForest Barnett Professor, Department of Medicine, Stanford University School of Medicine, Stanford, California

Biologic Markers; Clinical Features of Rheumatoid Arthritis; Treatment of Rheumatoid Arthritis

DICK HEINEGARD, M.D., Ph.D.

Professor, Lund University, Lund, Sweden Matrix Glycoproteins, Proteoglycans, and Cartilage

MARC C. HOCHBERG, M.D., M.P.H.

Professor of Medicine and Head, Division of Rheumatology and Clinical Immunology, University of Maryland School of Medicine, Baltimore, Maryland Relapsing Polychondritis

J. ROGER HOLLISTER, M.D.

Professor of Pediatrics, University of Colorado Health Sciences Center, Denver, Colorado Alternative Care for Arthritis and Related Musculoskeletal Diseases

JEFFREY D. HORN, M.D.

Assistant Professor of Ophthalmology and Visual Sciences, Vanderbilt University School of Medicine, Nashville, Tennessee The Eye and Rheumatic Disease

GENE G. HUNDER, M.D.

Professor of Medicine, Mayo Medical School; Consultant, Division of Rheumatology and Internal Medicine, Mayo Clinic and Mayo Foundation, Rochester, Minnesota Examination of the Joints; Giant Cell Arteritis and Polymyalgia Rheumatica

JOSEPH L. JORIZZO, M.D.

Professor and Chair, Department of Dermatology, Wake Forest University School of Medicine, Winston-Salem, North Carolina Behçet's Disease

SHAIFALI KAUSHIK, M.D.

Instructor, Department of Radiology, and Staff Radiologist, Johns Hopkins Hospital, Baltimore, Maryland lmaging

WILLIAM N. KELLEY, M.D.

Professor of Medicine, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania Gout and Hyperuricemia

EDWARD KEYSTONE, M.D.

Professor of Medicine, Department of Rheumatology, University of Toronto Faculty of Medicine; Director, Centre for Advanced Therapeutics in Arthritis, Mount Sinai Hospital, Toronto, Ontario, Canada Biologic Agents for the Treatment of Rheumatoid Arthritis

ALICE V. KLINKHOFF, B.A., M.D.C.M.

Assistant Clinical Professor, University of British Columbia Faculty of Medicine; Medical Director, Mary Pack Arthritis Treatment Program, Vancouver General Hospital, Vancouver. British Columbia. Canada Gold and Penicillamine

ALISA E. KOCH, M.D.

Gallagher Research Professor of Medicine, Northwestern University Medical School; Staff Physician, Northwestern Memorial Hospital and Veterans Affairs Chicago Health Care System, Chicago, Illinois Cytokines

JOSEPH H. KORN, M.D.

Professor of Medicine, Boston University School of Medicine; Head, Rheumatology Section, Boston Medical Center, Boston, Massachusetts Fibroblast Function and Fibrosis

BRIAN L. KOTZIN, M.D.

Professor of Medicine and Immunology and Co-Head, Division of Clinical Immunology, University of Colorado Health Sciences Center, Denver, Colorado Autoimmunity

JOEL M. KREMER, M.D.

Professor of Medicine and Head, Division of Rheumatology, Albany Medical College; Attending Physician, Albany Medical Center Hospital, Albany, New York

Nutrition and Rheumatic Diseases

IRVING KUSHNER, M.D.

Professor of Medicine and Pathology, Case Western Reserve University School of Medicine. Attending Physician, MetroHealth Medical Center, Cleveland,

Laboratory Evaluation of Inflammation

R. ELAINE LAMBERT, M.D.

Clinical Associate Professor of Medicine (Rheumatology) and Clinical Associate Professor of Functional Restoration (Sports Medicine), Stanford University School of Medicine, Stanford, California Iron Storage Disease

JOHN V. LANNIN, M.D.

Orthopaedic Surgeon, Palo Alto Medical Foundation, Palo Alto, California Hip and Knee Pain

ROBERT LAFYATIS, M.D.

Assistant Professor of Medicine, Boston University School of Medicine; Attending Physician, Boston Medical Center, Boston Massachusetts Fibroblast Function and Fibrosis

DANIEL M. LASKIN, D.D.S., M.S.

Professor and Chairman, Department of Oral and Maxillofacial Surgery, School of Dentistry; Professor and Chairman, Division of Oral and Maxillofacial Surgery, Department of Surgery, Virginia Commonwealth University School of Medicine, Richmond, Virginia Temporomandibular Joint Pain

MERYL S. LeBOFF, M.D.

Associate Professor of Medicine, Harvard Medical School; Director, Skeletal Health and Osteoporosis Program, Brigham and Women's Hospital, Boston, Massachusetts Metabolic Bone Disease

MATTHEW H. LIANG, M.D., M.P.H.

Professor of Medicine, Harvard Medical School, and Professor of Health Policy and Management, Harvard School of Public Health; Attending Physician, Brigham and Women's Hospital, Boston, Massachusetts Psychosocial Management of Rheumatic Diseases

SCOTT A. LINTNER, M.D.

Staff Orthopaedic Surgeon, Orthopaedics Indianapolis, Indianapolis, Indiana Sports Medicine

MICHAEL D. LOCKSHIN, M.D.

Professor of Medicine, Cornell University Joan and Sanford I. Weill Medical College and Graduate School of Medical Sciences; Director, Barbara Volcker Center, and Attending Physician, Hospital for Special Surgery, New York, New York Antiphospholipid Antibody Syndrome

PILAR LORENZO, Ph.D.

Assistant Professor, Department of Rheumatology, Lund University, Lund, Sweden Matrix Glycoproteins, Proteoglycans, and Cartilage

HENRY J. MANKIN, M.D.

Edith M. Ashley Professor of Orthopaedic Surgery, Harvard Medical School; Chief, Orthopaedic Oncology. Massachusetts General Hospital, Boston, Massachusetts Pathogenesis of Osteoarthritis

PHILIP A. MARSDEN, M.D.

Associate Professor, Department of Medicine, and Keenan Chair in Medical Research, University of Toronto Faculty of Medicine, Toronto, Ontario, Canada Endothelial Cells and Nitric Oxide

SCOTT DAVID MARTIN, M.D.

Clinical Instructor, Department of Orthopaedic Surgery, Brigham and Women's Hospital, Boston, Massachusetts Shoulder Pain

TAMMY L. MARTIN, M.D.

Clinical Instructor, Orthopedic Surgery, Harvard Medical School; Staff Orthopedic Surgeon, Brigham and Women's Hospital, Boston, Massachusetts Ankle and Foot Pain

W. JOSEPH McCUNE, M.D.

Associate Professor, Department of Internal Medicine, Division of Rheumatology, University of Michigan Medical School, Ann Arbor, Michigan Monarticular Arthritis

PAUL MICHELSON, M.D.

Assistant Clinical Professor, Department of Ophthalmology, University of California, San Diego, School of Medicine; Chief, Ophthalmology Section, Scripps Memorial Hospital, La Jolla, California Approaches to the Treatment of Sjögren's Syndrome

KEVIN G. MODER, M.D.

Assistant Professor of Medicine, Mayo Medical School; Consultant, Division of Rheumatology and Internal Medicine, Mayo Clinic and Mayo Foundation, Rochester, Minnesota Examination of the Joints

STANLEY J. NAIDES, M.D.

Thomas B. Hallowell Professor of Medicine and Professor of Microbiology and Immunology, Pennsylvania State University College of Medicine; Chief, Division of Rheumatology, Milton S. Hershey Medical Center, Hershey, Pennsylvania Viral Arthritis

KENNETH K. NAKANO, M.D., M.P.H., M.S.

Neurologist, Straub Clinic and Hospital, Inc., Honolulu, Hawaii Neck Pain

DENIS M. O'DAY, M.B.B.S.

Professor and Chair, Department of Ophthalmology and Visual Sciences, Vanderbilt University School of Medicine; Active Staff, Vanderbilt Hospital, Nashville, Tennessee

The Eye and Rheumatic Disease

YASUNORI OKADA, M.D., Ph.D.

Professor, Department of Pathology, School of Medicine, Keio University, Tokyo, Japan Proteinases and Matrix Degradation

DUNCAN S. OWEN, Jr., M.D.

Taliaferro/Scott Professor of Internal Medicine, Virginia Commonwealth University School of Medicine; Attending Physician, Medical College of Virginia Hospitals; Consultant, Hunter Holmes McGuire Veterans Affairs Medical Center, Richmond, Virginia Aspiration and Injection of Joints and Soft Tissues

RICHARD S. PANUSH, M.D.

Clinical Professor, Department of Medicine, Mount Sinai School of Medicine, New York, New York; Chair, Department of Medicine, Saint Barnabas Medical Center, Livingston, New Jersey Occupational and Recreational Musculoskeletal Disorders

STANFORD L. PENG, M.D., Ph.D.

Research Fellow, Harvard School of Public Health and Harvard Medical School; Clinical and Research Fellow, Division of Rheumatology and Immunology, Brigham and Women's Hospital, Boston, Massachusetts Antinuclear Antibodies

WILLY F. PIESSENS, M.D.

Professor, Department of Public Health, Harvard University School of Public Health, Boston, Massachusetts Immune Complexes

MICHAEL H. PILLINGER, M.D.

Assistant Professor of Medicine and Director of Medical Education, Division of Rheumatology, New York University School of Medicine; Chairman of Rheumatology, Manhattan Veteran's Affairs Hospital, New York, New York Neutrophils and Eosinophils

ROBERT S. PINALS, M.D.

Professor of Medicine and Vice Chairman, Department of Medicine, University of Medicine and Dentistry of New Jersey-Robert Wood Johnson Medical School, New Brunswick, New Jersey Felty's Syndrome

THEODORE PINCUS, M.D.

Professor of Medicine, Division of Rheumatology-Immunology, Vanderbilt University School of Medicine, Nashville, Tennessee Glucocorticoids

DARWIN J. PROCKOP, M.D., Ph.D.

Professor and Director, Center of Gene Therapy, MCP Hahnemann University of the Health Sciences, Philadelphia, Pennsylvania Collagen and Elastin

ERIC L. RADIN, M.D.

Adjunct Professor of Orthopedic Surgery, Tufts University School of Medicine, Boston, Massachusetts Biomechanics of Joints

PROTON RAHMAN, M.D.

Assistant Professor of Medicine, Division of Rheumatology, Memorial University of Newfoundland Faculty of Medicine; Active Staff, St. Clare's Mercy Hospital, St. John's, Newfoundland, Canada Psoriatic Arthritis

CHITRANJAN S. RANAWAT, M.D.

Professor of Orthopaedic Surgery, Cornell University Medical College; Director, Department of Orthopaedic Surgery and Center for Total Joint Replacement, Lenox Hill Hospital, New York, New York Principles of Reconstructive Surgery: The Hip

A. HARI REDDI, Ph.D.

Ellison Professor, Center for Tissue Regeneration and Repair, Orthopaedic Research Laboratory, University of California, Davis, Sacramento, California Biology of the Normal Joint

ANTHONY M. REGINATO, Ph.D., M.D.

Rheumatology Fellow, Harvard Medical School and Massachusetts General Hospital, Boston, Massachusetts Diseases Associated with Deposition of Calcium Pyrophosphate or Hydroxyapatite

ANTONIO J. REGINATO, M.D.

Professor of Medicine and Head, Division of Rheumatology, University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School, Camden, New Jersey Diseases Associated with Deposition of Calcium Pyrophosphate or Hydroxyapatite

DONALD RESNICK, M.D.

Professor of Radiology, University of California, San Diego, School of Medicine; Chief, Musculoskeletal Imaging, Veterans Affairs Medical Center, San Diego, California *lmaging*

JOHN D. REVEILLE, M.D.

George S. Bruce, Jr., Professor in Arthritis and Other Rheumatic Diseases, Department of Rheumatology and Clinical Immunogenetics, University of Texas Houston Health Science Center, Houston, Texas Rheumatic Manifestations of Human Immunodeficiency Virus Infection

ANDREW ROSENBERG, B.S., M.D.

Associate Professor of Pathology, Harvard Medical School; Assistant Pathologist, Massachusetts General Hospital, Boston, Massachusetts

Tumor and Tumor like Legions of Joints and Palated

Tumor and Tumor-like Lesions of Joints and Related Structures

CLINTON T. RUBIN, Ph.D.

Professor and Director, Center for Biotechnology, State University of New York at Stony Brook, Stony Brook, New York

Biology, Physiology, and Morphology of Bone

JANET E. RUBIN, M.D.

Associate Professor, Department of Medicine, Emory University School of Medicine; Attending Physician, Veterans Affairs Medical Center, Atlanta, Georgia Biology, Physiology, and Morphology of Bone

SHAUN RUDDY, M.D.

Elam C. Toone Professor Emeritus of Internal Medicine, Microbiology, and Immunology and Chairman Emeritus, Division of Rheumatology, Allergy, and Immunology, and Department of Internal Medicine, Virginia Commonwealth University School of Medicine, Richmond, Virginia Complement

PERRY J. RUSH, M.D.

Assistant Professor, University of Toronto Faculty of Medicine; Associate Physician, Mt. Sinai Hospital, and Consultant, Baycrest Hospital, Toronto, Ontario, Canada

Rehabilitation of Patients with Rheumatic Diseases

RICHARD I. RYNES, M.D.

Clinical Professor of Medicine, University of Washington School of Medicine, Seattle; Medical Director, MSO:Washington, Inc., Tacoma, Washington Antimalarial Drugs

ERNESTO SANTANA-SAHAGÚN, M.D.

Assistant Professor of Medicine, Division of Rheumatology, Allergy, and Immunology, University of California, San Diego, School of Medicine, La Jolla, California; Staff Rheumatologist, Instituto Mexicano del Seguro Social (IMSS), Instituto de Seguridad Social para Trabajadores del Estado (ISSTECALI), Tijuana, Mexico Nonsteroidal Anti-inflammatory Drugs

TORE SAXNE, M.D., Ph.D.

Professor, Department of Rheumatology, Lund University, Lund, Sweden Matrix Glycoproteins, Proteoglycans, and Cartilage

H. RALPH SCHUMACHER, Jr., M.D.

Professor of Medicine, University of Pennsylvania School of Medicine; Director, Arthritis-Immunology Center, Department of Veterans Affairs Medical Center, Philadelphia, Pennsylvania Hemoglobinopathies and Arthritis; Synovial Fluid Analysis and Synovial Biopsy

LAWRENCE B. SCHWARTZ, M.D., Ph.D.

Charles and Evelyn Thomas Professor of Medicine, Virginia Commonwealth University School of Medicine, Richmond, Virginia The Most Cell

JAMES R. SEIBOLD, M.D.

Professor of Medicine and Director, Scleroderma Program, University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School; Attending Physician, Rheumatology, Clinical Pharmacology, Robert Wood Johnson University Hospital, New Brunswick, New Jersey Scleroderma

ALFRED W. SEM, M.D.

Attending Radiologist, Bethesda Memorial Hospital, Boynton Beach, Florida Imaging

JOHN S. SERGENT, M.D.

Professor of Medicine, Vanderbilt University School of Medicine; Chief Medical Officer, Vanderbilt University Medical Center, Nashville, Tennessee Arthritis Accompanying Endocrine and Metabolic Disorders; Classification of Vasculitis; Polyarteritis and Related Disorders; Polyarticular Arthritis; Weakness

JAY R. SHAPIRO, M.D.

Professor of Medicine, Department of Medicine, Uniformed Services University of the Health Sciences, F. Edward Hébert School of Medicine, Bethesda, Maryland

Heritable Disorders of Structural Proteins

LEONARD H. SIGAL, M.D.

Professor, Departments of Medicine, Pediatrics, and Molecular Genetics and Microbiology, and Chief, Division of Rheumatology, University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School, New Brunswick, New Jersey Lyme Disease

SHELDON R. SIMON, M.D.

Judson Wilson Professor of Orthopaedics, Ohio State University School of Medicine; Chief, Division of Orthopaedics, Department of Surgery, Ohio State University Hospitals, Columbus, Ohio Biomechanics of Joints

MARTHA SKINNER, M.D.

Professor of Medicine, Boston University School of Medicine; Director, Amyloid Program, Boston Medical Center, Boston, Massachusetts **Amyloidosis**

CLEMENT B. SLEDGE, M.D.

John B. and Buckminster Brown Professor Emeritus of Orthopedic Surgery, Harvard Medical School; Chairman Emeritus, Department of Orthopedic Surgery, Brigham and Women's Hospital. Boston, Massachusetts Biology of the Normal Joint; Introduction to Surgical Management of Patients with Arthritis; Principles of Reconstructive Surgery

LIV MARIT SMEDSTAD, M.D., Ph.D.

Senior Consultant, Kysthospitalet ved Stavern, Stavern,

Psychosocial Management of Rheumatic Diseases

LOUIS SOLOMON, M.D.

Emeritus Professor of Orthopaedic Surgery, University of Bristol: Consultant Orthopaedic Surgeon, Bristol Royal Infirmary, Bristol, United Kingdom Clinical Features of Osteoarthritis

NICHOLAS A. SOTER, M.D.

Professor of Dermatology, New York University School of Medicine; Medical Director, Charles C. Harris Skin and Cancer Pavilion, and Attending Physician, Tisch Hospital, New York, New York The Skin

C. MICHAEL STEIN, M.B., Ch.B., M.R.C.P. (UK)

Associate Professor of Medicine, Vanderbilt University School of Medicine, Nashville, Tennessee Glucocorticoids; Immunoregulatory Drugs

C. VIBEKE STRAND, M.D.

Clinical Associate Professor, Division of Immunology and Rheumatology, Stanford University School of Medicine, Palo Alto, California Biologic Agents for the Treatment of Rheumatoid Arthritis

CARRIE R. SWIGART, M.D.

Assistant Clinical Professor, Department of Orthopaedics and Rehabilitation, Yale University School of Medicine, New Haven, Connecticut Hand and Wrist Pain

ANDRAS K. SZAKAL, Ph.D.

Professor of Anatomy, Virginia Commonwealth University School of Medicine, Richmond, Virginia Macrophages, Dendritic Cells, and Follicular Dendritic

ZOLTAN SZEKANECZ, M.D., Ph.D.

Associate Professor of Medicine, Immunology, and Rheumatology, University of Debrecen Health Sciences and Medical Center, Debrecen, Hungary Cytokines

JERRY TENENBAUM, M.D.

Associate Professor, Department of Medicine, Faculty of Medicine, University of Toronto; Consultant, Rheumatologist, Mt. Sinai Hospital and University Health Network, Toronto, Ontario, Canada Hypertrophic Osteoarthropathy

JOHN G. TEW, Ph.D.

Professor of Microbiology and Immunology, Virginia Commonwealth University School of Medicine, Richmond, Virginia

Macrophages, Dendritic Cells, and Follicular Dendritic Cells

THOMAS S. THORNHILL, M.D.

Professor of Orthopedic Surgery, Harvard Medical School: Chief of Orthopedic Surgery, Brigham and Women's Hospital, Boston, Massachusetts Shoulder Pain

HELEN TIGHE, Ph.D.

Adjunct Assistant Professor, University of California, San Diego, School of Medicine, La Jolla, California Rheumatoid Factor

JYRKI TÖRNWALL, M.D., D.D.S., Ph.D.

Department of Neurochemistry, Scripps Research Institute, La Jolla, California; Department of Oral and Maxillofacial Surgery, Helsinki University Hospital, Helsinki, Finland

Approaches to the Treatment of Sjögren's Syndrome

PETER TUGWELL, M.D., M.S.C.

Professor, University of Ottawa Faculty of Medicine; Chair, Department of Medicine, Ottawa Hospital, Ottawa, Ontario, Canada Evidence-Based Rheumatology

KATHERINE S. UPCHURCH, M.D.

Assistant Professor of Medicine, University of Massachusetts Medical School; Associate Chief, Department of Rheumatology, University of Massachusetts Memorial Healthcare, Worcester, Massachusetts Hemophilic Arthropathy

JAMES R. URBANIAK, M.D.

Virginia Flowers Baker Professor of Orthopaedic Surgery, Duke University School of Medicine; Chief, Division of Orthopaedic Surgery, Duke University Medical Center, Durham, North Carolina Osteonecrosis

DÉSIRÉE VAN DER HEIJDE, M.D., Ph.D.

Associate Professor of Rheumatology, University of Maastricht, Maastricht, The Netherlands; Professor of Rheumatology, Limburg University Center, Diepenbeeu, Belgium; Professor of Rheumatology, University Hospital of Maastricht, Maastricht, The Netherlands Ankylosing Spondylitis

SJEF VAN DER LINDEN, M.D., Ph.D.

Professor of Rheumatology, University of Maastricht; Professor of Rheumatology, University Hospital of Maastricht, Maastricht, The Netherlands Ankylosing Spondylitis

DAVID A. WALSH, Ph.D., M.R.C.P.

Royal National Hospital for Rheumatic Diseases, Bath, England Biology of the Normal Joint

MICHAEL E. WEINBLATT, M.D.

Professor of Medicine, Harvard Medical School; Attending Physician, Brigham and Women's Hospital, Boston, Massachusetts Methotrexate

JAMES N. WEINSTEIN, D.O., M.S.

Professor of Surgery, Community and Family Medicine, Dartmouth College, Hanover; Director, The Spine Center at Dartmouth-Hitchcock Medical Center, Lebanon, New Hampshire Low Back Pain

MICHAEL H. WEISMAN, M.D.

Professor of Medicine, University of California, San Diego, School of Medicine, San Diego; Director, Division of Rheumatology, Cedars-Sinai Medical Center, Los Angeles, California Nonsteroidal Anti-inflammatory Drugs

BARBARA N. WEISSMAN, M.D.

Professor, Harvard Medical School; Vice Chair, Ambulatory Services, Brigham and Women's Hospital, Boston, Massachusetts Imaging

TERRY L. WHIPPLE, M.D.

Clinical Associate Professor, Virginia Commonwealth University School of Medicine, Richmond; University of Virginia School of Medicine, Charlottesville, Virginia; Bowman Gray School of Medicine, Winston Salem, North Carolina

Arthroscopy and Synovectomy

RALPH C. WILLIAMS, Jr., M.D.

Emeritus Professor of Medicine, Division of Rheumatology, University of New Mexico School of Medicine, Albuquerque, New Mexico Acute Rheumatic Fever

SCOTT W. WOLFE, M.D.

Professor, Department of Orthopaedics and Rehabilitation, Yale University School of Medicine, New Haven, Connecticut Hand and Wrist Pain

FRANK A. WOLLHEIM, M.D., Ph.D.

Professor of Rheumatology, Lund University; Professor of Rheumatology, Lund University Hospital, Lund, Sweden

Enteropathic Arthritis

ROBERT L. WORTMANN, M.D.

Professor and Chair, Department of Internal Medicine, University of Oklahoma College of Medicine-Tulsa, Tulsa, Oklahoma Gout and Hyperuricemia; Inflammatory Diseases of

Gout and Hyperuricemia; Inflammatory Diseases of Muscle and Other Myopathies

DAVID TAK YAN YU, M.D.

Professor of Medicine, Rheumatology Division, University of California, Los Angeles, UCLA School of Medicine, Los Angeles, California Reiter's Syndrome and Undifferentiated Spondyloarthropathy

JOSEPH S. YU, M.D.

Associate Professor of Radiology, Ohio State University College of Medicine; Chief, Musculoskeletal Imaging, Ohio State University Medical Center, Columbus, Ohio *lmaging*

ROBERT B. ZURIER, M.D.

Professor of Medicine, University of Massachusetts Medical School; Director of Rheumatology, University of Massachusetts Memorial Medical Center, Worcester, Massachusetts

Prostaglandins, Leukotrienes, and Related Compounds

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THE PUBLISHER

Preface

More than 20 years ago, in the preface to the first edition of the *Textbook of Rheumatology*, we suggested that "The field of rheumatology has come of age." What we meant was that rheumatology had shed its strictly empirical base and its host of unproven remedies and become a healing discipline thoroughly grounded in science. We thought it was time for a new textbook, one that reflected this passage through epistemological puberty.

The sixth edition reflects the maturation of rheumatology as a subspecialty. It is instructive to compare the contents of the first and sixth editions. Many chapters have disappeared entirely, and their material has been condensed and incorporated into existing chapters. Consider, for example, that in the basic science section of the first edition we devoted entire chapters to immunoglobulin structure, the contact activation system, and lysosomes (not to mention purine metabolism, a subject dear to the heart of the then senior editor). Cyclic nucleotides and eosinophilic chemotactic factor of anaphylaxis figured prominently in the titles of other basic science chapters. None of these has a place in the Table of Contents of the current edition. Instead, there are chapters dealing with dendritic cells, leukotrienes, mast cells, nitric oxide, fibroblasts, cytokines, and apoptosis. The importance of these topics to understanding the rheumatic diseases was unknown 20 years ago, and some of them hadn't even been discovered! Who can imagine what the scientific basis of rheumatology will be in the 10th edition, 20 years from now? Surely, knowledge obtained from the working through of the human genome will figure prominently.

Other changes in content from the first to the sixth edition reflect simple oversights, the development of new areas of knowledge, or fashionable trends in modern medicine. The lack of chapters on epidemiology and on pain management are examples of the first category. The addition of chapters on evidence-based practice, sports medicine, geriatrics, biologic markers, temporomandibular joint disease, and outcomes assessment reflects the increasing importance of these fields. The metamorphosis of the chapter on "fibrositis" into one on "fibromyalgia syndrome" and the chapters on occupational musculoskeletal diseases and alternative therapies are perhaps fashionable changes. The chapter on the approach to patients with hyperuricemia has been moved into the chapter on gout.

Not surprisingly, there have been major changes in the section on clinical pharmacology. The first edition had no chapters dealing with methotrexate, sulfasalazine, or biologic agents, all of which are now mainstays in the treatment of inflammatory arthritides and are discussed in individual chapters of their own. The old chapter on aspirin and other salicylates has been assimilated into the one on nonsteroidal anti-inflammatory drugs. The separate chapters on gold salts and p-penicillamine, occupying 29 pages in the first edition, have been merged into a single chapter amounting to 9 pages, reflecting their diminished importance in today's therapeutic armamentarium. By the 10th edition, these agents and others may be historical footnotes in a profusion of chapters dealing with individual biologic agents or gene modification.

The nosology of the rheumatic diseases has not changed very much in the last 20 years. The sixth edition contains chapters on Lyme disease and on antiphospholipid syndrome, entities not included in the first edition. (Eosinophilic myalgia syndrome, not in the first edition, bloomed in subsequent editions and has faded by the sixth, thanks to the identification of the responsible agent, contaminated L-tryptophan.) The dramatic response of Wegener's granulomatosis to treatment has led to a separate chapter on this disease. Instead of being buried in a chapter on metabolic bone disease, as it was in the first edition, the widespread prevalence of osteoporosis and the importance of diagnosing and treating this malady have been recognized with the introduction of its own chapter.

Just as the topics and emphases have changed between editions, so have the contributors. In fact, other than the editors, in the sixth edition only 10 individuals are still contributing information on the same topics as they did in the first. In part this merely reflects the normal aging of a cohort of contributing rheumatologists. It also reflects the deliberate editorial policy of identifying new contributors for one fourth to one third of chapters in each new edition, in an effort to maintain the freshness and vigor of the *Textbook*.

A major change in this edition of the *Textbook* has been the solitary effort of one of us. Clement Sledge addressed the material contained in the former various and sundry chapters on reconstructive surgery of previous editions. From it he has produced a single comprehensive and cohesive chapter. We think this is a substantial improvement to the *Textbook*.

After publication of the fifth edition, William N. Kelley resigned from his position as senior editor of the *Textbook*. We miss him, not only for his superb organizational skills, but also for the warm personal friendship that had arisen over the years of putting together this book with him. Editing the *Textbook* has never been merely a sterile business of sitting around a table shuffling papers and discussing drafts. It has been fun as well as arduous, and Bill and Lois Kelley were very good at the fun part as well. Over the years, the *Textbook* had become known as "Kelley" or "Kelley's Textbook." We have modified the name of the book to formally recognize this fact, and we are now officially *Kelley's Textbook of Rheumatology*.

xix