

新东方学校英语文库

# 胡敏 练口语 记单词

[美] John Gordon 著

大学英语四级词汇

本书另配磁带5盘

录音: [美] John Gordon

[美] Nicole LeBlanc

英语词汇学习的革命  
一石三鸟 打通耳朵 激活舌头 强化词汇

世界图书出版公司

# 胡敏 练口语记单词

大学英语四级词汇

[美] John Gordon 著

世界图书出版公司

北京 · 上海 · 广州 · 西安

**图书在版编目(CIP)数据**

胡敏练口语记单词·大学英语四级词汇/胡敏主编. —北京:

世界图书出版公司北京公司, 2002.9

ISBN 7-5062-5565-0

I. 胡… II. 胡… III. 英语—词汇—高等学校—水平考试—自学参考资料 IV.H313

中国版本图书馆 CIP 数据核字 (2002) 第 075032 号

---

**胡敏练口语记单词 大学英语四级词汇**

---

编 著: 胡 敏

责任编辑: 敏 子 雷玉清

---

出 版: 世界图书出版社公司北京公司

发 行: 世界图书出版社公司北京公司

(北京朝内大街 137 号 邮编 100010 电话: 64077922)

销 售: 各地新华书店和外文书店

印 刷: 北京市兆成印刷有限责任公司

---

开 本: 787×1092 毫米 1/16 印张: 17

字 数: 262 千

版 次: 2002 年 10 月第 1 版 2002 年 10 月第 1 次印刷

印 数: 1—20000

---

ISBN 7-5062-5565-0/H·515

定价: 31.00 元

---

**版权所有 翻印必究**

## 前言

我教了近二十年英语，学生问得最多的问题就是：“胡老师，我该怎么背单词？”

万丈高楼平地起。想要学好英语，单词是基础，但它似乎也一直是众多英语爱好者心头永远的痛。背完中考背高考，背完四级背六级，背完托福还有雅思、GRE，这一背，怎一个苦字了得。为什么背单词是中国学生学英语难以逾越的一道关卡？大多数同学背单词是选准一本词汇书，从A词条开始背起，原本雄心勃勃想要一个月冲刺到Z，结果到了C词条就发觉长路漫漫不如歇歇再战了。倒不能够责怪同学们没有毅力、意志薄弱，实在是这种传统的记忆方法太苦太累太死板，付出太多而收获太少。

背单词能否变得趣味十足、简单有效？绝对可以！从语言学的角度来讲，任何词汇都不是独立存在的个体，要在一定的语境（即上下文）中才能体现其意义。传统背单词的模式把单词从语境中剥离出来，即使死记硬背记住了某个单词，但放到具体的语境中还是不解其意。此外，传统背单词的模式和学习英语的其他环节毫无关联，游离于听、说、读、写之外。要顺利通过单词这一关，必须摆脱传统的记忆模式，把单词放回语境中去，不仅记住单词，还要知道它在相关语境中的搭配和用法。同时记忆单词的过程可以和听、说、读、写等其他环节联系起来，形成互动。

看到英语爱好者陷入每天苦背单词、背单词苦的困境，我想我有责任帮助他们把学英语变成一件轻松愉快的事情，因此便想编写一本摆脱传统模式的词汇手册，谁知这一写便一发而不可收拾，从初中词汇写到高中词汇，到大学四级词汇，再到大学六级词汇，花了近两年的时间终于完成了这一套《练口语记单词》丛书。

奉献给读者的这套丛书可以说是英语词汇学习的一次创新，具有以下特点：

**1. 创新理念：**这套丛书中的每一个词条都以日常生活中的小对话形式出现。因为口语对话也是一种上下文，读者可以通过对话场景记单词，用上下文来帮助联想、回忆，而背单词也不是简单的拼读、默写的机械记忆过程，读者可以利用丛书的配套磁带在记忆单词的同时提高听力和

口语水平，走出以传统方法记忆单词的怪圈。

**2.一石三鸟：**“打通耳朵、激活舌头、强化词汇”是《练口语记单词》的三个目标。“打通耳朵”是指通过听写丛书配套磁带的小对话，在记忆单词的同时提高听力；“激活舌头”是指模仿配套磁带中对话的语音语调，每记一个单词也同时记住日常生活中的口语场景，从而无形中提高口语水平；记忆单词也在听写对话、模仿对话的过程中不知不觉地完成了，同时由于场景的帮助，不仅会牢牢记住单词，而且对其在具体语境中的运用也会了如指掌。

**3.循序渐进：**这是一套阶梯式的词汇丛书，其中初中词汇收录1323个词条，高中词汇收录了1998个词条，四级词汇收录2473个词条，六级词汇收录2368个词条。读者根据不同的学习阶段拾级而上，最终掌握8000多英语基本词汇。既然是阶梯式的词汇丛书，为什么到六级就戛然而止了呢？这也有语言学的背景，因为六级以上的词汇如雅思、GRE词汇大都属于书面英语了，很少出现在日常口语中。这些书面英语词汇将会有另外一套丛书来解决。

**4.原创班底：**这套丛书中的所有对话都由英语国家的语言专家原创，选择英语国家的作者是因为他们所使用的不仅都是地道的英语，同时在对话中还能反映出英语文化的特质。此外，丛书的外籍作者全都学习过中文或其他外语，有学习外语的切身体验，在创作的时候才能真正从学习者的角度出发，这样一来，就确保了丛书的语言鲜活、原汁原味。

当我把这套丛书送到出版社的编辑手中时，我所想的只是能用学术研究的心得真真切切地帮助英语学习者，编辑却说：“您的这套丛书势必引起一场英语词汇学习的革命”！

革命不革命倒是次要的事情，希望这套丛书能够改变长期以来形成的传统的、不科学的单词记忆方式，让越来越多的英语学习者不再把背单词当成一项苦差事，主动、愉快地记忆单词、学习英语，这便能让我这个教书匠得到最大的满足。

衷心祝愿所有的英语学习者都能够用英语发掘出一个更加美丽、精彩的世界。

胡 敏

2002年8月于北京

A

- ✦ **A:** You're going to **abandon** me, just like that?  
 ✦ **B:** I'm sorry, but I've got an important job to do.

**abandon** /ə'bændən/

- vt.* 1. 离弃, 丢弃  
 2. 遗弃, 抛弃  
 3. 放弃

**abandon oneself to** 沉溺于  
**with abandon**

1. 放任地, 放纵地  
 2. 纵情地

- ✦ **A:** I think it's important that all people have the **ability** to read.  
 ✦ **B:** I agree with you, but that's easier said than done.

**ability** /ə'biliti/

- n.* 1. 能力, 本领  
 2. 才能, 才智  
**to the best of one's ability**  
 尽自己最大努力

- ✦ **A:** How many passengers are there **aboard** the ship?  
 ✦ **B:** Seventy-six, I think.

**aboard** /ə'bɔ:d/

- prep.* 在(船、飞机、车)上, 上  
 (船、飞机、车)  
*ad.* 在船(或飞机、车)上, 上船  
 (或飞机、车)

- ✦ **A:** Are you planning on studying **abroad**?  
 ✦ **B:** I'd like to, but I'm not sure if I'll have enough money.

**abroad** /ə'brɔ:d/

- ad.* 1. 到国外, 在国外  
 2. 在传播, 在流传

- ✦ **A:** I noticed your **absence** in class this morning.  
 ✦ **B:** I'm sorry, I overslept.

**absence** /'æbsəns/

- n.* 1. 缺席, 不在  
 2. 缺席的时间, 外出期  
 3. 缺乏, 不存在

- ✦ **A:** I can't believe the boss was **absent** from today's meeting!  
 ✦ **B:** Neither can I.

**absent** /'æbsənt/

- a.* 1. 缺席的, 不在场的  
 2. 缺乏的, 不存在的  
 3. 心不在焉的, 出神的

- ✦ **A:** We have **absolute** proof that you committed the crime.  
 ✦ **B:** That's absolutely ridiculous! absorb

**absolute** /'æbsəljut/

- a.* 1. 十足的, 道地的  
 2. 绝对的, 完全的  
 3. 不受任何限制(或约束)的  
 4. 不容置疑的, 确实的

A: This paper **absorbs** water so quickly!

B: Yes, it's great for cleaning up spills.

**absorb** /əb'sɔ:b/

*vt.* 1. 吸收

2. 吸引...的注意,使全神贯注

3. 把...并入,同化

A: Why aren't you doing well in the class?

B: The material is so **abstract** that I have trouble understanding it.

**abstract** /'æbstrækt/

*a.* 1. 抽象的

2. 抽象派的

*n.* 1. 摘要,梗概

2. 抽象派艺术作品

/æb'strækt/

*vt.* 1. 做...的摘要

2. 提取,抽取

*in the abstract* 抽象地,在理论上

A: Labor is an abundant resource here.

B: One of many **abundant** resources, I'd like to point out.

**abundant** /ə'bʌndənt/

*a.* 1. 大量的,充足的

2. (in) 丰富的,富裕的

A: I hate to see the **abuse** of animals.

B: It makes me sick.

**abuse** /ə'bju:s/

*n.* 1. 滥用,妄用

2. 虐待,伤害

3. 辱骂,毁谤

/ə'bju:z/

*vt.* 1. 滥用,妄用

2. 虐待,伤害

3. 辱骂,毁谤

A: I really dislike reading **academic** books.

B: That may be so, but reading them is an important way to expand your knowledge.

**academic** /æk'demik/

*a.* 1. 学校的,学院的

2. 学术的

3. 纯理论的,不切实际的

*n.* 大学教师

A: The **academy** is an important part of the education system.

B: I couldn't agree with you more.

**academy** /ə'kædəmi/

*n.* 1. 研究院,学会

2. (中等以上)专门学校

A: Look how fast that car can **accelerate**!

B: I've never seen anything like it!

**accelerate** /æk'seləreit/

*v.* (使)加快, (使)增速

A: I'm sorry, I'm having a little trouble understanding your **accent**.

B: I'll try to speak more clearly.

**accent** /'æksənt/

*n.* 1. 口音,腔调

2. 重音,重音符号

*vt.* 重读

A: How's work?

B: I feel like I'm finally gaining my co-worker's acceptance.

**acceptance** /ək'septəns/

- n.1. 接受, 接纳
2. 赞同, 承认
3. 容忍

A: I wish I had access to the public library.

B: It's easy! Just go and get a card.

**access** /'ækses/

- n.1. 通道, 入口
2. 接近, 进入
3. 接近(或进入、享用)的机会
- vt. 存取(计算机文件)

A: How did you two meet?

B: To tell you the truth, it was completely accidental.

**accidental** /'æksɪ'dentl/

- a. 意外的, 偶然(发生)的

A: What sort of accommodation can you supply for me?

B: We've got a beautiful two-room double with a bath and shower.

**accommodation** /ə'kɒmə'deɪʃən/

- n. [常pl.] 住处, 膳宿

A: Would you be willing to accompany me to the party tonight?

B: Sure, I'd love to.

**accompany** /ə'kʌmpəni/

- vt.1. 陪伴, 陪同
2. 伴随, 和...一起发生
3. 为...伴奏(或伴唱)

A: What kind of job do you think I should get?

B: It all depends on what you want to accomplish in your life.

**accomplish** /ə'kʌmplɪʃ/

- vt. 达到(目的), 完成(任务), 实现(计划、诺言等)

A: The numbers in this table don't seem to be in accord with reality.

B: I know, but these are the figures that we came up with.

**accord** /ə'kɔ:d/

- n.1. 一致, 符合
2. (尤指国与国之间的) 谅解, 协议
- vi (with) 相符合, 相一致, 相和谐
- vt. 授予, 赠与, 给予
- of one's own accord 出于自愿, 主动地
- in accord with 与...一致, 与...相符合
- with one accord 一致地, 一致同意地

A: Why didn't you sign the contract?

B: Because that company's behavior is not in accordance with international law.

**accordance** /ə'kɔ:dəns/

- n. 一致, 和谐, 符合
- in accordance with 与...一致, 依照, 根据

A: When should I make my presence known?

B: Wait for my instructions and then proceed accordingly.

**accordingly** /ə'kɔ:diŋli/

- ad.1. 照着, 相应地
2. 因此, 所以, 于是



- A: Why are you holding me in this jail cell?  
B: We'd like to hear your **account** of the events of last night.

**account** /ə'kaunt/

n. 1. 记述, 描述, 报告

2. 账, 账户

3. 解释, 说明

vi. (for) 1. 说明...的原因, 是...的原因

2. (在数量、比例方面) 占

of no **account** 不重要的

on **account** of 为了...的缘故,

因为, 由于

on no **account** 绝不, 绝对不

take **account** of 考虑到, 顾及, 体谅

take...into **account**

见 take **account** of accountant

- A: My **accountant** thinks she can save me lots of money on my taxes this year.  
B: That sounds great!

**accountant** /ə'kauntənt/

n. 会计人员, 会计师

- A: You shouldn't let the dirty dishes **accumulate** in the sink!  
B: I know, I should wash them right away.

**accumulate** /ə'kju:mjuleit/

vt. 堆积, 积累, 积聚

vi. 累积, 聚积

- A: When shooting a gun, **accuracy** is very important.  
B: You only need to tell me that once!

**accuracy** /'ækjʊrəsi/

n. 准确(性), 精确(性)

- A: If the weatherman's predictions are **accurate**, it should rain tomorrow.  
B: I hope not. Then we'd have to reschedule our baseball game.

**accurate** /'ækjʊrit/

a. 1. 正确无误的

2. 准确的, 精确的

- A: How dare you **accuse** me of stealing your computer?  
B: I'm sorry, but you were the only one who had access to it.

**accuse** /ə'kju:z/

vt. 指控, 控告, 指责

- A: I'm not really **accustomed** to the style of the new boss.  
B: It'll take us all some time to get used to the change.

**accustomed** /ə'kʌstəmd/

a. 1. (to) 习惯于...的, 适应了的

2. 通常的, 惯常的

- A: The new testing system rewards students based on **achievement**.  
B: Well, what was the old system like?

**achievement** /ə'tʃi:vmənt/

n. 1. 成就, 成绩

2. 达到, 完成, 实现

- A: Be careful! This **acid** can burn through your skin!  
B: Maybe I should wear gloves.

**acid** /'æsid/

n. 酸, 酸性物质

a. 1. 酸的, 酸味的

2. 尖刻的, 刻薄的

- A: I'm so embarrassed that I don't know what to do.  
B: You should just **acknowledge** your mistake and move on.

**acknowledge** /ə'kɒlɪdʒ/  
vt. 1. 承认, 承认...的权威(或主张)  
2. 告知收到, 确认  
3. 对...表示谢忱, 报偿

- A: Was that your girlfriend?  
B: No, we're not even good friends. She's really just an **acquaintance**.

**acquaintance** /ə'kweɪntəns/  
n. 1. 相识的人, 熟人  
2. 认识, 相识, 了解

- A: What do you think is the best way to **acquire** knowledge about fishing?  
B: Go fishing!

**acquire** /ə'kwaɪə/  
vt. 1. 取得, 获得  
2. 学到

- A: The **acquisition** of wealth should not be the only goal of your life.  
B: I know, but I still would have liked to have gotten a raise.

**acquisition** /ˌækwi'zɪʃən/  
n. 1. 取得, 获得, 习得  
2. 获得物, 增添的人(或物)

- A: How many **acres** of land are you hoping to buy?  
B: Anywhere between ten and twenty.

**acre** /'eɪkə/ n. 英亩

- A: If you really like the girl, then you should take **action**.  
B: But I get nervous every time I talk to her!

**action** /'æksən/  
n. 1. 行动, 行动过程  
2. 已做的事, 行为  
3. 作用  
4. 情节  
*out of action* 不(再)起作用, 不(再)运转

- A: What would you say is your favorite **activity**?  
B: I'd have to say bowling.

**activity** /æk'tɪvɪti/  
n. 1. 活动, 行动  
2. 活跃, 活力

- A: Why do you think he is so successful?  
B: His **acute** sense of reason puts him a level above everyone else.

**acute** /ə'kjʊt/  
a. 1. 严重的, 激烈的  
2. 敏锐的  
3. (疾病)急性的  
4. 尖的, 锐的

- A: That is the silliest **ad** I have every seen!  
B: Why would anyone want to buy that product?

**ad** /æd/ 见 advertisement

- A: If you want to survive in this business, you've got to learn how to **adapt**.  
B: I'm doing the best I can!

**adapt** /ə'dæpt/  
vt. 1. 使适应, 使适合  
2. 修改, 改编  
vi. (to) 适应

- A: How are you going to have room for the new baby?  
B: We're going to build an **addition** onto our house.

**addition** /ə'dɪʃən/

- n.* 1. 加, 加法  
2. 增加的人(或物)  
*in addition* 另外, 加之  
*in addition to* 除...之外(还)

- A: Do you have any **additional** questions?  
B: No, thanks, you've answered them all.

**additional** /ə'dɪʃənl/

- a.* 添加的, 额外的, 另外的

- A: If we can't find **adequate** housing in the city, we're going to have to move to another state.  
B: That would really be a pit

**adequate** /'ædɪkwɪt/

- a.* 1. 充足的, 足够的  
2. 适当的, 胜任的

- A: How was the concert?  
B: I don't know if I can even find the right **adjective** to describe it!

**adjective** /'ædʒɪktɪv/ *n.* 形容词

- A: I'm sure it's just a matter of time before you find a job.  
B: Maybe I need to **adjust** my attitude.

**adjust** /ə'dʒʌst/

- vt.* 1. 校正, 校准, 调整  
2. 调节, 改变...以适应  
*vi. (to)* 适应

- A: I've just about had it with the **administration**!  
B: Really? What's the problem?

**administration** /əd'mɪnɪs'treɪʃən/

- n.* 1. 管理, 经营, 支配  
2. 管理部门, 行政机关, 政府  
3. 实行, 执行

- A: I applied to six schools, and got four offers of **admission**.  
B: Congratulations!

**admission** /əd'mɪʃən/

- n.* 1. 准许进入, 准许加入  
2. 入场费, 入场券  
3. 承认, 供认

- A: I think maybe we should **adopt** a child.  
B: I'm not sure if we can afford it.

**adopt** /ə'dɒpt/

- vt.* 1. 收养  
2. 采取, 采纳, 采用  
3. 正式通过, 批准

- A: Sometimes I get tired of being an **adult**, and want to just play like a child.  
B: I think we all feel that way sometimes

**adult** /ə'dʌlt, 'ædʌlt/

- n.* 成年人(或动物)  
*a.* 1. 成年的, 充分长成的  
2. 成年人的, 适宜于成年人的

- A: Are you going to sign up for the **advanced** course, or the beginner one?  
B: I think I might sign up for the intermediate course.

**advanced** /əd'vænst, əd'vɑːnst/

- a.* 1. 超前的, 先进的  
2. 高级的, 高等的  
3. 年迈的, 后阶段的

A: Why did your team lose the game?

B: They had a big **advantage** over us, being so much taller.

**advantage** /əd'væntidʒ,  
əd'vɑ:ntidʒ/

n. 1. 优点, 有利条件, 有利因素

2. 利益, 好处

take **advantage** of 利用, 占…的便宜

to **advantage** 有利地, 使优点突出地

A: Do you know what an **adverb** is?

B: I think I remember from school that it is usually a word that modifies a verb.

**adverb** /'ædvə:b/n. 副词

A: If we want our magazine to be successful, we need to find advertisers.

B: But who would want to **advertise** in a magazine about potatoes?

**advertise**

/,ædvə:'taiz, 'ædvə'taiz/

vt. 1. 为…做广告, 宣传

2. (在报刊、电视、广播等中) 公告, 公布

vi. 登广告, 做广告, 登公告

A: It's imperative that we build our brand name.

B: Well, if we want to do that, we're going to need a killer **advertisement**.

**advertisement** /ædvə:'taizmənt,  
əd'və:tismənt/

n. 1. 广告, 公告, 启事

2. 广告活动, 宣传

A: I've decided to quit my job.

B: I really don't think that's an **advisable** course of action.

**advisable** /əd'vaizəbl/

a. 可取的, 适当的, 明智的

A: What did the doctor say?

B: She **advocated** that I quit smoking.

**advocate** /'ædvəkeit/

vt. 拥护, 提倡, 主张

/'ædvəkit/

n. 1. 拥护者, 提倡者

2. 辩护者, 律师

A: It's important to remember that your own actions **affect** the lives of others.

B: Thanks for reminding me.

**affect** /ə'fekt/v. 影响

A: Why do you think he's angry all the time?

B: Maybe his mother didn't show him enough **affection** when he was a child.

**affection** /ə'fekʃən/

n. 喜爱, 感情, 爱慕之情

A: So, you went to the concert. Then what?

B: **Afterwards**, he drove me home and kissed me goodnight.

**afterward(s)** /'æftəwəd(z),

'ɑ:ftəwəd(z)/

ad. 以后, 过后, 后来

A: Do you know of a good travel **agency**?

B: We were very happy with the one that organized our trip to the Bahamas.

**agency** /'eidʒənsi/

- n. 1. 代理行, 经销处  
2. (政府等的) 专业行政部门

A: Would you mind helping me plan the **agenda** for tomorrow's meeting?

B: Sure, no problem.

**agenda** /ə'dʒendə/ n. 议事日程

A: What do you do for a living?

B: I've been a real estate **agent** for the past 15 years.

**agent** /'eidʒənt/

- n. 1. 代理人, 代理商, 经纪人  
2. 政府特工人员, 政府代表  
3. 动因, 原因  
4. 剂

A: Why didn't you hire the candidate from Michigan?

B: I was really turned off by his **aggressive** manner.

**aggressive** /ə'gresiv/

- a. 1. 侵犯的, 侵略的, 挑衅的  
2. 敢做敢为的, 有进取心的

A: This software has been a great **aid** in completing my homework.

B: It's amazing what computers can do.

**aid** /eid/

- n. 1. 帮助, 援助, 救助  
2. 助手, 辅助物, 辅助手段  
vt. 帮助, 援助, 救助

A: Before boarding the **aircraft**, remember to remove anything sharp from your luggage.

B: Don't worry, I'll remember.

**aircraft** /'eəkræft, 'eəkra:ft/

- n. 飞机, 航空器

A: Do you prefer to fly small **airlines** or large ones?

B: I fly whichever will sell me the cheapest ticket!

**airline** /'eəlain/

- n. [常 pl.] 航空公司

A: I'm worried that my sickness will become serious.

B: Relax. A minor sore throat is no cause for **alarm**.

**alarm** /ə'lɑ:m/

- n. 1. 惊恐, 忧虑  
2. 警钟, 报警器, 闹钟  
3. 警报  
vt. 使惊恐, 使担心

A: Can I get you a beer?

B: No thanks. If I drink too much **alcohol**, my face turns red.

**alcohol** /'ælkəhɒl/

- n. 含酒精的饮料, 酒精

A: Be sure to stay **alert** when you're walking alone at night.

B: I'll be fine. I've lived in the city all of my life.

**alert** /ə'lɜ:t/

- a. 警觉的, 留神的, 注意的  
vt. 1. 向...报警, 使警惕  
2. 使认识到, 使意识到  
n. 1. 警戒(状态), 戒备(状态)  
2. 警报  
on the **alert** 警戒着, 随时准备着, 密切注意着

A: You two look almost exactly **alike**!

B: Well, we're twins.

**alike** /ə'laɪk/

- a. 同样的, 相像的  
ad. 1. 一样地, 相似地  
2. 同样程度地

A: Exactly how is an **alliance** with their company in our best interests?

B: The chief advantage is that we can consolidate our production lines.

**alliance** /ə'laiəns/ n. 结盟, 联盟

A: Why should I give you a raise in your **allowance**?

B: Because I do more chores now than I used to.

**allowance** /ə'laʊəns/

- n. 津贴, 补贴, 零用钱  
make **allowance**(s) for  
1. 考虑到, 顾及  
2. 体谅, 原谅

A: They've been our **allies** for fifteen years, and I think we should help them.

B: But sometimes you've got to abandon a sinking ship.

**ally** /ə'lai, 'ælai/

- n. 1. 同盟国, 同盟者  
2. 支持者  
v. (使) 结盟, (使) 联合

A: How do I get to the bank?

B: Just follow the road that runs **alongside** the river.

**alongside** /ə'lɒŋ'saɪd/

- ad. 在旁边, 沿着边, 并排地  
prep. 1. 在...旁边, 沿着...的边  
2. 和...在一起

A: How many vowels are there in the English **alphabet**?

B: Five, I think.

**alphabet** /'ælfəbɪt/ n. 字母表

A: I'm trying to find a way to **alter** my image.

B: You could start by cutting your hair.

**alter** /'ɔ:ltə/ v. 改变, 改动, 变更

A: Isn't there an **alternative** to moving to another country?

B: Not if we want to survive financially.

**alternative** /ɔ:l'tə:nə'tɪv/

- a. 1. 两者择一的, 供选择的, 供替代的  
2. 另类的, 他择性的  
n. 1. 取舍, 抉择, 供选择的东西  
2. 选择的自由, 选择的余地

A: I'm having a strong reaction to the high **altitude** of the mountain.

B: Rest for a few days, and I'm sure you'll be fine.

**altitude** /'æltɪtju:d/

- n. 1. 高度, 海拔  
2. [pl.] 高处, 高地

A: What are you going to do with all of those **aluminum** cans?

B: Recycle them.

**aluminium** /,æljʊ:'mɪnjəm/ 见 **aluminum**  
**aluminum** /ə'lju:mɪnəm/ n. 铝

A: You are quite the golfer!  
B: I'm just an **amateur**, but I try to practice a lot.

**amateur** /'æmətə:; 'æmətjuə/  
n. 1. 业余爱好者, 业余运动员  
2. 外行, 粗通某一行的人  
a. 1. 业余爱好的, 业余(身份)的  
2. 外行的

A: This magician we're going to see will **amaze** you with some of his tricks.  
B: We'll see. I'm not easily amazed.

**amaze** /ə'meiz/  
vt. 使大为惊奇, 惊愕

A: When you go abroad, you should remember that you're acting as an **ambassador** for your country.  
B: I'm not so sure about that. As far as I'm concerned, I'm just representing myself.

**ambassador** /æm'bæsədə/  
n. 大使, 使节, 派驻国际组织的代表

A: I wish I still had the **ambition** of my youth.  
B: I like you just the way you are.

**ambition** /æm'biʃən/  
n. 1. 抱负, 雄心, 野心  
2. 企望得到的东西

A: If the **ambulance** had gotten here earlier, his life might have been saved.  
B: Now is not the time to place blame.

**ambulance** /'æmbjuləns/n. 救护车

A: I really hate him.  
B: **Amid** all of the things you hate about him, he must have at least some qualities that you find endearing.

**amid** /ə'mid/  
prep. 在...中间, 在...之中, 被...围绕

A: What's the best way to lose weight?  
B: Just remember that what you eat is more important than the **amount** you eat.

**amount** /ə'maunt/  
n. 1. 量, 数量, 数额  
2. 总额, 总数  
vi. (to) 1. 合计, 共计  
2. (在意义、价值等方面)等同, 接近

A: I was just trying to **amuse** you.  
B: Well, I didn't think it was funny.

**amuse** /ə'mju:z/  
vt. 1. 逗乐, 逗笑  
2. 给...提供娱乐(或消遣)

A: What do you think about the country's economic situation?  
B: I'd really need to do some further **analysis** before I could give you an answer on that.

**analysis** /ə'næləsis/  
n. 分析, 分析报告

A: If you had properly **analyzed** the situation a year ago, you might not be bankrupt today.  
B: Thanks for the advice, but it comes a little too late.

**analyze** /'ænəlaiz/  
vt. 分析, 细察, 细查

A: Where were your **ancestors** from?  
B: They were from various different countries in Europe.

**ancestor** /'ænsistə/  
n. 1. 祖宗, 祖先  
2. 原型, 先驱

A: You've really been an **anchor** for me during this past year of hardship, and I want to say thank you.

B: It's been my pleasure.

**anchor** /'æŋkə/

- n.1. 锚
- 2. 给人安全感之物(或人)
- vt.1. 抛(锚), 泊(船)
- 2. 把...系住, 使固定
- 3. 担任(电视节目等的)主持人
- vi.1. 抛锚, 停泊
- 2. 固定, 扎根

A: Your car really looks **ancient**.

B: Well, at least it still runs.

**ancient** /'eɪnfənt/

- a.1. 古代的, 古老的
- 2. 年老的, 看上去很老的

A: I just can't figure out how to save my marriage.

B: Maybe you should try looking at the situation from a different **angle**.

**angle** /'æŋgl/

- n.1. 角, 角度
- 2. 观点, 立场
- vt.1. 把...放置成一角度
- 2. 使(新闻、报道等)带上倾向性
- angle for** 谋取, 猎取

A: Why did you have to sit the game out?

B: I twisted my **ankle** in practice.

**ankle** /'æŋkl/n. 踝, 踝关节

A: Do you know what today is?

B: It's our 50th wedding **anniversary**.

**anniversary** /,æni'vɜ:səri/  
n. 周年纪念(日)

A: Do you mind if I chew gum?

B: Actually it's really starting to **annoy** me.

**annoy** /ə'noi/

- vt.1. 使恼怒, 使烦恼
- 2. 打扰, 干扰

A: Are you going to go to Peter's **annual** barbeque?

B: This year I've got to stay home with the kids.

**annual** /'ænjʊəl/

- a. 每年的, 年度的, 一年一次的
- n.1. 年报, 年刊, 年鉴
- 2. 一年生的植物

A: I am so sick of having **ants** in the kitchen!

B: Maybe you should call the exterminator.

**ant** /ænt/n. 蚂蚁

A: I wish I could **anticipate** when it's going to rain.

B: Why don't you just watch the weather report on the news?

**anticipate** /æn'tɪsɪpeɪt/

- vt.1. 预期, 期望, 预料
- 2. 先于...行动, 提前使用

A: This type of **antique** pot is very expensive.

B: Well, then I don't think I can afford it.

**antique** /æn'tɪk/

- a. 古时的, 古老的
- n. 古物, 古玩, 古董



- A: Whenever I have a math test, I have trouble controlling my **anxiety**.  
B: Everybody's nervous-you just need to learn how to relax.

**anxiety** /æŋg'zaiəti/

- n. 1. 焦虑, 挂虑  
2. 渴望, 热望

- A: **Anyhow**, you're just as smart as he is.  
B: I know that, but I still feel inferior sometimes.

**anyhow** /'enihaʊ/

- ad. 1. 不管怎么说, 无论如何, 至少  
2. 不论用何种方法, 无论从什么角度  
3. 随随便便地, 杂乱无章地

- A: You really shouldn't have fallen asleep during the lecture.  
B: Why not? I didn't care what he was talking about **anyway**.

**anyway** /'eniwei/

- ad. 1. 不管怎么说, 无论如何, 至少  
2. 不论以何种方式, 无论从什么角度

- A: Do you think it will be hard to be **apart** for so long?  
B: Not as long as we remember that we love each other.

**apart** /ə'pa:t/

- ad. 1. [空间、时间方面] 成距离, 相间隔  
2. 分离, 分开  
a. 分离的, 分隔的  
**apart from** 1. 除...之外(别无)  
2. 除...之外(尚有)

- A: What have you been up to for the past few days?  
B: I've been trying to find an **apartment** in the city.

**apartment** /ə'pa:tmənt/

- n. 一套公寓房间, 房间

- A: I think you owe me an **apology**.  
B: What!? You're the one who parked illegally.

**apology** /ə'pɒlədʒi/

- n. 道歉, 认错, 愧悔

- A: Why do you want a divorce?  
B: It's become quite **apparent** to me that you don't care for me anymore.

**apparent** /ə'pærənt/

- a. 1. 显然的, 明白的, 清晰可见的  
2. 表面上的, 貌似(真实的)的

- A: That type of shoe just doesn't **appeal** to me.  
B: Say what you want, but I like them.

**appeal** /ə'pi:l/

- n. 1. 呼吁, 恳求  
2. 感染力, 吸引力  
3. 申诉, 上诉  
vi. 1. 呼吁, 恳求  
2. 有吸引力, 有感染力  
3. 上诉, 申诉  
4. (to) 诉诸, 诉请裁决(或证实等)  
vt. 将...上诉, 将...移交上级法院审理