



新 东 方 学 校 英 语 文 库

My Reading

快乐

第一册

编著：林晓 卢睿蓉 方富民 徐烨



1

四 六 级
英语阅读

世界图书出版公司

MY READING MY READING MY READING MY READING MY READING

快乐

My Reading 1

方富民 卢睿蓉 编著
林 晓 徐 烨

世界图书出版公司

北京·上海·广州·西安

MY READING MY READING MY READING MY READING MY READING

图书在版编目(CIP)数据

快乐 My Reading 1/林晓, 卢睿蓉, 方富民, 徐烨编 一北京 世界图书出版公司北京公司, 2002.9

ISBN 7-5062-5653-3

I 快 II ①林 ②卢 ③方 III 英语—阅读教学—高等学校—自学参考资料 IV H319.4

中国版本图书馆 CIP 数据核字 (2002) 第 067066 号

快乐 My Reading 1

编 著: 林 晓 卢睿蓉 方富民 徐 烨

责任编辑: 孟淑贤 雷玉清

装帧设计: 文 敏

出 版: 世界图书出版公司北京公司

印 刷: 北京市兆成印刷有限责任公司

发 行: 世界图书出版公司北京公司

(北京朝内大街 137 号 电话 64077922 邮编 100010)

销 售: 各地新华书店和外文书店

开 本: 850×1168 毫米 1/32

印 张: 9

字 数: 230 千

版 次: 2002 年 9 月第 1 版 2002 年 9 月第 1 次印刷

ISBN 7-5062-5653-3/H·519

定价: 17.00 元

版权所有 翻印必究

新东方丛书策划委员会

(按姓氏笔划为序)

总策划 包凡一

委 员	王 强	王文成
	包凡一	杜子华
	周成刚	杨 继
	胡 敏	俞敏洪
	徐小平	谢德兴

前言

根据语言学习的规律,语言学习的成功是建立在大量的语言输入,尤其是大量的阅读基础之上的。一个外语学习者如果只热衷于死记单词、专背语法条框、应付考试,他的成功只会遥不可及。他也体会不到读书的乐趣。只有通过大量的阅读,他才能领略语言所承载的人文内涵;而只有能够欣赏它所展现的异域风情、文化传统、社会思想和经济背景,他才能真正理解和掌握这门语言。这就是我们编写这套丛书的目的。

这套丛书的文章都选自近几年来国内外各类英语刊物、同等水平的英文教材等。既有名家的隽永小品,也有新人的奇思妙想;既有自然世界的风花雪月,也有经济社会的人生百态。题材广泛多样,文字新颖生动、原汁原味。文章集趣味性、思想性、社会性、实用性于一体,从不同角度反映了英美国家的文化、社会、经济、政治、科技等多方面的情况,使阅读者从字里行间领略了英语语言的魅力。

我们的宗旨是快乐阅读,在轻松愉悦的氛围中学习英语、体会英语、掌握英语。我们提倡通过阅读掌握词汇,了

解结构,领会思想,从而达到学会说、写、译等实用目的。

此套书共四册,分为四级。难度逐级递增。每册书由8~9个单元组成,安排的内容大致可覆盖大学一学期的时间。每一单元由五篇文章组成。每周您可看一个单元,每天一篇。每天的内容编排如下:

Proverb (谚语),每天教您一句有用的谚语。

Before You Read 栏目,它将为您的阅读提供背景知识或一些启发您的问题助您阅读。

Notes (注释),对文中出现的疑难处给与简单的解释。

Conquering CET (征服四级),就文中出现的重点单词或句型安排4~6个多项选择题,这里有大量四级考试全真题。

Challenging Yourself (挑战自我),您可结合文章内容及您自己的经历,和您的朋友、同学就给出的讨论题进行口语练习。

Unexpected Gifts (意外礼物),教您一句流行口语。让您积少成多,口语越讲越地道!

Happy Moment (快乐时刻),送您一则笑话,让您在捧腹大笑中体会英语学习带来的乐趣。

每一个周末,在您放松一周紧张学习的时候,别忘记到我们的 **Leisure Bar** (休闲吧) 来坐坐。我们为您精心准备了 **Review** (形式轻松的一单元重点单词、词组回顾)、**Brain Teasers** (动脑筋) 包括字谜、谜语、小常识问答等等以及更多 **Jokes** (笑话)。您一定会在这儿流连忘返的!

当然您可以以您喜欢的方式来看这套丛书。无论您采用何种方式,我们深信这套书一定会对您的英语学习及为您的全国英语四级考试备考大有帮助!

此套丛书可供大学生1~4级学生用作课外读物,也可

作为全国英语四级考试的备考用书。同样适合广大英语爱好者作为休闲读物。

在此套丛书的编写过程中,我们还得到了徐燕、杨杰瑛和张利等同志的热情帮助,谨向他们表示衷心的感谢。

由于编者水平有限,时间仓促,书中错误疏漏之处在所难免,望广大读者及同行专家批评指正。

编 者

2002年8月



UNIT 1

<i>That "Other Woman" in My Life</i>	1
<i>Toilet Culture</i>	7
<i>Teacher Evaluation</i>	12
<i>Planning for Study in the United States</i>	17
<i>The Doll and a White Rose</i>	22

UNIT 2

<i>The Promise</i>	32
<i>Dog Phrases</i>	37
<i>Too Good a Teacher</i>	42
<i>How Good Are U. S. Drivers?</i>	47
<i>Library Accident</i>	51

UNIT 3

<i>Sounds</i>	61
---------------------	----



<i>The First Postage Stamp</i>	67
<i>Two Words From the Heart</i>	72
<i>A Father, a Son and an Answer</i>	76
<i>Learning from Failure</i>	81

UNIT 4

<i>No Time for Sightseeing</i>	90
<i>Let Sleeping Dogs Lie</i>	95
<i>"Time" in Americans' Eyes</i>	100
<i>Chewing Gum</i>	105
<i>How Honest Is the US Police Officer?</i>	110

UNIT 5

<i>How to Be a Smart Boss</i>	120
<i>Cancer Case Could be Prevented</i>	125
<i>A Little at a Time</i>	130
<i>Elvis Presley</i>	135
<i>Easter</i>	141

UNIT 6

<i>Fresh Air Will Kill You</i>	152
<i>Does Travel Broaden the Mind?</i>	158
<i>Why Do Women Cry</i>	164
<i>Eyes: the Windows of the Soul</i>	169
<i>Western Noted Persons with Cats</i>	175

UNIT 7

<i>The Story of Money</i>	185
<i>St. Valentine's Story</i>	190
<i>April Fools' Day</i>	195
<i>Abraham Lincoln to John D. Johnston</i>	201
<i>Best Friends</i>	206

UNIT 8

<i>Make Friends in America</i>	216
<i>The Best Advice I Ever Had</i>	222
<i>American's And Chinese' Views of Friendships</i>	228
<i>My Earliest Memories</i>	233
<i>The First Chinese American Who Traveled in Space</i> ...	239

UNIT 9

<i>American Family</i>	247
<i>Americans & Pets</i>	252
<i>The Story of Julia</i>	257
<i>American Influence</i>	262
<i>Benjamin Franklin</i>	267

UNIT 1

Nothing ventures, nothing has.

不入虎穴，焉得虎子。

◇ Before You Read

First look at the topic. Can you guess what will be talked about in this story? Maybe a husband has a love affair with another woman? Let's see!

That "Other Woman" in My Life

David Farrell

After 22 years of marriage, I've discovered the secret to keeping love and intimacy *alive* in my relationship with my wife, Peggy: I started



dating another woman.

It was Peggy's idea, actually. "You know you love her," she said one day, taking me by surprise. "Life is too short. You need to spend time with the people you love. You probably won't believe me, but I think that if the two of you spend more time together, it will make us closer."

The "other woman" my wife was encouraging me to date is my mother, a 72-year-old widow¹ who has lived alone since my father died 20 years ago. Right after his death, I moved 2,500 miles away to California and started my own family and career. When I moved back near my hometown six years ago, I promised myself² that I would spend more time with Mom. But with the demands of my job and three kids, I never got around to³ seeing her much beyond family get-togethers and holidays.

She was surprised and *suspicious*, then, when I called and suggested the two of us go out to dinner and a movie. "What's wrong?" she asked. My mother thinks anything out of the ordinary signals bad news.

"I thought it would be nice to spend some time with you," I said, "just the two of us."

"I'd like that a lot," she replied.

As I drove to her house, I actually had a case of predate jitters⁴! What would we talk about? What if she didn't like the restaurant I chose?

When I *pulled into* her driveway, she was waiting by the door with her coat on. Her hair was curled, and she was smiling. "I told my lady friends I was going out with my son, and they were all impressed," she said as she got into my car. "They can't wait to hear about our evening."

We didn't go anywhere fancy, just a neighborhood place where we could talk. My mother clutched my arm, half out of affection and half to help her negotiate the restaurant steps.

Since her eyes now see only large shapes and shadows, I had to read the menu for both of us. Halfway through reciting the entrées⁵, I glanced up and saw Mom looking at me, a wistful⁶ smile on her lips. "*I used to* be the menu-reader when you were little," she said.

I understood what she was saying. From care-giver to cared-for, from cared-for to care-giver, our relationship had come full circle. "Then it's time for you to relax and let me return the favor," I said.

We had a nice talk over dinner. Nothing earth-shattering, just catching up with each other's lives. We talked for so long that we missed the movie.

"I'll go out with you again," my mother said as I dropped her off, "but only if you let me buy dinner next time." I agreed.

"How was your date?" my wife asked when I got home that evening.

"Nice... nicer than I thought it would be," I said. She smiled her told-you-so smile.

Mom and I go out for dinner a couple of times a month. Sometimes we take in a movie, but mostly we talk. I tell her about my trials at work and brag about the kids and Peggy.

Mom fills me in on⁷ family gossip and tells me about her past. Now I know what it was like for her to work in a factory during World War II. I know how she met my father there, and how they nurtured a trolley-car courtship through those difficult times. I can't get enough of these stories. They are important to me, a

part of my history.

We also talk about the future. Because of health problems, my mother worries about the days ahead. “I have so much living to do,” she told me once. “I need to be there while my grandchildren grow up. I don’t want to miss any of it.”

Like many baby boomers⁸, I tend to fill my calendar to the brim as I struggle to fit family, career and friendships into my life. I often complain about how quickly time flies. Spending time with my Mom has taught me the importance of slowing down.

Peggy was right. Dating another woman has helped my marriage.

Notes:

1. widow: *n.* 寡妇
2. promise oneself: 指望
3. get around to: 抽出时间来
4. predate jitter: [美俚]赴约会前的极度紧张不安
5. entrée: *n.* [美]主菜
6. wistful: *adj.* 若有所思的;渴望的
7. fill sb. in (on) sth. : [口]对某人提供关于…的事实
8. baby boomer: 第二次世界大战后,人口出生率剧增,在这期间出生的人被称为“baby boomer”。

◆ **Conquering CET**

1. Are your parents still _____?

- A. alive B. surviving C. remaining D. live

2. His strange behavior made the police _____.
A. suspect B. susceptible C. suspicious D. suspense
3. Our train is _____ the station.
A. pulling up B. pulling into
C. pulling over D. pulling through
4. The Browns _____ here, but not any more. (1994.1)
A. were used to living B. had lived
C. used to live D. had been living

◆ Challenging Yourself

Would you like to describe the person who you like most?

◆ Unexpected Gifts

get someone down 使人厌烦

e.g. My new roommate's tendency to argue over everything is getting me down.

新室友对每件事情都要议论一番,这种作风真叫我厌烦。

◆ Happy Moment

Millionaire

CEO: My wife made a millionaire out of me.

Assistant: What were you before?

CEO: A multimillionaire.