

高考英语丛书

新NMET应用与技巧

阅读理解



策划 北京市海淀区学校信息中心
审定 北京市英语特级教师 林生香
主编 吴道虎

原子能出版社

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前言

阅读是理解和吸收书面信息的重要途径,有助于扩大词汇量,丰富语言知识,了解英语国家的社会文化背景。

阅读理解题主要考查方向是综合运用英语进行交际和获取信息的能力。语音、词汇、语法和其他语言知识的总和不等于阅读理解能力。最近笔者对所在学校的高三年级学生进行了 Skimming, Scanning 和 careful reading 的阅读训练后,让学生做大学四级有关阅读题目,得分率高得出乎我们意料之外,但读懂这些文章的每句的意思也少得令我们吃惊。相反,对那些只注重词汇、语法和语言学习的学生进行考查,速度很慢,得分率很低,这就充分说明考查方向与英语教学改革的方向,科技信息的发展趋势以及经济水平的状况不无关系。笔者冒昧认为:阅读理解的考查方向,在主要考查综合运用英语进行交际和获取信息能力方面,特别要注意两点:

一、大力提高阅读速度。随着科技信息的迅速发展和通讯媒体的广泛运用,我们学生的阅读速度远远不能适应现实生活的需要,例如反应敏捷的电脑、电视、电影、移动电话、BP 机、广告、商标、英文报纸、科技资料等,都需要读者有相应的阅读速度,需特别加强 Skimming 和 Scanning 的快速阅读技巧的训练,不然反应敏捷的电脑所节约的时间都被阅读屏幕上的英语的缓慢速度所吞没了。



二、加强应用文的阅读教学,也就是要进一步加大应用文的考查份量,例如加大新闻、报导、广告、求职函、商标、各种说明书、天气预报、各种图表等等方面的内容。

英语阅读理解题有材料新、观点新、句子长的特点。在做题时,应该以文章为中心,以快速阅读为基础,以话题为主线索来答题。做每道阅读理解题起码应有四得:一是吸取文章中的知识信息;二是进行相关的阅读技巧训练;三是熟悉有关词汇和语言现象;四是明确阅读理解题的特征,命题要求和解题思路。

近年来,高考阅读理解在稳中求变,变中求新,加强了许多新情况,提出了许多新问题,从而也就要求考生对应试要点和策略做进一步的研究。



一、阅读能力的培养

阅读包括三个主要的范畴:理解、词汇量与阅读速度。但是直接影响阅读理解能力与速度的首先是阅读者的态度。做阅读练习时不应被动地,无目的地从头至尾看一遍,应积极地,有选择,有目的地阅读,并相信自己一定能提高阅读速度与理解能力,在阅读时应培养下列习惯:

第一,放松。阅读就像生活中所有的事情,只有感兴趣,轻松地愉快地读,才能有效果。

第二,集中精力。任何事情要得到成功必须集中精力。每次做阅读理解都应高度集中,记下每分钟的阅读词汇量即 wpm 及理解的好坏,一点一点地提高阅读速度。边读边想象,抓住文章中的 who, what, where, when, why, how 等问题,提高理解能力。

第三,改掉坏的阅读习惯。阅读主要是脑力的活动过程,身



体各部分的活动(包括头随着眼睛左右转动,嘴唇的开合,手指在一行字下移动等)无助于阅读速度的提高。阅读不同于朗读,快速阅读需要默读,读出声来势必影响读速。

第四,养成成组视读的习惯。在这一方面,要求读者熟练掌握英语句子结构和篇章结构,这样便可以做到“一目十行”。

第五,能悟意阅读。即根据上下文或语言结构分析,来推测并确定生词的词义;悟意尤指对作者的意图作出推断,这是阅读能力很强的一种表现。



二、英语阅读理解对猜测能力的考查

高考英语阅读理解非常重视对考生猜测能力的考查,因此,考生对此应给予充分的重视。高考阅读理解对猜测能力的考查主要体现在以下五个方面:

(一) 考查教学大纲、教材中没有的生词的含义

高考英语科《考试说明》将“能根据材料所提供的信息,并能结合中学生应有的常识正确判断生词的含义”作为考查考生英语阅读能力测试的主要要求之一。此时必须充分考虑文章的上下文,根据上下文所提供的各种暗示,正确判断该词的含义。

1. Robert is nine years old and Joanna is seven. They live at Mount Abenezer. Their father has a big property. In Australia they call a farm a property. (MET89 中的一篇文章的第一段)

A “property” in Australia is a _____.

A. house B. school C. farm D. radio

根据最后一句的结构: call + 宾语 + 宾补, 宾语和宾补之间是逻辑上的主表关系, 可知 a farm is a property, 这样就可以很容易

地猜出 property 是“农场”的意思。

2. Shu Pulong has helped at least 1000 people bitten by snakes. “It was seeing people with snake bites that led me to this career,” he said. (MET92 中的一篇文章的第一段)

Which of the following words can take the place of the word “career” in the first paragraph?

A. conclusion B. story C. incident D. occupation

career 虽是中学生不熟悉的单词,但文章第一段第一句已明确告诉我们 Shu Pulong 已帮助解救了至少 1 000 名被蛇咬伤的人,这足以说明他已在从事这项挽救受伤者的工作。文章第二段紧接着又给我们讲述了 Shu Pulong 服役后学医并当了一名医生,通过这些句子的描写,可判断出 D 为正确答案。

3. Kleptomania is an illness of the mind that gives a person the desire to steal. Such a person is not really a thief. They are sick and cannot help themselves... (MET93 中的一篇文章的开头几句)

Which of the following words best replace the word “desire” in the first sentence?

A. chance B. power C. right D. wish

根据文章第一句的 illness of the mind 及后面的解释可猜出 desire 的意思是“欲望”或“想法”,故 D 为正确答案。

(二) 考查考生熟悉词的新义

同一个词在不同的上下文中往往有着不同的含义,词的多义性是英语词的特点之一。高考中经常出现“熟悉的单词,陌生的词义”现象。因此考生必须认真阅读所给材料,从中找到线索。

1. The fire started on Sunday morning in the house of the



King's baker(面包师) in Pudding Lane. The baker, with his wife and family, was able to get out through a window in the roof. A strong wind blew the fire from the bakery(面包房) into a small hotel next door. Then it spread quickly into Thames Street. That was the beginning. (NMET95 中的一篇文章的第二段)

The underlined word "family" in the second paragraph means _____.

A. home

B. children

C. wife and husband

D. wife and children

该题可根据词的相关关系来猜测, 文中说 The baker, with his wife and family, was able to get out through a window in the roof. 面包师带着妻子和家人从天窗逃出, 那么一家人除了丈夫和妻子外自然是孩子了, 故 B 为正确答案。

2. A bike tour and race will be held on August 26 and 27 (Sat. & Sun.). At 5:30 a. m., the riders will leave Tian'anmen Square and ride the first 35 kilometres as a training leg. Then the next 55 kilometres leg, from Yanjiao to Jixian, will be the first competitive (竞争性的) part of the tour. The riders and their bikes will then be taken from Jixian to Changli. (NMET96 中的一篇文章的第一段)

The underlined word "leg" in "Bicycle tour and race" probably means _____.

A. race

B. practice

C. part of the training

D. part of the tour

通读该篇广告后可知: 自行车赛程分热身训练阶段和正式比赛阶段, 而无论哪个阶段都用 leg 一词, 故 A, B, C 均不符合要求,

所以 D 为正确答案。

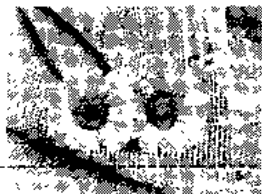
(三) 考查代词所指代的具体内容

所谓代词的指代作用就是利用代词代替上下文中的名词或名词短语,将上下文内容连贯起来,使先行词前后关系呼应。明确代词的指代,不仅能够有助于理清句子内部某些词语之间的关系,而且能够把段落中的前后句子根据逻辑性、条理性连贯起来理解,它是使文章段落意义表达连贯、通顺的手段之一。高考阅读理解题经常考查文中某一主要代词确切所指的内容,对这种题型考生应在透彻理解全文,借助上、下文线索的基础上进行分析判断。这种题型要求考生在平时的阅读实践中应多加注意。指代有指代前面的词和指代后面的词之分,在大多数情况下,尤其应该注意判断指代前面的词,特别是最靠近的前面的词。指代名词(短语)的指代词,其性和数的形式应与被指代的词一致,因此性和数的形式可以作为识别代词指代具体内容的一个重要参考。

1. Mark spent the night on the buoy (浮标). In the early morning he fell asleep. He was having a bad dream when a shout woke him up. A ship, the Good Hope, came up and he climbed onto it and thanked the captain. The captain told him that John had been picked up by another ship and the ship's captain had sent out a message. "Without the message I would not have found you on the buoy," he said. (MET92 中的一篇文章的最后一段)

The word "he" in the last sentence refers to _____.

- A. the captain that got the message
- B. the captain that sent the message
- C. John



D. Mark

根据指代词“he”的上文叙述:Mark 在浮标上度过了一夜,从梦中醒来时,正好来了一艘船,他爬上了船,这位船长告诉他 John 已被另一艘船救走,那艘船的船长给他发来了信号,就这样他们利用发出的信号才发现 Mark。由此可知 he 指的是 the captain that got the message。因此正确答案为 A。

2. Most animals have little connection with animals of a different kind, unless they hunt them for food. Sometimes, however, two kinds of animals come together in a partnership (伙伴关系) which does good to both of them. You may have noticed some birds sitting on the backs of sheep. This is not because they want a ride, but because they find easy food in the parasites (寄生虫) on sheep. The sheep allow the birds to do so because they remove the cause of discomfort. So although they can manage without each other, they do better together. (NMET96 中的一篇文章的第一段)

The underlined word “they” in the last sentence of the first paragraph refers to _____.

- A. birds and parasites B. birds and sheep
C. parasites and sheep D. sheep, birds and parasites

根据上、下文可知,该段最后一句中的两个 they 指代同一内容,再结合该句中的相互代词 each other 和副词 together 及上面的叙述 The sheep allow the birds to do so because they remove the cause of discomfort, 可知 they 的指代内容为 sheep and birds, 故正确答案为 B。

3. America is growing older. Fifty years ago, only 4 out of ev-

ery 100 people in the United States were 65 or older. Today, 10 out of every 100 Americans are over 65. The aging of the population will affect (影响) American society in many ways—education, medicine, and business. Quietly, the graying of America has made us a very different society —one in which people have a quite different idea of what kind of behavior(行为) is suitable(合适) at various ages. (NMET97 中的一篇文章的第一段)

The underlined word “one” refers of _____.

- A. a society B. America C. a place D. population

我们可以通过上下文所提供的信息和词语的同位关系来推知 one 的含义。上文提到美国社会和老龄化给人们造就出一个非常不同的社会。紧接着作者用了一个破折号,再用 one 引导的内容作前面所提到内容的同位成分,并进一步解释上句的含义。one 后面由 in which 引导的定语从句又进一步说明 one 的含义,即在这个社会中人们对什么样的行为更适合不同年龄有完全不同的观念。通过这几方面的关系,我们不难确定 one 用来代替上文中所提到过名词 a different society,是泛指用法,故正确答案为 A。

4. One pioneer, in particular, who disagrees is David Tebhutt, the founder of Computertown UK. Although many people see this as a successful attempt to bring people closer to the computer, David does not see it that way. He says that Computertown UK was formed for just the opposite reason, to bring computers to people and make them “people-literate.” (NMET99 中的一篇文章的第二段)

The underlined word “it” in the second paragraph refers to the



idea that Computertowns _____.

- A. help to set up more computer clubs
- B. bring people to learn to use computers
- C. bring more experts to work together
- D. help to sell computers to the public

it 具有前指功能, 根据前句让步状语从句的具体内容: many people see this as a successful attempt to bring people closer to the computer, 再结合 it 所在句子 David does not see it that way (虽然许多人认为计算机城应是引导人们走近电脑的成功尝试, 但是 David 并不那么认为), 可判断 it 指代上句提到的 bring people closer to the computer, 其意思就是学会用电脑, 故 B 为正确答案。



三、NMET 阅读理解题的解题步骤及解题技巧

要做好阅读理解题, 必须掌握下列四个步骤:

- ① 通过阅读材料, 掌握主旨大意;
- ② 通读思考题, 明确考查重点;
- ③ 复读阅读材料, 初选试题答案;
- ④ 理解思考题, 确定答案。

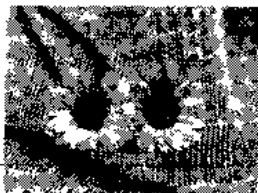
根据前述阅读理解题对能力和考查内容的要求, 从以下几个方面分析阅读理解题的解题思路:

- ① 理解文章的中心思想;
- ② 理解文章(或段落)中的细节;
- ③ 推理判断能力;
- ④ 文章中词义的猜测理解;
- ⑤ 文章结构脉络的把握与理解。



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阅读理解题指导



EVENTS(赛事)

Bicycle tour(旅行)and race

A bike tour and race will be held on August 26 and 27(Sat. & Sun.) At 5:30 a. m., the riders will leave Tian'anmen Square and ride the first 35 kilometres as a training leg. Then the next 55 kilometres leg, from Yanjiao to Jixian, will be the first competitive(竞争性的) part of the tour. The riders and their bikes will then be taken from Jixian to Changli.

The second racing leg of the tour will be from Changli to the seaside of Nandaihe, covering a distance of 20 kilometres. Saturday night includes the stay at Nandaihe and supper. Sunday morning is free for play at the seaside. At noon all people and their bikes will be taken back to Beijing.

Cost: 200 yuan

Telephone: 4675027

Brazilian footballers

The Brazilian Football Club will play Beijing Guo'an Team at the Workers Stadium on August 26. The club has four national

team players. Also coming is 1994 US World Cup star Romario who has promised to play for at least 45 minutes.

Ticket prices: 60; 100; 150 yuan

Time/Date: 4:30 p.m., August 26 (Sat.)

Telephone: 5012372

Rock climbing

The Third National Rock Climbing Competition will be held on August 26 to 27 at the Huairou Mountain-climbing Training Base. More than 10 teams from Beijing, Wuhan, Dalian, Jilin and other places will take part in it. A Japanese team will give an exhibition climbing. Free for spectators(观众).

Take a long-distance bus from Dongzhimen to Huairou.

Time/Dates: 9 to 12 a.m., August 26 and 27

Telephone: 7143177, 7144850, Wang Zhenghua

1. The main purpose of announcing the above events is to give information about _____.

- A. visiting teams
- B. famous players
- C. things to do for the weekend
- D. prices to pay for the sports events

2. If you take part in the bike tour, you will ride for _____.

- A. 35 kilometres
- B. 55 kilometres
- C. 75 kilometres
- D. 110 kilometres

3. The underlined word "leg" in "Bicycle tour and race" probably means _____.

