抗腫瘤本草圖譜

AN ILLUSTRATED GUIDE
TO ANTINEOPLASTIC
CHINESE HERBAL MEDICINE

編者:歐 明·徐鴻華·

李衍文·駱和生·

商務印書館 The Commercial Press

抗腫瘤本草圖譜

AN ILLUSTRATED GUIDE TO ANTINEOPLASTIC CHINESE HERBAL MEDICINE

編者:歐 明 徐鴻華 李行文 駱和生

商務印書館(香港)有限公司 The Commercial Press (H.K.) Ltd.

1200498

本書部分圖片資料由香港中國醫學研究所提供

抗腫瘤本草圖譜

AN ILLUSTRATED GUIDE TO ANTINEOPLASTIC CHINESE HERBAL MEDIÇINE

編 者——歐明·徐鴻華·李衍文·駱和生 責任輔轄――黄港生・陳文思

出版 者--商務印書館(香港)有限公司

香港鰂魚涌芬尼街2號D僑英大廈 印刷 者——中華商務彩色印刷有限公司

香港九龍炮仗街75號 版 次---1990年9月第1版第1次印刷

ⓒ1990商務印書館(香港)有限公司

The Commercial Press (Hong Kong) Ltd. 1990

ISBN 962 07 3125 5

前言

惡性腫瘤長期以來都是一種嚴重威脅人類生命的疾病。在中國現存最早的一本醫籍《黃帝內經》(約公元前475至221年)已有"瘤"的描述,至公元十二世紀則正式有"癌"的記載。近年來世界各國為征服惡性腫瘤進行了衆多及深入的研究,並取得了不少的進展,但離有效地防治惡性腫瘤的目標還很遠,且抗惡性腫瘤西藥的毒副反應較明顯,極大地限制了其臨床使用和效果,因而目前有不少醫藥界的學者都致力於尋找抗惡性腫瘤的有效天然藥物,有關抗腫瘤中草藥的專者及論文亦陸續出版和發表。

本書僅搜集了部分較常用的中草藥,其抗腫瘤的作用已見之於臨床報 導和實驗研究資料,並以圖譜的形式出現,以便讀者"按圖索驥",辨別 真偽,避免在藥物名稱上引起混淆。同時配以簡要的文字描述,其中除有 關原植物形態部分之描述外,其餘部分均用中英對照,以方便中外讀者。

本書對抗腫瘤中草藥的分類是以其功效的傳統理論為依據。為甚麼不同功效可以起到抗腫瘤的作用呢?這需要按照中醫藥的傳統理論加以闡明。

清熱解毒藥是治療熱毒證的藥物。一些腫瘤患者表現為熱象,如發熱、口渴、尿黃、舌紅、脈數等;同時伴有熱毒蘊結的跡象,如瘤塊的壞死與腥臭的分泌物,子宮頸癌的帶下臭穢,結腸癌的大便膿血,白血病的吐衂發斑,肝癌的黃疸、吐血、便血等。因而可用清熱解毒藥來緩解或消除上述熱毒諸症。

理血藥用於活血化瘀或止血。一些腫瘤患者可觸及腫塊,疼痛固定不

移,又常件有面色黯晦、舌質瘀暗或有瘀點或瘀斑、舌下靜脈曲張等,這 些都是血瘀證的特徵。活血化瘀藥可通過祛除瘀滯,以達到消散腫塊和緩 解疼痛的效果。至於腫瘤出血亦常見,可由血熱、血瘀、熱邪迫血妄行等 不同原因所造成。止血藥一方面起止血作用以治其標,另方面可凉血、瘍 火、化瘀以治其本。

化痰藥具有祛除痰液、消除痰結的作用。 "痰"的概念在中醫學的含義是很廣泛的,且因其所在部位的不同而有不同的表現。痰在肺,則喘咳咯痰(如肺癌);痰在胃,則悪心嘔吐、胃脘痞滿(如胃癌);痰在經絡肌膚,可表現爲瘰癧痰核(如頸部淋巴瘤、頸部淋巴結轉移瘤、乳腺癌等);痰上逆於腦,則頭暈或神志改變(如腦腫瘤)。因此,具有痰證的腫瘤患者,可用化痰軟堅或除痰散結的藥物治療。

利水除濕藥是治療水濕內停的藥物。部分腫瘤患者亦有水濕證的表現,如水腫、腹水、帶下量多、泄瀉、小便不利等,並伴有舌胖、苔厚滑濁。因而利水除濕藥可改善這部分病人的症狀。

補益藥是治療人體氣血陰陽不足的藥物。身體虛弱,正不勝邪是導致 腫瘤發生的重要原因之一,腫瘤旣成又可耗損止氣,因此腫瘤患者常有虛 證的表現。採用補益以增强機體抗病能力,無疑對抗腫瘤的治療是有幫助 的。事實上,業已發現多種補益藥具有增强機體免疫功能、造血功能、消 化功能等多方面的作用,其中有些還能直接抑殺腫瘤細胞。當然,臨床運 用時還應按照辨證施治的原則,根據虛證的屬性(氣、血、陰、陽及臟 腑)加以選擇。

外用藥一般是具有腐蝕性的藥物,直接用於腫瘤表面,或在瘤塊內及 其基底部作浸潤性注射,使腫瘤壞死脫落。本類藥物均有毒,宜嚴格掌握 劑量。

由於一種中藥的功效往往不是單一的,而是多方面的,如牛黃不單具 有化痰作用,它同時又是一種清熱藥;靈芝旣能補益氣血,又能寧心安 神。因此分類時很難機械地劃分,上述分類法只是按藥物的主要功效及傳 統分類而定。

中藥的性味是傳統中藥理論的重要組成部分,不同的性味顯示不同的 功效。

中藥的藥性有四種,即寒、熱、溫、凉。一般來說,對具有寒證表現 (如畏寒肢冷、舌淡、脈遲等)者,宜用溫熱藥治療;對具有熱證表現 (如發熱、口渴、尿黃、舌紅、脈數等)者,則應用寒凉藥治療。

中藥具有五味,即辛、甘、酸、苦、鹹。不同的藥味有不同的功效。 一般來說,辛主散主行;甘主補益、和中、緩急;酸主收澀;苦能降泄燥 濕;鹹能軟堅瀉下。

由於每種中藥都具有特定的性和味,而且性味在程度上有所差別,兩 者綜合起來構成了不同的功效。因此,在臨床應用中藥時,也應以此傳統 理論爲根據,用於抗腫瘤時也不例外。本書對每種中藥均列出其性味,以 供選用藥物時參考。

此外,中藥的成份較複雜,因而其功效往往是多方面的。本書所載的中藥有抗腫瘤的作用,亦有其他方面的作用,而且即使在某些中藥已分離 出其抗腫瘤的有效成份,這種成份也可能還有其他的作用。這種多功能作 用亦見於單一成份的抗腫瘤西藥,如環磷酰胺既能作用於增殖細胞的各 期,使細胞的DNA、RNA、酶、蛋白質等變性,從而對腫瘤細胞起到抑 制作用,它同時又是一種免疫抑制劑,可用於治療一些自身免疫病。又如 皮質激素對淋巴組織有抑制作用,可用於治療某些腫瘤,同時亦有抗炎、 抗免疫、抗体克和其他作用,而廣泛用於多種疾病。因此,本書介紹每一 種中藥的適應症時,除了腫瘤外,還介紹其在非腫瘤疾病方面的應用,俾 使讀者能對各種中藥的功效有較全面的了解。 Ξ

另方面,有部分資料是從非特異性抗腫瘤作用(主要是免疫功能)的 角度,通過動物實驗與臨床觀察,說明了增强機體的免疫功能可能是中藥 抗腫瘤的重要途徑。有資料證明,有多種中藥能增强巨噬細胞的吞噬功 能,如白花蛇舌草、九節茶、靈芝、茯苓、苦參等;有些能增强天然殺傷 細胞功能,如人參;有些能增强細胞免疫功能,如天花粉、蒲公英、大蒜 等;有些能增强體液免疫功能,如獼猴桃、漢防己等;亦有些能誘生干擾 素,如黄芪、人參、獼猴桃等。

由此可見,中藥的抗腫瘤作用可能通過多種途徑來實現,甚至一種中 藥具有多種功能,旣能直接抑制腫瘤的生長又能間接地通過提高機體免疫 功能而起抗腫瘤作用,而對機體的不良反應很少,這是中藥抗腫瘤的一大 優點。當然,這方面的研究還是初步的,要獲得肯定的結論還需作進一步 深入研究。

四

辨證施治是中醫臨證用藥的重要原則,中藥用於腫瘤病人,亦不能離 開這一原則。因此,除了某些中藥已提取出其抗腫瘤的有效成份,製成各 種製劑供注射、口服或外用外,作為原藥材則不會單獨使用,而是按照辨 證論治的原則組成方劑。

本書附錄一選錄了一些抗惡性腫瘤的方劑,是經過臨床使用證明有一

定療效的。這些方劑的組成,不全是具有抗腫瘤作用的中藥,有些是針對 某種腫瘤的常見證候,用以改善全身狀况的。擊抗胃癌一方為例,該方中 仙鶴草、薏苡仁、白英、白花蛇舌草、重樓、石見穿等是具有抗癌作用 的;而胃癌患者常有脾氣虚的表現,如疲乏、懶言、納呆、脈弱等,故用 黨參、黃芪、白朮等以健脾益氣,從而兼顧了局部和整體。

Introduction

Malignant tumor has long remained one of the killer diseases that seriously threatens human life. In the Yellow Emperor's Canon of Medicine (compiled in about 475 to 221 B.C.), the earliest medical monograph of China now extant, some descriptions about "tumor" can be found, while formal documentation of "cancer" appeared in the 12th century A.D. In recent decades, all over the world great research effort has been put forth to conquer malignant tumors. Although some progress has been attained it is still a long way from effectively preventing and curing the disease. Furthermore, most of the antineoplastic drugs brings on significant toxic and adverse actions, so that their clinical applications and therapeutic effects are greatly limited. It prompts many medical professionals to look for natural products which can be effective for antineoplastic purpose, and some monographs and literatures have been published successively.

This book features some of the commonly-used herbal medicines which are verified in clinical reports and experimental research to be effective for malignant tumors. Color illustrations are provided for many of the herbs, so that readers can visually identify the herbal medicines, differentiate the genuine from the false, and avoid the confusions arising from the nomenclature variations of herbal medicines. Brief descriptions are provided for each medicine. The descriptions, apart from morphology of the plant, are all presented both in Chinese and in English.

T

The classification of antineoplastic herbal medicines in this book is based on their effects as categorized by the traditional theory. Hence, it is necessary to relate here why, according to the principle of traditional Chinese medicine (TCM) that herbal medicines with various pharmacologic effects can act as an antineoplastic agent.

Generally speaking, the herbal medicines with heat and toxin clearing action are prescribed for illness displaying heat-toxin syndrome. Some of

the patients suffering from neoplasm manifest as suffering from heat-syndrome, such as fever, thirst, deep-colored urine, red tongue, rapid pulse, etc. At the same time, signs of heat-toxin retention are shown, for example, necrosis and secretion of stinking tumor mass; foul dirty vaginal discharge in cervical carcinoma cases; purulent and bloody stool in colonic carcinoma cases; hematemesis, epistaxis and subcutaneous hemorrhage in leukemia cases; jaundice, hematemesis and hemafecia in hepatic carcinoma cases; and so on. The herbal medicines in this category are effective for relieving the heat-toxin syndrome which appears in the patients suffering from neoplasm.

The herbal medicines with blood-regulating action serve to activate blood circulation and eliminate blood-stasis, or to stop bleeding. In some of the patients suffering from neoplasm, there may be a palpable mass with localized pain and accompanied by a diminshed complexion, a dull tongue with petechiae or ecchymoses, and an engorged sublingual vein. These signify a blood-stasis syndrome. The herbal medicines with blood-circulation activating and blood-stasis eliminating action can remove the blood stagnation so as to dissipate the tumor and to relieve pain. Furthermore, hemorrhage may also be seen in the neoplastic cases, which is caused by blood-heat, blood-stasis, or blood extravasation due to heat. For these cases, the herbal medicines with hemostatic effect not only serve as a symptomatic treatment but also as a causative treatment for cooling the blood, purging fire and eliminating blood-stasis.

The herbal medicines with phlegm-removing action serve to eliminate the secretion of respiratory tract and the phlegm elsewhere. As the term phlegm in TCM is rather broad, the manifestation of phlegm-syndrome varies with different locations in which the phlegm accumulates. When it is accumulated in the lung, the case may manifest as dyspneic cough with expectoration (e.g. lung cancer); in the stomach, as nausea, vomiting and epigastric fullness (e.g. gastric cancer); in the meridians and subcutaneous tissues, as scrofular and subcutaneous nodules (e.g. cervical lymphoma, cervical metastatic cancer, mammary carcinoma, etc.); in the brain, as dizziness or disturbance of consciousness (e.g. brain tumor). Hence, the herbal medicines of this kind may serve to relieve the phlegm-syndrome occurring in the neoplastic cases.

The herbal medicines with diuretic and dampness-eliminating action are applied to cases with retention of fluid and dampness. Some of the

patients suffering from neoplasm show a *fluid-retention* or *dampness-accumulation syndrome*, manifesting as edema, ascites, leucorrhagia, diarrhea, or dysuria and associated with a corpulent tongue covered by thick turbid and smooth fur. The herbal medicines in this category can relieve such disorders occurring in the patients.

The herbal medicines with tonic effects are used to treat asthenia-syndrome cases which manifest as insufficiency of vital energy, blood, vin or yang. Because debility and deficiency of healthy energy is one of the important causes responsible for tumorigenesis, and a neoplasm already developed may further impair the healthy energy, so the patients suffering from neoplasm usually display an asthenia-syndrome. The application of tonics may enhance the body resistance and is certainly beneficial to the antineoplastic therapy. In fact, it has been found that many herbal medicines with tonic effects can promote the immunologic, hemopoietic as well as digestive functions of the body, and some of them even serve as an inhibitor or killer of the tumor cells. When applying this kind of herbal medicines, the principle of treatment in line with syndrome differentiation should be followed, and the medicines selected for use should match with the attribution of asthenia-syndrome (i.e., whether it is asthenia of vital energy, blood, vin-yang, or one of the viscera).

The herbal medicines for external application are generally erosive and poisonous, and their dosages should be strictly handled. They are applied on the surface of tumor, or as an infiltrate into the mass or around its base, to induce necrosis and exfoliation of the tumor.

The actions of a herbal medicine is always not one but many. For example, Calculus Bovis is not only a phlegm-eliminating agent but also a heat-clearing one; Ganoderma Lucidum seu Japonicum not only can nourish vital energy and blood, but also tranquilize the mind. Therefore, the herbal medicines are difficult to be classified categorically, and the classification mentioned in this book is only based on their major effects which are accepted conventionally.

II

Various properties and flavors of herbal medicines exert different effects. This is an important theory of traditional Chinese pharmacology.

There are four properties of herbal medicines, i.e., cold, heat, warm and cool. In general, the herbal medicines with warm and heat properties are prescribed for cold-syndrome (e.g. aversion to cold, cold limbs, pale tongue, slow pulse, etc.) and those with cool and cold characters for heat-syndrome (e.g. fever, thirst, deep-colored urine, red tongue, rapid pulse, etc.).

The herbal medicines are grouped under *five flavors*, i.e., acridness, sweetness, sourness, bitterness and saltiness, which exert different effects. Generally speaking, acridness serves to expel and to activate; sweetness, to invigorate, to regulate and to moderate; sourness, to astringe and to preserve; bitterness, to lower, to release and to dry; saltiness, to soften and to purge.

Every herbal medicine possesses a specific character and flavor of varying degrees. It is the combination of both that constitutes the overall action of individual medicine. Hence, the clinical application of herbal medicines, including the antineoplastic therapy, should be based on this conventional theory. The property and flavor of each herbal medicine are mentioned in this book as a reference for their selection in clinical practice.

However, the component of individual herbal medicines is rather complicated and its effect is usually multiple and not single. So, besides the antineoplastic effect, the other effects are also presented in this book. And although the active antineoplastic ingredients have been isolated from some of the herbal medicines, these ingredients may exert effects other than antineoplastic. This multiple effect phenomenon is also observed in some of the western mono-component antineoplastic drugs. For example, cyclophosphamide can act on the various phases of proliferative cells causing degeneration of DNA, RNA, enzymes and protein and serves as a killer of tumor cells, and it is also an immunosuppresant and applied for autoimmune diseases. Corticosteroids can inhibit the lymphatic tissue and serves as an antineoplastic agent for some tumors, but it also exerts antiphlogistic, immunosuppressive, antishock and other effects, and is widely used in various diseases. Therefore, the indications of each herbal medicine presented in this book include the diseases other than neoplasms, so as to help the readers to have a more complete understanding of their effects.

The pharmacologic effects of herbal medicines are also presented in this book. The information listed under this segment are mostly obtained from the published literatures of the experimental animal research, in vivo or in vitro, based on the principle of antineoplastic pharmacology. It has been found that the antineoplastic mechanism of herbal medicines is attributed to their actions chiefly on the proliferative phase of the tumor cells. Some of them inhibit the DNA synthesis, such as Fructus et Radix Camptothecae Acuminatae, Indigo Naturalis, Fructus Bruceae, Rhizoma Zedoariae, Radix Stephaniae Tetrandrae, etc., and some inhibit the synthesis of protein, such as Semen, Cortex, Ramulus et Folium Cephalotaxi Hainanensis, Mylabris, Radix Tylophorae Floribundae, etc. Only a few selectively act on the mitotic phase of tumor cells, such as Herba Catharanthi Rosei, Semen Coicis, etc.

Furthermore, some of the data are obtained from both animal experiment and clinical observation on the non-specific antineoplastic mechanism (chiefly the immunologic function), indicating that the enhancement of bodily immunologic function may be an important antineoplastic mechanism of herbal medicines. It has been proved that many herbal medicines can promote the phagocytosis of macrophages (e.g. Herba Hedyotis Diffusae, Herba Sarcandrae, Ganoderma Lucidum seu Japonicum, Poria, Radix Sophorae Flavescentis, etc.). Some can enhance the cellular immunity (e.g. Radix Trichosanthis, Herba Taraxaci, Bulbus Allii, etc.), and some can enhance the humoral immunity (e.g. Radix Stephaniae Tetrandrae, Radix Actinidiae Chinensis, etc.). Some can promote the activity of natural killer cells (e.g. Radix Ginseng) while some can induce the production of interferon (e.g. Radix Astragali, Radix Ginseng, Radix Actinidiae Chinensis, etc.).

In summary, the herbal medicines achieves their antineoplastic effect through various ways. Moreover, some medicine can bring on several actions, for example, they may directly inhibit the growth of tumor as well as indirectly exert an antineoplastic effect by enhancing the bodily immunologic function. Generally they elicit no significant adverse effect on the human body, and this is a strong point of herbal medicine for antineoplastic treatments. Nevertheless, research in this field is only preliminary and we need further in-depth studies to obtain conclusive results.

IV

"Provide treatment based on syndrome differentiation" is an important principle for the clinical application of herbal medicines. This principle should also be followed in the antineoplastic treatment. In recent years, active antineoplastic ingredients have been isolated from some herbal medicines and are applied individually as various preparations for injection, for oral or topical administration. However, many of the crude herbal medicines are seldom used individually but are usually combined together to make a prescription following the above-mentioned principle.

In Appendix I of this book some antineoplastic prescriptions are listed, which have been proved to be quite effective in clinical applications. These prescriptions are not merely composed of antineoplastic medicines but also contain those for relieving relevant symptoms so as to strengthen the physical state. Take the prescription No. 1 for gastric cancer as an example. Herba Agrimoniae, Herba Hedyotis Diffusae, Semen Coicis, Herba Solani Lyrati, Rhizoma Paridis, and Herba Salviae Chinensis are the medicines with antineoplastic action, while Radix Codonopsis Pilosulae, Radix Astragali and Rhizoma Atractylodis Macrocephalae are applied for relieving deficiency of spleen-energy (e.g. fatigue, dullness, anorexia, weak pulse, etc.) which is always present in the patients suffering from gastric cancer. Such an approach not only attends to the topical areas, but also takes care of the organic whole.

CONTENTS

目 錄

萷	言 Introduction	1
Ι.	清热解毒藥 Herbal Medicine with Heat and Toxin-Clearing	
	Actions	1
	1. 海南粗榧 Semen, Cortex, Ramulus et Folium Cephalotaxi Hainanensis	2
	2. 青黛 Indigo Naturalis	4
	3. 喜樹 Fructus et Radix Camptothecae Acuminatae	6
	4. 穿心蓮 Herba Andrographitis	8
	5. 天花粉 Radix Trichosanthis	10
	6. 鴉膽子 Fructus Bruceae	12
	7. 長春花 Herba Catharanthi Rosei	14
	8. 半枝蓮 Herba Scutellariae Barbatae	16
	9.美登木 Caulis, Folium et Fructus Mayteni	18
	10. 白花蛇舌草 Herba Hedyotis Diffusae	20
	11. 蒲公英 Herba Taraxaci	22
	12. 苦參 Radix Sophorae Flavescentis	24
	13. 蛇莓 Herba Duchesneac Indicae	26
	14. 夏枯草 Spica Prunellae	28
	15. 白英 Herba Solani Lyrati	30
	16. 木芙蓉 Flos et Folium Hibisci Mutabilis	32
	17. 水楊梅 Flos et Radix Adinae	34
П	. 理血票 Herbal Medicine with Blood-Regulating Actions	37
	1. 莪朮 Rhizoma Zedoariae	38
	2. 九節茶 Herba Sarcandrae	40

抗腫瘤本草圖譜・An Illustrated Guide ^	To Antineoplastic Climese Herbal Medicine
--------------------------------	---

ľ

3,柘樹 Radix Cudraniae	42
1 . 虎杖 Rhizoma Polygoni Cuspidati	14
5. 娃兒藤 Radix Tylophorae Floribundae	46
6. 癩猴桃(藤梨根) Radix Actinidiae Chinensis	48
7 . 三棱 Rhizoma Sparganii	50
8. 茜草根 Radix Rubiac	52
9、大萌 Herba Cirsii Japonici	54
10. 小薊 Herba Cephalanoploris	56
11. 仙鹤草 Herba Agrimoniae	58
12. 八月札 Fructus Akebiae	60
13. 大黄 Radix et Rhizoma Rhei	62
Ⅲ. 化痰藥 Herbal Medicine with Phlegm-Eliminating Actions	65
1、黄藥子 Rhizoma Dioscoreae Bulbiferae 、	66
2 . 珍珠菜 Radix seu Herba Lysimachiae Clethroidis	68
3. 牛黃 Calculus Bovis	70
4、掌葉半夏 Rhizoma Pinelliae Pedatisectae	72
5 . 野艾 Folium Artemisiae Argyi	74
6. 龍葵 Herba Solani Nigri	76
7. 瓜隻 Fructus Trichosanthis	78
8. 重被 Rhizoma Paridis	80
9 . 白星类 Herba Chelidonii	82
10. 壁虎 Gekko Swinhoana	84
Ⅳ. 利水除濕藥 Herbal Medicine with Diuretic and Dampness-	
Eliminating Actions	87
1.豬箸 Polyporus Umbellatus	88
2. 茯苓 Poria	90
3. 意	92
4. 漢防口 Radix Stephaniac Tetrandrae	94
5、半邊蓮 Herba Lobeliae Chinensis	96
6. 瞿麥 Herba Dianthi	98
7. 鳳尾草 Herba Pteridis Multifidae	100
8. 菝葜 Rhizoma Smilacis Chinensis	102

V. 補益藥 Herbal Medicine with Tonic Actions	105
1. 無芝 Ganoderma Lucidum Scu Japonicum	106
2. 蘆筍 Caulis Asparagi Officinalis	108
3 . 禁豆 Semen Phaseoli Vulgaris	110
4. 香菇 Lentinus Edodes	112
5、人参 Radix Ginseng	114
6. 棉花根(籽) Radix et Semen Gossypii	116
7. 刺五加 Radix Acanthopanacis Senticosi	118
8. 向日葵稈心 Caulis et Receptaculum Helianthi	120
9. 天門冬 Radix Asparagi	122
Ⅵ. 外用無 Herbal Medicine with External Use	125
1.信石 Arsenicum	126
2. 維黃 Realgar (red Orpiment)	128
3、馬錢子 Semen Strychni	130
4. 蓖麻子 Semen Ricini	132
Ⅶ. 其他藥 Herbal Medicine with Miscellaneous Actions	135
1.	136
2.蜈蚣 Scolopendra	138
3 . 大蒜 Bulbus Allii	140
4. 石蒜 Bulbus Lycoridis Radiatae	142
5. 斑蝥 Mylabris	144
6.蟾酥(蟾皮) Venenum Bufonis	146
附錄— 抗腫瘤選方	
•••	149
Appendix I Selected Antineoplastic Prescriptions	143
附錄二 本圖譜所用中草藥名錄	
Appendix II A List of Chinese Herbal Medicine Selected in this Book	185
·	
主要参考文獻: Chief References	199