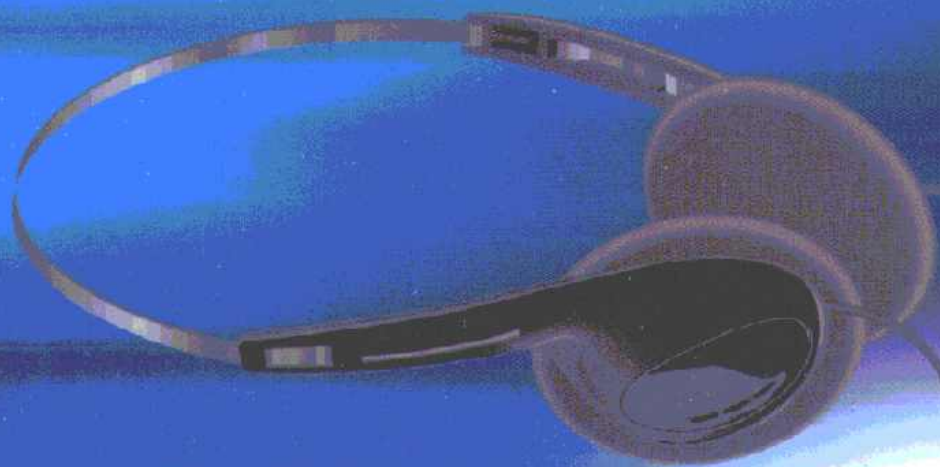


大学英语四级词汇

# 随身听记

张 瑛 何朝阳 编



English

英语随身

听

记

丛书

听

记形·听音·跟读·记意  
·理解·扩展  
多重刺激·高效记忆

中国科学技术大学出版社

260

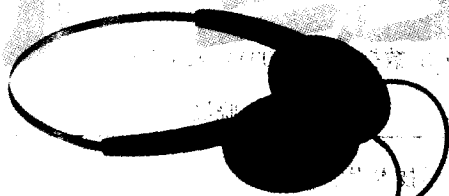
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# 大学英语四级词汇 随身听记

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英语随身

丛书

中国科学技术大学出版社  
2001·合肥

## 图书在版编目(CIP)数据

大学英语四级词汇随身听记/张瑛,何朝阳编. —合肥:中国科学技术大学出版社,2001.3

(英语随身听听记记丛书)

ISBN 7-312-01231-0

I. 大… II. ①张… ②何… III. 英语—词汇—高等学校—水平考试—自学参考资料 IV. H313

中国版本图书馆 CIP 数据核字(2000)第 41835 号

责任编辑:高哲峰

封面设计:晓晨

出版发行:中国科学技术大学出版社

(安徽省合肥市金寨路 96 号,邮编 230026)

经 销:全国新华书店

印 刷:中国科学技术大学出版社印刷厂

开 本:850×1168/32

印 张:11.75

字 数:305 千

版 次:2001 年 3 月第 1 版 2001 年 3 月第 1 次印刷

印 数:1-5000 册

定 价:13.80 元



Verb

动 词





# A

**abandon** /ə'bəndən/ *vt.* 遗弃

同 give up

The young people thought that Vingo might have **abandoned** his wife. (I1-L10) 那伙年轻人以为文戈把妻子抛弃了。

**absorb** /əb'sɔ:b/ *vt.* 吸收

I am arguing that books, too, must be **absorbed** in your bloodstream to do you any good. (I4-L6) 我的论点是,书的营养也只有在被吸进你的血液中时,才能对你有所裨益。

**abuse** /ə'bjuz/ *vt.* 虐待

The children were **abusing** the rabbit in the cage, and they suddenly went off in **all** directions as soon as they saw their teacher approaching. (I3-L6) 孩子们正虐待着笼中的兔子,见老师来了,一溜烟全跑了。

**accelerate** /æk'seləreit/ *vt.* 加速

同 pick up

The stepped-up pace of invention, application and diffusion, in turn, **accelerate** the whole cycle still further. (I3-L10) 发明、应用、推广的加速反过来更进一步加速了整个循环过程。

**accompany** /ə'kʌmpəni/ *vt.* 陪同

You'd better **accompany** me to the police station, young man. (E1-L6) 年轻人,你最好陪我到警察局走一趟。

**accomplish** /ə'kɒmplɪʃ/ *vt.* 完成

同 achieve; attain

If reading is to **accomplish** anything more than passing time, it must be active. (I4-L6) 如果阅读是为了完成什么,不仅仅是消磨时间,那它就该是一种积极的思维活动。

**accord** /ə'kɔ:d/ *vi.* 一致, 相结合

accordance *n.* 一致

His actions **accorded with** his belief. 他的行为与信仰一致。

**account** (for) /ə'kaunt/ ① *v.* 说明……原因 ② *n.* 叙述, 说明

accountant *n.* 会计员

① In part, at least, these **accounts for** why so many men like being ex-soldiers. (E4-L28) 这些至少部分说明为什么那么多男人爱做退伍军人。

② The account of their escape makes an exciting story. (E4-L4) 他们逃跑的经历就是一段令人激动的事情。

**accumulate** /ə'kjʊ:mjuleit/ *vt.* 积累; 积聚

accumulation *n.* 积蓄

同 gather

He has **accumulated** a fortune. 他积累了一笔财富。

**accuse** /ə'kjuz/ *vt.* 指控

同 charge sb. with

They **accused** him of taking bribes. 他们指控他受贿。

**acknowledge** /ək'nɒlɪdʒ/ *vt.* 承认

同 admit

Though he was generally **acknowledged** to be very competent, his co-workers felt bitter about his rapid promotion in the company. (I2-L3) 虽然他的能力在公司是公认的, 可他如此迅速的提拔还是令同事们不满。

**acquire** /ə'kwaɪə/ *vt.* 获得

acquisition *n.* 获得, 获得物

同 gain; obtain

He has **acquired** a reputation for dishonesty. 他已蒙上了不诚实的名声。

**adapt** /ə'dæpt/ *vt.* 使适合; 使适应

同 adjust

When you go to a foreign country, you must **adapt** yourself to new manners and customs. 你去外国时, 必须使自己适应新的风俗习惯。

**address** /ə'dres/ *vt.* 对(人)说话; 发表演说

His voice had a surprising tone of respect, almost as if he were **addressing** the Supreme Court instead of a group of youngsters. (E3-L26) 他的声音饱含尊敬,令人吃惊。他好像不是在对一帮孩子说话,而是在对最高法院演说。

**adjust** /ə'dʒʌst/ *vt.* 调整;调节

If you have much difficulty with the exercise, it probably means that you should have read a bit more slowly: **adjust** the rate of reading to suit your case. (I1-L1) 如果做练习时困难重重,你也许就得读慢一点了:调整你的阅读速度以适应你自己的情况。

**adopt** /ə'dɒpt/ *vt.* 采用,采纳

It was at this time that he **adopted** the pen name "Mark Twain". (E2-L5) 他是在这时开始采用“马克·吐温”这个笔名的。

**advance** /əd'vɑ:ns/ *vt.* 提出

The average man can **advance** not a single reason for thinking that the earth is round. (I4-L3) 普通人举不出一条理由来说明为什么相信地球是圆的。

**advertise** /'ædvətaɪz/ *vt.* 为……做广告

advertisement *n.* 广告

I saw **advertised** in a local newspaper a teaching post at a school in a suburb of London about ten miles from where I lived. (I2-L4) 我看到一张登在一份地方报纸上的广告,说是在离我住处大约十英里的伦敦某区,有所学校要招聘一名老师。

**advocate** /'ædvəki:t/ *vt.* 倡导

They **advocate** a return to "traditional" teaching methods which they claim were proved to be successful. (E4-L22) 他们倡导回归“传统”的教学方法,宣称这些教学方法



| 已被证明是很成功的。

**affect** /ə'fekt/ *vt.* 影响; 感动

affection *n.* 爱; 慈爱

Why does one story make us cry or laugh while another story doesn't **affect** us at all? (E2-L12) 为什么有的故事能让我们掉泪或捧腹, 有的故事却丝毫不能打动我们。

**aid** /eid/ *vt.* 帮助; 促成 *n.* 帮助

同 help; assist

Your guidance **aided** the work to go on smoothly. 你的指导使得这工作进展顺利。

**alter** /'ɔ:ltə/ *vt.* 改变; 变更

同 modify; vary

You must **alter** your way of living in order to keep your health in good condition. 你必须改变生活方式才能维持身体健康。

**amaze** /ə'meiz/ *vt.* 使大为惊讶, 使惊愕

I was really **amazed** at what I saw (I1-L6) 我真对自己看到的情况感到惊愕。

**amount** (to) /ə'maunt/ ① *vi.* 成为 ② *n.* 数量; 数额

① You'll never **amount to** anything if you spend your time that way! (I3-L8) 如果你这样耗时间你将一事无成。

② In the past 50 years there has been a great increase in the **amount** of research being done on the brain. (I1-L9) 在过去的五十年中, 对人脑所做的研究在数量上有了很大的增长。

**amuse** /ə'mjuz/ *vt.* 使笑; 使乐

We were **amused** by his funny appearance. 他滑稽的样子逗得我们发笑。

**annoy** /ə'noi/ *vt.* 使恼怒

I remember being vaguely **annoyed** when the gunman pulled me from the car by the hair. (I2-L7) 我记得当时持枪歹徒扯着我的头发, 把我从车子里拉出来的时候, 我心里模

模模糊糊地感到恼火。

**anticipate** /æn'tisipeit/ *vt.* 预期

anticipation *n.* 预期, 期望

anticipative *adj.* 预期的

anticipator *n.* 预期者, 抢先者

同 expect; predict

look forward to

I anticipate his arrival at six. 我预期他六点钟到达。

**apologize/-ise** /ə'pɒlədʒaɪz/ *vt.* 道歉

apology *n.* 道歉

Jack arrived an hour late for the meeting. Moreover, he didn't even apologize or give any explanation. (I1-L2) 杰克开会迟到了整整一个小时, 而且他还不作任何道歉和解释。

**appeal (to)** /ə'pi:l/ *vi.* 迎合; 有感染力; 有吸引力

He merely swallows this theory because there is something about it that appeals to the twentieth-century mentality. (I4-L3) 他全盘接受这一理论, 只是因为这一理论中有一种迎合 20 世纪心态的东西。

**apply (for)** /ə'plai/ ① *vi.* 申请 ② *vt.* 运用

applicant *n.* 请求者, 申请人

applicable *a.* 适宜的; 合用的

application *n.* 应用; 用处

同 ② use; utilize;

employ

① They didn't know where to go or how to apply for relief. (I3-L4) 他们不知道去哪, 也不知道如何申请救济金。

② Yet the value of this form of justice is now being questioned by the very men who have to apply it: the judges. (E2-L26) 然而, 目前这种审判形式的价值正受到运用这一审判形式的法官们的质疑。

**appoint** /ə'point/ *vt.* 任命

appointment *n.* 任命, 委派; 约定

同 assign

When still a young man, he was appointed to a committee to find out whether the South Branch of the James River was deep enough to be used by large boats. (I2-L3) 很年轻的时候

候他就被任命为一个委员会的成员,去调查詹姆斯河南部支流水深是否可以通行大型船只。

**appreciate** /ə'pri:ʃieɪt/ *vt.* 重视,珍视

Praise is particularly **appreciated** by those doing routine jobs: gas-station attendants, waitresses—even housewives. (I2-L10) 那些从事例行工作的人特别**珍视**赞扬。

**approach** /ə'prəʊtʃ/ ① *vt.* 靠近 ② *n.* 方法;步骤

① As I **approached** the garden, the girl looked up quickly and said in a frightened voice, “Who’s there? Who’s there?” (E2-L18) 我接近花园时女孩迅速抬起头,惊恐地问:“谁在那? 谁在那?”

② He thought I would be a good one to be put on the case, because I would bring a fresh **approach** to the problem. (E2-L17) 他认为这事让我处理合适,因为我总能想出新解决方法问题。

**approve** (of) /ə'pru:v/ *vt.* 赞成;赞许

approval *n.* 赞成

Speaking for myself, I don't **approve of** the idea. (I1-L8) 就我个人而言,我不**赞成**这一想法。

**arise** (from) /ə'raɪz/ *vi.* 由于;起源于

It would be more helpful to make the man pay for his victim's medical bills and compensate him for the bad experience, the loss of working time, and any other problems **arising from** the accident. (E2-L26) 让这人为他的受害者付医疗费,对受害者吃的苦、损失的劳动时间以及这场事故引起的其他一切问题作出赔偿,这样也许更有裨益一些。

**arouse** /ə'raʊz/ *vt.* 引起

That confused me for a while, but I soon

found something else to **arouse** my curiosity. (E2-L4) 这令我迷惑了一会儿,可不久我又发现了其他引起我好奇的事情。

**arrange** /ə'reindʒ/ *vi.* 作安排,筹划

arrangement *n.* 安排

I've **arranged** for Mrs. Morrison to look after you for a few days. (I1-L3) 我已安排好让莫里森太太来照料你几天。

**arrest** /ə'rest/ *vt.* 逮捕

At last his enemies had him **arrested**, and he was condemned to death. (E1-L15) 他的对手终于逮捕了他并将他处以死刑。

**assemble** /ə'sembl/ *vt.* 集合

assembler *n.* 装配工,  
装配器

assembly *n.* 集会;集  
合

同 collect; gather

The pupil's were **assembled** in the school hall. 学生在校礼堂集合。

**assess** /ə'ses/ *vt.* 对……进行估价

同 estimate; evaluate

They are **assessing** his house. 他们在对他的房子进行估价。

**assign** /ə'sain/ *vt.* 分配

assignment *n.* (分派的)任务;作业

I've been **assigned** a lot of work. 分配给了我很多工作。

**assist** /ə'sist/ *vt.* 援助,帮助

assistance *n.* 帮助

assistant *n.* 助手,助教

I **assist** him in compiling a dictionary. 我帮助他编辑字典。

**associate** /ə'səʊʃieit/ *vt.* 将……联想在一起

association *n.* 联合,结交;结合

We **associate** Egypt with the Nile. 我们想起埃及就想起尼罗河。

**assume** /ə'sju:m/ *vt.* 假设,主观认为

assumption *n.* 假定;假想

同 suppose; presume

At age 16 I still **assumed** Mother could do anything. (I3-L5) 我虽然16岁了,但仍然以为妈妈什么都能干。

**assure** /ə'ʃʊə/ *vt.* 保证

[同] guarantee

He didn't resent taking pains to **assure** the financial security of his family because he was convinced that anything of value has to be earned. (E2-L19) 他并不因要拼命工作以保障家庭经济状况而生怨, 因为他相信, 任何有价值的东西都是需要去努力才能获取的。

**astonish** /əs'tɒnɪʃ/ *vt.* 使惊愕

we were **astonished** at his rudeness. 他的粗鲁令我们惊愕。

**attach** (to) /ə'tætʃ/ *vt.* 连接; 加入; 参加

[同] fasten

I advice you not to **attach** yourself to the Socialist Party. 我劝你不要参加社会党。

**attain** /ə'tein/ *vt.* 获得; 达到

[同] achieve;

accomplish

Now picture yourself the way you want to be. Remember to picture your desired goals as if you had already **attained** them. (I3-L8) 现在你就来按你所希望的那样想象一下你自己吧。记住将你想达到的目标想象成似乎你已达到了。

**attribute** (to) /ə'tribju(:)t/ ① *vt.* 把……归因为 ② *n.* 特点

① He **attributes** his success to hard work. 他把成功归因于自己辛勤的努力。

② Politeness is an **attribute** of the Chinese. 以礼待人是中国人的特点。

**avoid** /ə'void/ *vt.* 避开, 避免

[同] escape

I still dreaded errors—I would do my best to **avoid** them—but I knew they were part of a surgeon's life. (I2-L6) 我仍然害怕犯错误——愿意竭尽全力避免出错——但我知道这是外科医师生活的一部分。

**await** /ə'weɪt/ *vt.* 等待

[同] wait for

Students from Lafayette College were

crowding onto the train platform eagerly **awaiting** the arrival of the Carlisle Indian School's track and field squad. (I4-L4) 拉斐德学院的学生们一齐拥上月台,热切地等待着卡莱尔印第安大学田径队的到来。

**award** /ə:'wɔ:d/ *vt.* 判给;授予

同 reward

The solicitor even succeeded in getting costs **awarded** against the police. (I3-L1) 我的律师甚至让法庭责成警方承担了诉讼费用。

## B

**balance** /'bæləns/ *vi.* 平衡;相称 *n.* 平衡

The penalty does not **balance** with the offense. 刑罚与罪过不相称。

**ban** /bæn/ *vt.* 禁止

同 prohibit

Swimming is **banned** in this lake. 禁止在这湖里游泳。

**band** /bænd/ ① *vt.* 捆扎 ② *n.* 带状物;管乐队

① Well, you had better get those guys **banding** and sliding as fast as they can. (I4-L1) 你最好让孩子们尽快地捆扎装袋。

② Years ago, he started thinking of organizing a jazz **band**. 几年前他就开始考虑组织一个爵士乐队。

**beam** /bi:m/ *vi.* 微笑;开颜

The next morning when he came down to breakfast, he was **beaming** with the pleasure of a new, great discovery. 第二天早晨他下楼用餐时为这一大发现而高兴得满脸堆笑。

**bear** /beə/ *vt.* 承担;忍受

同 endure;

stand; tolerate

You alone of all the animals must **bear** this curse: From now on you will crawl on your

belly, and you will have to eat dust as long as you live. (E1-L10) 你必受诅咒,比一切的牲畜野兽更甚;从现在起,你必须用肚子行走,终身吃土。

**behave** /bi'heiv/ *v.* 检点(自己的)行为;举止端正

behavio(u)r *n.* 行为

Socrates, on the other hand, was interested in how ordinary people ought to **behave** and think. (E1-L15) 苏格拉底对普通人的行与思很感兴趣。

**benefit** /'benifit/ *vt.* 有益于;受益 *n.* 利益

beneficial *a.* 有益的,有利的

Should doctors ever lie to **benefit** their patients—to speed recovery or to conceal the approach of death? (I4-L5) 为了对病人有好处,为了加速病人的康复或不让病人知道死亡的临近,医生该撒谎吗?

**bet** /bet/ *v.* 打赌

I will **bet** 50 dollars on the white horse. 我压 50 美元赌这匹白马。

**bid** /bid/ *vt.* 命令;嘱咐

过 bade(bid); bidden

He **bade** us prepare for the journey. 他嘱咐我们预备去旅行。

**bind** /baɪnd/ *vt.* 捆,绑;装订(书)

过 bound

The police **bound** the suspect's arms with a rope. 警察用绳子将嫌疑犯的胳膊绑起来。

David reached out and took down a leather-bound book. 大卫伸出手取下一本皮制封面的书。

**blast** /blɑ:st/ *vt. vi.* 按喇叭 *n.* 鼓风,送风;一阵(急风)

The driver **blasted** his horn in the traffic jam. 司机在交通堵塞时拼命按喇叭。

**bleed** /bli:d/ *vi.* 流血

过 bled; bled

They **bled** for a righteous cause and died happily. 他们为正义而流血,死而无憾。

**blend** /blend/ *vi.* 混合; 溶合

同 mix

These two colors **blend** well. 这两种颜色配合得很调和。

**boast** /bəʊst/ *v.* 自夸; 夸耀

I've always found that there's nothing as good as boasting to start a fellow talking. It makes him want to **boast** too. (E2-L7) 我发现没有什么比吹牛更能引人说话。它令对方也想开吹。

**bomb** /bɒm/ *vt.* 轰炸; 投弹于

German **planes** were bombing the beach as British planes tried to fight them off. (I2-L8) 在英军飞机试图击退德军飞机时, 德军飞机开始轰炸海滩。

**boom** /bu:m/ *vi.* 迅速发展, 兴盛

The global economy was **booming**, humans were making their first tentative ventures into space, the Green Revolution seemed to promise a solution to the world food problem, and nuclear power was being proclaimed as a source of cheap clean energy. (E4-L17) 全球经济迅速发展, 人类正进行着他向太空的第一次冒险, 绿色革命似乎也允诺解决世界粮食问题, 核能正被宣告为廉价的新能源。

**boost** /bəʊst/ *vt.* 提高; 推进

Dr. Smith says that the average adult student, in 28 training hours, nearly triples his reading speed and **boosts** his comprehension by about 30 percent. (E3-L2) 史密斯博士说水平中等的成人学生, 在经过 28 小时的训练以后, 阅读速度可以增长三倍, 理解力提高百分之三十。

**border** /'bɔ:də/ *vi.* 接近; 近似 *n.* 国界, 边界



Our garden is **bordered** by a stream. 我们的花园**濒临**一条小溪。

**bore** /bɔ:/ *vt.* 使厌烦

boring *a.* 令人厌烦的

I am **bored** by his tedious talk. 他的喋喋不休令我**生厌**。

**bound** /baʊnd/ *vi.* 跳跃

bounce *n.* 弹力

Her heart **bounded** with joy. 她因喜悦而**心跳**。

**bow** /bau/ *vt.* 鞠躬 *n.* 弓

Americans say "Hi" when they meet; Japanese **bow**. 美国人见面时说“你好”，日本人则**鞠躬**。

**brake** /breik/ *v.* 刹(车) *n.* 刹车

The car **braked** to a stop. 车子**刹车**停下来。

**breed** /bri:d/ *vt.* 饲养

过 bred

同 rear; raise

It includes ways to make chemical reactions occur, ways to **breed** fish, plant forests, light theaters, count votes or teach history. (I3-L10) 它包括怎样进行化学反应、怎样**养鱼**、怎样植树、怎样给剧院设置灯光、怎样计算选票以及怎样**教历史**。

**breeze** /briz/ *vi.* 轻快地行动 *n.* 微风

As I was sitting with Jackie in her kitchen one afternoon, her 16-year-old daughter **breezed** into the house. 一天下午当我和杰基正坐在她的厨房时,她的十六岁的女儿**轻快地跑进了房间**。

**bubble** /'bʌbl/ *vi.* 沸腾;冒泡

Jazz is spontaneous and free-form which **bubbles** with energy, expressing the moods, interests, and emotions of the people. (I3-L13) 爵士音乐以即兴、自由、**充满活力的形**