



大学英语

四、六级考试丛书

优秀作文精选

主编 张文起 张东昌

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邮 政 编 码: 300192

电 话: 022-87893561

传 真: 022-87892476

E - mail: tsttbc@public.tpt.tj.cn

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前言

在四、六级考试中,写作一项对考生来说是比较困难的。有些考生看过作文题目以后不知从何入手,思路不够开阔,联想不够丰富。甚至有的考生认为作文难以得分,就忽视了作文训练,这是不明智的。

本书为参加四、六级统考的考生提供了写作例文 85 篇,其中包括议论文、图表作文、关键词作文和记叙文。每篇例文都有中文译文,部分例文后面还加了简单的注释。所选文章取材广泛,内容丰富,所涉及的问题大多是热门话题。

出版本书的目的是使考生通过大量阅读例文,熟悉四、六级作文的思路,掌握不同题目的要求,摸索写作方法,起到抛砖引玉的作用。

本书由刘秀芬进行中文审校。高淑云、尹玉增、王连柱、张莹参加了部分编写工作。由于作者学识所限,书中错误及不妥之处在所难免,恳请读者批评指正。

编者于南开园

CONTENTS

议论文

1. Pollution	(1)
2. Smoking and Cancer	(2)
3. smoking (1)	(4)
4. Smoking (2)	(5)
5. Population Control	(7)
6. Traffic and Population	(8)
7. Birth Control:Key to China's Development	(9)
8. How to Solve the Housing Problem in Big Cities	(10)
9. We Need to Broaden Our Knowledge	(12)
10. My Favorite Hobby	(13)
11. The Benefit of Reading Books	(15)
12. On Good Books	(16)
13. Social Practice in Education	(17)
14. Save the Wild Animals	(18)
15. What Would Happen If There Were No Electricity	(20)
16. Friends	(21)
17. On Making Friends	(22)
18. Motorcycles	(23)
19. Heavy Traffic	(24)
20. Can Road Accidents Be Avoided?	(25)
21. Bicycle—the Most Popular Form of Transportation Tool in Our Country	(27)
22. Weather	(28)
23. Fake Goods	(30)
24. The Importance of Confidence	(31)
25. Diligence	(33)
26. Looking Forward to the Twenty-First Century	(34)
27. Punctuality	(35)

28. Man Is to Survive	(37)
29. Advertisements (1)	(38)
30. Advertisements (2)	(39)
31. Protection of Environment	(41)
32. The Value of Time	(42)
33. Exercise in Our Daily Life	(43)
34. Land Resources	(44)
35. Making Good Use of One's Time	(46)
36. The TV Program I Like Best	(47)
37. Television	(48)
38. Television for Entertainment	(49)
39. The Water Cycle	(51)
40. Energy Resources	(52)
41. The Subject I Like Best	(53)
42. Failure and Success	(55)
43. Health	(56)
44. Sport	(57)
45. Physical Training	(58)
46. Early Rising	(60)
47. Sports in Our Country	(61)
48. The Two-day Weekend	(62)
49. The Dictionary	(63)
50. Why I Take the College English Test Band 6	(64)
51. Violent Film Is Harmful to Children	(65)
52. Where to Live—in the City or in the Country	(67)
53. Travel	(68)
54. Global shortage of Fresh Water	(69)
55. Learning English at College	(71)
56. At the Library	(72)
57. Where There Is a Will There Is a Way	(73)
58. The Place of Science and Technology in Modern Life	(74)
59. Practice Makes Perfect	(76)
60. Haste Makes Waste	(77)
61. Computers	(78)

62. Learning	(79)
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图表作文

63. Changes in People's Diet	(81)
64. The Problem of Human Population	(82)
65. Cars Are the Most Important Transportation Tools in the United States	(84)
66. The Improvement of Life in a Peasant's Family	(86)
67. The Foreign Trade of China	(87)
68. Health Gains in Developing Countries	(89)
69. The Families of Stars	(90)
70. Average Monthly Rainfall	(91)
71. Production of Radios and TV Sets in Factory A	(93)
72. The City I Like Best	(94)

关键词作文

73. Earthquakes	(96)
74. Environmental Pollution	(97)
75. A Clever Boy	(98)
76. The Advantages of Travel	(99)
77. Finding a Particular Book in the Library	(100)
78. A Few Remarks on Competition	(101)
79. The Helpful Features of Textbooks	(102)

记叙文

80. My Mother	(104)
81. My Teacher	(105)
82. My English Teacher	(106)
83. Visiting a Museum	(107)
84. The Seasons	(108)
85. Go Outing	(109)

附 I 1997 年大学英语四、六级考试作文真题	(111)
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附 II 大学英语四、六级考试作文题评分标准	(114)
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· 议 论 文 ·

1. Pollution

1. 污染对人类有害。
2. 为防止污染,近年来采取了一些措施。
3. 然而污染问题尚未完全解决。

Pollution is harmful to human beings. Polluted water causes many kinds of diseases such as diarrhoea, enteritis, etc. And sometimes these diseases even take man's life. Dirty air or air-born garbage causes stinging eyes and running nose. Pollutants are destructive, they cause runs in nylon stockings and crack rubber tires, they eat away at stone and rust iron

Measures have been taken to control pollution. In recent years, legislative steps have been introduced to control pollution. Rivers are being cleaned, air is purified, pollutants are being trapped before they are poured out of chimneys.

* However, pollution problems have not been completely solved. Some factories are still using air as a dumping place for wastes. Some lakes are still dirty, the dirty water causes fishes to die. Quite a few chimneys are still pouring smoke into the air and noise pollution remains serious.

Useful Expressions

1. to be harmful to 对……有害。注意介词 to 与 harmful 的搭配。如: Smoking is harmful to your health. 吸烟对你的健康有害。
2. polluted water(air, earth, ...) 被污染的水(空气、土壤等)。这里的 polluted 是过去分词,作定语,表示被动含义。本文讲的是污染,要注意下列几个词的使用: pollute 污染(v) pollution 污染(n.) pollutant 污染物(n.)
3. diarrhoea 泻肚
enteritis 肠炎
4. take somebody's life 杀死某人
5. air-born garbage 空气中所携带的垃圾
6. stinging eyes 刺激眼睛

running nose 流鼻涕

7. runs in nylon stockings 尼龙长袜抽丝。这里的 run 作名词用,含义是:抽丝,脱针。

8. crack rubber tires (使)车胎爆裂

9. eat away at stone 侵蚀石头 如:

The river is eating away at the bank. 河水侵蚀着堤岸。

10. Measures have been taken to control pollution. 这句话中应注意与 measure 连用的动词是 take 或 adopt。如:adopt(take)effectual measures to improve one's work 采取有效措施改进工作。

11. legislative 立法的。与 step 搭配的动词有 take 或 introduce。

12. Pollutants are being trapped before they are poured out of chimneys. 这句中 trap 作“使受限制”,“放置在特定地点”解。如果用 control 代替 trap,句子照样通顺,只是略显平淡。

13. quite a few: 相当不少



污 染

污染对人类有害。污染的水引起多种疾病,诸如泻肚、肠炎等。有时这些疾病甚至会夺去人的生命。污染的空气或空气中含有的废物引起眼睛刺痛、流鼻涕。污染物是有害的,它们使尼龙袜子脱丝,使车胎爆裂,侵蚀石头,使铁生锈。

为了防止污染,采取了一些措施。近年来,采取了一些立法手段来控制污染。河水正在变清,空气正被净化,污染物从烟囱中排放出以前,就得到了控制。

然而,污染问题并未完全解决。一些工厂仍旧把大气作为垃圾倾倒场。一些湖泊依然很脏,脏水使许多种鱼类死亡。还有不少的烟囱把烟尘排放到大气中,并且噪音污染仍然严重。

2. Smoking and Cancer

1. 吸烟对健康有害。

2. 吸烟易患癌症。

3. 世界各国政府应采取严厉措施限制吸烟。

Smoking is harmful to the health of people. It not only pollutes air, brings about

sufferings of other people such as children and nonsmokers, but also causes diseases of bronchitis, lung cancer, chest cancer and throat cancer.

Smoking is associated with cancers. Smoke is a mixture of gases, vaporized chemicals, minute particles of ash, and other solids. There are also tar and nicotine, which are powerful poisons. As the smoke is breathed in, all these components form deposits on the membranes of the lungs. One point of concentration is where air tube, or bronchus divides. Most lung cancer begins at this point.

World governments should conduct serious campaigns against smoking. First, legislative steps must be introduced. Second, restrictions on cigarette advertisements must be imposed. Third, public smoking in certain places such as theatres, cinemas, waiting rooms at airports and railway stations should be banned. In this way, we may make the smokers feel increasingly uncomfortable about their bad habits. Finally, cigarette price should be boosted.

Useful Expressions

1. bronchitis[brɒŋ'kaitis] 支气管炎

lung cancer 肺癌

chest cancer 胸癌

throat cancer 喉癌

以上几个词都是医学术语,但在讲到吸烟造成的危害时,用上这些词,使文章显得生动、具体。

2. associate... with... :与……联合

3. vaporized chemicals 蒸发的化学物质

4. minute 读作[mai'nju:t]adj.微小的,细微的

minute particles of ash 微小的烟尘颗粒

5. tar: 焦油(被认为是香烟中对人体危害最严重的物质。)

nicotine: 尼古丁

6. As the smoke is breathed in,... 也可以写成 As the smoke is taken in,...

7. conduct campaigns: 发起运动。与 campaign 搭配的动词还有: wage a campaign, launch a campaign, 等

8. impose 加(负担,惩罚)于……

ban 禁止

boost 提高(物价)



吸烟和癌症

吸烟对人们有健康有害。吸烟不但污染空气,给他人带来痛苦,譬如给孩子及不吸烟者带来痛苦,而且还引起支气管炎、肺癌、胸癌和喉癌。

吸烟与癌有关。烟是一种混合物,其中有气体蒸发的化学物质、微细的烟尘颗粒和一些固态物质。烟里有焦油和尼古丁,这两种东西毒性很大。烟吸入肺里,所有这些成分沉积在肺部的粘膜上。集中的一点就在支气管分叉处。大多数癌症就是由此处开始的。

世界各国政府应发起一场禁烟运动。首先,应采取立法措施。第二,严格限制刊登香烟广告。第三,禁止在某些公众场所吸烟,譬如,不许在剧场、影院、候机厅和候车室吸烟。这样,我们就会使那些吸烟者对他们的坏习惯逐渐感到不舒服。最后一点是,应当提高香烟价格。

3. Smoking (1)

1. 吸烟对健康有害。
2. 改变吸烟的习惯并不容易。
3. 为了保护非吸烟者不受其害,应当采取措施减少吸烟的机会。

Smoking is harmful to health. Medical science has now proved that smoking can cause lung cancer and other diseases such as emphysema. Your chances of having a heart attack also increase the more you smoke. Smoking is definitely a health hazard.

Getting rid of the smoking habit is not easy. Many inveterate smokers are never able to quit completely. Those who try to quit often experience depression, severe headaches, and sometimes get a lot of weight as they turn to food as a substitute.

In order to protect non-smokers from being affected, measures must be taken to reduce the chances of smoking. Children must be warned about the dangers of smoking. Cigarette companies should not be allowed to advertise on TV or radio, or in newspapers and magazines. Remove cigarette vending machines. Raise cigarette prices by adding higher tobacco taxes and use the money for antismoking campaigns.

Useful Expressions

1. emphysema 肺气肿
2. ... get rid of the smoking habit is not easy,改变吸烟的习惯并不容易,
3. get a lot of weight 增加体重
还可说成: gain weight 或 put on weight。
“减少体重”可以说成: lose weight 或 reduce weight。
4. cigarette vending machines 自动售烟机



吸 烟 (1)

吸烟对健康有害。医学已经证明吸烟能引起肺癌和其它疾病,如肺气肿。吸烟越多,得心脏病的机会也会增加。无疑吸烟对健康有害。

改变吸烟的习惯并不容易。许多烟瘾大的人没有能力彻底戒烟。想戒烟的人常常感到意气消沉,头疼的厉害,有时还会增加体重,因为他们把食物作为代用品。

为了保护非吸烟者不受其害,应当采取措施减少吸烟的机会。应当告诫儿童不要吸烟。不允许烟草公司在电视上、电台上、报纸和杂志上刊登香烟广告。清除那些自动售烟机。增加烟草税收以提高香烟价格,并且把这些钱投入戒烟运动中。

4. Smoking (2)

1. 众所周知吸烟有害健康。
2. 许多国家的政府已采取措施减少香烟消费。
3. 但是没有任何国家禁止香烟销售。

It is known to everyone that smoking is harmful to our health. Research conducted in many countries has indicated that smoking causes lung cancer, heart disease and various respiratory illnesses.

Responding to overwhelming medical evidence of the harmful effects of smoking, many governments have taken actions to reduce tobacco consumption. Some have imposed heavy taxes on tobacco products, others have conducted anti-smoking campaigns. In theatres, cinemas and some public places nonsmoking is often demanded by authori-

ties.

However, none of the governments have even considered prohibiting the sale of tobacco. This is due partly to the political power of the big tobacco companies and partly to the fact that so many people, particularly in influential position in society, are habitual smokers. Tobacco farmers and workers are also strongly opposed to legislation. In fact, smoking is not only a matter of habit but also a matter of profits.

Useful Expressions

1. impose on (upon) 把……强加于

She was a harsh mother and imposed severe discipline on her children. 她是位严厉的母亲,对孩子们给予严厉的惩罚。

2. conduct anti-smoking campaigns 组织禁烟运动

conduct (wage) a campaign 组织(发起)一场运动

如:She was appointed to conduct the advertising campaign. 她被指定组织这次广告宣传活动。

3. habitual smokers 吸烟成瘾的人。

heavy smokers 烟瘾大的人;吸烟多的人

chain smokers 吸烟很猛的人

inveterate smokers 积习难改的吸烟者



吸 烟 (2)

众所周知吸烟有害健康。许多国家的研究表明吸烟引起肺癌,心脏病和各种呼吸道疾病。

为了对吸烟的有害影响作出反应,许多国家政府已经采取措施减少香烟消费。一些国家对烟草产品增加了重税,还有一些国家组织了禁烟运动。在剧场,影院和一些公众场所,当局经常要求人们不要吸烟。

但是没有任何国家禁止烟草销售。部分原因是由于大的烟草公司的政治势力,部分原因是由于许多人,尤其是社会上的显要人物是多年的吸烟者。烟草种植者和烟草工人们坚持反对烟草立法。事实上,吸烟不仅是个习惯问题,而且也是赢利问题。

5. Population Control

1. 科学的进步和生活条件的改善导致了世界人口的迅速增加。
2. 但是人口过分增长会对人类社会的存在构成威胁。
3. 为了保证人类社会的稳定发展……。

Progress in science and the improvement of living conditions have led to the rapid growth of the world population. Modern medical science, for example, has made it possible for babies to grow up healthily and for people to live longer. With improved living conditions, particularly in the countryside, people tend to have larger families. As a result, the world population has increased so rapidly that it has now exceeded 5 billion.

But the overgrowth of population presents a threat to the existence of human society. A large population demands a great deal of food supply and shelter space. However, the limited productivity and scarce natural resources can hardly meet the needs of the ever-increasing population. Thus in the long run, the overgrowth of the world population will only harm mankind.

To guarantee the steady development of human society, mankind must realize the consequences resulting from a fast population growth and the importance of carrying out a family planning programme. Only by adopting effectual measures can human society develop steadily and have a bright future.

Useful Expressions

1. scarce natural resources 自然资源不足
2. ... can hardly meet the needs of the ever-increasing population 几乎不能满足日益增长的人口需要
3. in the long run 从长远的观点看
Their policy would prove very costly in the long run. 从长远观点看, 他们的计划会证明代价是很高的。
4. result from 由……引起, 由于……的结果
The accident resulted from the carelessness of the driver.
车祸是由司机的粗心驾驶造成的。



控制人口

科学的进步和生活条件的改善导致了世界人口的迅速增长。譬如,现代医学可以使幼儿健康成长,使人们长寿。由于生活条件的改善,特别是农村生活条件的改善,家庭人口日渐增多。结果,世界人口增长如此迅猛以致于现在人口超过了 50 亿。

但是,人口过分增长对人类社会的存在构成了威胁。大量的人口需要大批的粮食供给和大量的住宅。然而,有限的生产能力和不足的自然资源几乎不能满足日益增长的人口需要。因此,从长远的观点看,过多的世界人口将会危害人类。

为了保证人类社会的稳定发展,人类必须意识到人口迅速增长所造成的后果和执行计划生育方针的重要性。只有采取有效措施,人类社会才能稳步发展,才会有光明的未来。

6. Traffic and Population

1. 交通问题已经成为大城市的主要问题之一。
2. 快速增长的人口是造成交通问题的原因。
3. 应采取措施解决这个问题。

Traffic problems have become one of the major problems in cities. Streets are always crowded with vehicles and pedestrians, especially in rush hours. What is more, traffic accidents have made streets become one of the most dangerous places. But why is this problem becoming more and more serious in spite of the continuous improvement of traffic facilities?

The rapid increasing population is a good explanation of the answer. More people means heavier traffic. Moreover, because more space has to be used to meet the needs of the housing problem, it is almost impossible to widen the streets, which makes the situation even worse. Then, how can we solve this problem?

More measures should be taken to deal with this problem. For example, rigid rules and regulations of rewards and penalties should be established to make people more careful on the streets. In addition, much more efforts should be made to put the population planning policy into practice.

Useful Expressions

1. rush hours 交通高峰期

2. what is more 而且

如: The bill you sent me was incorrect and, what is more, this isn't first time. 你给我的账单不对, 而且, 这也不是第一次出差错了。

3. housing problem 住房问题

4. rigid rules and regulations of rewards and penalties 严厉的奖惩规章



交通和人口

交通问题已经成为城市里的主要问题之一。街道上总是车辆拥挤, 行人如潮, 特别是在交通高峰时更是如此。而且, 交通事故使街道变成了危险的地方。尽管我们不断改进交通设施, 为什么交通问题变得越来越严重呢?

快速增长的人口是造成这个问题的原因。人口多就意味着交通拥挤。另外, 因为许多地方不得不用来建房以满足住房需要, 要扩建街道几乎不可能, 这就使情况变得更糟。那么, 我们怎样解决这个问题呢?

应采取更多措施解决交通问题。譬如, 应制订严格的奖惩规章使人们在大街上更小心。另外, 应当更加努力地要把计划生育政策付诸实施。

7. Birth Control: Key to China's Development

1. 我国在计划生育方面取得了很大成就。

2. 目前我国人口持续增长带来的影响。

3. 继续采取措施严格控制人口增长是必要的。

Since the Chinese government drew up family planning as one of the basic state policies in 1979, the country has adopted various measures and achieved great success in birth control. The total birth rate has been decreasing gradually.

However, at present, China's population is still growing rapidly. It is reported that every year the population of this country increases by an extra 15 million and China is encountering a birth peak during the 90's of the 20th. It is obvious that China's economic

development and the improvement of people's living standards have been and will be greatly affected by the population.

Therefore, to control population growth more strictly is clearly essential to the country's reforms and economic development. We should restress the importance of birth control and call on the whole nation to take more effective actions.

Useful Expressions

1. adopt various measures 采取各种措施
measure(s)或 step(s)要求用动词 adopt 或 take 与之搭配。
2. birth peak 生育高峰
3. take more effective actions 采取行动
如: Immediate action must be taken to stop the disease spreading. 为了防止疾病蔓延,必须立即采取行动。



控制生育——中国发展的关键

自从 1979 年中国政府把计划生育作为基本国策以来,中国采取了各种措施并在控制生育方面取得了重大成就。人口增长率逐年下降。

然而,目前中国人口仍然增长很快。据报道中国人口每年增加 1500 多万,20 世纪 90 年代中国正遇到生育高峰。显而易见,中国的经济发展和人民生活水平的改善已经受到了并将更大地受到人口的影响。

因此,严格控制人口增长对中国的改革和经济发展是很必要的。我们应当强调控制生育的重要性,并且号召全国采取更有效的行动。

8. How to Solve the Housing Problem in Big Cities

四种可能解决住房问题的方案:

1. 多造高层建筑
2. 向地下发展
3. 建造卫星城市